

Prizes : NMB Choose to Challenge Baywest 10km						Date: 2024/11/02	
POS	NAME	SURNAME	CLUB	R/ NO	AGE	SEX	HMS
Category : Overall Men							
1	MELIKHAYA	FRANS	IKHAMVA AC	1	34	M	0.30.24
2	YANGA	MALUSI	REAL GIJIMAS	625	27	M	0.30.44
3	LITHEBE	MENZELELELI	IKHAMVA AC	3	25	M	0.30.56
4	ANDILE	MOTWANA	NEDBANK RC	2	27	M	0.31.23
5	SINAWO	POTI	IKHAMVA AC	4	22	M	0.31.52
Category : Overall Women							
1	LIZANDRE	MULDER	KOVSIES AC	245	27	F	0.36.11
2	NTOMBESINTU	MFUNZI	NEDBANK RC	59	42	F	0.39.42
3	REFELOE	SOLOMONS	NEDBANK RC	212	43	F	0.39.55
4	KAITLYN	WOLFF	ACHILLES AAA	495	22	F	0.40.14
5	LEIGH	CALLAGHAN	ACHILLES AAA	64	29	F	0.40.21
Category : Men 35 - 39							
1	RODNEY	PRINS	NEDBANK RC	470	36	M	0.34.02
2	THULANI	MDLALO	NEDBANK RC	274	39	M	0.34.54
3	LEBOHANG	SENTI	VUKANI MS CLUB	661	38	M	0.35.53
Category : Ladies 35 - 39							
1	THERESA	BUCHNER	32GI EP AC	148	39	F	0.43.37
2	JEN	VALLANCE	ST FRANCIS RC	706	37	F	0.45.50
3	INGE	WILLIAMS	NEDBANK RC	268	35	F	0.48.13
Category : Men 40 - 49							
1	XOLISA	NDLUMBINI	VUKANI MS CLUB	9	42	M	0.32.31
2	LUYANDA	TSHANGANA	IKHAMVA AC	5	41	M	0.33.03
3	MZWANELE	MAPHEKULA	IKHAMVA AC	7	48	M	0.33.26
Category : Ladies 40 - 49							
1	NTOMBESINTU	MFUNZI	NEDBANK RC	59	42	F	0.39.42
2	REFELOE	SOLOMONS	NEDBANK RC	212	43	F	0.39.55
3	LINDI	GEORGIOU	BODY CONCEPT	86	44	F	0.41.25
Category : Men 50 - 59							
1	PAUL	WOLFF	ACHILLES AAA	496	56	M	0.36.47
2	MAKHAYA	MASUMPA	EASY EQ	191	58	M	0.36.50
3	LUVUYO	DYANI	NEDBANK RC	275	54	M	0.37.52
Category : Ladies 50 - 59							
1	JENE	BANFIELD	RUN 4 CHRIST AC	678	54	F	0.47.21
2	SANETTE	RYAN	ELITE A C	256	54	F	0.50.05
3	SUZETTE	VICTOR	MADIBA BW	575	54	F	0.51.41
Category : Men 60 - 69							
1	DESMOND	ZIBI	IKHAMVA AC	8	61	M	0.36.11
2	MZOLI	MPALALA	BOXER AC	641	62	M	0.42.25
3	IAN	PATTERSON	MUIRITE STRIDER	745	61	M	0.44.00
Category : Ladies 60 - 69							
1	CHRISTINE	CLAASEN	NEDBANK RC	287	60	F	0.45.46
2	DEBRA JANE	CHRISTY	ST FRANCIS RC	152	60	F	0.52.39
3	BENITA	GERBER	ELITE A C	698	60	F	0.54.34
Category : Men 70 +							
1	HANNES	ELS	MADIBA BW	19	74	M	0.48.03
2	ROGER	TRADER	ACHILLES AAA	664	70	M	0.49.23
3	LEONARD	CONRADIE	BLUEWATER BAY	729	70	M	0.50.41
Category : Ladies 70 +							
1	JOS	ELS	MADIBA BW	18	72	F	1.07.31
2	CATHY	IVES	ACHILLES AAA	520	71	F	1.08.24
3	TINA	DERBYSHIRE	SAPS EC	78	70	F	1.14.30

POS	NAME	SURNAME	CLUB	R/ NO	AGE	SEX	HMS
Category : Junior Men							
1	SIYAVUYA	JEYI	MOTHERWELL AC	694	19	M	0.33.05
2	OKUHLE	DLOTO	TINARHA AC	2888	17	M	0.34.04
3	ENDINAKO	JOLA	MOTHERWELL AC	695	16	M	0.34.10
4	SEMIHLE	BEDA	TINARHA AC	2898	18	M	0.34.37
5	LUKHANYISO	APRIL	TINARHA AC	2887	16	M	0.34.44
Category : Junior Ladies							
1	ZINTLE	XHONTI	MOTHERWELL AC	696	16	F	0.46.08
2	CANDICE	DEYSEL	VARSITY COLLEGE	2877	14	F	0.46.56
3	CARLA	CLOTZ	SCHOOLS EPA	518	17	F	0.47.08
4	ABBIE	MITCHELL	ACHILLES AAA	640	17	F	0.47.40
5	ISIPHILE	TAMBO	ACT AC	913	16	F	0.51.41
Category : Men 80 +							
1	GODFREY	KARIEM	GELVAN AC	2892	84	M	1.35.16