Prizes :	N2 City Bluewater Bay		Date:		2022/01/22		
POS	NAME	SURNAME	CLUB	R/ NO	AGE	SEX	HMS
Category :	**Overall Men**						
1	LUYANDA	TSHANGANA	IKHAMVA AC	3	38	M	0.48.03
2	THABANG	MOSIAKO	BOXER SUPERST	2	26	M	0.48.03
3	MELIKHAYA	FRANS	IKHAMVA AC	1	31	M	0.48.04
Category :	**Overall Women**						
1	NWABISA	MJOLI	IKHAMVA AC	4	29	F	0.57.53
2	KELLY	VAN VLIET	NEDBANK RC	326	34	F	0.59.35
3	NTOMBESINTU	MFUNZI	NEDBANK RC	451	40	F	1.00.43
Category :	**Men 35 - 39**						
1	LUYANDA	TSHANGANA	IKHAMVA AC	3	38	M	0.48.03
2	XOLISA	NDLUMBINI	VUKANI MS CLUB	204	39	M	0.50.38
3	KHAYA	GQWETHA	XCEL AC	104	36	M	0.51.15
Category :	**Ladies 35 - 39**						
1	NADIA	JOOSTE	TEMP	595	35	F	1.08.22
2	SITHA	SIGENU	TEMP	633	38	F	1.15.37
3	THERESA	BUCHNER	32GI EP AC	43	36	F	1.16.26
Category :	**Men 40 - 49**						
1	GEORGE	NTSHILIZA	NEDBANK RC	220	42	M	0.51.35
2	ANELE	MALIZA	NEDBANK RC	162	43	M	0.53.29
3	MELIKHAYA	KEPE	NEDBANK RC	375	45	M	0.53.56
Category :	**Ladies 40 - 49**						
1	NTOMBESINTU	MFUNZI	NEDBANK RC	451	40	F	1.00.43
2	NOKHOLO	HLEZUPONDO	SANDF AC EP	705	42	F	1.06.06
3	DAVERA	MAGSON	NEDBANK RC	78	47	F	1.10.25
Category :	**Men 50 - 59**						
1	DESMOND	ZIBI	IKHAMVA AC	368	58	M	0.57.49
2	SITHEMBISO	YOZO	NEDBANK RC	365	57	M	0.58.31
3	SANDISO	NGXISHE	NMB MUN	557	51	M	0.58.38
Category :	**Ladies 50 - 59**						
1	CHRISTINE	CLAASEN	NEDBANK RC	483	57	F	1.08.02
2	JENE	BANFIELD	RUN 4 CHRIST AC	12	51	F	1.12.29
3	AMANDA	SHAW	BODY CONCEPT	274	57	F	1.17.34
Category :	**Men 60 - 69**						
1	ALAN	TAYLOR	ACHILLES AAA	299	64	M	1.10.27
2	CHARLES	BAATJIES	GELVAN AC	573	65	M	1.15.04
3	KOOS	OLIVIER	NEDBANK RC	222	64	M	1.15.18
Category :	**Ladies 60 - 69**						
1	ALETTA	JOUBERT	CRUSADERS AC	129	60	F	1.23.19
2	JANETTE	SCHIERZ-CRUSIUS	BODY CONCEPT	745	61	F	1.25.20
3	LYNETTE	CRAUSE	INFINITY AC	58	61	F	1.37.52
Category :	**Men 70 +**						
1	HANNES	ELS	MADIBA BW	75	72	M	1.12.28
2	EDDIE	EADES	NEDBANK RC	74	72	M	1.18.41
3	ECKART	SCHUMANN	BODY CONCEPT	542	76	M	1.44.18
Category :	**Ladies 70 +**						
1	LIZ	JENKERSON	MUIRITE STRIDER	124	75	F	1.36.31
2	AVRIL	BEYLEVELD	KOWIE STRIDERS	21	70	F	1.36.46
3	JEANETTE	PIENAAR	PEAAC	239	73	F	1.52.21
Category :	**Junior Men**						
1	XABISA	MAZANTSI	KOWIE STRIDERS	176	17	M	0.57.45
2	LITHETHA	GCUME	KOWIE STRIDERS	762	16	M	0.58.27
3	HLUMELO	NTANTISO	MOTHERWELL AC	765	15	M	1.05.41
Category :	**Junior Ladies**						
1	SANELISIWE	KHOSANA	NMB MUN	560	17	F	1.59.56