Prizes : Khulusande 10km Charity Run **Date: 2022/07/16**

POS	NAME	SURNAME	CLUB	R/ NO	AGE	SEX	HMS
Category : Overall Men							
1	ANDILE	MOTWANA	NEDBANK RC	178	25	M	0.30.56
2	XOLISA	NDLUMBINI	VUKANI MS CLUB	100	40	M	0.33.24
3	GEORGE	NTSHILIZA	NEDBANK RC	116	42	M	0.33.42
Category : Overall Women							
1	NTOMBESINTU	MFUNZI	NEDBANK RC	176	40	F	0.38.19
2	REBECCA	JORDAAN	32GI EP AC	78	31	F	0.41.03
3	KAYLA	NELL	CHARLO AC	210	28	F	0.41.54
Category : Men 35 - 39							
1	BATHANDWA	MOOI	RUN 4 CHRIST AC	322	37	M	0.38.35
Category : Ladies 35 - 39							
1	ASANDA	ZAMISA	SIBALEKA NANI	770	39	F	0.44.24
2	OLWETHU	BOMVANA	MOTHERWELL AC	313	36	F	0.47.28
3	Sibongile	Mgqeba	VUKANI MS CLUB	230	35	F	0.48.22
Category : Men 40 - 49							
1	XOLISA	NDLUMBINI	VUKANI MS CLUB	100	40	M	0.33.24
2	GEORGE	NTSHILIZA	NEDBANK RC	116	42	M	0.33.42
3	MILA	PASIYA	NEDBANK RC	15	42	M	0.35.52
Category : Ladies 40 - 49							
1	NTOMBESINTU	MFUNZI	NEDBANK RC	176	40	F	0.38.19
2	ADRI	WESSELS	RUN 4 CHRIST AC	139	46	F	0.42.41
3	DAVERA	MAGSON	NEDBANK RC	177	47	F	0.44.49
Category : Men 50 - 59							
1	NOEL	ADAMS	GELVAN AC	275	50	M	0.38.00
2	PATRIC	MAKWENKWE	CHARLO AC	206	56	M	0.41.04
3	HENRY	PIENAAR	BLUEWATER BAY	113	50	M	0.43.53
Category : Ladies 50 - 59							
1	AMANDA	SHAW	IKHAMVA AC	256	57	F	0.49.51
2	BURNITA	STRYDOM	RUN 4 CHRIST AC	29	53	F	0.50.06
3	CHRISTINE	BIRD	ELITE A C	52	51	F	0.52.31
Category : Men 60 - 69							
1	STEPHEN	MCCARTHY	CRUSADERS AC	358	61	M	0.42.42
2	JAN	VAN EEDEN	NEDBANK RC	175	64	M	0.45.58
3	LEONARD	CONRADIE	BLUEWATER BAY	60	68	M	0.48.12
Category : Ladies 60 - 69							
1	JANETTE	SCHIERZ-CRUSIUS	BODY CONCEPT	399	61	F	0.50.15
2	ALETTA	JOUBERT	CRUSADERS AC	13	60	F	0.54.16
3	CATHY	ALLERS	ELITE A C	237	60	F	0.56.32
Category : Men 70 +							
1	HANNES	ELS	MADIBA BW	66	72	M	0.42.58
2	ARMIN	BRANDLE	CHARLO AC	190	70	M	1.06.02
Category : Ladies 70 +							
1	JOS	ELS	MADIBA BW	67	70	F	0.59.54
2	JEANETTE	PIENAAR	PEAAC	229	74	F	1.08.14
3	DOROTHY	HART	NEDBANK RC	227	84	F	1.33.06
Category : Ladies 80 +							
1	DOROTHY	HART	NEDBANK RC	227	84	F	1.33.06
Category : Junior Men							
1	RONAN	VAN DER VAART	NEDBANK RC	136	16	M	0.41.07
2	APHIWE	PAMA	CHILLIE RC	333	14	M	0.43.14
3	REECE	FREEMAN	ACT AC	6	14	M	0.43.59
Category : Junior Ladies							
1	INDIPHILE	MKHOSANA	ACT AC	756	16	F	0.44.31
2	PHUMELA	MEMANI	MADIBAZ AC	97	17	F	0.46.39
3	AKHONA	ZAKE	CHILLIE EP	335	17	F	0.48.01