CORRECTIONAL SERVICES 10KM CLASSIC - GQEBERHA - 2022/04/09									
POS	**LIC NO**	**NAME**	**SURNAME**	**CLUB**	**SEX**	**AGE**	**CAT**	**HMS**	**PTS**
1	355	MELIKHAYA	FRANS	IKHAMVA	M	32	SM	0.28.33	5
2	51207	THABANG	MOSIAKO	BOXER AC	M	27	SM	0.29.21	0
3	1440	MARIANO	EESOU	NEDBANK	M	30	SM	0.31.24	5
4	1433	PACKSON	BANDA	NEDBANK	M	22	SM	0.31.31	5
5	1836	XOLISA	NDLUMBINI	VUKANI	M	39	35-39M	0.31.53	5
6	1376	GIFT	CHIGOMARAWA	NEDBANK	M	34	SM	0.32.05	5
7	1458	GEORGE	NTSHILIZA	NEDBANK	M	42	40-44M	0.32.09	5
8	1825	KHAYA	GQWETHA	VUKANI	M	36	35-39M	0.32.24	5
9	358	MZWANELE	MAPHEKULA	IKHAMVA	M	45	45-49M	0.33.22	5
10	1768	THULANI	MDLALO	TRANSNET	M	37	35-39M	0.33.41	5
11	578	SICELO	MASHABA	MADIBAZ	M	21	SM	0.34.04	5
12	994	MASANDE	MLONYENI	CHARLO	M	41	40-44M	0.34.52	5
13	1336	MELIKHAYA	KEPE	NEDBANK	M	45	45-49M	0.34.54	5
14	1339	DISQUALIFIED		NEDBANK	M	42	40-44M	0.35.26	0
15	50147	LLEWELLYN	BARNARD	MURRYROB	M	32	SM	0.35.31	0
16	1413	TUMELO	MOCHELENYANE	NEDBANK	M	39	35-39M	0.35.53	5
17	1414	KELLY	VAN VLIET	NEDBANK	F	34	SF	0.36.08	5
18	1415	MANDISI	ZAMANI	NEDBANK	M	29	SM	0.36.43	4
19	699	SANDISO	NGXISHE	NMBMUN	M	51	50-54M	0.36.54	5
20	1443	DENYS	WOLMARANS	NEDBANK	M	43	40-44M	0.36.56	5
21	1345	JEAN-PIERE	ROUX	NEDBANK	M	35	35-39M	0.37.16	4
22	860	CHARLES	SEGALO	CHARLO	M	35	35-39M	0.37.22	4
23	20225	VUSEKANI	NOMTSHATSHO	CHILLIEP	M	18	JM	0.37.36	4
24	1346	HENRY	CRAUSE	NEDBANK	M	39	35-39M	0.37.38	4
25	1365	SITHEMBISO	YOZO	NEDBANK	M	57	55-59M	0.37.49	5
26	993	THEMBEKILE	MSIPA	CHARLO	M	47	45-49M	0.38.03	5
27	1728	NOEL	ADAMS	GELVAN	M	49	45-49M	0.38.06	5
28	1398	MUTEKILE	RASMENI	NEDBANK	M	57	55-59M	0.38.11	5
29	999	GRAHAM	ESHMADE	CHARLO	M	44	40-44M	0.38.14	5
30	565	SEBASTIAN	KLEU	RUN4C	M	46	45-49M	0.38.16	5
31	5310	ANDRE	WHYTE	TEMP	M	33	SM	0.38.34	0
32	1810	XOLANI	NTEYI	VUKANI	M	43	40-44M	0.38.36	4
33	5184	PAUL	MARE	TEMP	M	29	SM	0.38.51	0
34	20015	RONAN	VAN DER VAART	NEDBANK	M	16	JM	0.38.54	3
35	20139	AKHONA	Tembani	CHILLIEP	M	16	JM	0.38.55	3
36	1216	WESSEL	WOLMARANS	ELITEAC	M	44	40-44M	0.38.58	4
37	1651	SIYABONGA	MANYUBE	MADIBA	M	28	SM	0.38.59	3
38	908	KAYLA	NELL	CHARLO	F	27	SF	0.39.05	5
39	584	MANELISI	MFECANE	YOUTH	M	35	35-39M	0.39.10	3
40	1642	NICO	SMITH	MADIBA	M	36	35-39M	0.39.12	3
41	9182	LUVUYO	DYANI	TEMP	M	51	50-54M	0.39.18	0
42	693	SAZISO	PANGINDAWO	NMBMUN	M	40	40-44M	0.39.26	4
43	1952	VUSI	MSUTHWANA	BLUEBAY	M	50	50-54M	0.39.40	5
44	1340	WELCOME	LOLIWE	NEDBANK	M	57	55-59M	0.39.51	5
45	1707	DAMIAN	OLIVER	GELVAN	M	31	SM	0.40.01	3
46	681	GAVIN	THORNE	NMBMUN	M	40	40-44M	0.40.31	3
47	1400	VUSUMZI	RUNELI	NEDBANK	M	49	45-49M	0.40.32	4
48	1392	GIRMA	DODAMO	NEDBANK	M	35	35-39M	0.40.38	3
49	537	BATHANDWA	MOOI	RUN4C	M	37	35-39M	0.40.40	3
50	1359	THEMBINKOSI	HAMBIYANI	NEDBANK	M	50	50-54M	0.41.00	5
51	72	SEITSHIRO	MOLEMI	SANDFEP	M	37	35-39M	0.41.07	3
52	1564	LEON	WEITSZ	DESPATCH	M	48	45-49M	0.41.14	4
53	1324	LINDEN	NZEZA	NEDBANK	M	38	35-39M	0.41.19	3
54	20222	SINELIZWI	VENENE	CHILLIEP	M	14	JM	0.41.25	3
55	1046	JEMAIN	WILSON	XCEL	M	34	SM	0.41.27	3
56	20226	ASANELE	PUZI	CHILLIEP	M	16	JM	0.41.28	3
57	411	SIYABONGA	ZULU	CHILLIEP	M	40	40-44M	0.41.35	3
58	1637	CHARL	MEISTRE	MADIBA	M	37	35-39M	0.41.42	3
59	1437	DARREN	VAN VLIET	NEDBANK	M	38	35-39M	0.41.51	3
60	1416	CHRISTINE	CLAASEN	NEDBANK	F	57	55-59F	0.42.04	5
61	1652	HEIN	LODEWYKS	MADIBA	M	39	35-39M	0.42.05	3
62	1633	ENRICO	ELS	MADIBA	M	43	40-44M	0.42.10	3
63	345	NOKHOLO	HLEZUPONDO	SANDFEP	F	43	40-44F	0.42.14	5

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64	1221	TERRAY	POTHIER	ELITEAC	F	31	SF	0.42.16	3
65	20223	KHWEZI	MNQOJANA	CHILLIEP	M	17	JM	0.42.24	2
66	1855	MARIO	PLAATJIES	GELVAN	M	41	40-44M	0.42.30	3
67	898	PATRIC	MAKWENKWE	CHARLO	M	55	55-59M	0.42.30	5
68	1083	ALAN	TAYLOR	ACH	M	64	60-64M	0.42.35	5
69	1758	JOHANNES	ARRIES	TRANSNET	M	48	45-49M	0.42.43	3
70	262	SIMTHILE	NQOKO	TINARHA	M	32	SM	0.42.52	2
71	406	LONWABO	NDLALENI	CHILLIEP	M	44	40-44M	0.43.06	3
72	5304	JORDAN	TISSINK	TEMP	F	20	SF	0.43.10	0
73	1851	BASIL	STEVENS	GELVAN	M	50	50-54M	0.43.19	4
74	878	DANE	CRONJE	CHARLO	F	24	SF	0.43.24	3
75	931	ANDILE	NYOKA	CHARLO	M	49	45-49M	0.43.27	3
76	1263	KAHN	LANGFORD	VWAC	M	43	40-44M	0.43.35	3
77	1719	ANDRE	OWNHOUSE	GELVAN	M	54	50-54M	0.43.49	3
78	1457	RICHARD	MAZUNGULA	NEDBANK	M	45	45-49M	0.44.06	3
79	957	PIERRE	RENSHAW	CHARLO	M	48	45-49M	0.44.08	3
80	333	MZWANDILE	JULY	CHARLO	M	49	45-49M	0.44.15	3
81	20190	LUTHO	MGATIWA	CSEP	M	16	JM	0.44.16	2
82	1908	ASANDA	ZAMISA	SIBALEKA	F	38	35-39F	0.44.20	3
83	5333	SIBUSISO	ZEELAND	TEMP	M	37	35-39M	0.44.30	0
84	1968	HENRY	PIENAAR	BLUEBAY	M	50	50-54M	0.44.46	3
85	706	STEPHEN	MCCARTHY	CRUSADE	M	61	60-64M	0.44.50	5
86	20123	Sinethemba	Ngabase	SIBALEKA	M	19	JM	0.44.51	2
87	1370	WERNER	MEYER	NEDBANK	M	48	45-49M	0.44.55	3
88	1501	ROMMANY	ROGERS	32GI	F	40	40-44F	0.44.58	3
89	964	JUSTIN	MOGRIDGE	CHARLO	M	33	SM	0.44.59	2
90	551	RODGER	GYSMAN	RUN4C	M	48	45-49M	0.45.11	2
91	671	JODY	BAMBIE	NMBMUN	M	27	SM	0.45.22	2
92	914	ETIENNE	GERBER	CHARLO	M	52	50-54M	0.45.23	3
93	341	GEDDES	GALLANT	SANDFEP	M	55	55-59M	0.45.29	3
94	535	HESTER	KINGWILL	RUN4C	F	41	40-44F	0.45.31	3
95	1672	JARED	STRYDOM	MADIBA	M	36	35-39M	0.45.36	2
96	1742	ZANDISILE	NGXONONO	HOLLYWOO	M	48	45-49M	0.45.37	2
97	1639	VANDRE	NEL	MADIBA	M	37	35-39M	0.45.40	2
98	179	LONWABO	MTSHAKE	SPAREC	M	51	50-54M	0.45.41	3
99	1526	CANDICE	RICHARDS	32GI	F	29	SF	0.45.43	2
100	970	MALCOLM	BLANDY	CHARLO	M	40	40-44M	0.46.08	2
101	1621	CHARL	DE LANGE	MADIBA	M	37	35-39M	0.46.10	2
102	534	MIEKE	SCHOLTZ	RUN4C	F	26	SF	0.46.13	2
103	5179	SIPHAMANDLA	KOKO	TEMP	M	32	SM	0.46.20	0
104	281	ANDREW	JONAS	MUIRITE	M	57	55-59M	0.46.20	3
105	554	PETRUS	RADEMEYER	RUN4C	M	47	45-49M	0.46.22	2
106	765	LESLIE	FERREIRA	CRUSADE	M	26	SM	0.46.24	2
107	1448	THELMA	MCOPELO	NEDBANK	F	39	35-39F	0.46.32	3
108	949	COLBEN	NGCUPE	CHARLO	M	58	55-59M	0.46.32	3
109	50969	SITHA	SIGENU	REALGIJ	F	38	35-39F	0.46.34	0
110	1035	JEROME	MAY	XCEL	M	55	55-59M	0.46.41	3
111	1869	KESETSELEMANG	THAGAKANE	HOLLYWOO	M	38	35-39M	0.46.42	2
112	1138	MICHAEL	WALLIS	ACH	M	43	40-44M	0.46.43	2
113	1060	DEAN	FINLAY	ACH	M	55	55-59M	0.47.10	3
114	1863	DAVID	MAMA	HOLLYWOO	M	46	45-49M	0.47.11	2
115	1052	ASHWELL	JONAS	ACH	M	48	45-49M	0.47.23	2
116	637	MARK	GODDARD	ASPEN	M	25	SM	0.47.24	2
117	317	JEAN-PIERRE	VAN DER MERWE	MUIRITE	M	24	SM	0.47.24	2
118	1711	JACOBUS	JULIUS	GELVAN	M	47	45-49M	0.47.29	2
119	1198	GERHARD	VERMAAK	JBAY	M	27	SM	0.47.33	2
120	51584	LUCAS	JAMES	MUTUAL	M	41	40-44M	0.47.39	0
121	1824	VUYILE	TIKWAYO	VUKANI	M	40	40-44M	0.47.45	2
122	1282	SEBASTIAN	HAARHOFF	VWAC	M	44	40-44M	0.47.49	2
123	1516	THERESA	BUCHNER	32GI	F	36	35-39F	0.47.55	2
124	1528	KELVIN	SAMUEL	32GI	M	38	35-39M	0.47.59	2
125	1323	VUSUMZI	SIMAKUHLE	NEDBANK	M	56	55-59M	0.48.00	3
126	1275	PLAAITJIE	DAMONS	VWAC	M	58	55-59M	0.48.01	3
127	501	VUSIKAYA	MANCAPA	MOTHER	M	56	55-59M	0.48.07	3

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128	5325	JABULANI	DUBE	TEMP	M	51	50-54M	0.48.18	0
129	283	LORENZO	SAMUELS	MUIRITE	M	37	35-39M	0.48.19	2
130	934	HERMAN	SCHEEPERS	CHARLO	M	46	45-49M	0.48.21	2
131	1515	PAIGE	LEE	32GI	F	56	55-59F	0.48.27	5
132	525	ANTONIE	KOEN	RUN4C	M	45	45-49M	0.48.28	2
133	5166	ALEXANDER	DALEMAN	TEMP	M	22	SM	0.48.34	0
134	1521	GRANT	PATTINSON	32GI	M	46	45-49M	0.48.34	2
135	1001	AMANDA	SHAW	BODYCON	F	57	55-59F	0.48.35	5
136	555	BURNITA	STRYDOM	RUN4C	F	53	50-54F	0.48.38	4
137	1408	EDDIE	EADES	NEDBANK	M	73	70+M	0.48.38	5
138	903	KESVAL	CHETTY	CHARLO	M	57	55-59M	0.48.48	2
139	1450	NKHATHALLENG	KHIBA	NEDBANK	F	40	40-44F	0.48.48	2
140	506	MPUMELELO	NDLUMBINI	MOTHER	M	50	50-54M	0.48.50	2
141	601	MBULELO	KITAS	YOUTH	M	52	50-54M	0.48.51	2
142	1500	JONATHAN	MANDELL	32GI	M	57	55-59M	0.48.58	2
143	1444	MFUNDISO	LUVALO	NEDBANK	M	52	50-54M	0.49.03	2
144	1778	RUAAN	GELDENHUYS	ALBANY	M	35	35-39M	0.49.07	2
145	721	FIONA	FLEUR	CRUSADE	F	37	35-39F	0.49.16	2
146	904	MATTHEW	CULLIS	CHARLO	M	40	40-44M	0.49.16	2
147	952	CINDY	MARAIS	CHARLO	F	44	40-44F	0.49.17	2
148	948	THOMAS	MARAIS	CHARLO	M	35	35-39M	0.49.31	2
149	1666	Julia	Hofart	MADIBA	F	38	35-39F	0.49.33	2
150	5198	MICHELLE	REED	TEMP	F	36	35-39F	0.49.39	0
151	928	ALLISTER	MARRAN	CHARLO	M	46	45-49M	0.49.40	2
152	5182	JOHN-JACQUES	MALAN	TEMP	M	25	SM	0.49.42	0
153	143	LUVUYO	CAMAGU	PEAAC	M	31	SM	0.49.52	1
154	1377	TSHIIDZI	RASITHITHI	NEDBANK	M	30	SM	0.49.53	1
155	876	GEORGE	WINSHIP	CHARLO	M	56	55-59M	0.49.58	2
156	5197	SEAN	RADUE	TEMP	M	50	50-54M	0.50.00	0
157	1420	GRAEME	TING CHONG	NEDBANK	M	53	50-54M	0.50.01	2
158	851	DANNY	DARNE	CHARLO	M	44	40-44M	0.50.04	2
159	1224	SHAUN	NEL	ELITEAC	M	47	45-49M	0.50.07	2
160	883	LINDI	VAN TONDER	CHARLO	F	44	40-44F	0.50.11	2
161	263	LINDIKHAYA	NTEYI	TINARHA	M	42	40-44M	0.50.12	2
162	1360	SITHEMBILE	MPAKO	NEDBANK	M	61	60-64M	0.50.13	2
163	1033	SALWYN	DENNIS	XCEL	M	44	40-44M	0.50.26	2
164	1546	ISCHKE	LAMBRECHTS	DESPATCH	F	38	35-39F	0.50.30	2
165	1848	DENVER	PETERSEN	GELVAN	M	38	35-39M	0.50.32	1
166	1043	DAVID	BAINS	XCEL	M	55	55-59M	0.50.36	2
167	609	CINDY	MILLER	ASPEN	F	42	40-44F	0.50.43	2
168	581	ZAMILE	FUTA	YOUTH	M	63	60-64M	0.50.48	2
169	1396	BUYELWA	KOBOKANA	NEDBANK	F	57	55-59F	0.50.50	4
170	91	DENZIL	KOOPMAN	INFINITY	M	51	50-54M	0.50.51	2
171	1251	CLIVE	WEWERS	ELITEAC	M	61	60-64M	0.50.52	2
172	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	61	60-64F	0.50.53	5
173	1428	TANYA	MEYER	NEDBANK	F	37	35-39F	0.51.02	2
174	619	BRETT	HOLMES	ASPEN	M	47	45-49M	0.51.13	2
175	995	JACQUES-PIERRE	BEKKER	CHARLO	M	28	SM	0.51.17	1
176	1536	TRACEY	VAN GREUNEN	32GI	F	30	SF	0.51.18	2
177	1537	BRANDON	van der Walt	32GI	M	30	SM	0.51.20	1
178	1544	NOLEEN	AMBRAAL	DESPATCH	F	52	50-54F	0.51.20	2
179	1949	LEONARD	CONRADIE	BLUEBAY	M	67	65-69M	0.51.22	2
180	770	WINSLOW	BOUWER	CRUSADE	M	37	35-39M	0.51.24	1
181	855	GREGORY	ROSS	CHARLO	M	48	45-49M	0.51.28	2
182	967	MIKE	BURGER	CHARLO	M	62	60-64M	0.51.30	2
183	953	CYNTHIA	HEYNS	CHARLO	F	38	35-39F	0.51.33	2
184	5339	JOHAN	NEL	TEMP	M	55	55-59M	0.51.37	0
185	1675	MARIUS	ZEELIE	MADIBA	M	56	55-59M	0.51.38	2
186	1566	RUAN	WELGEMOED	DESPATCH	M	27	SM	0.51.56	1
187	181	TINASHE	MANDIZVIEZA	SPAREC	M	40	40-44M	0.51.58	1
188	1575	LESLEY-ANN	BUSH	DESPATCH	F	49	45-49F	0.51.59	2
189	5200	GAVIN	SCHONKNECHT	TEMP	M	54	50-54M	0.52.01	0
190	5321	LUTHANDO	NDZAMBA	TEMP	M	38	35-39M	0.52.14	0
191	5311	STEYN	WILLIAMS	TEMP	M	22	SM	0.52.21	0

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192	1700	ELIZE	ADAMS	GELVAN	F	47	45-49F	0.52.26	2
193	1250	PETER	VAN RENSBURG	ELITEAC	M	63	60-64M	0.52.40	2
194	1871	MPITILE	TSOKA	HOLLYWOO	M	41	40-44M	0.52.40	1
195	1721	LIZETTE	OLIVER	GELVAN	F	35	35-39F	0.52.41	1
196	1590	ANNEKE	MOORE	DESPATCH	F	38	35-39F	0.52.42	1
197	1559	RENE	SWART	DESPATCH	F	51	50-54F	0.52.44	2
198	905	JANET	VAN NIEKERK	CHARLO	F	45	45-49F	0.52.50	2
199	1601	ANIZE	GERBER	DESPATCH	F	49	45-49F	0.53.01	2
200	1389	MARTIE	VAN SCHALKWYK	NEDBANK	F	57	55-59F	0.53.03	2
201	1459	MICHELE	MOOLMAN	NEDBANK	F	37	35-39F	0.53.12	1
202	1031	CHESTER	BROOKS	XCEL	M	64	60-64M	0.53.17	2
203	1656	SCHOOMBEE	PRETORIUS	MADIBA	M	64	60-64M	0.53.18	2
204	1635	DORIS	GERBER	MADIBA	F	51	50-54F	0.53.19	2
205	277	DE WET	WILLIAMS	MUIRITE	M	60	60-64M	0.53.23	2
206	857	DELWYN	NEL	CHARLO	M	50	50-54M	0.53.24	1
207	1534	LEON	VOULTSOS	32GI	M	48	45-49M	0.53.28	1
208	723	ALETTA	JOUBERT	CRUSADE	F	60	60-64F	0.53.38	3
209	1627	NATASHA	SMITH	MADIBA	F	35	35-39F	0.53.43	1
210	1607	ILANA	BOSHOFF	DESPATCH	F	42	40-44F	0.53.45	1
211	1284	DEAN	BOSMAN	VWAC	M	39	35-39M	0.53.46	1
212	5334	DELME	REDCLIFFE	TEMP	M	38	35-39M	0.53.49	0
213	1560	PIETER	STRYDOM	DESPATCH	M	60	60-64M	0.53.50	2
214	36	LANCE	PETERSEN	PEAAC	M	49	45-49M	0.53.57	1
215	1211	SANETTE	RYAN	ELITEAC	F	51	50-54F	0.54.00	2
216	82	LETA	DOS SANTOS	INFINITY	F	57	55-59F	0.54.01	2
217	5181	MAARTIN	LEWIS	TEMP	M	47	45-49M	0.54.03	0
218	1234	DEWALD	DEYSEL	ELITEAC	M	39	35-39M	0.54.03	1
219	692	GODFREY	GELDERBLOEM	NMBMUN	M	53	50-54M	0.54.06	1
220	1565	BONITA	WEITSZ	DESPATCH	F	49	45-49F	0.54.09	2
221	1600	YVETTE	JONKER	DESPATCH	F	50	50-54F	0.54.14	2
222	5256	JENN	SEADY	TEMP	F	49	45-49F	0.54.15	0
223	741	MARGARET	LLOYD	CRUSADE	F	58	55-59F	0.54.16	2
224	922	Sherwin	Plaatjies	CHARLO	M	41	40-44M	0.54.17	1
225	1653	LOUIS	PRETORIUS	MADIBA	M	64	60-64M	0.54.17	2
226	4368	Mieke	Coetzee	DESPATCH	F	16	JF	0.54.21	1
227	567	DOMINIQUE	BLIGNAULT	RUN4C	M	32	SM	0.54.22	1
228	1574	CHRISTO	GERBER	DESPATCH	M	47	45-49M	0.54.32	1
229	1557	CARIN	COETZEE	DESPATCH	F	45	45-49F	0.54.35	2
230	1717	ANTOINETTE	HUMAN	GELVAN	F	53	50-54F	0.54.35	2
231	5323	LINOTHANDO	PLAATJIE	TEMP	M	15	JM	0.54.39	0
232	521	ALECHE	BARNARD	RUN4C	F	27	SF	0.54.41	1
233	1273	BUYILE	GQUBULE	VWAC	M	55	55-59M	0.54.43	1
234	1588	JACQUES	BOTHA	DESPATCH	M	47	45-49M	0.54.45	1
235	1663	PATRICK	Sharp	MADIBA	M	65	65-69M	0.54.51	2
236	750	PIETER	ROUX	CRUSADE	M	67	65-69M	0.54.54	2
237	5343	IVAN	MOSES	TEMP	M	59	55-59M	0.54.55	0
238	556	ARTHUR	WILLIAMS	RUN4C	M	59	55-59M	0.54.57	1
239	543	VERONICA	SMITH	RUN4C	F	55	55-59F	0.55.00	2
240	1669	BASIL	MCLEAN	MADIBA	M	63	60-64M	0.55.00	1
241	346	UNKNOWN		TEMP	M	34	SM	0.55.01	0
242	1932	LIZELLE	NOTLEY	BLUEBAY	F	39	35-39F	0.55.05	1
243	1258	MARTIN	LANGLEY	ELITEAC	M	42	40-44M	0.55.09	1
244	951	JACKIE	GROBLER	CHARLO	F	46	45-49F	0.55.11	1
245	2029	ANDILE	MLUMISO	NMBMUN	M	41	40-44M	0.55.14	1
246	1547	STEPHANUS	LAMBRECHTS	DESPATCH	M	39	35-39M	0.55.15	1
247	746	JOHAN	BARNARD	CRUSADE	M	67	65-69M	0.55.16	2
248	1299	MICHAEL	SLATER	VWAC	M	51	50-54M	0.55.21	1
249	1644	JAN	LE ROUX	MADIBA	M	33	SM	0.55.24	1
250	1054	LIZ	PRINS	ACH	F	52	50-54F	0.55.25	2
251	5191	KELLY	NAIDOO	TEMP	F	40	40-44F	0.55.26	0
252	992	PETER	VENTER	CHARLO	M	41	40-44M	0.55.26	1
253	618	KELLY	HOLMES	ASPEN	F	45	45-49F	0.55.29	1
254	5199	PRISHEN	RYAN	TEMP	M	31	SM	0.55.33	0
255	990	KIM	VENTER	CHARLO	F	37	35-39F	0.55.34	1

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
256	896	GAVIN	MATTHEWS	CHARLO	M	46	45-49M	0.55.35	1
257	909	MICHELLE	DALTON	CHARLO	F	33	SF	0.55.35	1
258	1354	LAURIKA	VON ALLEMANN	NEDBANK	F	38	35-39F	0.55.36	1
259	1479	TENIELLE	DE ANDRADE	32GI	F	37	35-39F	0.55.37	1
260	1498	CURT	ROBERTS	32GI	M	37	35-39M	0.55.50	1
261	1826	AKHONA	NTANJANA	VUKANI	F	34	SF	0.56.04	1
262	371	SONWABO	MADIKANE	IKHAMVA	M	39	35-39M	0.56.09	1
263	1429	RIKA	TERBLANCHE	NEDBANK	F	44	40-44F	0.56.10	1
264	1638	SHELLEY ANNE	VAN RENSBURG	MADIBA	F	52	50-54F	0.56.15	1
265	1880	MNIKELI	NQEBE	HOLLYWOO	M	60	60-64M	0.56.40	1
266	524	CHARLOTTE	VAN WYK	RUN4C	F	40	40-44F	0.56.46	1
267	1209	CARRYN	WEWERS	ELITEAC	F	26	SF	0.56.51	1
268	1673	COLIN	INGRAM	MADIBA	M	62	60-64M	0.56.52	1
269	1087	FRANCOIS	SMIT	ACH	M	62	60-64M	0.57.04	1
270	284	ESTELLE	VAN DER MERWE	MUIRITE	F	56	55-59F	0.57.07	2
271	5172	ANDREW	HART	TEMP	M	53	50-54M	0.57.11	0
272	5195	PRESTON	PETERSEN	TEMP	M	33	SM	0.57.21	0
273	1942	IAN	KILLIAN	BLUEBAY	M	32	SM	0.57.25	1
274	1331	JAN	LE ROUX	NEDBANK	M	62	60-64M	0.57.29	1
275	1962	DANIEL	PIETERSE	BLUEBAY	M	59	55-59M	0.57.33	1
276	694	LIKHAYA	NCOKO	NMBMUN	M	34	SM	0.57.36	1
277	1333	MBULELO	SOBIKWA	NEDBANK	M	67	65-69M	0.57.50	1
278	51710	THANDEKA	MHLANGA	OTHER	F	31	SF	0.57.56	0
279	307	DENVER	HUME	MUIRITE	M	44	40-44M	0.58.04	1
280	1291	ASHENDA	MAKONIE	VWAC	F	46	45-49F	0.58.09	1
281	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	49	45-49M	0.58.09	1
282	561	DARRYL	CALVERT	RUN4C	M	46	45-49M	0.58.15	1
283	296	LIZ	JENKERSON	MUIRITE	F	75	70+F	0.58.15	3
284	705	OCTAVIA	BOSHOFF	CRUSADE	F	52	50-54F	0.58.23	1
285	745	KATHLEEN	FLANAGAN	CRUSADE	F	36	35-39F	0.58.24	1
286	1264	LAVINIA	PIETERSE	VWAC	F	47	45-49F	0.58.29	1
287	1567	JACOBUS	WYATT	DESPATCH	M	58	55-59M	0.58.31	1
288	5169	MARENE	FOURIE	TEMP	F	38	35-39F	0.58.34	0
289	5170	MIKE	FOURIE	TEMP	M	40	40-44M	0.58.37	0
290	1115	ANNE	WALLIS	ACH	F	40	40-44F	0.58.38	1
291	1065	DANIELLE	LUDEN	ACH	F	37	35-39F	0.58.39	1
292	1636	LISTIA	NEL	MADIBA	F	47	45-49F	0.58.41	1
293	1677	LUETTE	NEL	MADIBA	F	44	40-44F	0.58.52	1
294	1445	NOYISE	LUVALO	NEDBANK	F	42	40-44F	0.58.53	1
295	674	YENZILE	MDODANA	NMBMUN	F	30	SF	0.58.55	1
296	1271	LEZELL	HARRIS	VWAC	F	48	45-49F	0.58.56	1
297	724	Liesel	Dorothy	CRUSADE	F	38	35-39F	0.58.58	1
298	5324	LIZE	LOMBARD	TEMP	F	25	SF	0.58.58	0
299	1860	DESIREE	TITUS	GELVAN	F	56	55-59F	0.59.10	1
300	5313	YOLANDE	LOUW	TEMP	F	43	40-44F	0.59.15	0
301	1424	SAM	ERASMUS	NEDBANK	M	64	60-64M	0.59.15	1
302	923	EVA	CHETTY	CHARLO	F	53	50-54F	0.59.21	1
303	882	ARMIN	BRANDLE	CHARLO	M	70	70+M	0.59.31	1
304	5161	EBEN	BARNARD	TEMP	M	30	SM	0.59.33	0
305	707	CHARL	GRIESSEL	CRUSADE	M	58	55-59M	0.59.34	1
306	792	IGNIS	MCLAREN	RUN4C	M	56	55-59M	0.59.35	1
307	5259	VUKOSI	SHIRINDZA	TEMP	M	27	SM	0.59.36	0
308	5301	IMKE	SMIT	TEMP	F	33	SF	0.59.47	0
309	1010	JAN	VAN EEDEN	NEDBANK	M	63	60-64M	0.59.47	1
310	1298	MPHATHISI	MJADU	VWAC	M	50	50-54M	0.59.54	1
311	1995	WAYNE	MAC GEAR	MADIBAZ	M	58	55-59M	1.00.00	1
312	5316	JORDAN	VOGEL	TEMP	M	24	SM	1.00.03	0
313	1321	NOMATEMBA	GUM	NEDBANK	F	48	45-49F	1.00.04	1
314	361	JULIUS	SHOGOLE	IKHAMVA	M	69	65-69M	1.00.05	1
315	5318	MARK	BOTHA	TEMP	M	50	50-54M	1.00.07	0
316	320	JENNY	VAN DER WALT	MUIRITE	F	39	35-39F	1.00.07	1
317	1582	MARINET	VAN TONDER	DESPATCH	F	43	40-44F	1.00.22	1
318	8305	MARICIA	SCHULPFORT	MAZARS	F	35	35-39F	1.00.29	0
319	956	NEELESH	BHANA	CHARLO	M	50	50-54M	1.00.29	1

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320	1507	CORRINE	VOS	32GI	F	41	40-44F	1.00.34	1
321	1197	FREDERIKA	Woolley	JBAY	F	22	SF	1.00.36	1
322	45	BRENDON	JACOBS	SAPPE	M	32	SM	1.00.39	1
323	5319	LWENDA	JIM	TEMP	M	38	35-39M	1.00.41	0
324	5187	MICHELLE	MEYER	TEMP	F	42	40-44F	1.00.41	0
325	335	KAREN	HUME	MUIRITE	F	43	40-44F	1.00.52	1
326	6442	THEMBA	NTANZI	WATER	M	46	45-49M	1.00.55	0
327	5168	JANI	DEYZEL	TEMP	F	28	SF	1.00.56	0
328	1648	KEITH	VALENTINE	MADIBA	M	31	SM	1.01.16	1
329	1045	YUSUF	SAMUELS	XCEL	M	62	60-64M	1.01.16	1
330	100	LYNETTE	CRAUSE	INFINITY	F	62	60-64F	1.01.54	1
331	1832	ANELE	MESANI	VUKANI	M	42	40-44M	1.01.59	1
332	1466	AT	SCHOEMAN	NEDBANK	M	65	65-69M	1.02.01	1
333	856	LOGAMURTHIE	ATHIEMOOLAM	CHARLO	M	59	55-59M	1.02.21	1
334	974	PAULA	PEARCE	CHARLO	F	53	50-54F	1.02.22	1
335	969	GARY	KELLEHER	CHARLO	M	64	60-64M	1.02.26	1
336	1016	LINDA	BARKHUIZEN	BODYCON	F	53	50-54F	1.02.30	1
337	541	GIANNI	TISTELLI	RUN4C	M	50	50-54M	1.02.39	1
338	1446	SYLMA	WATKINS	NEDBANK	F	53	50-54F	1.02.43	1
339	717	EMELISA	MEIRING	CRUSADE	F	30	SF	1.02.44	1
340	299	JOHANNES	HERBST	MUIRITE	M	76	70+M	1.03.10	1
341	52162	GILES	ALEXANDER	ESKOM	M	49	45-49M	1.03.14	0
342	5338	BRENDON	PERSENS	TEMP	M	47	45-49M	1.03.16	0
343	1779	DALEEN	FERREIRA	ALBANY	F	33	SF	1.03.22	1
344	1277	DENVER	ELLIE	VWAC	M	41	40-44M	1.03.25	1
345	1051	LIZ	AUSTIN	ACH	F	63	60-64F	1.03.28	1
346	884	KRISH	PILLAY	CHARLO	M	60	60-64M	1.03.36	1
347	679	THEMBELA	MANYA	NMBAC	F	38	35-39F	1.03.40	0
348	539	VINCENT	SWART	RUN4C	M	48	45-49M	1.03.46	1
349	1670	HELEN	MCLEAN	MADIBA	F	61	60-64F	1.04.03	1
350	1951	RENEE	HAWKRIDGE	BLUEBAY	F	71	70+F	1.04.04	1
351	886	CELEST	JOYCE	CHARLO	F	53	50-54F	1.04.05	1
352	889	PETER	POHLMANN	CHARLO	M	58	55-59M	1.04.09	1
353	1624	ESTELLE	DE KLERK	MADIBA	F	55	55-59F	1.04.11	1
354	1631	AMANDA	BLIGNAULT	MADIBA	F	62	60-64F	1.04.13	1
355	1654	IRMA	INGRAM	MADIBA	F	56	55-59F	1.04.36	1
356	5347	ELSABE	JANSE VAN RENSBURG	TEMP	F	40	40-44F	1.04.59	0
357	97	INA	MEAKER	INFINITY	F	60	60-64F	1.05.00	1
358	1935	XENOPHON	FERREIRA	BLUEBAY	M	60	60-64M	1.05.00	1
359	1802	THOBEKA	MABUSELA	VUKANI	F	60	60-64F	1.05.07	1
360	5188	NADA	MPUPU	TEMP	F	22	SF	1.05.07	0
361	780	SHAVONNE	VAN STADEN	CRUSADE	F	40	40-44F	1.05.08	1
362	1556	RIAANA	BOUWER	DESPATCH	F	45	45-49F	1.05.08	1
363	1936	MARKUS	KUNNEKE	BLUEBAY	M	52	50-54M	1.05.15	1
364	1231	HELENE	OPPEL	ELITEAC	F	72	70+F	1.05.15	1
365	1348	XOLILE	GOMOMO	NEDBANK	M	69	65-69M	1.05.16	1
366	1349	CAROLINE	ZINTO	NEDBANK	F	41	40-44F	1.05.17	1
367	1674	ELZETTE	ZEELIE	MADIBA	F	54	50-54F	1.05.19	1
368	1655	ANITA	COETZER	MADIBA	F	48	45-49F	1.05.23	1
369	5317	SANET	NIIT	TEMP	F	53	50-54F	1.05.25	0
370	748	MELINDA	ROIG-VARELA	CRUSADE	F	52	50-54F	1.05.32	1
371	5177	KIM-LIN	JONES	TEMP	F	29	SF	1.05.38	0
372	620	MARK	ROSS	ASPEN	M	56	55-59M	1.05.43	1
373	5306	CHANTELL	VAN BAALEN	TEMP	F	45	45-49F	1.05.44	0
374	1725	PEARL	DAMONS	GELVAN	F	58	55-59F	1.05.44	1
375	509	XHANDI	MANTSHIYO	MOTHER	M	54	50-54M	1.05.47	1
376	95	ZELDA	KRIGE	INFINITY	F	61	60-64F	1.05.49	1
377	562	JUDITH	NIENABER	RUN4C	F	62	60-64F	1.05.53	1
378	315	SIMONE	POTGIETER	MUIRITE	F	43	40-44F	1.05.58	1
379	1248	EULIDA	OELOFSE	ELITEAC	F	48	45-49F	1.06.05	1
380	1592	WERNER	CLAASSEN	DESPATCH	M	58	55-59M	1.06.08	1
381	1136	CATHY	IVES	ACH	F	68	65-69F	1.06.10	1
382	1939	RUDY	BUYS	BLUEBAY	M	45	45-49M	1.06.11	1
383	1220	ANDRE	FOURIE	ELITEAC	M	74	70+M	1.06.12	1

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
384	1462	CHUMA	MKONJWA	NEDBANK	M	35	35-39M	1.06.21	1
385	21	JEANETTE	PIENAAR	PEAAC	F	73	70+F	1.06.28	1
386	1563	YOLANDE	VAN ROOYEN	DESPATCH	F	42	40-44F	1.06.31	1
387	677	ZOLISWA	MBANGE	NMBMUN	F	42	40-44F	1.06.55	1
388	1591	MOSSIE	MOSTERT	DESPATCH	M	58	55-59M	1.06.55	1
389	552	BERNADETTE	LOOCK	RUN4C	F	42	40-44F	1.07.01	1
390	10	RENIER	VAN VUUREN	PEAAC	M	65	65-69M	1.07.01	1
391	719	MICHELLE	GEIGER	CRUSADE	F	48	45-49F	1.07.01	1
392	289	RENAY	DU PLESSIS	MUIRITE	F	53	50-54F	1.07.20	1
393	1527	NIKI	RYAN	32GI	F	40	40-44F	1.07.36	1
394	1947	GEOFF	HAWKRIDGE	BLUEBAY	M	74	70+M	1.07.45	1
395	776	CHANDRE	WEST	CRUSADE	F	46	45-49F	1.07.50	1
396	5315	MORNÃ©	MEIRING	TEMP	M	42	40-44M	1.07.56	0
397	362	PHATHEKA	MOKGWETSI	IKHAMVA	F	30	SF	1.08.00	1
398	1529	COLIN	STEPHEN	32GI	M	34	SM	1.08.05	1
399	1940	JACKI	LYLE	BLUEBAY	F	41	40-44F	1.08.05	1
400	1967	SONJA	OLIVIER	BLUEBAY	F	54	50-54F	1.08.19	1
401	5309	TERSIA	WEYER	TEMP	F	54	50-54F	1.08.32	0
402	5308	MARK	WEYER	TEMP	M	57	55-59M	1.08.32	0
403	929	ANUSHA	NAIDU	CHARLO	F	55	55-59F	1.08.40	1
404	624	BANDLAKAZI	CABA	ASPEN	F	34	SF	1.08.41	1
405	713	DENISE	FERREIRA	CRUSADE	F	60	60-64F	1.08.41	1
406	310	SAMANTHA	COUZYN	MUIRITE	F	51	50-54F	1.08.47	1
407	5180	GWEN	LANDMAN	TEMP	F	47	45-49F	1.08.49	0
408	1634	TANIA	TRUTER	MADIBA	F	49	45-49F	1.09.03	1
409	5164	SHELDON	CLACK	TEMP	M	30	SM	1.09.09	0
410	1239	YOLANDE	KNOETZE	ELITEAC	F	54	50-54F	1.09.13	1
411	984	BELINDA	BAIN	CHARLO	F	59	55-59F	1.09.44	1
412	5167	YOLANDE	DE VOS	TEMP	F	47	45-49F	1.09.53	0
413	5165	DANIELLE	CLACK	TEMP	F	27	SF	1.09.54	0
414	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	43	40-44F	1.09.54	1
415	5327	LYLE	ROCKMAN	TEMP	M	27	SM	1.09.56	0
416	5328	NICOLE	SCHOEMAN	TEMP	F	24	SF	1.09.57	0
417	4354	RUTH	SCHNETLER	CHARLO	F	17	JF	1.10.03	1
418	935	BRENTON	SCHNETLER	CHARLO	M	47	45-49M	1.10.08	1
419	1491	LOUISE	JOUBERT	32GI	F	47	45-49F	1.10.08	1
420	303	SANET	VAN NIEKERK	MUIRITE	F	53	50-54F	1.10.13	1
421	5307	WARREN	WAGENAAR	TEMP	M	46	45-49M	1.10.26	0
422	52163	MARUSHKA	INGRAM	ESKOM	F	42	40-44F	1.10.30	0
423	901	EUSENTHA	PILLAY	CHARLO	F	56	55-59F	1.10.31	1
424	1764	EUNICE	KEFILE	TRANSNET	F	47	45-49F	1.10.31	1
425	5336	LISA	RANDALL	TEMP	F	42	40-44F	1.10.49	0
426	5337	MICHELLE	BLOM	TEMP	F	44	40-44F	1.10.55	0
427	309	YVETTE	BROPHY	MUIRITE	F	52	50-54F	1.11.05	1
428	531	NEVILLE	MARTIN	RUN4C	M	62	60-64M	1.11.11	1
429	943	DENISE	DARLOW	CHARLO	F	53	50-54F	1.11.11	1
430	1375	BARRY	NELSON	NEDBANK	M	70	70+M	1.11.17	1
431	761	NTOKOZO	DAMBUZA	CRUSADE	F	43	40-44F	1.11.19	1
432	1901	SICELO	THABETHE	SIBALEKA	M	48	45-49M	1.11.29	1
433	753	PLACXEDES	NDHLOVU	CRUSADE	F	47	45-49F	1.11.31	1
434	871	RICHARD	DE ANDRADE	CHARLO	M	61	60-64M	1.11.36	1
435	5320	CHANTELL	PIETERSE	TEMP	F	30	SF	1.11.51	0
436	4353	THURAYA	PILLAY	CHARLO	F	20	JF	1.12.15	1
437	714	KARIEN	JOUBERT	CRUSADE	F	34	SF	1.12.21	1
438	1606	FANIE	CLAASSEN	DESPATCH	M	64	60-64M	1.12.21	1
439	1593	MADELEIN	CLAASSEN	DESPATCH	F	54	50-54F	1.12.37	1
440	1604	HENRY	HULME	DESPATCH	M	57	55-59M	1.12.37	1
441	183	RONEL	DE TARNOWSKY	SPAREC	F	41	40-44F	1.12.43	1
442	607	CHANTEL	ROSS	ASPEN	F	45	45-49F	1.12.57	1
443	1204	YOLANDA	DEYSEL	ELITEAC	F	46	45-49F	1.13.03	1
444	1710	REGINALD	JACOBS	GELVAN	M	70	70+M	1.13.09	1
445	1954	NWABISA	MSUTHWANA	BLUEBAY	F	41	40-44F	1.13.09	1
446	550	LIEZEL	WAIT	RUN4C	F	49	45-49F	1.13.10	1
447	1845	ANDISWA	MINI	VUKANI	F	41	40-44F	1.13.22	1

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
448	5332	SITEMBILE	GOQWANA	TEMP	M	37	35-39M	1.13.25	0
449	1661	PIETER	GERBER	MADIBA	M	63	60-64M	1.13.30	1
450	5329	JOHN	RAMABOEA	TEMP	M	39	35-39M	1.14.00	0
451	1737	CLAIRWEN	MEYER	BODYCON	F	43	40-44F	1.14.01	1
452	1738	IVO	MEYER	BODYCON	M	47	45-49M	1.14.13	1
453	1722	JASMINE	JACK	GELVAN	F	50	50-54F	1.14.16	1
454	1842	PATRICK	JACK	GELVAN	M	44	40-44M	1.14.20	1
455	54	DAVID	FORTEIN	SAPPE	M	57	55-59M	1.14.22	1
456	1765	NOLIZWI	XABADIYA	TRANSNET	F	40	40-44F	1.15.04	1
457	1492	LOUIS	JOUBERT	32GI	M	52	50-54M	1.15.12	1
458	1403	JOHAN	FERREIRA	NEDBANK	M	60	60-64M	1.15.49	1
459	98	AMANDA	WOLMARANS	INFINITY	F	63	60-64F	1.15.49	1
460	99	MARIUS	WOLMARANS	INFINITY	M	64	60-64M	1.15.51	1
461	5331	ZANDILE	MBALEKI	TEMP	F	31	SF	1.15.58	0
462	141	THEMBISILE	NTONI	PEAAC	M	74	70+M	1.16.14	1
463	907	PAVANA	PILLAY	CHARLO	F	21	SF	1.16.16	1
464	94	DENISE	TERBLANCHE	INFINITY	F	74	70+F	1.16.52	1
465	93	STEPHANIE	HAY	INFINITY	F	66	65-69F	1.16.52	1
466	1658	NIEKIE	OOSTHUIZEN	MADIBA	F	51	50-54F	1.16.57	1
467	585	VUYOKAZI	CANDA	YOUTH	F	42	40-44F	1.16.57	1
468	804	DEIDRE	GERBER	MADIBAZ	F	50	50-54F	1.17.05	1
469	1668	SHANTE	DU PLESSIS	MADIBA	F	29	SF	1.17.44	1
470	5340	GCOBISA	JOXO	TEMP	F	44	40-44F	1.17.56	0
471	453	JO-ANNE	MUIR	WALMER	F	52	50-54F	1.17.59	1
472	452	SHARON	POTGIETER	WALMER	F	57	55-59F	1.18.13	1
473	672	ANDISWA	JAFTA	NMBMUN	F	30	SF	1.18.44	1
474	1483	CASSANDRA	ERASMUS	32GI	F	38	35-39F	1.18.46	1
475	1657	SANDRA	SHARE	MADIBA	F	56	55-59F	1.18.47	1
476	527	MARYKE	MCLAREN	RUN4C	F	52	50-54F	1.18.57	1
477	5163	VERNA	CLAASSEN	TEMP	F	59	55-59F	1.19.00	0
478	5171	LUCEALLE	GOLIATH	TEMP	F	35	35-39F	1.19.10	0
479	5189	MAGGIE	MULLER	TEMP	F	66	65-69F	1.19.23	0
480	5173	ADELE	HODGSON	TEMP	F	43	40-44F	1.19.34	0
481	331	MARGARET	DU TOIT	MUIRITE	F	60	60-64F	1.19.34	1
482	286	SANET	BLOM	MUIRITE	F	54	50-54F	1.20.16	1
483	294	ANNA	WELGEMOED	MUIRITE	F	53	50-54F	1.20.16	1
484	5196	RESHAL	POOVAN	TEMP	F	54	50-54F	1.20.20	0
485	1215	HELEN	FOURIE	ELITEAC	F	52	50-54F	1.20.21	1
486	966	SONJA	BOSCH	CHARLO	F	59	55-59F	1.20.30	1
487	945	DEON	BOSCH	CHARLO	M	64	60-64M	1.20.37	1
488	5186	ELLENETTE	MEIRING	TEMP	F	41	40-44F	1.20.37	0
489	712	NDILEKA	THOMPSON	CRUSADE	F	44	40-44F	1.20.47	1
490	1135	MOF	BOTHA	ACH	M	66	65-69M	1.21.27	1
491	5322	NWABISA	MALI	TEMP	F	34	SF	1.21.30	0
492	5346	PHILISA	NDZAMELA-QABA	TEMP	F	42	40-44F	1.22.14	0
493	1703	GODFREY	KARIEM	GELVAN	M	81	70+M	1.23.06	1
494	34	LEE-ANN	GARDNER	PEAAC	F	59	55-59F	1.23.45	1
495	1350	DOROTHY	HART	NEDBANK	F	84	70+F	1.23.45	1
496	5302	LIEZEL	SOOKDIN	TEMP	F	46	45-49F	1.23.59	0
497	63	ILSE	VOGEL	SAPPE	F	42	40-44F	1.25.27	1
498	942	EDITH	MAC GEAR	CHARLO	F	54	50-54F	1.25.50	1
499	5335	MARILYN	FRASER	TEMP	F	49	45-49F	1.25.51	0
500	566	MEGAN	BRUNSDON	RUN4C	F	31	SF	1.26.52	1
501	5178	RAY	KNOETZE	TEMP	M	63	60-64M	1.27.05	0
502	5174	CASEY	ISAACS	TEMP	F	44	40-44F	1.27.18	0
503	920	LOCHI	LOCHNER	CHARLO	M	74	70+M	1.29.17	1
504	334	NEIL	GROBLER	MUIRITE	M	62	60-64M	1.29.18	1
505	74	SHIRNA	SAUER	VWAC	F	44	40-44F	1.30.01	1
506	5185	MASINDI	MASIBIGIRI	TEMP	F	27	SF	1.30.01	0
507	5190	NADEEMA	MUSTHAN	TEMP	F	41	40-44F	1.30.45	0
508	5314	YVETTE	WEYERS	TEMP	F	45	45-49F	1.30.48	0
509	1327	NAMHLA	BILISHO	NEDBANK	F	44	40-44F	1.30.57	1
510	5344	NICOLENE	KEYS	TEMP	F	43	40-44F	1.31.40	0
511	689	NOMSABA	MCAKO	NMBMUN	F	46	45-49F	1.31.49	1

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
512	51521	KIDWELL	MATSHOTYANA	NEDBOR	M	43	40-44M	1.32.01	0
513	5305	REFILWE	TSATSIMPE	TEMP	F	25	SF	1.33.05	0
514	559	SILVIA	JONCK	RUN4C	F	60	60-64F	1.33.46	1
515	1570	ERIKA	BARNARD	DESPATCH	F	53	50-54F	1.35.07	1
516	936	MARGOT	SCHNETLER	CHARLO	F	44	40-44F	1.35.32	1
517	529	NOREEN	HUMAN	RUN4C	F	45	45-49F	1.35.57	1
518	553	JEANA	VERY	RUN4C	F	28	SF	1.35.58	1
519	432	LYNDENE	DAVIDSON	PROFILES	F	46	45-49F	1.37.52	1
520	431	VAL	SANDOW	PROFILES	F	76	70+F	1.37.52	1
521	451	ALAN	PENNEY	WALMER	M	75	70+M	1.38.35	1
522	5176	ISMAIL	JOGEE	TEMP	M	65	65-69M	1.38.38	0
523	20	BRIAN	SMITH	PEAAC	M	79	70+M	1.43.51	0
HELPERS RUN									
H1	1255	ERROL	WHITTAL	ELITEAC	M	46	45-49M	0.38.22	5
H2	282	ABDUL	WICOMB	MUIRITE	M	43	40-44M	0.38.42	4
H3	217	SAPHO	NKATA	CSEP	M	44	40-44M	0.41.49	3
H4	221	NYAMENDE	BUBELE	CSEP	M	27	SM	0.42.00	2
H5	202	MKHANYISI	DHINGWE	CSEP	M	30	SM	0.46.00	2
H6	1388	MORNE	GARDINER	NEDBANK	M	45	45-49M	0.46.26	2
H7	396	STANTON	FREEMAN	ACT AC	M	44	40-44M	0.47.12	2
H8	201	MPUMZI	MAPASA	CSEP	M	31	SM	0.50.00	1
H9	540	JACQUES	LANGLEY	RUN4C	M	33	SM	0.51.56	1
H10	220	BENNIE	THYSSE	CSEP	M	64	60-64M	0.54.08	2
H11	1256	JANINE	WHITTAL	ELITEAC	F	41	40-44F	0.54.13	1
H12	611	HAYLEY	NEWING	ASPEN	F	37	35-39F	0.54.27	1
H13	322	ROGER	REDCLIFFE	MUIRITE	M	31	SM	0.57.00	1
H14	225	JOHN	APPELS	CSEP	M	47	45-49M	0.57.34	1
H15	200	ERIKA	FOREMAN	CSEP	F	51	50-54F	0.58.01	1
H16	213	SHARON	SMUTS	CSEP	F	55	55-59F	0.58.49	1
H17	197	VUYISILE	DELIWE	CSEP	M	46	45-49M	0.59.10	1
H18	5917	GANIEF	DAVIDS	TEMP	M	55	55-59M	0.59.41	0
H19	204	GAYNOR	APPELS	CSEP	F	47	45-49F	1.02.56	1
H20	216	SUNET	HARRIS	CSEP	F	48	45-49F	1.04.40	1
H21	50	MICHAEL	DEKKER	SAPPE	M	49	45-49M	1.05.28	1
H22	455	JODI	PIENAAR	WALMER	M	28	SM	1.05.28	1
H23	198	RIAAN	SMALBERGER	CSEP	M	67	65-69M	1.09.52	1
H24	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	53	50-54F	1.10.20	1
H25	1343	BERENICE	SMITH	NEDBANK	F	57	55-59F	1.12.42	1
H26	530	ANDRE	PIENAAR	RUN4C	M	59	55-59M	1.16.42	1
H27	209	Siyasanga	Dlaku	CSEP	F	35	35-39F	1.17.40	1
H28	1434	DIANNE	HARTZENBERG	NEDBANK	F	63	60-64F	1.19.44	1