

Eastern Province Athletics League 2 ASA
02/05/2022



Programme

Item		Time	Age	Item description			Heat	Semi Final
02/05/2022								
1	02/05/2022	07:30	Men Master	5000 m Walk			Final	
2	02/05/2022	07:30	Woman Master	5000 m Walk			Final	
3	02/05/2022	08:00	Men u/20 Junior	5000 m			Final	
4	02/05/2022	08:00	Woman u/20 Juni	5000 m			Final	
5	02/05/2022	08:00	Woman Senior	5000 m			Final	
6	02/05/2022	08:00	Men Master	5000 m			Final	
7	02/05/2022	08:00	Woman Master	5000 m			Final	
8	02/05/2022	08:30	Men Senior	5000 m			Final	
9	02/05/2022	08:30	Girls u/16 Sub-	Pole Vault			Final	
10	02/05/2022	08:30	Girls u/18 Yout	Pole Vault			Final	
11	02/05/2022	08:30	Boys u/18 Youth	Pole Vault			Final	
12	02/05/2022	08:30	Men u/20 Junior	Pole Vault			Final	
13	02/05/2022	08:30	Men Senior	Pole Vault			Final	
14	02/05/2022	08:30	Girls u/16 Sub-	Hammer Throw		3kg	Final	
15	02/05/2022	08:30	Girls u/18 Yout	Hammer Throw		3kg	Final	
16	02/05/2022	08:30	Woman u/20 Juni	Hammer Throw		4kg	Final	
17	02/05/2022	08:30	Boys u/16 Sub-Y	Long Jump			Final	
18	02/05/2022	08:30	Boys u/18 Youth	Long Jump			Final	
19	02/05/2022	08:30	Men u/20 Junior	Long Jump			Final	
20	02/05/2022	08:30	Men Senior	Long Jump			Final	
21	02/05/2022	08:30	Boys u/16 Sub-Y	High Jump			Final	
22	02/05/2022	08:30	Boys u/18 Youth	High Jump			Final	
23	02/05/2022	08:30	Men u/20 Junior	High Jump			Final	
24	02/05/2022	08:30	Men Senior	High Jump			Final	
25	02/05/2022	08:30	Girls u/18 Yout	Javelin		500g	Final	
26	02/05/2022	08:30	Woman u/20 Juni	Javelin		600g	Final	
27	02/05/2022	09:00	Boys u/16 Sub-Y	300 m Hurdles		84cm	Final	
28	02/05/2022	09:05	Girls u/18 Yout	400 m Hurdles		76.2cm	Final	
29	02/05/2022	09:05	Woman u/20 Juni	400 m Hurdles		76.2cm	Final	
30	02/05/2022	09:10	Boys u/18 Youth	400 m Hurdles		84cm	Final	
31	02/05/2022	09:10	Men u/20 Junior	400 m Hurdles		91.4cm	Final	
32	02/05/2022	09:15	Girls u/16 Sub-	800 m			Final	
33	02/05/2022	09:20	Girls u/18 Yout	800 m			Final	
34	02/05/2022	09:25	Woman Senior	800 m			Final	
35	02/05/2022	09:30	Boys u/16 Sub-Y	800 m			Final	
36	02/05/2022	09:30	Men Master	800 m			Final	
37	02/05/2022	09:30	Girls u/16 Sub-	Shot Put		3kg	Final	
38	02/05/2022	09:30	Girls u/18 Yout	Shot Put		3kg	Final	
39	02/05/2022	09:30	Woman u/20 Juni	Shot Put		4kg	Final	
40	02/05/2022	09:30	Men u/20 Junior	Shot Put		6kg	Final	
41	02/05/2022	09:30	Woman Senior	Shot Put		4kg	Final	
42	02/05/2022	09:30	Boys u/16 Sub-Y	Discus Throw		1kg	Final	
43	02/05/2022	09:30	Boys u/18 Youth	Discus Throw		1.5kg	Final	
44	02/05/2022	09:35	Boys u/18 Youth	800 m			Final	
45	02/05/2022	09:40	Men u/20 Junior	800 m			Final	
46	02/05/2022	09:40	Men Senior	800 m			Final	
47	02/05/2022	09:50	Girls u/16 Sub-	100 m			Final	
48	02/05/2022	09:55	Girls u/18 Yout	100 m			Final	
49	02/05/2022	10:05	Boys u/16 Sub-Y	100 m			Final	
50	02/05/2022	10:05	Men Master	100 m			Final	

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Item		Time	Age	Item description			Heat	Semi Final
51	02/05/2022	10:15	Boys u/18 Youth	100 m			Final	
52	02/05/2022	10:25	Woman u/20 Juni	100 m			Final	
53	02/05/2022	10:30	Woman Senior	100 m			Final	
54	02/05/2022	10:35	Men u/20 Junior	100 m			Final	
55	02/05/2022	10:45	Men Senior	100 m			Final	
56	02/05/2022	10:55	Girls u/18 Yout	3000 m			Final	
57	02/05/2022	11:10	Boys u/16 Sub-Y	3000 m			Final	
58	02/05/2022	11:10	Boys u/18 Youth	3000 m			Final	
59	02/05/2022	11:15	Boys u/16 Sub-Y	Hammer Throw		4kg	Final	
60	02/05/2022	11:15	Boys u/18 Youth	Hammer Throw		5kg	Final	
61	02/05/2022	11:15	Men u/20 Junior	Hammer Throw		6kg	Final	
62	02/05/2022	11:15	Woman Senior	Hammer Throw		4kg	Final	
63	02/05/2022	11:15	Men Senior	Hammer Throw		7.26kg	Final	
64	02/05/2022	11:15	Girls u/16 Sub-	Long Jump			Final	
65	02/05/2022	11:15	Girls u/18 Yout	Long Jump			Final	
66	02/05/2022	11:15	Woman u/20 Juni	Long Jump			Final	
67	02/05/2022	11:15	Woman Senior	Long Jump			Final	
68	02/05/2022	11:15	Girls u/16 Sub-	High Jump			Final	
69	02/05/2022	11:15	Girls u/18 Yout	High Jump			Final	
70	02/05/2022	11:15	Woman u/20 Juni	High Jump			Final	
71	02/05/2022	11:15	Woman Senior	High Jump			Final	
72	02/05/2022	11:15	Boys u/18 Youth	Javelin		700g	Final	
73	02/05/2022	11:15	Men u/20 Junior	Javelin		800g	Final	
74	02/05/2022	11:15	Men Senior	Javelin		800g	Final	
75	02/05/2022	11:25	Girls u/16 Sub-	400 m			Final	
76	02/05/2022	11:30	Boys u/16 Sub-Y	400 m			Final	
77	02/05/2022	11:35	Girls u/18 Yout	400 m			Final	
78	02/05/2022	11:35	Woman u/20 Juni	400 m			Final	
79	02/05/2022	11:35	Woman Senior	400 m			Final	
80	02/05/2022	11:40	Boys u/18 Youth	400 m			Final	
81	02/05/2022	11:45	Men u/20 Junior	400 m			Final	
82	02/05/2022	11:50	Men Senior	400 m			Final	
83	02/05/2022	11:55	Girls u/16 Sub-	1500 m			Final	
84	02/05/2022	11:55	Girls u/18 Yout	1500 m			Final	
85	02/05/2022	12:00	Boys u/16 Sub-Y	1500 m			Final	
86	02/05/2022	12:10	Boys u/18 Youth	1500 m			Final	
87	02/05/2022	12:20	Woman u/20 Juni	1500 m			Final	
88	02/05/2022	12:20	Woman Senior	1500 m			Final	
89	02/05/2022	12:30	Men u/20 Junior	1500 m			Final	
90	02/05/2022	12:30	Men Senior	1500 m			Final	
91	02/05/2022	12:40	Girls u/16 Sub-	90 m Hurdles		76.2cm	Final	
92	02/05/2022	12:45	Girls u/18 Yout	100 m Hurdles		76.2cm	Final	
93	02/05/2022	12:45	Boys u/16 Sub-Y	Shot Put		4kg	Final	
94	02/05/2022	12:45	Boys u/18 Youth	Shot Put		5kg	Final	
95	02/05/2022	12:45	Men Senior	Shot Put		7.26kg	Final	
96	02/05/2022	12:45	Girls u/16 Sub-	Discus Throw		1kg	Final	
97	02/05/2022	12:45	Girls u/18 Yout	Discus Throw		1kg	Final	
98	02/05/2022	12:45	Woman u/20 Juni	Discus Throw		1kg	Final	
99	02/05/2022	12:45	Woman Senior	Discus Throw		1kg	Final	
100	02/05/2022	12:45	Boys u/18 Youth	Triple Jump		11m	Final	
101	02/05/2022	12:45	Men u/20 Junior	Triple Jump		13m	Final	

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Item		Time	Age	Item description			Heat	Semi Final
102	02/05/2022	12:45	Men Senior	Triple Jump		13m	Final	
103	02/05/2022	12:50	Woman u/20 Juni	100 m Hurdles		84cm	Final	
104	02/05/2022	12:55	Boys u/16 Sub-Y	100 m Hurdles		84cm	Final	
105	02/05/2022	13:00	Boys u/18 Youth	110 m Hurdles		91.4cm	Final	
106	02/05/2022	13:00	Men u/20 Junior	110 m Hurdles		99.5cm	Final	
107	02/05/2022	13:00	Men Senior	110 m Hurdles		106.7cm	Final	
108	02/05/2022	13:05	Boys u/16 Sub-Y	1500 m Steeple Chase		76.2cm	Final	
109	02/05/2022	13:05	Girls u/16 Sub-	1500 m Steeple Chase		76.2cm	Final	
110	02/05/2022	13:10	Boys u/18 Youth	2000 m Steeple Chase		91.4cm	Final	
111	02/05/2022	13:20	Men u/20 Junior	3000 m Steeple Chase		91.4cm	Final	
112	02/05/2022	13:20	Men Senior	3000 m Steeple Chase		91.4cm	Final	
113	02/05/2022	13:35	Girls u/16 Sub-	200 m			Final	
114	02/05/2022	13:40	Girls u/18 Yout	200 m			Final	
115	02/05/2022	13:45	Boys u/16 Sub-Y	200 m			Final	
116	02/05/2022	13:50	Boys u/18 Youth	200 m			Final	
117	02/05/2022	13:55	Woman u/20 Juni	200 m			Final	
118	02/05/2022	14:00	Woman Senior	200 m			Final	
119	02/05/2022	14:05	Men u/20 Junior	200 m			Final	
120	02/05/2022	14:15	Men Senior	200 m			Final	
121	02/05/2022	14:20	Men Senior	10 000 m			Final	
122	02/05/2022	14:20	Men Master	10 000 m			Final	