GAMTOOS FARM RUN 10KM - PATENSIE - 2022/09/03										
POS	**RNO**	**LICNO**	**NAME**	**SURNAME**	**CLUB**	**SEX**	**AGE**	**CAT**	**HMS**	**PTS**
1	99	1338	SIBAHLE	MAQWARA	NEDBANK	M	20	SM	0.34.01	1
2	20	2131	RODNEY	PRINS	NEDBANK	M	33	SM	0.35.10	1
3	68	20014	SIYABO	RHAFUZA	NEDBANK	M	18	JM	0.35.30	1
4	492	5492	RICK	SWEMMER	TEMP	M	18	JM	0.36.14	0
5	516	763	JOSHUA	NTABANYANE	STFRAN	M	30	SM	0.36.32	1
6	66	178	BULELANI	NIWA	NMBMUN	M	38	35-39M	0.37.54	1
7	55	2059	AUGUST	ESAU	NEDBANK	M	51	50-54M	0.39.06	1
8	414	5414	DONOVAN	MPINGA	TEMP	M	16	JM	0.39.21	0
9	478	5478	BEVAN	JAFTA	TEMP	M	20	SM	0.40.43	0
10	94	908	KAYLA	NELL	CHARLO	F	28	SF	0.41.53	1
11	10	20097	KADIN	KRETZMAN	HEATAC	M	14	JM	0.41.59	1
12	45	1642	NICO	SMITH	MADIBA	M	37	35-39M	0.42.15	1
13	506	20040	REECE	FREEMAN	ACT AC	M	14	JM	0.42.30	1
14	512	5556	ANDRE	WHYTE	TEMP	M	33	SM	0.42.30	0
15	485	5485	HENDRIK	ALERS	TEMP	M	38	35-39M	0.42.52	0
16	509	565	SEBASTIAN	KLEU	RUN4C	M	46	45-49M	0.43.26	1
17	466	5466	GRANT	VAN GREUNEN	TEMP	M	21	SM	0.43.48	0
18	413	5413	KWANELE	MPETE	TEMP	M	40	40-44M	0.44.28	0
19	435	5435	ISAK	SMIT	TEMP	M	38	35-39M	0.44.35	0
20	150	1457	RICHARD	MAZUNGULA	NEDBANK	M	45	45-49M	0.45.03	1
21	477	5477	RICADO	JENEKER	TEMP	M	24	SM	0.45.16	0
22	514	1908	ASANDA	ZAMISA	SIBALEKA	F	39	35-39F	0.46.30	1
23	486	5486	VUYISILE	SIMAYILE	TEMP	M	35	35-39M	0.46.58	0
24	78	1659	HANNES	ELS	MADIBA	M	72	70+M	0.47.01	1
25	3	545	RUHAN	VAN RENSBURG	RUN4C	M	30	SM	0.47.32	1
26	34	5034	EDGAR	NIIT	TEMP	M	29	SM	0.47.53	0
27	519	5563	ROSS	BENNETT	TEMP	M	29	SM	0.49.53	0
28	508	1216	WESSEL	WOLMARANS	ELITEAC	M	44	40-44M	0.49.54	1
29	507	4394	ILKE	WOLMARANS	ELITEAC	F	15	JF	0.49.55	1
30	517	5561	IZAK	VAN DER MERWE	TEMP	M	43	40-44M	0.51.30	0
31	497	5497	WILLIE	RAUTENBACH	TEMP	M	47	45-49M	0.52.03	0
32	29	5322	KOSIE	SMIT	TEMP	M	33	SM	0.52.47	0
33	409	5409	RIENE	MALAN	TEMP	F	31	SF	0.52.48	0
34	445	5445	WIKUS	VAN DER WALT	TEMP	M	55	55-59M	0.53.12	0
35	44	1360	SITHEMBILE	MPAKO	NEDBANK	M	61	60-64M	0.53.36	1
36	510	555	BURNITA	STRYDOM	RUN4C	F	54	50-54F	0.53.38	1
37	482	5482	RENALDO	O'CONNOR	TEMP	M	36	35-39M	0.53.45	0
38	32	5324	JOHN	DE KOCK	TEMP	M	66	65-69M	0.54.25	0
39	11	1167	DAPPIE	PRINSLOO	JBAY	M	66	65-69M	0.54.29	1
40	90	903	KESVAL	CHETTY	CHARLO	M	57	55-59M	0.54.41	1
41	433	5433	WILLEM	SCHOEMAN	TEMP	M	32	SM	0.54.54	0
42	520	5560	RAY	TAVERNER	TEMP	M	36	35-39M	0.55.37	0
43	33	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	62	60-64F	0.56.06	1
44	77	1085	ANDRE	VILJOEN	ACH	M	67	65-69M	0.56.16	1
45	522	5359	BENNIE	COETZER	TEMP	M	56	55-59M	0.56.22	0
46	43	810	JAIME	ALCOCK	MADIBAZ	F	20	SF	0.56.30	1
47	26	5318	RIAAN	VERMAAK	TEMP	M	38	35-39M	0.56.46	0
48	54	697	DEON	ENGELBRECHT	NMBMUN	M	54	50-54M	0.56.46	1
49	408	5408	CHANTAL	LOOCK	TEMP	F	38	35-39F	0.56.53	0
50	499	5499	MARIUS	SNYMAN	TEMP	M	57	55-59M	0.56.57	0
51	121	5121	ANMEMIE	DU TOIT	TEMP	F	37	35-39F	0.57.14	0
52	85	1214	BENITA	GERBER	ELITEAC	F	57	55-59F	0.57.37	1
53	448	5448	TANYA	VAN DER WESTHUIZEN	TEMP	F	39	35-39F	0.58.17	0
54	464	5464	LEANE	VAN DER WALT	TEMP	F	25	SF	0.58.27	0
55	402	5402	WALDO	KLEYN	TEMP	M	35	35-39M	0.58.49	0
56	46	1627	NATASHA	SMITH	MADIBA	F	36	35-39F	0.58.50	1
57	503	1637	CHARL	MEISTRE	MADIBA	M	37	35-39M	0.58.51	1
58	19	1087	FRANCOIS	SMIT	ACH	M	62	60-64M	1.00.08	1

59	95	926	TREVOR	VAN RENSBURG	CHARLO	M	70	70+M	1.00.09	1
60	80	1201	CATHY	ALLERS	ELITEAC	F	60	60-64F	1.00.13	1
61	70	1233	CURT	ROBERTS	ELITEAC	M	37	35-39M	1.00.25	1
62	130	5130	VERA	FERREIRA	TEMP	F	20	SF	1.00.53	0
63	505	1494	ALLISON	HARRISON	32GI	F	39	35-39F	1.01.16	1
64	40	528	JOEL	HUMAN	RUN4C	M	49	45-49M	1.01.28	1
65	481	5481	CHANTELLE	MAC ALEER	TEMP	F	40	40-44F	1.01.43	0
66	104	5104	CHRISTELLE	BLUME	TEMP	F	54	50-54F	1.01.49	0
67	125	5125	LIZEL	FERREIRA	TEMP	F	39	35-39F	1.01.53	0
68	401	5401	SIMONE	KLEYN	TEMP	F	35	35-39F	1.00.54	0
69	36	1673	COLIN	INGRAM	MADIBA	M	62	60-64M	1.03.02	1
70	13	1389	MARTIE	VAN SCHALKWYK	NEDBANK	F	58	55-59F	1.03.10	1
71	424	5424	LUCAS	PRETORIUS	TEMP	M	24	SM	1.03.33	0
72	76	5076	WERNICE	VENTER	TEMP	F	24	SF	1.03.34	0
73	493	5493	ARNO	GERBER	TEMP	M	51	50-54M	1.04.09	0
74	487	5487	WALTER	STRONACH	TEMP	M	32	SM	1.04.30	0
75	97	992	PETER	VENTER	CHARLO	M	41	40-44M	1.04.48	1
76	400	5400	CARMEN	MAC KENZIE	TEMP	F	50	50-54F	1.05.21	0
77	458	5458	ERIC	PHONGOLO	TEMP	M	65	65-69M	1.05.23	0
78	483	5483	STEFAN	BUYS	TEMP	M	37	35-39M	1.05.24	0
79	30	1510	INA	VAN WYK	32GI	F	35	35-39F	1.05.26	1
80	527	62	ALEX	KHUZWAYO	SAPPE	M	59	55-59M	1.05.41	1
81	18	1094	MARIETJIE	PIETERSEN	ACH	F	65	65-69F	1.05.45	1
82	110	5110	MARI	CALITZ	TEMP	F	62	60-64F	1.05.48	0
83	407	5407	NICOLE	LOMBARD	TEMP	F	50	50-54F	1.05.49	0
84	406	5406	GARY	LOMBARD	TEMP	M	51	50-54M	1.05.50	0
85	467	5467	COLIN	MACKENZIE	TEMP	M	50	50-54M	1.05.51	0
86	35	1654	IRMA	INGRAM	MADIBA	F	56	55-59F	1.06.19	1
87	484	5484	JAN	KOTZE	TEMP	M	36	35-39M	1.06.28	0
88	429	5429	BERNADETTE	RAVEN	TEMP	F	43	40-44F	1.06.49	0
89	115	5115	MONICA	CORNELIOUS	TEMP	F	35	35-39F	1.06.50	0
90	56	1220	ANDRE	FOURIE	ELITEAC	M	75	70+M	1.06.51	1
91	79	1632	JOS	ELS	MADIBA	F	70	70+F	1.07.03	1
92	109	5109	LINDIE	ALCOCK	TEMP	F	53	50-54F	1.07.24	0
93	61	552	BERNADETTE	LOOCK	RUN4C	F	42	40-44F	1.07.49	1
94	428	5428	SHELLEY	RAUTENBACH	TEMP	F	37	35-39F	1.07.54	0
95	50	5050	CARMEN	THURNHER	TEMP	F	24	SF	1.08.01	0
96	89	923	EVA	CHETTY	CHARLO	F	54	50-54F	1.08.11	1
97	116	5116	DEIDRE	DERBYSHIRE	TEMP	F	50	50-54F	1.08.26	0
98	15	1680	JANI	DEYZEL	MADIBA	F	28	SF	1.08.27	1
99	52	560	SILKE	BOTHA	MADIBA	F	25	SF	1.08.28	1
100	27	5319	CHARNE	DE KLERK	TEMP	F	29	SF	1.08.30	0
101	28	5320	SIMONE	LABUSCHAGNE	TEMP	F	26	SF	1.08.32	0
102	504	1485	ZELDA	GERBER	32GI	F	46	45-49F	1.08.37	1
103	501	1183	ANNA	VAN VREDEN	JBAY	F	49	45-49F	1.08.38	1
104	515	1995	WAYNE	MAC GEAR	MADIBAZ	M	59	55-59M	1.08.49	1
105	411	5411	CHRISNA	MEYER	TEMP	F	27	SF	1.09.08	0
106	127	5127	MONIQUE	FERREIRA	TEMP	F	27	SF	1.09.08	0
107	84	713	DENISE	FERREIRA	CRUSADE	F	60	60-64F	1.09.37	1
108	114	5114	CHRISJAN	CORNELIOUS	TEMP	M	37	35-39M	1.10.11	0
109	443	5443	RETHA	VAN DER BERG	TEMP	F	46	45-49F	1.10.42	0
110	9	95	ZELDA	KRIGE	INFINITY	F	62	60-64F	1.11.03	1
111	22	5312	NAIDA	MARITZ	TEMP	F	41	40-44F	1.11.11	0
112	24	5315	F	MARITZ	TEMP	M	41	40-44M	1.11.19	0
113	415	5415	HEIDI	MULLER	TEMP	F	44	40-44F	1.11.20	0
114	513	5559	ANDRIES	MIGGELS	TEMP	M	61	60-64M	1.11.40	0
115	81	1380	BANDILE	CUNTU	NEDBANK	M	57	55-59M	1.11.48	1
116	106	5106	CHERYL	BOTHA	TEMP	F	50	50-54F	1.11.59	0
117	37	1190	ELSABE	JANSE VAN RENSBURG	JBAY	F	41	40-44F	1.12.01	1
118	133	5133	SHANTÉ	GROENEWALD	TEMP	F	30	SF	1.12.38	0
119	491	5491	ALICIA	EKSTEEN	TEMP	F	29	SF	1.12.39	0

120	21	1568	TALANA	WYATT	DESPATCH	F	30	SF	1.13.21	1
121	51	1607	ILANA	BOSHOFF	DESPATCH	F	42	40-44F	1.13.22	1
122	495	5495	ODELIA	VENTER	TEMP	F	42	40-44F	1.13.23	0
123	518	5518	SIVE	MALIBA	TEMP	M	27	SM	1.13.26	0
124	145	5386	JOHAN	VAN VUUREN	TEMP	M	65	65-69M	1.13.49	0
125	128	5128	SANET	FERREIRA	TEMP	F	25	SF	1.14.11	0
126	67	1231	HELENE	OPPEL	ELITEAC	F	72	70+F	1.14.15	1
127	137	5137	JOANNE	HUGHES	TEMP	F	36	35-39F	1.14.15	0
128	31	5031	MICHELLE	HARDY-BERRINGTON	TEMP	F	37	35-39F	1.14.49	0
129	403	5403	MAGDALENA	LATEGAN	TEMP	F	41	40-44F	1.14.58	0
130	2	1670	HELEN	MCLEAN	MADIBA	F	61	60-64F	1.15.00	1
131	416	5416	JENNA	MULLER	TEMP	F	17	JF	1.15.26	0
132	405	5405	MINETTE	LESSING	TEMP	F	44	40-44F	1.15.28	0
133	438	5438	WILNA	SMITH	TEMP	F	41	40-44F	1.15.28	0
134	147	315	SIMONE	POTGIETER	MUIRITE	F	44	40-44F	1.16.07	1
135	144	320	JENNY	VAN DER WALT	MUIRITE	F	40	40-44F	1.16.08	1
136	151	292	CHANTELL	VAN BAALEN	MUIRITE	F	46	45-49F	1.16.08	1
137	148	310	SAMANTHA	COUZYN	MUIRITE	F	52	50-54F	1.16.09	1
138	74	1634	TANIA	TRUTER	MADIBA	F	50	50-54F	1.17.17	1
139	1	1403	JOHAN	FERREIRA	NEDBANK	M	60	60-64M	1.17.17	1
140	470	5470	BELINDA	MULOCK HOUSER	TEMP	F	55	55-59F	1.17.30	0
141	502	502	CHRISTIAAN	VENTER	TEMP	M	47	45-49M	1.18.06	0
142	23	1904	DIKEMETSO	MHLOKONYA	SIBALEKA	F	29	SF	1.18.07	1
143	479	5479	WELMA	WIEHAHN	TEMP	F	56	55-59F	1.18.41	0
144	453	5453	LESTER	WELGEMOED	TEMP	M	55	55-59M	1.18.47	0
145	430	5430	STACEY	REYNOLDS	TEMP	F	35	35-39F	1.18.47	0
146	452	5452	BARBARA	WELGEMOED	TEMP	F	52	50-54F	1.18.48	0
147	471	5471	MITSH	VALLABH	TEMP	M	46	45-49M	1.19.53	0
148	38	5355	ODETTE	TALJAARD	TEMP	F	33	SF	1.20.15	0
149	7	1765	NOLIZWI	XABADIYA	TRANSNET	F	40	40-44F	1.20.56	1
150	494	5494	VERNA	CLAASSEN	TEMP	F	59	55-59F	1.20.57	0
151	14	1606	FANIE	CLAASSEN	DESPATCH	M	64	60-64M	1.20.58	1
152	12	20074	MIRA	ESTERHUYSEN	HEATAC	F	15	JF	1.21.23	1
153	488	5488	NICHOLAS	HUGHES	TEMP	M	16	JM	1.21.23	0
154	457	5457	KAYLA	PRESTON	TEMP	F	17	JF	1.21.24	0
155	58	1668	SHANTE	DU PLESSIS	RUN4C	F	29	SF	1.21.52	1
156	8	2038	ANNELINE	POTGIETER	ELITEAC	F	46	45-49F	1.22.01	1
157	65	453	JO-ANNE	MUIR	WALMER	F	53	50-54F	1.22.35	1
158	460	5460	ROSSOUW	JANSE VAN RENSBURG	TEMP	M	28	SM	1.22.37	0
159	463	5463	RUAN	SCHEEPERS	TEMP	M	29	SM	1.22.37	0
160	459	5459	GABRIE	DU PREEZ	TEMP	M	29	SM	1.22.38	0
161	69	452	SHARON	POTGIETER	WALMER	F	57	55-59F	1.22.40	1
162	60	714	KARIEN	JOUBERT	CRUSADE	F	34	SF	1.22.50	1
163	16	1936	MARKUS	KUNNEKE	BLUEBAY	M	53	50-54M	1.22.57	1
164	447	5447	GERHARD	VAN DER WESTHUIZEN	TEMP	M	47	45-49M	1.23.01	0
165	480	5480	ADRIAAN	ROODE	TEMP	M	45	45-49M	1.23.02	0
166	456	5456	ROB	WIJNANTS	TEMP	M	44	40-44M	1.23.23	0
167	455	5455	FRANCKE	WIJNANTS	TEMP	F	32	SF	1.23.23	0
168	129	5129	SIMONE	FERREIRA	TEMP	F	255	JF	1.25.04	0
169	132	5132	SHAULA	GREYVENSTEIN	TEMP	F	37	35-39F	1.25.05	0
170	422	5422	GERRIT	PRETORIUS	TEMP	M	24	SM	1.25.18	0
171	423	5423	HENRI	PRETORIUS	TEMP	M	51	50-54M	1.25.19	0
172	425	5425	MARIEKE	PRETORIUS	TEMP	F	50	50-54F	1.25.42	0
173	107	5107	JACOMINA	BOTHA	TEMP	F	36	35-39F	1.25.53	0
174	134	5134	MICHAEL	HEMSLEY	TEMP	M	53	50-54M	1.25.57	0
175	122	5122	SANET	EMMERICK	TEMP	F	54	50-54F	1.26.26	0
176	113	5113	LINDI	COETZEE	TEMP	F	55	55-59F	1.26.28	0
177	490	5490	MILAN	ESTERHUYSEN	TEMP	M	14	JM	1.26.33	0
178	489	5489	WILANDI	ESTERHUYSEN	TEMP	F	43	40-44F	1.26.35	0
179	120	5120	JENNY	DU PREEZ	TEMP	F	53	50-54F	1.27.29	0
180	5	94	DENISE	TERBLANCHE	INFINITY	F	75	70+F	1.28.01	1

181	83	4422	ZANTE	DEKKER	SAPPE	F	15	JF	1.28.07	1
182	82	2150	HESTER	DEKKER	SAPPE	F	50	50-54F	1.28.08	1
183	461	5461	CHANTOINE	OOSTHUIZEN	TEMP	F	14	JF	1.28.20	0
184	432	5432	HARDU	SCHEEPERS	TEMP	M	49	45-49M	1.28.23	0
185	476	5476	JACO	MULLER	TEMP	M	34	SM	1.28.24	0
186	25	530	ANDRE	PIENAAR	RUN4C	M	59	55-59M	1.28.45	1
187	475	5475	MARIANA	DIEDERICKS	TEMP	F	41	40-44F	1.29.40	0
188	96	916	SHARON	VAN ZYL	CHARLO	F	46	45-49F	1.31.18	1
189	468	5468	CONRAD	VENTER	TEMP	M	31	SM	1.31.19	0
190	136	5136	KIM	HOUWER	TEMP	F	50	50-54F	1.32.01	0
191	117	5117	JONATHAN	DERBYSHIRE	TEMP	M	49	45-49M	1.32.01	0
192	108	5108	JAKKIE	BOTHA	TEMP	F	70	70+F	1.32.09	0
193	462	5462	MELISSA	POTGIETER	TEMP	F	36	35-39F	1.32.20	0
194	441	5441	JENÉ	TALJAARD	TEMP	F	22	SF	1.32.24	0
195	143	5385	MAGGIE	MYBURGH	TEMP	F	34	SF	1.32.25	0
196	427	5427	FRANCI MARIÉ	RAUTENBACH	TEMP	F	255	JF	1.32.31	0
197	496	5496	YOLANDA	OOSTHUIZEN	TEMP	F	42	40-44F	1.32.31	0
198	410	5410	TENIELE	MARTIN	TEMP	F	41	40-44F	1.33.12	0
199	57	1215	HELEN	FOURIE	ELITEAC	F	52	50-54F	1.33.16	1
200	436	5436	SHIRLEY	SMIT	TEMP	F	51	50-54F	1.33.33	0
201	434	5434	CHANEL	SMAILES	TEMP	F	49	45-49F	1.33.50	0
202	98	962	MILE	VERMAAK	CHARLO	F	55	55-59F	1.33.54	1
203	91	871	RICHARD	DE ANDRADE	CHARLO	M	61	60-64M	1.33.55	1
204	73	825	SIMON	STRIMLING	MADIBAZ	M	60	60-64M	1.33.56	1
205	417	5417	ANDISWA	NCEZULA	TEMP	F	39	35-39F	1.34.16	0
206	4	93	STEPHANIE	HAY	INFINITY	F	66	65-69F	1.35.44	1
207	72	74	SHIRNA	SAUER	VWAC	F	44	40-44F	1.35.46	1
208	473	5473	CHLOEY	VERMAAK	TEMP	F	15	JF	1.36.01	0
209	131	5131	RIANA	FRANZSEN	TEMP	F	59	55-59F	1.36.16	0
210	71	1499	MELISA	ROBERTS	32GI	F	40	40-44F	1.36.41	1
211	465	5465	JOSHUA	VAN DYK	TEMP	M	62	60-64M	1.36.54	0
212	17	1135	MOF	BOTHA	ACH	M	66	65-69M	1.36.59	1
213	49	5449	IVAN	JOUBERT	TEMP	M	24	SM	1.37.46	0
214	42	553	Jeana	Vrey	RUN4C	F	29	SF	1.38.05	1
215	41	529	NOREEN	HUMAN	RUN4C	F	46	45-49F	1.38.06	1
216	93	942	EDITH	MAC GEAR	CHARLO	F	54	50-54F	1.38.07	1
217	135	5135	ERIKA	HONIBALL	TEMP	F	59	55-59F	1.38.26	0
218	139	5139	SUZANNE	JANEKE	TEMP	F	60	60-64F	1.38.26	0
219	404	5404	TERESA	LAUBSCHER	TEMP	F	67	65-69F	1.38.27	0
220	469	5469	JACQUI	HOLMES	TEMP	F	53	50-54F	1.39.30	0
221	426	5426	AMANDA	PULLEN	TEMP	F	53	50-54F	1.39.30	0
222	111	5111	WANDIE	CALITZ	TEMP	F	39	35-39F	1.39.34	0
223	437	5437	MAIDIE	SMITH	TEMP	F	52	50-54F	1.39.34	0
224	454	5454	SUSAN	WIID	TEMP	F	68	65-69F	1.40.21	0
225	48	5380	MARTIE	POTGIETER	TEMP	F	62	60-64F	1.41.34	0
226	149	5380	JOAN	VENTER	TEMP	F	66	65-69F	1.41.46	0
227	146	5330	LINDA	VAN VUUREN	TEMP	F	63	60-64F	1.41.49	0
228	500	5351	MART	CLAASEN	TEMP	F	66	65-69F	1.41.59	0
229	47	5379	ELMA	STEPHAN	TEMP	F	71	70+F	1.41.59	0
230	112	5112	VALERIE	COETZEE	TEMP	F	69	65-69F	1.42.10	0
231	126	5126	MADELE	FERREIRA	TEMP	F	55	55-59F	1.42.59	0
232	444	5444	STERNA	VAN DER WALT	TEMP	F	66	65-69F	1.43.00	0
233	103	5103	DESMOND	BILSON	TEMP	M	63	60-64M	1.43.19	0
234	419	5419	ERIKA	NEL	TEMP	F	35	35-39F	1.43.33	0
235	474	5474	ANNEMIE	FERREIRA	TEMP	F	65	65-69F	1.44.04	0
236	118	5118	MONIQUE	DOYLE	TEMP	F	42	40-44F	1.44.19	0
237	472	5472	RETHA	SMIT	TEMP	F	56	55-59F	1.44.30	0
238	100	5383	LIEZL	SLATER	TEMP	F	48	45-49F	1.44.43	0
239	439	5439	CARIN	STEYN	TEMP	F	54	50-54F	1.44.44	0
240	451	5451	TALITHA	VORSTER	TEMP	F	59	55-59F	1.44.45	0
241	450	5450	HELENA	VORSTER	TEMP	F	64	60-64F	1.44.46	0

242	498	5498	MICHELLE	JANSE VAN RENSBURG	TEMP	F	34	SF	1.46.11	0
243	140	5140	GAYNOR	JOHNSON	TEMP	F	60	60-64F	1.47.17	0
244	511	5511	ANDRE	ANDRADE	TEMP	M	62	60-64M	1.47.34	0
245	440	5440	DEBORAH	STRAUSS	TEMP	F	60	60-64F	1.48.03	0
246	142	5384	FINA	ERASMUS	TEMP	F	66	65-69F	1.49.33	0
247	64	689	NOMSABA	MCAKO	NMBMUN	F	46	45-49F	1.50.36	0
HELPERS										
H1	576	556	ARTHUR	WILLIAMS	RUN4C	M	59	55-59M	0.54.19	1
H2	577	540	JACQUES	LANGLEY	RUN4C	M	33	SM	0.54.19	1