Prizes :	Heartbreak Hill						
POS	NAME	SURNAME	CLUB	R/ NO	AGE	SEX	HMS
Category :	**Overall Men**						
1	MELIKHAYA	FRANS	IKHAMVA AC	696	32	M	1.06.42
2	THABANG	MOSIAKO	BOXER AC	697	27	M	1.06.43
3	ANDILE	MOTWANA	NEDBANK RC	5	25	M	1.07.27
4	LUYANDA	TSHANGANA	IKHAMVA AC	2	38	M	1.08.32
5	PACKSON	BANDA	NEDBANK RC	310	22	M	1.09.31
Category :	**Overall Women**						
1	KELLY	VAN VLIET	NEDBANK RC	429	34	F	1.20.28
2	NTOMBESINTU	MFUNZI	NEDBANK RC	603	40	F	1.27.17
3	KAYLA	NELL	CHARLO AC	371	27	F	1.31.31
4	LIZA-MARIE	KINGSTON	NEDBANK RC	86	40	F	1.34.06
5	NOKHOLO	HLEZUPONDO	SANDF AC EP	456	43	F	1.34.32
Category :	**Men 35 - 39**						
1	LUYANDA	TSHANGANA	IKHAMVA AC	2	38	M	1.08.32
2	XOLISA	NDLUMBINI	VUKANI MS CLUB	4	39	M	1.10.59
3	KHAYA	GQWETHA	VUKANI MS CLUB	62	36	M	1.11.03
4	BULELANI	NIWA	SPAR EC RC	369	38	M	1.15.56
5	HOPEWELL	JABAVU	IKHAMVA AC	73	38	M	1.17.41
Category :	**Ladies 35 - 39**						
1	THERESA	BUCHNER	32GI EP AC	24	36	F	1.42.26
2	ASANDA	ZAMISA	SIBALEKA NANI	671	38	F	1.42.53
3	THELMA	MCOPELO	NEDBANK RC	116	39	F	1.47.02
4	Sibongile	Mgqeba	VUKANI MS CLUB	757	35	F	1.48.10
5	SITHA	SIGENU	REAL GIJIMAS	604	38	F	1.51.08
Category :	**Men 40 - 49**						
1	GEORGE	NTSHILIZA	NEDBANK RC	141	42	M	1.12.05
2	MZWANELE	MAPHEKULA	IKHAMVA AC	105	45	M	1.12.46
3	ANELE	MALIZA	NEDBANK RC	101	44	M	1.13.20
4	MILA	PASIYA	NEDBANK RC	147	42	M	1.16.46
5	XOLANI	NTEYI	VUKANI MS CLUB	374	43	M	1.21.08
Category :	**Ladies 40 - 49**						
1	NTOMBESINTU	MFUNZI	NEDBANK RC	603	40	F	1.27.17
2	LIZA-MARIE	KINGSTON	NEDBANK RC	86	40	F	1.34.06
3	NOKHOLO	HLEZUPONDO	SANDF AC EP	456	43	F	1.34.32
4	DAVERA	MAGSON	NEDBANK RC	356	47	F	1.36.01
5	NELIA	JACOBS	JEFFREYS BAY AC	74	43	F	1.46.41
Category :	**Men 50 - 59**						
1	DESMOND	ZIBI	IKHAMVA AC	290	58	M	1.16.42
2	SANDISO	NGXISHE	NMB MUN	627	51	M	1.22.11
3	MUTEKILE	RASMENI	NEDBANK RC	391	57	M	1.23.51
4	SITHEMBISO	YOZO	NEDBANK RC	434	57	M	1.24.34
5	CHRISTOPHER	MABENGEZA	NEDBANK RC	300	55	M	1.25.23
Category :	**Ladies 50 - 59**						
1	SUZETTE	VICTOR	NEDBANK RC	421	51	F	1.49.13
2	PAIGE	LEE	32GI EP AC	95	55	F	1.49.37
3	BURNITA	STRYDOM	RUN 4 CHRIST AC	404	53	F	1.52.41
4	BUYELWA	KOBOKANA	NEDBANK RC	347	57	F	1.53.07
5	ANGELA	ROGERS	CRUSADERS AC	161	52	F	2.03.43
Category :	**Men 60 - 69**						
1	ALAN	TAYLOR	ACHILLES AAA	182	64	M	1.36.01
2	CHARLES	BAATJIES	GELVAN AC	10	65	M	1.42.07
3	STEPHEN	MCCARTHY	CRUSADERS AC	645	61	M	1.43.59
Category :	**Ladies 60 - 69**						
1	JANETTE	VAN DER KOLF	PEAAC	677	62	F	2.16.59
2	LYNETTE	CRAUSE	INFINITY AC	34	62	F	2.23.44
3	THERESA	LILLIS	ACHILLES AAA	632	65	F	2.24.54
Category :	**Men 70 +**						
1	HANNES	ELS	MADIBA BW	52	72	M	1.42.48
2	PERCY	DALTON	ACHILLES AAA	316	73	M	1.49.43
3	EDDIE	EADES	NEDBANK RC	321	73	M	1.50.03

Category :	**Ladies 70 +**						
1	JEANETTE	PIENAAR	PEAAC	151	73	F	2.28.59
2	DENISE	TERBLANCHE	INFINITY AC	184	74	F	2.50.07
Category :	**Junior Men**						
1	APHELELE	SEPTEMBER	ACT AC	660	17	M	1.19.14
2	SIBUSISO	COLEPI	MOTHERWELL AC	816	17	M	1.22.23
3	RONAN	VAN DER VAART	NEDBANK RC	636	16	M	1.26.59
4	VUSEKANI	NOMTSHATSHO	CHILLIE EP	678	18	M	1.33.00
5	JAY-DEE	DEERLING	NEDBANK RC	320	18	M	1.35.37