Result per item

1 M-99 Men - Senior : 5000 m Walk — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND019	138 w	Mark Pellissier	Individual	1	25:42.28	0		E
ALT012	48	Leon Louw	Atlantic Aces	2	40:33.00	0		E
ALT011	47	Eldridge Thotne	Atlantic Aces	3	41:09.90	0		E

2 W-99 Women - Senior : 5000 m Walk — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND010	129 w	LETA DOS SANTOS	Individual	1	32:39.55	0		E

3 M-99 Men - Senior : 5000 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT009	9 B	Siyabonga Rofuzana	Act	1	16:24.70	685		E
IND005	124 w	Francois de Villiers	Individual	2	16:35.63	674		E
MAD014	165 B	Sicelo Mashaba	Madibaz	3	16:41.21	668		E
DPH008	81 C	Jay-dee Deerling	Daniel Pienaar	4	18:50.49	557		E
IND009	128 C	Stanton Freeman	Individual	5	20:04.42	504		E

5 G-15 Girls - u/16 Sub-Youth : Long Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT023	23 w	Mia Vermaak	Act	1	4.95	645		E
ACT030	30 w	Taytem Hargreaves	Act	2	4.45	454		E
FHS004	92 w	Jade de Jager	Framesby High School	3	4.12	324		E
FHS014	102 w	Simonique Grobler	Framesby High School	4	4.03	288		E

6 G-17 Girls - u/18 Youth : Long Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
CMC004	70	Recartlin Lottering	Camdeboo	1	4.66	447		E

7 G-15 Girls - u/16 Sub-Youth : High Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND011	130 w	Caitlyn Marriott	Individual	1	1.40	540		E

8 G-17 Girls - u/18 Youth : High Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND014	133	Maria Venter	Individual	1	1.65	793		E
IND016	135 w	Tanith Moreton	Individual	2	1.50	612		E

9 G-15 Girls - u/16 Sub-Youth : Javelin — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
EDT004	85 w	Chante Mulder	Eddar Throwers	1	34.53	738		E
IND028	147	CHLOE LUITERS	Individual	2	27.50	604		E

10 G-17 Girls - u/18 Youth : Javelin — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
HEA013	116 w	Shannon van den Bergh	Heat	1	33.65	701		E

11 G-15 Girls - u/16 Sub-Youth : Shot Put — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
EDT005	86 w	Kelly Gouws	Eddar Throwers	1	13.50	903		E
EDT003	84 B	Ngazo Ntoni	Eddar Throwers	2	11.07	805		E
EDT004	85 w	Chante Mulder	Eddar Throwers	3	10.73	791		E
ALT005	41	Jesstine Louw	Atlantic Aces	4	5.80	523		E
CRH002	73	Shiloh Allin	Cape Recife High	5	4.74	443		E

12 G-17 Girls - u/18 Youth : Shot Put — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
FHS003	91 w	Charnleigh Kotze	Framesby High School	1	13.19	865		E
CRH001	72	Hayley Benecke	Cape Recife High	2	5.39	473		E

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13 B-15 Boys - u/16 Sub-Youth : Discus Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
DPH002	75 w	Elandre Beauzec	Daniel Pienaar	1	46.32	795		E
EDT002	83 w	Nicolis Thysse	Eddar Throwers	2	44.15	766		E
EDT006	87 w	Handre Barnard	Eddar Throwers	3	43.28	755		E
IND023	142 w	Remy Heyman	Individual	4	36.50	659		E
EDT007	88 w	Dandre Leonard	Eddar Throwers	5	33.91	620		E
EDT001	82 w	Liam de Kock	Eddar Throwers	6	30.50	564		E
IND002	121 w	JOANDRE VAN	Individual	7	28.77	534		E

14 B-17 Boys - u/18 Youth : Discus Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
FHS006	94 w	Jaco Pretorius	Framesby High School	1	40.21	729		E

15 G-15 Girls - u/16 Sub-Youth : 90 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD003	154 w	Anria Vosloo	Madibaz	1	00:13.86	887		E
ACT030	30 w	Taytem Hargreaves	Act	2	00:14.91	804		E
FHS004	92 w	Jade de Jager	Framesby High School	3	00:16.18	722		E
FHS014	102 w	Simonique Grobler	Framesby High School	4	00:17.82	637		E
ACT024	24 w	Kaylee Villet	Act	5	00:18.57	603		E

16 G-17 Girls - u/18 Youth : 100 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT016	16 w	Anika de Ridder	Act	1	00:18.65	629		E

17 B-15 Boys - u/16 Sub-Youth : 100 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
FHS013	101 w	Jaiden Bowler	Framesby High School	1	00:15.44	711		E
FHS012	100 w	Nathan de Lange	Framesby High School	2	00:17.38	586		E
BOX008	56	Rossouw Nel	Boxer	3	00:20.50	436		E

18 G-17 Girls - u/18 Youth : Hammer Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD015	166 w	Jana Terblanche	Madibaz	1	45.10	866		E

19 B-15 Boys - u/16 Sub-Youth : Javelin — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
DPH002	75 w	Elandre Beauzec	Daniel Pienaar	1	44.80	545		E

20 B-17 Boys - u/18 Youth : Javelin — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
DPH006	79 w	Lukas Willem Opperman	Daniel Pienaar	1	49.77	639		E
HEA014	117 w	Vincent Mc Leod	Heat	2	47.26	597		E

21 B-15 Boys - u/16 Sub-Youth : High Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
SON001	184 w	Liam Vosloo	Sonop	1	1.40	313		E

23 B-15 Boys - u/16 Sub-Youth : Shot Put — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
DPH002	75 w	Elandre Beauzec	Daniel Pienaar	1	14.79	829		E
EDT002	83 w	Nicolis Thysse	Eddar Throwers	2	13.95	791		E
IND023	142 w	Remy Heyman	Individual	3	12.93	742		E
EDT007	88 w	Dandre Leonard	Eddar Throwers	4	12.76	733		E
IND002	121 w	JOANDRE VAN	Individual	5	11.29	657		E
EDT001	82 w	Liam de Kock	Eddar Throwers	6	10.26	600		E
FHS015	103 w	Adriaan Gerber	Framesby High School	7	9.63	564		E

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24 B-17 Boys - u/18 Youth : Shot Put — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
FHS006	94 w	Jaco Pretorius	Framesby High School	1	13.38	741		E
IND030	149 w	JOHANN GRUNDLING	Individual	2	13.21	733		E
IND032	151 w	JP Lategan	Individual	3	12.90	718		E

25 G-15 Girls - u/16 Sub-Youth : Discus Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD012	163 w	Theune Herbst	Madibaz	1	36.32	872		E
EDT005	86 w	Kelly Gouws	Eddar Throwers	2	34.95	851		E
CRH002	73	Shiloh Allin	Cape Recife High	3	9.50	245		E

26 G-17 Girls - u/18 Youth : Discus Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
CRH001	72	Hayley Benecke	Cape Recife High	1	12.68	340		E

27 B-17 Boys - u/18 Youth : 110 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
BOX007	55	De wet Nel	Boxer	1	00:16.90	674		E

28 M-19 Men - u/20 Junior : 110 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT002	2 c	Enzo Koekemoer	Act	1	00:16.86	689		E

29 M-99 Men - Senior : 1 Mile — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
CMC001	67	Henk Vorster	Camdeboo	1	04:52.97	0		E
HEA006	109 w	Ryan Peter	Heat	2	05:02.38	0		E

30 W-99 Women - Senior : 1 Mile — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
VAR001	186 w	Lara de Bloe	Varsity College	1	05:42.13	0		E

31 G-15 Girls - u/16 Sub-Youth : 800 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND021	140 w	Marne Koen	Individual	1	02:29.89	761		E
ACT031	31 w	Katelyn Deas	Act	2	02:32.89	736		E
ACT018	18 b	Simnikiwe Booysen	Act	3	02:35.67	713		E
ACT019	19 b	Indiphile Mkhosana	Act	4	02:41.73	667		E
ALT005	41	Jesstine Louw	Atlantic Aces	5	03:23.93	432		E

32 G-17 Girls - u/18 Youth : 800 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND012	131 w	Anke Serfontein	Individual	1	02:20.19	833		E
FHS011	99 w	Ilze Hattingh	Framesby High School	2	02:58.69	542		E

34 B-17 Boys - u/18 Youth : Hammer Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND013	132 w	Ruan Erskine	Individual	1	19.22	493		E

35 M-99 Men - Senior : Hammer Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD006	157 w	Paul Du Plessis	Madibaz	1	55.29	881		E
MAD002	153 w	Tiaan Erskine	Madibaz	2	53.28	865		E
MAD007	158 w	Dante Nel	Madibaz	3	51.26	849		E

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36 B-15 Boys - u/16 Sub-Youth : Long Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
DPH001	74 C	Marzanno Seekoei	Daniel Pienaar	1	6.55	894		E
FHS009	97 W	Tian Pretorius	Framesby High School	2	5.16	446		E
SON001	184 W	Liam Vosloo	Sonop	3	4.77	314		E
FHS013	101 W	Jaiden Bowler	Framesby High School	4	4.51	224		E
ALT002	38	Nathan Lottering	Atlantic Aces	5	4.18	105		E
ALT001	37	Caleb Lottering	Atlantic Aces	6	4.16	98		E
FHS012	100 W	Nathan de Lange	Framesby High School	7	4.16	98		E
ACT032	32 W	Ethan Allaway	Act	8	4.13	87		E

37 B-17 Boys - u/18 Youth : Long Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ALT008	44	Sebastian Cedras	Atlantic Aces	1	4.79	221		E

38 W-19 Women - u/20 Junior : Shot Put — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND029	148 W	ALANA GRUNDLING	Individual	1	11.75	853		E

39 W-99 Women - Senior : Shot Put — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD009	160 W	Ischke Senekal	Madibaz	1	14.66	945		E

40 M-19 Men - u/20 Junior : Discus Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD001	152 W	Francois Spamer	Madibaz	1	35.38	702		E

41 W-99 Women - Senior : High Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD008	159 W	Caryn-Ann Howard	Madibaz	1	1.65	568		E

43 B-15 Boys - u/16 Sub-Youth : 800 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
SEG003	183 C	JOSHUA NAPOLEON	Sport Excellence Group	1	02:09.08	576		E
DPH004	77 W	Tunesian Basson	Daniel Pienaar	2	02:15.37	481		E
ACT034	34 W	Chase Alberts	Act	3	02:16.77	462		E
PHS002	178 C	Kieran Frosler	Pearson High School	4	02:16.99	459		E
ACT027	27 B	Oyena Ngindama	Act	5	02:25.13	357		E
ACT022	22 B	Mke Kuhle	Act	6	02:29.23	311		E
ALT006	42	John- Jean Everson	Atlantic Aces	7	02:30.43	298		E
ACT026	26 B	Leeroy Njanji	Act	8	02:30.47	297		E

44 B-17 Boys - u/18 Youth : 800 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND004	123 W	Daniel Button	Individual	1	02:02.68	640		E
BOX005	53	Ben Grobbelaar	Boxer	2	02:10.11	516		E
ACT033	33 B	Soganga Hlumelo	Act	3	02:11.96	488		E

45 M-19 Men - u/20 Junior : 800 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD005	156 B	Ngelekanyo Luvhimbi	Madibaz	1	02:08.31	502		E
DPH007	80 C	Jay-dee Deerling	Daniel Pienaar	2	02:25.80	279		E

46 G-15 Girls - u/16 Sub-Youth : Hammer Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
BWH009	66 W	Zalitha Knoetze	Brandwag High School	1	40.86	832		E

47 M-19 Men - u/20 Junior : Shot Put — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD001	152 W	Francois Spamer	Madibaz	1	16.03	858		E

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48 W-99 Women - Senior : Discus Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD009	160 W	Ischke Senekal	Madibaz	1	50.05	935		E

49 G-15 Girls - u/16 Sub-Youth : 200 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD003	154 W	Anria Vosloo	Madibaz	1	00:26.96	816		E
ACT023	23 W	Mia Vermaak	Act	2	00:26.98	815		E
ACT020	20 W	Amber Herman	Act	3	00:27.64	778		E
HEA008	111 W	Giselle Pheiffer	Heat	4	00:27.69	776		E
ACT025	25 B	Lilly Nomoyi	Act	5	00:27.82	769		E
HEA009	112 W	Milandri Fourie	Heat	6	00:28.21	749		E

50 G-17 Girls - u/18 Youth : 200 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
HEA010	113 W	Amber Elliott	Heat	1	00:26.52	818		E
ACT011	11 C	Caitlyn Franks	Act	2	00:27.27	776		E

51 W-19 Women - u/20 Junior : 200 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT003	3 B	Aludwe Nyalasa	Act	1	00:26.20	816		E
ACT004	4 C	Alison Cunningham	Act	2	00:27.42	749		E
ALT013	187	Jade Herman	Atlantic Aces	3	00:29.60	648		E

53 B-15 Boys - u/16 Sub-Youth : 200 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
HEA003	106 W	Reece Nawdish	Heat	1	00:23.36	765		E
HEA002	105 W	Travis Pheiffer	Heat	2	00:23.68	741		E
SEG001	181 W	MJ MARKS	Sport Excellence Group	3	00:23.72	738		E
DPH003	76 W	Armand Van Rensburg	Daniel Pienaar	4	00:24.08	712		E
IND018	137 W	Meyer Prinsloo	Individual	5	00:24.73	668		E
FHS013	101 W	Jaiden Bowler	Framesby High School	6	00:25.17	640		E
ACT017	17 W	Troy Hargreaves	Act	7	00:25.41	626		E

54 B-17 Boys - u/18 Youth : 200 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT006	6 W	Lincoln von Waltzleben	Act	1	00:23.70	707		E
ACT012	12 B	Khanyiso Tshanga	Act	2	00:24.30	666		E
DPH005	78 C	Robin-Lee Hendricks	Daniel Pienaar	3	00:24.35	663		E
BOX006	54	Ruan Scheepers	Boxer	4	00:24.46	656		E
ACT010	10 B	Sethu Nomoyi	Act	5	00:24.54	651		E

55 M-19 Men - u/20 Junior : 200 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT002	2 C	Enzo Koekemoer	Act	1	00:23.40	704		E
IND015	134 I	Theolan Ryan Pillay	Individual	2	00:23.52	695		E
MAD017	188	Luphumelelo Tyandela	Madibaz	3	00:25.11	593		E

56 B-15 Boys - u/16 Sub-Youth : Triple Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
DPH004	77 W	Tunesian Basson	Daniel Pienaar	1	12.28	624		E

57 M-99 Men - Senior : 200 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
HEA005	108 W	Mondray Barnard	Heat	1	00:21.93	780		E
ACT001	1 C	Marlin Koekemoer	Act	2	00:22.71	718		E
IND001	120 W	Bern Richter	Individual	3	00:26.57	486		E
IND020	139 W	Glen Richter	Individual	4	00:39.23	72		E

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58 B-15 Boys - u/16 Sub-Youth : 300 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
BOX004	52	Juan Du plessis	Boxer	1	00:43.53	632		E
BOX008	56	Rossouw Nel	Boxer	2	01:01.63	0		E

59 G-17 Girls - u/18 Youth : 400 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT015	15 W	Zanri Black	Act	1	01:08.62	461		E

60 B-17 Boys - u/18 Youth : 400 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD004	155 W	Wernich Van Rensburg	Madibaz	1	00:58.35	710		E
BOX007	55	De wet Nel	Boxer	2	00:59.35	678		E
FHS008	96 W	Hugo Nothnagel	Framesby High School	3	00:59.35	678		E
ACT036	36 W	Lieben Bester	Act	4	01:03.18	0		E

61 G-15 Girls - u/16 Sub-Youth : 1500 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
BWH007	64 W	Kara Fourie	Brandwag High School	1	05:09.94	724		E
ACT031	31 W	Katelyn Deas	Act	2	05:13.78	708		E
PHS003	179 W	Megan Hough	Pearson High School	3	05:15.91	700		E
ACT018	18 B	Simnikiwe Booysen	Act	4	05:18.17	691		E
PHS001	177 W	Amber Irvine	Pearson High School	5	05:28.59	653		E
HEA007	110 C	Keara Domingo	Heat	6	05:34.78	632		E
BWH003	60 W	Anika Maree	Brandwag High School	7	05:50.18	583		E

62 G-17 Girls - u/18 Youth : 1500 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND012	131 W	Anke Serfontein	Individual	1	05:04.69	725		E
BOX002	50	Riya Keshaw	Boxer	2	05:21.31	661		E
FHS010	98 W	Anel Strauss	Framesby High School	3	05:26.04	644		E
IKH002	119 B	Phumela Memani	Ikhamva	4	05:30.40	629		E

63 B-15 Boys - u/16 Sub-Youth : 1500 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
SEG003	183 C	JOSHUA NAPOLEON	Sport Excellence Group	1	04:29.73	739		E
BWH005	62 W	Wiehan Maree	Brandwag High School	2	04:33.91	716		E
CMC002	68	Valentino Johannes	Camdeboo	3	04:40.22	684		E
IND017	136 W	Daniel Richter	Individual	4	04:44.32	663		E
BWH008	65 W	Janco Landman	Brandwag High School	5	04:55.69	611		E
IND008	127 C	Reece Freeman	Individual	6	04:57.57	603		E
ACT022	22 B	Mke Kuhle	Act	7	05:08.87	557		E
ACT032	32 W	Ethan Allaway	Act	8	05:39.32	450		E

64 B-17 Boys - u/18 Youth : 1500 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND007	126 W	Brenden Wessels	Individual	1	04:10.47	824		E
BWH006	63 W	Morne vd Berg	Brandwag High School	2	04:13.78	802		E
IND006	125 W	Matthew van Coller	Individual	3	04:15.72	789		E
BWH004	61 W	Keanu Welch	Brandwag High School	4	04:24.83	734		E
ACT008	8 B	Siyabonga Rofuzana	Act	5	04:33.11	689		E
FHS001	89 W	Francois Vosloo	Framesby High School	6	04:50.47	606		E
BWH002	59 W	Stephen Bothma	Brandwag High School	7	04:51.62	601		E

65 M-19 Men - u/20 Junior : 1500 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD005	156 B	Ngelekanyo Luvhimbi	Madibaz	1	04:43.38	611		E
DPH007	80 C	Jay-dee Deerling	Daniel Pienaar	2	05:02.64	530		E

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66 G-15 Girls - u/16 Sub-Youth : 100 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT023	23 W	Mia Vermaak	Act	1	00:12.96	823		E
ACT030	30 W	Taytem Hargreaves	Act	2	00:13.51	755		E
HEA009	112 W	Milandri Fourie	Heat	3	00:13.62	743		E
MAD003	154 W	Anria Vosloo	Madibaz	4	00:13.63	741		E
ACT025	25 B	Lilly Nomoyi	Act	5	00:13.89	713		E
HEA008	111 W	Giselle Pheiffer	Heat	6	00:13.91	711		E
FHS004	92 W	Jade de Jager	Framesby High School	7	00:14.42	660		E
FHS014	102 W	Simonique Grobler	Framesby High School	8	00:14.65	639		E
CMC005	71	Chrystal Schoeman	Camdeboo	9	00:14.68	636		E

67 G-17 Girls - u/18 Youth : 100 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
HEA010	113 W	Amber Elliott	Heat	1	00:12.71	832		E
HEA012	115 W	Thriscka Stapelberg	Heat	2	00:12.96	798		E
ACT011	11 C	Caitlyn Franks	Act	3	00:13.16	773		E
HEA011	114 W	Danielle Honiball	Heat	4	00:13.36	750		E
ACT016	16 W	Anika de Ridder	Act	5	00:13.77	705		E

68 W-19 Women - u/20 Junior : 100 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT003	3 B	Aludwe Nyalasa	Act	1	00:12.68	812		E
ACT004	4 C	Alison Cunningham	Act	2	00:13.38	726		E

70 B-15 Boys - u/16 Sub-Youth : 100 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
HEA001	104 C	Cole Moultrie	Heat	1	00:11.49	773		E
SEG001	181 W	MJ MARKS	Sport Excellence Group	2	00:11.65	745		E
HEA002	105 W	Travis Pheiffer	Heat	3	00:11.92	701		E
FHS009	97 W	Tian Pretorius	Framesby High School	4	00:11.99	690		E
FHS013	101 W	Jaiden Bowler	Framesby High School	5	00:12.67	594		E
ACT035	35 C	Roberto Sauls	Act	6	00:13.08	544		E
ALT002	38	Nathan Lottering	Atlantic Aces	7	00:13.53	493		E
ALT001	37	Caleb Lottering	Atlantic Aces	8	00:14.41	405		E

71 M-19 Men - u/20 Junior : Long Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ALT010	46	Jade Herman	Atlantic Aces	1	4.28	0		E

72 M-99 Men - Senior : Long Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD010	161 C	Kyle Norman	Madibaz	1	6.73	604		E

73 B-17 Boys - u/18 Youth : 100 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
HEA004	107 W	Keenan Adams	Heat	1	00:11.23	782		E
BOX003	51	Christiaan Liebenberg	Boxer	2	00:11.55	725		E
ACT006	6 W	Lincoln von Waltzleben	Act	3	00:11.79	687		E
DPH005	78 C	Robin-Lee Hendricks	Daniel Pienaar	4	00:11.91	668		E
ACT010	10 B	Sethu Nomoyi	Act	5	00:12.02	652		E
ACT012	12 B	Khanyiso Tshanga	Act	6	00:12.07	645		E
BOX006	54	Ruan Scheepers	Boxer	7	00:12.32	610		E
ACT028	28 B	Simamkele Sakhatha	Act	8	00:13.85	434		E

74 M-19 Men - u/20 Junior : 100 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND015	134 I	Theolan Ryan Pillay	Individual	1	00:11.63	684		E
ACT002	2 C	Enzo Koekemoer	Act	2	00:11.64	682		E

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Result per item

75 M-99 Men - Senior : 100 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD016	167 B	Karabo Shakwane	Madibaz	1	00:10.90	769		E
HEA005	108 w	Mondray Barnard	Heat	2	00:10.92	765		E
ACT001	1 C	Marlin Koekemoer	Act	3	00:11.25	706		E
SAP001	180 W	Pieter Anker	South African Police	4	00:19.44	8		E

76 G-15 Girls - u/16 Sub-Youth : 400 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
SEG002	182 W	ANZELLE BOTES	Sport Excellence Group	1	01:02.36	805		E
ACT020	20 W	Amber Herman	Act	2	01:04.93	752		E
ACT025	25 B	Lilly Nomoyi	Act	3	01:06.20	728		E
HEA007	110 c	Keara Domingo	Heat	4	01:10.23	659		E

77 G-17 Girls - u/18 Youth : 400 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT015	15 W	Zanri Black	Act	1	01:00.40	829		E
IND022	141 W	Donna-Leigh Douglas	Individual	2	01:02.91	773		E

79 B-15 Boys - u/16 Sub-Youth : 400 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
DPH001	74 C	Marzanno Seekoei	Daniel Pienaar	1	00:52.99	776		E
BOX004	52	Juan Du plessis	Boxer	2	00:54.70	724		E
DPH003	76 W	Armand Van Rensburg	Daniel Pienaar	3	00:55.40	705		E
ACT017	17 W	Troy Hargreaves	Act	4	00:55.58	700		E
ACT021	21 W	Lieben Bester	Act	5	00:55.63	698		E
IND018	137 W	Meyer Prinsloo	Individual	6	00:56.77	668		E
ACT026	26 B	Leeroy Njanji	Act	7	01:08.88	427		E
ALT006	42	John- Jean Everson	Atlantic Aces	8	01:11.59	385		E

80 B-17 Boys - u/18 Youth : 400 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND004	123 W	Daniel Button	Individual	1	00:51.85	781		E
BOX003	51	Christiaan Liebenberg	Boxer	2	00:53.77	722		E
BOX005	53	Ben Grobbelaar	Boxer	3	00:54.33	706		E
FHS008	96 W	Hugo Nothnagel	Framesby High School	4	00:55.93	663		E
ALT008	44	Sebastian Cedras	Atlantic Aces	5	01:16.17	303		E

81 M-19 Men - u/20 Junior : 400 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD017	188	Luphumelelo Tyandela	Madibaz	1	00:58.24	587		E
ALT007	43	Ruthan Drude	Atlantic Aces	2	01:04.46	463		E

82 M-99 Men - Senior : 400 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAT001	168 W	David De Villiers	Maties	1	00:54.24	616		E

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