NMB X-COUNTRY SERIES 2 - ST ALBANS PRISON - 22/05/2022

RACE 1

8KM MEN 35-39

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	8197	RYAN	PETER	PANTHERS	M	38	35-39M	0.29.41	20
2	8232	THULANI	MDLALO	TRANSNET ENG EP	M	37	35-39M	0.29.43	19
3	6218	DENVER	PETERSEN	GELVAN A C	M	38	35-39M	0.29.48	18
4	8230	SANUSE	MBONENI	SAP A C EP	M	37	35-39M	0.31.13	17
5	8203	LITHANDO	SIKIWE	DESPATCH AC	M	36	35-39M	0.32.30	16
6	8210	NTSIKELELO	SEBE	NEDBANK RC EP	M	39	35-39M	0.33.23	15
7	8236	LONWABO	MKONZA	TEMP	M	36	35-39M	0.33.45	0
8	8231	LINDEN	NZEZA	NEDBANK RC EP	M	38	35-39M	0.35.11	14

8KM MEN 40 - 44

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	8219	MASANDE	MLONYENI	CHARLO A C	M	41	40-44M	0.29.09	20
2	8196	MILA	PASIYA	NEDBANK RC EP	M	42	40-44M	0.29.12	19
3	8225	SIZAKELE	DAYIMANI	KOWIE STRIDERS	M	44	40-44M	0.30.44	18
4	8198	STANTON	FREEMAN	ACT AC	M	44	40-44M	0.35.28	17

8KM MEN 45-49

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	8224	NOEL	ADAMS	GELVAN A C	M	49	45-49M	0.31.20	20
2	8222	FRANCISCO	VAN DEN BERG	ST ALBANS A C	M	46	45-49M	0.33.08	19
3	8233	SIDWELL	BALIWE	NEDBANK RC EP	M	49	45-49M	0.35.22	18
4	8208	RICHARD	MAZUNGULA	NEDBANK RC EP	M	45	45-49M	0.36.23	17
5	8229	ROGER	GYSMAN	RUN 4 CHRIST A C	M	48	45-49M	0.39.05	16
6	8220	DERRICK	DUBASE	SPAR EC A C	M	47	45-49M	0.44.50	15
7	8238	SELBY	THABETHE	SIBALEKA NANI A C	M	48	45-49M	1.09.41	14

8KM MEN 50 -54

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	8223	AUGUST	ESAU	NEDBANK RC EP	M	51	50-54M	0.33.24	20
2	8207	LUVUYO	STEPHEN	NEDBANK RC EP	M	52	50-54M	0.40.52	19

8KM MEN 55 - 59

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	8234	DESMOND	ZIBI	IKHAMVA A C	M	58	55-59M	0.29.57	20
2	8218	SITHEMBISO	YOZO	NEDBANK RC EP	M	58	55-59M	0.32.47	19
3	8217	CHRISTOPHER	MABENGEZA	NEDBANK RC EP	M	55	55-59M	0.34.01	18
4	6193	BERNARD	PETERSEN	MADIBAZ AC	M	56	55-59M	0.46.30	17

6KM MEN 60-64

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	6190	THOZAMILE	BOKOLO	MADIBAZ AC	M	60	60-64M	0.27.06	20
2	6211	COLIN	MCGEER	TEMP	M	63	60-64M	0.28.12	0
3	6212	SITHEMBILE	MPAKO	NEDBANK RC EP	M	61	60-64M	0.29.29	19
4	6205	JOSEPH	BAIN	ST ALBANS A C	M	62	60-64M	0.31.31	18
5	6196	SAM	ERASMUS	NEDBANK RC EP	M	64	60-64M	0.33.31	17

6KM NEN 65-69

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	6210	CHARLES	BAATJIES	GELVAN A C	M	65	65-69M	0.27.38	20
2	6195	MBULELO	SOBIKWA	NEDBANK RC EP	M	68	65-69M	0.38.07	19
3	6217	MOF	BOTHA	ACHILLES AAA	M	66	65-69M	0.50.54	18

6KM MEN 70 - 74

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	6214	HANNES	ELS	MADIBA BAY WARRIORS A C	M	72	70-74M	0.27.42	20

4KM MEN 80 - 84

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4948	GODFREY	KARIEM	GELVAN A C	M	81	80-84M	0.36.56	20

8KM JUNIOR MEN (2003 - 2004)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	8200	APHELELE	SEPTEMBER	ACT AC	M	17	JM	0.28.43	20
2	8226	LIME	VALUVALU	KOWIE STRIDERS	M	17	JM	0.31.39	19
3	8227	XABISA	MAZANTSI	KOWIE STRIDERS	M	17	JM	0.31.41	18
4	8228	MPHO	NXABAZI	KOWIE STRIDERS	M	19	JM	0.32.45	17
5	8199	LIYEMA	MARIKWA	ACT AC	M	18	JM	0.35.08	16
6	8194	LUKE	CLOTZ	CRONJE	M	17	JM	0.37.26	15
7	8213	SEBASTIAN	CEDRAS	ATLANTIC ACES	M	18	JM	0.38.27	14

8	8202	SINETHEMBA	NGABASE	SIBALEKA NANI A C	M	19	JM	0.38.49	13

6KM BOYS U17 (2005)

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	6181	KEANU	WELCH	BRANDWAG HS / ST ALBANS AC	M	17	B17	0.21.11	20
2	6219	LITHETHA	GCUME	KOWIE STRIDERS	M	16	B17	0.22.17	19
3	6179	STEPHEN	BOTHMA	BRANDWAG HS / ST ALBANS AC	M	16	B17	0.22.17	18
4	6225	MIHLALI	MAGAGU	KOWIE STRIDERS	M	16	B17	0.23.10	17
5	6224	AYABULELA	MARKUS	TINARHA A C	M	17	B17	0.23.41	16
6	6189	MARCO	SPRONG	FRAMSBY HS	M	16	B17	0.24.18	15
7	6222	ZUKISA	POTWANA	KOWIE STRIDERS	M	16	B17	0.25.01	14
8	6226	ATHI	KLAAS	KOWIE STRIDERS	M	17	B17	0.25.47	13
9	6223	LUHLUMILE	NYIKI		M	16	B17	0.28.05	12
10	6194	PHILA	NDUZULWANA	PANTHERS	M	16	B17	0.28.31	11
11	6200	SIMAMKELE	SAKATA	ACT AC	M	17	B17	0.31.11	10

6KM BOYS U16 (BORN 2006)

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	6180	WIEHAN	MAREE	BRANDWAG HS / ST ALBANS AC	M	15	B16	0.22.51	20
2	6201	OYENA	NDINGANA	ACT AC	M	16	B16	0.22.52	19
3	6203	LIMIKHAYA	NGQANDU	ACT AC	M	15	B16	0.23.45	18
4	6221	SAWULI	LIYEMA	PHAPHANI HS	M	15	B16	0.25.01	17
5	6220	ZANTSI	LUBABALO	PHAPHANI HS	M	15	B16	0.25.34	16
6	6213	LUTHO	MGATIWA	ST ALBANS A C	M	16	B16	0.26.59	15
7	6197	CALEB	LOTTERING	ATLANTIC ACES	M	15	B16	0.27.04	14
8	6198	NATHAN	LOTTERING	ATLANTIC ACES	M	16	B16	0.31.28	13

4KM WOMEN 40 - 44

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4779	REFILWE	SOLOMONS	NEDBANK RC EP	F	41	40-44F	0.17.33	20
2	4575	PEARL	PRINSLOO	ELITE AC	F	43	40-44F	0.17.43	19
3	4909	HESTER	KINGWILL	RUN 4 CHRIST A C	F	41	40-44F	0.17.51	18
4	4564	YOLANDE	LOUW	RUN 4 CHRIST A C	F	43	40-44F	0.22.20	17

4KM WOMEN 45 - 49

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4910	ELIZE	ADAMS	GELVAN A C	F	47	45-49F	0.21.25	20
2	4577	PRISULLA	MABENGEZA	NEDBANK RC EP	F	48	45-49F	0.23.12	19

4KM WOMEN 50 - 54

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4579	JENE	BANFIELD	RUN 4 CHRIST AC	F	51	50-54F	0.18.02	20

4KM WOMEN 70 - 74

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4573	JOS	ELS	MADIBA BAY WARRIORS	F	70	70-74F	0.26.26	20

6KM JUNIOR WOMEN (BORN 2003 - 2004)

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	6216	PHUMELA	MEMANI	MADIBAZ AC	F	17	JF	0.27.06	20
2	6188	ANABELLE	JONCK	FRAMSBY HS	F	17	JF	0.35.05	19
3	6191	SIHLE	MAJANTI	MADIBAZ AC	F	17	JF	0.40.52	18

8KM WRONG RACE

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME
	8221	SIBONGILE	MGQEBA	VUKANI M S	F	34	SF	0.41.44
	8237	NOBESUTU	ZITA	SIBALEKA NANI A C	F	30	SF	1.08.26

RACE 2

10KM OPEN MEN

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	154	THABANG	MASIAKO	BOXER A C	M	26	SM10	0.32.29	0
2	152	MELIKHAYA	FRANS	IKHAMVA A C	M	31	SM10	0.32.33	20
3	149	ANDILE	MOTWANA	NEDBANK RC EP	M	25	SM10	0.32.34	19
4	151	SIBAHLE	MAQWARA	NEDBANK RC EP	M	20	SM10	0.34.41	18
5	150	ZOLANI	MABONGO	SIBALEKA NANI A C	M	35	SM10	0.34.53	17
6	160	SINETHEMBA	MIRELE	NEDBANK RC EP	M	25	SM10	0.35.31	16
7	145	MELIKHAYA	KEPE	NEDBANK RC EP	M	45	SM10	0.36.04	15
8	167	TAWANDA	CHIKOTI	NEDBANK RC EP	M	23	SM10	0.36.12	14
9	146	ANELE	MALIZA	NEDBANK RC EP	M	44	SM10	0.36.39	13
10	8235	HOPEWELL	JABAVU	IKHAMVA A C	M	38	SM10	0.36.51	12

11	162	SANGEZO	MDEDELWA	TEMP	M	28	SM10	0.37.22	0
12	161	MANDISI	ZAMANI	NEDBANK RC EP	M	29	SM10	0.37.49	11
13	144	SICELO	MASHABA	MADIBAZ AC	M	21	SM10	0.37.50	10
14	157	SIBUSISO	THU	SIBALEKA NANI A C	M	34	SM10	0.39.23	9
15	166	MARCELLO	DANSTER	TEMP	M	22	SM10	0.40.33	0
16	158	XOLISA	KULA	SIBALEKA NANI A C	M	32	SM10	0.40.57	8
17	159	LUWAYNE	OLIPHANT	SIBALEKA NANI A C	M	25	SM10	0.45.33	7
18	165	PETER	NTSHIKILA	TINARHA A C	M	59	SM10	0.48.02	6

10KM OPEN WOMEN

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	168	OLWETHU	BOMVANA	MOTHERWELL AC	F	35	SF10	0.50.43	20
2	147	ANDISWA	FEZANI	NEDBANK RC EP	F	34	SF10	0.55.24	19

RACE 3

1KM BOYS 8 YEARS (2014 & AFTER)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	1089	NATHAN	KINGWILL	GREY J S	M	7	B08	0.04.33	20
2	1088	NAKHANE	MALULEKA	ACT AC	M	6	B08	0.04.41	19
3	1084	ELCHAVARNO	DE VOS	SEAGULL PS	M	6	B08	0.04.49	18
4	1083	JORDAN	DANIELS	SEAGULL PS	M	8	B08	0.04.53	17
5	1090	LIMNANDI	GROOTBOOM	TINARHA AC	M	7	B08	0.05.31	16
6	1091	ISANGO	DELIWE		M	7	B08	0.05.45	15
7	1081	LUSHANE	BOSMAN	HILLCREST PS	M	8	B08	0.05.47	14
8	1086	BAREND	KRUGER	ALTONA PS	M	6	B08	0.06.17	13

1KM GIRLS 8 YEARS (2014 & AFTER)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	1079	NELIA-ANNE	LOOCK	HANDHAAF PS	F	7	G08	0.05.49	20
2	1087	EMILY	DEAS	ACT AC	F	7	G08	0.05.53	19
3	1082	CLEE-SHAY	SWARTBOOI	HILLCREST PS	F	7	G08	0.05.58	18
4	1085	AVA	LOUBSCHER	ALTONA PS	F	8	G08	0.06.48	17

RACE 3 (B)

3KM BOYS 12 YEARS (BORN 2010)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	3389	MATTHEW	KINGWILL	GREY J S	M	11	B12	0.11.25	20
2	3486	CONNOR	DU PREEZ	CLARENDON PARK PS	M	11	B12	0.12.27	19
3	3417	JENOVAN	BONEPARTE	SEAGULL PS	M	11	B12	0.12.41	18
4	3458	LEVANDRE	WILLIAMS	CAMDEBOO AC	M	12	B12	0.13.01	17
5	3379	GERHARD	DIPPENAAR	CRONJE	M	12	B12	0.13.02	16
6	3476	CARLO	FOURIE	NEWTON PARK PS	M	12	B12	0.13.09	15
7	3260	BEN	NOTHNAGEL		M	11	B12	0.13.12	14
8	3477	PHILASANDE	PETA	NOSIPHO PS	M	12	B12	0.13.39	13
9	3267	KAMVALETHU	MONA	KOWIE STRIDERS	M	12	B12	0.13.44	12
10	3459	JANILIO	VAN HEERDEN	CAMDEBOO AC	M	11	B12	0.14.14	11
11	3481	KUNGAWO	DELIWE		M	12	B12	0.14.15	10
12	3414	SHERWIN	RUITERS	HILLCREST PS	M	11	B12	0.14.41	9
13	3394	CALEB	FOURIE	HANDHAAF PS	M	11	B12	0.15.10	8
14	3393	MICHAEL	BEZUIDENHOUT	HANDHAAF PS	M	11	B12	0.15.46	7
15	3436	DIANDRAY	VISSER	LORRAINE PS	M	11	B12	0.16.06	6
16	3443	HLONELA	BABA	UITENHAGE PS	M	11	B12	0.17.31	5
17	3372	ARON	JOUBERT	CLARENDON PARK PS	M	12	B12	0.18.10	4
18	3371	RYAN	FAIRLY	CLARENDON PARK PS	M	12	B12	0.18.22	3
19	3435	BOPHELO	CHOMA	LORRAINE PS	M	12	B12	0.22.00	2
20	3482	SIBABALWE	DELIWE		M	13	B13	0.25.15	1

3KM BOYS 11 YEARS (BORN 2011)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	3374	MC	PRINSLOO	CLARENDON PARK PS	M	10	B11	0.11.33	20
2	3420	SHAYDEN	DE VOS	SEAGULL PS	M	10	B11	0.11.43	19
3	3425	KEERAN	KLEINBOOI	SEAGULL PS	M	10	B11	0.11.55	18
4	3460	MIGAULWON	MACKELINA	CAMDEBOO AC	M	11	B11	0.11.59	17
5	3474	SANJAY	SKEI	ALTONA PS	M	10	B11	0.12.55	16
6	3472	KUNGAM	TSHITSHI	SIBALEKA NANI A C	M	11	B11	0.13.59	15
7	3390	SEBASTIAN	ROGERS	GREY J S	M	10	B11	0.14.01	14
8	3423	AMARU	GOLIATH	SEAGULL PS	M	11	B11	0.14.09	13
9	3378	ETHAN	WHITTAL	CLARENDON PARK PS	M	10	B11	0.14.48	12
10	3373	TIMOTHY	MUCKA	CLARENDON PARK PS	M	10	B11	0.14.49	11
11	3461	JEROME	ENGELBRECHT	CAMDEBOO AC	M	10	B11	0.14.50	10
12	3473	CLEMENT	FRANS	SWARTKOPS PS	M	11	B11	0.15.45	9
13	3456	MATTEW	MAY	ACT AC	M	11	B11	0.16.42	8
14	3437	CONNOR	BIRD	LORRAINE PS	M	11	B11	0.16.49	7
15	3270	HLOMELA	MNGA	UITENHAGE PS	M	10	B11	0.17.24	6
16	3485	LIAM	DE FREY	HANDHAAF PS	M	11	B11	0.17.38	5
17	3409	CHARLTON	JACOBUS	HILLCREST PS	M	10	B11	0.18.12	4
18	3444	EDUARDO	JANTJIES	UITENHAGE PS	M	10	B11	0.18.39	3
19	3438	JAYDEN	KLIENHANS	LORRAINE PS	M	10	B11	0.18.57	2
20	3484	ETHAN	NAUDE	LORRAINE PS	M	10	B11	0.19.34	1

3KM GIRLS 13 YEARS (BORN 2009)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	3475	KIM-CHAY	DANIELS	ALTONA PS	F	12	G13	0.13.07	20
2	3424	SAMANTHA	HENDRICKS	SEAGULL PS	F	13	G13	0.13.27	19
3	3434	CHANI	KOEN	SONOP PS	F	13	G13	0.13.41	18
4	3422	KIM-SHAY	GOLIATH	SEAGULL PS	F	12	G13	0.13.52	17
5	3419	SYNIQUE	DE VOS	SEAGULL PS	F	12	G13	0.13.56	16
6	3451	ZINTLE	MNINZI	ACT AC	F	13	G13	0.14.03	15
7	3450	AHLUMILE	MATTHEWS	ACT AC	F	13	G13	0.14.04	14
8	3397	IGNA	LOTTER	HANDHAAF PS	F	13	G13	0.14.08	13
9	3478	YONELA	XAMASI	HOMBAKAZI PS	F	12	G13	0.14.22	12
10	3391	KAYLEE	BARNARD	HANDHAAF PS	F	12	G13	0.14.29	11
11	3421	RODRINAY	FRITZ	SEAGULL PS	F	12	G13	0.15.28	10
12	3429	ROLLEAN	MICHAELS	ALTONA PS	F	12	G13	0.16.12	9
13	3410	ALEXSANDRA	LEAN	HILLCREST PS	F	12	G13	0.17.03	8
14	3428	DEVERISHA	FLOORS	ALTONA PS	F	12	G13	0.17.42	7
15	3432	CHELSEA	ESAU	ATLANTIC ACES	F	13	G13	0.19.04	6
16	3401	KYLIE	FERREIRA	HANDHAAF PS	F	12	G13	0.19.25	5
17	3464	ENDINATO	SHUMI	KWANOXOLO PS	F	13	G13	0.21.37	4
18	3465	AKHUMZI	NYEMBEZI	KWANOXOLO PS	F	13	G13	0.22.04	3
19	3467	MICHAE	ABRAHAMS	KWANOXOLO PS	F	12	G13	0.23.07	2
20	3398	MIEKA	McMAHON	HANDHAAF PS	F	12	G13	0.23.14	1
21	3463	SIYOLISE	MAFANA	KWANOXOLO PS	F	13	G13	0.24.58	1
22	3276	IVIWE	NGQINAMBI	KWANOXOLO PS	F	12	G13	0.24.59	1
23	3470	ABULELE	DEKEZA	SIBALEKA NANI A C	F	12	G13	0.25.40	1
24	3317	SIBULELE	HOHO	KWANOXOLO PS	F	12	G13	0.26.14	1
25	3466	ZIZO	MAHALA	KWANOXOLO PS	F	13	G13	0.32.31	1

3KM GIRLS 12 YEARS (BORN 2010)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	3399	DESNAY	O'GRADY	HANDHAAF PS	F	11	G12	0.12.03	20
2	3479	KARLI	LOUW	NEWTON PARK PS	F	11	G12	0.13.01	19
3	3480	REBECCA	PAPPAS	COLLEGIATE JS	F	11	G12	0.13.09	18
4	3445	KAYLOM	JANSEN	UITENHAGE PS	F	12	G12	0.13.45	17
5	3446	KAYTOM	JANSEN	UITENHAGE PS	F	12	G12	0.14.13	16
6	3440	CASSIDY	ANDREWS	ATLANTIC ACES	F	11	G12	0.14.16	15
7	3452	ANJE	POTGIETER	ACT AC	F	11	G12	0.14.45	14
8	3453	BAXOLILE	ANTON	ACT AC	F	11	G12	0.14.56	13
9	3426	LYNIQUE	LEABATH	SEAGULL PS	F	11	G12	0.15.11	12
10	3400	SUMARI	TALJAARD	HANDHAAF PS	F	12	G12	0.16.27	11
11	3370	HAYLEY	CLAYDON	CLARENDON PARK PS	F	11	G12	0.16.41	10
12	3407	TIARAH	GOEDA	HILLCREST PS	F	11	G12	0.17.16	9
13	3392	MICHAELA	BEZUIDENHOUT	HANDHAAF PS	F	11	G12	0.17.57	8
14	3405	ASHLYN	CHARLES	HILLCREST PS	F	11	G12	0.18.45	7

15	3430	AMORE	LOUBSCHER	ALTONA PS	F	11	G12	0.18.50	6
16	3403	KAYLIN	VAN WYK	HANDHAAF PS	F	11	G12	0.20.27	5
17	3259	AZANAKHE	NELA	ACT AC	F	11	G12	0.21.54	4
18	3469	JESLYNNE	SEPTEMBER	KWANOXOLO PS	F	12	G12	0.22.04	3

3KM GIRLS 11 YEARS (BORN 2011)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	3457	FAITH	GOLIATH	CAMDEBOO AC	F	11	G11	0.13.30	20
2	3411	VANESHERY	PENTOLFE	HILLCREST PS	F	11	G11	0.15.14	19
3	3449	ZEENIAH	BILLET	UITENHAGE PS	F	10	G11	0.15.40	18
4	3447	TAYLA	DONLEY	UITENHAGE PS	F	11	G11	0.15.49	17
5	3406	SOLANJE	DE KOCK	HILLCREST PS	F	11	G11	0.15.58	16
6	3412	LERUSHA	PETERS	HILLCREST PS	F	10	G11	0.16.37	15
7	3442	KEISHA	HARKER	ATLANTIC ACES	F	10	G11	0.17.25	14
8	3377	HADASSAH	STEVENSON	CLARENDON PARK PS	F	10	G11	0.18.35	13
9	3448	CAZZLYNE	PRINS	UITENHAGE PS	F	10	G11	0.19.26	12
10	3418	LYNETTE	CROUDS	SEAGULL PS	F	11	G11	0.19.26	11
11	3396	LILLY	LAWSON	HANDHAAF PS	F	10	G11	0.20.18	10
12	3395	JANA	JACOBS	HANDHAAF PS	F	11	G11	0.20.23	9
13	3404	TAMIA	BORCHERDS	HILLCREST PS	F	11	G11	0.20.39	8
14	3413	LEANTE	WILLIAMS	HILLCREST PS	F	10	G11	0.20.49	7
15	3402	CARINA	HAYWARD	HANDHAAF PS	F	10	G11	0.23.15	6
16	3483	OTHANDWAYO	DELIWE		F	11	G11	0.25.17	5

3KM UNKNOWN

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME
	3479							0.14.21
	3476							0.14.55
	3481							0.24.47

RACE 4

2KM BOYS 10 YEARS BORN 2012

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	2197	ZIAN	DU PLESSIS	HANDHAAF PS	M	10	B10	0.09.18	20
2	2216	WILLIAM	WITBOOI	SEAGULL PS	M	10	B10	0.09.19	19
3	2178	MURRAY	FLETCHER	CLARENDON PARK PS	M	9	B10	0.09.20	18
4	2225	MONTELL	VOLMINK	UITENHAGE PS	M	10	B10	0.09.42	17
5	2223	JERMAINE	WILLIAMS	UITENHAGE PS	M	10	B10	0.09.42	16
6	2263	ANDRE	STRYDOM		M	10	B10	0.09.43	15
7	2212	WAYLON	PRINCE	SEAGULL PS	M	9	B10	0.09.49	14
8	2247	OSWALD	FROLICK	CAMDEBOO AC	M	9	B10	0.09.59	13
9	2184	COLTYN	POLGLASE	CLARENDON PARK PS	M	9	B10	0.10.10	12
10	2252	DURANTE	BROWN	KWANOXOLO PS	M	9	B10	0.11.14	11
11	2187	CONNOR	WILSON	GREY J S	M	9	B10	0.11.15	10
12	2181	SIYAMANGA	LIBALA	CLARENDON PARK PS	M	9	B10	0.11.25	9
13	2250	LESTER	ADAMS	KWANOXOLO PS	M	10	B10	0.11.32	8
14	2226	QUREN	MOSES	UITENHAGE PS	M	9	B10	0.11.33	7
15	2177	BEN	FLETCHER	CLARENDON PARK PS	M	9	B10	0.11.42	6
16	2218	HANROUX	SCHNELLINK	LORRAINE PS	M	9	B10	0.11.50	5
17	2200	STEYN	THYSSE	HANDHAAF PS	M	10	B10	0.12.06	4
18	2217	JOSHUA	HANCOX	LORRAINE PS	M	10	B10	0.12.42	3
19	2194	MATEO	SHARE	HANDHAAF PS	M	10	B10	0.14.27	2

2KM BOYS 9 YEARS BORN 2013

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	2261	JOSHUA	RICHTER	GREY J S	M	8	B09	0.08.39	20
2	2230	VIRAAN	STEYN	UITENHAGE PS	M	8	B09	0.09.11	19
3	2248	NYTHON	WELMAN	CAMDEBOO AC	M	8	B09	0.09.12	18
4	2262	JORDAN	HEATH		M	9	B09	0.09.23	17
5	2231	CALEB	WENTZEL	UITENHAGE PS	M	8	B09	0.09.31	16
6	2229	KEANU	LEBATH	UITENHAGE PS	M	9	B09	0.09.47	15
7	2201	ALFONSO	AMBRAAL	HILLCREST PS	M	9	B09	0.10.27	14
8	2228	LEMAR	DENNIS	UITENHAGE PS	M	9	B09	0.10.31	13
9	2203	RUWAYNE	JACOBUS	HILLCREST PS	M	8	B09	0.10.37	12
10	2137	YONDA	FEZANI		M	9	B09	0.11.36	11
11	2202	LUCIANO	BEZUIDENHOUT	HILLCREST PS	M	9	B09	0.11.52	10
12	2219	SETH	STANFORD	LORRAINE PS	M	8	B09	0.12.16	9
13	2246	MARNUS	POTGIETER	ACT AC	M	9	B09	0.13.27	8

2KM GIRLS 10 YEARS BORN 2012

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	2259	KATE	PAPPAS	COLLEGIATE JS	F	10	G10	0.08.58	20
2	2213	SIMONIQUE	SMITH	SEAGULL PS	F	9	G10	0.09.23	19
3	2244	ANATHI	ANTONI	ACT AC	F	9	G10	0.10.05	18
4	2254	KYLIE	DORFLING	HANDHAAF PS	F	9	G10	0.10.18	17
5	2208	CAITLYNN	WILLIAMS	HILLCREST PS	F	9	G10	0.10.27	16
6	2185	JESSICA	RICHTER	CLARENDON PARK PS	F	9	G10	0.10.28	15
7	2205	SHAKINAH	LOTTERING	HILLCREST PS	F	9	G10	0.10.34	14
8	2221	LEVRIN	ANDREWS	ATLANTIC ACES	F	9	G10	0.10.59	13
9	2207	SHERWINA	RUITERS	HILLCREST PS	F	10	G10	0.11.20	12
10	2204	EMMERENCIA	JOHNSON	HILLCREST PS	F	10	G10	0.11.42	11
11	2195	IZABELLA	TALJAARD	HANDHAAF PS	F	9	G10	0.11.43	10
12	2180	CAITLYN	KINGWILL	CLARENDON PARK PS	F	9	G10	0.11.43	9
13	2232	KWENDINAKO	VELMAN	UITENHAGE PS	F	10	G10	0.11.44	8
14	2220	LAY-EL	MAFISA	NEDBANK RC EP	F	9	G10	0.12.01	7
15	2253	AZOLE	VUTHA	YOMBAKAZI PS	F	9	G10	0.12.16	6
16	2235	ANGELIC	MATTHYS	UITENHAGE PS	F	9	G10	0.12.33	5
17	2249	LUMINATHI	MASIMINI	SIBALEKA NANI A C	F	10	G10	0.14.22	4
18	2198	CASEY	POTGIETER	HANDHAAF PS	F	10	G10	0.15.35	3
19	2260	AALIYAH	THORNE	NELSON MANDELA BAY AC	F	10	G10	0.15.44	2
20	2234	KEIRA	CEDRAS	UITENHAGE PS	F	10	G10	0.16.27	1
21	2192	EMILY ROSE	LOOCK	HANDHAAF PS	F	9	G10	0.19.06	1
22	2264	CASEY-LEE	BARKLEY	HANDHAAF PS	F	10	G10	0.19.08	1
23	2196	LIENKE	BOSHOFF	HANDHAAF PS	F	10	G10	0.19.09	1

2KM GIRLS 9 YEARS BORN 2013

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	2240	ELVRONIQUE	DARRIES	UITENHAGE PS	F	8	G09	0.08.57	20
2	2241	CLOE	HUFKIE	UITENHAGE PS	F	8	G09	0.10.15	19
3	2209	SHANNON	HENDRICKS	SEAGULL PS	F	8	G09	0.10.36	18
4	2206	NATALIE	PULLEN	HILLCREST PS	F	9	G09	0.11.02	17
5	2188	JAYLEY	BUIS	HANDHAAF PS	F	8	G09	0.11.30	16
6	2245	LUNIKO	ABRAHAMS	ACT AC	F	9	G09	0.11.55	15
7	2238	AMBER-LEIGH	VAN WILLING	UITENHAGE PS	F	9	G09	0.11.57	14
8	2183	KATE	PIETERSE	CLARENDON PARK PS	F	8	G09	0.12.08	13
9	2236	JAY-DINE	VAN HEERDEN	UITENHAGE PS	F	9	G09	0.12.32	12
10	2239	EUGINAE	MASIMLA	UITENHAGE PS	F	8	G09	0.13.07	11
11	2243	RAYDINE	KOWIE	UITENHAGE PS	F	8	G09	0.13.13	10
12	2190	MIKAELA	GOOSEN	HANDHAAF PS	F	9	G09	0.13.22	9
13	2258	LINGCWALISE	DELIWE		F	9	G09	0.13.47	8
14	2186	KORI	WEBER	CLARENDON PARK PS	F	9	G09	0.13.51	7
15	2193	CAITLIN	NELSON	HANDHAAF PS	F	8	G09	0.14.50	6
16	2179	AVA	JOUBERT	CLARENDON PARK PS	F	8	G09	0.15.01	5

2KM UNKNOWN

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME
	2221							0.12.22

RACE 5

4KM MEN OPEN

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME

1	4884	CWENGA	NOSE	IKHAMVA A C	M	20	SM4	0.12.42	20
2	4780	ANDILE	MOTWANA	NEDBANK RC EP	M	25	SM4	0.12.48	19
3	4942	SINETHEMBA	JILINGISI	KOWIE STRIDERS	M	19	SM4	0.12.52	18
4	4885	SINAWO	POTI	IKHAMVA A C	M	19	SM4	0.13.14	17
5	4890	GONTSEJALO	MOTUTSIWA	MADIBAZ AC	M	23	SM4	0.13.26	16
6	156	ZOLANI	MABONGO	SIBALEKA NANI A C	M	35	SM4	0.13.34	15
7	4952	SINETHEMBA	MIRELE	NEDBANK RC EP	M	25	SM4	0.13.54	14
8	4930	SINATHI	MAFANGA	SAP A C EP	M	31	SM4	0.14.05	13
9	4761	MILA	PASIYA	NEDBANK RC EP	M	42	SM4	0.14.10	12
10	4931	SIBUSISO	COLEPI	MOTHERWELL A C	M	17	SM4	0.14.17	11
11	4872	THANDISILE	XHOSHOMBA	ACT AC	M	26	SM4	0.14.18	10
12	4912	SILINDOKUHLE	TSOTSA	TINARHA A C	M	21	SM4	0.14.19	9
13	4918	AYABONGA	SAUL	IKHAMVA A C	M	19	SM4	0.14.35	8
14	4759	LUVUYO	MNENO	MADIBAZ AC	M	20	SM4	0.14.36	7
15	8206	MORNE	VAN DEN BERG	ST ALBANS A C	M	18	SM4	0.14.51	6
16	162	SONGAZO	MDEDELWA	NEDBANK RC EP	M	25	SM4	0.14.52	5
17	4902	LUVHIMBI	NGELEKANYO	MADIBAZ AC	M	19	SM4	0.15.25	4
18	4757	LITHA	LUGWALI	MADIBAZ AC	M	20	SM4	0.15.31	3
19	4756	NEALLEN	JONKERS	MADIBAZ AC	M	22	SM4	0.15.47	2
20	4758	SICELO	MASHABA	MADIBAZ AC	M	21	SM4	0.15.48	1
21	4578	LINVISIPHO	QANGASE	STUTTERHEIM AC	M	26	SM4	0.16.15	0
22	4951	AYABULELA	MARKUS	TINARHA A C	M	17	SM4	0.16.36	1
23	4797	ATHENKOSI	DOLOMBA	TEMP	M	24	SM4	0.18.20	0
24	4933	AYABONGA	DELIWE	TEMP	M	17	SM4	0.18.59	0
25	4774	BENNITUS	WELCH	ST ALBANS A C	M	47	SM4	0.21.01	1

4KM BOYS 15 YEARS BORN 2007

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4923	THANDOLWETHU	MATSALO	KOWIE STRIDERS	M	15	B15	0.14.05	20
2	4686	DALLIAN	OERSON	FRAMSBY HS	M	15	B15	0.14.40	19
3	4938	LIYEMA	MATOLENGWE	PHAPHANI HS	M	15	B15	0.15.36	18
3	4908	JOSH	WENTZEL	UITENHAGE PS	M	15	B15	0.15.38	17
4	4950	DANIEL	RICHTER	GREY HS	M	14	B15	0.15.44	16
5	4940	MIHLALI	PETER	PHAPHANI HS	M	14	B15	0.15.50	15
6	4882	VALENTINO	JOHANNES	CAMDEBOO AC	M	15	B15	0.15.53	14
7	4873	KUHLE	MKE	ACT AC	M	15	B15	0.16.14	13
8	4937	MBALENTTE	DAVIDS	PHAPHANI HS	M	15	B15	0.16.28	12
9	4999	ABONGILE	GROOTBOOM	TINARHA A C	M	15	B15	0.16.47	11
10	4919	LUKHANYO	MAFANI	KOWIE STRIDERS	M	14	B15	0.16.49	10
11	4767	JULIAN	VAN DER SCHYFF	PANTHERS	M	15	B15	0.16.53	9
12	4941	SIYANDA	SELANI	PHAPHANI HS	M	14	B15	0.17.00	8
13	4762	ZUNAID	BHIKA	PANTHERS	M	15	B15	0.17.13	7
14	4916	MICHEAL	WILLIAMS	KWANOXOLO PS	M	14	B15	0.17.54	6
15	4683	PJ	LOUW	FRAMSBY HS	M	14	B15	0.18.33	5
16	4576	DYLAN	WARRENBURG	FRAMSBY HS	M	15	B15	0.19.00	4
17	4891	NICK	SEPTEMBER	KWANOXOLO PS	M	15	B15	0.20.04	3
18	4892	EMMANUEL	WILLIAMS	KWANOXOLO PS	M	14	B15	0.20.20	2

4KM BOYS 14 YEARS BORN 2008

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4658	CHRISTIANO	BROWN	BRANDWAG HS	M	14	B14	0.13.57	20
2	4662	JANCO	LANDMAN	BRANDWAG HS / ST ALBANS AC	M	13	B14	0.14.21	19
3	4879	SAMKELO	SAKI	ACT AC	M	13	B14	0.14.37	18
4	4878	SIMTHANDILE	GOLIATH	ACT AC	M	14	B14	0.15.09	17
5	4877	EMIHLE	HOTATA	ACT AC	M	14	B14	0.15.10	16
6	4944	ENDINAKO	JOLA		M	13	B14	0.15.11	15
7	4783	MATTHEW	PLESSIE	ALTONA PS	M	14	B14	0.15.34	14
8	4775	AVON	WILLIAMS	ST ALBANS AC	M	14	B14	0.15.52	13
9	4926	IVIWE	RUNGQU	KOWIE STRIDERS	M	14	B14	0.16.41	12

10	4876	OTHANDWAYO	MANGE	ACT AC	M	14	B14	0.17.22	11
11	4677	LUKA	BESSINGER	FRAMSBY HS	M	13	B14	0.17.40	10
12	4768	FELICIANO	BOOYSEN	SEAGULL PS	M	13	B14	0.17.46	9
13	4894	XANDER	VAN RAYNER	KWANOXOLO PS	M	14	B14	0.17.48	8
14	4691	JACO	STRYDOM	FRAMSBY HS	M	13	B14	0.17.49	7
15	4660	HENRICO	LOUW	BRANDWAG HS	M	13	B14	0.17.51	6
16	4680	RUBEN	BOUWER	FRAMSBY HS	M	13	B14	0.18.02	5
17	4784	RYAN	VAALTYN	ALTONA PS	M	13	B14	0.19.12	4
18	4921	ALIVE	HETULA	KOWIE STRIDERS	M	13	B14	0.20.11	3
19	4688	LUHANN	SPRONG	FRAMSBY HS	M	14	B14	0.21.44	2
20	4911	MONDRICK	JOSEPH	ALTONA PS	M	14	B14	0.23.00	1
21	4673	PETROS	DHLIWAYO	CLARENDON PARK PS	M	13	B14	0.23.08	1
22	4687	FRANCOIS	SMIT	FRAMSBY HS	M	14	B14	0.23.09	1
23	4922	LOLHITHA	MAYEKISO	KOWIE STRIDERS	M	13	B14	0.23.45	1
24	4895	ROMALDO	DANIELS	KWANOXOLO PS	M	14	B14	0.25.42	1
25	4905	JEANTNO	BROWN	KWANOXOLO PS	M	13	B14	0.25.46	1

4KM BOYS 13 YEARS BORN 2009

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4915	LINDOKUHLE	KASIBE		M	12	B13	0.15.59	20
2	4789	CLEUSHAY	JANSEN	ALTONA PS	M	13	B13	0.16.31	19
3	4913	INBANATHI	MVAKWENDLU	TINARHA A C	M	13	B13	0.16.44	18
4	4772	SISHLE	MTABATI	SEAGULL PS	M	13	B13	0.16.48	17
5	4880	ANGAMA	KANA	ACT AC	M	13	B13	0.16.53	16
6	4883	ETHAN	BANTOM	CAMDEBOO AC	M	13	B13	0.17.26	15
7	4773	GAYWIN	WINDVOGEL	SEAGULL PS	M	12	B13	0.17.50	14
8	4901	NATHAN	APPELS	ST ALBANS AC	M	12	B13	0.18.27	13
9	4787	LIBHONGO	GQAMANE	ALTONA PS	M	13	B13	0.18.29	12
10	4786	HUNCHEN	PETRUS	ALTONA PS	M	13	B13	0.18.30	11
11	4925	PHUMEZO	SIFORA	KOWIE STRIDERS	M	12	B13	0.19.03	10
12	4672	JAIDEN	BURGER	CLARENDON PARK PS	M	12	B13	0.20.03	9
13	4898	QUZEN	OCKTOBER	KWANOXOLO PS	M	13	B13	0.20.58	8
14	4755	MIGAEL	POTGIETER	HANDHAAF PS	M	13	B13	0.21.17	7
15	4788	KYLE	WRIGHT	ALTONA PS	M	13	B13	0.22.18	6

4KM SENIOR WOMEN

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4665	KAYLA	NELL	CHARLO A C	F	27	SF4	0.15.49	20
2	4636	NTOMBESINTU	MFUNZI	NEDBANK RC EP	F	40	SF4	0.15.52	19
3	4777	LARA	DE BLOE	VARSITY COLLEGE	F	20	SF4	0.16.15	18
4	4953	SIBONGILE	MGQEBA	VUKANI M S	F	35	SF4	0.19.39	17
5	4860	SIPHOKAZI	NOJOKO	ACT AC	F	27	SF4	0.21.00	16
6	4776	SIENA	DE VOS	TEMP	F	44	SF4	0.22.01	0
7	4947	THANDEKA	MHLANGA	TRANSFORMERS AC	F	32	SF4	0.22.11	0
8	4928	DIKIMETSO	MHLOKONYA	SIBALEKA NANI A C	F	29	SF4	0.29.03	15
9	4929	YANGA	TSHITSHI	SIBALEKA NANI A C	F	30	SF4	0.30.59	14

4KM GIRLS 17 YEARS BORN 2005

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4676	MIA-CARA	HART	CRONJE	F	17	G17	0.17.04	20
2	4692	ELANCA	VAN JAARSVELD	FRAMSBY HS	F	16	G17	0.18.31	19
3	4863	ZANRI	BLACK	ACT AC	F	17	G17	0.19.24	18
4	4664	ABIGAIL	VAN DER BERG	BRANDWAG HS / ST ALBANS AC	F	16	G17	0.19.44	17
5	4862	LISAKHANYA	KOLITI	ACT AC	F	16	G17	0.20.40	16
6	4693	KRISTIEN	VAN ROOYEN	FRAMSBY HS	F	17	G17	0.24.32	15

4KM GIRLS 16 YEARS BORN 2006

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4924	AKHANYA	NGESI	KOWIE STRIDERS	F	16	G16	0.17.25	20
2	4865	INDIPHILE	MKOSANA	ACT AC	F	15	G16	0.18.04	19
3	4864	SIMNIKIWE	BOOYSEN	ACT AC	F	16	G16	0.18.48	18
4	4763	MIRA	ESTERHUYSEN	PANTHERS	F	16	G16	0.19.32	17
5	4663	ANIKA	MAREE	BRANDWAG HS / ST ALBANS AC	F	15	G16	0.20.05	16
6	4917	SPHESIHLE	XAMATANA	KOWIE STRIDERS	F	16	G16	0.21.07	15
7	4682	ZANE	JUBBER	FRAMSBY HS	F	15	G16	0.21.25	14
8	4946	LETICIA	TONI	KHULASANDE	F	15	G16	0.23.03	13
9	4932	ISITHANDILE	COLEPI	MOTHERWELL AC	F	16	G16	0.23.20	12
10	4690	MARIE-LOUISE	STRYDOM	FRAMSBY HS	F	15	G16	0.27.49	11

4KM GIRLS 15 YEARS BORN 2007

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4949	KEARA	DOMINGO	HEAT AC	F	14	G15	0.17.20	20
2	4685	ESMERI	OBERHAUSER	FRAMSBY HS	F	14	G15	0.18.00	19
3	4675	CARLA	CLOTZ	CRONJE	F	15	G15	0.18.32	18
4	4696	ILKE	WOLMARANS	FRAMSBY HS	F	14	G15	0.18.47	17
5	4681	MEKE	DE VRIES	FRAMSBY HS	F	14	G15	0.19.00	16
6	4866	MIHLALI	JACOBS	ACT AC	F	15	G15	0.20.10	15
7	4679	TANYA	BOSHOFF	FRAMSBY HS	F	14	G15	0.20.51	14
8	4793	JESSTINE	LOUW	ATLANTIC ACES	F	14	G15	0.22.43	13
9	4694	KARLA	VAN ROOYEN	FRAMSBY HS	F	14	G15	0.23.59	12
10	4790	COBY	MEYER	ATLANTIC ACES	F	15	G15	0.31.05	11
11	4903	SIMAMKELE	MABOSI	KWANOXOLO PS	F	15	G15	0.34.57	10
12	4945	JASMAIN	STUURMAN	KHULASANDE	F	14	G15	0.26.13	9

4KM GIRLS 14 YEARS BORN 2008

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4881	LICHEN	BOOI	CAMDEBOO AC	F	13	G14	0.17.03	20
2	4870	COMFORT	APPIAH	ACT AC	F	13	G14	0.17.26	19
3	4914	ANGANATHI	MVAKWENDLU	TINARHA A C	F	14	G14	0.17.59	18
4	4678	JAMIE-LEE	BESTER	FRAMSBY HS	F	13	G14	0.19.21	17
5	4771	FAMIQUE	DARIES	SEAGULL PS	F	13	G14	0.20.33	16
6	4695	ANNREE	VAN ZYL	FRAMSBY HS	F	14	G14	0.20.38	15
7	4871	MHLANGA	THANDA	ACT AC	F	13	G14	0.21.31	14
8	4939	ASEMAHLE	PRAM	PHAPHANI HS	F	14	G14	0.21.49	13
9	4796	SALMA	VALENTINE	ATLANTIC ACES	F	13	G14	0.22.32	12
10	4869	AVIWE	BOOYSEN	ACT AC	F	14	G14	0.22.59	11
11	4770	CAITLINE	CASPER	SEAGULL PS	F	13	G14	0.23.49	10
12	4888	CAITLYN	HARRIS	KWANOXOLO PS	F	13	G14	0.24.28	9
13	4689	JANE	STEYN	FRAMSBY HS	F	13	G14	0.26.14	8
14	4782	BUHLE	APIE	ALTONA PS	F	13	G14	0.34.42	7

2KM UNKNOWN

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME
	4824							0.22.15
	4886							0.31.00