Prizes : NMB Choose to Challenge 10km **Date: 2022/08/06**

POS	NAME	SURNAME	CLUB	R/ NO	AGE	SEX	HMS
Category : Overall Men							
1	MELIKHAYA	FRANS	IKHAMVA AC	1	32	M	0.29.37
2	CWENGA	NOSE	IKHAMVA AC	2	21	M	0.29.38
3	ANELE	DLAMINI	PHANTANE AC	160	39	M	0.30.07
4	ANDILE	MOTWANA	NEDBANK RC	4	25	M	0.30.15
5	SINAWO	POTI	IKHAMVA AC	116	20	M	0.30.56
Category : Overall Women							
1	KELLY	VAN VLIET	NEDBANK RC	6	34	F	0.36.26
2	NTOMBESINTU	MFUNZI	NEDBANK RC	8	40	F	0.37.06
3	SANDISWA	KUNDULU	BOXER AC	999	31	F	0.38.26
4	KAYLA	NELL	CHARLO AC	341	28	F	0.39.33
5	LIZA-MARIE	KINGSTON	NEDBANK RC	230	40	F	0.40.34
Category : Men 35 - 39							
1	ANELE	DLAMINI	PHANTANE AC	160	39	M	0.30.07
2	LUYANDA	TSHANGANA	IKHAMVA AC	7	39	M	0.31.04
3	BULELANI	NIWA	NMB MUN	639	38	M	0.33.17
Category : Ladies 35 - 39							
1	ASANDA	ZAMISA	SIBALEKA NANI	543	39	F	0.43.01
2	ZANDILE	RUBUSHE	BOXER AC	597	37	F	0.43.18
3	SITHA	SIGENU	REAL GIJIMAS	389	38	F	0.45.15
Category : Men 40 - 49							
1	MTHANDAZO	QHINA	NEDBANK RC WP	117	44	M	0.31.34
2	GEORGE	NTSHILIZA	NEDBANK RC	288	42	M	0.31.43
3	XOLISA	NDLUMBINI	VUKANI MS CLUB	136	40	M	0.32.17
Category : Ladies 40 - 49							
1	NTOMBESINTU	MFUNZI	NEDBANK RC	8	40	F	0.37.06
2	LIZA-MARIE	KINGSTON	NEDBANK RC	230	40	F	0.40.34
3	ADRI	WESSELS	RUN 4 CHRIST AC	239	46	F	0.42.15
Category : Men 50 - 59							
1	DESMOND	ZIBI	IKHAMVA AC	118	58	M	0.33.11
2	MAKHAYA	MASUMPA	BORN 2 RUN	338	56	M	0.35.32
3	NOEL	ADAMS	GELVAN AC	496	50	M	0.36.30
Category : Ladies 50 - 59							
1	MICHELLE	HOWES	IKHAMVA AC	27	54	F	0.42.21
2	AMANDA	SHAW	IKHAMVA AC	877	57	F	0.48.36
3	BURNITA	STRYDOM	RUN 4 CHRIST AC	2698	53	F	0.49.36
Category : Men 60 - 69							
1	MZOLI	MPALALA	BOXER AC	280	60	M	0.38.03
2	ALAN	TAYLOR	ACHILLES AAA	114	65	M	0.41.39
3	PETER	NTSHIKILA	TINARHA AC	388	60	M	0.42.44
Category : Ladies 60 - 69							
1	JANETTE	SCHIERZ-CRUSIUS	BODY CONCEPT	369	61	F	0.48.51
2	ALETTA	JOUBERT	CRUSADERS AC	199	60	F	0.55.31
3	CATHY	ALLERS	ELITE A C	392	60	F	0.55.45
Category : Men 70 +							
1	HANNES	ELS	MADIBA BW	177	72	M	0.43.00
2	DON	CHARLES	MURRAY & ROBERT	22	73	M	0.47.22
3	SIZINZO	KAMA	ACHILLES AAA	38	71	M	0.53.55
Category : Ladies 70 +							
1	LIZ	JENKERSON	MUIRITE STRIDER	139	75	F	0.58.20
2	JOS	ELS	MADIBA BW	176	70	F	0.59.10
3	HELENE	OPPEL	ELITE A C	290	72	F	1.04.57
Category : Ladies 80 +							
1	DOROTHY	HART	NEDBANK RC	36	84	F	1.23.37
Category : Junior Men							
1	OYAMA	NTANTISO	MOTHERWELL AC	594	17	M	0.33.11
2	APHELELE	SEPTEMBER	ACT AC	591	18	M	0.33.20
3	BRENDEN	WESSELS	RUN 4 CHRIST AC	238	16	M	0.34.06
4	SIYABO	RHAFUZA	NEDBANK RC	367	18	M	0.34.47
5	TYS	SINONELE	BOXER AC	2375	17	M	0.34.59
Category : Junior Ladies							
1	MIA-CARA	HART	SCHOOLS EPA	969	17	F	0.44.14
2	AKHONA	ZAKE	CHILLIE EP	380	17	F	0.45.36
3	ZUBENATHI	KIMBERY	ACT AC	5973	18	F	0.47.33
4	KERRI-LEE	BARNARD	PR AC	19	18	F	0.48.34
5	NOMANDLA	TOLWANA	CHILLIE EP	373	14	F	0.49.00