

Result per item

2 M-19 Men - u/20 Junior : 5000 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND043	155	Valentino Verwey	Individual	1	15:37.63	870		E
IND004	116	David Handley	Individual	2	17:18.43	747		E

3 M-99 Men - Open : 5000 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IKH001	108	Melikhaya Frans	Ikhamva Athletics Club	1	14:15.99	842		E
IND071	317	S Poti	Individual	2	14:57.55	785		E
IKH003	110 W	Luyanda Tshangana	Ikhamva Athletics Club	3	14:57.75	785		E
NED002	211	ANDILE MOTWANI	NEDBANK	4	15:05.20	775		E
NED012	221	GIFT CHIGOMARAWA	NEDBANK	5	15:09.85	769		E
IND072	318	X Ndlumbini	Individual	6	16:03.62	707		E
IKH005	112	Mzwanele Maphekula	Ikhamva Athletics Club	7	16:08.91	701		E
IND073	319	L Nenzeleli	Individual	8	16:31.45	678		E
NED007	216	MILA PASIYA	NEDBANK	9	16:31.60	678		E
IND074	320	A Maliza	Individual	10	16:34.95	674		E
IND018	130	Colin Mc Geer	Individual	11	17:24.43	628		E
NED019	228	Tumelo Mochelenyane	NEDBANK	12	17:53.51	602		E
BOX018	46	Xolisile Sinkintana	BOXER	13	17:56.22	600		E
NED016	225	Henry Crause	NEDBANK	14	17:56.22	600		E
IND075	322	X Nteyi	Individual	15	18:14.61	585		E
NED004	213	RICHARD MAZUNGULA	NEDBANK	16	19:55.18	510		E
NED015	224	Darren van Vliet	NEDBANK	17	20:21.15	492		E
IND090	337	Attie Williams	Individual	18	24:34.00	352		E

4 W-99 Women - Open : 5000 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
BOX009	37	Cherise Carreira	BOXER	1	17:53.51	824		E
IKH004	111	Nwabisa Mjoli	Ikhamva Athletics Club	2	17:57.24	821		E
NED001	210	NTOMBESINTU MFUNZI	NEDBANK	3	17:57.25	821		E
NED006	215	KELLY VAN VLIET	NEDBANK	4	18:05.55	814		E
BOX008	36	Sandy Kundulu	BOXER	5	18:14.61	807		E
NED014	223	JACKY KOBOKANA	NEDBANK	6	20:21.15	718		E
NED009	218	BUKEKA MATINISE	NEDBANK	7	20:59.29	696		E
NED010	219	NIKIWE YOYO	NEDBANK	8	26:10.69	548		E

5 B-15 Boys - u/16 Sub-Youth : 300 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND062	307	A Van Rensburg	Individual	1	00:42.85	660		E
BOX012	40	Juan Du Plessis	BOXER	2	00:43.62	629		E
IND029	141	Jordan Strauss	Individual	3	00:44.34	601		E
NIC021	249	Ceoron Felix	Nico Malan High	4	00:44.87	582		E
IND063	308	Bengie Genis	Individual	5	00:46.64	522		E
BOX015	43	Rossouw Nel	BOXER	6	00:58.00	237		E
IND064	309	A Se Lain	Individual	7	01:20.90	0		E

6 G-15 Girls - u/16 Sub-Youth : Hammer Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MHS006	206	Christel van Vuuren	Middelburg High School	1	37.81	800		E
MHS004	204	Danika van der Walt	Middelburg High School	2	36.60	787		E
EDA004	69	Zalita Knoetze	Eddas Throwers	3	34.86	767		E

7 G-17 Girls - u/18 Youth : Hammer Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD023	200	Reze Coetzer	MADMadibaz	1	56.29	966		E
MHS003	203	Danelle Bishop	Middelburg High School	2	48.82	900		E
MHS001	201	Anika Kruger	Middelburg High School	3	39.73	813		E
IND057	302	Anke Britz	Individual	4	38.08	795		E
MHS005	205	Elzaan Pieterse	Middelburg High School	5	35.82	771		E
IND058	303	Jana Terblanche	Individual	6	34.60	757		E

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8 W-19 Women - u/20 Junior : Hammer Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD022	199	Dane Coetzer	MADMadibaz	1	49.55	956		E
IND010	122	Jonell Botha	Individual	2	33.85	791		E

9 W-99 Women - Open : Hammer Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD003	180	Elme Botha	MADMadibaz	1	48.13	908		E

10 B-15 Boys - u/16 Sub-Youth : Long Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
NIC019	247	Bryan Katoo	Nico Malan High	1	6.26	802	-4.32	E
IND014	126	Marzanno Seekoei	Individual	2	6.15	767	-4.53	E

11 B-17 Boys - u/18 Youth : Long Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD018	195	Luvo Sobekwa	MADMadibaz	1	5.64	493	-3.01	E
IND013	125	Robin-Lee Hendricks	Individual	2	5.12	329	-4.75	E

12 M-19 Men - u/20 Junior : Long Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND030	142	Aidan Roach	Individual	1	6.62	704	-3.75	E
GRC004	81	XALABILE MIHLALI	Graeme College Athletics	2	5.50	373	-3.96	E
KIN009	176	Siya Stefane	Kingswood College	3	5.08	243	-3.60	E

13 M-99 Men - Open : Long Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD005	182	Nikithemba Hani	MADMadibaz	1	7.04	687		E

14 B-15 Boys - u/16 Sub-Youth : High Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND027	139	Liam Lightley	Individual	1	1.35	254		E

15 B-17 Boys - u/18 Youth : High Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT007	7	Stefan Kohler	ACT	1	1.70	568		E

16 M-19 Men - u/20 Junior : High Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
KIN007	174	Usivile Zweni	Kingswood College	1	1.85	661		E

18 G-15 Girls - u/16 Sub-Youth : Javelin — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
EDA002	67	Chante Mulder	Eddas Throwers	1	31.47	682		E
NIC009	237	Chloe Luiters	Nico Malan High	2	29.57	646		E
IND068	314	C Stander	Individual	3	28.27	620		E
NIC001	229	Danica Barbas	Nico Malan High	4	26.48	583		E
IND055	167	Katinka Fourie	Individual	5	20.33	441		E

19 G-17 Girls - u/18 Youth : Javelin — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD017	194	Angelique Roodt	MADMadibaz	1	35.95	741		E
IND067	313	C Van Heerden	Individual	2	33.12	692		E
HEA007	92	Shannon van der Bergh	Heat	3	32.65	683		E

20 W-19 Women - u/20 Junior : Javelin — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND047	159	Janine Schoonraad	Individual	1	26.41	562		E

22 G-15 Girls - u/16 Sub-Youth : Pole Vault — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
PHS018	277	Inge van Eyk	Pearson High School	1	2.00	0		E

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26 B-15 Boys - u/16 Sub-Youth : Pole Vault — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND050	162	Schalk Stroebel	Individual	1	2.90	122		E

27 B-17 Boys - u/18 Youth : Pole Vault — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND049	161	Zander van Eyk	Individual	1	4.00	577		E
IND048	160	Bryce Putzier	Individual	2	4.00	577		E

30 G-15 Girls - u/16 Sub-Youth : 300 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
BOX002	30	Olivia Du Plessis	BOXER	1	00:48.04	822		E
MAD020	197	Anria Vosloo	MADMadibaz	2	00:48.67	809		E
HEA021	106	Keira van Heerden	Heat	3	00:50.88	766		E
NIC007	235	Cindy Strydom	Nico Malan High	4	00:53.90	715		E

31 G-17 Girls - u/18 Youth : 400 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT010	10	Tanielle Moolman	ACT	1	01:11.14	446		E
NIC004	232	Jane Venter	Nico Malan High	2	01:12.23	440		E
BOX006	34	Sane Matthee	BOXER	3	01:13.16	435		E

34 B-17 Boys - u/18 Youth : 400 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD021	198	Wernich van Rensburg	MADMadibaz	1	00:54.11	870		E
BOX014	42	De wet Nel	BOXER	2	01:03.67	0		E
NIC027	255	Darius Pretorius	Nico Malan High	3	01:04.35	0		E
IND028	140	Ewan Kemp	Individual	4	01:05.05	0		E

35 M-19 Men - u/20 Junior : 400 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
HEA016	101	Damian Smith	Heat	1	00:56.18	810		E

36 M-99 Men - Open : 400 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
CMC010	61	Simon Osma	Camdeboo Atletiek	1	01:10.19	0		E

37 G-15 Girls - u/16 Sub-Youth : 1500 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT017	17	Indiphile Mkhosana	ACT	1	05:20.18	684		E
ACT002	2	Maria Freercks	ACT	2	05:43.03	605		E
NIC006	234	Joani Jacobs	Nico Malan High	3	05:45.91	596		E
ALB004	27	Anika Maree	St. Albans Athletic Club	4	05:47.18	592		E

38 G-17 Girls - u/18 Youth : 1500 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
PHS005	264	Anke Serfontein	Pearson High School	1	04:50.02	791		E
KIN001	168	Taryn Hurly	Kingswood College	2	05:13.75	689		E
PHS004	263	Christine Le Roux	Pearson High School	3	05:30.86	628		E
IND056	301	Niacara	Individual	4	05:31.02	627		E

41 G-15 Girls - u/16 Sub-Youth : Shot Put — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
EDA003	68	Kelly Gouws	Eddas Throwers	1	12.24	854		E
EDA001	66	Ngazo Ntoni	Eddas Throwers	2	11.15	809		E
EDA002	67	Chante Mulder	Eddas Throwers	3	9.71	744		E

42 G-17 Girls - u/18 Youth : Shot Put — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
EDA005	70	Heike Groenewald	Eddas Throwers	1	13.15	863		E
EDA006	71	Anri Knoetze	Eddas Throwers	2	11.15	784		E
HEA007	92	Shannon van der Bergh	Heat	3	10.92	774		E

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43 W-19 Women - u/20 Junior : Shot Put — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
EDA007	72 Colleen Brown	Eddas Throwers	1	11.47	841		E

44 W-99 Women - Open : Shot Put — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD014	191 Ischke Senekal	MADMadibaz	1	16.03	999		E

45 B-15 Boys - u/16 Sub-Youth : Discus Throw — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
IND038	150 Matthew Heath	Individual	1	47.60	811		E
EDA008	73 Elandre Beauzec	Eddas Throwers	2	43.72	761		E
EDA009	74 Handre Barnard	Eddas Throwers	3	43.67	760		E
EDA010	75 Dandre Leonard	Eddas Throwers	4	36.32	657		E
IND069	315 Remy Heymans	Individual	5	35.82	649		E

46 B-17 Boys - u/18 Youth : Discus Throw — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
EDA011	76 Keanu Bruintjies	Eddas Throwers	1	36.33	672		E
IND065	310 Arno Seal	Individual	2	35.72	663		E

47 M-19 Men - u/20 Junior : Discus Throw — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
IND017	129 Francois Spamer	Individual	1	41.35	792		E

48 M-99 Men - Open : Discus Throw — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
IND054	166 Mzimadoda Camba	Individual	1	22.24	405		E

50 G-17 Girls - u/18 Youth : Triple Jump — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
HSD001	107 Elke Erasmus	Hoerskool Despatch	1	10.51	638		E

51 W-19 Women - u/20 Junior : Triple Jump — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT012	12 Celma Swart	ACT	1	9.98	475		E

52 W-99 Women - Open : Triple Jump — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD013	190 Ambre Nakas	MADMadibaz	1	11.89	662		E

53 W-19 Women - u/20 Junior : 1500 m — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
IND051	163 Ntsika Ntamo	Individual	1	07:28.16	336		E

54 W-99 Women - Open : 1500 m — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
IND019	131 Kayla Nella	Individual	1	04:53.82	710		E
BOX008	36 Sandy Kundulu	BOXER	2	05:24.30	596		E
NED018	227 Yvonne Thomspon	NEDBANK	3	05:30.38	577		E

55 M-19 Men - u/20 Junior : 1500 m — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
IND043	155 Valentino Verwey	Individual	1	04:10.91	786		E
GRC002	79 NYOKA LOYISO	Graeme College Athletics	2	05:13.71	489		E

56 M-99 Men - Open : 1500 m — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
EXL001	77 Adriaan Gerwel	Excel AC	1	04:10.68	672		E
NED008	217 ANELE VOORMAN	NEDBANK	2	04:23.00	608		E
BOX017	45 Lithobe Menzeleleli	BOXER	3	04:31.91	567		E
PHS011	270 Ryan Peter	Pearson High School	4	04:32.81	563		E

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57 G-15 Girls - u/16 Sub-Youth : 100 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT015	15	Mia Vermaak	ACT	1	00:13.29	781		E
BOX004	32	Hannah James	BOXER	2	00:14.27	675		E
PHS007	266	Chelsea Street	Pearson High School	3	00:14.78	627		E
KIN002	169	Devon Heyns	Kingswood College	4	00:14.83	623		E
HEA001	86	Gabrielle Schonfeldt	Heat	5	00:15.54	564		E

58 B-15 Boys - u/16 Sub-Youth : 100 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
NIC019	247	Bryan Katoo	Nico Malan High	1	00:11.85	712		E
HEA008	93	Cole Moultrie	Heat	2	00:11.96	694		E
KIN003	170	Munangi Kamwendo	Kingswood College	3	00:12.24	653		E
IND005	117	Charlyne Nhlapo	Individual	4	00:12.57	607		E
HEA010	95	Zubenathi Skosana	Heat	5	00:12.63	599		E
PHS017	276	Thulani Gumbe	Pearson High School	6	00:12.87	569		E
IND025	137	Mashudu Tshikosi	Individual	7	00:13.21	529		E
IND036	148	Mashudu Tshikosi	Individual	8	00:13.22	527		E
HEA009	94	Reece Nawdish	Heat	9	00:13.28	521		E
DPT001	65	Marko Ferreira	Daniel Pienaar Tegniese Skool	10	00:13.40	507		E

59 G-17 Girls - u/18 Youth : 100 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT004	4	Annastacia George	ACT	1	00:13.35	751		E
HEA003	88	Amber-Lee Elliott	Heat	2	00:13.51	733		E
HEA005	90	Anri van Zyl	Heat	3	00:13.54	729		E
BOX003	31	Jenna Killian	BOXER	4	00:13.68	714		E
BOX005	33	Amori Matthee	BOXER	5	00:14.13	668		E
CMC012	63	Ricartlin Lottering	Camdeboo Atletiek	6	00:14.32	650		E
KIN010	177	Nana Abebreseh	Kingswood College	7	00:15.11	580		E

60 B-17 Boys - u/18 Youth : 100 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
HEA012	97	Keenan Adams	Heat	1	00:11.50	734		E
BOX020	48	Reinhardt Van Rensburg	BOXER	2	00:11.96	661		E
HEA011	96	Connor Liberty	Heat	3	00:12.45	593		E
BOX010	38	Ruan Scheepers	BOXER	4	00:12.65	567		E
IND013	125	Robin-Lee Hendricks	Individual	5	00:13.31	490		E
PHS014	273	Kuhle Ngxatu	Pearson High School	6	00:14.41	381		E

61 W-19 Women - u/20 Junior : 100 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND026	138	Marni van der Merwe	Individual	1	00:13.69	693		E
ACT020	20	Aludwe Nyalasa	ACT	2	00:13.90	671		E
NIC013	241	Judith Scheepers	Nico Malan High	3	00:15.49	534		E

62 M-19 Men - u/20 Junior : 100 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
KIN006	173	Dwayne Pharo	Kingswood College	1	00:11.22	753		E
HEA017	102	Mondray Barnard	Heat	2	00:11.45	713		E
HEA014	99	Damian Adlem	Heat	3	00:11.58	692		E
IND030	142	Aidan Roach	Individual	4	00:11.82	655		E
ACT011	11	Lennon Paiva	ACT	5	00:11.94	637		E
CMC001	52	Ricklin Niemand	Camdeboo Atletiek	6	00:12.01	627		E
GRC005	82	SHOBA NDIMA	Graeme College Athletics	7	00:12.41	573		E
GRC001	78	DIDIZA ASEMAHLE	Graeme College Athletics	8	00:12.75	531		E
MAD019	196	Khanya Masoka	MADMadibaz	9	00:12.79	527		E
ACT023	23	Matthew Langford	ACT	10	00:13.27	472		E

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63 W-99 Women - Open : 100 m — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD011	188 Saskia Wait	MADMadibaz	1	00:13.33	632		E
IND031	143 Juane Estelle Els	Individual	2	00:13.71	596		E
IND006	118 Dean Arnolds	Individual	3	00:17.21	346		E

64 M-99 Men - Open : 100 m — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD002	179 Sherwin Van Staden	MADMadibaz	1	00:11.33	693		E
MAD016	193 Jason Butler	MADMadibaz	2	00:11.41	680		E
MAD004	181 Karabo Shakwane	MADMadibaz	3	00:11.52	663		E
MAD005	182 Nikithemba Hani	MADMadibaz	4	00:11.53	661		E
MAD001	178 Aidan Tuohy	MADMadibaz	5	00:11.76	627		E
MAD008	185 Wesley Loxton	MADMadibaz	6	00:11.91	606		E
IND021	133 Davien Douglas	Individual	7	00:11.99	595		E
IND040	152 Che Harmse	Individual	8	00:12.67	509		E
CMC004	55 Lenrico van Wyk	Camdeboo Atletiek	9	00:12.83	491		E
IND020	132 Vuyolwethu Bam	Individual	10	00:13.32	437		E

65 B-15 Boys - u/16 Sub-Youth : Hammer Throw — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
IND034	146 Deacon Cooper	Individual	1	43.22	853		E
MHS009	209 Josh Bishop	Middelburg High School	2	29.43	703		E

66 B-17 Boys - u/18 Youth : Hammer Throw — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
MHS008	208 Thomas Olivier	Middelburg High School	1	49.98	844		E
IND061	306 Caisey van Der Berg	Individual	2	32.13	673		E

67 M-19 Men - u/20 Junior : Hammer Throw — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD010	187 Tiaan Erskine	MADMadibaz	1	54.53	930		E
MHS007	207 Willem Olivier	Middelburg High School	2	36.18	762		E

68 M-99 Men - Open : Hammer Throw — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD009	186 Paul Du Plessis	MADMadibaz	1	53.18	864		E
MAD012	189 Dante Nel	MADMadibaz	2	50.30	842		E

69 G-15 Girls - u/16 Sub-Youth : Long Jump — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT015	15 Mia Vermaak	ACT	1	5.08	693		E
BOX004	32 Hannah James	BOXER	2	4.50	474		E
NIC008	236 Minandi Venter	Nico Malan High	3	4.33	407		E
IND070	316 Jade De Jager	Individual	4	3.77	182		E

70 G-17 Girls - u/18 Youth : Long Jump — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
BOX005	33 Amori Matthee	BOXER	1	4.87	524		E
PHS003	262 Dané Van Dyk	Pearson High School	2	4.69	458		E
KIN010	177 Nana Abebreseh	Kingswood College	3	4.15	255		E

73 G-15 Girls - u/16 Sub-Youth : High Jump — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
IND059	304 Chrisna Sterley	Individual	1	1.50	666		E
NIC007	235 Cindy Strydom	Nico Malan High	2	1.45	603		E
IND060	305 Caitlyn Marriot	Individual	3	1.45	603		E

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74 G-17 Girls - u/18 Youth : High Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
PHS001	260	Mari Venter	Pearson High School	1	1.64	781		E
MHS002	202	Megan Newton	Middelburg High School	2	1.61	745		E
IND009	121	Tanith Moreton	Individual	3	1.50	612		E

77 B-15 Boys - u/16 Sub-Youth : Javelin — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND066	311	E Beauzek	Individual	1	39.40	447		E

78 B-17 Boys - u/18 Youth : Javelin — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND065	310	Arno Seal	Individual	1	49.65	637		E
IND032	144	Willem Lukas Opperman	Individual	2	48.01	610		E
PHS006	265	Shaun-Michael Scharneck	Pearson High School	3	41.64	498		E
HEA020	105	Vincent Mcleod	Heat	4	40.67	480		E

79 M-19 Men - u/20 Junior : Javelin — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
GRC003	80	MATSHA AVUYILE	Graeme College Athletics	1	26.94	189		E

80 M-99 Men - Open : Javelin — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND054	166	Mzimadoda Camba	Individual	1	29.62	131		E

85 G-15 Girls - u/16 Sub-Youth : 400 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
NIC005	233	Cailyn Kriel	Nico Malan High	1	01:07.45	705		E
ACT018	18	Simnikiwe Booysen	ACT	2	01:09.79	666		E
IND086	333	T Boshoff	Individual	3	01:10.11	661		E
PHS008	267	Frances Markey	Pearson High School	4	01:12.97	617		E
NIC001	229	Danica Barbas	Nico Malan High	5	01:14.21	599		E

86 B-15 Boys - u/16 Sub-Youth : 400 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND014	126	Marzanno Seekoei	Individual	1	00:53.54	758		E
ACT005	5	Troy Hargreaves	ACT	2	00:57.66	646		E
PHS017	276	Thulani Gumbe	Pearson High School	3	01:00.39	584		E
PHS016	275	Noah Robertson	Pearson High School	4	01:05.98	475		E

88 B-17 Boys - u/18 Youth : 400 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD021	198	Wernich van Rensburg	MADMadibaz	1	00:49.70	857		E
ACT006	6	Shakiell Kaisi	ACT	2	00:51.42	795		E
MAD018	195	Luvo Sobekwa	MADMadibaz	3	00:52.47	761		E
ACT014	14	Cameron van Heerden	ACT	4	00:53.86	719		E
BOX011	39	Christiaan Liebenberg	BOXER	5	00:55.30	680		E
BOX013	41	Ben Grobbelaar	BOXER	6	00:55.63	671		E
GRC007	84	NGWENTLE LICEBO	Graeme College Athletics	7	00:55.76	668		E
IND016	128	Sisa Dyassop	Individual	8	00:55.77	667		E
NIC018	246	Earon Felix	Nico Malan High	9	00:56.53	648		E
ACT021	21	Khanyiso Tshanga	ACT	10	00:57.36	628		E
IND028	140	Ewan Kemp	Individual	11	00:58.86	593		E
PHS014	273	Kuhle Ngxatu	Pearson High School	12	00:59.82	572		E

90 M-19 Men - u/20 Junior : 400 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
HEA013	98	Ryan Jordan	Heat	1	00:49.39	840		E
HEA016	101	Damian Smith	Heat	2	00:51.07	781		E
NIC028	256	Jamyan Jansen van Vuuren	Nico Malan High	3	00:51.99	751		E

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91 B-15 Boys - u/16 Sub-Youth : Shot Put — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
EDA008	73	Elandre Beauzec	Eddas Throwers	1	15.09	843		E
IND069	315	Remy Heymans	Individual	2	13.75	781		E
EDA009	74	Handre Barnard	Eddas Throwers	3	13.28	759		E
EDA010	75	Dandre Leonard	Eddas Throwers	4	13.08	749		E
NIC031	259	Rudolph Gerber	Nico Malan High	5	9.07	529		E

92 B-17 Boys - u/18 Youth : Shot Put — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND065	310	Arno Seal	Individual	1	12.97	721		E
EDA011	76	Keanu Bruintjies	Eddas Throwers	2	12.63	704		E
NIC030	258	Francios Smit	Nico Malan High	3	11.75	660		E

93 M-19 Men - u/20 Junior : Shot Put — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND017	129	Francois Spamer	Individual	1	14.55	793		E

94 M-99 Men - Open : Shot Put — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND054	166	Mzimadoda Camba	Individual	1	9.00	447		E

95 G-15 Girls - u/16 Sub-Youth : Discus Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND052	164	Theune Herbst	Individual	1	36.87	881		E
EDA003	68	Kelly Gouws	Eddas Throwers	2	35.31	857		E
EDA004	69	Zalita Knoetze	Eddas Throwers	3	31.28	790		E
EDA001	66	Ngazo Ntoni	Eddas Throwers	4	25.29	680		E
EDA002	67	Chante Mulder	Eddas Throwers	5	22.35	619		E

96 G-17 Girls - u/18 Youth : Discus Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
EDA005	70	Heike Groenewald	Eddas Throwers	1	36.72	847		E
EDA006	71	Anri Knoetze	Eddas Throwers	2	33.81	802		E

97 W-19 Women - u/20 Junior : Discus Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
EDA007	72	Colleen Brown	Eddas Throwers	1	33.40	768		E

98 W-99 Women - Open : Discus Throw — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD014	191	Ischke Senekal	MADMadibaz	1	50.26	938		E

100 B-17 Boys - u/18 Youth : Triple Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
PHS015	274	Liyema MQHAYI	Pearson High School	1	12.72	613		E

101 M-19 Men - u/20 Junior : Triple Jump — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
GRC004	81	XALABILE MIHLALI	Graeme College Athletics	1	12.95	589		E
NIC032	312	V Jansen	Nico Malan High	2	12.82	571		E

104 M-99 Men - Open : 400 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD006	183	Daryll Lottering	MADMadibaz	1	00:48.76	776		E
HEA018	103	David De Villiers	Heat	2	00:51.12	701		E
MAD015	192	Ethan Balie	MADMadibaz	3	00:51.70	684		E
IND001	113	Jaco Smit	Individual	4	00:53.05	647		E
CMC005	56	Exousio Dayimani	Camdeboo Atletiek	5	00:54.34	613		E

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105 B-15 Boys - u/16 Sub-Youth : 800 m — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
PHS002	261 Lieben Bester	Pearson High School	1	02:12.01	530		E
IND002	114 Noah Joubert	Individual	2	02:15.54	479		E
IND087	334 J Napolcon	Individual	3	02:17.23	455		E
IND007	119 Daniel Richter	Individual	4	02:27.53	329		E
PHS010	269 Daiyaan KEMP	Pearson High School	5	02:34.80	253		E

106 B-17 Boys - u/18 Youth : 800 m — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
BRA001	49 Morne van der Berg	BRANDWAG HIGH SCHOOL	1	02:05.67	587		E
IND003	115 Matthew Coller	Individual	2	02:07.75	553		E
IND089	336 L Muller	Individual	3	02:13.88	461		E
IND088	335 F Vosloo	Individual	4	02:14.84	448		E
IND045	157 Uyathandwa Mini	Individual	5	02:21.72	360		E
GRC007	84 NGWENTLE LICEBO	Graeme College Athletics	6	02:30.79	260		E
PHS014	273 Kuhle Ngxatu	Pearson High School	7	02:33.49	233		E
PHS009	268 Philasande NDUZULWANA	Pearson High School	8	02:39.90	172		E

107 G-15 Girls - u/16 Sub-Youth : 800 m — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
IND046	158 MF51:S58arne Koen	Individual	1	02:24.64	811		E
HEA019	104 Mira Esterhuysen	Heat	2	02:31.11	751		E
IND085	332 S Loyu	Individual	3	02:31.33	749		E
ACT018	18 Simnikiwe Booysen	ACT	4	02:44.80	645		E
ACT017	17 Indiphile Mkhosana	ACT	5	02:46.18	636		E
NIC007	235 Cindy Strydom	Nico Malan High	6	02:48.39	621		E
NIC006	234 Joani Jacobs	Nico Malan High	7	02:50.06	610		E
HEA002	87 Keara Domingo	Heat	8	02:54.29	584		E

108 G-17 Girls - u/18 Youth : 800 m — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
PHS005	264 Anke Serfontein	Pearson High School	1	02:21.85	816		E
IND082	329 I Straus	Individual	2	02:25.28	782		E
IND084	331 K Nell	Individual	3	02:25.55	780		E
HEA006	91 Danielle Honiball	Heat	4	02:28.87	750		E
IND083	330 I Conradie	Individual	5	02:29.41	745		E
PHS004	263 Christine Le Roux	Pearson High School	6	02:49.11	599		E

109 M-19 Men - u/20 Junior : 800 m — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
HEA015	100 Keanu Domingo	Heat	1	01:53.64	779		E
IND079	326 W Smith	Individual	2	02:00.60	631		E
GRC002	79 NYOKA LOYISO	Graeme College Athletics	3	02:52.97	36		E

110 M-99 Men - Open : 800 m — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
CMC002	53 Devan Dolleys	Camdeboo Atletiek	1	02:04.84	431		E
PHS011	270 Ryan Peter	Pearson High School	2	02:15.48	292		E
CMC013	64 Johnathan Witbooi	Camdeboo Atletiek	3	02:18.34	260		E
NED017	226 AT SCHOEMAN	NEDBANK	4	03:34.59	0		E

111 W-19 Women - u/20 Junior : 800 m — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
IND051	163 Ntsika Ntamo	Individual	1	02:29.41	737		E

112 W-99 Women - Open : 800 m — Final

	Athlete	Team	Place	Performance	Table point	Wind	H/E
IND080	327 D Moolman	Individual	1	02:39.64	600		E
IND081	328 M Muller	Individual	2	02:58.87	486		E

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113 G-15 Girls - u/16 Sub-Youth : 90 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT015	15	Mia Vermaak	ACT	1	00:14.60	827	+3.40	E
MAD020	197	Anria Vosloo	MADMadibaz	2	00:14.68	821	+3.40	E
NIC008	236	Minandi Venter	Nico Malan High	3	00:18.11	623	+3.40	E

114 G-17 Girls - u/18 Youth : 100 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MHS002	202	Megan Newton	Middelburg High School	1	00:16.27	752	+3.40	E
HEA004	89	Lara Kleinhans	Heat	2	00:17.59	680	+3.40	E
IND037	149	Kaylee van Dyk	Individual	3	00:17.96	661	+3.40	E
HEA005	90	Anri van Zyl	Heat	4	00:18.30	645	+3.40	E
ACT003	3	Anika de Ridder	ACT	5	00:18.69	628	+3.40	E
BOX006	34	Sane Matthee	BOXER	6	00:18.69	628	+3.40	E

117 B-15 Boys - u/16 Sub-Youth : 100 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND076	323	B Katoo	Individual	1	00:14.71	769	+7.44	E
BOX012	40	Juan Du Plessis	BOXER	2	00:16.14	662	+7.44	E
IND029	141	Jordan Strauss	Individual	3	00:16.51	638	+7.44	E
BOX015	43	Rossouw Nel	BOXER	4	00:22.33	367	+7.44	E

118 B-17 Boys - u/18 Youth : 110 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
PHS015	274	Liyema MQHAYI	Pearson High School	1	00:02.28	0	+7.59	E

119 M-19 Men - u/20 Junior : 110 m Hurdles — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
HEA017	102	Mondray Barnard	Heat	1	00:14.90	843		E

121 G-15 Girls - u/16 Sub-Youth : 200 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
BOX002	30	Olivia Du Plessis	BOXER	1	00:28.48	736	6.68	E
IND046	158	MF51:S58arne Koen	Individual	2	00:29.40	693	6.68	E
NIC005	233	Cailyn Kriel	Nico Malan High	3	00:30.82	634	6.68	E
PHS007	266	Chelsea Street	Pearson High School	4	00:31.04	625	6.68	E

122 B-15 Boys - u/16 Sub-Youth : 200 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
IND077	324	Cearon Felix	Individual	1	00:24.79	664	4.99	E
HEA008	93	Cole Moultrie	Heat	2	00:24.93	655	4.99	E
DPT001	65	Marko Ferreira	Daniel Pienaar Tegniese Skool	3	00:24.97	653	4.99	E
HEA010	95	Zubenathi Skosana	Heat	4	00:25.72	607	4.99	E
IND036	148	Mashudu Tshikosi	Individual	5	00:25.89	598	4.99	E
HEA009	94	Reece Nawdish	Heat	6	00:26.42	569	4.99	E
IND014	126	Marzanno Seekoei	Individual	7	00:26.58	560	4.99	E
IND044	156	Keanu Goliath	Individual	8	00:27.03	537	4.99	E
IND078	325	Joshua Sims	Individual	9	00:27.50	514	4.99	E
PHS017	276	Thulani Gumbe	Pearson High School	10	00:29.24	435	4.99	E
PHS016	275	Noah Robertson	Pearson High School	11	00:29.75	414	4.99	E
PHS010	269	Daiyaan KEMP	Pearson High School	12	00:30.12	399	4.99	E

123 G-17 Girls - u/18 Youth : 200 m — Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT004	4	Annastacia George	ACT	1	00:27.02	790	3.70	E
BOX001	29	Zoe Griessel	BOXER	2	00:27.31	774	3.70	E
BOX003	31	Jenna Killian	BOXER	3	00:27.82	747	3.70	E
HEA003	88	Amber-Lee Elliott	Heat	4	00:27.86	745	3.70	E
ACT003	3	Anika de Ridder	ACT	5	00:28.61	709	3.70	E
IND037	149	Kaylee van Dyk	Individual	6	00:29.98	649	3.70	E

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124 B-17 Boys - u/18 Youth : 200 m

Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT006	6	Shakiell Kaisi	ACT	1	00:23.98	688	2.65	E
HEA012	97	Keenan Adams	Heat	2	00:24.23	671	2.65	E
BOX011	39	Christiaan Liebenberg	BOXER	3	00:24.48	655	2.65	E
ACT014	14	Cameron van Heerden	ACT	4	00:24.51	653	2.65	E
BOX020	48	Reinhardt Van Rensburg	BOXER	5	00:24.97	624	2.65	E
ACT021	21	Khanyiso Tshanga	ACT	6	00:24.97	624	2.65	E
GRC008	85	MHONO LIKHONA	Graeme College Athletics	7	00:25.24	608	2.65	E
IND013	125	Robin-Lee Hendricks	Individual	8	00:25.32	603	2.65	E
ACT022	22	Lincoln von Waltzleben	ACT	9	00:25.35	602	2.65	E
IND012	124	Raphael Vaaltyn	Individual	10	00:25.47	595	2.65	E
HEA011	96	Connor Liberty	Heat	11	00:25.51	592	2.65	E
IND042	154	Sisa Dyassop	Individual	12	00:26.16	556	2.65	E
BOX014	42	De wet Nel	BOXER	13	00:26.17	556	2.65	E
BOX010	38	Ruan Scheepers	BOXER	14	00:26.66	530	2.65	E
PHS014	273	Kuhle Ngxatu	Pearson High School	15	00:27.55	487	2.65	E
IND022	134	Revaldo May	Individual	16	00:30.40	367	2.65	E

125 W-19 Women - u/20 Junior : 200 m

Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
ACT009	9	Clarise Moolman	ACT	1	00:26.87	778	5.50	E
IND026	138	Marni van der Merwe	Individual	2	00:27.89	725	5.50	E
ACT020	20	Aludwe Nyalasa	ACT	3	00:28.58	693	5.50	E

126 M-19 Men - u/20 Junior : 200 m

Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
HEA014	99	Damian Adlem	Heat	1	00:23.35	707	3.30	E
ACT011	11	Lennon Paiva	ACT	2	00:23.56	692	3.30	E
NIC017	245	Waylon Kapank	Nico Malan High	3	00:23.98	664	3.30	E
GRC005	82	SHOBA NDIMA	Graeme College Athletics	4	00:24.25	646	3.30	E
CMC001	52	Ricklin Niemand	Camdeboo Atletiek	5	00:25.29	583	3.30	E
MAD019	196	Khanya Masoka	MADMadibaz	6	00:25.79	555	3.30	E
ACT023	23	Matthew Langford	ACT	7	00:26.09	539	3.30	E
CMC003	54	Rico Arnolds	Camdeboo Atletiek	8	00:26.67	510	3.30	E

127 W-99 Women - Open : 200 m

Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD011	188	Saskia Wait	MADMadibaz	1	00:27.12	668	4.75	E

128 M-99 Men - Open : 200 m

Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E
MAD007	184	Leonard Mgoqi	MADMadibaz	1	00:22.36	745	2.99	E
MAD006	183	Daryll Lottering	MADMadibaz	2	00:22.53	731	2.99	E
MAD002	179	Sherwin Van Staden	MADMadibaz	3	00:22.83	709	2.99	E
MAD015	192	Ethan Balie	MADMadibaz	4	00:23.57	657	2.99	E
MAD001	178	Aidan Tuohy	MADMadibaz	5	00:23.86	638	2.99	E
IND021	133	Davien Douglas	Individual	6	00:24.13	621	2.99	E
CMC005	56	Exousio Dayimani	Camdeboo Atletiek	7	00:24.22	615	2.99	E
CMC004	55	Lenrico van Wyk	Camdeboo Atletiek	8	00:24.51	597	2.99	E
MAD016	193	Jason Butler	MADMadibaz	9	00:43.46	0	2.99	E

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