MEDALS
to all finishers

PRIZES AND MEDALS

10KM		OPEN	40-49	50-59	60-69	70+	JNR	5km
1	MALE / FEMALE	R800	R400	R300	R300	R300	R500	R500 Puma Voucher
2	MALE / FEMALE	R500	R300	R200	R200	R150	R300	R300 Puma Voucher
3	MALE / FEMALE	R300	R200	R150	R150	R150	R300	R200 Puma Voucher

LUCKY DRAWS!
4 Pairs of Puma Trainers worth R2500 each

LUCKY DRAW PRIZES
Winners must be present at the draw to receive a prize should their name be drawn.
All entrants qualify for lucky draw prizes.

SCAN THIS QR CODE TO VISIT THE WEBTICKETS WEBSITE AND ENTER

Starting times: 10km - 06h00 | 5km - 06h15

FREE PUMA RUNNING SHIRT TO FIRST 200 ENTRANTS, THEN RUNNING SOCKS TO THE NEXT 200

ENTER ONLINE AT WEBTICKETS.CO.ZA

TWO VIEWS

10km & 5km Fun Run • **19 FEBRUARY 2022**

PARTICIPATION LEAGUE EVENT

KING AND QUEEN OF THE HILL
1st R1000 • 2nd R500 • 3rd R300

CHARLO ATHLETIC CLUB

Start & Finish: Italian Club, Harold Road, Charlo

RELEVANT COVID-19 RESTRICTIONS APPLY

PLAY SAFE PUMA RUN SAFE

TWO VIEWS 10KM / 5KM FUN RUN

entry form

PLEASE TICK THE APPROPRIATE BLOCK:

☐ MALE ☐ FEMALE ☐ 10KM ☐ 5KM

LICENCE NUMBER: _____

SURNAME: _____

FIRST NAME: _____

CLUB IN FULL: _____

DATE OF BIRTH: _____

AGE ON RACE DAY: _____

ID NUMBER: _____

POSTAL ADDRESS: _____

EMERGENCY CONTACT: _____ NO: _____

INDEMNITY/WAIVER

By entering this event I undertake to be bound by the rules and the regulations of the event including those of IAAF and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and release and discharge, to the fullest extent allowed in law, the organisers of the event, all sponsors, persons and organisations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre- and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity; MINOR RELEASE: and I , the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this indemnity/waiver on behalf of the minor.

_____

SIGNATURE (PARENT IF UNDER 18)

LICENSED ATHLETES 65 YEARS AND OLDER ENTER FOR A REDUCED PRICE IN 10KM ONLY

10 KM ENTRY FEE: R80.00 (65 + yrs Reduced Price R40.00)	R
5 KM ENTRY FEE: R30.00	R
TEMP. LICENCE (10KM ONLY): R40.00	R
TOTAL	R

GENERAL RULES

1. Race will start & finish at the Italian Club, Harold Road, Charlo.
2. 10km: 6:00am | 5km: 6:15am
3. Cut-off time: 08:00am.
4. All traffic officers and marshals shall be obeyed at all times.
5. All runners must run on the right hand side of the road.
6. Toilet facilities available. No showers.
7. Race entries to be collected at Brian Bands, Cape Road and UD Sports in Kariega (Uitenhage).
8. Closing date for pre-entries: Wednesday, 16 February 2022. Race number collection and late entries at the Italian Club on Friday,18 February 2022 from 4pm to 7pm. ABSOLUTELY NO race entries on race morning.
9. 10km race Organised in accordance with the rules and regulations of ASA and EPA. Athletes indemnify the Provincial and Regional Bodies, Sponsors and Organisers against all and any action of whatsoever nature, arising out of their participation in the race.
10. Athletes must run in official club colours with 2022 licence number on the front and back of the vest. If a race number is supplied, it should be placed over the front licence number with the ASA sponsors visible.
11. Athletes who are not licensed members of a club affiliated to ASA must purchase a temporary license to be worn on the front of vest or plain coloured T-shirt. If a race number is supplied, the race number is to be placed on the front of the vest/shirt and the temporary number on the back.
12. Age category tags to be worn to qualify for age prize.
13. Competitors for 5km, must be 9 years or older, and for 10km must be 14 years or older, on the day of the race.
14. No personal seconding allowed.
15. There will be two water points on the 10km route and one on the 5km route.
16. No earphones allowed on the route as this will lead to disqualification.
17. Refuse bins will be provided along the route up to 500m past the water point. Please discard used water sachets into or near to these bins. Littering in non-designated areas may lead to disqualification. Intentional littering could also lead to disqualification.
18. Online entries at www.webtickets.co.za - Entries close 16 February 2022.

General Enquiries:
Contact Eusentha Pillay on **084 665 0910** | Lisa Hen Boisen on **082 445 8866**

PLEASE NOTE

All CV-19 health and safety protocols to be adhered to. MASKS TO BE WORN.

A refund policy is in place should the event be cancelled as a result of Disaster Management restrictions.

