EPA LEAGUE Short Program

PRELIMINARY PROGRAMME

27th of January 2023

Gelvandale Stadium

AGE GROUPS – 2023	
Boys/Girls U/16	BORN IN 2008 & 2009
Boys/Girls U/18	BORN IN 2006 & 2007
Boys/Girls U/20	BORN IN 2004 & 2005
Senior Men & Woman	BORN IN 2003 and older

SPECTATORS WILL BE ALLOWED

Province of the
EASTERN CAPE
SPORT, RECREATION,
ARTS & CULTURE

nelson mandela bay
MUNICIPALITY

EPA

No	Time	Event	Age group
1	17:00	5000	Men 20
2	17:00	5000	Senior Men
3	17:00	5000	Senior Women
4	17:00	5000	Women 20
5	17:30	400	Boys 16
6	17:35	400	Girls 16
7	17:40	400	Boys 18
8	17:45	400	Girls 18
9	17:50	400	Men 20
10	17:55	400	Women 20
11	18:00	400	Senior Women
12	18:05	400	Senior Men
13	18:10	1500	Boys 16
14	18:20	1500	Boys 18
15	18:30	1500	Girls 16
16	18:40	1500	Girls 18
17	18:50	1500	Men 20
18	19:00	1500	Senior Men
19	19:10	1500	Senior Women
20	19:20	1500	Women 20
21	19:30	4 x 100m Relay	Boys - Girls 16 - Open
Field Events			
1	17:00	High Jump	Girls 16
2	17:00	High Jump	Girls 18
3	17:00	High Jump	Women 20
4	17:00	High Jump	Senior Women
5	18:30	High Jump	Boys 16
6	18:30	High Jump	Boys 18
7	18:30	High Jump	Men 20
8	18:30	High Jump	Senior Men

General Competition rules

1. A **Checklist** will be forwarded to everybody to ensure we entered the athlete correctly after the closing date.
2. Thereafter a **FINAL PROGRAM** will be forwarded on the day prior to the competition. Make sure you receive it to avoid you being late for your event.
3. No athletes will be allowed to compete in EPA attire, all athletes must compete in their respective club/school colours with a 2022 ASA permanent licence number.
4. Athletes must arrive at the venue an hour before their event.
5. Athletes to report to the competition area 15 minutes before the scheduled starting time of their event and remain in the vicinity unless advised otherwise by the officials.
6. Closing date for entries is; **Wednesday, 25th of January 2023 at midday: 12:00. Manual entries must be e-mailed to epaadmin@pe.co.za**
7. **No late entries will be accepted**.
8. Entry fee is: **R50.00 (per item, paid when you enter)**. NO cash payments at the track will be accepted. All payments needs to be paid into EPA bank account a proof must accompanied with the Joba entry form.
9. Entered athletes will receive a wrist tag upon arrival at registration on the day of the competition – **no tag, no participation**.
10. Spectators will be allowed with an entry fee of R30pp at the entrance of the stadium.
11. Results will be available on www.jobaresults.co.za during the competition.
12. **Temporary licenses** will be available at the registration at R20 per athlete.
13. **The competition will be conducted in accordance with WA and ASA rules.**
14. **No earphone or headsets will be allowed in the competition area.**
15. Any other questions regard the competition please contact EPA office.
16. Parking will be available in the stadium on the side entrance.

Banking Details:

Account Name:	Eastern Province Athletics
Bank Name:	ABSA
Account Number:	0104- 283-1383
Branch Code: 632005	
Reference:	EPA T&F and Athlete Name & Surname