

NMB RUNIFIED CITY 10KM - PORT ELIZABETH - 2024/02/25

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	1019	823	NICHOLAS	SEOPOSENGWE	IKHAMVA	M	22	SM	00:29:54	1
2	1030	80317	CWENGA	NOSE	IKHAMVA	M	23	SM	00:29:55	1
3	1758	1758	KAMOHELO	MOFOLO	TEMP	M	22	SM	00:29:57	0
4	1809	400	PAKISO	MTHEMBU	MAXEDKZN	M	24	SM	00:30:42	0
5	1007	357	SINAWO	POTI	IKHAMVA	M	22	SM	00:30:46	1
6	1937	1361	ANDILE	MOTWANA	NEDBANK	M	27	SM	00:30:59	1
7	1996	51009	KHANYA	YALI	BUFF	M	22	SM	00:31:11	0
8	1565	20542	SIYAVUYA	JEYI	MOTHER	M	18	JM	00:32:39	1
9	1952	20300	SIBUSISO	COLEPI	MOTHER	M	19	SM	00:32:43	1
10	1161	1093	MXOLELENI	TABATA	CHILLI	M	20	SM	00:33:06	0
11	1940	20191	OYAMA	NTANTISO	NEDBANK	M	19	SM	00:33:14	1
12	1473	2208	PHATHUTSHEDZO	AARON	MADIBAZ	M	22	SM	00:33:18	1
13	1167	20134	LITHEHA	GCUME	CHILLIEP	M	18	JM	00:33:34	1
14	1744	1744	BLANDINA	MAKATISI	TEMP	F	28	SF	00:33:41	0
15	1207	20039	SIMTHANDILE	GOLIATH	ACT AC	M	15	JM	00:33:42	1
16	1939	1319	MZOLISI	MAKHANDA	NEDBANK	M	41	40-44M	00:33:45	1
17	1168	1072	LUCKMORE	SIAJENI	ACH	M	30	SM	00:34:27	1
18	1947	779	LUKE	ZAKE	CHILLIEP	M	23	SM	00:34:29	1
19	1837	20190	LIYEMA	QABAVANE	FORTHARE	M	19	SM	00:34:46	0
20	1995	142	TANDISILE	XOSHOMBA	ACT AC	M	28	SM	00:34:53	1
21	1129	376	HOPEWELL	JABAVU	IKHAMVA	M	40	40-44M	00:35:08	1
22	1566	20541	ENDINAKO	JOLA	MOTHER	M	15	JM	00:35:16	1
23	1188	20136	VUSEKANI	NOMTSHATSHO	CHILLI	M	19	SM	00:35:25	0
24	1943	865	MNCEDI	KHANTI	NEDBANK	M	44	40-44M	00:35:27	1
25	1944	2275	JEANDRY	DEERLING	IKHAMVA	M	31	SM	00:35:33	1
26	1456	1456	LIHLE	MBEWU	TEMP	M	22	SM	00:35:49	0
27	1177	1315	ANELE	VOORMAN	NEDBANK	M	24	SM	00:35:54	1
28	1935	844	JAY-DEE	DEERLING	NEDBANK	M	20	SM	00:36:08	1
29	1164	20137	SINELIZWI	VENENE	CHILLIEP	M	16	JM	00:36:17	1
30	1942	1393	APHLYN	TAAI	NEDBANK	M	41	40-44M	00:36:18	1
31	1447	994	MASANDE	MLONYENI	CHARLO	M	43	40-44M	00:36:22	1
32	1742	1742	MALINEO	MAHLOKO	TEMP	F	28	SF	00:36:25	0
33	1803	20177	MPILENTLE	MEKO	RUN4C	M	18	JM	00:36:40	1
34	1945	425	GODFREY	STUURMAN	CHILLIEP	M	23	SM	00:36:40	1
35	1114	1533	BENAZZI	MATABELIE	TEMP	M	23	SM	00:36:48	0
36	1218	849	XOLILE	NDINGANE	NEDBANK	M	52	50-54M	00:36:56	1
37	1165	20126	AKHONA	TEMBANI	CHILLIEP	M	17	JM	00:36:57	1
38	1985	20228	SIVENATHI	SODLADLA	SIBALEKA	M	16	JM	00:37:00	1
39	1927	855	LLEWELLYN	BARNARD	NEDBANK	M	34	SM	00:37:01	1
40	1176	1551	OYENA	NGINDANA	TEMP	M	17	JM	00:37:03	0
41	1420	2316	LUBABALO	JUSAYI	SIBALEKA	M	33	SM	00:37:23	1
42	1138	519	LUVUYO	DYANI	MOTHER	M	53	50-54M	00:37:27	1
43	1423	1925	SIYANDA	PETER	SIBALEKA	M	35	35-39M	00:37:48	1
44	1463	1501	SOTHEMBAMA	MAKDAMA	TEMP	M	26	SM	00:37:50	0
45	1174	20030	EMIHLE	HOTATO	ACT AC	M	15	JM	00:37:57	1
46	1166	20130	BANELE	MTABA	CHILLIEP	M	17	JM	00:38:07	1
47	1877	759	MONDE	ZANGWA	FORTHARE	M	21	SM	00:38:17	0
48	1785	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	42	40-44F	00:38:46	1
49	1419	4476	LEIGH	CALLAGHAN	ACH	F	28	SF	00:39:19	1
50	1137	74	TUMELLO	MOCHELENYANE	SAPPE	M	41	40-44M	00:39:26	1
51	1843	184	SANELE	SAM	CSEP	M	31	SM	00:39:29	1
52	1416	1416	PIERRE	TROTZKY	TEMP	M	19	SM	00:39:33	0
53	1446	985	CHRISTOFF	PUREN	CHARLO	M	33	SM	00:39:38	1
54	1946	426	ONATHI	STUURMAN	CHILLIEP	M	25	SM	00:39:49	1
55	1911	1642	NICO	SMITH	MADIBA	M	38	35-39M	00:39:54	1
56	1083	1524	DANIEL	SHELVER	TEMP	M	24	SM	00:40:15	0
57	1871	20093	MZAMO	VILI	CSEP	M	18	JM	00:40:19	1
58	1938	1357	MALIBONGWE	MBELU	NEDBANK	M	51	50-54M	00:40:35	1
59	1558	2026	XOLISA	GULA	ADVEN	M	33	SM	00:41:02	1
60	1801	814	BIANCA	MEISTRE	32GI	F	38	35-39F	00:41:03	1
61	1539	1480	AUGUST	ESAU	NEDBANK	M	53	50-54M	00:41:10	1
62	1535	500	RAWLINGS	DUBE	ADVEN	M	40	40-44M	00:41:23	1
63	1941	1367	KEVIN	GASEBO	NEDBANK	M	43	40-44M	00:41:52	1
64	1169	1092	EDEN	GRUNDLINGH	ACH	M	34	SM	00:41:59	1
65	1574	1426	LIZA-MARIE	KINGSTON	NEDBANK	F	42	40-44F	00:42:03	1
66	1818	1943	LUYANDA	NGESI	BLUEBAY	M	31	SM	00:42:12	1
67	1934	1341	MORNE	BUIS	NEDBANK	M	31	SM	00:42:24	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
68	1472	1507	MAMKELI	JIM	TEMP	M	36	35-39M	00:42:25	0
69	1885	20444	JADEN	DE RIDDER	ELITEAC	M	18	JM	00:42:27	1
70	1862	742	MBALI	TUBE	NOCLUB	F	22	SF	00:42:27	0
71	1925	858	INGE	WILLIAMS	NEDBANK	F	34	SF	00:42:31	1
72	1437	1822	MZWANELE	NQOQO	VUKANI	M	46	45-49M	00:42:32	1
73	1920	1920	JEANRE	OEOLOFSE	TEMP	M	18	JM	00:42:37	0
74	1847	1944	MUSA	SENTI	BLUEBAY	M	31	SM	00:42:40	1
75	1124	1252	CHAD	WEWERS	ELITEAC	M	30	SM	00:43:09	1
76	1430	20550	RONAN	VAN DER VAART	ACH	M	18	JM	00:43:11	1
77	1781	1781	NIEL	VENTER	TEMP	M	52	50-54M	00:43:12	0
78	1157	2377	GUGU	BUDAZA	VUKANI	M	23	SM	00:43:20	1
79	1933	834	VUYISILE	SIMAYILE	NEDBANK	M	36	35-39M	00:43:23	1
80	1994	20301	ZINTLE	XHONTI	MOTHER	F	15	JF	00:43:29	1
81	1824	1810	XOLANI	NTEYI	VUKANI	M	45	45-49M	00:43:34	1
82	1563	619	BRETT	HOLMES	ASPEN	M	49	45-49M	00:43:40	1
83	1148	2372	SIPHOSETHU	MAVATHA	SIBALEKA	F	27	SF	00:43:43	1
84	1455	938	THOBELO	MFIKILI	CHARLO	M	37	35-39M	00:43:48	1
85	1193	1431	GIDEON	MENGO	NEDBANK	M	46	45-49M	00:43:52	1
86	1131	380	MBOLEKWA	MAYILA	IKHAMVA	M	44	40-44M	00:43:59	1
87	1769	1769	TEDDY	PRUSENT	TEMP	M	35	35-39M	00:44:18	0
88	1823	2243	THOBELA	NTAMO	DESPATCH	M	38	35-39M	00:44:20	1
89	1175	152	PHILANATHI	JACOBS	TEMP	M	14	JM	00:44:31	0
90	1879	558	JENE	BANFIELD	RUN4C	F	53	50-54F	00:44:41	1
91	1187	1565	XHANTILOMZI	NTENTEMA	TEMP	M	27	SM	00:44:42	0
92	1510	1516	THERESA	BUCHNER	32GI	F	38	35-39F	00:44:47	1
93	1476	1314	TAWFEEQ	VYVER	NEDBANK	M	25	SM	00:44:48	1
94	1468	1505	JUDE	ROSS	TEMP	M	28	SM	00:44:50	0
95	1537	1659	JOHANNES	ELS	MADIBA	M	74	70+M	00:45:03	1
96	1045	1385	KOOS	OLIVIER	MADIBA	M	66	65-69M	00:45:07	1
97	1413	1413	SIYANDISWA	NONKELELA	TEMP	M	24	SM	00:45:12	0
98	1727	1727	SINETHEMBA	GXOGXO	TEMP	M	34	SM	00:45:13	0
99	1987	1024	STICKS	STIGLINGH	BODYCON	M	69	65-69M	00:45:23	1
100	1816	2209	FREDAH	NCUBE	MADIBAZ	F	41	40-44F	00:45:26	1
101	1973	1926	GIFT	MBEDZI	SIBALEKA	M	27	SM	00:45:50	1
102	1914	534	MIEKE	WESTRAADT	RUN4C	F	28	SF	00:45:51	1
103	1880	360	LUVUYO	BANGAZI	IKHAMVA	M	47	45-49M	00:45:58	1
104	1840	1501	ROMMANY	ROGERS	32GI	F	41	40-44F	00:46:21	1
105	1531	1038	PHILLIP	DU PLESSIS	XCEL	M	53	50-54M	00:46:28	1
106	1499		MDUDUZI	MADINDA	REALGIJ	M	25	SM	00:46:39	0
107	1820	205	ZUKISANI	NJOKWENI	CSEP	M	34	SM	00:46:40	1
108	1203	20025	COMFORT	APPIAH	ACT AC	F	15	JF	00:46:43	1
109	1708	1708	RAYHAAN	BOTHA	TEMP	M	21	SM	00:46:45	0
110	1457	22763	SIYABONGA	MADWE	ABSA	M	28	SM	00:46:50	0
111	1802	1637	CHARL	MEISTRE	MADIBA	M	39	35-39M	00:46:55	1
112	1453	970	MALCOLM	BLANDY	CHARLO	M	41	40-44M	00:47:00	1
113	1792	1792	CAILIN	DUGMORE	TEMP	F	22	SF	00:47:13	0
114	1903	1785	MCEBISI	MPONDO	VUKANI	M	40	40-44M	00:47:13	1
115	1530	1529	KIRSTI	DOLINSCEK	32GI	F	42	40-44F	00:47:14	1
116	1986	20489	MARCO	SPRONG	SCHOOL	M	18	JM	00:47:25	1
117	1213	20186	ILKE	WOLMARANS	ELITEAC	F	16	JF	00:47:25	1
118	1182	1811	AYANDA	FAKU	VUKANI	M	37	35-39M	00:47:30	1
119	1448	978	CHRISTOPHER	AYERST	CHARLO	M	56	55-59M	00:47:31	1
120	1171	1549	RYAN	BLACK	TEMP	M	37	35-39M	00:47:38	0
121	1051	1520	ALWYN	GRIEBENOW	TEMP	M	27	SM	00:47:42	0
122	1035	621	KIRWIN	DE KLERK	ASPEN	M	42	40-44M	00:47:51	1
123	1493	1513	SIPHE	MZAYIDUME	TEMP	M	29	SM	00:47:55	0
124	1170	12083	ROBERT	MAGOTSI	NEDBANK	M	53	50-54M	00:47:56	1
125	1751	1751	SZASZ	MEEKMA	TEMP	F	27	SF	00:47:59	0
126	1331	1035	JEROME	MAY	XCEL	M	57	55-59M	00:48:00	1
127	1482	1510	ETHAN	HOWARD	TEMP	M	20	SM	00:48:10	0
128	1966	654	LUKHANYO	DASI	ASPEN	M	31	SM	00:48:14	1
129	1759	5380	LUKHANYISO	MONA	TEMP	M	19	SM	00:48:15	0
130	1929	1282	SEBASTIAN	HAARHOFF	VWAC	M	46	45-49M	00:48:38	1
131	1905	651	SANNAH	MPUKULA	ASPEN	F	50	50-54F	00:48:54	1
132	1445	893	HISHAAN	BHANA	CHARLO	M	27	SM	00:48:59	1
133	1856	555	BURNITA	STRYDOM	ELITEAC	F	55	55-59F	00:48:59	1
134	1831	1957	HENRY	PIENAAR	BLUEBAY	M	52	50-54M	00:49:11	1
135	1479	1509	ANDRE	NIIT	TEMP	M	61	60-64M	00:49:21	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
136	1162	20127	AKHONA	ZAKE	CHILLIEP	F	18	JF	00:49:30	1
137	1575	91	DENZIL	KOOPMAN	INFINITY	M	53	50-54M	00:49:30	1
138	1886	2399	PHILLIP	DE RIDDER	ELITEAC	M	47	45-49M	00:49:34	1
139	1214	1572	CLARENCE	MANUEL	TEMP	M	29	SM	00:49:36	0
140	1757	1757	JONGI	MNYATHELI	TEMP	M	29	SM	00:49:39	0
141	1953	4013	GURSHEN	DAVIDS	GELVAN	M	36	35-39M	00:49:44	1
142	1501	121	YASEEN	ABRAHAMS	MALABAR	M	52	50-54M	00:49:46	1
143	1954	581	HANNO	ENGELBRECHT	RUN4C	M	25	SM	00:49:52	1
144	1221	1994	VERNON	LANDMAN	RUN4C	M	49	45-49M	00:49:56	1
145	1489	10751	PHUKUNTSI	MOTUMI	VITALITY	M	38	35-39M	00:50:01	1
146	1438	1088	PERCY	DALTON	ACH	M	75	70+M	00:50:06	1
147	1901	1247	LISLE	MATTHEWS	ELITEAC	F	49	45-49F	00:50:13	1
148	1969	741	MARGARET	LLOYD	CRUSADE	F	60	60-64F	00:50:14	1
149	1486	1236	STEPHEN	KLUE	ELITEAC	M	65	65-69M	00:50:15	1
150	1902	796	XOLA	MBATSHA	NMBAC	M	43	40-44M	00:50:18	1
151	1789	1789	SIHLE	CHILI	TEMP	M	29	SM	00:50:20	0
152	1220	1995	YOLANDIE	LANDMAN	RUN4C	F	48	45-49F	00:50:20	1
153	1426	2229	CRAIG	WARD	ASPEN	M	47	45-49M	00:50:34	1
154	1590	485	LAWRENCE	MAFUZA	ADVEN	M	50	50-54M	00:50:47	1
155	1433	20420	JAMIE-LEE	BESTER	SCHOOL	F	15	JF	00:50:52	1
156	1915	1256	JANINE	WHITTAL	ELITEAC	F	42	40-44F	00:50:55	1
157	1178	1553	SISONKE	MLAMLA	TEMP	M	32	SM	00:50:55	0
158	1469	4345	ANTHONY	JAPTHA	BRACKEN	M	44	40-44M	00:50:58	0
159	1198	1360	SITHEMBILE	MPAKO	NEDBANK	M	63	60-64M	00:51:08	1
160	1550	1512	JAN	GERBER	32GI	M	47	45-49M	00:51:11	1
161	1904	652	ISRAEL	MPUKULA	ASPEN	M	46	45-49M	00:51:15	1
162	1828	1373	MATTHEW	OSBORNE	NEDBANK	M	36	35-39M	00:51:22	1
163	1464	1502	XOLANI	NTSIMANGO	TEMP	M	46	45-49M	00:51:25	0
164	1887	20500	STACEY	DE RIDDER	ELITEAC	F	14	JF	00:51:29	1
165	1202	1510	ROAUL	STRYDOM	PRAC	M	44	40-44M	00:51:32	1
166	1948	199	JOSEPH	BAIN	CSEP	M	64	60-64M	00:51:38	1
167	1600	1446	MFEZI	MCINGANA	NEDBANK	M	48	45-49M	00:51:49	1
168	1591	1299	THANDUXOLO	MAGAQA	NOCLUB	M	44	40-44M	00:51:56	0
169	1477	1312	DEON	VYVER	NEDBANK	M	57	55-59M	00:51:58	1
170	1538	804	DEON	ENGELBRECHT	NEDBANK	M	56	55-59M	00:51:59	1
171	1734	1734	STEPHANIE	KILIAN	TEMP	F	35	35-39F	00:52:01	0
172	1441	883	LINDI	VAN TONDER	CHARLO	F	46	45-49F	00:52:01	1
173	1833	20175	LINOTHANDO	PLAATJIE	NMBAC	M	17	JM	00:52:03	1
174	1755	1755	IAN	MILLS	TEMP	M	30	SM	00:52:07	0
175	1845	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	63	60-64F	00:52:13	1
176	1913	12895	LEHLOHONOLO	THOKOA	ABSA	M	43	40-44M	00:52:13	0
177	1212	1571	UNATHI	MRWALI	TEMP	F	32	SF	00:52:24	0
178	1194	1043	DAVID	BAINS	XCEL	M	57	55-59M	00:52:25	1
179	1878	342	JONATHAN	BAKKER	MUIRITE	M	32	SM	00:52:26	1
180	1525	530	HESTER	DEKKER	SAPPE	F	52	50-54F	00:52:26	1
181	1133	1059	SIZINZO	KAMA	ACH	M	72	70+M	00:52:29	1
182	1112	1628	NELESH	JAGANATH	MADIBA	M	43	40-44M	00:52:29	1
183	1505	1208	CHRISTINE	BIRD	ELITEAC	F	52	50-54F	00:52:33	1
184	1976	1922	SINETHEMBA	NGABASE	SIBALEKA	M	21	SM	00:52:33	1
185	1109	1030	UNATHI	MAY	BUFF	F	38	35-39F	00:52:35	0
186	1542	765	LESLIE	FERREIRA	CRUSADE	M	28	SM	00:52:38	1
187	1145	49	MARIA ELIZABETH	VAN ZYL	SAPPE	F	64	60-64F	00:52:47	1
188	1421	23060	SINETHEMBA	MAGUTYWA	ABSA	M	41	40-44M	00:52:51	0
189	1977	151	SIPHOKAZI	NOJOKO	ACT AC	F	29	SF	00:52:57	1
190	1978	415	NOMAKHOSI	NTLIZYO	CHILLI	F	25	SF	00:52:57	0
191	1529	1772	ABENA	DLAKAVU	VUKANI	F	36	35-39F	00:53:05	1
192	1484	1472	ALTON	THOMAS	NEDBANK	M	48	45-49M	00:53:12	1
193	1404	1404	DILIMA	DUMISANI	TEMP	M	40	40-44M	00:53:22	0
194	1400	1400	DEWALD	VERMEULEN	TEMP	M	52	50-54M	00:53:29	0
195	1975	611	HAYLEY	NEWING	ASPEN	F	39	35-39F	00:53:39	1
196	1163	818	AHMAD	KADER	MALABAR	M	35	35-39M	00:53:44	1
197	1804	13533	BABALWA	MELITAFA	WATER	F	43	40-44F	00:53:53	0
198	1150	1540	ABDUL	GOOSEIN	TEMP	M	36	35-39M	00:53:53	0
199	1515	1111	GRAHAM	CHANNON	ACH	M	74	70+M	00:53:58	1
200	1956	2223	PIETER	GERBER	ELITEAC	M	48	45-49M	00:54:04	1
201	1548	1598	LERENZO	FRANCIS	DESPATCH	M	37	35-39M	00:54:04	1
202	1122	1673	COLIN	INGRAM	MADIBA	M	64	60-64M	00:54:08	1
203	1576	774	MARISKA	KRUGER	RUN4C	F	46	45-49F	00:54:08	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
204	1849	1299	MICHAEL	SLATER	VWAC	M	53	50-54M	00:54:13	1
205	1968	17418	THANDEKILE	GUGA	ABSA	M	42	40-44M	00:54:23	0
206	1382	1532	BAVERSHAN	NAIDOO	TEMP	M	33	SM	00:54:25	0
207	1487	1517	GERRIT	MEYER	TEMP	M	37	35-39M	00:54:26	0
208	1197	1568	DAMON	PLAATJIES	TEMP	M	27	SM	00:54:29	0
209	1964	613	ASHRAF	ACKERDIEN	ASPEN	M	50	50-54M	00:54:31	1
210	1754	1754	ELIZA	MILLER	TEMP	F	37	35-39F	00:54:36	0
211	1766	1766	RIEDA AH	NORDIEN	TEMP	M	36	35-39M	00:54:37	0
212	1130	1877	XOLILE	MBALI	HOLLYWOO	M	48	45-49M	00:54:53	1
213	1134	12783	PHUMZILE	TWANI	ABSA	M	45	45-49M	00:54:53	0
214	1523	1503	TENIELLE	DE ANDRADE	32GI	F	38	35-39F	00:55:00	1
215	1799	1799	SALMARI	MEYER	TEMP	F	31	SF	00:55:05	0
216	1797	1797	EDUAN	MEYER	TEMP	M	31	SM	00:55:05	0
217	1509	1031	CHESTER	BROOKS	XCEL	M	65	65-69M	00:55:06	1
218	1200	1542	YONELA	BAFO	TEMP	F	24	SF	00:55:10	0
219	1730	1730	DONOVAN	HULETT	TEMP	M	27	SM	00:55:15	0
220	1128	1539	NKOSOXOLO	NDABA	TEMP	M	47	45-49M	00:55:16	0
221	1223	745	KATHLEEN	FLANAGAN	CRUSADE	F	38	35-39F	00:55:19	1
222	1222	876	GEORGE	WINSHIP	CHARLO	M	58	55-59M	00:55:19	1
223	1778	1778	GREGORY	STEPHENSON	TEMP	M	49	45-49M	00:55:42	0
224	1219	1201	CATHY	ALLERS	ELITEAC	F	62	60-64F	00:55:48	1
225	1189	1566	CAREL	JACOBS	TEMP	M	39	35-39M	00:55:57	0
226	1745	1745	MOEGAMAT	MAMOOJEE	TEMP	M	58	55-59M	00:56:03	0
227	1474	1508	ALLIWIE	FRITZ	TEMP	M	41	40-44M	00:56:04	0
228	1791	5370	MARGO	DE VRIES	TEMP	F	42	40-44F	00:56:05	0
229	1434	80368	BEYERS	LAMPRECHT	RUN4C	M	55	55-59M	00:56:05	1
230	1107	1526	DIANA	MARAIS	TEMP	F	66	65-69F	00:56:12	0
231	1527	196	VUYISILE	DELIWE	CSEP	M	48	45-49M	00:56:15	1
232	1808	473	ADMIRE	MOYO	ADVEN	M	41	40-44M	00:56:16	1
233	1407	1407	MANIE	GROENEWALD	TEMP	M	45	45-49M	00:56:27	0
234	1217	1573	XOLANI	MGCOBO	TEMP	M	45	45-49M	00:56:29	0
235	1764	1764	SAMSON	NAWALE	TEMP	M	38	35-39M	00:56:30	0
236	1866	80350	BENICE	VAN DER MESCHT	DESPATCH	F	22	SF	00:56:32	1
237	1865	80349	DEON	VAN DER MERWE	DESPATCH	M	54	50-54M	00:56:32	1
238	1304	1700	ELIZE	ADAMS	GELVAN	F	49	45-49F	00:56:45	1
239	1848	1087	SANELISIWE	SKOTANA	BUFFALO	F	25	SF	00:56:50	0
240	1141	40350	MBALENTLE	MAGWACA	SIBALEKA	F	14	JF	00:56:52	1
241	1471	705	OCTAVIA	BOSHOFF	CRUSADE	F	54	50-54F	00:56:56	1
242	1467	1504	KEVIN	GARDNER	TEMP	M	44	40-44M	00:57:01	0
243	1859	1429	RIKA	TERBLANCHE	NEDBANK	F	46	45-49F	00:57:05	1
244	1449	956	NEELES H	BHANA	CHARLO	M	52	50-54M	00:57:07	1
245	1749	5155	CHAD	MCLEAN	TEMP	M	26	SM	00:57:09	0
246	1773	1773	SARAH AIMEE	ROBERTS	TEMP	F	35	35-39F	00:57:16	0
247	1794	1794	ARTHUR	KLINKENBURG	TEMP	M	39	35-39M	00:57:23	0
248	1181	1556	ZAMA	ZULU	TEMP	M	47	45-49M	00:57:28	0
249	1796	5378	ANDREW	MEYER	TEMP	M	50	50-54M	00:57:28	0
250	1926	1926	SINETHEMBA	ZUKE	TEMP	F	24	SF	00:57:35	0
251	1813	1737	LYNDLE	NAIDOO	GELVAN	F	32	SF	00:57:35	1
252	1553	1853	SESIBULELENKOSI	GIGI	HOLLYWOO	F	27	SF	00:57:36	1
253	1717	1717	ECKHARDT	DU PREEZ	TEMP	M	56	55-59M	00:57:41	0
254	1117	1534	MNCEDISA	FUSA	TEMP	M	44	40-44M	00:57:42	0
255	1912	2114	LECHELLE	THERON	32GI	F	43	40-44F	00:57:46	1
256	1715	1715	RUSHIL	DELLWARIA	TEMP	M	31	SM	00:58:00	0
257	1729	1729	MAHESH	HOOKE	TEMP	M	51	50-54M	00:58:00	0
258	1119	808	LULAMILE	PHONGOLA	NMBAC	M	66	65-69M	00:58:10	1
259	1409	1409	CARY	HASTIE	TEMP	M	60	60-64M	00:58:11	0
260	1540	1935	XENOPHON	FEIRRERA	BLUEBAY	M	62	60-64M	00:58:12	1
261	1783	1783	RONALD	WEHMEYER	TEMP	M	48	45-49M	00:58:18	0
262	1569	515	RONNIE	JONKER	DESPATCH	M	54	50-54M	00:58:22	1
263	1546	1220	ANDRE	FOURIE	RUN4C	M	76	70+M	00:58:24	1
264	1533	2069	LE-ANNE	DU PREEZ	MUIRITE	F	51	50-54F	00:58:25	1
265	1894	1894	PHILIPP	HOELZER	TEMP	M	42	40-44M	00:58:26	0
266	1478	1313	TOEGEDA	VYVER	NEDBANK	F	51	50-54F	00:58:28	1
267	1909	784	TEGAN	PURDON	32GI	F	31	SF	00:58:29	1
268	1921	5251	RIAN	ROSSOUW	TEMP	M	52	50-54M	00:58:32	0
269	1884	11333	SIZAKELE	DAMBA	GUGS	M	46	45-49M	00:58:34	0
270	1583	1331	JAN	LE ROUX	NEDBANK	M	64	60-64M	00:58:35	1
271	1883	1259	HEINZ	CONRAD	ELITEAC	M	45	45-49M	00:58:36	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
272	1490	1258	MARTIN	LANGLEY	ELITEAC	M	44	40-44M	00:58:36	1
273	1572	139	WARDAH	KAFAAR	MALABAR	F	44	40-44F	00:58:37	1
274	1517	573	BRITTANY	CILLIERS	RUN4C	F	31	SF	00:58:41	1
275	1466	1567	JACOBUS	WYATT	DESPATCH	M	60	60-64M	00:58:42	1
276	1146	2195	ALVADO	ARENDSE	MADIBAZ	M	49	45-49M	00:58:46	1
277	1578	715	MOMELEZI	KULA	ARCADIA	M	46	45-49M	00:58:50	0
278	1714	1714	IZELLE	DE VILLIERS	TEMP	F	36	35-39F	00:58:53	0
279	1589	2169	WAYNE	MAC GEAR	MADIBAZ	M	60	60-64M	00:58:56	1
280	1716	1716	NICOLA	DRYDEN	TEMP	F	53	50-54F	00:59:01	0
281	1431	16783	LOLAMA	MYOLI	TEMP	M	48	45-49M	00:59:03	0
282	1906	1870	THOBELA	MTANGA	HOLLYWOO	M	37	35-39M	00:59:04	1
283	1127	1102	KEN	BARWOOD	ACH	M	68	65-69M	00:59:08	1
284	1424	1094	MARIETJIE	PIETERSEN	ACH	F	67	65-69F	00:59:13	1
285	1782	1782	BIANCA	WEHMEYER	TEMP	F	46	45-49F	00:59:18	0
286	1465	1503	TARIE	ESTHER	TEMP	F	31	SF	00:59:18	0
287	1763	1763	NICOLETTE	NAUDE	TEMP	F	32	SF	00:59:19	0
288	1406	1406	ANGELIQUE	GROENEWALD	TEMP	F	42	40-44F	00:59:25	0
289	1793	1793	JUSTIN	HASTIE	TEMP	M	26	SM	00:59:25	0
290	1436	1530	BRONWIN	MEYER	32GI	F	51	50-54F	00:59:32	1
291	1731	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	53	50-54F	00:59:34	1
292	1172	371	SONWABO	MADIKANE	IKHAMVA	M	41	40-44M	00:59:34	1
293	1422	432	MVELELI	MBANDE	CHILLIEP	M	37	35-39M	00:59:40	1
294	1924	5396	JENNA	VAN ROOY	TEMP	F	16	JF	00:59:49	0
295	1770	1770	SANDISWA	QWAKANISA	TEMP	F	30	SF	00:59:54	0
296	1596	285	VANESSA	COETZEE	MUIRITE	F	47	45-49F	01:00:19	1
297	1444	996	PAULA	PEARCE	CHARLO	F	55	55-59F	01:00:32	1
298	1201	110	YASIF	SHIEK	VARSIITY	M	32	SM	01:00:33	1
299	1086	1522	BHATISANI	WIDZANI	TEMP	M	41	40-44M	01:00:35	0
300	1121	2201	SYLVAN	BLIGNAUT	MADIBAZ	M	64	60-64M	01:00:39	1
301	1738	1738	EUGENE	LE GRANGE	TEMP	M	46	45-49M	01:00:42	0
302	1586	643	NKOSINATHI	MABUNU	QOKOL	M	32	SM	01:00:44	0
303	1185	943	LOGAMURTHIE	ATHIEMOOLAM	CHARLO	M	61	60-64M	01:00:48	1
304	1702	1702	QUINTON	ASHWORTH	TEMP	M	38	35-39M	01:00:49	0
305	1154	1547	LUVUYO	SIWUNDLA	TEMP	M	44	40-44M	01:00:52	0
306	1703	1703	ANSIE	BENADE	TEMP	F	64	60-64F	01:01:00	0
307	1135	4242	XOLISILE	NOMDATYA	DEPTRA	M	42	40-44M	01:01:01	0
308	1910	4600	XOLISWA	SIYOKO	ASPEN	F	29	SF	01:01:01	1
309	1401	1401	THABISO	BOASE	TEMP	M	43	40-44M	01:01:03	0
310	1053	11816	LINDA	WICKS	KLERKS	F	62	60-64F	01:01:08	0
311	1173	1550	SINDISWA	ZAMXAKA	TEMP	F	43	40-44F	01:01:12	0
312	1524	565	RONEL	DE TARNOWSKY	RUN4C	F	43	40-44F	01:01:23	1
313	1415	5390	SASANTI	SASANTI	TEMP	F	34	SF	01:01:26	0
314	1768	1768	PAUL	TOSIN	TEMP	M	23	SM	01:01:27	0
315	1706	1706	MAYNE	BLINK	TEMP	M	26	SM	01:01:27	0
316	1494	1494	EMILE	COLTMAN	TEMP	M	47	45-49M	01:01:34	0
317	1999		LUTHANDO	KAPOYI	TEMP	M	45	45-49M	01:01:38	0
318	1183	1557	GILBERT	TAYLOR	TEMP	F	22	SF	01:01:39	0
319	1451	927	ANTON	VAN WYK	CHARLO	M	56	55-59M	01:01:40	1
320	1874	1119	TREMAINE	WESSON	ACH	M	63	60-64M	01:01:42	1
321	1992	9290	MADISON	WARD	ASPEN	F	14	JF	01:02:00	1
322	1594	1871	TABOGO	MALATJI	HOLLYWOO	M	29	SM	01:02:02	1
323	1807	80282	SASHA-LEE	MILES	DESPATCH	F	28	SF	01:02:07	1
324	1338	434	NQABISA	BENYA	CHILLIEP	F	43	40-44F	01:02:08	1
325	1967	654	APHIWE	FAYINDLALA	DEPTRA	F	38	35-39F	01:02:08	0
326	1979	1713	LYDIA	OLIVER	GELVAN	F	55	55-59F	01:02:20	1
327	1850	1627	NATASHA	SMITH	MADIBA	F	37	35-39F	01:02:28	1
328	1735	738	ERIN	KILROE	TEMP	F	22	SF	01:02:30	0
329	1869	592	JOHAN	VERMEULEN	RUN4C	M	56	55-59M	01:02:37	1
330	1532	572	SHANTÁ	DU PLESSIS	RUN4C	F	31	SF	01:02:38	1
331	1571	131	SHUKRY	KAFAAR	MALABAR	M	38	35-39M	01:02:41	1
332	1955	20188	Lauren	Gerber	ELITEAC	F	16	JF	01:02:45	1
333	1728	1728	MARIA	HEYNS	TEMP	F	27	SF	01:02:46	0
334	1414	1414	OLWETHU	NTSHINGA	TEMP	M	27	SM	01:02:46	0
335	1872	40429	HENDRE	VIVIERS	MADIBA	M	15	JM	01:02:53	1
336	1410	1410	ASHLEY	MATEO	TEMP	M	27	SM	01:02:57	0
337	1429	1051	ZIPHEZHLE	WABABA	BUFFALO	M	39	35-39M	01:03:00	0
338	1428	1104	CATHY	IVES	ACH	F	70	70+F	01:03:06	1
339	1900	1237	HEMAN	MATTHEWS	ELITEAC	M	49	45-49M	01:03:09	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
340	1993	23032	OZELLE	WIEHAHN	ABSA	F	50	50-54F	01:03:16	0
341	1864	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	45	45-49F	01:03:17	1
342	1402	1402	ROBYN	BORGSTROM	TEMP	F	23	SF	01:03:21	0
343	1756	4101	OTTO	MKABA	TEMP	F	38	35-39F	01:03:38	0
344	1155	1861	SIMANGILE	SOLWANDLE	HOLLYWOO	F	32	SF	01:03:55	1
345	1149	1546	JUGEN	SIMON	TEMP	M	31	SM	01:03:58	0
346	1147	2320	NKOSAZANA	MLUNGWANA	SIBALEKA	F	31	SF	01:03:58	1
347	1881	1579	JHANINEN	BOSHOFF	DESPATCH	F	57	55-59F	01:04:14	1
348	1113	1527	TOREZ	NAIDOO	TEMP	M	25	SM	01:04:18	0
349	1507	2418	MEGAN	BOSMAN	MADIBA	F	37	35-39F	01:04:26	1
350	1720	1720	DEONE	FERREIRA	DESPATCH	F	27	SF	01:04:48	1
351	1853	2420	EMILE	SONNEKUS	MADIBA	M	43	40-44M	01:04:54	1
352	1852	2421	ADRI	SONNEKUS	MADIBA	F	37	35-39F	01:04:54	1
353	1851	458	LYNETTE	SMUTS	WALMER	F	57	55-59F	01:04:57	1
354	1206	1742	DESIREE	TITUS	GELVAN	F	58	55-59F	01:05:01	1
355	1753	1753	CEBANI	MHLANGA	TEMP	F	29	SF	01:05:06	0
356	1158	150	ZAHEER	SOOMAN	MALABAR	M	52	50-54M	01:05:07	1
357	1898	2442	MANDLA	MANTSHONGO	OMAC	M	43	40-44M	01:05:16	0
358	1711	1711	ROSE	CLARK	TEMP	F	58	55-59F	01:05:27	0
359	1528	2209	SIPHOKAZI	DIKO	CSBOR	F	41	40-44F	01:05:31	0
360	1156	2189	PHATHEKA	MOKGWETSI	MADIBAZ	F	32	SF	01:05:32	1
361	1205	1544	MUHAMMED	ESSACK	TEMP	M	31	SM	01:05:41	0
362	1052	2313	NDILEKA	MGCUWE	VUKANI	F	45	45-49F	01:05:45	1
363	1949	1807	MZI	BALENI	VUKANI	M	52	50-54M	01:05:46	1
364	1928	2311	NOLOYISO	BONGA	VUKANI	F	37	35-39F	01:05:46	1
365	1709	1709	NOSIZWE	CEKISO	TEMP	F	36	35-39F	01:05:57	0
366	1825	1475	ONGEZWA	NLATI	NEDBANK	F	29	SF	01:06:01	1
367	1488	1073	THERESA	LILLIS	ACH	F	67	65-69F	01:06:09	1
368	1481	1625	HELENA	FYVER	MADIBA	F	39	35-39F	01:06:17	1
369	1919	1919	LIKHONA	NQUNQA	TEMP	F	27	SF	01:06:31	0
370	1908	1497	MICHAEL	PRICE	32GI	M	49	45-49M	01:06:36	1
371	1458	50236	ZUKANI	MAXWELE	QOKOL	M	46	45-49M	01:06:45	0
372	1232	1529	GARFIELD	TSATSANE	TEMP	M	58	55-59M	01:06:48	0
373	1411	1411	BUSI	NDZIWENI	TEMP	F	34	SF	01:06:52	0
374	1815	817	ZAHEERA	NANABHAY	MALABAR	F	42	40-44F	01:06:52	1
375	1186	80211	XOLISWA	GXWEM	VITALITY	F	27	SF	01:06:58	1
376	1784	1784	BIANCA	ZEELIE	TEMP	F	24	SF	01:07:00	0
377	1061	1521	CHUMA	MKONJWA	TEMP	M	37	35-39M	01:07:08	0
378	1724	1724	LUCINDA	GERBER	TEMP	F	48	45-49F	01:07:12	0
379	1475	5839	SHANAAZ	FRITZ	NEDBANK	F	45	45-49F	01:07:25	1
380	1736	5168	CHARMELL	KOOPMAN	TEMP	F	44	40-44F	01:07:25	0
381	1765	4110	MPUMELELO	NGWENYA	TEMP	M	34	SM	01:07:37	0
382	1838	784	NOMTHA	QUNTA	NMBAC	F	38	35-39F	01:07:37	1
383	1786	1786	MICHAELA	BENCE	TEMP	F	22	SF	01:07:39	0
384	1740	1740	FREDERICK	LOUW	TEMP	M	49	45-49M	01:07:45	0
385	1752	1752	APHIWE	MGIJIMA	TEMP	M	26	SM	01:07:49	0
386	1962	95	ZELDA	KRIGE	INFINITY	F	63	60-64F	01:07:51	1
387	1584	820	JASON	LE ROUX	GELVAN	M	28	SM	01:07:54	1
388	1806	2026	NONCEDO	MGINYWA	ADVEN	F	40	40-44F	01:07:54	1
389	1737	1737	DERIKA	LE GRANGE	TEMP	F	40	40-44F	01:07:58	0
390	1554	25925	VICTORIA	GOODALL	CCJHB	F	42	40-44F	01:07:58	0
391	1440	917	VICKY	TSOUKNIDAS	CHARLO	F	46	45-49F	01:07:59	1
392	1750	1750	ZIYANDA	MDWAYI	TEMP	F	44	40-44F	01:08:03	0
393	1888	289	RENAY	DU PLESSIS	MUIRITE	F	55	55-59F	01:08:03	1
394	1140	80019	VUYISEKA	MHLAHO	SIBALEKA	F	42	40-44F	01:08:03	1
395	1497	1516	JADEN	DE VILLIERS	TEMP	M	30	SM	01:08:09	0
396	1958	2044	GARY	HENDRICKS	MUIRITE	M	56	55-59M	01:08:11	1
397	1963	684	ADELE	LE ROUX	VITALITY	F	47	45-49F	01:08:25	1
398	1713	5135	MIRANDA	COGGER	TEMP	F	47	45-49F	01:08:26	0
399	1097	1525	ROBERT	PRIDEAUX	TEMP	M	55	55-59M	01:08:26	0
400	1895	714	KARIEN	JOUBERT	CRUSADE	F	36	35-39F	01:08:28	1
401	1480	685	RICHELLE	MEISTRE	VITALITY	F	39	35-39F	01:08:42	1
402	1805	297	WELILE	MERELLE	MUIRITE	M	58	55-59M	01:08:44	1
403	1544	1712	BRAMWELL	FLEURS	GELVAN	M	45	45-49M	01:08:55	1
404	1125	1537	ALFRED	DENNIS	TEMP	M	48	45-49M	01:09:00	0
405	1587	1802	THOBEKA	MABUSELA	VUKANI	F	62	60-64F	01:09:10	1
406	1506	286	SANET	BLOM	MUIRITE	F	56	55-59F	01:09:13	1
407	1418	309	YVETTE	BROPHY	MUIRITE	F	54	50-54F	01:09:19	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
408	1549	34	SANELISIWE	FUNANI	MTHATHA	M	40	40-44M	01:09:20	0
409	1899	1987	MASIXOLE	MATINISE	DEPTRA	M	42	40-44M	01:09:45	0
410	1834	1743	THOMAS	PLAATJIES	GELVAN	M	47	45-49M	01:09:48	1
411	1923	1923	NOMATHAMSANQA	SOPHAZI	TEMP	F	48	45-49F	01:09:50	0
412	1777	1777	LULAMA	SPEELMAN	TEMP	M	47	45-49M	01:09:53	0
413	1870	2328	THEMBISILE	VETSHEZA	IKHAMVA	F	44	40-44F	01:09:57	1
414	1452	886	CELEST	JOYCE	CHARLO	F	55	55-59F	01:10:20	1
415	1787	1787	WENDY	BULULU	TEMP	F	41	40-44F	01:10:22	0
416	1726	1726	NADINE	GROBLER	TEMP	F	30	SF	01:10:25	0
417	1821	402	VUYOKAZI	NONCEMBU	CHILLIEP	F	51	50-54F	01:10:37	1
418	1707	1707	ELROY	BOSMAN	TEMP	M	54	50-54M	01:10:41	0
419	1504	339	ROSA	BESTER	MUIRITE	F	35	35-39F	01:10:44	1
420	1552	570	PIETER	GERBER	RUN4C	M	65	65-69M	01:10:49	1
421	1846	211	MATHAPELO	SENTI	CSEP	F	34	SF	01:10:58	1
422	1513	2167	WENDY	CAMERON	MADIBAZ	F	46	45-49F	01:10:59	1
423	1573	62	ALEX	KHUZWAYO	SAPPE	M	61	60-64M	01:11:02	1
424	1227	1528	WIEHAN	LOUW	TEMP	M	40	40-44M	01:11:09	0
425	1541	713	DENISE	FERREIRA	CRUSADE	F	62	60-64F	01:11:17	1
426	1829	1279	NURENA	PETERSEN	VWAC	F	40	40-44F	01:11:17	1
427	1322	1808	SEEMOLA	MADLOKAZI	VUKANI	F	33	SF	01:11:34	1
428	1439	472	QAWE	MAJIZA	ADVEN	M	36	35-39M	01:11:37	1
429	1855	1246	VUYO	STOTO	CHILLIEB	F	35	35-39F	01:11:37	0
430	1842	1274	GAYLE	SAAYMAN	VWAC	F	35	35-39F	01:11:40	1
431	1500	1519	YOLISA	NKQAYANA	TEMP	F	37	35-39F	01:11:50	0
432	1988	1914	SICELO SELBY	THABETHE	SIBALEKA	M	50	50-54M	01:11:53	1
433	1875	2392	KELLY	WILLIAMS	GELVAN	F	34	SF	01:11:55	1
434	1462	311	NICKI	VAN NIEKERK	MUIRITE	F	69	65-69F	01:11:55	1
435	1425	303	SANET	VAN NIEKERK	MUIRITE	F	55	55-59F	01:11:56	1
436	1788	5368	SANDRA	BUTTERS	TEMP	F	58	55-59F	01:11:58	0
437	1723	1723	PATRICK	GEDZE	TEMP	M	45	45-49M	01:11:59	0
438	1907	1286	SHANDRY	NAZER	VWAC	F	35	35-39F	01:11:59	1
439	1536	1277	DENVER	ELLIE	VWAC	M	43	40-44M	01:12:00	1
440	1827		NIEKIE	OOSTHUIZEN	RUN4C	F	53	50-54F	01:12:00	1
441	1502	17144	FUNDISWA	ANTONY-NOGAGA	ABSA	F	51	50-54F	01:12:06	0
442	1597	2276	NOZIPHO	MASHEGO	MBOMB	F	47	45-49F	01:12:26	0
443	1747	1747	MIHLALI	MBANGENI	TEMP	F	24	SF	01:12:35	0
444	1196	1567	THOKOZANI	MTIMKULU	TEMP	F	27	SF	01:12:36	0
445	1585	80342	RENIER	LIEBENBERG	RUN4C	M	41	40-44M	01:12:47	1
446	1814	1572	NANDIPHA	NAIDOO	DESPATCH	F	45	45-49F	01:12:48	1
447	1592	1794	NOMLINDO	MAKUBALO	VUKANI	F	49	45-49F	01:12:50	1
448	1153	1545	MLAMBO	KOKO	TEMP	M	33	SM	01:13:08	0
449	1774	1774	CHARLENE	SCHMIDT	TEMP	F	28	SF	01:13:18	0
450	1844	80027	STEPHANIE	SCHEEPERS	DESPATCH	F	27	SF	01:13:23	1
451	1739	1739	LIZAAAN	LIZAAAN	TEMP	F	40	40-44F	01:13:23	0
452	1503	1593	NAOMI	BAKKER	DESPATCH	F	46	45-49F	01:13:24	1
453	1817	974	LIESL	NEL	CHARLO	F	49	45-49F	01:13:32	1
454	1832	21	JEANETTE	PIENAAR	RUN4C	F	75	70+F	01:13:39	1
455	1579	1936	MARKUS	KUNNEKE	BLUEBAY	M	54	50-54M	01:13:49	1
456	1116	1116	VUYOKAZI	DUBE	TEMP	F	47	45-49F	01:13:53	0
457	1003	16313	KEHUMILE	HEADBUSH	MANONI	F	51	50-54F	01:13:57	0
458	1741	742	JENNA	LOUW	TEMP	F	23	SF	01:14:00	0
459	1570	80010	RUAN	JONKER	DESPATCH	M	24	SM	01:14:00	1
460	1779	118	SIMON	STRIMLING	TEMP	M	62	60-64M	01:14:07	0
461	1918	1918	NTOMBIZINE	NOMTSHATSHU	TEMP	F	42	40-44F	01:14:08	0
462	1126	1538	ROXANNE	MULLER	TEMP	F	39	35-39F	01:14:18	0
463	1483	1511	OLWETHU	MAGADLA	TEMP	F	33	SF	01:14:36	0
464	1830	530	ANDRE	PIENAAR	RUN4C	M	61	60-64M	01:14:42	1
465	1518	1606	STEPHANUS	CLAASSEN	DESPATCH	M	66	65-69M	01:14:42	1
466	1210	1723	REHANA	DE MAINE	GELVAN	F	56	55-59F	01:14:43	1
467	1557	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	49	45-49F	01:14:55	1
468	1495	1310	PUMLA	SIBALI	VWAC	F	44	40-44F	01:14:55	1
469	1151	1117	GRAHAM	NELL	ACH	M	72	70+M	01:15:02	1
470	1771	1771	PHIL	RAWSTRON	TEMP	M	68	65-69M	01:15:05	0
471	1760	1760	SIMPIWE	MOYIKWA	TEMP	M	53	50-54M	01:15:20	0
472	1800	747	THEMBANI	MJEZA	TEMP	M	31	SM	01:15:53	0
473	1710	1710	BARBARA	CLARK	TEMP	F	40	40-44F	01:15:58	0
474	1712	1712	WARREN	CLARK	TEMP	M	43	40-44M	01:16:00	0
475	1776	1776	TATUM	SHAND	TEMP	F	28	SF	01:16:13	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
476	1775	1775	DAYLE	SHAND	TEMP	F	36	35-39F	01:16:13	0
477	1204	1543	NAMHLA	MVUKUZO	TEMP	F	37	35-39F	01:16:46	0
478	1560	1434	DIANNE	HARTZENBERG	NEDBANK	F	65	65-69F	01:17:18	1
479	1152	1879	Nwabisa	Dukada	HOLLYWOO	F	51	50-54F	01:17:24	1
480	1839	2370	NQOBILE	QUPE	HOLLYWOO	F	53	50-54F	01:17:36	1
481	1144	80016	NOMBULELO	NDZUZO	SIBALEKA	F	43	40-44F	01:17:38	1
482	1810	453	JO-ANNE	MUIR	WALMER	F	54	50-54F	01:17:55	1
483	1835	452	SHARON	POTGIETER	WALMER	F	59	55-59F	01:17:56	1
484	1959	1305	CASEY	ISAACS	VWAC	F	46	45-49F	01:18:04	1
485	1412	1412	MZIWOXOLO	NDZIWENI	TEMP	M	40	40-44M	01:18:26	0
486	1514	409	LILITHA	CEMBI	CHILLIEP	F	31	SF	01:18:32	1
487	1762	1762	SIBULELE	MZILENI	TEMP	M	22	SM	01:18:35	0
488	1863	692	MITESH	VALLABH	VITALITY	M	48	45-49M	01:18:37	1
489	1581	2025	GQITYELWA	KWINANA	ADVEN	F	38	35-39F	01:18:42	1
490	1327	1531	AKHONA	VALTYN	TEMP	F	35	35-39F	01:19:01	0
491	1118	1535	SIMAMKELE	SIAMBE	TEMP	F	29	SF	01:19:07	0
492	1568	1740	JANICE	JONES	GELVAN	F	47	45-49F	01:19:08	1
493	1719	1719	ERICA	ERASMUS	TEMP	F	54	50-54F	01:19:12	0
494	1721	1721	JANEL	FOUCHE	TEMP	F	27	SF	01:19:14	0
495	1772	1772	ROSE	RAWSTRON	TEMP	F	63	60-64F	01:19:26	0
496	1890	1089	HELEN	ERLANK	ACH	F	42	40-44F	01:19:58	1
497	1405	5374	CHARL	GOUWS	TEMP	M	57	55-59M	01:20:21	0
498	1983	2289	LIZIWE	SKEYI	ADVEN	F	48	45-49F	01:20:26	1
499	1722	1722	ANATHI	GEDZE	TEMP	F	38	35-39F	01:20:27	0
500	1743	5239	VUYISEKA	MAKALIMA	TEMP	F	39	35-39F	01:20:46	0
501	1545	64	DAVID	FORTUIN	SAPPE	M	58	55-59M	01:21:28	1
502	1179	1554	CHENEL	ROBEY	TEMP	F	45	45-49F	01:21:28	0
503	1732	4808	SAMUEL	JEFFERYS	TEMP	M	48	45-49M	01:21:30	0
504	1873	550	LIEZEL	WAIT	RUN4C	F	50	50-54F	01:21:30	1
505	1857	70	BIANCA	SWARTS	SAPPE	F	20	SF	01:21:39	1
506	1526	20001	ZANTE	DEKKER	SAPPE	F	17	JF	01:21:39	1
507	1705	1705	TANIA	BEZUIDENHOUT	TEMP	F	47	45-49F	01:21:44	0
508	1561	93	STEPHANIE	HAY	INFINITY	F	68	65-69F	01:21:52	1
509	1143	2220	TEMBEKA	NDEMA	SIBALEKA	F	33	SF	01:21:54	1
510	1858	94	DENISE	TERBLANCHE	INFINITY	F	76	70+F	01:21:58	1
511	1142	80008	PHILISA	MANI-MANI	SIBALEKA	F	30	SF	01:21:59	1
512	1522	761	NTOKOZO	DAMBUZA	CRUSADE	F	45	45-49F	01:22:02	1
513	1470	1818	ANDILE	BOVUNGANA	VUKANI	M	57	55-59M	01:22:03	1
514	1443	998	ROBERT	GALLOWAY	CHARLO	M	72	70+M	01:22:23	1
515	1547	1215	HELEN	FOURIE	RUN4C	F	54	50-54F	01:22:47	1
516	1822	1720	NOLEEN	NORRIS	ATLANTIC	F	66	65-69F	01:23:51	1
517	1120	294	ANNA	WELGEMOED	MUIRITE	F	54	50-54F	01:24:29	1
518	1492	1512	SIYABONGA	NKAYI	TEMP	M	36	35-39M	01:24:37	0
519	1311	98	AMANDA	WOLMARANS	INFINITY	F	65	65-69F	01:24:44	1
520	1260	99	MARIUS	WOLMARANS	INFINITY	M	66	65-69M	01:24:44	1
521	1312	1530	ANNEMI	WOLMARANS	TEMP	F	37	35-39F	01:24:44	0
522	1580	9299	SISANDA	KWATSHA	GWOOD	F	38	35-39F	01:25:31	0
523	1598	767	GILLIAN	MCAINSH	CRUSADE	F	64	60-64F	01:25:42	1
524	1882	12903	PAMELA	CETYWAYO	ABSA	F	39	35-39F	01:25:44	0
525	1485	42	KEZIA	PRINSLOO	SAPPE	F	39	35-39F	01:25:47	1
526	1922	1922	NOLUBABALO	SOHABA	TEMP	F	34	SF	01:26:23	0
527	1989	12153	ZUKISWA	TSHUME	SABC	F	50	50-54F	01:26:33	0
528	1876	1640	CHERYL	WITTE	MADIBA	F	61	60-64F	01:26:42	1
529	1790	1790	ZANDILE	DANIELS-MPENGESI	TEMP	F	36	35-39F	01:26:58	0
530	1577	715	FUNDISWA	KULA	ARCADIA	F	44	40-44F	01:27:00	0
531	1159	369	MPO	NOMPALWENI	IKHAMVA	M	41	40-44M	01:27:09	1
532	1795	1795	SEROLE	LENGOASA	TEMP	F	49	45-49F	01:28:13	0
533	1442	1643	DINA	SCHUTTE	CHARLO	F	58	55-59F	01:28:26	1
534	1588	942	EDITH	MAC GEAR	CHARLO	F	56	55-59F	01:28:42	1
535	1195	1703	GODFREY	KARIEM	GELVAN	M	83	70+M	01:28:43	1
536	1555	5477	WALDEMAR	GRAY	SWIND	M	79	70+M	01:28:43	0
537	1512	2322	PHOZISA	BUWA	ADVEN	F	42	40-44F	01:29:01	1
538	1132	50457	AYANDA	NOMOYI	BAYETHE	F	45	45-49F	01:30:28	0
539	1123	1536	AMANDA	BEN-MAZWI	TEMP	F	46	45-49F	01:30:28	0
540	1551	571	MARGARETHA	GERBER	RUN4C	F	63	60-64F	01:30:30	1
541	1496	1515	NOMBUSO	JOBELA	TEMP	F	40	40-44F	01:30:47	0
542	1417	1417	MELODIE	VAN DER MESCHT	TEMP	F	40	40-44F	01:31:02	0
543	1450	929	ANUSHA	NAIDU	CHARLO	F	57	55-59F	01:31:49	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
544	1556	1679	KENNETH	GREYLING	MADIBA	M	64	60-64M	01:33:05	1
545	1860	712	NDILEKA	THOMPSON	CRUSADE	F	46	45-49F	01:33:46	1
546	1997	51301	MBALI	ZUMA	DEPTRA	F	41	40-44F	01:34:55	0
547	1199	1541	SISIPHO	MAKWETU	TEMP	F	26	SF	01:36:06	0
548	1184	1558	PHILISWA	SITELA	TEMP	F	34	SF	01:36:13	0
549	1984	1087	FRANCOIS	SMIT	ACH	M	64	60-64M	01:37:14	1
550	2000	1095	MOF	BOTHA	ACH	M	68	65-69M	01:37:14	1
551	1111	1678	DAVID	DE WET	MADIBA	M	63	60-64M	01:37:15	1
552	1593	5560	VUYANI	MALAMBA	PARLIAM	M	49	45-49M	01:38:16	0
553	1095	1523	LUSANDA	AUGUST	TEMP	F	30	SF	01:38:36	0
554	1435	4474	SARAH	KHOHLISO	HOLLYWOO	F	37	35-39F	01:39:28	1
555	1115	80353	CLAUDIUS	MARAIS	RUN4C	M	59	55-59M	01:40:00	1
HELPERS RUN										
H1	6001	20144	Inami	Mngewu	CHILLIEP	M	16	JM	0.48.26	1
H2	6002	554	PETRUS	RADEMEYER	RUN4C	M	49	45-49M	0.48.28	1
H3	6003	428	THABISO	SETHUOA	CHILLIEP	M	34	SM	0.49.32	1
H4	6004	1347	LUVUYO	STEPHEN	NEDBANK	M	53	50-54M	0.52.11	1
H5	6005	433	NCUMISA	KEPE	CHILLIEP	F	43	40-44F	0.54.09	1
H6	6006	1469	MARGIE	SAUNDERS	NEDBANK	F	70	70+F	0.54.26	1
H7	6007	1250	PETER	VAN RENSBURG	ELITEAC	M	65	65-69M	0.54.40	1
H8	6008	51200	DOLLY	NDUDE	BUFFALO	F	51	50-54F	0.56.24	0
H9	6009	1448	THELMA	MCOPELO	NEDBANK	F	41	40-44F	0.56.25	1
H10	6010	1476	NOLIKHANYO	MDWAYI	NEDBANK	F	42	40-44F	0.57.21	1
H11	6011	1010	JAN	VAN EEDEN	NEDBANK	M	65	65-69M	0.57.52	1
H12	6012	2204	IVAN	MOSES	MADIBAZ	M	61	60-64M	0.59.16	1
H13	6013	903	KESVAL	CHETTY	CHARLO	M	59	55-59M	0.59.58	1
H14	6014	564	GAVIN	SILLS	RUN4C	M	50	50-54M	0.59.59	1
H15	6015	889	PETER	POHLMANN	CHARLO	M	60	60-64M	1.00.01	1
H16	6016	80200	MELANIE	BUITENDAGH	RUN4C	F	41	40-44F	1.00.44	1
H17	6017	556	ARTHUR	WILLIAMS	RUN4C	M	61	60-64M	1.00.52	1
H18	6019	871	RICHARD	DE ANDRADE	CHARLO	M	63	60-64M	1.06.36	1
H19	6020	100	LYNETTE	CRAUSE	INFINITY	F	64	60-64F	1.07.09	1
H20	6021	753	PLACXEDES	NDHLOVU	CRUSADE	F	49	45-49F	1.10.18	1
H21	6022	1464	DAVID	O'REILLY	NEDBANK	M	76	70+M	1.14.06	1
H22	6023	923	EVA	CHETTY	CHARLO	F	55	55-59F	1.14.16	1
H23	6024	420	NOMPUMEZO	MAXENGANA	CHILLIEP	F	34	SF	1.14.17	1
H24	6025	1333	MBULELO	SOBIKWA	NEDBANK	M	69	65-69M	1.14.37	1
H25	6026	1287	BANDILE	GWAMANDA	VWAC	M	54	50-54M	1.15.44	1
H26	6027	1403	JOHAN	FERREIRA	NEDBANK	M	62	60-64M	1.16.00	1
H27	6028	52097	NOLUBABALO	MTSHAKAZI	KOMANI	F	44	40-44F	1.18.33	0
H28	6030	995	BERNADETTE	LOOCK	CHARLO	F	44	40-44F	1.19.16	1
H29	6031	557	CHARLENE	RADEMEYER	RUN4C	F	42	40-44F	1.21.11	1
H30	6032	687	LISA	BEDFORD	RUN4C	F	49	45-49F	1.21.44	1
H31	6033	409	LILITHA	CEMBI	CHILLIEP	F	31	SF	1.22.31	1
H32	6034	910	RAE	LUCKMAN	CHARLO	F	53	50-54F	1.26.27	1
H33	6035	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	54	50-54F	1.26.48	1