Prizes : Gamtoos Farm Run **Date: 2022/09/03**

POS	NAME	SURNAME	CLUB	R/ NO	AGE	SEX	HMS
Category : Overall Men							
1	SIBAHLE	MAQWARA	NEDBANK RC	99	20	M	0.34.01
2	RODNEY	PRINS	NEDBANK RC	20	33	M	0.35.10
3	SIYABO	RHAFUZA	NEDBANK RC	68	18	M	0.35.30
Category : Overall Women							
1	KAYLA	NELL	CHARLO AC	94	28	F	0.41.53
2	ASANDA	ZAMISA	SIBALEKA NANI	514	39	F	0.46.30
3	ILKE	WOLMARANS	ELITE A C	507	15	F	0.49.55
Category : Men 35 - 39							
1	BULELANI	NIWA	NMB MUN	66	38	M	0.37.54
Category : Ladies 35 - 39							
1	ASANDA	ZAMISA	SIBALEKA NANI	514	39	F	0.46.30
Category : Men 40 - 49							
1	SEBASTIAN	KLEU	RUN 4 CHRIST AC	509	46	M	0.43.26
2	RICHARD	MAZUNGULA	NEDBANK RC	150	45	M	0.45.03
3	WESSEL	WOLMARANS	ELITE A C	508	44	M	0.49.54
Category : Ladies 40 - 49							
1	ILANA	BOSHOFF	DESPATCH AC	51	42	F	1.13.22
Category : Men 50 - 59							
1	AUGUST	ESAU	NEDBANK RC	55	51	M	0.39.06
2	KESVAL	CHETTY	CHARLO AC	90	57	M	0.54.41
3	WAYNE	MAC GEAR	MADIBAZ AC	515	59	M	1.08.49
Category : Ladies 50 - 59							
1	BURNITA	STRYDOM	RUN 4 CHRIST AC	510	54	F	0.53.38
2	BENITA	GERBER	ELITE A C	85	57	F	0.57.37
3	MARTIE	VAN SCHALKWYK	NEDBANK RC	13	58	F	1.03.10
Category : Men 60 - 69							
1	SITHEMBILE	MPAKO	NEDBANK RC	44	61	M	0.53.36
2	ANDRE	VILJOEN	ACHILLES AAA	77	67	M	0.56.16
3	FRANCOIS	SMIT	ACHILLES AAA	19	62	M	1.00.08
Category : Ladies 60 - 69							
1	JANETTE	SCHIERZ-CRUSIUS	BODY CONCEPT	33	62	F	0.56.06
2	CATHY	ALLERS	ELITE A C	80	60	F	1.00.13
3	MARIETJIE	PIETERSEN	ACHILLES AAA	18	65	F	1.05.45
Category : Men 70 +							
1	HANNES	ELS	MADIBA BW	78	72	M	0.47.01
2	TREVOR	VAN RENSBURG	CHARLO AC	95	70	M	1.00.09
3	ANDRE	FOURIE	ELITE A C	56	75	M	1.06.51
Category : Ladies 70 +							
1	JOS	ELS	MADIBA BW	79	70	F	1.07.03
2	HELENE	OPPEL	ELITE A C	67	72	F	1.14.15
3	DENISE	TERBLANCHE	INFINITY AC	5	75	F	1.28.01
Category : Junior Men							
1	SIYABO	RHAFUZA	NEDBANK RC	68	18	M	0.35.30
2	DONOVAN	MPINGA	TEMP	414	16	M	0.39.21
3	KADIN	KRETZMAN	HEAT AC	10	14	M	0.41.59
Category : Junior Ladies							
1	ILKE	WOLMARANS	ELITE A C	507	15	F	0.49.55
2	ZANTE	DEKKER	SAPS AC EP	83	15	F	1.28.07
3	CHANTOINE	OOSTHUIZEN	TEMP	461	14	F	1.28.20