NMB X-COUNTRY SERIES 4 - FAIRVIEW SPORTS COMPLEX, GQEBERHA - 11/06/2022

RACE 1

8KM MEN 35-39

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	8288	XOLISA	NDLUMBINI	VUKANI M S	M	38	35-39M	0.28.02	20
2	8276	LUKHANYISO	JABAVU	IKHAMVA A C	M	38	35-39M	0.28.41	19
3	8272	RYAN	PETER	PR AC	M	38	35-39M	0.28.47	18
4	8283	LUTHANDO	SIKIWE	DESPATCH AC	M	36	35-39M	0.31.35	17
5	8271	NTSIKELELO	SEBE	NEDBANK RC EP	M	39	35-39M	0.32.01	16
6	8281	LONWABO	MKONZA	TEMP	M	36	35-39M	0.33.24	0

8KM MEN 40 - 44

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	8280	MILA	PASIYA	NEDBANK RC EP	M	42	40-44M	0.28.36	20
2	8275	MZWANELE	MAPHEKULA	IKHAMVA A C	M	44	40-44M	0.29.50	19
3	8244	STANTON	FREEMAN	ACT AC	M	44	40-44M	0.34.06	18
4	8284	GRADWELL	GOUWS	TEMP	M	41	40-44M	0.39.49	0

8KM MEN 45-49

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	8277	NOEL	ADAMS	GELVAN A C	M	49	45-49M	0.30.15	20
2	8291	ROBERTUIS	MATTHYS	TEMP	M	46	45-49M	0.33.50	0
3	8270	RICHARD	MAZUNGULA	NEDBANK RC EP	M	45	45-49M	0.35.08	19
4	8282	ROGER	GYSMAN	RUN 4 CHRIST AC	M	48	45-49M	0.39.35	18
5	8286	SELBY	THABETHE	SIBALEKA NANI A C	M	48	45-49M	1..01.06	17

8KM MEN 51 - 54

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	8279	AUGUST	ESAU	NEDBANK RC EP	M	51	50-54M	0.32.33	20
2	8269	MALIBONGWE	MBELU	NEDBANK RC EP	M	50	50-54M	0.33.32	19
3	8287	SIDWELL	BALIWE	NEDBANK RC EP	M	50	50-54M	0.34.03	18
4	8268	LUVUYO	STEPHEN	NEDBANK RC EP	M	52	50-54M	0.39.12	17
5	8285	GODFREY	GELDERBLOM	NELSON MANDELA BAY AC	M	54	50-54M	0.41.15	16

8KM MEN 55 - 59

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	8274	DESMOND	ZIBI	IKHAMVA A C	M	58	55-59M	0.28.24	20
2	8278	WELCOME	LOLIWE	NEDBANK RC EP	M	57	55-59M	0.31.23	19

6KM MEN 60-64

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
6	6285	COLIN	MCGEER	TEMP	M	63	60-64M	0.28.06	0
2	6300	SITHEMBILE	MPAKO	NEDBANK RC EP	M	61	60-64M	0.29.05	20
3	6273	ELDRIDGE	VAN NIEKERK	NEDBANK RC EP	M	62	60-64M	0.29.24	19
4	6277	THOZAMILE	BOKOLO	MADIBAZ AC	M	60	60-64M	0.29.48	18
5	6293	JOSEPH	BAIN	ST ALBANS A C	M	62	60-64M	0.30.13	17
54	6294	SAM	ERASMUS	NEDBANK RC EP	M	64	60-64M	0.32.03	16

6KM NEN 65-69

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	6286	CHARLES	BAATJIES	GELVAN A C	M	65	65-69M	0.26.00	20
2	6274	MBULELO	SOBIKWA	NEDBANK RC EP	M	68	65-69M	0.38.59	19
3	6292	MOF	BOTHA	ACHILLES AAA	M	66	65-69M	0.48.15	18

6KM MEN 70 - 74

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	6290	HANNES	ELS	MADIBA BAY WARRIORS	M	72	70-74M	0.26.25	20
2	6297	DON	CHARLES	MURRAY & ROBERTS CG AC	M	73	70-74M	0.29.57	0
3	6289	SIZINZO	KAMA	ACHILLES AAA	M	70	70-74M	0.32.35	19

4KM MEN 75 - 79

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME
1	4537	ANDRE	FOURIE	ELITE AC	M	75	75-79M	0.24.18
2	4991	HERMAN	DEKKER	SAP A C EP	M	77	75-79M	0.26.54

4KM MEN 80 - 84

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4596	GODFREY	KARIEM	GELVAN A C	M	81	80-84M	0.36.46	20

8KM JUNIOR MEN (2003 - 2004)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	8247	MORNE	VAN DER BERG	BRANDWAG HS	M	18	JM	0.29.26	20
2	8245	LIYEMA	MARIKWA	ACT AC	M	18	JM	0.31.43	19
3	8289	JAY-DEE	DEERLING	NEDBANK RC EP	M	19	JM	0.32.09	18
4	8243	LUKE	CLOTZ	CRONJE	M	17	JM	0.34.14	17
5	8212	SEBASTIAN	CEDRAS	ATLANTIC ACES	M	18	JM	0.39.31	16
6	8290	KAMVALETHU	PITANA	DANIEL PIENAAR HS	M	18	JM	0.46.22	15

6KM BOYS U17 (2005)

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	6270	KEANU	WELCH	BRANDWAG HS / ST ALBANS AC	M	17	B17	0.20.21	20
2	6288	ISAAC	LOMBARD	JOHN WALTON SS	M	17	B17	0.21.10	19
3	6271	STEPHEN	BOTHMA	BRANDWAG HS / ST ALBANS AC	M	16	B17	0.21.13	18
4	6296	SIYAVUYA	JEYI	JANSENVILLE HS	M	16	B17	0.21.33	17
5	6261	MARKO	SPRONG	FRAMSBY HS	M	17	B17	0.23.41	16
6	6278	KHWEZI	MQOJANA	CHILLIE EP AC	M	17	B17	0.24.20	15
7	6262	FRANCOIS	V10OSLOO	FRAMSBY HS	M	16	B17	0.24.33	14
8	6276	PHILA	NDUZULWANA	PR AC	M	16	B17	0.28.17	13
9	6265	SIMAMKELE	SAKATA	ACT AC	M	17	B17	0.30.42	12
73	6298	MOHAMED	BOUCHAREB	DANIEL PIENAAR HS	M	17	B17	0.39.40	11

6KM BOYS U16 (BORN 2006)

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
12	6272	WIEHAN	MAREE	BRANDWAG HS / ST ALBANS AC	M	15	B16	0.22.01	20
14	6266	OYENA	NDINGANA	ACT AC	M	16	B16	0.22.46	19
15	6267	OYISA	BLOWU	ACT AC	M	16	B16	0.23.22	18
17	5123	AKHONA	TEMBANI	CHILLIE EP AC	M	16	B16	0.23.50	17
18	6263	TIAAN	PEENS	FRAMSBY HS	M	16	B16	0.24.09	16
19	6295	ETHAN	GOUWS	JANSENVILLE HS	M	16	B16	0.24.16	15
22	6268	LIMIKHAYA	NGQANDU	ACT AC	M	15	B16	0.24.30	14
29	6283	APELELE	MTSHILATA	CHILLIE EP AC	M	15	B16	0.26.50	13
31	6241	CALEB	LOTTERING	ATLANTIC ACES	M	15	B16	0.27.34	12
49	6282	AKHONA	TEMBANI	CHILLIE EP AC	M	16	B16	0.31.16	11
59	6240	NATHAN	LOTTERING	ATLANTIC ACES	M	16	B16	0.33.31	10

4KM WOMEN 40 - 44

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4557	HESTER	KINGWILL	RUN 4 CHRIST AC	F	41	40-44F	0.16.46	20
2	4919	SIENA	DE VOS	TEMP	F	44	40-44F	0.21.06	0
3	4592	CHARLOTTE	VAN WYK	RUN 4 CHRIST AC	F	40	40-44F	0.22.13	19

4KM WOMEN 45 - 49

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4990	ELIZE	ADAMS	GELVAN A C	F	47	45-49F	0.20.23	20

4KM WOMEN 50 - 54

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4988	JENE	BANFIELD	RUN 4 CHRIST A C	F	51	50-54F	0.16.49	20
2	4998	BURNITA	STRYDOM	RUN 4 CHRIST A C	F	53	50-54F	0.19.48	19
3	4992	CHRISTINE	BIRD	ELITE AC	F	51	50-54F	0.20.49	18
4	4999	SONJA	OLIVIER	BLUEWATER BAY	F	54	50-54F	0.26.36	17

4KM WOMEN 55 - 59

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4989	CHRISTINE	CLAASEN	NEDBANK RC EP	F	57	55-59F	0.17.46	20

4KM WOMEN 70 - 74

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4996	JOS	ELS	MADIBA BAY WARRIORS	F	70	70-74F	0.24.44	20

6KM JUNIOR WOMEN (BORN 2003 - 2004)

POS	R NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	6287	ANKE	SERFONTEIN	PEARSON HS	F	17	JF	0.26.09	20
2	6258	SUNE	DU PREEZ	FRAMSBY HS	F	17	JF	0.29.01	19
3	6259	ANABELLE	JONCK	FRAMSBY HS	F	19	JF	0.34.23	18
4	6299	LEONE	PILCHER	DANIEL PIENAAR HS	F	17	JF	0.36.42	17
5	6279	SIHLE	MAJANTI	MADIBAZ AC	F	17	JF	0.43.52	16

RACE 2

10KM OPEN MEN

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	189	CWENGA	NOSE	IKHAMVA A C	M	20	SM10	0.31.17	20
2	177	ANDILE	MOTWANA	NEDBANK RC EP	M	25	SM10	0.31.25	19
3	191	LUYANDA	TSHANGANA	IKHAMVA A C	M	37	SM10	0.32.46	18
4	190	SINAWO	POTI	IKHAMVA A C	M	19	SM10	0.32.56	17
5	4971	DIVAN	DU PLOOY	TEMP	M	20	SM10	0.33.10	0
6	257	BULELANI	NIWA	NELSON MANDELA BAY AC	M	38	SM10	0.33.57	16
7	188	SICELO	MASHABA	MADIBAZ AC	M	21	SM10	0.34.28	15
8	186	PACKSON	BANDA	NEDBANK RC EP	M	22	SM10	0.34.40	14
9	197	TAWANDA	CHIKOTI	NEDBANK RC EP	M	23	SM10	0.35.15	13
10	264	THULANI	MDLALO	TRANSNET ENG EP	M	37	SM10	0.35.27	12
11	194	XOLISA	NDLUMBINI	VUKANI M S	M	38	SM10	0.35.43	11
12	173	ANELE	MALIZA	NEDBANK RC EP	M	44	SM10	0.35.49	10
13	171	MELIKHAYA	KEPE	NEDBANK RC EP	M	45	SM10	0.36.26	9
14	196	MANDISI	ZAMANI	NEDBANK RC EP	M	30	SM10	0.37.02	8
15	263	SIBUSISO	THU	SIBALEKA NANI A C	M	34	SM10	0.39.18	7
16	266	XOLISA	KULA	SIBALEKA NANI A C	M	32	SM10	0.40.30	6
17	199	JACQUES	LANGLEY	RUN 4 CHRIST AC	M	33	SM10	0.46.55	5

10KM OPEN WOMEN

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	265	KELLY	VAN VLIET	NEDBANK RC EP	F	34	SF10	0.39.44	20
2	262	NTOMBESINTU	MFUNZI	NEDBANK RC EP	F	40	SF10	0.41.49	19
3	267	ASANDA	ZAMISA	SIBALEKA NANI A C	F	38	SF10	0.46.43	18
4	261	OLWETHU	BOMVANA	MOTHERWELL AC	F	35	SF10	0.47.05	17
5	195	DELIWE	NYANGA	NEDBANK RC EP	F	33	SF10	0.48.01	16
6	258	NKHATHALLENG	KHIBA	NEDBANK RC EP	M	40	SM10	0.50.07	15
7	130	ANDISWA	FEZANI	NEDBANK RC EP	F	34	SF10	0.54.04	14
8	192	SIMANGILE	SOLWANDLE	HOLLYWOOD BETS AC	F	31	SF10	1.02.58	13
9	193	BOMKAZI	TSHEFU	HOLLYWOOD BETS AC	F	34	SF10	1.03.29	12

RACE 3

1KM BOYS 8 YEARS (2014 & AFTER)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	1123	KEHAN	ROACH	VICTORY CHRISTIAN	M	8	B08	0.04.07	20
2	1136	DJ	STOW	GREY JS	M	8	B08	0.04.16	19
3	1121	JORDAN	DANIELS	SEAGULL PS	M	8	B08	0.04.24	18
4	1094	NATHAN	KINGWILL	GREY JS	M	7	B08	0.04.43	17
5	1134	LUKE	PAPPAS	GREY JS	M	7	B08	0.04.46	16
6	1126	NAKHANE	MALULEKA	ACT AC	M	6	B08	0.05.00	15
7	1132	MANGALISO	MLATSHA	IKHAMVA A C	M	5	B08	0.05.08	14
8	1105	LUSHANE	BOSMAN	HILLCREST PS	M	8	B08	0.05.24	13
9	1139	LIMNANDI	GROOTBOOM	TINARHA AC	M	7	B08	0.05.32	12
10	1124	CALLIHUANO	FRAZENBURG	VICTORY CHRISTIAN	M	7	B08	0.05.38	11
11	1137	BLAKE	STANHAM	CLARENDON PARK PS	M	6	B08	0.05.44	10
12	1133	JESSE	FREEMAN		M	5	B08	0.06.08	9

1KM GIRLS 8 YEARS (2014 & AFTER)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	1128	LOUISE-MARIE	VAN ZYL	VICTORY CHRISTIAN	F	8	G08	0.04.25	20
2	1129	INDIA	COCKROFT	WOODRIDGE COLLEGE	F	8	G08	0.04.44	19
3	1135	JESSICA	GRIESEL		F	8	G08	0.05.04	18
4	1140	EMMA	BASSON	LORRAINE PS	F	8	G08	0.05.41	17
5	1125	EMILY	DEAS	ACT AC	F	7	G08	0.05.47	16
6	1095	NELIA-ANNE	LOOCK	HANDHAAF PS	F	7	G08	0.06.01	15
7	1130	AVA	LOUBSCHER	ALTONA PS	F	8	G08	0.06.18	14

RACE 3 (B)

3KM BOYS 12 YEARS (BORN 2010)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	3004	MATTHEW	KINGWILL	GREY JS	M	11	B12	0.11.13	20
2	3037	JENOVAN	BONEPARTE	SEAGULL PS	M	11	B12	0.12.05	19
3	3002	GERHARD	DIPPENAAR	CRONJE	M	12	B12	0.12.25	18
4	3003	BEN	NOTHNAGEL	CRONJE	M	11	B12	0.12.30	17
5	3086	TIAAN	VOSLOO	SONOP PS	M	12	B12	0.13.56	16
6	3095	CARLO	FOURIE	NEWTON PARK PS	M	12	B12	0.14.15	15
7	3088	DANIEL	WEBSTER		M	11	B12	0.14.29	14
8	3051	DIANDRAY	VISSER	LORRAINE PS	M	11	B12	0.14.51	13
9	3027	SHERWIN	RUITERS	HILLCREST PS	M	11	B12	0.15.49	12
10	3080	EZEKIEL	MEYER		M	12	B12	0.17.14	11
11	3076	ALZANDRIO	WILLIEMSE	INNES PS	M	12	B12	0.17.17	10
12	3015	CALEB	FOURIE	HANDHAAF PS	M	11	B12	0.18.23	9
13	3016	MICHAEL	BEZUIDENHOUT	HANDHAAF PS	M	11	B12	0.18.55	8
14	3081	LINCOLN	DANIELS	NELSON MANDELA BAY AC	M	12	B12	0.20.27	7
15	3058	HLONELA	BABA	UITENHAGE PS	M	11	B12	0.21.40	6
16	3065	BOPHELO	CHORNA	LORRAINE PS	M	12	B12	0.22.04	5

3KM BOYS 11 YEARS (BORN 2011)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	3040	SHAYDEN	DE VOS	SEAGULL PS	M	11	B11	0.11.21	20
2	3079	MC	PRINSLOO	CLARENDON PARK PS	M	10	B11	0.11.42	19
3	3039	AMARU	GOLIATH	SEAGULL PS	M	11	B11	0.12.11	18
4	3090	DREW	STANHAM	CLARENDON PARK PS	M	11	B11	0.12.26	17
5	3038	CHANDLER	BOOYSEN	SEAGULL PS	M	11	B11	0.12.47	16
6	3091	TYLER	STANHAM	CLARENDON PARK PS	M	11	B11	0.12.50	15
7	3005	SEBASTIAN	ROGERS	GREY JS	M	10	B11	0.13.05	14
8	3083	KEYWIN	WHITEBOOI	NELSON MANDELA BAY AC	M	11	B11	0.13.20	13
9	3089	NEIL	STOW	GREY JS	M	11	B11	0.13.30	12
10	3061	MICHAEL-JUNIOR	SAULS	UITENHAGE PS	M	10	B11	0.14.06	11
11	3060	EDUARDO	JANTJIES	UITENHAGE PS	M	11	B11	0.14.32	10
12	3098	JORDAN	JANUARY		M	11	B11	0.15.04	9
13	3043	ENRIQUE	JORDAAN	VICTORY CHRISTIAN	M	11	B11	0.15.15	8
14	3052	CONNOR	BIRD	LORRAINE PS	M	11	B11	0.15.28	7
15	3099	LOGAN	JUBBEL	CLARENDON PARK PS	M	11	B11	0.15.47	6
16	3017	LIAM	DE FREAY	HANDHAAF PS	M	11	B11	0.16.27	5
17	3063	JUNIAD	DAVIDS	UITENHAGE PS	M	10	B11	0.16.30	4

18	3055	RUBEN	KEYSER	LORRAINE PS	M	10	B11	0.17.22	3
19	3048	MATTEW	MAY	ACT AC	M	11	B11	0.15.49	2
20	3072	HLOMELA	MNGA	UITENHAGE PS	M	10	B11	0.18.04	1
21	3029	CHARLTON	JACOBUS	HILLCREST PS	M	10	B11	0.18.09	1
22	3054	ETHAN	NAUDE	LORRAINE PS	M	10	B11	0.18.15	1
23	3101	CLEMENT	FRANS		M	11	B11	0.21.05	1

3KM GIRLS 13 YEARS (BORN 2009)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	3034	KIM-SHAY	GOLIATH	SEAGULL PS	F	12	G13	0.12.43	20
2	3045	ZINTLE	MNINZI	ACT AC	F	13	G13	0.13.02	19
3	3031	SAMANTHA	HENDRICKS	SEAGULL PS	F	13	G13	0.13.40	18
4	3007	KAYLEE	BARNARD	HANDHAAF PS	F	12	G13	0.14.34	17
5	3032	SYNIQUE	DE VOS	SEAGULL PS	F	12	G13	0.14.35	16
6	3033	RODRINAY	FRITZ	SEAGULL PS	F	12	G13	0.14.38	15
7	3066	DEVERISHA	FLOORS	ALTONA PS	F	12	G13	0.14.41	14
8	3084	CHANI	KOEN	SONOP PS	F	13	G13	0.14.46	13
9	3069	BIANCA	JOSEPH	HILLCREST PS	F	12	G13	0.16.45	12
10	3077	CHELSEA	ESAU	ATLANTIC ACES	F	13	G13	0.17.07	11
11	3019	ALEXSANDRA	LEAN	HILLCREST PS	F	12	G13	0.18.10	10
12	3067	ROLLEAN	MICHAELS	ALTONA PS	F	12	G13	0.19.12	9
13	3093	KYLIE	FERREIRA	HANDHAAF PS	F	12	G13	0.21.42	8
14	3075	CLAIRE	SAMPSON	ATLANTIC ACES	F	13	G13	0.22.03	7
15	3008	MIEKA	McMAHON	HANDHAAF PS	F	12	G13	0.24.36	6

3KM GIRLS 12 YEARS (BORN 2010)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	3010	DESNAY	O'GRADY	HANDHAAF PS	F	11	G12	0.12.11	20
2	3056	KAYTOM	JANSEN	UITENHAGE PS	F	12	G12	0.13.33	19
3	3047	BAXOLILE	ANTON	ACT AC	F	11	G12	0.13.46	18
4	3057	KAYTIM	JANSEN	UITENHAGE PS	F	12	G12	0.13.53	17
5	3085	REBECCA	PAPPAS	COLLEGIATE JS	F	11	G12	0.13.57	16
6	3280	CASSIDY	ANDREWS	ATLANTIC ACES	F	11	G12	0.14.01	15
7	3046	ANJE	POTGIETER	ACT AC	F	12	G12	0.14.21	14
8	3030	KARLI	LOUW	NEWTON PARK PS	F	11	G12	0.14.36	13
9	3035	LYNIQUE	LEABATH	SEAGULL PS	F	12	G12	0.14.53	12
10	3070	PAYTON	CEASER	HILLCREST PS	F	11	G12	0.15.37	11
11	3073	AZANAKHE	NELA	ACT AC	F	11	G12	0.17.25	10
12	3020	TIARAH	GOEDA	HILLCREST PS	F	11	G12	0.17.52	9
13	3011	MICHAELA	BEZUIDENHOUT	HANDHAAF PS	F	11	G12	0.20.02	8
14	3082	CAYLIN	SCEAR		F	11	G12	0.20.27	7
15	3068	AMORE	LOUBSCHER	ALTONA PS	F	11	G12	0.20.48	6

3KM GIRLS 11 YEARS (BORN 2011)

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	3087	KATELYN	KRETZMANN	HEAT AC	F	10	G11	0.14.19	20
2	3042	ANNIQUE	DE BEER	VICTORY CHRISTIAN	F	11	G11	0.14.25	19
3	3097	KAITLYN	RICHTER	COLLEGIATE JS	F	10	G11	0.14.32	18
4	3022	VANESHERY	PENTOLFE	HILLCREST PS	F	11	G11	0.15.17	17
5	3026	LERUSHA	PETERS	HILLCREST PS	F	10	G11	0.15.19	16
6	3092	LILLY	LAWSON	HANDHAAF PS	F	10	G11	0.16.29	15
7	3023	SOLANJE	DE KOCK	HILLCREST PS	F	11	G11	0.17.06	14
8	3096	ZEENIAH	BILLET	UITENHAGE PS	F	10	G11	0.17.13	13
9	3001	JADE	TITUS	ATLANTIC ACES	F	11	G11	0.17.26	12
10	3074	KEISHA	HARKER	ATLANTIC ACES	F	10	G11	0.17.28	11
11	3024	TAMIA	BORCHERDS	HILLCREST PS	F	11	G11	0.17.54	10
12	3036	LYNETTE	CROUDS	SEAGULL PS	F	11	G11	0.18.22	9
13	3062	CAZZLYNE	PRINS	UITENHAGE PS	F	10	G11	0.19.01	8
14	3059	TAYLA	DONLEY	UITENHAGE PS	F	11	G11	0.20.02	7
15	3025	LEANTE	WILLIAMS	HILLCREST PS	F	10	G11	0.20.36	6
16	3100	ELISHA	SAUNDERS	HANDHAAF PS	F	10	G11	0.24.32	5

3KM WRONG RACE

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME
	3094	CALLUM	LOFTUS	GREY JS	M	14	B14	0.12.50

RACE 4

2KM BOYS 10 YEARS BORN 2012

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	2407	MICHAEL	STEVENSON	CLARENDON PARK PS	M	10	B10	0.07.52	20
2	2380	MONTELL	VOLMINK	UITENHAGE PS	M	10	B10	0.08.14	19
3	2374	JERMAINE	WILLIAMS	UITENHAGE PS	M	10	B10	0.08.34	18
4	2409	MURRAY	FLETCHER	CLARENDON PARK PS	M	9	B10	0.08.38	17
5	2390	ANTONIO	SCHEEPERS	ALTONA PS	M	10	B10	0.08.46	16
6	2361	ELIJAH	CANT	VICTORY CHRISTIAN	M	9	B10	0.08.49	15
7	2403	ZIAN	DU PLESSIS	HANDHAAF PS	M	10	B10	0.08.59	14
8	2357	WILLIAM	WITBOOI	SEAGULL PS	M	10	B10	0.08.59	13
9	2406	HERMANN	LOOCK	LORRAINE PS	M	10	B10	0.09.04	12
10	2350	VERNON	SAULS	HILLCREST PS	M	9	B10	0.09.26	11
11	2341	RAYMOND	GOUWS	HANDHAAF PS	M	10	B10	0.09.58	10
12	2381	QUREN	MOSES	UITENHAGE PS	M	9	B10	0.10.13	9
13	2408	BEN	FLETCHER	CLARENDON PARK PS	M	9	B10	0.10.15	8
14	2296	CONNOR	WILSON	GREY JS	M	10	B10	0.10.24	7
15	2382	CONNOR	POTGIETER	UITENHAGE PS	M	9	B10	0.10.40	6
16	2379	RUWAYNE	ABRAHAMS	UITENHAGE PS	M	10	B10	0.11.11	5
17	2371	JOSHUA	HANCOX	LORRAINE PS	M	10	B10	0.11.15	4
18	2372	HANROUX	SCHNELLINK	LORRAINE PS	M	9	B10	0.11.35	3
19	2397	CLIFIYANO	BROOKS		M	9	B10	0.11.45	2
20	2404	MATEO	SHARE	HANDHAAF PS	M	10	B10	0.12.38	1

2KM BOYS 9 YEARS BORN 2013

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	2392	VIRAAN	STEYN	UITENHAGE PS	M	8	B09	0.07.47	20
2	2363	ERICK	VAN ZYL	VICTORY CHRISTIAN	M	9	B09	0.08.15	19
3	2359	STEPH	DE BEER	VICTORY CHRISTIAN	M	8	B09	0.08.19	18
4	2387	KEANU	LEBATH	UITENHAGE PS	M	8	B09	0.08.27	17
5	2402	JOSHUA	RICHTER	GREY J S	M	8	B09	0.08.28	16
6	2351	ALFONSO	AMBRAAL	HILLCREST PS	M	9	B09	0.08.58	15
7	2395	CALEB	WENTZEL	UITENHAGE PS	M	8	B09	0.09.13	14
8	2386	LEMAR	DENNIS	UITENHAGE PS	M	9	B09	0.09.26	13
9	2353	RUWAYNE	JACOBUS	HILLCREST PS	M	8	B09	0.09.38	12
10	2362	XANDER	VAN DYK	VICTORY CHRISTIAN	M	9	B09	0.09.50	11
11	2400	PW	SERFONTEIN	GREY JS	M	8	B09	0.10.01	10
12	2298	SION	SCHOEMAN	GREY JS	M	8	B09	0.10.29	9
13	2352	LUCIANO	BEZUIDENHOUT	HILLCREST PS	M	9	B09	0.11.06	8
14	2373	SETH	STANFORD	LORRAINE PS	M	8	B09	0.11.13	7
15	2396	LUKE	ROMAN	NELSON MANDELA BAY AC	M	8	B09	0.11.54	6

2KM GIRLS 10 YEARS BORN 2012

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	2365	ANATHI	ANTONI	ACT AC	F	9	G10	0.08.26	20
2	2300	KYLIE	DORFLING	HANDHAAF PS	F	9	G10	0.08.34	19
3	2398	KATE	PAPPAS	COLLEGIATE JS	F	10	G10	0.08.39	18
4	2370	AVA	BASSON	LORRAINE PS	F	10	G10	0.09.05	17
5	2344	SHERWINA	RUITERS	HILLCREST PS	F	10	G10	0.09.05	16
6	2303	ALEXA	BARNARD	HANDHAAF PS	F	9	G10	0.09.18	15
7	2347	SHAKINAH	LOTTERING	HILLCREST PS	F	9	G10	0.09.33	14
8	2346	CAITLYNN	WILLIAMS	HILLCREST PS	F	9	G10	0.09.46	13
9	2304	LEANE	PRETORIUS	HANDHAAF PS	F	9	G10	0.09.59	12
10	2360	LEVRIN	ANDREWS	ATLANTIC ACES	F	9	G10	0.11.12	11
11	2349	CAITLIN	KINGWILL	CLARENDON PARK PS	F	9	G10	0.11.14	10
12	2383	ANGELIC	MATTHYS	UITENHAGE PS	F	9	G10	0.11.49	9
13	2378	KEIRA	CEDRAS	UITENHAGE PS	F	10	G10	0.13.08	8
14	2375	KWENDINAKO	VELMAN	UITENHAGE PS	F	10	G10	0.13.58	7
15	2302	EMILY ROSE	LOOCK	HANDHAAF PS	F	9	G10	0.16.51	6

2KM GIRLS 9 YEARS BORN 2013

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	2401	CLOE	HUFKIE	UITENHAGE PS	F	8	G09	0.09.54	20
2	2355	ISHORENE	MEDINA	SEAGULL PS	F	8	G09	0.09.54	19
3	2405	AMOR	JOAR	HANDHAAF PS	F	9	G09	0,09,56	18
4	2356	SHANNON	HENDRICKS	SEAGULL PS	F	8	G09	0.10.00	17
5	2340	CAITLIN	NELSON	HANDHAAF PS	F	8	G09	0.10.01	16
6	2338	JAYLEY	BUIS	HANDHAAF PS	F	8	G09	0.10.27	15
7	2367	LUNIKO	ABRAHAMS	ACT AC	F	9	G09	0.10.40	14
8	2394	RAYDINE	KOWIE	UITENHAGE PS	F	8	G09	0.10.42	13
9	2384	JAY-DINE	VAN HEERDEN	UITENHAGE PS	F	9	G09	0.11.00	12
10	2391	ALZANE	VAN DER MERWE	UITENHAGE PS	F	8	G09	0.11.05	11
11	2337	MIKAELA	GOOSEN	HANDHAAF PS	F	9	G09	0.12.26	10

2KM WRONG RACE

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME
58	3071	HLOMBE	DENGA	LORRAINE PS	F	12	G12	0.12.11

RACE 5

4KM MEN OPEN

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4622	KEANU	DOMINGO	PTC	M	20	SM4	0.12.11	0
2	4966	GONTSEJALO	MOTUTSIWA	MADIBAZ AC	M	23	SM4	0.12.19	20
3	4993	SIBAHLE	MAQWARA	NEDBANK RC EP	M	20	SM4	0.12.31	19
4	4593	ZOLANI	MABONGO	SIBALEKA NANI A C	M	35	SM4	0.12.49	18
5	4994	TAWANDA	CHIKOTI	NEDBANK RC EP	M	23	SM4	0.13.09	17
6	4618	OYAMA	NTANTISO	MOTHERWELL AC	M	17	SM4	0.13.10	16
7	4616	SIBUSISO	COLEPI	MOTHERWELL A C	M	17	SM4	0.13.20	15
8	4772	PATRIGE	CHIMWENDO	ACHILLES AAA	M	19	SM4	0.13.27	14
9	4662	SIYABONGA	ROFUZANA	NEDBANK RC EP	M	17	SM4	0.13.28	13
10	4657	SILINDOKUHLE	TSOTSA	TINARHA A C	M	21	SM4	0.13.33	12
11	4938	THANDISILE	XHOSHOMBA	ACT AC	M	26	SM4	0.13.38	11
12	4968	SICELO	MASHABA	MADIBAZ AC	M	21	SM4	0.13.45	10
13	4970	LUVUYO	MNENO	MADIBAZ AC	M	20	SM4	0.13.48	9
14	4619	HLUMELO	NTANTISO	MOTHERWELL AC	M	15	SM4	0.14.26	8
15	4921	ADRIAAN	GERWEL	X-CEL A C	M	26	SM4	0.14.34	7
16	4967	NEALLEN	JONKERS	MADIBAZ AC	M	22	SM4	0.14.59	6
17	4597	SINOXOLO	NZUNZU	NELSON MANDELA BAY AC	M	18	SM4	0.15.52	5
18	4658	ZWELETHU	NOFELITI	TINARHA A C	M	28	SM4	0.16.46	4
19	4995	JACQUES	LANGLEY	RUN 4 CHRIST AC	M	33	SM4	0.16.58	3
20	4610	PETER	NTSHIKILA	TINARHA AC	M	59	SM4	0.17.09	2
21	4608	RUHAN	VAN RENSBURG	RUN 4 CHRIST AC	M	30	SM4	0.17.10	1
22	4659	LIXOLE	MUKUNZA	TINARHA A C	M	17	SM4	0.17.13	1
23	4612	THULANI	MDLALO	TRANSNET ENG EP	M	37	SM4	0.17.19	1
24	4793	LEON	LOUW	ATLANTIC ACES	M	50	SM4	0.18.17	1
25	4611	AMILA	MOAKULE	LIMEKHAYA HS	M	17	SM4	0.21.06	1
26	4661	MICHAEL	DEKKER	SAP A C EP	M	49	SM4	0.22.02	1
27	4628	MARCELLO	PIENAAR	TEMP	M	23	SM4	0.22.16	0

4KM BOYS 15 YEARS BORN 2007

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4656	TOKUHLE	DLOTHO	TINARHA A C	M	15	B15	0.14.18	20
2	4899	DALLIAN	OERSON	FRAMSBY HS	M	15	B15	0.14.20	19
3	4648	JOSH	WENTZEL	UITENHAGE PS	M	15	B15	0.14.48	18
4	4963	SINELIZWI	VENENE	CHILLIE EP AC	M	14	B15	0.15.16	17
5	4941	REECE	FREEMAN	ACT AC	M	14	B15	0.14.46	16
6	4654	ABONGILE	GROOTBOOM	TINARHA AC	M	15	B15	0.16.09	15
7	4940	CHASE	ALBERTS	ACT AC	M	14	B15	0.19.09	14
8	4960	JULIAN	VAN DER SCHYFF	PR AC	M	15	B15	0.16.31	13
9	4959	ZUNAID	BHIKA	PR AC	M	15	B15	0.17.06	12
10	4604	AYALO	MATYUMZA	NELSON MANDELA BAY AC	M	14	B15	0.17.54	11
11	4982	NOMANDLA	TOLWANA	CHILLIE EP AC	M	14	B15	0.18.10	10
12	4903	NIEL	KRUGER	FRAMSBY HS	M	14	B15	0.18.13	9
13	4900	PIETER	ELS	FRAMSBY HS	M	15	B15	0,18,27	8
14	4625	JAMES	WYLIE	ST ANDREWS	M	15	B15	0.18.30	7
15	4901	DIVAN	KOEN	FRAMSBY HS	M	14	B15	0.18.32	8
16	4902	PJ	LOUW	FRAMSBY HS	M	14	B15	0.19.03	6

4KM BOYS 14 YEARS BORN 2008

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4951	CHRISTIANO	BROWN	BRANDWAG HS / ST ALBANS AC	M	14	B14	0.13.55	20
2	4536	ENDINAKO	JOLA	HOBSON KHANYISA PS	M	13	B14	0,14,08	19
3	4948	RIHAAZ	DENNIS	BRANDWAG HS	M	13	B14	0.14.12	18
4	4945	SAMKELO	SAKI	ACT AC	M	13	B14	0.14.27	17
5	4944	SIMTHANDILE	GOLIATH	ACT AC	M	13	B14	0.14.37	16
6	4620	KADIN	KRETZMANN	HEAT AC	M	14	B14	0.14.54	15
7	4974	MATTHEW	PLESSIE	ALTONA PS	M	14	B14	0.14.56	14
8	4943	EMIHLE	HOTATA	ACT AC	M	14	B14	0.14.57	13
9	4918	AVON	WILLIAMS	BRANDWAG HS / ST ALBANS AC	M	14	B14	0.15.01	12
10	4615	DANIEL	PAPPAS	GREY HS	M	13	B14	0.15.10	11
11	4976	JAYDON	JAFTA	ALTONA PS	M	13	B14	0.15.50	10
12	4626	ZAC	FLETCHER	ST ANDREWS COLLEGE	M	13	B14	0.16.00	9
13	4952	HENRICO	LOUW	BRANDWAG HS / ST ALBANS AC	M	14	B14	0.16.31	8
14	4924	ETHAN	BOTHMA	BRANDWAG HS / ST ALBANS AC	M	13	B14	0.16.49	7
15	4907	JACO	STRYDOM	FRAMSBY HS	M	14	B14	0.16.49	6
16	4908	LUKA	BESSINGER	FRAMSBY HS	M	14	B14	0.16.55	5
17	4915	FELICIANO	BOOYSEN	SEAGULL PS	M	13	B14	0.17.01	4
18	4646	THEO	BUIS	UITENHAGE HS	M	13	B14	0.17.03	3
19	4623	NOAH	WEBSTER		M	14	B14	0.17.35	2
20	4997	BRENDALL	BOTHA	SEAGULL PS	M	13	B14	0.17.39	1
21	4985	LATHITHA	VENA	CHILLIE EP AC	M	13	B14	0.17.42	1
22	4905	EBEN	PEENS	FRAMSBY HS	M	14	B14	0.17.51	1
23	4602	BENGINKOSI	NTOSE	ACT AC	M	14	B14	0.18.18	1

24	4599	YIBANATHI	WILSKIET	ACT AC	M	14	B14	0.18.48	1
25	4975	RYAN	VAALTYN	ALTONA PS	M	13	B14	0.19.22	1
26	4594	RICARDO	BOTHA	DANIEL PIENAAR HS	M	14	B14	0.19.42	1
27	4984	KEYSHA	HARDNIE	CHILLIE EP AC	M	13	B14	0.20.38	1
28	4904	LUHANN	SPRONG	FRAMSBY HS	M	14	B14	0.21.52	1
29	4906	FRANCOIS	SMIT	FRAMSBY HS	M	14	B14	0.22.20	1
30	4983	ANJE	FORTIEN	CHILLIE EP AC	M	14	B14	0.22.42	1
31	4973	MONDRICK	JOSEPH	ALTONA PS	M	14	B14	0.25.39	1
32	4603	KAMVALETHU	PUWE	ACT AC	M	14	B14	0.26.18	1

4KM BOYS 13 YEARS BORN 2009

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4655	LINDOKUHLE	KASIBE	TINARHA AC	M	12	B13	0.15.05	20
2	4651	PIERRE-DANIEL	JACOBS		M	12	B13	0.15.33	19
3	4916	SISHLE	MTABATI	SEAGULL PS	M	13	B13	0.16.24	18
4	4978	CLEUSHAY	JANSEN	ALTONA PS	M	13	B13	0.16.30	17
5	4606	HUNCHEN	PETRUS	ALTONA PS	M	13	B13	0.16.44	16
6	4652	IBANATHI	MVAKWENDLU	TINARHA A C	M	13	B13	0.16.47	15
7	4598	SIPHESELE	KASPER	NELSON MANDELA BAY AC	M	13	B13	0.17.27	14
8	4917	GAYWIN	WINDVOGEL	SEAGULL PS	M	12	B13	0.17.46	13
9	4601	OTHANDWAYO	NGINDENA	ACT AC	M	13	B13	0.18.10	12
10	4986	NDUMISO	VIKALAHLE	CHILLIE EP AC	M	12	B13	0.19.03	11
11	4627	KYLE	BRUMMER	HANDHAAF PS	M	12	B13	0.19.10	10
12	4977	KYLE	WRIGHT	ALTONA PS	M	13	B13	0.22.02	9

4KM SENIOR WOMEN

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4660	KAYLA	NELL	CHARLO AC	F	27	SF4	0.14.58	20
2	4613	AVIWE	HOBOLOSHE	IKHAMVA A C	F	20	SF4	0.15.05	19
3	4663	NTOMBESINTU	MFUNZI	NEDBANK RC EP	F	40	SF4	0.15.54	18
4	4955	AMBER	RAYNERS	NEDBANK RC EP	F	20	SF4	0.15.55	17
5	4920	LARA	DE BLOE	VARSITY COLLEGE	F	20	SF4	0.16.28	16
6	4953	REFILWE	SOLOMONS	NEDBANK RC EP	F	41	SF4	0.16.30	15
7	4926	DILLIAN	PIENAAR	ACT AC	F	26	SF4	0.19.15	14
8	4925	SIPHOKAZI	NOJOKO	ACT AC	F	27	SF4	0.19.34	13
9	4927	ZHANIQUE	SISSING	ACT AC	F	23	SF4	0.24.47	12
10	4549	DIKIMETSO	MHLOKONJA	SIBALEKA NANI A C	F	29	SF4	0.28.38	11
11	4609	ANELISA	MANKULE	ADELAIDE GYMNASIUM	F	24	SF4	0.29.54	10

4KM GIRLS 17 YEARS BORN 2005

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4624	EMMA	KRUSE	DSG	F	17	G17	0.15.33	20
2	4922	MIA-CARA	HART	PEARSON HS	F	17	G17	0.16.50	19
3	4629	EMMA	GUSH	VICTORIA GHS	F	16	G17	0.16.52	18
4	4814	ANEL	STRAUSS	FRAMSBY HS	F	17	G17	0.16.53	17
5	4818	ELANCA	VAN JAARSVELD	FRAMSBY HS	F	16	G17	0.17.25	16
6	4930	ZANRI	BLACK	ACT AC	F	16	G17	0.17.27	15
7	4949	ABIGAIL	VAN DER BERG	BRANDWAG HS / ST ALBANS AC	F	17	G17	0.19.13	14
8	4816	ILZE	HATTINGH	FRAMSBY HS	F	17	G17	0.21.15	13

4KM GIRLS 16 YEARS BORN 2006

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4931	SIMNIKIWE	BOOYSEN	ACT AC	F	16	G16	0.17.20	20
2	4958	MIRA	ESTERHUYSEN	PEARSON HS	F	15	G16	0.18.47	19
3	4950	ANIKA	MAREE	BRANDWAG HS / ST ALBANS AC	F	15	G16	0.19.43	18
4	4819	ZANE	JUBBER	FRAMSBY HS	F	15	G16	0.20.15	17
5	4972	LIKHONA	THONI	ACT AC	F	15	G16	0.22.38	16

4KM GIRLS 15 YEARS BORN 2007

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4947	KARA	FOURIE	BRANDWAG HS	F	15	G15	0.15.35	20
2	4621	KEARA	DOMINGO	HEAT AC	F	14	G15	0.17.06	19
3	4813	CARLA	CLOTZ	CRONJE	F	15	G15	0.17.07	18
4	4614	MARNE	KOEN	BRANDWAG HS / RUN 4 CHRIST AC	F	14	G15	0.17.11	17
5	4889	ESMERI	OBERHAUSER	FRAMSBY HS	F	14	G15	0.17.54	16
6	4886	ILKE	WOLMARANS	FRAMSBY HS	F	15	G15	0.18.05	15
7	4961	MIKAH	FALCHI	VICTORIA PARK HS	F	14	G15	0.18.26	14
8	4600	AGNAMILE	MDAYI	ACT AC	F	15	G15	0.18.27	13
9	4892	MILAN	BOSCH	FRAMSBY HS	F	14	G15	0.18.28	12
10	4890	MEKE	DE VRIES	FRAMSBY HS	F	15	G15	0.19.09	11
11	4885	TANYA	BOSHOFF	FRAMSBY HS	F	15	G15	0.19.47	10
12	4893	YANNE	BOSCH	FRAMSBY HS	F	14	G15	0.20.20	9
13	4891	ELSJE	BOSCH	FRAMSBY HS	F	14	G15	0.20.36	8
14	4887	KARLA	VAN ROOYEN	FRAMSBY HS	F	15	G15	0.23.10	7
15	4779	JESSTINE	LOUW	ATLANTIC ACES	F	15	G15	0.23.18	6
16	4830	CHLOEY	VERMAAK	FRAMSBY HS	F	15	G15	0.23.21	5

4KM GIRLS 14 YEARS BORN 2008

POS	LNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	TIME	
1	4935	COMFORT	APPIAH	ACT AC	F	13	G14	0.15.17	20
2	4617	JENNA	COETZEE	COLLEGIATE JS	F	13	G14	0.16.09	19
3	4650	MARONY	JACOBS		F	14	G14	0.17.13	18
4	4653	ANGANATHI	MVAKWENDLU	TINARHA A C	F	14	G14	0.17.25	17
5	4936	MHLANGA	THANDA	ACT AC	F	13	G14	0.18.22	16
6	4897	JAMIE-LEE	BESTER	FRAMSBY HS	F	13	G14	0.18.54	15
7	3078	SALMA	VALENTINE	ATLANTIC ACES	F	13	G14	0.19.25	14
8	4895	ZIA	FERREIRA	FRAMSBY HS	F	14	G14	0.20.03	13
9	4934	AVIWE	BOOYSEN	ACT AC	F	14	G14	0.22.40	12
10	4898	JANE	STEYN	FRAMSBY HS	F	13	G14	0.22.53	11
11	4607	CHLOE	SCEAR	NELSON MANDELA BAY AC	F	14	G14	0.29.52	10