

15km Road Race

nelson mandela bay MUNICIPALITY

Club: …… Licence No : ……

Surname: ……..…… Name : ……

ID No: ……Date of Birth: …./…./…..

Gender: …….Age : …… Phone Cell : ……

Email Address: ……

Emergency contact: ……..…

Emergency number: ……..

15km	**R80.00**	**R…….**
Temporary License	**R40.00**	**R…….**
Total		**R……..**

INDEMNITY / WAIVER

By entering this event I undertake to be bound by the rules and regulations of the event including those of IAAF and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organisers of the event, all sponsors, persons and organisations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre-and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity. The organizers agree that all personal information requested on the form is for the use of the event only and will not be distributed to any third party.

MINOR RELEASE: and I, the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this Indemnity/waiver on behalf of the minor.

Signature: ……..(Parent or Guardian if minor)

Age restriction - Competitors must be 15 years of age or older on race day.

Starting time - The race starts at 06h30. The official cut off time is 09H00.

Medals - Medals to ALL finishers

Prize money for 15km - Men & Women

	1st	2nd	3rd	4th	5th
Open	R 6000	R4000	R2000	R1250	R750
Junior	R 1000	R 750	R 500		
35 – 39	R 1000	R 750	R 500		
40 - 49	R 1000	R 750	R 500		
50 - 59	R 1000	R 750	R 500		
60 - 69	R 1000	R 750	R 500		
70 - 79	R 1000	R 750	R 500		
80+	R 1000	R 750	R 500		

Prize money will be paid via EFT. Please check on the www.whereinpe.co.za/EP sport section for confirmation of position, and then email the EPA Office your bank details to epa@pe.co.za, stating your name, category, position and bank details. Age category tags must be worn to be eligible for prize money.

webtickets your tickets your way

ENQUIRIES: For further information on the event, contact the EPA Office on 041 374 2818 or via email on epa@pe.co.za.

Athletes are required to leave the venue as soon as they have completed their event. No club Gazebo's allowed.

Strict Covid-19 Protocols are to be observed.

EPA EASTERN PROVINCE ATHLETICS

nelson mandela bay MUNICIPALITY

nelson mandela bay LEGACY PROJECT

RULES & GENERAL INFORMATION

- **Relevant Lockdown level restrictions will apply.**
- **Enter on www.webtickets.co.za.**
- **Entries can be submitted to Brian Bands Sports in Cape Road and UD Sports in Uitenhage. Closing date for entries will be Tuesday 28 September 2021 or when maximum numbers are reached.**
- **Race numbers can be collected from the Westbourne Oval on Friday prior to the race between 09h00 and 14h00.** Out of town clubs and athletes are requested to send their entry form and proof of payment to EPA via email and make arrangements for the collection of numbers.
- Race held under the Rules of ASA and EPA. All athletes indemnify the National, Provincial and Regional Bodies, the Sponsors and the Organizers against all and any actions of whatsoever nature.
- Official 2021 license numbers to be worn on front and back of vest.
- Temporary license holders must wear a plain T-shirt or vest and display the license on the front of the T-shirt or vest.
- Temporary licensed athletes are not covered by ASA Insurance scheme.
- Age category tags to be worn to qualify for age category prizes.
- Entrants MUST be 15 years or older on the day of the race.
- Cut off time 130 minutes.
- There will be water stations along the route, no personal seconding. Water will not be handed to athletes but must be collected from the tables.
- No prize giving. Prize money to be paid by EFT the week after the event.
- Anti-litter campaign: Make use of the refuse bins along side the route. Littering outside the designated areas could lead to disqualification. All litter is regarded as medical waste.
- Race officials and marshals are to be obeyed at all times.
- Toilet facilities are available at the Start / Finish.
- The wearing of earphones may lead to disqualification.
- All athletes, officials and volunteers will be screened prior to the start of the race.
- No spectators or club gazebos will be allowed.
- Masks or similar face cover must be worn at all times except when running on the route. You MUST wear a mask or similar to enter the start area.
- Athletes are required to proceed through the call area for screening at least 10 minutes before the start of the race. Athletes that fail the screening will be deferred to an isolation area and may not take part in the race.
- In the event of a multiple start, the organizers will separate the start baches per race number allocation. Please confirm your start batch when collecting your race number at registration on the Friday afternoon. Athletes that arrive late for their start group, will automatically receive a time penalty,
- Please complete the Covid19 screening and indemnity form prior to arriving at the race and hand it in to the screening marshal before you enter the start block.
- As per Level 2 announcement on 2021/09/12, 500 participants for outdoor events apply.

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15km

06h30

SATURDAY 2 OCTOBER 2021

Gelvandale Athletics Track
Liebenberg Road, Gelvandale

Government Restrictions on Outdoor activities apply

Enter on www.webtickets.co.za

No Spectators - Strict Covid-19 Protocols