NMB CHOOSE TO CHALLENGE 10KM - KINGS BEACH - 2022/08/06										
POS	**RNO**	**LIC NO**	**NAME**	**SURNAME**	**CLUB**	**SEX**	**AGE**	**CAT**	**HMS**	**PTS**
1	1	355	MELIKHAYA	FRANS	IKHAMVA	M	32	SM	0.29.37	5
2	2	363	CWENGA	NOSE	IKHAMVA	M	21	SM	0.29.38	5
3	160	11114	ANELE	DLAMINI	PHANTANE	M	39	35-39M	0.30.07	0
4	4	1361	ANDILE	MOTWANA	NEDBANK	M	25	SM	0.30.15	5
5	116	357	SINAWO	POTI	IKHAMVA	M	20	SM	0.30.56	5
6	249	1433	BONGANI	BANDA	NEDBANK	M	22	SM	0.31.02	5
7	7	356	LUYANDA	TSHANGANA	IKHAMVA	M	39	35-39M	0.31.04	5
8	267	1338	SIBAHLE	MAQWARA	NEDBANK	M	20	SM	0.31.29	5
9	117	7191	MTHANDAZO	QHINA	NEDWP	M	44	40-44M	0.31.34	0
10	288	1458	GEORGE	NTSHILIZA	NEDBANK	M	42	40-44M	0.31.43	5
11	279	50486	LITHEBE	MENZELELELI	BOXER AC	M	22	SM	0.32.08	0
12	136	1836	XOLISA	NDLUMBINI	VUKANI	M	40	40-44M	0.32.17	5
13	25	1440	MARIANO	EESOU	NEDBANK	M	30	SM	0.32.55	5
14	2817	50493	MBULELO	SPEELMAN	BOXER AC	M	45	45-49M	0.33.05	0
15	118	370	DESMOND	ZIBI	IKHAMVA	M	58	55-59M	0.33.11	5
16	594	20186	OYAMA	NTANTISO	MOTHER	M	17	JM	0.33.11	5
17	639	178	BULELANI	NIWA	NMBMUN	M	38	35-39M	0.33.17	5
18	591	20037	APHELELE	SEPTEMBER	ACT AC	M	18	JM	0.33.20	5
19	2815	50478	XOLILE	NDABENI	BOXER AC	M	42	40-44M	0.33.23	0
20	971	50484	XOLISILE	SINKINTANA	BOXER AC	M	44	40-44M	0.33.27	0
21	545	578	SICELO	MASHABA	MADIBAZ	M	22	SM	0.33.35	5
22	383	50496	ZINGISILE	MARIKENI	BOXER AC	M	46	45-49M	0.33.48	0
23	119	376	HOPEWELL	JABAVU	IKHAMVA	M	38	35-39M	0.33.57	5
24	238	20200	BRENDEN	WESSELS	RUN4C	M	16	JM	0.34.06	5
25	265	1335	ANELE	MALIZA	NEDBANK	M	44	40-44M	0.34.21	5
26	367	20014	SIYABO	RHAFUZA	NEDBANK	M	18	JM	0.34.47	5
27	2375	20031	TYS	SINONELE	BOXER AC	M	17	JM	0.34.59	0
28	890	1202	GCOBANI	BEKWAPI	ELITEAC	M	43	40-44M	0.35.13	5
29	391	1909	SIBUSISO	THU	SIBALEKA	M	34	SM	0.35.22	5
30	232	50483	ZUKILE	TOKWE	BOXER AC	M	36	35-39M	0.35.27	0
31	338	52245	MAKHAYA	MASUMPA	BORNRUN	M	56	55-59M	0.35.32	0
32	344	20225	VUSEKANI	NOMTSHATSHO	CHILLIEP	M	18	JM	0.35.34	5
33	2969	5969	LONWABO	MKONZA	TEMP	M	36	35-39M	0.35.45	0
34	592	20184	HLUMELO	NTANTISO	MOTHER	M	15	JM	0.35.53	5
35	398	1339	MILA	PASIYA	NEDBANK	M	42	40-44M	0.36.04	5
36	167	520	SANKIKO	WORKAFERA	YOUTH	M	31	SM	0.36.17	4
37	948	1342	JEANDRY	DEERLING	NEDBANK	M	30	SM	0.36.18	4
38	973	20187	ETHAN	HARRIS	VWAC	M	19	JM	0.36.25	4
39	6	1400	KELLY	VAN VLIET	NEDBANK	F	34	SF	0.36.26	5
40	598	1915	ZAMUBUNTU	TEYISE	SIBALEKA	M	45	45-49M	0.36.30	5
41	496	1728	NOEL	ADAMS	GELVAN	M	50	50-54M	0.36.30	5
42	148	1255	ERROL	WHITTAL	ELITEAC	M	47	45-49M	0.37.04	5
43	8	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	40	40-44F	0.37.06	5
44	171	50488	SINOKHANYO	DUMAXAKE	BOXER AC	M	24	SM	0.37.11	0
45	372	20139	AKHONA	Tembani	CHILLIEP	M	16	JM	0.37.17	4
46	394	5394	SIMHANDILE	GOLIATH	ACT AC	M	14	JM	0.37.26	4
47	340	537	BATHANDWA	MOOI	RUN4C	M	37	35-39M	0.37.31	4
48	2810	1443	DENYS	WOLMARANS	NEDBANK	M	43	40-44M	0.37.35	5
49	589	20048	LIMIKHAYA	NGQANDU	ACT AC	M	15	JM	0.37.47	4
50	638	2092	LUBABALO	JUSAYI	SIBALEKA	M	31	SM	0.37.48	4
51	28	2059	AUGUST	ESAU	NEDBANK	M	51	50-54M	0.37.53	5
52	593	182	LUVUYO	DYANI	MOTHER	M	52	50-54M	0.37.55	5
53	280	50485	MZOLI	MPALALA	BOXER AC	M	60	60-64M	0.38.03	0
54	193	1324	LINDEN	NZEZA	NEDBANK	M	38	35-39M	0.38.04	4
55	5972	59	PERFECT	MBONENI	ACT AC	M	37	35-39M	0.38.05	4
56	366	1398	MUTEKILE	RASMENI	NEDBANK	M	57	55-59M	0.38.11	5
57	264	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	56	55-59M	0.38.14	5
58	497	218	FRANCISCO	VAN DER BERG	CSEP	M	46	45-49M	0.38.14	5
59	947	20004	JAY-DEE	DEERLING	NEDBANK	M	19	JM	0.38.16	3
60	2804	20015	RONAN	VAN DER VAART	NEDBANK	M	16	JM	0.38.23	3
61	999	50492	SANDISWA	KUNDULU	BOXER AC	F	31	SF	0.38.26	0
62	397	1436	NTSIKELELO	SEBE	NEDBANK	M	39	35-39M	0.38.40	4
63	291	693	SAZISO	PANGINDAWO	NMBMUN	M	40	40-44M	0.38.41	4

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64	996	5996	WILLIAM	WILSON	TEMP	M	45	45-49M	0.38.44	0
65	381	1810	XOLANI	NTEYI	VUKANI	M	43	40-44M	0.38.48	4
66	365	20226	ASANELE	PUZI	CHILLIEP	M	16	JM	0.39.21	3
67	2978	1353	MZUKISI	KLAAS	NEDBANK	M	53	50-54M	0.39.25	5
68	146	1952	VUSI	MSUTHWANA	BLUEBAY	M	50	50-54M	0.39.27	5
69	2971	5971	OYISA	BLOWU	ACT AC	M	16	JM	0.39.30	3
70	341	908	KAYLA	NELL	CHARLO	F	28	SF	0.39.33	5
71	330	1359	THEMBINKOSI	HAMBIYANI	NEDBANK	M	50	50-54M	0.39.34	5
72	2666	1642	NICO	SMITH	MADIBA	M	37	35-39M	0.39.47	3
73	396	1216	WESSEL	WOLMARANS	ELITEAC	M	44	40-44M	0.39.49	4
74	992	5992	MTABA	BANELE	CHILLIEP	M	15	JM	0.40.33	3
75	230	1426	LIZA-MARIE	KINGSTON	NEDBANK	F	40	40-44F	0.40.34	5
76	2836	5836	MICHAEL	KINGSTON	TEMP	M	49	45-49M	0.40.35	0
77	1046	20153	JULIAN	VAN DER SCHYFF	PRAC	M	15	JM	0.40.45	3
78	2807	1437	DARREN	VAN VLIET	NEDBANK	M	39	35-39M	0.40.51	3
79	940	1489	REBECCA	JORDAAN	32GI	F	31	SF	0.40.53	4
80	237	1131	TAWFEEQ	VYVER	NEDBANK	M	23	SM	0.40.53	3
81	376	20228	LATHITHA	VENA	CHILLIEP	M	13	JM	0.41.00	3
82	240	1055	Kaitlyn	Wolff	ACH	F	20	SF	0.41.06	4
83	335	898	PATRIC	MAKWENKWE	CHARLO	M	56	55-59M	0.41.19	5
84	168	584	MANELISI	MFECANE	YOUTH	M	36	35-39M	0.41.23	3
85	633	217	SAPHO	NKATA	CSEP	M	45	45-49M	0.41.30	4
86	114	1083	ALAN	TAYLOR	ACH	M	65	65-69M	0.41.39	5
87	297	1855	MARIO	PLAATJIES	GELVAN	M	41	40-44M	0.41.59	3
88	334	1395	MICHAEL	MAGSON	NEDBANK	M	46	45-49M	0.42.10	3
89	239	522	ADRI	WESSELS	RUN4C	F	46	45-49F	0.42.15	5
90	390	1221	TERRAY	POTHIER	ELITEAC	F	31	SF	0.42.19	3
91	27	2004	MICHELLE	HOWES	IKHAMVA	F	54	50-54F	0.42.21	5
92	492	1457	RICHARD	MAZUNGULA	NEDBANK	M	45	45-49M	0.42.28	3
93	225	640	SAMKELO	SINYONGO	ASPEN	M	41	40-44M	0.42.35	3
94	388	264	PETER	NTSHIKILA	TINARHA	M	60	60-64M	0.42.44	5
95	333	1394	DAVERA	MAGSON	NEDBANK	F	47	45-49F	0.42.59	5
96	177	1659	HANNES	ELS	MADIBA	M	72	70+M	0.43.00	5
97	274	1637	CHARL	MEISTRE	MADIBA	M	37	35-39M	0.43.00	2
98	543	1908	ASANDA	ZAMISA	SIBALEKA	F	39	35-39F	0.43.01	4
99	295	1968	HENRY	PIENAAR	BLUEBAY	M	51	50-54M	0.43.09	4
100	597	52499	ZANDILE	RUBUSHE	BOXER AC	F	37	35-39F	0.43.18	0
101	963	5963	APELELE	MTSHILATA	CHILLIEP	M	16	JM	0.43.28	2
102	174	1535	JONATHAN	Naude	32GI	M	25	SM	0.43.35	2
103	223	1422	TSIETSI	RAMATSASA	NEDBANK	M	46	45-49M	0.43.56	3
104	331	1441	MARTIN	JANSEN	NEDBANK	M	54	50-54M	0.44.08	3
105	969	4325	MIA-CARA	HART	SCHOOL	F	17	JF	0.44.14	3
106	149	758	WERNER	DE LANGE	CRUSADE	M	34	SM	0.44.22	2
107	2366	5366	DANNY	SAULS	TEMP	M	35	35-39M	0.44.35	0
108	640	1252	CHAD	WEWERS	ELITEAC	M	29	SM	0.44.42	2
109	138	540	JACQUES	LANGLEY	RUN4C	M	33	SM	0.44.50	2
110	108	1370	WERNER	MEYER	NEDBANK	M	49	45-49M	0.44.51	3
111	389	50869	SITHA	SIGENU	REALGIJ	F	38	35-39F	0.45.15	0
112	244	1263	KAHN	LANGFORD	VWAC	M	43	40-44M	0.45.23	2
113	339	20223	KHWEZI	MNQOJANA	CHILLIEP	M	17	JM	0.45.29	2
114	980	5980	MANIE	JACOBY	TEMP	M	52	50-54M	0.45.32	0
115	50	5279	ETIENNE	POTGIETER	TEMP	M	40	40-44M	0.45.33	0
116	380	4419	AKHONA	ZAKE	CHILLIEP	F	17	JF	0.45.36	2
117	634	47	SIMCELILE	SITHEMBU	SAPPE	M	31	SM	0.45.37	2
118	104	1316	SERGEI	BENJAMIN	VUKANI	M	35	35-39M	0.45.44	2
119	300	1526	CANDICE	RICHARDS	32GI	F	29	SF	0.46.03	2
120	322	893	HISHAAN	BHANA	CHARLO	M	26	SM	0.46.14	2
121	493	1809	Sibongile	Mgqeba	VUKANI	F	35	35-39F	0.46.22	3
122	2974	5974	SIPHOSETHU	RAGA	TEMP	M	27	SM	0.46.42	0
123	743	534	MIEKE	SCHOLTZ	RUN4C	F	27	SF	0.46.53	2
124	599	554	PETRUS	RADEMEYER	RUN4C	M	48	45-49M	0.46.54	2
125	21	561	DARRYL	CALVERT	RUN4C	M	47	45-49M	0.46.55	2
126	2857	5857	PIETER	STRYDOM	TEMP	M	35	35-39M	0.46.59	0
127	895	1360	SITHEMBILE	MPAKO	NEDBANK	M	61	60-64M	0.47.06	3

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128	1065	1282	SEBASTIAN	HAARHOFF	VWAC	M	45	45-49M	0.47.11	2
129	192	1448	THELMA	MCOPELO	NEDBANK	F	40	40-44F	0.47.14	3
130	986	5986	SIPHE	MZAYIDUME	TEMP	M	28	SM	0.47.17	0
131	22	52663	DON	CHARLES	MURRYROB	M	73	70+M	0.47.22	0
132	215	1235	PHILLIP	KEMP	ELITEAC	M	39	35-39M	0.47.24	2
133	321	995	JACQUES-PIERRE	BEKKER	CHARLO	M	29	SM	0.47.26	2
134	5973	5973	ZUBENATHI	KIMBERY	ACT AC	F	18	JF	0.47.33	2
135	5299	940	DEON	SCHEUBLE	CSEP	M	46	45-49M	0.47.37	2
136	897	1824	VUYILE	TIKWAYO	VUKANI	M	41	40-44M	0.47.44	2
137	382	508	OLWETHU	BOMVANA	MOTHER	F	36	35-39F	0.47.45	2
138	127	1949	LEONARD	CONRADIE	BLUEBAY	M	68	65-69M	0.47.48	4
139	324	970	MALCOLM	BLANDY	CHARLO	M	40	40-44M	0.47.49	2
140	147	1612	BRUCHANE	WILLIAMS	GELVAN	M	36	35-39M	0.47.55	2
141	163	263	LINDIKHAYA	NTEYI	TINARHA	M	43	40-44M	0.47.56	2
142	2856	5856	MARISKA	STANDER	TEMP	F	31	SF	0.48.01	0
143	2805	450	REON	VAN RENSBURG	PROFILES	M	50	50-54M	0.48.10	2
144	122	1516	THERESA	BUCHNER	32GI	F	37	35-39F	0.48.13	2
145	140	1385	KOOS	OLIVIER	NEDBANK	M	64	60-64M	0.48.28	3
146	643	113	SHAFIK	RASIEN	GELVAN	M	50	50-54M	0.48.29	2
147	2838	5838	MARVIN	KORKIE	TEMP	M	35	35-39M	0.48.29	0
148	222	1125	MICHAEL	PRINCE	NEDBANK	M	48	45-49M	0.48.30	2
149	166	1067	MTHETHELI	MBETHE	ACH	M	42	40-44M	0.48.31	2
150	19	20151	KERRI-LEE	BARNARD	PRAC	F	18	JF	0.48.34	2
151	877	1001	AMANDA	SHAW	IKHAMVA	F	57	55-59F	0.48.36	5
152	2373	5373	VUYISILE	SIMAYILE	TEMP	M	35	35-39M	0.48.47	0
153	2578	1946	MICHAEL	SMITH	BLUEBAY	M	49	45-49M	0.48.50	2
154	369	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	61	60-64F	0.48.51	5
155	373		NOMANDLA	TOLWANA	CHILLIEP	F	14	JF	0.49.00	2
156	384	1848	DENVER	PETERSEN	GELVAN	M	38	35-39M	0.49.06	2
157	40	1236	STEPHEN	KLUE	ELITEAC	M	63	60-64M	0.49.12	3
158	5286	5286	YANGA	MANI	TEMP	M	28	SM	0.49.13	0
159	150	1256	JANINE	WHITTAL	ELITEAC	F	41	40-44F	0.49.14	2
160	44	86	WAYNE	MARAIS	INFINITY	M	37	35-39M	0.49.23	2
161	2698	555	BURNITA	STRYDOM	RUN4C	F	53	50-54F	0.49.36	3
162	190	692	GODFREY	GELDERBLOEM	NMBMUN	M	54	50-54M	0.49.37	2
163	154	1738	IVO	MEYER	BODYCON	M	47	45-49M	0.49.40	2
164	2846	5846	MEGAN	NEWMAN	TEMP	F	31	SF	0.49.42	0
165	961	5961	CLARENCE	MANUEL	TEMP	M	28	SM	0.49.44	0
166	2370	5370	MCEBISI	MPONDO	TEMP	M	38	35-39M	0.49.45	0
167	951	5951	ETIENNE	DE LANGE	TEMP	M	35	35-39M	0.49.51	0
168	2829	5829	FREDDIE	CRONJE	TEMP	M	33	SM	0.49.54	0
169	121	556	ARTHUR	WILLIAMS	RUN4C	M	59	55-59M	0.49.59	2
170	128	546	CHARLES	CORBY	RUN4C	M	51	50-54M	0.50.01	2
171	2826	5826	TIMOTHY	BENN	TEMP	M	30	SM	0.50.06	0
172	2814	7212	SIOBHAN	MOMBERG	MAVERICK	F	32	SF	0.50.21	0
173	387	2001	JOSEPH	BAIN	CSEP	M	62	60-64M	0.50.31	2
174	137	1505	ASHTON	JACOBS	32GI	F	26	SF	0.50.52	2
175	71	521	ALECHE	BARNARD	RUN4C	F	27	SF	0.50.53	2
176	395	20049	SIMAMNKELE	SAKATA	ACT AC	M	17	JM	0.50.58	1
177	635	1666	Julia	Hofart	MADIBA	F	39	35-39F	0.51.01	2
178	293	108	SERGIO	PETERSEN	RUN4C	M	44	40-44M	0.51.05	1
179	628	1224	SHAUN	NEL	ELITEAC	M	47	45-49M	0.51.08	2
180	103	765	LESLIE	FERREIRA	CRUSADE	M	27	SM	0.51.10	1
181	2975	5975	IMKE	KUMM	TEMP	F	40	40-44F	0.51.12	0
182	495	1700	ELIZE	ADAMS	GELVAN	F	47	45-49F	0.51.14	2
183	972	569	ANJA	WEBBER	RUN4C	F	21	SF	0.51.19	2
184	2834	5834	VANESSA	JOUBERT	TEMP	F	43	40-44F	0.51.35	0
185	2822	5822	SHANE	ANNANDALE	TEMP	M	39	35-39M	0.51.42	0
186	227	1560	PIETER	STRYDOM	DESPATCH	M	61	60-64M	0.51.45	2
187	101	50	MICHAEL	DEKKER	SAPPE	M	49	45-49M	0.51.52	1
188	386	1214	BENITA	GERBER	ELITEAC	F	57	55-59F	0.52.00	3
189	336	952	CINDY	MARAIS	CHARLO	F	45	45-49F	0.52.09	2
190	123	1575	LESLEY-ANN	BUSH	DESPATCH	F	50	50-54F	0.52.11	2
191	368	934	HERMAN	SCHEEPERS	CHARLO	M	46	45-49M	0.52.11	1

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192	498	1871	MPITILE	TSOKA	HOLLYWOO	M	41	40-44M	0.52.23	1
193	525	1233	CURT	ROBERTS	ELITEAC	M	37	35-39M	0.52.31	1
194	2858	5858	MARTIN	TSHABANGU	TEMP	M	35	35-39M	0.52.32	0
195	135	1536	TRACEY	VAN GREUNEN	32GI	F	31	SF	0.52.34	1
196	186	1537	BRANDON	VAN DER WALT	32GI	M	30	SM	0.52.34	1
197	977	5977	NATASHA	HALLER	TEMP	F	41	40-44F	0.52.37	0
198	385	1656	SCHOOMBEE	PRETORIUS	MADIBA	M	64	60-64M	0.52.51	2
199	494	1937	AMANDA	PRIDEAUX	BLUEBAY	F	47	45-49F	0.52.53	2
200	233	1648	KEITH	VALENTINE	MADIBA	M	31	SM	0.52.55	1
201	337	948	THOMAS	MARAIS	CHARLO	M	35	35-39M	0.52.57	1
202	2853	5853	BULALI	QOSE	TEMP	M	26	SM	0.52.58	0
203	371	921	MXOLISI	SIZIBA	CHARLO	M	51	50-54M	0.52.59	1
204	2861	5861	RUAN	VAN JAARSVELD	TEMP	M	42	40-44M	0.53.07	0
205	894	750	PIETER	ROUX	CRUSADE	M	67	65-69M	0.53.12	2
206	2830	5830	ANNEMIE	DU TOIT	TEMP	F	37	35-39F	0.53.26	0
207	958	5958	DARRYL	LONG	TEMP	M	44	40-44M	0.53.32	0
208	285	611	HAYLEY	NEWING	ASPEN	F	37	35-39F	0.53.37	1
209	113	455	JODI	PIENAAR	WALMER	M	28	SM	0.53.38	1
210	328	903	KESVAL	CHETTY	CHARLO	M	57	55-59M	0.53.45	2
211	767	8305	MARICIA	SCHULPFORT	MAZARS	F	36	35-39F	0.53.50	0
212	38	1059	SIZINZO	KAMA	ACH	M	71	70+M	0.53.55	2
213	889	1234	DEWALD	DEYSEL	ELITEAC	M	40	40-44M	0.54.02	1
214	544	5281	LINZAY	QUIN	TEMP	F	33	SF	0.54.05	0
215	953	5953	CARL	HALLER	TEMP	M	47	45-49M	0.54.12	0
216	26	697	DEON	ENGELBRECHT	NMBMUN	M	54	50-54M	0.54.19	1
217	159	50080	NOMLA-AS	NGWENZE	CHEETAH	F	39	35-39F	0.54.20	0
218	221	1962	DANIEL	PIETERSE	BLUEBAY	M	60	60-64M	0.54.20	2
219	180	82	LETA	DOS SANTOS	INFINITY	F	58	55-59F	0.54.30	2
220	99	1636	LISTIA	NEL	MADIBA	F	47	45-49F	0.54.33	2
221	2612	1627	NATASHA	SMITH	MADIBA	F	36	35-39F	0.54.34	1
222	41	1396	BUYELWA	KOBOKANA	NEDBANK	F	57	55-59F	0.54.46	2
223	236	1129	TOEGEDA	VYVER	NEDBANK	F	50	50-54F	0.54.51	2
224	88	746	JOHAN	BARNARD	CRUSADE	M	67	65-69M	0.54.54	2
225	2980	1588	JACQUES	BOTHA	DESPATCH	M	48	45-49M	0.54.59	1
226	172	2061	KAREN	BARNARD	MADIBA	F	33	SF	0.55.03	1
227	241	1567	JACOBUS	WYATT	DESPATCH	M	59	55-59M	0.55.07	1
228	2832	5832	ALEXANDRA	FLEMMING	TEMP	F	30	SF	0.55.10	0
229	248	978	CHRISTOPHER	AYERST	CHARLO	M	55	55-59M	0.55.11	1
230	260	1644	JAN	LE ROUX	MADIBA	M	33	SM	0.55.11	1
231	42	1331	JAN	LE ROUX	NEDBANK	M	62	60-64M	0.55.12	1
232	194	1635	DORIS	GERBER	MADIBA	F	51	50-54F	0.55.17	2
233	2806	1389	MARTIE	VAN SCHALKWYK	NEDBANK	F	58	55-59F	0.55.18	2
234	199	723	ALETTA	JOUBERT	CRUSADE	F	60	60-64F	0.55.31	2
235	2865	5865	YOLANDA	DUGMORE	TEMP	F	49	45-49F	0.55.32	0
236	2799	1429	RIKA	TERBLANCHE	NEDBANK	F	45	45-49F	0.55.35	1
237	69	610	ASHRAF	ACKERDIEN	ASPEN	M	49	45-49M	0.55.37	1
238	142	1476	DEIDRE	BURGER	32GI	F	49	45-49F	0.55.42	1
239	392	1201	CATHY	ALLERS	ELITEAC	F	60	60-64F	0.55.45	2
240	269	792	IGNIS	MCLAREN	RUN4C	M	56	55-59M	0.55.48	1
241	740	1665	JACQUELINE	SCHOEMAN	MADIBA	F	32	SF	0.55.50	1
242	1066	5332	MAARTIN	LEWIS	TEMP	M	47	45-49M	0.55.51	0
243	169	1258	MARTIN	LANGLEY	ELITEAC	M	42	40-44M	0.55.55	1
244	143	1087	FRANCOIS	SMIT	ACH	M	62	60-64M	0.56.04	1
245	173	1827	NDABA	NDZOMBANE	VUKANI	M	62	60-64M	0.56.08	1
246	893	191	THUTHUKA	SONGELWA	COEGA	F	43	40-44F	0.56.09	1
247	886	1678	ADELE	SLABBERT	MADIBA	F	51	50-54F	0.56.09	1
248	2831	5831	GERARD	FELIX	TEMP	M	44	40-44M	0.56.10	0
249	967	5967	NORMAN	SILKE	TEMP	M	44	40-44M	0.56.11	0
250	2368	5368	GARETH	UREN	TEMP	M	48	45-49M	0.56.11	0
251	287	145	ROBIN	NOMDOE	GELVAN	M	35	35-39M	0.56.12	1
252	110	1464	DAVID	O'REILLY	NEDBANK	M	74	70+M	0.56.22	2
253	994	5994	KEVIN	GARDNER	TEMP	M	42	40-44M	0.56.31	0
254	596	50514	CLAUDETTE	LE ROUX	WORC	F	37	35-39F	0.56.32	0
255	141	1484	MICHAEL	FOWLER	32GI	M	56	55-59M	0.56.47	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
256	271	674	YENZILE	MDODANA	NMBMUN	F	30	SF	0.57.08	1
257	2845	5845	GRANT	MORTON	TEMP	M	36	35-39M	0.57.11	0
258	329	923	EVA	CHETTY	CHARLO	F	54	50-54F	0.57.42	1
259	34	1950	Nicole	Gray	BLUEBAY	F	21	SF	0.57.43	1
260	2833	5833	EVELINA	IVINS	TEMP	F	35	35-39F	0.57.45	0
261	375	926	TREVOR	VAN RENSBURG	CHARLO	M	70	70+M	0.57.48	1
262	2367	5367	ZANDILE	SIYATA	TEMP	F	43	40-44F	0.57.49	0
263	954	5954	MICHAEL	BLACK	TEMP	M	21	SM	0.57.50	0
264	630	1333	MBULELO	SOBIKWA	NEDBANK	M	68	65-69M	0.57.51	1
265	2841	5841	DIANA	MARAIS	TEMP	F	65	65-69F	0.58.19	0
266	296	1264	LAVINIA	PIETERSE	VWAC	F	47	45-49F	0.58.19	1
267	139	296	LIZ	JENKERSON	MUIRITE	F	75	70+F	0.58.20	3
268	896	1861	SIMANGILE	SOLWANDLE	HOLLYWOO	F	31	SF	0.58.23	1
269	627	595	MANDISA	SALMAN	YOUTH	F	41	40-44F	0.58.28	1
270	247	976	LOUISE	AXON	CHARLO	F	44	40-44F	0.58.31	1
271	499	1054	LIZ	PRINS	ACH	F	53	50-54F	0.58.43	1
272	636	361	JULIUS	SHOGOLE	IKHAMVA	M	69	65-69M	0.58.46	1
273	2365	5365	SAGE	HARIDMAN	TEMP	F	23	SF	0.58.50	0
274	262	552	BERNADETTE	LOOCK	RUN4C	F	42	40-44F	0.58.53	1
275	888	1094	MARIETJIE	PIETERSEN	ACH	F	65	65-69F	0.58.58	2
276	161	1500	JONATHAN	MANDELL	32GI	M	57	55-59M	0.59.02	1
277	162	1515	PAIGE	LEE	32GI	F	56	55-59F	0.59.03	1
278	2803	1629	ARINDA	VAN DER LINDE	MADIBA	F	32	SF	0.59.08	1
279	176	1632	JOS	ELS	MADIBA	F	70	70+F	0.59.10	2
280	349	884	KRISH	PILLAY	CHARLO	M	60	60-64M	0.59.22	1
281	2868	5868	KIM-LIN	JONES	TEMP	F	29	SF	0.59.22	0
282	2864	5864	MARK	BOTHA	TEMP	M	51	50-54M	0.59.24	0
283	187	679	THEMBELA	MANYA	NMBMUN	F	38	35-39F	0.59.31	1
284	191	2050	Xolane	Kale	CHILLIEP	M	52	50-54M	0.59.32	1
285	898	563	LINDA	SILLS	RUN4C	F	40	40-44F	0.59.32	1
286	899	564	GAVIN	SILLS	RUN4C	M	49	45-49M	0.59.33	1
287	2976	5876	AUDI	REECE	TEMP	M	21	SM	0.59.34	0
288	393	1418	PRISCILLA	DYANTYI	NEDBANK	F	48	45-49F	0.59.41	1
289	246	856	LOGAMURTHIE	ATHIEMOOLAM	CHARLO	M	59	55-59M	0.59.42	1
290	1051	2110	MCEBISI	MZINZI	DPWEC	M	42	40-44M	0.59.45	1
291	989	5989	PETER	BENNETT	TEMP	M	47	45-49M	0.59.47	0
292	323	956	NEELESH	BHANA	CHARLO	M	51	50-54M	0.59.52	1
293	2766	40646	GAIL	KIDSON	KNYSNA	F	63	60-64F	0.59.56	0
294	965	5965	LULAMILE	PHONGOLA	TEMP	M	65	65-69M	1.00.03	0
295	378	1446	SYLMA	WATKINS	NEDBANK	F	54	50-54F	1.00.08	1
296	2843	5843	LIKHONA	MASIKA	TEMP	M	39	35-39M	1.00.14	0
297	189	745	KATHLEEN	FLANAGAN	CRUSADE	F	36	35-39F	1.00.18	1
299	196	1287	BANDILE	GWAMANDA	VWAC	M	52	50-54M	1.00.26	1
300	962	5962	DEON	MIGGELS	TEMP	M	51	50-54M	1.00.28	0
301	2369	5369	SISEKO	MKUMLA	TEMP	M	37	35-39M	1.00.29	0
302	185	1220	ANDRE	FOURIE	ELITEAC	M	75	70+M	1.00.39	1
303	1047	1724	AMEERA	CAMPBELL	GELVAN	F	49	45-49F	1.00.42	1
304	939	1997	JOHANN	VAN DER MERWE	MADIBAZ	M	58	55-59M	1.00.52	1
305	2677	458	LYNETTE	SMUTS	WALMER	F	56	55-59F	1.00.58	1
306	266	509	XHANDI	MANTSHIYO	MOTHER	M	54	50-54M	1.01.02	1
307	164	1200	MARISKA	de Wet	JBAY	F	39	35-39F	1.01.05	1
308	732	1528	KELVIN	SAMUEL	32GI	M	39	35-39M	1.01.07	1
309	2854	5854	KELLY	ROSE	TEMP	F	43	40-44F	1.01.08	0
310	2809	448	INGE	WILLIAMSON	PROFILES	F	28	SF	1.01.08	1
311	129	100	LYNETTE	CRAUSE	INFINITY	F	62	60-64F	1.01.13	1
312	892	1305	CHARNEL	NEL	HEATAC	F	30	SF	1.01.15	1
313	289	1248	EULIDA	OELOFSE	ELITEAC	F	49	45-49F	1.01.18	1
314	887	213	SHARON	SMUTS	CSEP	F	56	55-59F	1.01.23	1
315	998	5998	WARREN	HOOLE	TEMP	M	45	45-49M	1.01.24	0
316	342	20229	Anam	Ngantweni	CHILLIEP	F	17	JF	1.01.51	1
317	590	50961	HUBERT	NTEYI	CELTIC	M	68	65-69M	1.02.03	0
318	183	1935	XENOPHON	FERREIRA	BLUEBAY	M	61	60-64M	1.02.10	1
319	31	200	ERIKA	FOREMAN	CSEP	F	52	50-54F	1.02.11	1
320	983	5983	MANDY	VAN DER MERWE	TEMP	F	51	50-54F	1.02.12	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
321	2859	5859	TASMIN	VAN DEN HEEVER	TEMP	F	34	SF	1.02.13	0
322	115	1860	DESIREE	TITUS	GELVAN	F	57	55-59F	1.02.29	1
323	151	1016	LINDA	BARKHUIZEN	BODYCON	F	54	50-54F	1.02.31	1
324	739	612	MANDY	SAPTOE	ASPEN	F	38	35-39F	1.02.37	1
325	2862	5862	ANDRE	VAN TONDER	TEMP	M	55	55-59M	1.02.52	0
326	2842	5842	CHARNE	MARAIS	TEMP	F	31	SF	1.02.56	0
327	450	5277	KOBUS	VENTER	TEMP	M	52	50-54M	1.02.59	0
328	131	677	ZOLISWA	MBANGE	NMBMUN	F	42	40-44F	1.03.15	1
329	49	751	NICK	MULLINS	CRUSADE	M	66	65-69M	1.03.24	1
330	350	5276	WOUTER	VAN DER WESTHUIZEN	TEMP	M	57	55-59M	1.03.27	0
331	550	5275	CHRIS	HOWES	TEMP	M	57	55-59M	1.03.28	0
332	2722	539	VINCENT	SWART	RUN4C	M	48	45-49M	1.03.30	1
333	937	1832	ANELE	MESANI	VUKANI	M	42	40-44M	1.03.39	1
334	45	85	CARINA	MARAIS	INFINITY	F	30	SF	1.03.41	1
335	181	1295	XOLANI	MGIJIMA	VWAC	M	39	35-39M	1.03.49	1
336	272	97	INA	MEAKER	INFINITY	F	60	60-64F	1.03.51	1
337	997	5997	ANGELA	HOOLE	TEMP	F	43	40-44F	1.03.56	0
338	124	801	WENDY	CAMERON	MADIBAZ	F	44	40-44F	1.04.07	1
339	975	2011	CARLY	LOUW	VUKANI	F	40	40-44F	1.04.08	1
340	165	707	CHARL	GRIESSEL	CRUSADE	M	58	55-59M	1.04.10	1
341	641	1005	ECKART	SCHUMANN	BODYCON	M	77	70+M	1.04.11	1
342	157	1348	XOLILE	GOMOMO	NEDBANK	M	70	70+M	1.04.13	1
343	2374	1292	ANNARLI	ABRAHAMS	VWAC	F	43	40-44F	1.04.20	1
344	2927	1293	NEIL	ABRAHAMS	VWAC	M	43	40-44M	1.04.38	1
345	2849	5849	VEENASH	PARBHOO	TEMP	M	41	40-44M	1.04.45	0
346	242	95	ZELDA	KRIGE	INFINITY	F	62	60-64F	1.04.48	1
347	2812	1349	CAROLINE	ZINTO	NEDBANK	F	42	40-44F	1.04.55	1
348	120	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	50	50-54M	1.04.55	1
349	290	1231	HELENE	OPPEL	ELITEAC	F	72	70+F	1.04.57	1
350	2723	504	ONESIMO	TENGILE	MOTHER	F	28	SF	1.05.02	1
351	43	547	YOLANDE	LOUW	RUN4C	F	43	40-44F	1.05.03	1
352	178	1424	SAM	ERASMUS	NEDBANK	M	64	60-64M	1.05.04	1
353	200	126	SHUKRY	KAFAAR	MALABAR	M	36	35-39M	1.05.08	1
354	797	5797	CAILYN	VAN HEERDEN	TEMP	F	21	SF	1.05.12	0
355	374	961	LARA	VAN HEERDEN	CHARLO	F	46	45-49F	1.05.12	1
356	891	1311	MADRE	WELMANS	HEATAC	F	53	50-54F	1.05.14	1
357	155	1380	BANDILE	CUNTU	NEDBANK	M	57	55-59M	1.05.31	1
358	2835	5835	INECE	KAYSER	TEMP	F	54	50-54F	1.05.36	0
359	39	62	ALEX	KHUZWAYO	SAPPE	M	59	55-59M	1.05.43	1
360	5287	5287	BRITTANY	CILLIERS	TEMP	F	29	SF	1.06.06	0
361	286	106	SANET	NIIT	MADIBA	F	54	50-54F	1.06.21	1
362	126	1655	ANITA	COETZER	MADIBA	F	49	45-49F	1.06.22	1
363	102	713	DENISE	FERREIRA	CRUSADE	F	60	60-64F	1.07.05	1
364	243	1936	MARKUS	KUNNEKE	BLUEBAY	M	53	50-54M	1.07.33	1
365	220	21	JEANETTE	PIENAAR	PEAAC	F	74	70+F	1.07.36	1
366	988	5988	MELANIE	FRANCIS	TEMP	F	46	45-49F	1.07.46	0
367	990	5990	AZANDA	DLADLA	TEMP	F	26	SF	1.07.47	0
368	112	770	WINSLOW	BOUWER	CRUSADE	M	38	35-39M	1.07.48	1
369	245	1568	TALANA	WYATT	DESPATCH	F	30	SF	1.07.49	1
370	133	2138	NOSICELO	BIYANA	COEGA	F	46	45-49F	1.08.48	1
371	29	1403	JOHAN	FERREIRA	NEDBANK	M	60	60-64M	1.08.52	1
372	348	4353	THURAYA	PILLAY	CHARLO	F	20	SF	1.09.05	1
373	981	5981	ASHLYNNE	ABRAHAMS	TEMP	F	41	40-44F	1.09.11	0
374	982	5982	CLYDE	ABRAHAMS	TEMP	M	43	40-44M	1.09.12	0
375	35	216	SUNET	HARRIS	CSEP	F	49	45-49F	1.09.14	1
376	2697	1529	COLIN	STEPHEN	32GI	M	34	SM	1.09.17	1
377	979	5979	KATHERINE	LIEBENBERG	TEMP	F	50	50-54F	1.09.23	0
378	2839	5839	NADIA	KRIEL	TEMP	F	24	SF	1.09.49	0
379	955	5955	TANYA	CLAASSEN	TEMP	F	52	50-54F	1.09.56	0
380	106	1753	RONALD	JANTJIES	TRANSNET	M	50	50-54M	1.09.59	1
381	809	211	MATHAPELO	SENTI	CSEP	F	33	SF	1.10.00	1
382	284	753	PLACXEDES	NDHLOVU	CRUSADE	F	48	45-49F	1.10.36	1
383	637	1692	ZELDA	STRYDOM	MADIBA	F	41	40-44F	1.10.48	1
384	957	5957	CHARMELL	KOOPMAN	TEMP	F	42	40-44F	1.10.58	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
385	184	1840	MSUTUKAZI	NDIMBA	VUKANI	F	42	40-44F	1.11.13	1
386	2866	5866	ERICA	ERASMUS	TEMP	F	52	50-54F	1.11.24	0
387	952	5952	WEBER	ANDREW	TEMP	M	43	40-44M	1.11.26	0
388	995	5995	COLLEEN	WATTS	TEMP	F	40	40-44F	1.11.55	0
389	282	186	NANDIPA	MYELEYELE	SPAREC	F	34	SF	1.11.55	1
390	130	761	NTOKOZO	DAMBUZA	CRUSADE	F	43	40-44F	1.12.17	1
391	984	5984	KEVIN	ROUX	TEMP	M	38	35-39M	1.12.18	0
392	645	1854	JODY	PRIMO	GELVAN	M	14	JM	1.12.20	1
393	644	1712	BRAMWELL	FLEURS	GELVAN	M	43	40-44M	1.12.20	1
394	2926	5926	ROBYN	WATERMEYER	TEMP	F	35	35-39F	1.12.21	0
395	2970	970	SONJA	MOSTERT	TEMP	F	31	SF	1.12.23	0
396	5642	5144	CHWAYITA	MAKREXENI	CHEETAH	F	37	35-39F	1.12.30	0
397	125	1606	FANIE	CLAASSEN	DESPATCH	M	64	60-64M	1.12.36	1
398	2827	5827	VERNA	CLAASSEN	TEMP	F	59	55-59F	1.12.40	0
399	949	1823	NOTOZOLA	JAM JAM	VUKANI	F	40	40-44F	1.12.56	1
400	20	973	TEGAN	BEER	NMBMUN	F	26	SF	1.13.07	1
401	195	1661	PIETER	GERBER	RUN4C	M	64	60-64M	1.13.42	1
402	1069	1461	TENDELA	MPUSHE	NEDBANK	F	39	35-39F	1.14.04	1
403	292	1166	NADIA	PETERSEN	JBAY	F	65	65-69F	1.14.17	1
404	1050	314	CHARLENE	RADEMEYER	RUN4C	F	41	40-44F	1.14.17	1
405	5298	5298	FAITH	GQIBA	TEMP	F	28	SF	1.14.19	0
406	198	714	KARIEN	JOUBERT	CRUSADE	F	34	SF	1.14.21	1
407	111	530	ANDRE	PIENAAR	RUN4C	M	59	55-59M	1.14.27	1
408	132	672	ANDISWA	JAFTA	NMBMUN	F	30	SF	1.14.32	1
409	2734	94	DENISE	TERBLANCHE	INFINITY	F	74	70+F	1.14.39	1
410	273	717	EMELISA	MEIRING	CRUSADE	F	30	SF	1.16.05	1
411	938	1816	KHAYA	MTI	VUKANI	M	43	40-44M	1.16.26	1
412	991	5991	KWANELE	LUDZIYA	TEMP	M	36	35-39M	1.17.14	0
413	170	1668	SHANTE	DU PLESSIS	RUN4C	F	29	SF	1.17.15	1
414	46	531	NEVILLE	MARTIN	RUN4C	M	62	60-64M	1.17.15	1
415	2852	5852	MELISSA	POTGIETER	TEMP	F	36	35-39F	1.17.17	0
416	326	966	SONJA	BOSCH	CHARLO	F	60	60-64F	1.17.18	1
417	298	452	SHARON	POTGIETER	WALMER	F	57	55-59F	1.17.19	1
418	281	453	JO-ANNE	MUIR	WALMER	F	52	50-54F	1.17.20	1
419	966	5966	PATRIC	OOSTHUIZEN	TEMP	M	73	70+M	1.17.25	0
420	188	1215	HELEN	FOURIE	ELITEAC	F	52	50-54F	1.17.44	1
421	270	527	MARYKE	MCLAREN	RUN4C	F	53	50-54F	1.17.45	1
422	228	712	NDILEKA	THOMPSON	CRUSADE	F	44	40-44F	1.17.48	1
423	2823	5823	ANNA-JADE	BADIER	TEMP	F	25	SF	1.17.51	0
424	1068	1572	NANDIPHA	MAGADLA	DESPATCH	F	43	40-44F	1.17.54	1
425	2371	5371	NOMLINDO	MAKUBALO	TEMP	F	47	45-49F	1.17.59	0
426	197	93	STEPHANIE	HAY	INFINITY	F	66	65-69F	1.18.38	1
427	974	1640	CHERYL	WITTE	MADIBA	F	60	60-64F	1.18.39	1
428	98	1276	Mzukisi	Benelwa	VWAC	M	50	50-54M	1.18.43	1
429	985	5985	NOMBUYISELO	MBAVA	TEMP	F	51	50-54F	1.19.03	0
430	976	690	ARETHA	PLATA	NMBMUN	F	39	35-39F	1.19.04	1
431	325	945	DEON	BOSCH	CHARLO	M	65	65-69M	1.19.34	1
432	2867	5867	LIANDÈ	JOHN	TEMP	F	31	SF	1.20.09	0
433	987	5987	NERITIKA	PADAWACHEY	TEMP	F	24	SF	1.20.10	0
434	47	823	MANDISA	MAZINYO	MADIBAZ	F	47	45-49F	1.20.40	1
435	2869	5869	LOTTA	MJEKULA	TEMP	F	40	40-44F	1.20.41	0
436	632	1135	MOF	BOTHA	ACH	M	66	65-69M	1.22.23	1
437	226	825	SIMON	STRIMLING	MADIBAZ	M	60	60-64M	1.23.04	1
438	2808	553	Jeana	Vrey	RUN4C	F	29	SF	1.23.09	1
439	36	1350	DOROTHY	HART	NEDBANK	F	84	70+F	1.23.37	1
440	32	34	LEE-ANN	GARDNER	PEAAC	F	59	55-59F	1.23.38	1
441	2844	5844	REFILOE	MASIPA	TEMP	F	20	SF	1.24.31	0
442	2925	5925	MARIANA	SCHOLTZ	TEMP	F	45	45-49F	1.24.56	0
443	1052	420	SITEMBILE	GOQWANA	CHILLIEP	M	37	35-39M	1.24.58	1
444	2924	5924	SIPHOSETHU	SANDI	TEMP	F	26	SF	1.24.59	0
445	182	1139	HELEN	ERLANK	ACH	F	40	40-44F	1.25.01	1
446	179	1090	MARK	ERLANK	ACH	M	49	45-49M	1.25.02	1
447	2847	5847	SIPHOSETHU	NYATI	TEMP	F	38	35-39F	1.25.18	0
448	175	81	JOSE	DOS SANTOS	INFINITY	M	57	55-59M	1.25.22	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
449	768	1643	DINA	SCHUTTE	MADIBA	F	56	55-59F	1.26.21	1
450	332	920	LOCHI	LOCHNER	CHARLO	M	74	70+M	1.26.40	1
451	48	767	GILLIAN	MCAINSH	CRUSADE	F	62	60-64F	1.27.16	1
452	960	5960	THANDIWE	MAGALELA	TEMP	F	60	60-64F	1.27.21	0
453	2860	5860	JOSHUA	VAN DYK	TEMP	M	62	60-64M	1.28.03	0
454	631	4422	ZANTE	DEKKER	SAPPE	F	15	JF	1.32.37	1
455	629	2150	HESTER	DEKKER	SAPPE	F	50	50-54F	1.32.37	1
456	956	5956	VIVIAN	KONZE	TEMP	F	62	60-64F	1.33.19	0
457	2372	5372	BELINDA	VAN DER WESTHUIZEN	TEMP	F	41	40-44F	1.34.19	0
458	993	5993	PUMLA	SIYONZANA	TEMP	F	54	50-54F	1.34.34	0
459	2977	1363	NCEDISA	TUSE	NEDBANK	F	55	55-59F	1.35.12	1
460	347	907	PAVANA	PILLAY	CHARLO	F	22	SF	1.35.23	1
461	1067	1327	NAMHLA	BILISHO	NEDBANK	F	44	40-44F	1.35.29	1
462	23	432	LYNDENE	DAVIDSON	PROFILES	F	46	45-49F	1.35.30	1
463	231	1650	PIERRE	KNOESEN	MADIBA	M	68	65-69M	1.36.27	1
464	595	1499	MELISA	ROBERTS	32GI	F	40	40-44F	1.37.31	1
465	1064	5331	NDINANI	MPUSHE	TEMP	M	16	JM	1.38.13	0
466	224	431	VAL	SANDOW	PROFILES	F	76	70+F	1.39.50	1
467	946	762	NORAH	BEUKES	CRUSADE	F	76	70+F	1.47.34	0
468	978	5978	LAVONDA	GEORGE	TEMP	F	63	60-64F	1.47.55	0
HELPERS RUN										
H1	6000	586	KHUMBULA	MANQANA	YOUTH	M	21	SM	0.45.35	2
H2	6001	4420	AVELA	QUTU	YOUTH	M	18	JM	0.45.37	2
H3	6002	1010	JAN	VAN EEDEN	NEDBANK	M	64	60-64M	0.48.05	3
H4	6004	876	GEORGE	WINSHIP	CHARLO	M	56	55-59M	0.50.20	2
H5	6003	1250	PETER	VAN RENSBURG	ELITEAC	M	64	60-64M	0.50.37	2
H6	6007	1247	LISLE	MATTHEWS	ELITEAC	F	48	45-49F	0.53.11	2
H7	6013	930	IMKE	SMIT	CHARLO	F	33	SF	0.53.13	1
H8	6012	928	ALLISTER	MARRAN	CHARLO	M	46	45-49M	0.53.13	1
H9	6006	1225	SUSANNA	KEMP	ELITEAC	F	38	35-39F	0.55.12	1
H10	6014	634	JO-ANNE	FORSON	ASPEN	F	34	SF	0.56.16	1
H11	6015	608	DAVID	NEL	ASPEN	M	35	35-39M	0.56.16	1
H12	6009	14	JAMES	HART	PEAAC	M	48	45-49M	0.56.44	1
H13	6010	889	PETER	POHLMANN	CHARLO	M	58	55-59M	1.00.37	1
H14	6016	935	BRENTON	SCHNETLER	CHARLO	M	47	45-49M	1.02.54	1
H15	6011	974	PAULA	PEARCE	CHARLO	F	54	50-54F	1.02.55	1
H16	6008	10	RENIER	VAN VUUREN	PEAAC	M	65	65-69M	1.11.00	1