N2 CITY BLUEWATER BAY 15KM - GQEBERHA - 2022/01/22										
POS	**RNO**	**LIC NO**	**NAME**	**SURNAME**	**CLUB**	**SEX**	**AGE**	**CAT**	**HMS**	**PTS**
1	3	356	LUYANDA	TSHANGANA	IKHAMVA	M	38	35-39M	0.48.03	5
2	2	91207	THABANG	MOSIAKO	BOXER	M	26	SM	0.48.03	0
3	1	355	MELIKHAYA	FRANS	IKHAMVA	M	31	SM	0.48.04	5
4	196	1452	ANDILE	MOTWANA	NEDBANK	M	25	SM	0.49.14	5
5	204	1836	XOLISA	NDLUMBINI	VUKANI	M	39	35-39M	0.50.38	5
6	104	1024	KHAYA	GQWETHA	XCEL	M	36	35-39M	0.51.15	5
7	220	1458	GEORGE	NTSHILIZA	NEDBANK	M	42	40-44M	0.51.35	5
8	164	1338	SIBAHLE	MAQWARA	NEDBANK	M	20	SM	0.51.39	5
9	162	1335	ANELE	MALIZA	NEDBANK	M	43	40-44M	0.53.29	5
10	375	1336	MELIKHAYA	KEPE	NEDBANK	M	45	45-49M	0.53.56	5
11	232	1339	MILA	PASIYA	NEDBANK	M	42	40-44M	0.54.21	5
12	526	1355	MARTIN	VON ALLEMANN	NEDBANK	M	41	40-44M	0.55.26	5
13	766	520	ERIC	SIGXASHE	MOTHER	M	43	40-44M	0.56.01	5
14	761	1053	BULELANI	NIWA	SPAREC	M	38	35-39M	0.56.25	5
15	386	5386	MICHAEL	BESTER	TEMP	M	34	SM	0.56.59	0
16	176	4071	XABISA	MAZANTSI	KOWIE	M	17	JM	0.57.45	4
17	368	1108	DESMOND	ZIBI	IKHAMVA	M	58	55-59M	0.57.49	5
18	367	378	SIYABONGA	HONNI	IKHAMVA	M	38	35-39M	0.57.53	4
19	4	354	NWABISA	MJOLI	IKHAMVA	F	29	SF	0.57.53	5
20	762	4076	LITHETHA	GCUME	KOWIE	M	16	JM	0.58.27	3
21	365	1365	SITHEMBISO	YOZO	NEDBANK	M	57	55-59M	0.58.31	5
22	557	683	SANDISO	NGXISHE	NMBMUN	M	51	50-54M	0.58.38	5
23	230	40249	RYNO	OWEN	MATIES	M	20	SM	0.58.57	0
24	262	1345	JEAN-PIERE	ROUX	NEDBANK	M	34	SM	0.59.03	3
25	556	1810	XOLANI	NTEYI	VUKANI	M	43	40-44M	0.59.16	4
26	276	1576	LUTHANDO	SIKIWE	DESPATCH	M	36	35-39M	0.59.29	4
27	57	1346	HENRY	CRAUSE	NEDBANK	M	39	35-39M	0.59.30	4
28	326	1400	KELLY	VAN VLIET	NEDBANK	F	34	SF	0.59.35	5
29	450	1415	MANDISI	ZAMANI	NEDBANK	M	29	SM	0.59.51	3
30	344	1443	DENYS	WOLMARANS	NEDBANK	M	42	40-44M	0.59.56	4
31	772	1048	LUVUYO	DYANI	SPAREC	M	51	50-54M	1.00.20	5
32	455	1343	CHRISTOPHER	MABENGEZA	NEDBANK	M	55	55-59M	1.00.40	5
33	451	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	40	40-44F	1.00.43	5
34	197	870	THEMBEKILE	MSIPA	CHARLO	M	47	45-49M	1.01.55	4
35	474	1330	RUAN	SMALBERGER	NEDBANK	M	32	SM	1.02.00	3
36	341	1255	ERROL	WHITTAL	ELITEAC	M	46	45-49M	1.02.00	4
37	139	1353	MZUKISI	KLAAS	NEDBANK	M	53	50-54M	1.02.03	5
38	253	1374	MUTEKILE	RASMENI	NEDBANK	M	57	55-59M	1.02.07	5
39	5	376	HOPEWELL	JABAVU	IKHAMVA	M	38	35-39M	1.02.31	3
40	514	5514	ANDRE	WHYTE	TEMP	M	33	SM	1.02.37	0
41	92	1022	STANTON	FREEMAN	XCEL	M	44	40-44M	1.02.54	3
42	80	842	GRAHAM	ESHMADE	CHARLO	M	44	40-44M	1.03.04	3
43	192	6200	SEITSHIRO	MOLEMI	PMMC	M	37	35-39M	1.03.10	0
44	140	565	SEBASTIAN	KLEU	RUN4C	M	45	45-49M	1.03.14	4
45	209	864	KAYLA	NELL	CHARLO	F	27	SF	1.03.16	4
46	735	1240	ANDRE	NEETHLING	ELITEAC	M	30	SM	1.03.18	3
47	707	1413	TUMELO	MOCHELENYANE	NEDBANK	M	39	35-39M	1.04.06	3
48	487	1602	LWAZI	MDUNYA	TRANSNET	M	36	35-39M	1.04.12	3
49	767	109	THANDO	NCIPHA	SAPPE	M	29	SM	1.04.12	2
50	760	1047	LUYANDA	MATIWANA	SPAREC	M	43	40-44M	1.04.37	3
51	535	218	FRANCISCO	VAN DEN BERG	CSEP	M	45	45-49M	1.05.03	3
52	765	4088	HLUMELO	NTANTISO	MOTHER	M	15	JM	1.05.41	2
53	770	1055	BULELANI	MTSHWANE	SPAREC	M	30	SM	1.05.41	2
54	347	192	MALAKHIWE	YSTERMAN	CSEP	M	30	SM	1.05.47	2
55	454	1359	THEMBINKOSI	HAMBIYANI	NEDBANK	M	50	50-54M	1.06.05	4
56	609	5009	VUYISANI	NOBI	TEMP	M	30	SM	1.06.05	0
57	705	801	NOKHOLO	HLEZUPONDO	SANDFEP	F	42	40-44F	1.06.06	5
58	361	1431	GIDEON	MENGO	NEDBANK	M	44	40-44M	1.06.54	2
59	568	1031	KELVIN	JOOSTE	XCEL	M	35	35-39M	1.07.17	2
60	160	1393	MICHAEL	MAGSON	NEDBANK	M	45	45-49M	1.07.19	3
61	325	1410	DARREN	VAN VLIET	NEDBANK	M	38	35-39M	1.07.25	2
62	464	5060	LEIGH	CALLAGHAN	TEMP	F	26	SF	1.07.49	0
63	712	259	SIMTHILE	NQOKO	TINARHA	M	31	SM	1.07.53	2
64	611	5011	SHANE	NORRIS	TEMP	M	47	45-49M	1.07.55	0
65	740	1270	MUHAMMAD	PETERSEN	VWAC	M	38	35-39M	1.07.57	2
66	289	1120	BENNIE	STADLER	ACH	M	58	55-59M	1.07.58	4
67	483	1097	CHRISTINE	CLAASEN	NEDBANK	F	57	55-59F	1.08.02	5

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68	127	1489	REBECCA	JORDAAN	32GI	F	31	SF	1.08.11	3
69	249	1221	TERRAY	POTHIER	ELITEAC	F	30	SF	1.08.20	3
70	595	5083	NADIA	JOOSTE	TEMP	F	35	35-39F	1.08.22	0
71	413	5060	SIVUYILE	GOCONGO	TEMP	M	30	SM	1.08.48	0
72	218	1822	MZWANELE	NQOQO	VUKANI	M	44	40-44M	1.08.56	2
73	435	5307	DUMISA	KINQANA	TEMP	M	32	SM	1.09.11	0
74	480	1740	BASIL	STEVENS	GELVAN	M	50	50-54M	1.09.16	3
75	781	7781	NKANGELEKO	NGCOSHOLO	TEMP	M	30	SM	1.09.16	0
76	203	1803	LONWABO	NDLALENI	VUKANI	M	44	40-44M	1.09.31	2
77	468	1981	PHAPHAMA	GLADILE	HOLLYWOO	M	32	SM	1.09.31	2
78	496	1608	JOHANNES	ARRIES	TRANSNET	M	48	45-49M	1.09.38	2
79	610	5010	RIEDAAH	NORDIEN	TEMP	M	34	SM	1.09.43	0
80	369	352	BUYISILE	NGESI	IKHAMVA	M	52	50-54M	1.09.59	3
81	238	1968	HENRY	PIENAAR	BLUEBAY	M	50	50-54M	1.10.03	3
82	559	675	THEMBA	GXABEKA	NMBMUN	M	46	45-49M	1.10.18	2
83	78	1394	DAVERA	MAGSON	NEDBANK	F	47	45-49F	1.10.25	4
84	299	1083	ALAN	TAYLOR	ACH	M	64	60-64M	1.10.27	4
85	161	844	PATRIC	MAKWENKWE	CHARLO	M	55	55-59M	1.10.33	3
86	84	1101	DEAN	FINLAY	ACH	M	55	55-59M	1.10.34	3
87	384	5020	LUVUYO	BANGAZI	TEMP	M	45	45-49M	1.11.22	0
88	586	212	KAASHIEF	PIETERSEN	CSEP	M	45	45-49M	1.11.32	2
89	522	1391	GEORGE	MEYER	NEDBANK	M	48	45-49M	1.11.43	2
90	284	1642	NICO	SMITH	MADIBA	M	36	35-39M	1.11.45	2
91	448	1441	MARTIN	JANSEN	NEDBANK	M	53	50-54M	1.11.48	2
92	198	1052	LONWABO	MTSHAKE	SPAREC	M	51	50-54M	1.11.50	2
93	471	5063	DEANDRE	VAN DER MERWE	TEMP	M	21	SM	1.11.54	0
94	14	1584	JACQUES	BARNARD	DESPATCH	M	45	45-49M	1.11.59	2
95	650	5050	TAWFEEQ	VYVER	TEMP	M	23	SM	1.12.08	0
96	175	361	MBOLEKWA	MAYILA	IKHAMVA	M	42	40-44M	1.12.12	2
97	430	5430	ANDREW	JONAS	TEMP	M	57	55-59M	1.12.17	0
98	75	1659	HANNES	ELS	MADIBA	M	72	70+M	1.12.28	5
99	443	1707	DAMIAN	OLIVER	GELVAN	M	30	SM	1.12.28	2
100	12	558	JENE	BANFIELD	RUN4C	F	51	50-54F	1.12.29	5
101	576	1378	THEMBELANI	MABONGO	NEDBANK	M	43	40-44M	1.12.30	2
102	394	5394	JEAUN-MARI	BREYTENBACH	TEMP	F	31	SF	1.12.39	0
103	637	5037	PIETER	STRYDON	TEMP	M	34	SM	1.12.40	0
104	215	217	SAPHO	NKATA	CSEP	M	44	40-44M	1.12.44	2
105	467	5467	URAN	LE ROUX	TEMP	M	55	55-59M	1.12.45	0
106	17	1781	HERMANN	BEKKER	JBAY	M	34	SM	1.12.48	2
107	15	1774	Johann	Bekker	JBAY	M	40	40-44M	1.13.00	2
108	85	892	GARETH	FLETCHER	CHARLO	M	47	45-49M	1.13.02	2
109	597	262	PETER	NTSHIKILA	TINARHA	M	59	55-59M	1.13.10	3
110	750	255	NTSIKELELO	MAGAWU	TINARHA	M	46	45-49M	1.13.20	2
111	578	5578	KELLY	MORTON	TEMP	F	31	SF	1.13.21	0
112	165	798	CINDY	MARAIS	CHARLO	F	44	40-44F	1.13.29	2
113	519	5024	LEFU	RAMPINE	TEMP	M	32	SM	1.13.29	0
114	408	5083	STEVEN	GAGIANO	TEMP	M	41	40-44M	1.13.32	0
115	144	1545	EVAN	LABUSCHAGNE	DESPATCH	M	33	SM	1.13.50	2
116	252	1377	TSHIIDZI	RASITHITHI	NEDBANK	M	29	SM	1.13.54	2
117	121	70	NELIA	JACOBS	JBAY	F	42	40-44F	1.14.04	2
118	571	1177	CANDICE	RICHARDS	32GI	F	29	SF	1.14.23	2
119	446	1412	SIVE	PAYI	NEDBANK	M	27	SM	1.14.41	2
120	573	1718	CHARLES	BAATJIES	GELVAN	M	65	65-69M	1.15.04	3
121	208	1639	VANDRE	NEL	MADIBA	M	37	35-39M	1.15.04	2
122	222	1385	KOOS	OLIVIER	NEDBANK	M	64	60-64M	1.15.18	3
123	720	5086	FARO	MATEO	TEMP	M	45	45-49M	1.15.21	0
124	744	1902	Sinethemba	Ngabase	SIBALEKA	M	18	JM	1.15.27	2
125	374	1457	RICHARD	MAZUNGULA	NEDBANK	M	45	45-49M	1.15.29	2
126	523	1727	MARIO	PLAATJIES	GELVAN	M	41	40-44M	1.15.32	2
127	633	5033	SITHA	SIGENU	TEMP	F	38	35-39F	1.15.37	0
128	147	1267	KAHN	LANGFORD	VWAC	M	43	40-44M	1.15.41	2
129	717	731	GAVIN	ROGERS	CRUSADE	M	57	55-59M	1.15.42	2
130	763	1583	KEITH	VAN AARDT	DESPATCH	M	49	45-49M	1.15.46	2
131	25	843	MALCOLM	BLANDY	CHARLO	M	39	35-39M	1.15.52	2
132	328	840	WAYNE	VENTER	CHARLO	M	52	50-54M	1.15.59	2
133	529	5054	MAZALENI	TEYISE	TEMP	M	17	JM	1.16.09	0
134	43	1516	THERESA	BUCHNER	32GI	F	36	35-39F	1.16.26	2
135	742	1651	SIYABONGA	MANYUBE	MADIBA	M	28	SM	1.16.27	1

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136	639	642	LIONEL	TERBLANCHE	GELVAN	M	45	45-49M	1.16.34	2
137	167	799	THOMAS	MARAIS	CHARLO	M	35	35-39M	1.16.45	1
138	372	1714	BRIAN	JONAS	GELVAN	M	60	60-64M	1.16.50	2
139	624	5024	TSIETSI	RAMATSASA	NEDBANK	M	46	45-49M	1.16.56	2
140	751	5097	XYLON	VAN EYCK	TEMP	M	37	35-39M	1.17.08	0
141	724	1869	VUYILE	TIKWAYO	TEMP	M	40	40-44M	1.17.10	0
142	484	781	IVO	MEYER	BODYCON	M	47	45-49M	1.17.17	2
143	551	1026	JEROME	MAY	XCEL	M	55	55-59M	1.17.18	2
144	558	679	MSINDISI	MATSHOBENI	NMBMUN	M	43	40-44M	1.17.23	2
145	743	5094	MBONGENI	MCETYWA	TEMP	M	38	35-39M	1.17.25	0
146	306	50805	SIYABONGA	TUNZI	REALGIJ	M	38	35-39M	1.17.27	0
147	274	222	AMANDA	SHAW	BODYCON	F	57	55-59F	1.17.34	4
148	317	545	RUHAN	VAN RENSBURG	RUN4C	M	29	SM	1.17.45	1
149	179	1984	THELMA	MCOPELO	NEDBANK	F	39	35-39F	1.17.53	2
150	311	1010	JAN	VAN EEDEN	NEDBANK	M	63	60-64M	1.17.53	2
151	255	834	PIERRE	RENSHAW	CHARLO	M	48	45-49M	1.17.54	2
152	581	1711	JACOBUS	JULIUS	GELVAN	M	47	45-49M	1.17.56	2
153	186	50904	PHATHULUVO	MGULI	CLUBMYK	M	37	35-39M	1.17.58	0
154	613	5013	LIZE-ME	OTTO	TEMP	F	20	SF	1.17.58	0
155	512	5512	MICHAEL	WALLIS	TEMP	M	43	40-44M	1.18.01	0
156	72	733	ALEX	DU TOIT	CRUSADE	M	57	55-59M	1.18.04	2
157	358	1153	KABELO	HLULANI	CHARLO	M	16	JM	1.18.19	1
158	66	91201	CHARL	DE LANGE	MADIBA	M	37	35-39M	1.18.23	1
159	93	1626	GERRIT	FYVER	MADIBA	M	37	35-39M	1.18.23	1
160	182	1637	CHARL	MEISTRE	MADIBA	M	36	35-39M	1.18.24	1
161	23	893	HISHAAN	BHANA	CHARLO	M	25	SM	1.18.28	1
162	260	855	GREGORY	ROSS	CHARLO	M	48	45-49M	1.18.34	2
163	775	5112	SBONGISENI	MJILO	TEMP	M	32	SM	1.18.36	0
164	764	5106	RASHAAD	DOLLEY	TEMP	M	20	SM	1.18.37	0
165	541	556	ARTHUR	WILLIAMS	RUN4C	M	59	55-59M	1.18.40	2
166	414	5061	CHRISTOFF	GREEFF	TEMP	M	38	35-39M	1.18.41	0
167	74	1408	EDDIE	EADES	NEDBANK	M	72	70+M	1.18.41	3
168	733	5091	JOHAN	WESTRAADT	TEMP	M	39	35-39M	1.18.43	0
169	207	1224	SHAUN	NEL	ELITEAC	M	46	45-49M	1.18.47	2
170	67	1536	EDVIN	DONLEY	DESPATCH	M	44	40-44M	1.18.52	1
171	120	1709	STANTON	JACKSON	GELVAN	M	50	50-54M	1.18.53	2
172	189	1272	BULELANI	MINI	VWAC	M	30	SM	1.18.55	1
173	627	5027	CHANTELLE	SCHOEMAN	TEMP	F	27	SF	1.18.56	0
174	231	1036	SIYABONGA	PANDLE	XCEL	M	52	50-54M	1.18.58	2
175	378	1646	AMORAY	THEUNISSEN	32gi	F	28	SF	1.19.14	2
176	585	5081	KRISTEN	LAWSON	TEMP	F	29	SF	1.19.16	0
177	137	1983	NKHATHALLENG	KHIBA	NEDBANK	F	40	40-44F	1.19.20	2
178	547	1074	ROLAND	DACE	GELVAN	M	67	65-69M	1.19.25	2
179	331	1334	SUZETTE	VICTOR	NEDBANK	F	51	50-54F	1.19.27	2
180	282	1938	MICHAEL	SMITH	BLUEBAY	M	48	45-49M	1.19.28	1
181	570	288	WARREN	GRIFFITHS	MUIRITE	M	56	55-59M	1.19.32	2
182	297	203	NDODOMZI	TAKANE	CSEP	M	39	35-39M	1.19.35	1
183	97	889	ETIENNE	GERBER	CHARLO	M	51	50-54M	1.19.37	2
184	265	1178	KELVIN	SAMUEL	32GI	M	38	35-39M	1.19.38	1
185	738	3023	MAX	SOFUTE	CHILLI	M	43	40-44M	1.20.01	0
186	545	1005	PAUL	JOHNSON	BODYCON	M	54	50-54M	1.20.02	2
187	544	5056	GARRETH	JACOBSON	TEMP	M	46	45-49M	1.20.02	0
188	461	1252	CHAD	WEWERS	ELITEAC	M	28	SM	1.20.03	1
189	293	555	BURNITA	STRYDOM	RUN4C	F	53	50-54F	1.20.04	2
190	436	517	VUSIKAYA	MANCAPA	MOTHER	M	56	55-59M	1.20.04	2
191	307	317	JEAN-PIERRE	VAN DER MERWE	MUIRITE	M	24	SM	1.20.07	1
192	561	697	DAVID	HUMAN	NMBMUN	M	62	60-64M	1.20.08	2
193	641	5041	GLENDON	TROMPETTER	TEMP	M	31	SM	1.20.11	0
194	574	5076	ALEXANDER	KROMHOUT	TEMP	M	39	35-39M	1.20.17	0
195	715	1044	SONWABILE	ZOKOZA	SPAREC	M	39	35-39M	1.20.20	1
196	516	5516	INGE	WILLIAMSON	TEMP	F	28	SF	1.20.21	0
197	759	939	BILL	DAVIDS	MADIBAZ	M	52	50-54M	1.20.23	2
198	456	1449	DANILO	PEACOCK	NEDBANK	M	18	JM	1.20.24	1
199	377	1645	RACHEL	NIEUWOUDT	332gi	F	38	35-39F	1.20.25	0
200	521	5521	PHYLLIS	MATOLE	TEMP	F	40	40-44F	1.20.33	0
201	550	1072	LEONARD	GROVES	GELVAN	M	57	55-59M	1.20.37	2
202	429	5225	ASHWELL	JONAS	TEMP	M	48	45-49M	1.20.38	0
203	388	5388	ANDREW	BOREHAM	TEMP	M	17	JM	1.20.51	0

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204	598	253	PHUMZILE	JACK	TINARHA	M	47	45-49M	1.20.58	1
205	316	1250	PETER	VAN RENSBURG	ELITEAC	M	63	60-64M	1.20.59	2
206	163	1500	JONATHAN	MANDELL	32GI	M	57	55-59M	1.21.02	2
207	607	5007	RONALD	NDIZA	TEMP	M	62	60-64M	1.21.07	0
208	191	794	JUSTIN	MOGRIDGE	CHARLO	M	33	SM	1.21.11	1
209	237	1553	STEPHEN	PHILLIPSON	DESPATCH	M	58	55-59M	1.21.12	2
210	266	283	LORENZO	SAMUELS	MUIRITE	M	36	35-39M	1.21.13	1
211	437	5437	PIERRE	KOK	TEMP	M	51	50-54M	1.21.14	0
212	475	1118	BRUCE	KING	ACH	M	55	55-59M	1.21.25	2
213	569	188	KYLE	BECKFORD	32GI	M	20	SM	1.21.29	1
214	726	1075	LUCIANO	ROBERTS	GELVAN	M	26	SM	1.21.30	1
215	500	5075	ANAND	NAIDOO	TEMP	M	52	50-54M	1.21.30	0
216	442	5442	TIMOTHY	KOORTS	TEMP	M	16	JM	1.21.31	0
217	211	50804	LUNGISA	NGQINA	REALGIJ	M	36	35-39M	1.21.35	0
218	35	1528	MAUDY	BOTES	DESPATCH	F	39	35-39F	1.21.35	1
219	245	1554	HELGARD	POTGIETER	DESPATCH	M	49	45-49M	1.21.36	1
220	784	1809	Sibongile	Mgqeba	VUKANI	F	34	SF	1.21.38	1
221	771	578	FRANCOIS	NEL	HEATAC	M	33	SM	1.21.39	1
222	152	1515	PAIGE	LEE	32GI	F	55	55-59F	1.21.40	2
223	614	5014	NATALIE	PARRY	TEMP	F	50	50-54F	1.21.57	0
224	428	6000	JESSICA	JEFFERIES	TEMP	F	33	SF	1.21.57	0
225	343	876	GEORGE	WINSHIP	CHARLO	M	56	55-59M	1.22.09	2
226	229	1773	MORNE	OWEN	JBAY	M	48	45-49M	1.22.10	1
227	785	1432	DELIWE	NYANGA	NEDBANK	F	32	SF	1.22.11	1
228	225	1552	THERESA	OOSTHUIZEN	DESPATCH	F	50	50-54F	1.22.12	2
229	491	1604	FREEK	DANIELS	TRANSNET	M	55	55-59M	1.22.17	1
230	768	5108	WANDILE	DOYI	TEMP	M	53	50-54M	1.22.21	0
231	397	5025	FREDDIE	CRONJE	TEMP	M	33	SM	1.22.22	0
232	525	5053	JABULANI	DUBE	TEMP	M	51	50-54M	1.22.23	0
233	359	1155	DISEMBA	BLOU	CHARLO	M	63	60-64M	1.22.27	2
234	108	1351	LES	HARTY	NEDBANK	M	67	65-69M	1.22.32	2
235	520	5051	DARREN	HOWE	TEMP	M	37	35-39M	1.22.34	0
236	227	1496	SCHOLTZ	OPPERMAN	32GI	M	46	45-49M	1.22.53	1
237	177	900	DARREN	MC ROBERTS	CHARLO	M	40	40-44M	1.22.54	1
238	304	220	BENNIE	THYSSE	CSEP	M	64	60-64M	1.22.59	2
239	250	1656	SCHOOMBEE	PRETORIUS	MADIBA	M	64	60-64M	1.22.59	2
240	604	5004	BENNETT	NAPOLEON	TEMP	M	46	45-49M	1.23.04	0
241	596	264	MNQWENO	TYOKOLO	TINARHA	M	39	35-39M	1.23.09	1
242	82	765	LESLIE	FERREIRA	CRUSADE	M	26	SM	1.23.17	1
243	716	5084	WENDELL	ZEALAND	TEMP	M	35	35-39M	1.23.18	0
244	129	723	ALETTA	JOUBERT	CRUSADE	F	60	60-64F	1.23.19	3
245	538	561	DARRYL	CALVERT	RUN4C	M	46	45-49M	1.23.20	1
246	270	868	HERMAN	SCHEEPERS	CHARLO	M	46	45-49M	1.23.23	1
247	424	5205	MATHEW	JACOBY	TEMP	M	43	40-44M	1.23.25	0
248	188	609	CINDY	MILLER	ASPEN	F	41	40-44F	1.23.31	1
249	87	634	JO-ANNE	FORSON	ASPEN	F	34	SF	1.23.31	1
250	305	1420	GRAEME	TING CHONG	NEDBANK	M	53	50-54M	1.23.33	1
251	113	824	CYNTHIA	HEYNS	CHARLO	F	38	35-39F	1.23.42	1
252	422	5203	JULIA	HOFART	TEMP	F	38	35-39F	1.23.44	0
253	40	1033	CHESTER	BROOKS	XCEL	M	63	60-64M	1.23.50	1
254	486	1601	LANDOU	POCKBASS	TRANSNET	M	31	SM	1.24.02	1
255	233	1017	GRANT	PATTINSON	32GI	M	46	45-49M	1.24.12	1
256	749	5096	THEMBALETHU	MANA	TEMP	M	45	45-49M	1.24.23	0
257	16	832	JACQUES-PIERRE	BEKKER	CHARLO	M	28	SM	1.24.26	1
258	38	1570	WINSLOW	BOUWER	DESPATCH	M	37	35-39M	1.24.34	1
259	376	1396	BUYELWA	KOBOKANA	NEDBANK	F	56	55-59F	1.24.41	2
260	449	1456	SIMON	MATEBESE	NEDBANK	M	58	55-59M	1.24.44	1
261	148	547	JACQUES	LANGLEY	RUN4C	M	33	SM	1.24.54	1
262	11	877	LOUISE	AXON	CHARLO	F	43	40-44F	1.24.55	1
263	145	1546	ISCHKE	LAMBRECHTS	DESPATCH	F	38	35-39F	1.24.56	1
264	630	5030	THABISO	SETHUOA	TEMP	M	32	SM	1.25.01	0
265	628	5028	GAVIN	SCHONKNECHT	TEMP	M	54	50-54M	1.25.03	0
266	221	1030	LANCE	OAKES	XCEL	M	45	45-49M	1.25.07	1
267	745	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	61	60-64F	1.25.20	2
268	476	5067	KAHNGELANI	HALOM	TEMP	M	40	40-44M	1.25.25	0
269	736	1757	MARIUS	ZEELIE	MADIBA	M	56	55-59M	1.25.26	1
270	713	1041	DAVID	BAINS	XCEL	M	55	55-59M	1.25.30	1
271	236	36	LANCE	PETERSEN	PEAAC	M	49	45-49M	1.25.40	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
272	423	5204	ASHTON	JACOBS	TEMP	F	25	SF	1.25.58	0
273	355	185	EBEN	VAN JAARSVELD	CHARLO	M	39	35-39M	1.26.02	1
274	457	9420	NZUZO	NOQEKWA	NEDBANK	M	43	40-44M	1.26.04	1
275	81	1321	CAITLYN	FERREIRA	NEDBANK	F	32	SF	1.26.16	1
276	46	1575	LESLEY-ANN	BUSH	DESPATCH	F	49	45-49F	1.26.18	1
277	76	692	DEON	ENGELBRECHT	NMBMUN	M	54	50-54M	1.26.24	1
278	773	1388	JAN	GERBER	NEDBANK	M	45	45-49M	1.26.25	1
279	711	260	LINDIKHAYA	NTEYI	TINARHA	M	42	40-44M	1.26.39	1
280	7	1623	SUSAN	ALCOCK	MADIBA	F	55	55-59F	1.26.42	2
281	345	327	ELWIN	WOODS	MUIRITE	M	58	55-59M	1.26.48	1
282	50	828	KESVAL	CHETTY	CHARLO	M	57	55-59M	1.26.49	1
283	357	1152	CLINTON	SMITH	CHARLO	M	36	35-39M	1.27.09	1
284	323	883	LINDI	VAN TONDER	CHARLO	F	43	40-44F	1.27.20	1
285	373	1715	JUAN	JONAS	GELVAN	M	25	SM	1.27.21	1
286	746	5095	MALWANDE	MAGADLA	TEMP	M	33	SM	1.27.22	0
287	452	1447	SAMIER	ABRAHAMS	NEDBANK	M	51	50-54M	1.27.24	1
288	47	50369	ROBERT	BUTTON	OLDSELB	M	62	60-64M	1.27.27	0
289	193	1459	MICHELE	MOOLMAN	NEDBANK	F	37	35-39F	1.27.30	1
290	319	1562	EUGENE	VAN ROOYEN	DESPATCH	M	40	40-44M	1.27.31	1
291	608	5008	SIYABONGA	NKAYI	TEMP	M	34	SM	1.27.34	0
292	410	5410	SIYABONGA	GAZIYA	TEMP	M	37	35-39M	1.27.35	0
293	469	1991	SIMANGILE	SOLWANDLE	HOLLYWOO	F	30	SF	1.27.35	1
294	632	1643	CANDICE	SHARP	MADIBA	F	38	35-39F	1.27.36	1
295	226	63	JANENE	OOSTHUIZEN	JBAY	F	43	40-44F	1.27.36	1
296	631	5031	NATALIA	SHARP	TEMP	F	42	40-44F	1.27.43	0
297	728	1988	DAVID	MAMA	HOLLYWOO	M	46	45-49M	1.27.47	1
298	1750	9750	THOBELA	MTANGA	TEMP	M	35	35-39M	1.27.48	0
299	135	1589	INKE	KALTENBRUNN	DESPATCH	F	24	SF	1.27.49	1
300	466	5466	SEAN	LACEY	TEMP	M	51	50-54M	1.27.58	0
301	626	5026	PAUL	SCHEWITZ	TEMP	M	52	50-54M	1.27.59	0
302	217	1581	Hermias	Nortier	DESPATCH	M	31	SM	1.28.03	1
303	458	5589	VUYA	MPANGE	TEMP	M	19	JM	1.28.09	0
304	640	5040	DELANI	THUSI	TEMP	M	39	35-39M	1.28.11	0
305	105	838	JACKIE	GROBLER	CHARLO	F	46	45-49F	1.28.14	1
306	329	880	WENDY	VENTER	CHARLO	F	50	50-54F	1.28.14	1
307	718	727	ANGELA	ROGERS	CRUSADE	F	52	50-54F	1.28.28	1
308	201	754	CELESTIN	NDHLOVU	CRUSADE	M	49	45-49M	1.28.29	1
309	114	619	BRETT	HOLMES	ASPEN	M	47	45-49M	1.28.32	1
310	228	1779	ELSABE	OWEN	JBAY	F	46	45-49F	1.28.33	1
311	44	1476	DEIDRE	BURGER	32GI	F	48	45-49F	1.28.41	1
312	251	1497	MICHAEL	PRICE	32GI	M	47	45-49M	1.28.52	1
313	45	894	MIKE	BURGER	CHARLO	M	62	60-64M	1.29.13	1
314	168	888	ALLISTER	MARRAN	CHARLO	M	45	45-49M	1.29.15	1
315	278	845	MXOLISI	SIZIBA	CHARLO	M	51	50-54M	1.29.18	1
316	602	5002	KELLY	NAIDOO	TEMP	F	40	40-44F	1.29.19	0
317	356	1197	NADIA	MULLER	CHARLO	F	32	SF	1.29.23	1
318	146	1547	STEPHANUS	LAMBRECHTS	DESPATCH	M	39	35-39M	1.29.24	1
319	6	1729	ELIZE	ADAMS	GELVAN	F	47	45-49F	1.29.28	1
320	1821	1821	MKOKELI	MALGHAS	VUKANI	M	40	40-44M	1.29.31	1
321	156	1573	NEIL	LOOCK	DESPATCH	M	40	40-44M	1.29.34	1
322	499	1611	S'LULAMI	JACK	TRANSNET	M	46	45-49M	1.29.38	1
323	490	5490	LUTHER	LE ROUX	TEMP	M	32	SM	1.29.39	0
324	117	1717	ANTOINETTE	HUMAN	GELVAN	F	53	50-54F	1.29.45	1
325	473	5066	JABU	NGUBANE	TEMP	M	52	50-54M	1.29.51	0
326	313	821	JANET	VAN NIEKERK	CHARLO	F	45	45-49F	1.29.53	1
327	9	191	JOHN	APPELS	CSEP	M	47	45-49M	1.29.54	1
328	13	746	JOHAN	BARNARD	CRUSADE	M	66	65-69M	1.29.55	1
329	395	5395	SIHLE	CHILI	TEMP	M	27	SM	1.30.00	0
330	401	5401	AZEEZ	DAVIDS	TEMP	M	30	SM	1.30.06	0
331	387	5387	PEDRE	BOOYSEN	TEMP	M	37	35-39M	1.30.08	0
332	335	1622	ERIC	WATKINS	MADIBA	M	38	35-39M	1.30.09	1
333	379	1514	BIANCA	LEONARD	32GI	F	32	SF	1.30.09	1
334	549	1726	BERNARD-BENJAMI	LODEWYK	GELVAN	M	50	50-54M	1.30.10	1
335	623	5023	CIARAN	PRINCE	TEMP	M	33	SM	1.30.11	0
336	621	5021	LOUIS	PRETORIUS	TEMP	M	64	60-64M	1.30.29	0
337	441	1519	MERLYNN	PIETERSE	32GI	M	26	SM	1.30.32	1
338	36	1588	JACQUES	BOTHA	DESPATCH	M	47	45-49M	1.30.36	1
339	24	932	MTETELELI	BIKO	MADIBAZ	M	30	SM	1.30.39	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
340	141	1236	STEPHEN	KLUE	ELITEAC	M	63	60-64M	1.30.50	1
341	649	5049	ELZE	VISSER	TEMP	F	35	35-39F	1.30.53	0
342	153	1647	JUSTIN	LEESON	MADIBA	M	35	35-39M	1.30.54	1
343	615	5015	KESHANI	PETERSEN	TEMP	F	37	35-39F	1.31.00	0
344	294	1558	HANNEKE	STRYDOM	DESPATCH	F	37	35-39F	1.31.02	1
345	732	1256	MARTIN	LANGLEY	ELITEAC	M	41	40-44M	1.31.03	1
346	402	5402	FADEELAH	DAVIDS	TEMP	F	38	35-39F	1.31.09	0
347	757	1933	CARLA	YORK	BLUEBAY	F	31	SF	1.31.10	1
348	758	5102	SIOBHAN	NEWCOMBE	TEMP	F	32	SF	1.31.11	0
349	271	1466	AT	SCHOEMAN	NEDBANK	M	65	65-69M	1.31.12	1
350	295	1559	RENE	SWART	DESPATCH	F	50	50-54F	1.31.12	1
351	346	1567	JACOBUS	WYATT	DESPATCH	M	58	55-59M	1.31.16	1
352	540	554	PETRUS	RADEMEYER	RUN4C	M	47	45-49M	1.31.23	1
353	143	862	LUCA	LA MONICA	CHARLO	M	20	SM	1.31.25	1
354	336	1565	BONITA	WEITSZ	DESPATCH	F	49	45-49F	1.31.27	1
355	126	1600	YVETTE	JONKER	DESPATCH	F	49	45-49F	1.31.32	1
356	96	1538	ANIZE	GERBER	DESPATCH	F	49	45-49F	1.31.32	1
357	246	1555	LYDIA	POTGIETER	DESPATCH	F	47	45-49F	1.31.33	1
358	194	1590	ANNEKE	MOORE	DESPATCH	F	37	35-39F	1.31.34	1
359	223	1551	WERNER	OLIVIER	DESPATCH	M	37	35-39M	1.31.34	1
360	205	608	DAVID	NEL	ASPEN	M	34	SM	1.31.35	1
361	100	1635	DORIS	GERBER	MADIBA	F	51	50-54F	1.31.36	1
362	259	1389	MARTIE	VAN SCHALKWYK	NEDBANK	F	57	55-59F	1.31.43	1
363	731	1479	TENIELLE	DE ANDRADE	32GI	F	36	35-39F	1.31.47	1
364	130	45	KOBA	JOUBERT	JBAY	F	56	55-59F	1.31.50	1
365	318	825	TREVOR	VAN RENSBURG	CHARLO	M	69	65-69M	1.31.53	1
366	280	1279	MICHAEL	SLATER	VWAC	M	51	50-54M	1.32.01	1
367	723	1704	KEITH	SEZOE	GELVAN	M	51	50-54M	1.32.12	1
368	783	2956	LESTER	KEES	TRANSNET	M	37	35-39M	1.32.19	0
369	782	5926	MONDRE	GALLANT	TEMP	M	33	SM	1.32.20	0
370	290	50501	NCEPIWE	STEMELE	ACSA	F	41	40-44F	1.32.25	1
371	102	1254	LEANDRA	GOOSEN	ELITEAC	F	35	35-39F	1.32.33	1
372	103	1242	FRANS	GOOSEN	ELITEAC	M	38	35-39M	1.32.34	1
373	644	5044	SHELLEY ANNE	VAN RENSBURG	TEMP	F	52	50-54F	1.32.34	0
374	174	1356	JEROME	MAY	NEDBANK	M	55	55-59M	1.32.36	1
375	488	5074	KESETSELEMANG	THAGAKANE	TEMP	M	38	35-39M	1.32.46	0
376	729	1985	LULAMA	NTSHINGA	HOLLYWOO	M	52	50-54M	1.33.03	1
377	754	5101	NOLIKHANYO	MADLINGOZI	TEMP	F	28	SF	1.33.05	0
378	403	5035	RIAAN	DELPORT	TEMP	M	36	35-39M	1.33.13	0
379	645	5045	INA	VAN RENSBURG	TEMP	F	48	45-49F	1.33.16	0
380	39	882	ARMIN	BRANDLE	CHARLO	M	70	70+M	1.33.18	1
381	619	5019	LUZAAN	POTGIETER	TEMP	F	25	SF	1.33.19	0
382	312	831	LARA	VAN HEERDEN	CHARLO	F	45	45-49F	1.33.19	1
383	648	5048	CLEO	VICTOR	TEMP	F	31	SF	1.33.20	0
384	485	1042	SIYOLO	DICK	SPAREC	M	44	40-44M	1.33.27	1
385	481	1574	CHRISTO	GERBER	DESPATCH	M	47	45-49M	1.33.32	1
386	584	5080	THABO	THIRO	TEMP	M	34	SM	1.33.37	0
387	462	1251	CLIVE	WEWERS	ELITEAC	M	61	60-64M	1.33.39	1
388	417	5075	ANDREW	HART	TEMP	M	53	50-54M	1.33.41	0
389	181	717	EMELISA	MEIRING	CRUSADE	F	29	SF	1.33.41	1
390	65	758	WERNER	DE LANGE	CRUSADE	M	34	SM	1.33.41	1
391	283	1627	NATASHA	SMITH	MADIBA	F	35	35-39F	1.33.56	1
392	123	849	SURITA	JANSEN VAN VUUREN	CHARLO	F	30	SF	1.33.57	1
393	748	1566	RUAN	WELGEMOED	DESPATCH	M	27	SM	1.33.59	1
394	719	5085	AYANDA	GROOTBOOM	TEMP	M	37	35-39M	1.34.03	0
395	472	5065	STEPHAN	BOSHOFF	TEMP	M	35	35-39M	1.34.03	0
396	419	5083	SHARON	HERMAANS	TEMP	F	44	40-44F	1.34.04	0
397	241	1271	LAVINIA	PIETERSE	VWAC	F	47	45-49F	1.34.05	1
398	142	878	JACOBUS	KOORTS	CHARLO	M	50	50-54M	1.34.06	1
399	342	1213	JANINE	WHITTAL	ELITEAC	F	40	40-44F	1.34.10	1
400	138	1038	OWEN	KIVEDO	XCEL	M	65	65-69M	1.34.27	1
401	427	5216	KAREL	JANSE VAN RENSBURG	TEMP	M	52	50-54M	1.34.34	0
402	532	5532	DINELLE	MEIRING	TEMP	F	36	35-39F	1.34.49	0
403	279	28	EMMERENCHIA	SLABBERT	PEAAC	F	49	45-49F	1.34.55	1
404	527	1354	LAURIKA	VON ALLEMANN	NEDBANK	F	38	35-39F	1.34.55	1
405	431	5272	JEANDRE	JORDAAN	32GI	M	38	35-39M	1.34.56	1
406	256	50011	ALAN	ROBB	GCH	M	68	65-69M	1.35.03	0
407	89	797	CHERI	FOURIE	CHARLO	F	29	SF	1.35.06	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
408	27	300	CAROL	BOOYSEN	MUIRITE	F	53	50-54F	1.35.06	1
409	539	1187	KEVIN	HOLMES	PEAAC	M	66	65-69M	1.35.18	1
410	285	223	VERONICA	SMITH	32GI	F	55	55-59F	1.35.21	1
411	515	5515	CARYNNE	WICKENS	TEMP	F	47	45-49F	1.35.21	0
412	629	5029	JENN	SEADY	TEMP	F	49	45-49F	1.35.25	0
413	572	362	JULIUS	SHOGOLE	IKHAMVA	M	69	65-69M	1.35.27	1
414	444	1721	LIZETTE	OLIVER	GELVAN	F	35	35-39F	1.35.28	1
415	151	1331	JAN	LE ROUX	NEDBANK	M	62	60-64M	1.35.30	1
416	592	1333	MBULELO	SOBIKWA	NEDBANK	M	67	65-69M	1.35.32	1
417	752	5098	MELUMZI	NORUSHU	TEMP	M	53	50-54M	1.35.32	0
418	115	618	KELLY	HOLMES	ASPEN	F	44	40-44F	1.35.46	1
419	158	1989	SONWABO	MADIKANE	HOLLYWOO	M	38	35-39M	1.35.53	1
420	409	5055	KEVIN	GARDNER	TEMP	M	41	40-44M	1.35.53	0
421	583	5079	MNIKELI	NQEBE	TEMP	M	60	60-64M	1.35.58	0
422	31	1523	ILANA	BOSHOFF	DESPATCH	F	42	40-44F	1.36.07	1
423	63	1534	CLARISKA	DE BEER	DESPATCH	F	31	SF	1.36.08	1
424	224	1550	MARISKA	OLIVIER	DESPATCH	F	34	SF	1.36.09	1
425	493	1606	GARTH	PRINSLOO	TRANSNET	M	34	SM	1.36.11	0
426	554	1728	CYRIL	UITHALER	GELVAN	M	59	55-59M	1.36.15	1
427	300	1429	RIKA	TERBLANCHE	NEDBANK	F	44	40-44F	1.36.17	1
428	507	5507	CARLY	LOUW	TEMP	F	39	35-39F	1.36.18	0
429	643	5043	WENDY	VAN EYCK	TEMP	F	39	35-39F	1.36.18	0
430	537	29	ROGER	HANNINGTON	PEAAC	M	67	65-69M	1.36.19	1
431	530	5055	IGNIS	MCLAREN	TEMP	M	55	55-59M	1.36.25	0
432	513	5513	ANNE	WALLIS	TEMP	F	40	40-44F	1.36.30	0
433	739	5093	DANIELLE	LUDEN	TEMP	F	37	35-39F	1.36.31	0
434	124	296	LIZ	JENKERSON	MUIRITE	F	75	70+F	1.36.33	1
435	190	1692	GEROME	MINTOOR	ATLANTIC	M	54	50-54M	1.36.37	1
436	187	1379	XOLISA	MHULUHULU	NEDBANK	M	43	40-44M	1.36.42	1
437	383	5019	UTHANDO	BADUZA	TEMP	M	40	40-44M	1.36.46	0
438	21	231	AVRIL	BEYLEVELD	KOWIE	F	70	70+F	1.37.00	1
439	91	1484	MICHAEL	FOWLER	32GI	M	55	55-59M	1.37.14	1
440	438	1045	WALTER	ZIMBEVA	SPAREC	M	41	40-44M	1.37.17	1
441	779	1804	ZOLANI	MQOQI	VUKANI	M	45	45-49M	1.37.25	1
442	620	5020	RENIER	POTTS	TEMP	M	36	35-39M	1.37.29	0
443	594	1815	ANDILE	BOVUNGANA	VUKANI	M	54	50-54M	1.37.34	1
444	48	977	WENDY	CAMERON	MADIBAZ	F	44	40-44F	1.37.40	1
445	264	595	MANDISA	SALMAN	YOUTH	F	40	40-44F	1.37.49	1
446	606	5006	LIKHAYA	NCOKO	TEMP	M	34	SM	1.37.52	0
447	58	100	LYNETTE	CRAUSE	INFINITY	F	61	60-64F	1.38.06	1
448	54	1533	CARIN	COETZEE	DESPATCH	F	45	45-49F	1.38.11	1
449	55	4165	Mieke	Coetzee	DESPATCH	F	15	JF	1.38.12	1
450	501	5001	DEON	VYVER	TEMP	M	55	55-59M	1.38.14	0
451	308	284	ESTELLE	VAN DER MERWE	MUIRITE	F	56	55-59F	1.38.24	1
452	390	5024	BRENDAN	BOSMAN	TEMP	M	37	35-39M	1.38.25	0
453	392	5392	MARK	BOTHA	TEMP	M	50	50-54M	1.38.28	0
454	273	1587	LISA	SHARP	DESPATCH	F	40	40-44F	1.38.30	1
455	73	738	SAM	DU TOIT	CRUSADE	F	52	50-54F	1.38.31	1
456	258	1498	CURT	ROBERTS	32GI	M	36	35-39M	1.38.35	1
457	579	705	OCTAVIA	BOSHOFF	CRUSADE	F	52	50-54F	1.38.37	1
458	577	745	KATHLEEN	FLANAGAN	CRUSADE	F	36	35-39F	1.38.37	1
459	234	795	PAULA	PEARCE	CHARLO	F	53	50-54F	1.38.45	1
460	254	1421	ANNELINE	RAUTENBACH	NEDBANK	F	53	50-54F	1.38.47	1
461	286	213	SHARON	SMUTS	CSEP	F	55	55-59F	1.38.52	1
462	42	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	49	45-49M	1.38.56	1
463	591	5082	VIVIAN	BAATJES	TEMP	F	60	60-64F	1.38.57	0
464	267	1035	YUSUF	SAMUELS	XCEL	M	62	60-64M	1.38.58	1
465	741	1283	SABIR	SALIE	VWAC	M	34	SM	1.38.59	1
466	445	5697	NKULULEKO	MOLOSI	TEMP	M	43	40-44M	1.39.03	0
467	324	1582	MARINET	VAN TONDER	DESPATCH	F	43	40-44F	1.39.26	1
468	407	5045	MARENE	FOURIE	TEMP	F	38	35-39F	1.39.29	0
469	406	5043	MIKE	FOURIE	TEMP	M	39	35-39M	1.39.32	0
470	119	335	KAREN	HUME	MUIRITE	F	43	40-44F	1.39.36	1
471	118	307	DENVER	HUME	MUIRITE	M	44	40-44M	1.39.36	1
472	281	1087	FRANCOIS	SMIT	ACH	M	62	60-64M	1.39.52	1
473	543	1274	LEZELL	HARRIS	VWAC	F	48	45-49F	1.40.01	1
474	447	1447	VUYOKAZI	SMILE	NEDBANK	F	36	35-39F	1.40.07	1
475	498	1610	MELVIN	ERASMUS	TRANSNET	M	52	50-54M	1.40.08	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
476	552	5057	LUNGA	TUKANI	TEMP	M	40	40-44M	1.40.12	0
477	634	471	ZANDILE	SIYATA	WALMER	F	43	40-44F	1.40.13	1
478	440	1049	TINASHE	MANDIZVIEZA	SPAREC	M	40	40-44M	1.40.23	1
479	769	5107	MONICA	DOYI	TEMP	F	49	45-49F	1.40.28	0
480	433	5288	R W	KHOBA	TEMP	M	44	40-44M	1.40.44	0
481	219	1826	AKHONA	NTANJANA	VUKANI	F	34	SF	1.40.49	1
482	755	5100	NOZIE	MKHABELA	TEMP	F	42	40-44F	1.40.50	0
483	339	7	BIANCA	WELGEMOED	PEAAC	F	43	40-44F	1.40.50	1
484	275	10	LANCE	SHORTT	PEAAC	M	70	70+M	1.40.52	1
485	18	15	KEVIN	BENADE	PEAAC	M	53	50-54M	1.40.55	1
486	381	5381	ANNARLI	ABRAHAMS	TEMP	F	42	40-44F	1.40.58	0
487	382	5018	NEIL	ABRAHAMS	TEMP	M	43	40-44M	1.40.58	0
488	555	103	RICHARD	ZUNGU	SAPPE	M	55	55-59M	1.40.59	1
489	309	320	JENNY	VAN DER WALT	MUIRITE	F	39	35-39F	1.41.00	1
490	150	196	AUBREY	LE ROUX	CSEP	M	68	65-69M	1.41.02	1
491	638	643	LELACHE	TERBLANCHE	GELVAN	F	38	35-39F	1.41.08	1
492	385	5021	TEMBISA	BANGISO	TEMP	F	49	45-49F	1.41.17	0
493	511	5511	VUYOLWETHU	MARELE	TEMP	M	31	SM	1.41.23	0
494	616	5016	EARL	PETERSEN	TEMP	M	38	35-39M	1.41.32	0
495	111	841	LESTER	HEN-BOISEN	CHARLO	M	54	50-54M	1.41.35	1
496	351	186	RENIER	BOTHA	CHARLO	M	40	40-44M	1.41.35	1
497	10	1190	DONOVAN	AUSTIN	CHARLO	M	41	40-44M	1.41.36	1
498	722	1890	ANELE	MESANI	TEMP	M	41	40-44M	1.41.40	0
499	242	1128	MARIETJIE	PIETERSEN	ACH	F	65	65-69F	1.41.44	1
500	774	5111	WAYNE	MAC GEAR	TEMP	M	58	55-59M	1.41.45	0
501	354	184	JACO	SERFONTEIN	CHARLO	M	35	35-39M	1.41.52	1
502	86	200	ERIKA	FOREMAN	CSEP	F	51	50-54F	1.42.08	1
503	22	822	NEELESH	BHANA	CHARLO	M	50	50-54M	1.42.17	1
504	439	1051	SHEPARD	MASASA	SPAREC	M	39	35-39M	1.42.25	1
505	565	5064	BENITA	MOORE	TEMP	F	52	50-54F	1.42.25	0
506	327	839	ANTON	VAN WYK	CHARLO	M	54	50-54M	1.42.43	1
507	587	5587	ELIZE	BOTHA	TEMP	F	46	45-49F	1.43.16	0
508	453	1446	SYLMA	WATKINS	NEDBANK	F	53	50-54F	1.43.18	1
509	709	1708	DEON	SMITH	GELVAN	M	53	50-54M	1.43.23	1
510	635	5035	LEANDRE	SMITH	TEMP	F	47	45-49F	1.43.24	0
511	778	5116	ANGIE	FORD	TEMP	F	52	50-54F	1.43.27	0
512	777	5117	PETER	O'KENNEDY	TEMP	M	54	50-54M	1.43.29	0
513	8	204	GAYNOR	APPELS	CSEP	F	47	45-49F	1.43.44	1
514	33	1525	JHANINEN	BOSHOFF	DESPATCH	F	55	55-59F	1.43.45	1
515	320	1563	YOLANDE	VAN ROOYEN	DESPATCH	F	42	40-44F	1.43.45	1
516	269	895	CHANTALL	SAUER	CHARLO	F	43	40-44F	1.43.49	1
517	288	50470	NAMHLA	SOFUTE	OTHER	F	36	35-39F	1.44.02	0
518	563	1812	BONGEKA	FUZILE	VUKANI	F	36	35-39F	1.44.04	1
519	510	5510	CWAYI	MAPEKULA	TEMP	F	38	35-39F	1.44.10	0
520	83	713	DENISE	FERREIRA	CRUSADE	F	60	60-64F	1.44.15	1
521	721	5087	TSEPO	SALION	TEMP	M	41	40-44M	1.44.18	0
522	542	181	ECKART	SCHUMANN	BODYCON	M	76	70+M	1.44.26	1
523	132	46	BEN	JOUBERT	JBAY	M	57	55-59M	1.44.38	1
524	350	541	GIANNI	TISTELLI	RUN4C	M	50	50-54M	1.44.43	1
525	184	1352	VOLENTI	MEYER	NEDBANK	F	44	40-44F	1.45.20	1
526	180	1300	YENZILE	MDODANA	NMBMUN	F	29	SF	1.45.27	1
527	214	562	JUDITH	NIENABER	RUN4C	F	62	60-64F	1.45.54	1
528	178	238	LULAMA	MCEKA	KOWIE	F	60	60-64F	1.46.03	1
529	200	730	KAREN	NDHLOVU	CRUSADE	F	22	SF	1.46.03	1
530	112	299	JOHANNES	HERBST	MUIRITE	M	75	70+M	1.46.04	1
531	248	312	SIMONE	POTGIETER	MUIRITE	F	43	40-44F	1.46.14	1
532	434	292	KARIN	KILIAN	MUIRITE	F	34	SF	1.46.15	1
533	122	1543	ADELE	JANSE VAN RENSBURG	DESPATCH	F	51	50-54F	1.46.42	1
534	19	1577	MELISSA	BERG	DESPATCH	F	51	50-54F	1.46.42	1
535	714	1046	MZWABANTU	SWAPI	SPAREC	M	42	40-44M	1.46.47	1
536	173	1407	BUKEKA	MATINISE	NEDBANK	F	49	45-49F	1.46.57	1
537	477	5068	NDILEKA	NGCUWE	TEMP	F	43	40-44F	1.47.04	0
538	642	5042	JOHLI	VAN EEDEN	TEMP	F	52	50-54F	1.47.06	0
539	70	289	RENAY	DU PLESSIS	MUIRITE	F	53	50-54F	1.47.08	1
540	20	316	Marie	Best	MUIRITE	F	60	60-64F	1.47.09	1
541	37	298	SANET	BOUCHER	MUIRITE	F	42	40-44F	1.47.12	1
542	30	1524	VERONICA	BOSHOFF	DESPATCH	F	60	60-64F	1.47.25	1
543	244	884	KRISH	PILLAY	CHARLO	M	60	60-64M	1.47.54	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
544	590	1725	PEARL	DAMONS	GELVAN	F	58	55-59F	1.48.16	1
545	553	5058	THAMI	MNGCETE	TEMP	M	40	40-44M	1.48.25	0
546	240	1962	DANIEL	PIETERSE	BLUEBAY	M	59	55-59M	1.49.04	1
547	353	183	PETER	VENTER	CHARLO	M	41	40-44M	1.49.08	1
548	352	182	KIM	VENTER	CHARLO	F	37	35-39F	1.49.09	1
549	497	5497	TUMELO	LEHASA	TEMP	M	34	SM	1.49.09	0
550	753	5099	LUNGILE	ZINTO	TEMP	M	34	SM	1.49.18	0
551	183	41	BRIAN	MERRINGTON	JBAY	M	74	70+M	1.49.20	1
552	56	1655	ANITA	COETZER	MADIBA	F	48	45-49F	1.49.21	1
553	154	1269	SIMON	LELAKA	VWAC	M	48	45-49M	1.49.23	1
554	575	5077	ARINDA	VAN DER LINDE	TEMP	F	32	SF	1.49.32	0
555	502	5502	WARREN	WAGENAAR	TEMP	M	45	45-49M	1.50.10	0
556	504	5504	KATHERINE	LIEBENBERG	TEMP	F	49	45-49F	1.50.17	0
557	509	5509	SEEMOLA	MADLOKAZI	TEMP	F	31	SF	1.50.20	0
558	601	5001	SKHUMBUZE	MZOBOSHE	TEMP	M	48	45-49M	1.50.21	0
559	747	635	DANIEL	MOORE	ASPEN	M	33	SM	1.50.21	1
560	206	636	DUNCAN	NEL	ASPEN	M	29	SM	1.50.30	1
561	49	829	EVA	CHETTY	CHARLO	F	53	50-54F	1.51.02	1
562	166	55	ERNST	MARAIS	JBAY	M	72	70+M	1.51.20	1
563	506	5506	SAVANNAH	LILLIS	TEMP	F	25	SF	1.51.21	0
564	489	1603	RONALD	JANTJIES	TRANSNET	M	49	45-49M	1.51.28	1
565	603	5003	PHINDILE	NAMA	TEMP	F	49	45-49F	1.51.38	0
566	1436	5309	MANGALISO	KLAAS	TEMP	M	40	40-44M	1.51.40	0
567	291	1181	COLIN	STEPHEN	32GI	M	34	SM	1.51.50	1
568	505	5505	THERESA	LILLIS	TEMP	F	65	65-69F	1.52.07	0
569	396	5396	NJONGO	COKOTHO	TEMP	M	33	SM	1.52.13	0
570	730	5090	ZUKISWA	SITHO	TEMP	F	32	SF	1.52.14	0
571	134	886	CELEST	JOYCE	CHARLO	F	53	50-54F	1.52.17	1
572	415	5069	BANDILE	GWAMANDA	TEMP	M	51	50-54M	1.52.21	0
573	239	35	JEANETTE	PIENAAR	PEAAC	F	73	70+F	1.52.27	1
574	41	339	YVETTE	BROPHY	MUIRITE	F	52	50-54F	1.52.29	1
575	101	1348	XOLILE	GOMOMO	NEDBANK	M	69	65-69M	1.53.04	1
576	315	303	SANET	VAN NIEKERK	MUIRITE	F	52	50-54F	1.53.12	1
577	622	5022	ROELENE	PRIMO	TEMP	F	49	45-49F	1.53.20	0
578	727	9475	CHUMA	MKONJWA	NEDBANK	M	35	35-39M	1.53.33	1
579	600	5600	KHAYA	MTI	TEMP	M	42	40-44M	1.53.56	0
580	195	1591	MOSSIE	MOSTERT	DESPATCH	M	58	55-59M	1.54.07	1
581	412	5412	MICHELLE	GEIGER	TEMP	F	48	45-49F	1.54.15	0
582	88	1220	ANDRE	FOURIE	ELITEAC	M	74	70+M	1.54.25	1
583	107	216	SUNET	HARRIS	CSEP	F	48	45-49F	1.55.45	1
584	391	5391	MEGAN	BOSMAN	TEMP	F	35	35-39F	1.55.50	0
585	155	552	BERNADETTE	LOOCK	RUN4C	F	42	40-44F	1.55.54	1
586	59	761	NTOKOZO	DAMBUZA	CRUSADE	F	43	40-44F	1.56.15	1
587	725	369	LUYANDA	JACK	IKHAMVA	M	52	50-54M	1.57.12	1
588	243	800	EUSENTHA	PILLAY	CHARLO	F	56	55-59F	1.57.20	1
589	210	1375	BARRY	NELSON	NEDBANK	M	70	70+M	1.57.27	1
590	32	1526	WILLIE	BOSHOFF	DESPATCH	M	61	60-64M	1.57.52	1
591	53	1531	FANIE	CLAASSEN	DESPATCH	M	64	60-64M	1.58.20	1
592	536	506	CRAIG	BESTER	TEMP	M	44	40-44M	1.58.33	0
593	340	776	CHANDRE	WEST	CRUSADE	F	46	45-49F	1.58.37	1
594	322	780	SHAVONNE	VAN STADEN	CRUSADE	F	40	40-44F	1.58.38	1
595	780	5567	MSUTUKAZI	MKUNQWANA	TEMP	F	42	40-44F	1.58.39	0
596	588	646	JASMINE	JACK	GELVAN	F	50	50-54F	1.58.41	1
597	257	234	MARIETJIE	ROBB	KOWIE	F	65	65-69F	1.58.42	1
598	479	5070	LINDEKA	SOPHANGISA	TEMP	F	47	45-49F	1.58.44	0
599	492	1605	LUNGILE	DASTILE	TRANSNET	M	38	35-39M	1.59.02	1
600	776	5113	ZOLISWA	MBANGE	TEMP	F	42	40-44F	1.59.14	0
601	348	1349	CAROLINE	ZINTO	NEDBANK	F	41	40-44F	1.59.15	1
602	548	5548	ABIGAIL	MHLUNGWINI	TEMP	F	32	SF	1.59.16	0
603	416	5070	KEITH	HARRIS	TEMP	M	51	50-54M	1.59.45	0
604	734	5092	RANDALL	DAVIDS	TEMP	M	40	40-44M	1.59.52	0
605	786	5119	AMANDA	NOHAJI	TEMP	F	33	SF	1.59.53	0
606	636	5036	BERENICE	SMITH	TEMP	F	57	55-59F	1.59.56	0
607	560	4149	SANELISIWE	KHOSANA	NMBMUN	F	17	JF	2.00.20	1
608	349	563	LINDA	SILLS	RUN4C	F	39	35-39F	2.00.34	1
609	277	564	GAVIN	SILLS	RUN4C	M	48	45-49M	2.00.34	1
610	60	830	DENISE	DARLOW	CHARLO	F	53	50-54F	2.01.00	1
611	136	796	GARY	KELLEHER	CHARLO	M	64	60-64M	2.01.01	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
612	503	5503	MEGAN	WALL	TEMP	F	27	SF	2.01.02	0
613	292	1282	PIETER	STEYN	VWAC	M	63	60-64M	2.01.10	1
614	98	1485	ZELDA	GERBER	32GI	F	45	45-49F	2.01.19	1
615	737	11	SICELO	THABETHE	SIBALEKA	M	48	45-49M	2.01.48	1
616	400	5028	LINDIE	DAVIDS	TEMP	F	48	45-49F	2.01.50	0
617	334	550	LIEZEL	WAIT	RUN4C	F	48	45-49F	2.01.51	1
618	338	294	ANNA	WELGEMOED	MUIRITE	F	52	50-54F	2.02.24	1
619	128	1492	LOUISE	JOUBERT	32GI	F	47	45-49F	2.02.30	1
620	131	1491	LOUIS	JOUBERT	32GI	M	52	50-54M	2.02.35	1
621	710	189	INGA	GXOLO	CSEP	F	26	SF	2.02.49	1
622	399	5027	XOLANI	MGIJIMA	TEMP	M	39	35-39M	2.02.50	0
623	617	5017	ARETHA	PLATA	TEMP	F	39	35-39F	2.02.51	0
624	482	5071	THEOPHILUS MBAN	MBANGU	TEMP	M	55	55-59M	2.02.59	0
625	405	5405	ERICA	ERASMUS	TEMP	F	52	50-54F	2.03.17	0
626	116	1592	HENRY	HULME	DESPATCH	M	56	55-59M	2.03.21	1
627	562	5059	RENIER	VAN VUUREN	TEMP	M	64	60-64M	2.03.23	0
628	99	1653	PIETER	GERBER	MADIBA	M	63	60-64M	2.03.50	1
629	51	1529	WERNER	CLAASSEN	DESPATCH	M	57	55-59M	2.03.58	1
630	52	1530	MADELEIN	CLAASSEN	DESPATCH	F	54	50-54F	2.04.02	1
631	202	753	PLACXEDES	NDHLOVU	CRUSADE	F	47	45-49F	2.04.07	1
632	71	331	MARGARET	DU TOIT	MUIRITE	F	60	60-64F	2.04.50	1
633	26	286	SANET	BLOM	MUIRITE	F	54	50-54F	2.07.38	1
634	69	1658	SHANTE	DU PLESSIS	MADIBA	F	29	SF	2.07.41	1
635	518	5677	HLELO	GYSMAN	TEMP	M	38	35-39M	2.09.19	0
636	263	1182	NIKI	RYAN	32GI	F	40	40-44F	2.09.31	1
637	77	1483	CASSANDRA	ERASMUS	32GI	F	38	35-39F	2.09.41	1
638	333	1507	CORRINE	VOS	32GI	F	41	40-44F	2.09.42	1
639	411	5056	BONELWA	GAZIYA	TEMP	F	37	35-39F	2.09.57	0
640	599	644	ACHMAT	ELLIE	GELVAN	M	62	60-64M	2.10.14	1
641	109	1434	DIANNE	HARTZENBERG	NEDBANK	F	63	60-64F	2.10.14	1
642	216	379	MPO	NOMPALWENI	IKHAMVA	M	39	35-39M	2.10.16	1
643	170	1706	HENRY	MASCHAKA	GELVAN	M	55	55-59M	2.10.20	1
644	393	5393	TRENTON	BOWERS	TEMP	M	51	50-54M	2.10.43	0
645	528	1169	ABEGAIL	TEYISE	SAPPE	F	49	45-49F	2.10.46	1
646	133	1807	GCOBISA	JOXO	VUKANI	F	43	40-44F	2.10.48	1
647	531	5531	NOMBUYISELO	MBAVA	TEMP	F	51	50-54F	2.10.56	0
648	534	5534	NANDIPHA	MHAMBI	TEMP	F	41	40-44F	2.11.12	0
649	28	872	SONJA	BOSCH	CHARLO	F	59	55-59F	2.12.58	1
650	90	1215	HELEN	FOURIE	ELITEAC	F	52	50-54F	2.13.06	1
651	29	847	DEON	BOSCH	CHARLO	M	64	60-64M	2.13.32	1
652	303	712	NDILEKA	THOMPSON	CRUSADE	F	44	40-44F	2.14.07	1
653	612	5012	SIPHOSETHU	NYATI	TEMP	F	38	35-39F	2.14.23	0
654	79	91139	HELEN	ERLANK	ACH	F	39	35-39F	2.14.39	1
655	310	297	DEBBY	VAN DYK	MUIRITE	F	42	40-44F	2.15.24	1
656	380	5380	MOGAMAD	ABDOPLLATIEF	TEMP	M	48	45-49M	2.15.26	0
657	247	452	SHARON	POTGIETER	WALMER	F	57	55-59F	2.17.14	1
658	287	210	Lumanyano	Sodo	CSEP	M	34	SM	2.18.31	1
659	301	94	DENISE	TERBLANCHE	INFINITY	F	74	70+F	2.18.41	1
660	110	93	STEPHANIE	HAY	INFINITY	F	66	65-69F	2.19.07	1
661	425	5209	ANDISWA	JAFTA	TEMP	F	29	SF	2.20.12	0
662	478	5069	ZILUNGILE	MVOKWE	TEMP	F	29	SF	2.21.22	0
663	371	1135	MOF	BOTHA	ACH	M	66	65-69M	2.21.45	1
664	618	5018	PHUMLA	PONI	TEMP	F	33	SF	2.22.23	0
665	106	280	NEIL	GROBLER	MUIRITE	M	61	60-64M	2.24.19	1
666	94	846	ROBERT	GALLOWAY	CHARLO	M	70	70+M	2.25.11	1
667	625	5025	PORTIA	RAMETSI	TEMP	F	44	40-44F	2.26.32	0
668	157	898	RAE	LUCKMAN	CHARLO	F	51	50-54F	2.28.01	1
669	360	1157	MILE	VERMAAK	CHARLO	F	55	55-59F	2.28.02	1
670	199	885	ANUSHA	NAIDU	CHARLO	F	55	55-59F	2.28.38	1
671	169	304	FOZA	MARTIN	MUIRITE	F	61	60-64F	2.29.15	1
672	61	432	LYNDENE	DAVIDSON	PROFILES	F	46	45-49F	2.34.04	0
673	125	559	SILVIA	JONCK	RUN4C	F	60	60-64F	2.34.43	0
674	564	84	ANGELINE	KIVEDO	INFINITY	F	76	70+F	2.36.19	0
HELPERS RUN										
H1	3001	1943	LUYANDA	NGESI	BLUEBAY	M	29	SM	1.09.15	2
H2	3002	1952	VUSI	MSUTHWANA	BLUEBAY	M	50	50-54M	1.09.49	3
H3	3003	1944	MUSA	SENTI	BLUEBAY	M	29	SM	1.15.32	2
H4	3004	1937	AMANDA	PRIDEAUX	BLUEBAY	F	46	45-49F	1.27.11	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H5	3005	82	LETA	DOS SANTOS	INFINITY	F	57	55-59F	1.28.17	1
H6	3006	1931	CONROY	NOTLEY	BLUEBAY	M	41	40-44M	1.31.35	1
H7	3007	1865	SIZINZO	KAMA	ACH	M	70	70+M	1.35.46	1
H8	3008	871	RICHARD	DE ANDRADE	CHARLO	M	61	60-64M	1.36.07	1
H9	3009	1932	LIZELLE	NOTLEY	BLUEBAY	F	38	35-39F	1.42.44	1
H10	3011	1077	BASIL	MCLEAN	MADIBA	M	62	60-64M	1.45.36	1
H11	3012	1078	HELEN	MCLEAN	MADIBA	F	61	60-64F	1.45.36	1
H12	3013	1936	MARKUS	KUNNEKE	BLUEBAY	M	52	50-54M	1.52.42	1
H13	3015	1953	COLIN	PARKINS	BLUEBAY	M	68	65-69M	1.52.48	1
H14	3016	1325	SHANNON	THEOBALD	NEDBANK	F	46	45-49F	1.52.50	1
H15	3017	1967	SONJA	OLIVIER	BLUEBAY	F	54	50-54F	1.55.26	1
H16	3018	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	52	50-54F	1.56.43	1
H17	3019	111	MICHAEL	DEKKER	SAPPE	M	49	45-49M	1.58.00	1
H18	3020	530	ANDRE	PIENAAR	RUN4C	M	59	55-59M	1.58.02	1
H19	3021	455	JODI	PIENAAR	WALMER	M	28	SM	1.58.03	1
H20	3022	1239	YOLANDE	KNOETZE	ELITEAC	F	54	50-54F	1.58.08	1
H21	3023	1954	NWABISA	MSUTHWANA	BLUEBAY	F	41	40-44F	1.59.55	1
H22	3024	1634	TANIA	TRUTER	MADIBA	F	49	45-49F	2.01.19	1
H23	3025	1961	JEVAN	DAVIS	BLUEBAY	M	35	35-39M	2.05.33	1
H24	3026	1963	JOSE	DAVIS	BLUEBAY	M	29	SM	2.05.33	1
H25	3028	1942	IAN	KILLIAN	BLUEBAY	M	32	SM	2.06.25	1
H26	3029	1955	ROZANNE	DAVIS	BLUEBAY	F	28	SF	2.06.25	1