MEDALS
to all finishers

PRIZES AND MEDALS

		OPEN	JNR	35-39	40-49	50-59	60-69	70+	5km
1	MALE / FEMALE	R2 000	R500	R500	R500	R500	R400	R400	R500 Puma Voucher
2	MALE / FEMALE	R1 500	R400	R400	R400	R400	R300	R300	R300 Puma Voucher
3	MALE / FEMALE	R1 000	R300	R300	R300	R300	R200	R200	R200 Puma Voucher
4	MALE / FEMALE	R600	R200	R200	R200	R200			
5	MALE / FEMALE	R400	R100	R100	R100	R100			

R1500 **KING & QUEEN OF THE HILL**
R700 **2nd Place**
R500 **3rd Place**

LUCKY DRAW PRIZES

12 x Puma Running Shoe Vouchers to be won!

PLUS: 10 pairs of socks, 5 x Puma Shirts, 5 x Puma Bags & 5 x Puma Caps

Winners must be present at the draw to receive a prize should their name be drawn.
All entrants qualify for lucky draw prizes.

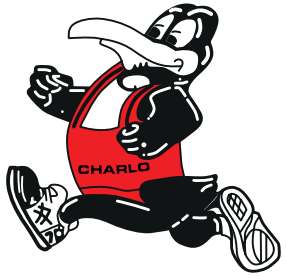
FREE
RUNNING SOCKS TO FIRST 500 COLLECTIONS AT REGISTRATION



#RUN clean
A MODERN ATHLETE INITIATIVE

PUMA

web tickets



SCAN THIS QR CODE TO VISIT THE WEB TICKETS WEBSITE AND ENTER

***FREE**
PUMA RUNNING SHIRTS TO THE FIRST 300 ENTRANTS OF THE 21,1KM ONLY.

Screening from 05h40 | Starting times: 21.1km - 06h00 | 5km - 06h15



LUCKY DRAWS: TEKKIE VOUCHERS UP FOR GRABS | **R1500 KING & QUEEN OF THE HILL**

EPA EASTERN PROVINCE ATHLETICS

CHARLO ATHLETIC CLUB



RELEVANT COVID-19 RESTRICTIONS APPLY

PLAY SAFE PUMA RUN SAFE

EP HALF MARATHON CHAMPIONSHIP

HALF MARATHON 21.1KM / 5KM | ENTRY FORM

PLEASE TICK THE APPROPRIATE BLOCK:

☐ MALE ☐ FEMALE ☐ 21.1KM ☐ 5KM

LICENCE NUMBER: _____

SURNAME: _____

FIRST NAME: _____

CLUB IN FULL: _____

DATE OF BIRTH: _____

AGE ON RACE DAY: _____

ID NUMBER: _____

POSTAL ADDRESS: _____

EMERGENCY CONTACT: _____ Nr: _____

I undertake to yield to traffic if I am still on the road after 3 hours and 30 minutes.

INDEMNITY/WAIVER

By entering this event I undertake to be bound by the rules and the regulations of the event including those of IAAF and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and release and discharge, to the fullest extent allowed in law, the organisers of the event, all sponsors, persons and organisations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre- and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity; MINOR RELEASE: and I , the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this indemnity/waiver on behalf of the minor.

_____

SIGNATURE (PARENT IF UNDER 18)

LICENSED ATHLETES 65 YEARS AND OLDER ENTER FOR A REDUCED PRICE IN 21.1KM ONLY

21.1 KM ENTRY FEE: R120.00 (65 + yrs Reduced Price R60.00)	R
5 KM ENTRY FEE: R40.00	R
TEMP. LICENCE (ONLY 21.1KM): R40.00	R
TOTAL	R

GENERAL RULES

1. Race held under the rules of ASA and the EPA. Athletes indemnify the National, Provincial and Regional Bodies, sponsors and organisers against all and any action of whatsoever nature, whatever same may be, arising out of their participation in the race.
2. Wearing of masks/buffs is compulsory.
   Masks to be worn at the start of the race and then at the finish of the race by all athletes.
3. Races will start and finish at the Italian Club, Harold Road, Charlo, Port Elizabeth.
   21.1km - 06h00 & the 5km - 06h15 on Saturday 26 March 2022.
4. All athletes to be screened starting from 05h40 on the race day in order to participate.
   Only people wearing masks and armbands may enter the prize giving area and be eligible for lucky draws.
   Lucky Draw to take place before the start of the race at 05h50.
5. Prize giving for the category prize winners only.
   All category winners to report to the MC at 09h45 for their medals.
   Athletes should leave the race area straight after collecting their medals.
6. Athletes must run in official club colours with 2022 license number on the front and back of the vest. If a race number is supplied, it should be placed over the front licence number with ASA sponsors visible.
7. Temporary licence for 21.1km will be on sale at R40.00.
8. Athletes who are not licensed members of a club affiliated to ASA must purchase a temporary license to be worn on the front of vest or plain coloured T-shirt. If a race number is supplied, the race number is to be placed on the front of the vest/shirt and the temporary number on the back.
9. Age category tags to be worn to qualify for age category prizes and medals. Runners using a temporary licence shall produce proof of age on race day to qualify for prizes.
10. Competitors must be 16 years of age or older - 21KM ONLY. (9 Years of age or older 5km)
11. No personal seconding allowed.
12. No earphones allowed.
13. All traffic officers and marshals must be obeyed at all times.
14. Runners still on the road after 3 hours and 30 minutes will be regarded as non-finishers.
15. Late entries collection date: Friday, 25 March from 16h00 -19h00 at The Italian Club.
    Absolutely no race entries on race morning.
16. Race entries will be taken at Brian Bands, Cape Road & UD Sports in Kariega (Uitenhage).
17. Enter online at www.webtickets.co.za until Tuesday, 22 March 2022.
18. Results will be available on the internet at www.epathletics.co.za
19. There will be water point +/- every 3km and litter bins at every water point.
20. Toilets available. NO shower facilities.
21. **Distance markers every 1 km. Refuse bins are available on the route. Please discard used water sachets into these bins. Failure to do so will result in disqualification.**
22. **General Enquiries:**
    Eusentha Pillay **084 665 0910** | Lisa Hen-Boisen **082 445 8866**

PLEASE NOTE

All CV-19 health and safety protocols to be adhered to. MASKS TO BE WORN.

A refund policy is in place should the event be cancelled as a result of Disaster Management restrictions.

