

| Prizes : N2 City Bluewater Bay 15km |            |                 |                 |       | Date: | 2024/01/20 |         |
|-------------------------------------|------------|-----------------|-----------------|-------|-------|------------|---------|
| POS                                 | NAME       | SURNAME         | CLUB            | R/ NO | AGE   | SEX        | HMS     |
| Category : Overall Men              |            |                 |                 |       |       |            |         |
| 1                                   | XOLISA     | NDLUMBINI       | VUKANI MS CLUB  | 195   | 41    | M          | 0.49.46 |
| 2                                   | LUYANDA    | TSHANGANA       | IKHAMVA AC      | 746   | 40    | M          | 0.50.14 |
| 3                                   | SIBUSISO   | COLEPI          | MOTHERWELL AC   | 729   | 19    | M          | 0.50.46 |
| Category : Overall Women            |            |                 |                 |       |       |            |         |
| 1                                   | KELLY      | VAN VLIET       | NEDBANK RC      | 303   | 36    | F          | 1.00.35 |
| 2                                   | LEIGH      | CALLAGHAN       | TEMP            | 585   | 28    | F          | 1.02.12 |
| 3                                   | REFELOE    | SOLOMONS        | NEDBANK RC      | 689   | 42    | F          | 1.05.26 |
| Category : Men 35 - 39              |            |                 |                 |       |       |            |         |
| 1                                   | KHAYA      | GQWETHA         | VUKANI MS CLUB  | 526   | 38    | M          | 0.51.16 |
| 2                                   | SANUSE     | MBONENI         | ACT AC          | 743   | 39    | M          | 0.55.15 |
| 3                                   | BATHANDWA  | MOOI            | VUKANI MS CLUB  | 512   | 39    | M          | 0.57.17 |
| Category : Ladies 35 - 39           |            |                 |                 |       |       |            |         |
| 1                                   | KELLY      | VAN VLIET       | NEDBANK RC      | 303   | 36    | F          | 1.00.35 |
| 2                                   | JEN        | VALLANCE        | ST FRANCIS RC   | 288   | 36    | F          | 1.09.08 |
| 3                                   | THERESA    | BUCHNER         | 32GI EP AC      | 525   | 38    | F          | 1.11.57 |
| Category : Men 40 - 49              |            |                 |                 |       |       |            |         |
| 1                                   | XOLISA     | NDLUMBINI       | VUKANI MS CLUB  | 195   | 41    | M          | 0.49.46 |
| 2                                   | LUYANDA    | TSHANGANA       | IKHAMVA AC      | 746   | 40    | M          | 0.50.14 |
| 3                                   | MZOLISI    | MAKHANDA        | NEDBANK RC      | 291   | 41    | M          | 0.53.08 |
| Category : Ladies 40 - 49           |            |                 |                 |       |       |            |         |
| 1                                   | REFELOE    | SOLOMONS        | NEDBANK RC      | 689   | 42    | F          | 1.05.26 |
| 2                                   | LILY       | JANSE VAN       | DESPATCH AC     | 621   | 48    | F          | 1.08.12 |
| 3                                   | DAVERA     | MAGSON          | NEDBANK RC      | 147   | 49    | F          | 1.10.20 |
| Category : Men 50 - 59              |            |                 |                 |       |       |            |         |
| 1                                   | LUVUYO     | DYANI           | MOTHERWELL AC   | 607   | 53    | M          | 1.00.02 |
| 2                                   | MALIBONGWE | MBELU           | NEDBANK RC      | 706   | 51    | M          | 1.00.40 |
| 3                                   | BRADLEY    | MACKENZIE       | ACHILLES AAA    | 357   | 52    | M          | 1.00.49 |
| Category : Ladies 50 - 59           |            |                 |                 |       |       |            |         |
| 1                                   | CHRISTINE  | CLAASEN         | NEDBANK RC      | 609   | 59    | F          | 1.08.56 |
| 2                                   | SUZETTE    | VICTOR          | NEDBANK RC      | 369   | 53    | F          | 1.14.54 |
| 3                                   | SANNAH     | MPUKULA         | ASPEN PHARMACAR | 186   | 50    | F          | 1.17.46 |
| Category : Men 60 - 69              |            |                 |                 |       |       |            |         |
| 1                                   | STEPHEN    | MCCARTHY        | CRUSADERS AC    | 560   | 62    | M          | 1.10.12 |
| 2                                   | KOOS       | OLIVIER         | MADIBA BW       | 368   | 66    | M          | 1.12.33 |
| 3                                   | PLAAITJIE  | DAMONS          | VWAC            | 531   | 60    | M          | 1.15.04 |
| Category : Ladies 60 - 69           |            |                 |                 |       |       |            |         |
| 1                                   | MARGARET   | LLOYD           | CRUSADERS AC    | 141   | 60    | F          | 1.21.48 |
| 2                                   | JANETTE    | SCHIERZ-CRUSIUS | BODY CONCEPT    | 530   | 63    | F          | 1.24.34 |
| 3                                   | ALETTA     | JOUBERT         | CRUSADERS AC    | 117   | 62    | F          | 1.27.15 |
| Category : Men 70 +                 |            |                 |                 |       |       |            |         |
| 1                                   | ROGER      | TRADER          | ACHILLES AAA    | 514   | 70    | M          | 1.12.06 |
| 2                                   | HANNES     | ELS             | MADIBA BW       | 60    | 74    | M          | 1.14.55 |
| 3                                   | EDDIE      | EADES           | NEDBANK RC      | 541   | 74    | M          | 1.19.31 |
| Category : Ladies 70 +              |            |                 |                 |       |       |            |         |
| 1                                   | JOS        | ELS             | MADIBA BW       | 59    | 71    | F          | 1.40.21 |
| 2                                   | CATHY      | IVES            | ACHILLES AAA    | 110   | 70    | F          | 1.45.52 |
| 3                                   | JEANETTE   | PIENAAR         | PEAAC           | 222   | 75    | F          | 1.56.36 |
| Category : Junior Men               |            |                 |                 |       |       |            |         |
| 1                                   | SIYAVUYA   | JEYI            | MOTHERWELL AC   | 744   | 18    | M          | 0.51.01 |
| 2                                   | RONAN      | VAN DER VAART   | ACHILLES AAA    | 294   | 18    | M          | 1.14.32 |
| 3                                   | YEDWA      | BLOUW           | SIBALEKA NANI   | 715   | 16    | M          | 1.34.44 |
| Category : Junior Ladies            |            |                 |                 |       |       |            |         |
| 1                                   | ASEMAHLE   | NGCOKOSHO       | TEMP            | 645   | 16    | F          | 1.22.57 |
| 2                                   | ISIPHILE   | KILANI          | TEMP            | 644   | 14    | F          | 1.35.01 |
| 3                                   | ANELISIWE  | JACOBS          | ACT AC          | 750   | 16    | F          | 1.37.06 |