NMB HALF MARATHON - GQEBERHA - 2025/06/28														
POS	RNO	Cat. Pos.	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	3 Km	13 Km	Finish	Pts	Pres
1	5	1		KAMOHELO	MOFOLO	LESOTHO	M	20	Open	00:08:45	00:37:37	01:00:52	0	0
2	13	2		DANIEL	PAULUS	NAMIBIA	M	28	Open	00:08:51	00:37:37	01:01:51	0	0
3	1	3		ROGERS	MUREI	KENYA	M	23	Open	00:08:51	00:37:37	01:02:00	0	0
4	25	4	509	SIMON	SIBEKO	MAXEDKZN	M	30	Open	00:08:57	00:38:18	01:02:30	0	0
5	11	5		TSEPO	RAMASHAMOLE	HOLLY	M	32	Open	00:08:51	00:38:12	01:02:33	0	0
6	12	6		SIMON	PAULUS	NAMIBIA	M	27	Open	00:08:59	00:38:36	01:02:52	0	0
7	142	7		TUKISO	MOTLOMELO	TEMP	M	29	Open	00:09:04	00:38:33	01:02:54	0	0
8	8	8		JOSEPH	SEUTLOALI	HOLLY	M	33	Open	00:08:51	00:38:03	01:03:12	0	0
9	69	9		PAKISO	MTHEMBU	KZNA	M	26	Open	00:09:00	00:38:50	01:03:29	0	0
10	3	1		MELIKHAYA	FRANS	IKHAMVA /EPA	M	35	35-39	00:08:52	00:38:51	01:03:42	5	25
11	16	10		PONTSHO	MOTAUNG	KZNA	M	24	Open	00:09:00	00:38:50	01:03:47	0	0
12	4	11		NAMAKOE	NKHASI	NEDINT	M	32	Open	00:08:51	00:39:19	01:04:17	0	0
13	76	2		LLOYD	BOSMAN	ASWD	M	37	35-39	00:08:52	00:38:34	01:04:40	0	0
14	70	12		THABANG	MATHEBULA	KZNA	M	34	Open	00:09:01	00:39:20	01:04:49	0	0
15	7	13		DINO	NAKO	POTCH	M	20	Open	00:09:00	00:39:00	01:04:58	0	0
16	72	3		DESMOND	MOKGOBU	TEMP	M	36	35-39	00:08:57	00:38:51	01:05:04	0	0
17	54	14		LUYOLO	NGCONGOLO	BORA	M	25	Open	00:09:04	00:39:54	01:05:32	0	0
18	17	15		SINAWO	POTI	IKHAMVA /EPA	M	23	Open	00:09:01	00:39:55	01:05:38	5	24
19	20	16		TAIKI	SUZIKI	MAXEDKZN	M	30	Open	00:09:01	00:39:54	01:05:40	0	0
20	18	17		ANDILE	MOTWANA	NEDBANK /EPA	M	28	Open	00:08:58	00:39:54	01:05:41	5	23
21	21	4		TEBOHO	NOOSI	MAXEDKZN	M	37	35-39	00:08:57	00:39:37	01:05:42	0	0
22	81	1	9680	RIRHANDZU	RHANGANI	SAPG	M	41	40-49	00:09:11	00:40:13	01:06:15	0	0
23	71	18		BONGINKOSI	MAVUSO	KZNA	M	28	Open	00:09:09	00:40:44	01:07:11	0	0
24	1055	2	2952	CHABELI	NYEDIMANE	NEDBOR	M	42	40-49	00:09:17	00:40:41	01:07:12	0	0
25	6	19		PUSELETSO	MOFOKENG	POTCH	M	32	Open	00:09:01	00:40:06	01:07:36	0	0
26	78	3	835	MOOROSI	SOKE	KOVSIES	M	42	40-49	00:09:01	00:40:38	01:07:36	0	0
27	56	20		MASIXOLE	XAYIYA	BORA	M	31	Open	00:09:12	00:41:26	01:07:50	0	0
28	435	21	50748	LIYEMA	QABAVANE	FORTH	M	20	Open	00:09:31	00:41:19	01:07:55	0	0
29	73	22		BRUCE	MABOZZA	ASWD	M	24	Open	00:09:20	00:41:26	01:08:25	0	0
30	15	23	50421	MATHOMO	DITHEBE	NWUPUK	M	19	Open	00:09:46	00:42:52	01:08:41	0	0
31	38	4		XOLISA	NDLUMBINI	CHARLO/EPA	M	43	40-49	00:09:20	00:41:35	01:09:03	5	22
32	1149	24	200	TEBOGO	MOFOLO	SAPSTR	M	34	Open	00:09:25	00:41:44	01:09:10	0	0
33	40	5		ANDRE	KETHEM	NEDBANK /EPA	M	41	40-49	00:09:09	00:41:11	01:09:28	5	21
34	41	6		MZWANELE	MAPHEKULA	IKHAMVA /EPA	M	48	40-49	00:09:43	00:42:26	01:10:12	5	20
35	610	25		MAAMA	MOSHOESHOE	TEMP	M	31	Open	00:10:01	00:42:53	01:10:35	0	0
36	1342	26	167	APHELELE	SEPTEMBER	ACT AC	M	20	Open	00:09:37	00:43:19	01:10:37	5	19
37	65	1		LILITHA	XENGXE	BORA	M	18	Junior	00:09:29	00:43:10	01:10:42	0	0
38	39	7		KHAYA	GQWETHA	VUKANI/EPA	M	40	40-49	00:09:36	00:43:13	01:10:46	5	18
39	124	27	1499	OYAMA	NTANTISO	NEDBANK	M	20	Open	00:09:36	00:43:13	01:10:54	5	17
40	35	5		RODNEY	PRINS	NEDBANK /EPA	M	36	35-39	00:09:36	00:43:50	01:12:14	5	16
41	9284	2	40168	ENDINAKO	JOLA	MOTHER	M	16	Junior	00:09:48	00:43:52	01:12:23	5	15
42	19	28		SIBAHLE	MAQWARA	NEDBANK /EPA	M	23	Open	-	-	01:12:26	5	14
43	30	29		ARCHIE	ZAKE	CHILLIEP/EPA	M	25	Open	00:09:49	00:43:53	01:12:29	5	13
44	60	8		BULELANI	MGUBO	BORA	M	42	40-49	00:09:38	00:43:19	01:12:31	0	0
45	74	30		WAYNE	APRIL	ASWD	M	21	Open	00:09:41	00:43:44	01:12:38	0	0
46	1466	31	3466	BOKANG	LISENE	TEMP	M	33	Open	00:09:52	00:43:52	01:12:40	0	0
47	31	3		SEMIHLE	BEDA	IKHAMVA /EPA	M	18	Junior	00:09:48	00:43:52	01:12:46	5	12
48	122	9	122	WILLARD	JUSSA	ASWD	M	43	40-49	00:10:08	00:44:28	01:12:59	0	0
49	9444	10	9444	SIMPHIWE	MAJIKI	TEMP	M	41	40-49	00:10:01	00:44:14	01:13:06	0	0
50	58	11		MNONOPHELI	ZUNGUZANE	BORA	M	42	40-49	00:09:39	00:44:14	01:13:27	0	0
51	33	4		BULUMKO	MALINGA	NEDBANK /EPA	M	18	Junior	00:09:48	00:44:36	01:13:51	5	11
52	62	12		MCOSELELI	LUYABA	BORA	M	43	40-49	00:10:15	00:44:52	01:13:56	0	0
53	220	6	52433	LUTHANDO	HEJANA	ORMAMBA	M	38	35-39	00:10:13	00:45:09	01:14:11	0	0
54	29	1		LAVINIA	HAITOPE	NAMIBIA	F	35	35-39	00:10:17	00:45:09	01:14:11	0	0
55	9286	5	40164	AGCOBILE	JEZILE	MOTHER	M	16	Junior	00:10:19	-	01:14:23	5	10
56	42	13		HOPEWELL	JABAVU	IKHAMVA /EPA	M	41	40-49	00:09:52	00:44:11	01:14:29	5	9
57	77	7		BERNARDO	FREDERICKS	ASWD	M	38	35-39	00:10:05	00:45:45	01:15:02	0	0
58	466	14	1488	MELIKHAYA	KEPE	NEDBANK	M	49	40-49	00:10:20	00:45:17	01:15:11	5	8
59	9299	32	3068	BUTSHABETHU	KAYI	VOLO	M	23	Open	00:10:20	00:45:12	01:15:13	5	7
60	59	15		XOLISILE	SINKINTANA	BORA	M	46	40-49	00:10:00	00:45:35	01:15:16	0	0
61	123	16	1335	ANELE	MALIZA	NEDBANK	M	47	40-49	00:09:59	00:45:12	01:15:36	5	6
62	1229	6	40089	CHRISTIANO	BROWN	VARSITY	M	17	Junior	00:10:33	00:46:30	01:15:46	5	5
63	389	17	2490	SAZISO	PANGINDAWO	ABSAEP	M	43	40-49	00:10:06	00:45:34	01:15:55	5	4
64	32	7		AVENATHI	ANTON	SIBALEKA/EPA	M	18	Junior	00:09:48	00:45:09	01:16:04	5	3
65	37	8		MASIXOLE	NTLOKO	IKHAMVA /EPA	M	35	35-39	00:10:03	00:45:12	01:16:09	5	2
66	338	33	701	NYASHA	MUKANDI	CRUSADE	M	33	Open	00:10:15	00:46:18	01:16:23	5	1
67	1457	18		TEBOHO	MPOKATHE	TEMP	M	41	40-49	00:10:13	00:46:01	01:16:28	0	0
68	9283	8	40167	HLOMLA	NCUMANI	MOTHER	M	18	Junior	00:10:19	00:45:14	01:16:30	5	0

69	503	34	50758	SIYABULELA	MNASE	FORTH	M	24	Open	00:10:00	00:45:15	01:16:51	0	0
70	799	35	460	TAKUNDA	MUBARE	CHILLIEP	M	21	Open	00:10:14	00:46:44	01:16:51	5	0
71	1021	36	242	AYABONGA	SAUL	KOWIE	M	22	Open	00:10:50	00:47:37	01:17:02	5	0
72	393	9	1931	SIYANDA	PETER	BLUEBAY	M	36	35-39	00:10:27	00:46:43	01:17:07	5	0
73	27	1		BUSISIWE	CHAMANE	KZNA	F	31	Open	00:10:30	00:46:50	01:17:07	0	0
74	43	1		NOEL	ADAMS	ELITEAC/EPA	M	53	50-59	00:10:22	00:46:44	01:17:10	5	0
75	1453	19		KITO	POOE	TEMP	M	42	40-49	00:10:26	00:46:34	01:17:27	0	0
76	9481	2	2216	ZOLILE	QWEBANI	SIBALEKA	M	54	50-59	00:10:37	00:47:17	01:17:37	5	0
77	1076	20	1941	MILA	PASIYA	SIBALEKA	M	45	40-49	00:11:00	00:47:17	01:17:37	5	0
78	75	37		EJ	PIETERSE	ASWD	M	34	Open	00:10:16	00:47:13	01:18:14	0	0
79	9372	21	2314	BATHANDWA	MOOI	VUKANI	M	40	40-49	00:10:39	00:47:36	01:18:19	5	0
80	1150	10	102	MABINA	MOKETE	NEDFAST	M	35	35-39	00:10:46	00:47:28	01:18:23	0	0
81	1447	38		KATLEHO	ELIA	TEMP	M	26	Open	00:09:41	00:45:58	01:18:25	0	0
82	117	2		MALINEO	MAHLOKO	MAXEDKZN	F	29	Open	00:10:37	00:47:28	01:18:31	0	0
83	46	1		DESMOND	ZIBI	IKHAMVA /EPA	M	61	60-69	00:10:53	00:47:34	01:18:53	5	0
84	465	39	174	VIWE	TEKO	ACT AC	M	27	Open	00:10:32	00:48:29	01:18:55	5	0
85	79	22		SAMUEL	MANDLAZI	ASWD	M	42	40-49	00:10:59	00:48:10	01:19:00	0	0
86	28	3		NWABISA	MJOLI	KZNA	F	33	Open	00:10:50	00:47:37	01:19:09	0	0
87	9348	11	280	ANELE	KHALIPA	MUIRITE	M	36	35-39	00:10:26	00:47:08	01:19:16	5	0
88	67	9		LUTHANDO	TYIKANA	BORA	M	17	Junior	00:10:23	00:48:10	01:19:17	0	0
89	1133	40	11996	JACOB	ERASMUS	UCT	M	22	Open	00:11:14	00:48:26	01:19:20	0	0
90	112	3	1255	ERROL	WHITTAL	ELITEAC	M	50	50-59	00:10:53	00:48:09	01:19:22	5	0
91	57	41		TUMELO	JANSEN	BORA	M	25	Open	00:09:30	00:44:11	01:19:31	0	0
92	1095	42	2595	TANYA	KUFA	MADIBAZ	M	23	Open	00:10:54	00:48:19	01:19:40	4	0
93	1099	4	3651	BANELE	MABIZELA	BLACKD	F	26	Open	00:11:00	00:48:35	01:19:45	0	0
94	520	23	1391	MNCEDI	KHANTI	NEDBANK	M	45	40-49	00:10:31	00:47:28	01:19:53	5	0
95	869	43	1912	WILLIAM	ZEELIE	TV	M	27	Open	00:11:29	00:49:15	01:19:55	0	0
96	1053	44	1729	BULELA	NGCONGO	ORMAMBA	M	21	Open	00:10:27	00:47:08	01:20:11	0	0
97	179	45	1482	JEANDRY	DEERLING	NEDBANK	M	33	Open	00:10:17	00:47:22	01:20:20	4	0
98	519	10	40223	MATTHEW	WOLFE	STEL	M	19	Junior	00:10:39	00:48:21	01:20:25	0	0
99	106	46	376	REUBEN	STANDER	IKHAMVA	M	22	Open	00:10:31	00:49:35	01:20:57	4	0
100	162	4	91321	XOLILE	NDINGANE	NEDBANK	M	53	50-59	00:11:00	00:49:01	01:21:07	5	0
101	239	24	2884	ASHANAFI	JONE	UNKNOWN	M	41	40-49	00:11:37	00:49:31	01:21:21	0	0
102	9287	11	40162	SINOMTHA	BOLTINA	MOTHER	M	16	Junior	00:11:46	00:50:40	01:21:22	4	0
103	235	12	2904	THOKO	SIPUNGU	ALBANY	M	35	35-39	00:11:49	00:49:57	01:21:33	4	0
104	9338	25	217	SAPHO	NKATA	CSEP	M	48	40-49	00:12:11	00:50:12	01:21:44	5	0
105	1346	12	709	BRAYDON	KAMPHER	KNYSNA	M	16	Junior	00:11:32	00:50:27	01:21:46	0	0
106	36	13		LEBOHANG	SENTI	IKHAMVA /EPA	M	38	35-39	00:10:33	00:49:11	01:21:46	4	0
107	91	1		REFELOE	SOLOMONS	NEDBANK /EPA	F	44	40-49	00:11:31	00:50:32	01:21:46	5	25
108	845	47	2892	MASIXOLE	MTSHEMLA	UNKNOWN	M	32	Open	00:11:22	00:50:32	01:21:47	0	0
109	63	5		GCINUMZI	DEKEDA	BORA	M	55	50-59	00:10:55	00:49:06	01:21:56	0	0
110	9201	26	6119	MELIKHAYA	JANDICK	GUGS	M	40	40-49	00:11:31	00:50:28	01:22:04	0	0
111	83	5		ANDISIWE	NJUNGUZA	KZNA	F	27	Open	00:11:00	00:49:41	01:22:04	0	0
112	515	14	2690	JEMAIN	WILSON	VITALITY	M	37	35-39	00:11:31	00:50:05	01:22:09	4	0
113	44	6		SANDISO	NGXISHE	CHILLIEP/EPA	M	55	50-59	00:11:14	00:50:00	01:22:29	5	0
114	1372	13	40090	JANCO	LANDMAN	VARSITY	M	16	Junior	00:11:59	00:51:10	01:22:37	4	0
115	669	48	50745	LIME	VALUVALU	FORTH	M	21	Open	00:10:36	00:50:19	01:22:53	0	0
116	80	27		MELIKHAYA	MSIZI	ASWD	M	41	40-49	00:11:02	00:50:28	01:22:57	0	0
117	509	28	282	ABDUL	WICOMB	MUIRITE	M	46	40-49	00:11:33	00:50:57	01:23:14	5	0
118	328	29	74	TUMELO	MOCHELENYANE	SAPPE	M	42	40-49	00:11:51	00:50:59	01:23:21	5	0
119	1182	30	2965	WANDILE	FUNDE	NEDBANK	M	49	40-49	00:11:14	00:50:01	01:23:27	5	0
120	9341	31	1807	THAMSANQA	MANGI	BATHURST	M	41	40-49	00:12:07	00:50:26	01:23:27	5	0
121	322	49	1073	CONNOR	MITCHELL	ACH	M	21	Open	00:11:59	00:51:20	01:23:35	3	0
122	238	50	2089	SIPHESIHLE	JOJA	SANDFEP	M	26	Open	00:11:45	00:51:04	01:23:36	3	0
123	109	32	1443	DENYS	WOLMARANS	NEDBANK	M	46	40-49	00:11:08	00:50:05	01:23:37	5	0
124	1371	15	1566	JACOBUS	SEVENSTER	BFNSTR	M	39	35-39	00:11:48	00:51:10	01:23:41	0	0
125	1383	6	2486	LOUZANNE	COETZEE	BFNSTR	F	32	Open	00:11:48	00:51:10	01:23:41	0	0
126	835	14	40087	HENRICO	LOUW	VARSITY	M	17	Junior	00:11:59	00:51:35	01:24:35	3	0
127	9418	51	9418	MORGAN	CAMPBELL	TEMP	M	33	Open	00:11:42	00:51:42	01:24:53	0	0
128	798	52	459	ZIBELE	MASELE	CHILLIEP	M	23	Open	00:11:21	00:51:15	01:24:55	3	0
129	1422	53		JAN	NEL	TEMP	M	33	Open	00:12:34	00:53:04	01:24:59	0	0
130	778	33	1071	DALE	MOULTON	ACH	M	45	40-49	00:11:43	00:51:50	01:25:02	5	0
131	479	34	53051	SIYABONGA	TUNZI	SAPSTR	M	41	40-49	00:11:17	00:51:26	01:25:06	0	0
132	743	7	931	ANDILE	NYOKA	CHARLO	M	52	50-59	00:12:14	00:52:13	01:25:13	5	0
133	993	54		PATLI	NGOBENI	TEMP	M	34	Open	00:11:48	00:51:57	01:25:18	0	0
134	9300	55	2023	VUYISANI	NOBI	VOLO	M	33	Open	00:12:13	00:52:41	01:25:33	3	0
135	911	35	1213	SEBASTIAN	KLEU	ELITEAC	M	49	40-49	00:12:28	00:53:12	01:25:34	5	0
136	119	7	1081	KAITLYN	WOLFF	ACH	F	22	Open	00:11:43	00:52:18	01:25:51	5	24
137	88	2	814	BIANCA	MEISTRE	32GI/ EPA	F	39	35-39	00:11:22	00:51:44	01:25:59	5	23
138	9364	56	2670	NICO	BURDEN	VITALITY	M	30	Open	00:12:05	00:51:57	01:26:05	3	0

139	196	15	40023	REECE	FREEMAN	ACT AC	M	17	Junior	00:11:45	00:51:57	01:26:06	3	0
140	47	2		MUTEKILE	RASMENI	NEDBANK /EPA	M	60	60-69	00:11:41	00:51:57	01:26:07	5	0
141	84	8		KAYLA	VAN RENSBURG	CHARLO/EPA	F	31	Open	00:11:44	00:52:00	01:26:08	5	22
142	103	2		CARYN	LATEGAN	BORA	F	43	40-49	00:12:26	00:53:15	01:26:13	0	0
143	104	3		LAUREN	RANGER	BORA	F	40	40-49	00:12:26	00:53:15	01:26:13	0	0
144	1336	57	1370	SIPHIWO	MNYUMBELA	NEDBANK	M	28	Open	00:11:19	00:53:20	01:26:44	3	0
145	1201	58	1768	DAMIAN	OLIVER	GELVAN	M	34	Open	00:12:23	00:52:17	01:26:47	3	0
146	334	8	659	MARLON	MORTLOCK	KNYSNA	M	51	50-59	00:12:52	00:54:10	01:26:49	0	0
147	452	59	677	JOHANNES	SMUTS	ALBANY	M	32	Open	00:13:53	00:55:49	01:26:53	3	0
148	82	3		SILINDILE	BIYELA	KZNA	F	38	35-39	00:11:39	00:52:23	01:26:54	0	0
149	125	16	1330	RUAN	SMALBERGER	NEDBANK	M	35	35-39	00:12:11	00:53:30	01:26:59	3	0
150	9228	36		Christo	Nel	TEMP	M	41	40-49	00:12:10	00:53:00	01:27:02	0	0
151	1139	9	1168	SLULAMI	JACK	TRANSNET	M	50	50-59	00:12:29	00:53:34	01:27:21	5	0
152	64	3		PHILLIP	QUVANA	BORA	M	61	60-69	00:11:34	00:52:02	01:27:27	0	0
153	9449	60	2292	ATHINI	MABALA	VUKANI	M	31	Open	00:12:38	00:54:45	01:27:29	3	0
154	92	4		NTOMBESINTU	MFUNZI	NEDBANK /EPA	F	43	40-49	00:12:07	00:53:24	01:27:29	5	21
155	9482	61	8083	ZOLANI	KOLOSA	TEMP	M	31	Open	00:11:06	00:51:51	01:27:29	0	0
156	1328	10	1110	HASSAN	NDZAKANA	NEDBOR	M	55	50-59	00:12:26	00:52:22	01:27:35	0	0
157	283	62	1847	MHLENGI	MAHLABA	HOLLYWOO	M	33	Open	00:12:38	00:54:45	01:27:42	3	0
158	110	37	1465	HENRY	CRAUSE	NEDBANK	M	42	40-49	00:12:29	00:53:35	01:27:48	3	0
159	946	38		MARTIN	DE BRUIN	TEMP	M	44	40-49	00:11:36	00:52:29	01:28:04	0	0
160	1142	11	1359	JOEY	KLAASEN	NEDRCSWD	M	54	50-59	00:12:16	00:54:10	01:28:06	0	0
161	85	9		DANE	CRONJE	CHARLO/EPA	F	28	Open	00:11:45	00:53:37	01:28:13	5	20
162	1197	17	205	ZUKISANI	NJOKWENI	CSEP	M	36	35-39	00:12:38	00:54:46	01:28:14	3	0
163	183	12	1480	AUGUST	ESAU	NEDBANK	M	54	50-59	00:12:12	00:53:46	01:28:14	5	0
164	61	4	486	MZOLI	MPALALA	BORA	M	63	60-69	00:11:49	00:54:02	01:28:18	0	0
165	925	63		MEYRICK	MURCH	TEMP	M	30	Open	00:11:52	00:53:22	01:28:26	0	0
166	775	16		JOEL	MAREE	TEMP	M	19	Junior	00:13:23	00:53:32	01:28:27	0	0
167	904	64		SIPHESIHLE	SOFUTE	TEMP	M	28	Open	00:11:55	00:53:24	01:28:30	0	0
168	340	39	3001	DARYL	MULDER	HOLLYWOO	M	45	40-49	00:12:42	00:54:53	01:28:31	4	0
169	335	13	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	59	50-59	00:11:45	00:52:30	01:28:36	5	0
170	377	14	1008	CHRISTIAAN	JOUBERT	BODYCON	M	50	50-59	00:12:40	00:54:46	01:28:38	4	0
171	999	40		ZANE	SCHWARZ	TEMP	M	40	40-49	00:12:23	00:54:30	01:28:44	0	0
172	86	1	40085	ABBIE	MITCHELL	MADIBAZ/EPA	F	18	Junior	00:12:16	00:54:47	01:28:46	5	19
173	831	65	399	TYRONE	KUNNEKE	IKHAMVA	M	33	Open	00:12:22	00:53:35	01:28:47	3	0
174	234	18	9252	SYLVESTER	JEFFRIES	TV	M	38	35-39	00:11:38	00:52:46	01:28:52	0	0
175	90	5		TRACEY	CAMPBELL	NEDBANK /EPA	F	44	40-49	00:12:27	00:54:30	01:29:01	5	18
176	285	19	2863	QAWE	MAJIZA	ADVEN	M	38	35-39	00:13:29	00:55:15	01:29:32	3	0
177	884	66		JASON	KOLM	TEMP	M	28	Open	00:13:59	00:55:38	01:29:34	0	0
178	114	67	9696	BRIAN	SAUNDERS	AAC	M	33	Open	00:12:27	00:54:39	01:29:37	0	0
179	804	41	1554	THABO	BOOI	NEDBOR	M	41	40-49	00:13:13	00:55:24	01:29:45	0	0
180	484	68	1220	ANDREW	UITHALER	ELITEAC	M	33	Open	00:12:57	00:55:35	01:29:45	3	0
181	1068	5	39	PETER	JAEHNE	OUTENH	M	60	60-69	00:12:42	00:55:10	01:29:49	0	0
182	1226	15	1381	JOHN	DU PREEZ	NEDBANK	M	59	50-59	00:12:03	00:53:24	01:29:56	5	0
183	741	69	897	NKONGELEKO	NGCOSHOLO	CHARLO	M	34	Open	00:14:21	00:56:34	01:30:08	3	0
184	1052	70	52983	QHAYIYA	NCAME	KOMANIR	M	27	Open	00:14:09	00:56:34	01:30:24	0	0
185	9235	71		CALLAN	DEWAR	TEMP	M	28	Open	00:13:02	00:55:50	01:30:34	0	0
186	1152	42	1460	SAMORA	MZALAZALA	NEDBANK	M	42	40-49	00:12:29	00:54:30	01:30:42	3	0
187	9427	20	50117	ODWA	SIDZIYA	ZWELONKE	M	39	35-39	00:14:15	00:56:09	01:30:53	0	0
188	1073	72	431	ATHULE	NTSHUNTSHA	CHILLIEP	M	28	Open	00:12:23	00:54:39	01:31:02	3	0
189	270	43	455	THAPELO	LESIA	CHILLIEP	M	40	40-49	00:12:38	00:54:57	01:31:03	3	0
190	1131	73	2702	MICHAEL	DURRHEIM	VITALITY	M	28	Open	00:12:49	00:55:47	01:31:11	3	0
191	1309	21	2691	SIPHESIHLE	BULOSE	VITALITY	M	36	35-39	00:12:10	00:54:28	01:31:15	3	0
192	1356	44	1130	DARYL	NORTH	ACH	M	48	40-49	00:13:42	00:56:24	01:31:19	4	0
193	49	45	1425	DARRYL	BAGLEY	NEDBANK	M	49	40-49	00:12:01	00:54:46	01:31:22	4	0
194	141	4	141	ANNA	MOEKETSI	MURRYROB	F	39	35-39	00:11:32	00:53:20	01:31:25	0	0
195	34	17		NICK	SEPTEMBER	ATLANTIC/EPA	M	18	Junior	00:11:46	00:55:22	01:31:26	3	0
196	121	5	1489	ANNEMIE	HOLTZHAUSEN	NEDBANK	F	39	35-39	00:12:52	00:55:50	01:31:29	5	17
197	326	46	19560	LEHLOHONOLO	HLONGIE MNTUNDINI	TV	M	44	40-49	00:13:07	00:56:12	01:31:30	0	0
198	94	1		MICHELLE	HOWES	NEDBANK /EPA	F	57	50-59	00:13:48	00:57:11	01:31:46	5	16
199	746	74	875	MATTHEW	RODGERS	CHARLO	M	23	Open	00:12:09	00:55:53	01:31:51	2	0
200	165	22	2251	BABONKE	DINGA	VUKANI	M	36	35-39	00:11:49	00:54:24	01:31:52	3	0
201	9207	23	273	ROBERT	SLABBERT	MUIRITE	M	38	35-39	00:13:48	00:57:11	01:31:58	3	0
202	480	75	101	AIDAN	TUOHY	VARSITY	M	28	Open	00:13:19	00:56:52	01:31:59	2	0
203	1034	6	18	ANGELIQUE	NORTON	OXFORD	F	35	35-39	00:13:09	00:56:02	01:32:15	0	0
204	9432	24	1848	PHAPHAMA	GLADILE	HOLLYWOO	M	35	35-39	00:13:41	00:56:31	01:32:27	3	0
205	599	76		PAUL	MARE	TEMP	M	32	Open	00:12:44	00:55:20	01:32:31	0	0
206	368	77	1943	LUYANDA	NGESI	BLUEBAY	M	32	Open	00:13:51	00:57:12	01:32:37	2	0
207	321	47	1436	NTSIKELELO	SEBE	NEDBANK	M	42	40-49	00:11:47	00:54:26	01:32:38	3	0
208	1302	78	51320	STANDIWE	BANGISO	STUT	M	23	Open	00:13:20	00:55:19	01:32:38	0	0

209	1237	25	50178	THOLAKELE	SITELA	CHEETAHS	M	35	35-39	00:12:42	00:55:53	01:32:39	0	0
210	9301	16	976	WARREN	BAARTZES	CHARLO	M	54	50-59	00:12:56	00:56:30	01:32:40	4	0
211	9209	79	545	RUHAN	VAN RENSBURG	RUN4C	M	33	Open	00:13:09	00:55:01	01:32:41	2	0
212	1110	17	15588	BUYISILE	NGESI	STDBANK	M	56	50-59	00:12:23	00:55:51	01:32:46	0	0
213	1156	10	1312	ANKE	SERFONTEIN	MATIES	F	20	Open	00:12:49	00:55:40	01:32:51	0	0
214	9460	80	8073	SIYANDISWA	NONKELELA	TEMP	M	25	Open	00:14:21	00:57:11	01:32:56	0	0
215	1235	81	2506	SINETHEMBA	NGXONI	MADIBAZ	M	28	Open	00:18:38	00:58:41	01:33:01	2	0
216	1097	48	364	FIKILE	MABHULA	IKHAMVA	M	42	40-49	00:13:11	00:55:34	01:33:06	3	0
217	1477	18	1341	ELON	UITHALER	NEDBANK	M	18	Junior	00:14:00	00:56:51	01:33:06	2	0
218	1330	82	2389	FRANCOIS	PRETORIUS	JBAY	M	33	Open	00:13:27	00:57:15	01:33:07	2	0
219	1114	19	40504	DANIEL	RICHTER	SCHOOL	M	17	Junior	00:12:23	00:54:33	01:33:08	2	0
220	1446	83		LISAKHILE	KALIPA	TEMP	M	21	Open	00:14:02	00:59:13	01:33:11	0	0
221	115	6	1340	WELCOME	LOLIWE	NEDBANK	M	60	60-69	00:12:22	00:55:58	01:33:12	5	0
222	343	26	693	TONDERAI	MUSARURWA	ALBANY	M	39	35-39	00:12:57	00:54:30	01:33:22	3	0
223	323	18	1069	WAYNE	MITCHELL	ACH	M	52	50-59	00:13:09	00:56:27	01:33:30	4	0
224	734	19	898	PATRIC	MAKWENKWE	CHARLO	M	59	50-59	00:14:54	00:58:29	01:33:36	5	0
225	902	27		MATTHEW	SHEDLOCK	TEMP	M	37	35-39	00:12:49	00:57:12	01:33:45	0	0
226	9221	20	829	WYNAND	DUPREEZ	32GI	M	52	50-59	00:12:50	00:56:43	01:33:53	4	0
227	1424	84		SEAN	ROSS	TEMP	M	34	Open	00:13:44	00:58:29	01:33:53	0	0
228	163	6	2640	JACQUI	DERSLEY	HOLLY	F	46	40-49	00:13:42	00:58:19	01:33:55	0	0
229	625	20		BENJAMIN	RISTOW	TEMP	M	18	Junior	00:13:53	00:59:14	01:34:09	0	0
230	1375	28	1647	JUSTIN	LEESON	MADIBA	M	39	35-39	00:13:20	00:57:20	01:34:41	2	0
231	400	21	1957	HENRY	PIENAAR	BLUEBAY	M	53	50-59	00:12:54	00:57:08	01:34:47	4	0
232	407	29	2514	TEDDY	PRUSENT	MADIBAZ	M	37	35-39	00:15:31	00:59:12	01:34:55	2	0
233	982	30		RYAN	MAC GEOGHEGAN	TEMP	M	39	35-39	00:13:36	00:57:21	01:34:56	0	0
234	441	85	2034	DANTON	SEPTEMBER	MUIRITE	M	31	Open	00:11:43	00:53:42	01:35:00	2	0
235	841	86	160	JONGI	MNYATHELI	CHEETAHS	M	30	Open	00:13:55	00:58:39	01:35:02	0	0
236	396	49	539	SERGIO	PETERSON	RUN4C	M	47	40-49	00:14:06	00:59:13	01:35:18	3	0
237	9298	50	1431	GIDEON	MENGO	NEDBANK	M	47	40-49	00:12:38	00:55:54	01:35:22	3	0
238	300	11	7164	HIELDE	MARAIS	MAVERICK	F	24	Open	00:12:49	00:56:30	01:35:24	0	0
239	1225	22	1384	LESLEY	KOESEBA	NEDBANK	M	52	50-59	00:12:21	00:53:10	01:35:25	4	0
240	325	31	1281	KHOLO	MNENO	CHILLIEB	M	37	35-39	00:12:52	00:55:59	01:35:37	0	0
241	48	7	2501	GRAHAM	TERBLANCHE	MADIBAZ/EPA	M	60	60-69	00:13:06	00:58:14	01:35:46	5	0
242	9343	87	2020	CHRISTI	JANSE VAN RENSBURG	SAPPE	M	26	Open	00:13:25	00:57:29	01:35:46	2	0
243	93	7		THERESA	BUCHNER	32GI/ EPA	F	40	40-49	00:12:13	00:56:53	01:35:55	4	15
244	689	51	546	ANOLD	CHIYAMA	RUN4C	M	40	40-49	00:14:27	00:59:30	01:35:58	2	0
245	1017	88	1916	BULELANI	MTSHWANE	SPAREC	M	34	Open	00:14:22	00:58:58	01:35:58	2	0
246	1384	52	2847	LUTHANDO	SIKIWE	DESPATCH	M	40	40-49	00:14:34	00:59:25	01:36:00	2	0
247	1163	32	1461	VUYISILE	SIMAYILE	NEDBANK	M	38	35-39	00:12:38	00:57:31	01:36:01	2	0
248	1345	53	711	BRANDON	KAMPHER	KNYSNA	M	44	40-49	00:12:52	00:58:44	01:36:04	0	0
249	9447	54	2328	MZWANELE	NQOQO	VUKANI	M	47	40-49	00:13:07	00:58:45	01:36:08	3	0
250	555	89		SETH	DA SILVA	TEMP	M	25	Open	00:14:13	00:59:38	01:36:18	0	0
251	9285	2	40166	ZINTLE	XHONTI	MOTHER	F	16	Junior	00:12:27	00:57:12	01:36:33	3	14
252	1343	23	1750	BASIL	STEVENS	GELVAN	M	53	50-59	00:14:35	01:01:10	01:36:39	3	0
253	152	55	125	FUARD	DE JAGER	MALABAR	M	46	40-49	00:13:45	00:58:56	01:36:45	3	0
254	751	24	989	Brett	Steyn	CHARLO	M	50	50-59	00:14:59	00:59:04	01:36:46	3	0
255	1473	7	3473	MICHELLE	REED	TEMP	F	39	35-39	00:14:31	01:00:30	01:36:57	0	0
256	1100	90	1925	AFRICA	MANDLA	BLUEBAY	M	22	Open	00:14:13	00:59:21	01:36:58	2	0
257	95	2	774	PAULINE	TUNSTEAD	32GI/ EPA	F	54	50-59	00:13:53	00:59:43	01:37:03	5	13
258	797	56	1652	HEIN	LODEWYKS	MADIBA	M	42	40-49	00:14:49	00:59:49	01:37:09	2	0
259	774	33	3774	BYRON	COUFMANN	TEMP	M	38	35-39	00:14:42	01:00:41	01:37:26	0	0
260	408	91	442	MSINDISI	QALINGE	CHILLIEP	M	30	Open	00:13:44	00:59:33	01:37:28	2	0
261	403	57	1477	MARIO	PLAATJIES	NEDBANK	M	44	40-49	00:12:23	00:57:21	01:37:29	2	0
262	963	92		NKCUBEKO	BARA	TEMP	M	28	Open	00:13:18	00:57:24	01:37:37	0	0
263	1376	8	831	KATHERINE	VAN DER WALT	32GI	F	49	40-49	00:13:52	00:59:46	01:37:38	5	12
264	100	1	1469	MARGIE	SAUNDERS	NEDBANK /EPA	F	71	70-79	00:13:52	00:59:43	01:37:43	5	11
265	9269	58	1845	MAWETHU	PLATYI	HOLLYWOO	M	44	40-49	00:13:42	00:59:20	01:37:44	2	0
266	1278	12		JENNY	DU TOIT	TEMP	F	24	Open	00:13:31	00:58:33	01:37:48	0	0
267	822	13	178	HAYLEY	HOOLE	OXFORD	F	24	Open	00:14:17	01:01:04	01:37:53	0	0
268	297	93	1775	CLARENCE	MANUEL	GELVAN	M	31	Open	00:12:23	00:59:19	01:37:58	2	0
269	763	59	380	MAYILA	MBOLEKWA	IKHAMVA	M	46	40-49	00:13:02	00:58:58	01:38:06	3	0
270	279	60	2679	VUYANI	MAFANI	VITALITY	M	44	40-49	00:13:32	00:59:15	01:38:06	2	0
271	1391	34		STEPHEN	BULBRING	TEMP	M	38	35-39	00:14:27	01:01:10	01:38:08	0	0
272	1257	25		NIEL	VENTER	TEMP	M	53	50-59	00:14:57	01:01:45	01:38:10	0	0
273	903	26		KENTY	SIVERIO	TEMP	M	51	50-59	00:14:42	01:01:29	01:38:13	0	0
274	9325	94	985	CHRISTOFF	PUREN	CHARLO	M	34	Open	00:14:40	01:01:56	01:38:15	2	0
275	1157	9	2311	SITHA	SIGENU	VUKANI	F	41	40-49	00:13:51	01:00:08	01:38:15	4	10
276	376	61	259	LINDIKHAYA	NTEYI	TINARHA	M	46	40-49	00:13:42	00:58:34	01:38:15	3	0
277	332	62	2082	SEITSHIRO	MOLEMI	SANDFEP	M	41	40-49	00:13:23	00:58:22	01:38:16	2	0
278	1180	27	1038	PHILLIP	DU PLESSIS	XCEL	M	54	50-59	00:15:17	01:01:11	01:38:17	3	0

279	502	28	806	LEON	VOULTSOS	32GI	M	51	50-59	00:13:53	01:00:05	01:38:26	3	0
280	695	8	561	CHANTELL	CLOETE	RUN4C	F	39	35-39	00:14:16	01:00:23	01:38:38	3	9
281	1412	14		JORDAN	LE CLUS	TEMP	F	31	Open	00:15:02	01:01:31	01:38:41	0	0
282	120	15		CALEY	TAYLOR	TEMP	F	27	Open	00:13:31	01:00:45	01:38:41	0	0
283	745	29	957	PIERRE	RENSHAW	CHARLO	M	51	50-59	00:14:25	01:00:53	01:38:44	3	0
284	870	95		AMSTRONG	BANGISO	TEMP	M	22	Open	00:13:56	00:59:25	01:38:50	0	0
285	567	16		MICHELLE	GELDENHUYS	TEMP	F	28	Open	00:13:56	00:59:43	01:38:53	0	0
286	1471	63	3471	LESLIE	NYOKA	TEMP	M	45	40-49	00:13:54	01:00:28	01:38:55	0	0
287	721	30	982	CHARLES	CORBY	CHARLO	M	54	50-59	00:14:40	01:01:56	01:39:07	3	0
288	105	3		MICHELLE	CONROY	BORA	F	50	50-59	00:14:24	01:01:12	01:39:08	0	0
289	131	4	1618	SUZETTE	VICTOR	MADIBA	F	55	50-59	00:14:01	01:01:04	01:39:12	5	8
290	9226	31	1009	Jacob	Abraham	BODYCON	M	58	50-59	00:13:54	00:59:56	01:39:13	4	0
291	1082	64	223	DYLAN	COX	KOWIE	M	40	40-49	00:14:04	01:00:15	01:39:16	2	0
292	471	17	50744	JAMES	IKHO	FORTH	F	20	Open	00:13:02	01:00:00	01:39:18	0	0
293	45	1		STICKS	STIGLING	BODYCON/EPA	M	70	70-79	00:13:42	01:00:25	01:39:18	5	0
294	324	21	2480	ALULUTO	MKIVA	ABSAEP	M	18	Junior	00:12:05	00:59:22	01:39:22	2	0
295	861	65	1293	THEMBINKOSI	STOKWE	VWAC	M	46	40-49	00:13:22	01:01:03	01:39:27	2	0
296	97	1		CHRISTINE	CLAASEN	NEDBANK /EPA	F	60	60-69	00:13:41	01:00:32	01:39:30	5	7
297	108	2		ANNATJIES	BOTES	ASWD	F	67	60-69	00:13:47	01:01:04	01:39:33	0	0
298	272	35	148	ABDURAGHMAAN	LILLAH	MALABAR	M	35	35-39	00:14:27	01:01:11	01:39:37	2	0
299	9213	96	451	SIPHE	MZAYIDUME	CHILLIEP	M	31	Open	00:15:16	01:01:10	01:39:37	2	0
300	873	66		JAMES	BILSBURY	TEMP	M	41	40-49	00:14:55	01:02:35	01:39:40	0	0
301	1119	32	2059	ELBE	STRYDOM	STFRANCIS	M	53	50-59	00:14:31	01:02:14	01:39:41	3	0
302	1171	18	835	LIEBE	VENTER	32GI	F	23	Open	00:14:38	01:00:13	01:39:43	3	6
303	9429	67	8060	PATRICK	VIANELLO	TEMP	M	40	40-49	00:13:59	01:00:19	01:39:59	0	0
304	1175	36	1779	GERSHWIN	BOOYSEN	GELVAN	M	37	35-39	00:15:19	01:01:53	01:40:05	2	0
305	735	10	952	CINDY	MARAIS	CHARLO	F	48	40-49	00:16:09	01:02:22	01:40:06	4	5
306	1085	33	1228	CLIVE	DE LANGE	ELITEAC	M	53	50-59	00:14:30	01:01:22	01:40:09	3	0
307	956	97		ABONGILE	NGCAMBU	TEMP	M	26	Open	00:16:22	01:02:33	01:40:09	0	0
308	1212	68	16683	MICHAEL	TEUBES	PIR	M	48	40-49	00:14:38	01:02:49	01:40:10	0	0
309	851	98	1159	PAUL	ROSSOUW	JBAY	M	26	Open	00:15:06	01:02:39	01:40:23	2	0
310	9256	99	1143	HISHAAN	BHANA	CHARLO	M	28	Open	00:15:07	01:02:55	01:40:29	2	0
311	875	100		ROBIN	BUYS	TEMP	M	32	Open	-	01:03:42	01:40:31	0	0
312	1155	19	821	CANDICE	RICHARDS	32GI	F	32	Open	00:13:52	01:00:27	01:40:37	2	4
313	440	101	1944	MUSA	SENTI	BLUEBAY	M	32	Open	00:13:51	00:59:40	01:40:40	2	0
314	776	102		DINO	MAGNUS	TEMP	M	30	Open	00:13:46	01:01:41	01:40:40	0	0
315	1075	5	7799	MARJORIE	PRINS	NEDRCWP	F	57	50-59	00:14:18	01:01:44	01:40:44	0	0
316	1487	11		LUMARIE	ALERS	TEMP	F	42	40-49	00:14:28	01:01:43	01:40:44	0	0
317	1012	69	1762	SIMBONGILE	MDLETYE	ORMAMBA	M	41	40-49	00:15:12	01:01:55	01:40:45	0	0
318	906	103		ALEX	SWART	TEMP	M	29	Open	00:15:06	01:02:39	01:40:46	0	0
319	718	104	888	RAHUL	BHANA	CHARLO	M	21	Open	00:15:17	01:02:55	01:40:46	2	0
320	739	37	938	THOBELO	MFIKILI	CHARLO	M	38	35-39	00:14:10	01:01:02	01:40:52	2	0
321	446	38	604	LUYANDA	SINEKE	ASPEN	M	39	35-39	00:15:12	01:01:54	01:40:54	2	0
322	1357	70	1422	DEON	HOLTZHAUSEN	NEDBANK	M	40	40-49	00:14:37	01:01:10	01:41:00	2	0
323	9383	71	3519	DENVER	SEARLE	TEMP	M	42	40-49	00:14:07	01:02:46	01:41:05	0	0
324	1067	34	1052	CHRISTIAN	DU PREEZ	XCEL	M	55	50-59	00:13:59	01:01:16	01:41:07	3	0
325	450	35	1136	JENIEL	SMIT	UNISA	M	59	50-59	00:16:03	01:02:49	01:41:08	0	0
326	52	2		ROGER	TRADER	ACH/EPA	M	71	70-79	00:14:02	01:01:44	01:41:10	5	0
327	223	36	619	BRETT	HOLMES	ASPEN	M	51	50-59	00:13:48	00:59:22	01:41:13	3	0
328	536	105		FUNEKA	BEFILI	TEMP	M	33	Open	00:14:21	01:01:04	01:41:13	0	0
329	1316	37	1114	MILES	HOLLINS	ACH	M	52	50-59	00:14:37	01:02:34	01:41:13	3	0
330	420	20	281	MONIQUE	RICHARDSON	MUIRITE	F	29	Open	00:14:18	01:01:29	01:41:20	2	3
331	1385	72	2890	LWAZI	MBAMBO	UNKNOWN	M	40	40-49	00:13:32	01:01:08	01:41:24	0	0
332	824	38	1762	ASHWELL	JONAS	GELVAN	M	52	50-59	00:14:53	01:01:50	01:41:24	3	0
333	160	73	1457	RICHARD	MAZUNGULA	NEDBANK	M	48	40-49	00:13:26	01:01:32	01:41:30	2	0
334	9380	74	3521	NKOSANA	BUKANI	TEMP	M	43	40-49	00:12:52	00:59:59	01:41:31	0	0
335	9389	106	9389	MARK	MALHEREBE	TEMP	M	20	Open	00:14:47	01:04:21	01:41:31	0	0
336	788	39	1764	VERNON	NEWFELDT	GELVAN	M	59	50-59	00:14:49	01:02:05	01:41:36	3	0
337	709	75	52911	SIBUSISO	BHUTYU	RUNZONE	M	44	40-49	00:13:28	00:56:03	01:41:39	0	0
338	1498	21		REBECCA	DYER-SMITH	TEMP	F	25	Open	00:14:53	01:02:25	01:41:40	0	0
339	962	22		DANI	FULTON	TEMP	F	30	Open	00:14:43	01:02:46	01:41:44	0	0
340	9277	39	9277	ZOLANI	NOGAYI	TEMP	M	35	35-39	00:14:52	01:03:38	01:41:53	0	0
341	1070	76	2091	SIYABULELA	MKISWA	STUT	M	41	40-49	00:15:27	01:02:47	01:41:56	0	0
342	9303	40	890	SIMPHIWE	BLOU	CHARLO	M	53	50-59	00:14:03	01:02:09	01:41:57	3	0
343	1350	77	1328	CHRIS	BOTHA	VITALITY	M	44	40-49	00:15:50	01:04:07	01:41:59	2	0
344	371	8	50984	MLAMLI	NKONKOBE	REALGIJ	M	62	60-69	00:12:51	00:59:41	01:42:01	0	0
345	1059	78	1643	HERMAN	SAAYMAN	NEDBANK	M	40	40-49	00:14:36	01:02:17	01:42:05	2	0
346	1224	79	21002	THOMAS	SETSHEDI	UNISA	M	40	40-49	00:13:20	00:59:46	01:42:07	0	0
347	1223	12	104	LESLEY	BLAIR	OXFORD	F	44	40-49	00:14:43	01:01:51	01:42:08	0	0
348	1046	40	1687	RUDI	KRIEL	MADIBA	M	35	35-39	00:14:55	01:02:13	01:42:09	2	0

349	1290	23		MEGAN	NEWMAN	TEMP	F	34	Open	00:14:31	01:02:20	01:42:11	0	0
350	9416	9	1676	ANTHONY	BUTTON	MADIBA	M	63	60-69	00:14:49	01:02:50	01:42:16	4	0
351	1333	41	2415	JACO	STEENKAMP	JBAY	M	35	35-39	00:14:25	01:01:36	01:42:20	2	0
352	155	22	40072	JADEN	DE RIDDER	ELITEAC	M	19	Junior	00:13:54	01:01:18	01:42:25	2	0
353	87	3		ILKE	WOLMARANS	ELITEAC/EPA	F	17	Junior	00:13:41	01:02:04	01:42:25	2	2
354	111	80	1216	WESSEL	WOLMARANS	ELITEAC	M	47	40-49	00:13:40	01:02:01	01:42:25	2	0
355	9290	81	3667	ANDRE	IMMELMAN	TEMP	M	48	40-49	00:14:03	01:02:17	01:42:32	0	0
356	785	82	640	SAMKELO	SINYONGO	ASPEN	M	44	40-49	00:13:23	01:02:24	01:42:52	2	0
357	1248	107	41	DARIUS	SWIEGELAAR	SAPPE	M	30	Open	00:15:31	01:04:15	01:42:53	2	0
358	1040	9	830	NATALIE	BOSHOFF	32GI	F	38	35-39	00:15:30	01:04:11	01:42:54	2	1
359	199	83	777	STEVEN	GAGIANO	32GI	M	44	40-49	00:15:30	01:04:11	01:42:54	2	0
360	1331	13	2188	KYLIE	RIDDIN	32GI	F	40	40-49	00:15:32	01:03:52	01:42:57	3	0
361	50	3	1659	HANNES	ELS	EPA	M	75	70-79	00:14:02	01:02:09	01:42:57	5	0
362	1216	41	1564	LEON	WEITSZ	DESPATCH	M	51	50-59	00:15:30	01:04:06	01:42:58	2	0
363	1061	14	1538	ADRE	STRYDOM	DESPATCH	F	47	40-49	00:15:30	01:04:06	01:42:58	3	0
364	1484	42		KENNY	NOEKA	TEMP	M	36	35-39	00:14:33	01:02:20	01:43:01	0	0
365	742	43	2166	RIEDAAH	NORDIEN	CHARLO	M	38	35-39	00:15:19	01:04:02	01:43:01	2	0
366	9280	24	1341	AKHONA	ZAKE	NEDBANK	F	19	Open	00:12:53	01:01:55	01:43:12	2	0
367	483	84	363	MNQWENO	TYOKOLO	IKHAMVA	M	42	40-49	00:13:27	01:01:55	01:43:16	2	0
368	1386	44	9386	MALWANDE	MAGADLA	SABC	M	37	35-39	00:15:42	01:03:51	01:43:18	0	0
369	1148	25	1319	ANNELISIWE	MLUNGUNZA	NEDRCSWD	F	25	Open	00:12:34	01:01:57	01:43:20	0	0
370	258	15	104	LINDY	KRETZMANN	VARSITY	F	48	40-49	00:15:29	01:04:05	01:43:21	3	0
371	740	6	887	LYNNE	NEUBERT	CHARLO	F	53	50-59	00:14:53	01:03:53	01:43:26	5	0
372	712	42	881	SHAUN	ATTENBOROUGH	CHARLO	M	56	50-59	00:14:52	01:03:52	01:43:27	3	0
373	226	10	663	JOHAN	HOOGEWEEGEN	KNYSNA	M	65	60-69	00:14:56	01:03:56	01:43:29	0	0
374	9440	85	137	AMIR	VENTER	MALABAR	M	44	40-49	00:16:24	01:04:37	01:43:30	2	0
375	1283	108		TANATSWA	KATIVU	TEMP	M	22	Open	-	01:06:14	01:43:32	0	0
376	9294	86	768	WILLIE	ELS	CRUSADE	M	49	40-49	00:14:29	01:02:46	01:43:42	2	0
377	1211	7	1212	BURNITA	STRYDOM	RUN4C	F	56	50-59	00:14:45	01:03:21	01:43:44	5	0
378	820	43	914	ETIENNE	GERBER	CHARLO	M	55	50-59	00:15:41	01:04:10	01:43:48	3	0
379	805	4	40088	BUKHO	BREAKFAST	BUFFALO	F	16	Junior	00:13:53	01:02:38	01:43:48	0	0
380	807	87	1420	SIPHO	BREAKFAST	BCMAC	M	42	40-49	00:13:53	01:02:38	01:43:49	0	0
381	864	45	2696	EDDIE	VACU	VITALITY	M	36	35-39	00:16:11	01:04:25	01:43:52	2	0
382	349	46	122	BAVERSHAN	NAIDOO	MALABAR	M	35	35-39	00:15:31	01:04:40	01:43:55	2	0
383	212	47	2288	BONKE	PHILLIP GOYI	VUKANI	M	37	35-39	00:14:25	01:03:17	01:43:59	2	0
384	604	48		YANDISA	MAYONGO	TEMP	M	35	35-39	00:14:00	01:02:49	01:44:10	0	0
385	9384	49	3518	NICHOLAS	LAWRENCE	TEMP	M	38	35-39	00:16:45	01:06:43	01:44:12	0	0
386	1435	109		ENRIQUÉ	FRANCIS	TEMP	M	25	Open	00:15:49	01:05:04	01:44:13	0	0
387	1425	110		CALEB	ROSSOUW	TEMP	M	23	Open	00:14:42	01:02:58	01:44:13	0	0
388	1158	44	584	BRENDON	SLABBERT	RUN4C	M	54	50-59	00:14:46	01:03:50	01:44:14	2	0
389	853	111	51536	VERNON	SAFERS	CELTIC	M	28	Open	00:13:55	01:02:48	01:44:22	0	0
390	177	88		NKULULEKO	MOSS	SANDFAGN	M	45	40-49	00:14:52	01:03:38	01:44:22	0	0
391	424	50	792	JACO	ROOS	32GI	M	37	35-39	00:15:11	01:05:16	01:44:24	2	0
392	586	23		HAMZA	KHAN	TEMP	M	18	Junior	00:15:50	01:04:46	01:44:26	0	0
393	1314	16	721	FIONA	FLEUR	CRUSADE	F	40	40-49	00:14:57	01:04:04	01:44:38	3	0
394	1463	112	3463	REID	EBDEN	TEMP	M	22	Open	00:14:57	01:00:03	01:44:42	0	0
395	571	89		MONDRE	GOUWS	TEMP	M	44	40-49	00:15:27	01:05:05	01:44:45	0	0
396	1295	26		SHARLIZE	OOSTHUIZEN	TEMP	F	31	Open	00:15:31	01:04:32	01:44:48	0	0
397	883	90		ELDRIDGE	JONKERS	TEMP	M	46	40-49	00:13:11	01:01:11	01:44:50	0	0
398	605	51		JASON	MEYER	TEMP	M	36	35-39	00:15:59	01:06:06	01:44:53	0	0
399	1291	113		TIAAN	NIEMANN	TEMP	M	30	Open	00:15:59	01:06:07	01:44:53	0	0
400	9211	27	2934	SIMONÉ	SCHOONBEE	MADIBAZ	F	24	Open	00:15:31	01:05:18	01:44:54	2	0
401	295	10	2325	SIBONGILE	MGQEBA	VUKANI	F	38	35-39	00:16:52	01:06:14	01:44:56	2	0
402	1039	114	401	LUKE	BINNEMAN	IKHAMVA	M	33	Open	00:13:44	01:01:47	01:44:58	2	0
403	9408	45	1129	MARK	MOMBERG	ACH	M	52	50-59	00:15:50	01:04:20	01:44:59	2	0
404	1007	91	791	CHARL	GERBER	32GI	M	48	40-49	00:14:36	01:03:45	01:45:05	2	0
405	1092	52	79	BRANDON	JACOBS	SAPPE	M	35	35-39	00:13:22	01:01:03	01:45:05	2	0
406	9469	17	815	SIAN	PRINS	32GI	F	40	40-49	00:15:28	01:05:14	01:45:08	2	0
407	9473	115	1289	Anslon	Hector	VWAC	M	31	Open	00:15:20	01:04:29	01:45:18	2	0
408	9227	46	3011	Bill	Davids	MADIBAZ	M	55	50-59	00:14:03	01:03:24	01:45:20	3	0
409	648	116		AYABONGA	TSHUNGWANA	TEMP	M	31	Open	00:13:53	01:03:17	01:45:24	0	0
410	9219	92	1639	VANDRE	NEL	MADIBA	M	40	40-49	00:16:18	01:08:57	01:45:24	2	0
411	1038	47	1043	DAVID	BAINS	XCEL	M	59	50-59	00:15:35	01:04:16	01:45:29	3	0
412	1354	93	1749	CRAIG	ADAMS	GELVAN	M	48	40-49	00:15:09	01:04:46	01:45:32	2	0
413	9204	48	1289	NICHOLAS	CHAPMAN	ACH	M	53	50-59	00:14:03	01:04:15	01:45:32	2	0
414	554	117		YAZEED	CUPP	TEMP	M	30	Open	00:15:35	01:05:18	01:45:33	0	0
415	51	4		RAYMOND	WEITZ	EPA	M	70	70-79	-	01:03:29	01:45:37	5	0
416	1219	53	1355	THOBELA	NTAMO	DESPATCH	M	39	35-39	00:15:18	01:04:08	01:45:37	2	0
417	216	94	1872	AYANDA	GROOTBOOM	HOLLYWOO	M	40	40-49	00:14:37	01:04:44	01:45:37	2	0
418	431	95	789	KELVIN	SAMUEL	32GI	M	41	40-49	00:15:29	01:04:16	01:45:40	2	0

419	170	11	733	ALEX	DU TOIT	CRUSADE	M	60	60-69	00:14:20	01:04:00	01:45:41	3	0
420	9457	118	8071	CHRISTOFF	SNYMAN	TEMP	M	31	Open	00:15:32	01:05:08	01:45:44	0	0
421	1324	119	138	NAASIR	LOUIS	MALABAR	M	28	Open	00:15:31	01:04:46	01:45:50	2	0
422	241	54	144	AHMAD	KADER	MALABAR	M	37	35-39	00:15:31	01:04:46	01:45:50	2	0
423	9407	18	775	KIM	DRINKWATER	32GI	F	48	40-49	00:15:55	01:06:31	01:45:54	3	0
424	9405	19	839	HESTER	KINGWILL	32GI	F	44	40-49	00:16:00	01:06:31	01:45:55	2	0
425	1134	55	1598	LERENZO	FRANCIS	DESPATCH	M	38	35-39	00:15:36	01:06:52	01:46:03	2	0
426	9459	49	9459	WERNER	MEYER	TEMP	M	52	50-59	00:15:24	01:06:24	01:46:05	0	0
427	428	96	344	ANTON	AUGUST	MUIRITE	M	42	40-49	00:16:45	01:06:43	01:46:07	2	0
428	159	8	4185	TRACEY	DE WAAL	BORN	F	57	50-59	00:15:26	01:05:04	01:46:10	0	0
429	661	50	1751	SAMIER	ABRAHAMS	GELVAN	M	54	50-59	00:14:36	01:05:27	01:46:22	2	0
430	958	28		MEGAN	SNYMAN	TEMP	F	24	Open	00:15:46	01:06:21	01:46:22	0	0
431	971	97		PIETER	HUYSAMEN	TEMP	M	44	40-49	00:16:23	01:06:13	01:46:25	0	0
432	9347	51	1444	MFUNDISO	LUVALO	NEDBANK	M	55	50-59	00:14:17	01:03:55	01:46:28	2	0
433	794	12	2262	NDABA	NDZOMBANE	VUKANI	M	65	60-69	00:15:23	01:04:46	01:46:32	4	0
434	9320	56	964	JUSTIN	MOGRIDGE	CHARLO	M	36	35-39	00:14:06	01:03:06	01:46:34	2	0
435	482	57	1717	OLATHA	TUSWA	TV	M	39	35-39	00:15:25	01:06:31	01:46:41	0	0
436	9217	13	310	TREVOR	NEL	MUIRITE	M	60	60-69	00:16:16	01:05:58	01:47:00	3	0
437	714	52	949	WELCOME	BASKITI	CHARLO	M	57	50-59	00:14:57	01:03:48	01:47:01	2	0
438	1364	98	596	FREDERIK	BOSHOFF	RUN4C	M	45	40-49	00:15:05	01:05:13	01:47:06	2	0
439	855	120	2885	SIBONISE	SETI	UNKNOWN	M	32	Open	00:16:41	01:07:45	01:47:13	0	0
440	506	121	700	JUSTIN	WEBB	ALBANY	M	25	Open	00:15:29	01:05:39	01:47:20	2	0
441	1390	122		SIYAMCLEA	MBELEKANE	TEMP	M	30	Open	00:15:31	01:01:31	01:47:23	0	0
442	9266	58	2306	PHAKAMISA	BALENI	VUKANI	M	35	35-39	00:15:51	01:07:22	01:47:25	2	0
443	1436	59		BADROEDEEN	ABRAHAMS	TEMP	M	38	35-39	00:14:03	01:02:41	01:47:28	0	0
444	1206	9	1183	SANETTE	RYAN	ELITEAC	F	55	50-59	00:14:54	01:05:25	01:47:29	5	0
445	711	123	2699	DANNY	COCKLEN	MERCEDES	M	33	Open	00:14:27	01:04:51	01:47:31	0	0
446	644	124		FASEEGH	TOBIAS	TEMP	M	34	Open	00:15:31	01:05:18	01:47:33	0	0
447	772	60		PIETER	STRYDOM	TEMP	M	38	35-39	00:15:43	01:05:33	01:47:34	0	0
448	540	99		PEDRE	BOOYSEN	TEMP	M	41	40-49	00:15:43	01:05:33	01:47:34	0	0
449	9478	100	2283	MADODA	BAMBALAZA	VUKANI	M	42	40-49	00:15:23	01:05:26	01:47:42	2	0
450	1496	29		NICOLE	DAMES	TEMP	F	19	Open	00:15:11	01:03:57	01:47:43	0	0
451	411	125	84	PRASHAAN	RAGA	INFINITY	M	26	Open	00:14:35	01:02:58	01:47:43	2	0
452	1460	101	3460	ANTHONY	BUHAGIAR	TEMP	M	45	40-49	00:16:05	01:06:50	01:47:44	0	0
453	849	61	816	MATTHEW	OSBORNE	32GI	M	37	35-39	00:14:50	01:06:01	01:47:46	2	0
454	1081	24	40445	TAYE	COLESKY	CRUSADE	M	17	Junior	00:15:29	01:07:10	01:47:46	2	0
455	9426	3	8058	KATHY	MCQUAIDE-LITTLE	TEMP	F	60	60-69	00:14:58	01:05:32	01:47:47	0	0
456	9309	126	2177	TIAAN	GERBER	CHARLO	M	20	Open	00:15:38	01:05:17	01:47:51	2	0
457	1353	14	1842	CRAIG	WEST	BED	M	61	60-69	00:15:31	01:06:36	01:47:52	0	0
458	1492	11		MICHELLE	BARKER	TEMP	F	38	35-39	00:15:32	01:05:45	01:47:54	0	0
459	1396	12		TRACEY	HUTTON	TEMP	F	37	35-39	00:15:31	01:05:45	01:47:54	0	0
460	9484	53	1238	PIETER	GERBER	ELITEAC	M	50	50-59	00:15:40	01:06:02	01:47:54	2	0
461	1063	20	1200	JANINE	WHITTAL	ELITEAC	F	44	40-49	00:14:47	01:06:03	01:47:59	2	0
462	935	127		WESLEY	SHERMAN	TEMP	M	32	Open	00:15:56	01:06:54	01:47:59	0	0
463	228	15	130	IGHSAAN	ISAACS	MALABAR	M	60	60-69	00:15:28	01:06:35	01:48:02	3	0
464	98	4		MARGARET	LLOYD	EPA	F	61	60-69	00:15:08	01:07:17	01:48:11	5	0
465	1389	128		SIMON	BOLZE	TEMP	M	29	Open	00:17:07	01:08:41	01:48:12	0	0
466	398	30	244	NELLY	PHIRI	KOWIE	F	34	Open	00:15:18	01:05:42	01:48:16	2	0
467	9393	21	1590	ANNEKE	MOORE	DESPATCH	F	41	40-49	00:15:37	01:07:02	01:48:18	2	0
468	262	54	576	VERNON	LANDMAN	RUN4C	M	50	50-59	00:15:40	01:07:03	01:48:19	2	0
469	255	62	1866	SIPHAMANDLA	KOKO	HOLLYWOO	M	35	35-39	00:14:36	01:02:16	01:48:28	2	0
470	9302	102	970	MALCOLM	BLANDY	CHARLO	M	43	40-49	00:16:46	01:08:21	01:48:35	2	0
471	236	63	2197	SONWABISO	JIKA-JIKA	SIBALEKA	M	39	35-39	00:13:17	01:05:15	01:48:35	2	0
472	257	55	91	DENZIL	KOOPMAN	INFINITY	M	54	50-59	00:14:28	01:05:57	01:48:36	2	0
473	314	22	1476	NOLUKHANYO	MDWAYI	NEDBANK	F	44	40-49	00:15:32	01:06:25	01:48:37	2	0
474	525	103	866	WALTER	ZIMBEVA	VITALITY	M	45	40-49	00:16:25	01:08:59	01:48:43	2	0
475	838	64	2269	KHANYISO	MASWANA	VUKANI	M	35	35-39	00:16:25	01:08:59	01:48:43	2	0
476	890	129		CALLUM	MCEWAN	TEMP	M	19	Open	00:16:14	01:08:40	01:48:55	0	0
477	1115	16	514	MONTE	SCHOLTZ	RUN4C	M	64	60-69	00:15:01	01:05:26	01:48:55	3	0
478	667	130	342	JONATHAN	BAKKER	MUIRITE	M	34	Open	00:14:46	01:04:30	01:49:04	1	0
479	1049	65	86	WAYNE	MARAIS	INFINITY	M	39	35-39	00:16:39	01:08:03	01:49:06	2	0
480	657	56		RODNEY	WITBOOI	TEMP	M	54	50-59	00:14:28	01:05:16	01:49:09	0	0
481	9268	104	1597	EDVIN	DONLEY	DESPATCH	M	48	40-49	00:15:36	01:07:03	01:49:10	2	0
482	1409	131		RA'EES	KHAN	TEMP	M	32	Open	00:14:40	01:05:20	01:49:18	0	0
483	296	132	1876	SBONISIPHO	MANQELE	HOLLYWOO	M	27	Open	00:16:31	01:06:28	01:49:18	1	0
484	573	105		BRUCE	HARBOTTLE	TEMP	M	40	40-49	00:16:17	01:08:21	01:49:21	0	0
485	783	17	1360	SITHEMBILE	MPAKO	NEDBANK	M	64	60-69	00:14:51	01:06:15	01:49:25	2	0
486	9313	106	979	MATHEW	JACOBY	CHARLO	M	46	40-49	00:15:39	01:07:00	01:49:27	2	0
487	432	107	283	LORENZO	SAMUELS	MUIRITE	M	40	40-49	00:15:41	01:06:51	01:49:28	2	0
488	361	13	2108	BERNICE	NEL	HEATAC	F	37	35-39	00:15:16	01:06:20	01:49:28	2	0

489	878	23		PHILLIPA	DREW	TEMP	F	42	40-49	00:15:29	01:06:46	01:49:29	0	0
490	9430	18	435	NKOSINATHI	CLAY	CHILLIEP	M	60	60-69	00:16:13	01:08:40	01:49:30	2	0
491	312	133	1427	CHAD	MCLEAN	NEDBANK	M	27	Open	00:16:13	01:08:41	01:49:30	1	0
492	852	134	2521	ABULELE	ROZANA	MADIBAZ	M	29	Open	00:16:02	01:07:27	01:49:30	1	0
493	1355	31	1096	DANIELLE	DE JAGER	ACH	F	27	Open	00:17:07	01:08:40	01:49:30	2	0
494	1365	57	1075	GAVIN	SCHONKNECHT	ACH	M	57	50-59	00:15:20	01:07:08	01:49:30	2	0
495	1368	108	1079	HANSON	SINGAPHI	ACH	M	47	40-49	00:16:14	01:08:40	01:49:31	2	0
496	1479	109		DAWID	KEYSER	TEMP	M	46	40-49	00:16:18	01:08:57	01:49:31	0	0
497	1359	110	1633	ENRICO	ELS	MADIBA	M	46	40-49	00:16:18	01:08:57	01:49:31	2	0
498	200	66	1780	MONDRE	GALLANT	GELVAN	M	37	35-39	00:16:14	01:08:41	01:49:31	2	0
499	923	135		BUCHULE	MAGQUNTULA	TEMP	M	24	Open	00:16:30	01:08:40	01:49:32	0	0
500	309	58	1055	JEROME	MAY	XCEL	M	58	50-59	00:16:15	01:08:43	01:49:32	2	0
501	415	111	1748	TSIETSI	RAMATSASA	GELVAN	M	49	40-49	00:16:14	01:08:40	01:49:32	2	0
502	9487	112	2538	LUTHANDO	NDZAMBO	MADIBAZ	M	41	40-49	00:15:48	01:08:43	01:49:32	2	0
503	972	113		RICARDO	JACKSON	TEMP	M	40	40-49	00:17:24	01:08:50	01:49:33	0	0
504	959	136		EADEN	TAIT	TEMP	M	23	Open	00:16:40	01:08:47	01:49:33	0	0
505	395	114	1734	DENVER	PETERSEN	GELVAN	M	41	40-49	00:16:14	01:08:40	01:49:33	2	0
506	9304	115	891	DARRYL	CALVERT	CHARLO	M	49	40-49	00:16:45	01:08:52	01:49:34	2	0
507	9373	59	1757	JACOBUS	JULIUS	GELVAN	M	50	50-59	00:15:05	01:06:51	01:49:34	2	0
508	1062	116	1029	SIYA	SWAPI	BUFFALO	M	45	40-49	00:15:44	01:07:27	01:49:35	0	0
509	9398	24	3510	SHANQADI	LAZARUS	TEMP	F	43	40-49	00:16:14	01:08:46	01:49:36	0	0
510	1204	67	2799	JEAN-PERI	REDONA	ASPEN	M	37	35-39	00:16:32	01:08:42	01:49:37	2	0
511	1177	14	2961	MICHA	CRONJE	32GI	F	35	35-39	00:16:32	01:08:42	01:49:37	2	0
512	161	117	1053	SALWYN	DENNIS	XCEL	M	47	40-49	00:18:27	01:10:58	01:49:44	2	0
513	499	60	1042	EUGENE	VAN WYK	XCEL	M	53	50-59	00:18:27	01:10:58	01:49:44	2	0
514	9271	118	2281	VUYILE	TIKWAYO	VUKANI	M	43	40-49	00:14:52	01:05:30	01:49:52	2	0
515	1189	119	2038	NKOSIYEDWA	MABASO	MUIRITE	M	45	40-49	00:16:15	01:08:45	01:50:10	2	0
516	357	32	2134	SEKELA	NDLAMLA	TRANSNET	F	33	Open	00:16:01	01:08:24	01:50:13	2	0
517	370	68	2659	KHAKA	NJOZELA	VITALITY	M	38	35-39	00:16:01	01:08:24	01:50:17	1	0
518	1476	33	3476	ROBYNNE	THERON	TEMP	F	29	Open	00:16:16	01:08:51	01:50:19	0	0
519	613	34		MEGAN	NELSON	TEMP	F	24	Open	00:17:44	01:10:28	01:50:23	0	0
520	365	61	607	JOHN	NELSON	ASPEN	M	51	50-59	00:17:44	01:10:28	01:50:23	2	0
521	532	137		ANGUS	ARGYLE	TEMP	M	34	Open	00:17:14	01:10:49	01:50:30	0	0
522	1185	62	1230	JERICHO	JERE	NEDRCSWD	M	56	50-59	00:14:04	01:04:48	01:50:33	0	0
523	1037	25	271	ROXANNE	SMITH	PIR	F	41	40-49	00:15:19	01:06:45	01:50:35	0	0
524	1024	26	1369	CHRISTINE	WIENAND	NEDBANK	F	46	40-49	00:16:30	01:09:18	01:50:41	2	0
525	198	27	682	JUANITA	FULLER	ALBANY	F	49	40-49	00:15:17	01:07:20	01:50:47	2	0
526	1056	120	1309	GERALD	PIETERSEN	VWAC	M	45	40-49	00:17:38	01:09:37	01:50:47	2	0
527	1047	63	2067	VUYO	MAKEBA	ALBANY	M	58	50-59	00:15:18	01:07:21	01:50:59	2	0
528	9248	121	341	DELME	REDCLIFFE	MUIRITE	M	41	40-49	00:17:36	01:09:27	01:51:00	2	0
529	764	5	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	64	60-69	00:14:54	01:07:00	01:51:01	5	0
530	1230	19	1275	PLAAITJIE	DAMONS	VWAC	M	61	60-69	00:17:32	01:08:40	01:51:02	2	0
531	1181	15	745	KATHLEEN	FLANAGAN	CRUSADE	F	39	35-39	00:17:36	01:09:54	01:51:05	2	0
532	758	64	876	GEORGE	WINSHIP	CHARLO	M	59	50-59	00:17:37	01:09:54	01:51:05	2	0
533	99	6	1470	PAT	THOMSON	EPA	F	65	60-69	00:15:29	01:08:22	01:51:12	5	0
534	690	7	1887	DEBRA	CHRISTY	CSEP	F	61	60-69	00:15:19	01:08:02	01:51:14	5	0
535	1090	20	288	WARREN	GRIFFITHS	MUIRITE	M	60	60-69	00:17:32	01:08:39	01:51:15	2	0
536	1467	138	3467	SIPHOSETHU	MABINDISA	TEMP	M	22	Open	00:16:57	01:06:17	01:51:16	0	0
537	523	122	2117	SIMON	YOUNG	VITALITY	M	45	40-49	00:15:18	01:07:03	01:51:24	2	0
538	916	65		VUKILE	HOYI	TEMP	M	56	50-59	00:16:59	-	01:51:25	0	0
539	9322	28	911	TANYA	NORRIS	CHARLO	F	40	40-49	00:16:16	01:08:34	01:51:29	2	0
540	577	139		SHAUN	HOEKSTRA	TEMP	M	25	Open	00:18:11	01:09:35	01:51:34	0	0
541	1407	16		REBECCA	GATANGI	TEMP	F	39	35-39	00:16:17	01:09:01	01:51:44	0	0
542	1183	123	2276	PETER	GATANGI	VUKANI	M	47	40-49	00:16:17	01:09:01	01:51:44	2	0
543	9379	124	2285	SILAS	KHANYUNDI	VUKANI	M	47	40-49	00:18:42	01:11:00	01:51:44	2	0
544	981	17		KAITLYN	MAC GEOGHEGAN	TEMP	F	36	35-39	00:16:09	01:08:56	01:51:45	0	0
545	1315	29	1070	ANCHÉ	HOLLINS	ACH	F	43	40-49	00:16:36	01:09:49	01:51:49	2	0
546	462	35	698	CHARLIZE	SWANEPOEL	ALBANY	F	21	Open	00:16:47	01:09:03	01:51:49	2	0
547	1083	69	1722	GURSHEN	DAVIDS	GELVAN	M	38	35-39	00:15:21	01:06:30	01:51:51	1	0
548	429	140	210	SANELE	SAM	CSEP	M	32	Open	00:15:48	01:06:31	01:51:51	1	0
549	9475	141	1281	ZIMVO	MADIKIZELA	VWAC	M	30	Open	00:16:14	01:09:15	01:51:56	1	0
550	9462	30	1662	AMANDA	PIETERSE	MADIBA	F	48	40-49	00:15:44	01:08:32	01:51:57	2	0
551	967	142		FERLANDO	MKIVA	TEMP	M	32	Open	00:16:21	01:09:27	01:51:58	0	0
552	470	125	2477	LEHLOHONOLO	THOKOA	ABSAEP	M	44	40-49	00:18:13	01:11:25	01:52:02	1	0
553	527	66		IAN	AGNEW	TEMP	M	53	50-59	00:16:15	01:08:42	01:52:08	0	0
554	1379	21	1731	LENNETH	ERASMUS	GELVAN	M	67	60-69	00:14:47	01:07:20	01:52:15	3	0
555	298	70	2205	SIKHUMBUZO	MANXOYI	SIBALEKA	M	38	35-39	00:18:13	01:11:25	01:52:18	1	0
556	598	126		SAMUEL	MARAIS	TEMP	M	42	40-49	00:17:06	01:10:34	01:52:30	0	0
557	706	31	23988	AKHONA	BASHE	RUNZONE	F	40	40-49	00:15:53	01:09:18	01:52:32	0	0
558	9205	36	796	REBECCA	JORDAAN	32GI	F	34	Open	00:17:00	01:09:35	01:52:33	2	0

559	1374	32	1666	JULIA	HOFART	MADIBA	F	42	40-49	00:16:47	01:09:19	01:52:34	2	0
560	662	67	121	YASEEN	ABRAHANS	MALABAR	M	53	50-59	00:15:38	01:07:39	01:52:37	2	0
561	9438	68	323	CLIVE	VAN RAYNER	MUIRITE	M	58	50-59	00:17:32	01:10:14	01:52:38	2	0
562	156	33	1229	NATASCIA	DE RIDDER	ELITEAC	F	46	40-49	00:16:15	01:08:54	01:52:38	2	0
563	209	127	1877	DZEVU	GILBERT	HOLLYWOO	M	49	40-49	00:16:36	01:09:47	01:52:44	2	0
564	543	143		GERHARDT	BURGER	TEMP	M	32	Open	00:16:15	01:08:38	01:52:46	0	0
565	932	34		LEANDRA	ROSSLEE	TEMP	F	41	40-49	00:15:29	01:07:53	01:52:48	0	0
566	1459	25		TRISTAN	NAIDOO	TEMP	M	19	Junior	00:16:14	01:08:46	01:52:54	0	0
567	1400	71		ZIYAAD	ROACH	TEMP	M	36	35-39	00:17:57	01:11:46	01:52:54	0	0
568	250	128	1346	ARTHUR	KLINKENBURG	NEDBANK	M	41	40-49	00:15:16	01:08:32	01:52:54	1	0
569	9496	129	2621	LUVUYO	NOMARWAYI	MADIBAZ	M	42	40-49	00:16:26	01:10:05	01:52:57	1	0
570	789	10	1351	SHARON	JESSOP	NEDBANK	F	55	50-59	00:16:53	01:09:53	01:52:59	3	0
571	846	130	2886	DESMOND	MVUNDLELA	TRANSNET	M	44	40-49	00:16:17	01:09:29	01:53:04	1	0
572	912	37		MELISSA	ARGYLE	TEMP	F	32	Open	00:16:51	01:09:43	01:53:12	0	0
573	1051	72	1875	THOBELA	MTANGA	HOLLYWOO	M	38	35-39	00:16:35	01:10:14	01:53:14	1	0
574	1105	131	2331	XOLISA	MENEMENE	VUKANI	M	41	40-49	00:16:05	01:08:55	01:53:16	1	0
575	261	73	1778	DUSTIN	LALA	GELVAN	M	36	35-39	00:16:24	01:09:17	01:53:17	1	0
576	1289	144		BRADLEY	NELSON	TEMP	M	27	Open	00:17:43	01:10:28	01:53:19	0	0
577	1130	132	1082	FONDINI	DUMISANI	BUFFALO	M	42	40-49	00:16:49	01:12:49	01:53:20	0	0
578	9332	5	1088	PERCY	DALTON	ACH	M	76	70-79	00:16:20	01:09:53	01:53:20	3	0
579	1258	145		JOSHUA	WOOD	TEMP	M	20	Open	00:17:15	01:10:12	01:53:20	0	0
580	704	35	1450	NKHATHALLENG	KHIBA	NEDBANK	F	43	40-49	00:16:14	01:10:12	01:53:24	2	0
581	1094	38	2528	BROOKE	KRUGER	MADIBAZ	F	22	Open	00:16:25	01:09:10	01:53:39	2	0
582	552	133		GRANT	COLLOCOTT	TEMP	M	46	40-49	00:18:24	01:11:49	01:53:41	0	0
583	9476	11	2704	YOLANDA	DUGMORE	VITALITY	F	52	50-59	00:16:39	01:10:20	01:53:48	2	0
584	190	18	634	JO-ANNE	FORSON	ASPEN	F	37	35-39	00:17:44	01:10:29	01:53:55	2	0
585	1240	36		TINA	OLCKERS	JBAY	F	46	40-49	00:17:05	01:09:34	01:53:56	2	0
586	1488	134		LUYANDA	NCWADI	TEMP	M	44	40-49	00:17:35	01:09:55	01:53:57	0	0
587	9377	26	40274	ALEXANDER	HENDRICKS	ATLANTIC	M	17	Junior	00:18:03	01:11:05	01:53:58	1	0
588	952	146		BRANDON	HUME	TEMP	M	30	Open	00:16:46	01:10:59	01:54:02	0	0
589	1078	147	3045	KYLE	COLESKY	CRUSADE	M	20	Open	00:16:18	01:08:56	01:54:03	1	0
590	1079	22	3047	ROB	COLESKY	CRUSADE	M	62	60-69	00:16:19	01:08:56	01:54:03	2	0
591	1437	27		LUTHOLWETHU	JACK	TEMP	M	19	Junior	00:14:37	01:07:16	01:54:05	0	0
592	1382	74	366	LIZO	MOHAPI	IKHAMVA	M	35	35-39	00:15:49	01:09:53	01:54:06	1	0
593	9382	37	3520	MICHELLE	MEYER	TEMP	F	45	40-49	00:15:31	01:09:25	01:54:12	0	0
594	879	148		CARISTON	DU PLESSIS	TEMP	M	28	Open	00:18:15	01:13:25	01:54:21	0	0
595	679	19	1205	ALISON	BOWKER	ELITEAC	F	37	35-39	00:16:03	01:10:02	01:54:24	2	0
596	458	149	1139	ROBERT	SPRUNG	CHARLO	M	27	Open	00:16:15	01:08:48	01:54:26	1	0
597	369	150	541	ULRICH	NIEUWOUDT	RUN4C	M	30	Open	00:16:15	01:09:11	01:54:26	1	0
598	9327	135	921	RYAN	VAN DER MESCHT	CHARLO	M	44	40-49	00:17:36	-	01:54:29	1	0
599	9421	69	1031	IVO	MEYER	BODYCON	M	50	50-59	00:16:42	01:11:13	01:54:31	2	0
600	9232	39		CHANEL	DEWAR	TEMP	F	31	Open	00:16:24	01:09:37	01:54:31	0	0
601	973	151		SILIZIWE	JAKO	TEMP	M	27	Open	00:15:45	01:07:56	01:54:32	0	0
602	1027	136	926	SIYABONGA	DELIHLAZO	REALGIJ	M	43	40-49	00:15:35	01:06:29	01:54:32	0	0
603	1478	70	3478	ANTON	VERWEY	TEMP	M	50	50-59	00:16:15	01:09:19	01:54:34	0	0
604	9233	23	2612	FRANZT	STRUWIG	MADIBAZ	M	68	60-69	00:16:23	01:10:27	01:54:34	2	0
605	316	24	319	KERNEELS	MEINTJIES	MUIRITE	M	65	60-69	00:17:31	01:09:28	01:54:35	2	0
606	1325	137	2302	ANELE	MESANI	VUKANI	M	45	40-49	00:16:16	01:10:00	01:54:36	1	0
607	568	152		DEAN	GIFFORD	TEMP	M	31	Open	00:16:47	01:11:39	01:54:36	0	0
608	1231	25	1037	CHESTER	BROOKS	XCEL	M	67	60-69	00:14:36	01:06:30	01:54:42	2	0
609	203	75	2947	FERAAN	GEORGE	MALABAR	M	39	35-39	00:17:14	01:10:09	01:54:49	1	0
610	9381	71	665	VUSIKAYA	MANCAPA	MOTHER	M	59	50-59	00:16:36	01:10:15	01:54:50	2	0
611	232	76	52964	LONWABO	JAHO	KOMANIR	M	35	35-39	00:16:14	01:09:19	01:54:52	0	0
612	1132	38	606	INGRID	ECKSTEIN	ASPEN	F	43	40-49	00:17:45	01:11:08	01:54:54	2	0
613	231	138	628	CT	JACOBS	ASPEN	M	41	40-49	00:16:51	01:11:11	01:54:57	1	0
614	1469	153	3469	JOSEPH	MITCHELL	TEMP	M	19	Open	00:18:15	01:11:15	01:55:00	0	0
615	9276	139	9276	SIVUYILE	MHLIFILI	TEMP	M	45	40-49	00:16:16	01:08:32	01:55:01	0	0
616	653	20		BIANCA	VAN SCHALKWYK	TEMP	F	35	35-39	00:16:14	01:10:50	01:55:02	0	0
617	1483	77		KEMPIE	VAN ROOYEN	TEMP	M	37	35-39	00:19:21	01:16:00	01:55:02	0	0
618	208	72	1006	BRUCE	GIE	BODYCON	M	51	50-59	00:17:04	01:10:29	01:55:04	2	0
619	9461	154	3001	JUAN	GOOSEN	MUIRITE	M	23	Open	00:18:04	01:12:47	01:55:06	1	0
620	9220	155	3002	WESLEY	MERRICK	VITAL	M	31	Open	00:16:52	01:12:37	01:55:06	1	0
621	1370	39	710	HENNELIE	KAMPHER	KNYSNA	F	44	40-49	00:16:01	01:10:22	01:55:11	0	0
622	1125	8	1004	JOHANNETTE	OOSTHUIZEN	BODYCON	F	60	60-69	00:16:18	01:10:47	01:55:11	4	0
623	9436	78	1846	Simo	Nkanyuza	HOLLYWOO	M	38	35-39	00:16:49	01:11:23	01:55:13	1	0
624	738	79	990	BRETT	MCLAREN	CHARLO	M	39	35-39	00:15:55	01:08:27	01:55:14	1	0
625	747	73	991	GREGORY	ROSS	CHARLO	M	52	50-59	00:16:16	01:09:47	01:55:19	2	0
626	89	74		LUVUYO	DYANI	EPA	M	55	50-59	-	-	01:55:19	2	0
627	727	40	992	CYNTHIA	HEYNS	CHARLO	F	41	40-49	00:16:16	01:09:48	01:55:19	2	0
628	910	80		TOFFIE	VAN TONDER	TEMP	M	36	35-39	00:16:56	01:12:14	01:55:22	0	0

629	926	140		SANDILE	NDLOVU	TEMP	M	41	40-49	00:18:40	01:11:45	01:55:23	0	0
630	699	40	2381	NATALIE	COMBRINCK	JBAY	F	34	Open	00:17:46	01:11:55	01:55:24	1	0
631	655	81		HENRY	VAN ZYL	TEMP	M	38	35-39	00:17:06	01:10:35	01:55:24	0	0
632	1072	82	1531	NEIL	INGRAM	DESPATCH	M	38	35-39	00:17:02	01:12:17	01:55:27	1	0
633	1006	83	453	NJONGO	COKOTHO	CHILLIEP	M	37	35-39	00:16:49	01:12:50	01:55:31	1	0
634	9238	75	1056	SIYABONGA	PANDLE	XCEL	M	56	50-59	00:16:42	01:08:47	01:55:32	2	0
635	9330	26	967	MIKE	BURGER	CHARLO	M	66	60-69	00:16:54	01:12:50	01:55:33	2	0
636	558	76		MICHAEL	DEKKER	SAPPE	M	52	50-59	00:18:06	01:12:44	01:55:38	2	0
637	815	84	1784	JADE	FESTUS	GELVAN	M	35	35-39	00:16:15	01:11:23	01:55:43	1	0
638	9250	12	1559	NOLEEN	AMBRAAL	DESPATCH	F	55	50-59	00:16:13	01:09:41	01:55:45	3	0
639	1168	41	684	CECILE	VAN SCHALKWYK	ALBANY	F	34	Open	00:15:26	01:09:33	01:55:48	1	0
640	1431	21		NESRINE	BAGHDADI	TEMP	F	39	35-39	00:15:49	01:10:03	01:55:51	0	0
641	9265	27	9265	KIRK	HELLIKER	TEMP	M	69	60-69	00:16:07	01:09:58	01:55:51	0	0
642	696	85	505	ANDRIES	COETSEE	RUN4C	M	39	35-39	00:16:54	01:11:25	01:55:53	1	0
643	1259	28		SAMUEL	WOOD	TEMP	M	16	Junior	00:17:41	01:11:39	01:56:02	0	0
644	157	141	1230	PHILLIP	DE RIDDER	ELITEAC	M	49	40-49	00:16:15	01:08:48	01:56:02	1	0
645	995	29		ARYAN	RAGA	TEMP	M	17	Junior	00:17:41	01:11:38	01:56:03	0	0
646	9423	142	8056	RYAN	TUDHOPE	TEMP	M	43	40-49	00:16:14	01:10:11	01:56:04	0	0
647	544	42		JESSICA	BURGER	TEMP	F	26	Open	00:16:16	01:10:50	01:56:08	0	0
648	1408	86		MANAMELA	KEKANA	TEMP	M	39	35-39	00:18:15	-	01:56:09	0	0
649	9495	77	1118	BRUCE	KING	ACH	M	59	50-59	00:16:56	01:11:12	01:56:10	2	0
650	9409	78	1356	JEROME	MAY	NEDBANK	M	58	50-59	00:15:49	01:09:31	01:56:10	2	0
651	9310	143	877	KURT	GROENER	CHARLO	M	43	40-49	00:16:27	01:10:48	01:56:11	1	0
652	1108	43	19739	TRISANU	NAIDOO	TV	F	24	Open	00:16:51	01:11:23	01:56:12	0	0
653	9368	41	1270	FUNDISWA	NGXISHE	CHILLIEP	F	42	40-49	00:16:36	01:11:26	01:56:12	2	0
654	1358	13	1841	DOLLY	NDUDE	HOLLYWOO	F	53	50-59	00:16:36	01:11:26	01:56:12	2	0
655	9355	87	9355	LOYISO	MABETSHE	TEMP	M	35	35-39	00:17:32	01:11:13	01:56:13	0	0
656	9331	28	1560	PIETER	STRYDOM	DESPATCH	M	64	60-69	00:16:40	01:11:07	01:56:15	2	0
657	9261	79	1080	GARRETH	JACOBSON	ACH	M	50	50-59	00:17:21	01:12:52	01:56:16	1	0
658	9260	80	1002	PAUL	JOHNSON	BODYCON	M	57	50-59	00:17:21	01:12:52	01:56:16	2	0
659	254	88	1684	MARLON	KOEN	MADIBA	M	38	35-39	00:16:45	01:10:41	01:56:21	1	0
660	348	9		CLAIRE	NAGEL	TEMP	F	61	60-69	00:15:43	01:08:47	01:56:23	0	0
661	9485	156	8084	CAMERON	LOVEMORE	TEMP	M	25	Open	00:17:18	01:11:27	01:56:23	0	0
662	1398	89		VINCENT	GAMBU	TEMP	M	39	35-39	00:15:59	01:08:47	01:56:24	0	0
663	1260	42		LYNNE	WOODS	TEMP	F	44	40-49	00:16:25	01:11:24	01:56:24	0	0
664	511	29	556	ARTHUR	WILLIAMS	RUN4C	M	62	60-69	00:16:40	01:10:39	01:56:28	2	0
665	809	14	1575	LESLEY-ANN	BUSH	DESPATCH	F	53	50-59	00:16:32	01:11:23	01:56:29	2	0
666	9450	43	8066	HAYLEY	MASON	TEMP	F	40	40-49	00:18:33	-	01:56:32	0	0
667	9374	90	9374	ALLISTAIR	JACOBS	TEMP	M	36	35-39	00:19:56	01:15:37	01:56:35	0	0
668	9326	44	961	LARA	VAN HEERDEN	CHARLO	F	49	40-49	00:16:54	01:12:51	01:56:35	2	0
669	600	144		ANDREW	MARRIOTT	TEMP	M	43	40-49	00:18:31	01:15:20	01:56:38	0	0
670	9434	157	3052	ROMAN	SEPTOE	GELVAN	M	27	Open	00:16:15	01:09:14	01:56:38	1	0
671	1271	145		FASEEG	ABRAHAMS	TEMP	M	43	40-49	00:17:36	01:12:50	01:56:44	0	0
672	1495	158		NEO	MOGANETSI	TEMP	M	28	Open	00:15:45	01:09:25	01:56:49	0	0
673	1215	45	66	ANITA	VISAGIE	SAPPE	F	47	40-49	00:15:54	01:10:23	01:56:52	2	0
674	184	44	2564	TARIE	ESTHER	MADIBAZ	F	32	Open	00:18:19	01:11:34	01:56:53	1	0
675	535	91		NICHOLAS	BANGO	TEMP	M	38	35-39	-	01:10:26	01:56:54	0	0
676	944	45		CIANA	DANIELS	TEMP	F	23	Open	00:17:32	01:12:53	01:56:58	0	0
677	9452	92	8067	SINETHEMBA	MTANGA	TEMP	M	35	35-39	00:16:35	01:11:27	01:57:00	0	0
678	1137	46	2383	JOLENE	HEYNS	JBAY	F	32	Open	00:17:48	01:13:49	01:57:01	1	0
679	286	146	1389	BABALO	MAKALIMA	NEDBANK	M	41	40-49	00:15:23	01:09:40	01:57:09	1	0
680	670	15	1208	CHRISTINE	BIRD	ELITEAC	F	54	50-59	00:16:23	01:11:43	01:57:10	2	0
681	697	46	285	VANESSA	COETZEE	MUIRITE	F	48	40-49	00:16:49	01:12:11	01:57:11	2	0
682	189	47	906	TARYN	FERREIRA	CHARLO	F	44	40-49	00:15:38	01:11:00	01:57:11	2	0
683	1096	22	587	KIRSTI	KUHN	RUN4C	F	36	35-39	00:18:07	01:13:06	01:57:23	1	0
684	282	23	968	ANELISA	MAGAMA	REALGIJ	F	38	35-39	00:17:11	01:12:25	01:57:26	0	0
685	9363	10	410	AMANDA	SHAW	IKHAMVA	F	60	60-69	00:16:14	01:10:48	01:57:28	3	0
686	1307	159	2286	NTANDO	ZATU	VUKANI	M	19	Open	00:17:26	01:12:57	01:57:31	1	0
687	1245	47	2722	MISHALE	FUTCHER	VITALITY	F	29	Open	00:16:53	01:12:22	01:57:36	1	0
688	9361	48	1586	MAUDY	BOTES	DESPATCH	F	43	40-49	00:17:00	01:12:23	01:57:38	1	0
689	215	48	1170	COLEEN	GROBLER	RHODESU	F	24	Open	00:17:32	01:12:53	01:57:39	1	0
690	770	93		VIRGIL	RUSSEL	TEMP	M	36	35-39	00:18:15	01:13:25	01:57:44	0	0
691	1322	49	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	41	40-49	00:17:00	01:12:23	01:57:51	1	0
692	451	49	2392	CHRISTIE	SMITH	JBAY	F	31	Open	00:18:01	01:14:30	01:57:55	1	0
693	1188	147	1263	KAHN	LANGFORD	VWAC	M	46	40-49	00:20:25	01:17:15	01:58:00	1	0
694	224	50	618	KELLY	HOLMES	ASPEN	F	48	40-49	00:16:03	01:10:56	01:58:02	2	0
695	9445	51	8064	WENDY	VAN EYCK	TEMP	F	42	40-49	00:17:29	01:13:36	01:58:03	0	0
696	1450	160		ASHLIN	FRANCIS	TEMP	M	22	Open	00:15:48	01:05:04	01:58:05	0	0
697	500	6	839	RAYMOND	VENABLES	CLUBMYK	M	74	70-79	00:17:23	01:13:06	01:58:07	0	0
698	950	161		KHUSH	GOVINDJEE	TEMP	M	20	Open	00:18:03	01:15:19	01:58:09	0	0

699	1392	81	149	ZIYAAD	DOLLEY	MALABAR	M	56	50-59	00:18:11	01:12:40	01:58:11	2	0
700	421	162	350	MARIUS	ROACH	MUIRITE	M	31	Open	00:16:44	01:12:11	01:58:11	1	0
701	1338	5	40032	ANELISIWE	JACOBS	ACT AC	F	18	Junior	00:15:53	01:11:48	01:58:12	1	0
702	496	30	1250	PETER	VAN RENSBURG	ELITEAC	M	67	60-69	00:16:51	01:12:51	01:58:14	2	0
703	810	163	443	LUVUYO	CAMAGU	CHILLIEP	M	34	Open	00:18:19	01:12:51	01:58:14	1	0
704	9493	16	3507	BRONWYN	VAN WYNGAARDT	TEMP	F	24	50-59	00:16:23	01:12:49	01:58:15	0	0
705	9454	94	2226	THUSO	MKONTWANA	SIBALEKA	M	39	35-39	00:18:13	01:12:50	01:58:15	1	0
706	683	95	1683	JERHARD	BURRELL	MADIBA	M	36	35-39	00:19:14	01:13:45	01:58:17	1	0
707	1050	148	1837	XOLA	MBATSHA	HOLLYWOO	M	45	40-49	00:17:17	01:11:48	01:58:19	1	0
708	1166	164	524	FREDERIK	VAN DER WESTHUIZEN	RUN4C	M	31	Open	00:17:41	01:13:47	01:58:21	1	0
709	1461	50	3461	ANLE	DIEDERICKS	TEMP	F	26	Open	00:17:03	01:14:11	01:58:24	0	0
710	623	165		ALISTER	REDDY	TEMP	M	21	Open	00:16:20	01:08:47	01:58:26	0	0
711	1265	52		DANIELLE	BRITO	TEMP	F	42	40-49	00:17:56	01:14:52	01:58:27	0	0
712	984	166		SIFISO	MASALEGUBA	TEMP	M	32	Open	00:16:40	01:11:55	01:58:27	0	0
713	1293	149		LUVUYO	NONZINYANA	TEMP	M	44	40-49	00:17:23	01:12:24	01:58:28	0	0
714	268	82	1269	ZAKHELE	LELAKA	VWAC	M	52	50-59	00:16:45	01:12:08	01:58:31	1	0
715	1480	53		ELANI	ECKERT	TEMP	F	42	40-49	00:18:33	01:13:15	01:58:32	0	0
716	229	51	834	ASHTON	JACOBS	32GI	F	29	Open	00:18:32	01:14:53	01:58:32	1	0
717	900	52		THELMA	NORTJE	TEMP	F	27	Open	00:18:32	01:14:53	01:58:32	0	0
718	1261	96		RASHEED	AGHERDIEN	TEMP	M	37	35-39	00:16:48	01:11:50	01:58:37	0	0
719	9360	83	1585	GEORGE	BOTES	DESPATCH	M	51	50-59	00:18:04	01:14:30	01:58:37	1	0
720	9362	150	1615	STEPHANUS	LAMBRECHTS	DESPATCH	M	42	40-49	00:18:04	01:14:31	01:58:37	1	0
721	307	24	2713	BUSISIWE	MATWA	VITALITY	F	35	35-39	00:16:50	01:13:08	01:58:37	1	0
722	994	167		STEVEN	PETTITT	TEMP	M	29	Open	00:17:00	01:12:53	01:58:39	0	0
723	9231	53		CLAIRE	RANKIN	TEMP	F	26	Open	00:16:37	01:12:45	01:58:41	0	0
724	848	11	1332	THANDI	NKWANDLA	NEDBANK	F	60	60-69	00:17:18	01:12:53	01:58:44	3	0
725	1060	54	518	NIENKE	SCHOLTZ	RUN4C	F	28	Open	00:18:23	01:12:54	01:58:45	1	0
726	677	55	1689	SILKE	BOTHA	MADIBA	F	28	Open	00:17:00	01:12:53	01:58:47	1	0
727	1123	97	1285	WANDA	BANJWA	VWAC	M	38	35-39	00:16:54	01:12:33	01:58:47	1	0
728	1009	84	2357	SYBRAND	KIRSTEN	JBAY	M	56	50-59	00:17:26	01:12:49	01:58:47	1	0
729	1093	12	723	ALETTA	JOUBERT	CRUSADE	F	63	60-69	00:16:56	01:16:16	01:58:50	3	0
730	374	98	2815	LUTHANDO	NOMTOTO	CSEP	M	38	35-39	00:15:39	01:10:04	01:58:51	1	0
731	922	168		DELPHINE	LE PÉCHOUX	TEMP	M	26	Open	00:16:56	01:12:56	01:58:51	0	0
732	1087	56	2903	KYLA	FULLARTON	ALBANY	F	22	Open	00:18:34	01:13:51	01:58:56	1	0
733	383	54	2369	JANENE	OOSTHUIZEN	JBAY	F	46	40-49	00:18:31	01:15:08	01:58:58	2	0
734	9366	85	1588	JACQUES	BOTHA	DESPATCH	M	51	50-59	00:18:04	01:14:31	01:59:05	1	0
735	978	86		RICHARD	LAWRENCE	TEMP	M	55	50-59	00:16:47	01:09:27	01:59:11	0	0
736	608	151		SISEKO	MKUMLA	TEMP	M	40	40-49	00:16:49	01:12:52	01:59:11	0	0
737	638	169		AKHONA	SOGA	TEMP	M	30	Open	00:17:26	-	01:59:11	0	0
738	164	152	1234	DEWALD	DEYSEL	ELITEAC	M	42	40-49	00:17:34	01:13:29	01:59:11	1	0
739	9474	55	1219	MELANIE	CHRISTIE	ELITEAC	F	40	40-49	00:17:02	01:13:02	01:59:11	1	0
740	793	153	53031	MKHULULI	JACK	RBOWCG	M	44	40-49	00:16:49	01:12:50	01:59:12	0	0
741	419	154	1259	SIYABULELA	RELU	VWAC	M	48	40-49	00:17:24	01:13:07	01:59:12	1	0
742	1208	155	1630	JOE	SCHOEMAN	MADIBA	M	45	40-49	00:17:04	01:12:52	01:59:12	1	0
743	1281	87		ANDREW	HART	TEMP	M	56	50-59	-	01:12:52	01:59:12	0	0
744	9344	88	2530	ALVADO	ARENDSE	MADIBAZ	M	51	50-59	00:17:31	01:12:53	01:59:12	1	0
745	414	156	391	MLULEKI	RALA	IKHAMVA	M	45	40-49	00:16:50	01:12:49	01:59:12	1	0
746	622	57		SARAH-JANE	PRYCE-LEWIS	TEMP	F	27	Open	00:16:50	01:12:52	01:59:12	0	0
747	1118	89	1946	MICHAEL	SMITH	BLUEBAY	M	52	50-59	00:17:06	01:12:53	01:59:12	1	0
748	522	157	2463	LUTHANDO	YIBE	ABSAEP	M	44	40-49	00:18:13	01:12:51	01:59:12	1	0
749	9215	158	2841	THANDUXOLO	MAGAQA	UNKNOWN	M	45	40-49	00:16:49	01:12:50	01:59:12	0	0
750	582	170		HYRAM	JACOBUS	TEMP	M	28	Open	00:13:38	01:00:45	01:59:13	0	0
751	1203	17	823	JOY	PREGNOLATO	32GI	F	54	50-59	00:16:52	01:13:11	01:59:13	2	0
752	860	58	1087	SANELISIWE	SKOTANA	BUFFALO	F	26	Open	00:13:13	00:55:24	01:59:13	0	0
753	9282	99	50803	SIVIWE	MEVENI	REALGIJ	M	38	35-39	00:16:50	01:12:50	01:59:13	0	0
754	151	56	2656	TENIELLE	DE ANDRADE	VITALITY	F	40	40-49	00:17:44	01:13:21	01:59:13	1	0
755	1497	159		PAUL	FERREIRA	TEMP	M	47	40-49	00:16:53	01:12:54	01:59:13	0	0
756	964	171		VICTOR	CHABANGU	TEMP	M	32	Open	00:17:59	01:12:56	01:59:14	0	0
757	607	100		SIVENE	MJILA	TEMP	M	36	35-39	00:16:20	01:11:43	01:59:14	0	0
758	176	59	493	BIANCA	EHLERS	RUN4C	F	25	Open	00:19:34	01:15:30	01:59:15	1	0
759	9267	160	2154	DELANI	THUSI	TRANSNET	M	42	40-49	00:17:55	01:12:51	01:59:15	1	0
760	9242	172		DESMOND	GAMBIZA	TEMP	M	32	Open	00:16:52	01:12:47	01:59:23	0	0
761	339	25	2677	BRENDA	MUKOMBE	VITALITY	F	37	35-39	00:16:50	01:13:36	01:59:23	1	0
762	1432	60		CHADE'	WIENEKUS	TEMP	F	30	Open	00:16:34	01:11:55	01:59:24	0	0
763	1482	161		IVAN	PAVLOVSKII	TEMP	M	41	40-49	00:18:36	01:15:06	01:59:28	0	0
764	675	162	1699	BRENDAN	BOSMAN	MADIBA	M	40	40-49	00:19:15	01:13:45	01:59:29	1	0
765	710	31	345	ROBERT	BUTTON	OLDSELB	M	66	60-69	00:18:43	01:15:24	01:59:31	0	0
766	1030	173	1141	DANIEL	KRITZINGER	BERTS	M	22	Open	00:19:43	01:17:48	01:59:31	0	0
767	481	32		GORDON	TURNER	TEMP	M	60	60-69	00:16:50	01:12:55	01:59:32	0	0
768	897	61		DANELLE	NEL	TEMP	F	29	Open	00:16:52	01:12:54	01:59:37	0	0

769	9314	18	981	NATALIE	JONAS	CHARLO	F	54	50-59	00:17:56	01:14:52	01:59:44	2	0
770	425	62	120	TYRA	ROOZENDAAL	VARSITY	F	23	Open	00:16:25	01:10:59	01:59:46	1	0
771	9365	174	2529	ETHAN	HOWARD	MADIBAZ	M	21	Open	00:16:25	01:10:58	01:59:46	1	0
772	588	163		ETIENNE	KOOPMAN	TEMP	M	47	40-49	00:16:52	01:12:54	01:59:47	0	0
773	263	19	577	YOLANDIE	LANDMAN	RUN4C	F	50	50-59	00:16:35	01:11:26	01:59:47	2	0
774	1025	175		ABU	KHADROUI	TEMP	M	23	Open	00:16:55	01:12:48	01:59:50	0	0
775	866	26	1973	GERDA	VAN TONDER	SOMEAST	F	38	35-39	00:16:57	01:12:52	01:59:50	1	0
776	730	63	2174	JENNA	JONKER	CHARLO	F	21	Open	00:16:50	01:13:21	01:59:50	1	0
777	9378	164	50292	SITHEMBISO	SOYAYA	BAYETHE	M	44	40-49	00:16:49	01:12:59	01:59:51	0	0
778	780	90	2050	BILLYBOY	KIETAS	DESPATCH	M	50	50-59	00:15:20	01:08:32	01:59:55	1	0
779	896	176		ANDRE	NEL	TEMP	M	32	Open	00:16:51	01:12:54	01:59:58	0	0
780	1205	91	277	NALELI	WILLIAMS	MUIRITE	M	51	50-59	00:17:10	01:12:09	02:00:00	1	0
781	225	13	660	ALISON	HOOGEWEEGEN	KNYSNA	F	65	60-69	00:18:37	01:15:27	02:00:06	0	0
782	1143	92	1290	MARTIN	LEWIES	VWAC	M	50	50-59	00:20:25	01:17:18	02:00:13	1	0
783	1500	101		ROCH	THOMPSON	TEMP	M	38	35-39	00:19:55	01:18:13	02:00:19	0	0
784	9321	57	905	MICHELE	MOOLMAN	CHARLO	F	40	40-49	00:17:57	01:14:26	02:00:20	1	0
785	9318	165	934	JEAN	MEYER	CHARLO	M	46	40-49	00:17:56	01:14:25	02:00:20	1	0
786	9351	102	9351	SIYA	MTHEMBU	TEMP	M	39	35-39	00:15:37	01:12:16	02:00:29	0	0
787	684	177	53029	SIYANDA	BUTHELEZI	SANDFEP	M	27	Open	00:11:50	01:07:32	02:00:31	1	0
788	1401	103		RYAN	BLACK	TEMP	M	38	35-39	00:19:43	01:15:01	02:00:36	0	0
789	881	166		BRENDAN	JENNINGS	TEMP	M	43	40-49	00:18:40	01:16:09	02:00:39	0	0
790	960	178		BENJAMIN	WILHELM	TEMP	M	19	Open	00:19:46	01:19:31	02:00:42	0	0
791	688	167	1308	NKULULEKO	CETYWAYO	VWAC	M	48	40-49	00:16:22	01:12:59	02:00:45	1	0
792	1418	33	1320	COLBEN	NGCUPE	NEDBANK	M	62	60-69	00:17:24	01:13:20	02:00:45	1	0
793	1438	20		NIKKI	GERRARD	TEMP	F	52	50-59	00:16:50	01:12:51	02:00:47	0	0
794	755	58	883	LINDI	VAN TONDER	CHARLO	F	47	40-49	00:16:35	01:12:43	02:00:52	1	0
795	656	179		JONATHAN	WILLIAMS	TEMP	M	23	Open	00:18:20	01:15:42	02:00:52	0	0
796	1414	180		YUSUF	MANSOOR	TEMP	M	32	Open	00:17:20	01:11:23	02:00:53	0	0
797	9394	27	2513	VICTORIA	SHINIME	TEMP	F	36	35-39	00:16:14	01:10:28	02:00:55	0	0
798	840	93	1298	MPHATHISI	MJADU	VWAC	M	53	50-59	00:17:44	01:14:58	02:00:55	1	0
799	1179	181	1057	JARED	DE DONCKER	XCEL	M	24	Open	00:16:14	01:11:10	02:00:56	1	0
800	9428	64	50762	SIWAPHILE	NOGAGA	FORTH	F	27	Open	00:16:52	01:13:43	02:00:58	0	0
801	210	28	1695	CARLA	GILLWALD	MADIBA	F	36	35-39	00:16:29	01:11:10	02:01:01	1	0
802	153	59	804	VALMAINE	DE KLERK	32GI	F	48	40-49	00:16:53	-	02:01:05	1	0
803	1416	104		MZIKAYISE	MBEBE	TEMP	M	39	35-39	00:15:30	01:12:47	02:01:06	0	0
804	195	168	851	THANDO	FRANS	SPAREC	M	47	40-49	00:17:31	01:12:42	02:01:06	1	0
805	9335	34	1567	JACOBUS	WYATT	DESPATCH	M	62	60-69	00:17:12	01:13:56	02:01:16	1	0
806	894	60		SAMANTHA	MUKHEIBIR	TEMP	F	47	40-49	00:16:50	01:14:03	02:01:18	0	0
807	158	29	622	YVETTE	DE VILLIERS	ASPEN	F	39	35-39	00:16:53	01:13:26	02:01:25	1	0
808	1165	169	639	DHIRESH	VALLABH	ASPEN	M	40	40-49	00:19:20	01:17:25	02:01:29	1	0
809	970	65		BANDLAKAZI	SWAZI	TEMP	F	31	Open	00:19:42	01:15:27	02:01:40	0	0
810	1044	66	208	INGA	GXOLO	CSEP	F	29	Open	00:17:52	01:14:59	02:01:40	1	0
811	9489	170	8085	THULANI	VENGE	TEMP	M	46	40-49	00:20:52	01:16:31	02:01:41	0	0
812	260	182	127	MUSTAFA	LAGARDIEN	MALABAR	M	32	Open	00:17:14	01:13:17	02:01:42	1	0
813	1349	35	1592	CEDRIC	THYSSE	DESPATCH	M	67	60-69	00:18:02	01:14:31	02:01:49	2	0
814	979	171		IGOR	LESKO	TEMP	M	45	40-49	00:18:13	01:13:22	02:01:51	0	0
815	494	21	1552	THERESA	OOSTHUIZEN	DESPATCH	F	54	50-59	00:18:02	01:16:26	02:01:58	2	0
816	1312	22	730	SUNE	DIEDERICKS	CRUSADE	F	54	50-59	00:17:03	01:14:11	02:02:05	2	0
817	818	14	1214	BENITA	GERBER	ELITEAC	F	60	60-69	00:17:58	01:15:17	02:02:06	2	0
818	9203	172	1040	MVELO	PHUNGULA	BUFFALO	M	46	40-49	00:16:38	01:13:32	02:02:07	0	0
819	601	94		JAVIER	MARTIN	TEMP	M	51	50-59	00:20:03	01:17:56	02:02:15	0	0
820	1194	61	611	HAYLEY	NEWING	ASPEN	F	40	40-49	00:18:41	01:14:13	02:02:18	1	0
821	9486	173	8085	BULWANA	MAKHI	TEMP	M	47	40-49	00:15:58	01:08:11	02:02:22	0	0
822	9240	95		ALEXANDER	SHEMYATIKHIN	TEMP	M	53	50-59	00:18:36	01:15:05	02:02:30	0	0
823	771	62		CHANTELLE	LINDEMANN	TEMP	F	42	40-49	00:19:10	01:16:21	02:02:33	0	0
824	406	96	88	MAHENDRA	PRAHALADH	INFINITY	M	58	50-59	00:17:50	01:15:17	02:02:34	1	0
825	1485	97		LAURE	PIETERSE	TEMP	M	54	50-59	00:16:52	01:14:03	02:02:43	0	0
826	1443	105		PETER	JACOBSEN	TEMP	M	35	35-39	00:17:27	01:14:12	02:02:48	0	0
827	9258	174	9258	ZUKILE	MBASANE	TEMP	M	44	40-49	-	01:19:00	02:02:58	0	0
828	353	30	2945	BIANCA	NAUDE	KOMANIR	F	39	35-39	00:18:49	01:16:48	02:02:58	0	0
829	990	183		WAYNE	MOSS	TEMP	M	27	Open	00:15:29	01:12:11	02:03:10	0	0
830	350	63	1220	KELLY	NAIDOO	ELITEAC	F	44	40-49	00:17:37	01:14:41	02:03:16	1	0
831	796	175	1192	HEINZ	CONRAD	ELITEAC	M	46	40-49	00:16:50	01:13:08	02:03:17	1	0
832	526	184		MARCEL	ABRAHAMS	TEMP	M	33	Open	00:18:40	01:14:05	02:03:18	0	0
833	693	67	119	ROBYN	CLEMENCE	VARSITY	F	23	Open	00:17:54	01:14:42	02:03:25	1	0
834	1000	68		CAITLIN	SMIT	TEMP	F	27	Open	00:17:13	01:14:04	02:03:28	0	0
835	9275	106	9275	WESLEY	REGNART	TEMP	M	35	35-39	00:16:29	01:11:10	02:03:45	0	0
836	786	98	2294	SIDWELL	MATINYANE	VUKANI	M	59	50-59	00:16:59	01:14:21	02:03:45	1	0
837	756	185	972	CONRAD	VENTER	CHARLO	M	33	Open	00:19:30	01:16:19	02:03:45	1	0
838	1253	176		ANDRE	TALJARD	TEMP	M	44	40-49	00:18:03	01:15:29	02:03:47	0	0

839	579	64		DOREEN	HOLMES	TEMP	F	41	40-49	00:16:21	01:14:40	02:03:48	0	0
840	1270	69		CARLA	HUYSAMEN	TEMP	F	29	Open	00:18:35	01:16:50	02:03:50	0	0
841	1266	186		MICHAEL	DAWSON	TEMP	M	29	Open	00:18:08	01:15:49	02:03:53	0	0
842	486	187	1648	KEITH	VALENTINE	MADIBA	M	34	Open	00:18:33	01:16:24	02:03:55	1	0
843	882	70		NICOLE	JOHNSON	TEMP	F	28	Open	00:15:08	01:11:34	02:04:00	0	0
844	1430	71		ANJE	BARKHUIZEN	TEMP	F	25	Open	00:18:22	01:16:37	02:04:00	0	0
845	933	177		WALDIMAR	ROSSLEE	TEMP	M	45	40-49	00:15:05	01:10:06	02:04:02	0	0
846	931	188		FLETCHER	ROBINSON	TEMP	M	34	Open	00:23:01	01:20:42	02:04:11	0	0
847	492	189	116	RONAN	VAN DER VAART	VARSITY	M	19	Open	00:16:52	01:12:51	02:04:13	1	0
848	1008	23	1547	MADELEINE	GREYLING	DESPATCH	F	54	50-59	00:18:17	01:16:28	02:04:15	1	0
849	1335	72	12	MARIKE	VAN DER KOLF	PEAAC	F	34	Open	00:17:27	01:16:42	02:04:16	1	0
850	1464	73	3464	JULIA	FOOT	TEMP	F	29	Open	00:16:50	01:13:21	02:04:17	0	0
851	1184	178	809	DEAN	GOW	32GI	M	41	40-49	00:16:50	01:13:21	02:04:18	1	0
852	965	65		ADEL	KLEYNHANS	TEMP	F	46	40-49	00:18:46	01:16:04	02:04:18	0	0
853	968	66		DEDREI	MOOLMAN	TEMP	F	48	40-49	00:18:46	01:16:03	02:04:18	0	0
854	9453	31	8086	LUCY	MCNAUGHTON	TEMP	F	37	35-39	00:17:56	01:14:53	02:04:22	0	0
855	1220	107	1868	TUMELO	LEHASA	HOLLYWOO	M	37	35-39	00:16:51	01:14:37	02:04:24	1	0
856	306	74	2304	QAQAMBA	MATUNDU	VUKANI	F	27	Open	00:18:18	01:16:15	02:04:27	1	0
857	9264	30	40285	NATHAN	LOTTERING	ATLANTIC	M	19	Junior	00:18:03	01:13:37	02:04:28	1	0
858	1065	75	484	MARYKA	MEYER	RUN4C	F	30	Open	00:19:14	01:17:04	02:04:31	1	0
859	1064	76	483	MARISA	MEYER	RUN4C	F	30	Open	00:19:14	01:17:04	02:04:31	1	0
860	1126	15	2377	CHRISTINE	VAN DER BERG	JBAY	F	61	60-69	00:18:01	01:15:56	02:04:33	2	0
861	1054	108	1773	ROBIN	NOMDOE	GELVAN	M	38	35-39	00:18:59	01:18:15	02:04:34	1	0
862	1279	190		DIVAN	FOURIE	TEMP	M	21	Open	00:19:33	01:18:15	02:04:35	0	0
863	595	191		MARC	MAHAMBEHLALA	TEMP	M	34	Open	00:16:52	01:12:56	02:04:36	0	0
864	557	24		HESTER	DEKKER	SAPPE	F	53	50-59	00:18:05	01:12:54	02:04:37	1	0
865	1159	25	583	CHRISTELLE	SLABBERT	RUN4C	F	53	50-59	00:17:30	01:14:24	02:04:42	1	0
866	542	77		SARAH	BROWN	TEMP	F	24	Open	00:18:53	01:17:07	02:04:44	0	0
867	9273	99	417	PETER	MSIZA	CHILLIEP	M	52	50-59	00:15:58	01:10:55	02:04:49	1	0
868	456	179	1700	EMILE	SONNEKUS	MADIBA	M	44	40-49	00:19:32	01:18:16	02:04:50	1	0
869	961	192		THASHEN	FRANCIS	TEMP	M	20	Open	00:18:03	01:15:19	02:04:53	0	0
870	277	193	34	NKOSINATHI	MABUNU	QOKOL	M	33	Open	00:18:59	-	02:05:00	0	0
871	9312	100	915	JOEL	HUMAN	CHARLO	M	52	50-59	00:17:47	01:16:37	02:05:04	1	0
872	713	101	978	CHRISTOPHER	AYERST	CHARLO	M	58	50-59	00:19:36	01:19:12	02:05:04	1	0
873	1242	36	241	IAN	ROBERTSON	KOWIE	M	61	60-69	00:17:34	01:15:00	02:05:07	1	0
874	819	26	1635	DORIS	GERBER	MADIBA	F	54	50-59	00:17:24	01:14:22	02:05:11	1	0
875	319	32	170	THANDEKA	MHLANGA	ACT AC	F	35	35-39	00:19:12	01:17:00	02:05:12	1	0
876	1275	180		RENAN	CASARIM	TEMP	M	40	40-49	00:20:02	01:18:44	02:05:17	0	0
877	433	33	2660	ASANDA	SASANTI	VITALITY	F	35	35-39	00:18:59	01:18:15	02:05:18	1	0
878	9336	37	327	ELWIN	WOODS	MUIRITE	M	61	60-69	00:17:54	01:16:10	02:05:23	1	0
879	782	38	1716	DERICK	GOLIATH	GELVAN	M	61	60-69	00:19:35	01:17:53	02:05:24	1	0
880	549	27		PADDY	CLOETE	TEMP	F	52	50-59	00:18:42	01:17:11	02:05:27	0	0
881	538	67		LINDA	BLANDFORD	TEMP	F	48	40-49	00:16:54	01:16:33	02:05:35	0	0
882	1086	78	557	ANELISIWE	DLIKI	NYANDEN	F	31	Open	00:17:52	01:15:59	02:05:40	0	0
883	948	194		LUYANDA	DLADLA	TEMP	M	20	Open	00:15:59	01:11:34	02:05:43	0	0
884	505	68	511	ELRINDA	WANNENBURG	RUN4C	F	44	40-49	00:16:58	01:17:17	02:05:43	1	0
885	1104	102	1296	NOEL	MCMASTER	VWAC	M	59	50-59	00:15:13	01:12:39	02:05:44	1	0
886	9241	69		CATHERINE	GROCH	TEMP	F	45	40-49	00:18:36	01:16:51	02:05:48	0	0
887	1207	195	2891	TANDUXOLO	SAULI	UNKNOWN	M	34	Open	00:20:05	01:18:04	02:05:52	0	0
888	892	6		LEILAH	MILES	TEMP	F	19	Junior	00:18:09	01:14:28	02:05:52	0	0
889	580	181		GARRETH	HOLMES	TEMP	M	43	40-49	00:16:58	01:15:40	02:05:57	0	0
890	280	196	2433	MAYO	MAFILIVANA	JBAY	M	31	Open	00:16:50	01:13:06	02:06:02	1	0
891	493	70	2396	TANYA	VAN DER WESTHUIZEN	JBAY	F	42	40-49	00:19:40	01:18:54	02:06:03	1	0
892	194	71	2360	ILSE	FOURIE	JBAY	F	41	40-49	00:19:39	01:18:54	02:06:04	1	0
893	409	197	112	SBULELE	QASHA	VARSITY	M	23	Open	00:28:39	01:19:57	02:06:04	1	0
894	716	16	984	BELINDA	BAIN	CHARLO	F	63	60-69	00:16:38	01:15:14	02:06:11	2	0
895	708	28	1511	JOANNE	BERNARDIE	NEDBOR	F	54	50-59	00:17:30	01:17:29	02:06:14	0	0
896	9491	198	3509	WADE	HENDRICKS	TEMP	M	29	Open	00:20:21	01:19:55	02:06:17	0	0
897	9375	29	1124	ELIZABETH	PRINS	ACH	F	55	50-59	00:17:55	01:17:23	02:06:18	1	0
898	924	79		LAUREN	MCCLEAN	TEMP	F	29	Open	00:17:21	01:14:12	02:06:19	0	0
899	289	72	1291	ASHENDA	MAKONIE	VWAC	F	49	40-49	00:19:47	01:19:23	02:06:21	1	0
900	9402	182	1752	ALFRED	DENNIS	GELVAN	M	49	40-49	00:16:15	01:14:58	02:06:21	1	0
901	9367	199	3661	HEINRICH	FEUTH	TEMP	M	20	Open	00:20:52	01:16:31	02:06:23	0	0
902	9400	80	3509	MILLA	OTTO	TEMP	F	20	Open	00:18:20	01:17:36	02:06:23	0	0
903	9397	81	3511	LIZE-ME	OTTO	TEMP	F	23	Open	00:18:20	01:17:36	02:06:24	0	0
904	412	17	146	ELEANOR	RAGAVAL	OXFORD	F	65	60-69	00:18:19	01:17:37	02:06:29	0	0
905	380	73	2470	THEMBU	NTSUKUNYANE	ABSAEP	F	46	40-49	00:16:20	01:14:15	02:06:31	1	0
906	787	103	1512	DEON	ENGELBRECHT	NEDBANK	M	57	50-59	00:19:09	01:17:33	02:06:33	1	0
907	802	18	1201	CATHY	ALLERS	ELITEAC	F	63	60-69	00:17:58	01:16:15	02:06:35	2	0
908	1426	82		ASIVE	SIMETU	TEMP	F	25	Open	00:19:09	01:17:01	02:06:39	0	0

909	1393	200	50738	NKOLISO	NOMSOBO	MTHATHA	M	28	Open	00:28:39	01:21:30	02:06:39	0	0
910	364	34	615	KATHERINE	NEL	ASPEN	F	35	35-39	00:19:21	01:18:42	02:06:39	1	0
911	9386	201	637	MARK	GODDARD	ASPEN	M	28	Open	00:19:20	01:18:42	02:06:39	1	0
912	292	104	1776	SHAHIED	MAMOOJEE	GELVAN	M	59	50-59	00:16:55	01:17:03	02:06:41	1	0
913	140	2	708	JOAN	MARLBOROUGH	CRUSADE	F	70	70-79	00:17:30	01:16:36	02:06:46	3	0
914	388	202	2093	AXOLA	PAKADE	ASPEN	M	28	Open	00:18:43	01:17:17	02:06:49	1	0
915	249	109	57	JASON	KIVEDO	SAPPE	M	39	35-39	00:16:51	01:12:49	02:06:50	1	0
916	243	74	139	WARDAH	KAFAAR	MALABAR	F	45	40-49	00:19:15	01:18:15	02:06:55	1	0
917	676	35	1698	MEGAN	BOSMAN	MADIBA	F	38	35-39	00:19:25	01:16:50	02:06:58	1	0
918	626	75		ASTRID	ROSSOUW	TEMP	F	46	40-49	00:17:59	01:16:59	02:07:03	0	0
919	877	203		LINDSEY	DREW	TEMP	M	33	Open	00:16:16	01:13:15	02:07:13	0	0
920	1239	30	1565	BONITA	WEITSZ	DESPATCH	F	53	50-59	00:18:06	01:16:26	02:07:15	1	0
921	1329	36	1587	MARISKA	OLIVIER	DESPATCH	F	37	35-39	00:18:22	01:17:14	02:07:15	1	0
922	581	110		ANTON	HUTTON	TEMP	M	39	35-39	00:16:55	01:16:35	02:07:20	0	0
923	1361	31	40007	ETHAN	BRUWER	RUN4C	M	19	Junior	00:19:05	01:14:21	02:07:23	1	0
924	1124	7	746	JOHAN	BARNARD	CRUSADE	M	70	70-79	00:17:24	01:16:47	02:07:33	1	0
925	827	31	1600	YVETTE	JONKER	DESPATCH	F	53	50-59	00:18:44	01:19:03	02:07:44	1	0
926	1308	32	300	CAROL	BOOYSEN	muirite	F	56	50-59	00:19:32	01:19:03	02:07:44	1	0
927	1250	111	1250	REINHARDT	DE JAGER	TEMP	M	39	35-39	00:19:35	01:19:11	02:07:48	0	0
928	1334	83	2408	ROSLYNN	STEENKAMP	JBAY	F	27	Open	00:19:37	01:18:52	02:07:48	1	0
929	1274	204		LUCAS	BANZI	TEMP	M	33	Open	00:19:28	01:18:20	02:07:49	0	0
930	245	112	641	JACQUES	KEIRSGIETER	ASPEN	M	37	35-39	00:19:20	01:19:54	02:07:57	1	0
931	347	183	2971	MCEBISI	MZINZI	DPWEC	M	45	40-49	00:18:12	01:15:25	02:07:59	1	0
932	1234	76	2785	ZENITA	DURRHEIM	ASPEN	F	46	40-49	00:19:21	01:19:44	02:08:00	1	0
933	9345	33	840	BRONWIN	MEYER	32GI	F	52	50-59	00:17:44	01:17:02	02:08:01	1	0
934	837	77	2953	THEMBELA	MANYA	NMBAC	F	41	40-49	00:19:34	01:20:40	02:08:07	1	0
935	227	34	1717	ANTOINETTE	HUMAN	GELVAN	F	57	50-59	00:18:48	01:19:03	02:08:16	1	0
936	627	105		RIAAN	ROSSOUW	TEMP	M	53	50-59	00:17:25	01:17:48	02:08:22	0	0
937	752	106	895	GIANNI	TISTELLI	CHARLO	M	54	50-59	00:18:55	01:17:46	02:08:25	1	0
938	9210	113	2146	SIKHUMBUZO	HLOPHE	TRANSNET	M	39	35-39	00:19:44	01:18:29	02:08:32	1	0
939	1491	35		MICHELLE	DAMES	TEMP	F	50	50-59	00:17:22	01:16:08	02:08:33	0	0
940	204	205	2776	STERN	GEORGE	MUIRITE	M	19	Open	00:18:45	01:17:13	02:08:38	1	0
941	826	206	1545	RUAN	JONKER	DESPATCH	M	26	Open	00:18:28	01:19:03	02:08:41	1	0
942	9425	37	1721	LIZETTE	OLIVER	GELVAN	F	38	35-39	00:16:14	01:16:48	02:08:44	1	0
943	101	3		ROZETTA	KEMP	EPA	F	70	70-79	00:17:30	01:17:17	02:08:46	2	0
944	418	207	9998	JONATHAN	RAUCH	SACS	M	28	Open	00:20:18	01:21:00	02:08:47	0	0
945	9342	184	1812	THULANI	FUNDE	BATHURST	M	41	40-49	00:25:22	01:23:27	02:08:47	1	0
946	1367	208	9604	GWEBALIBANZI	MKHABELA	MADIBAZ	M	32	Open	00:28:40	01:19:57	02:08:51	1	0
947	288	107	1911	MATHONGO	MAKHIWANE	BLUEBAY	M	50	50-59	00:17:41	01:17:17	02:08:54	1	0
948	381	36	1759	LINDY	OLIVER	GELVAN	F	57	50-59	00:19:35	01:18:53	02:08:58	1	0
949	9270	108	3031	FAIQ	JAPPIE	MALABAR	M	52	50-59	00:17:14	01:13:38	02:09:01	1	0
950	620	209		JODI	PIENAAR	WALMER	M	31	Open	00:19:26	01:18:28	02:09:23	1	0
951	717	109	956	NEELESH	BHANA	CHARLO	M	54	50-59	00:19:36	01:20:40	02:09:24	1	0
952	1192	84	2075	AMANDA	MKHOHLWA	SANDFEP	F	33	Open	00:18:00	01:18:38	02:09:30	1	0
953	301	38	2189	TRYLIZA	MARAMBA	STUT	F	35	35-39	00:16:49	01:16:58	02:09:31	0	0
954	9490	114	525	WESSEL	EBERSOHN	RUN4C	M	35	35-39	00:19:29	01:21:26	02:09:32	1	0
955	687	78	2345	NOMFUSI	CESHEMBA	VUKANI	F	43	40-49	00:17:05	01:18:09	02:09:32	1	0
956	680	210	2190	ALAN	BROWNE	32GI	M	33	Open	00:16:51	01:17:30	02:09:35	1	0
957	1210	185	1093	SIBUSISO	SISWANA	BUFFALO	M	49	40-49	00:24:14	01:21:41	02:09:35	0	0
958	274	110	1726	BERNARD	LODEWYK	GELVAN	M	54	50-59	00:19:04	01:18:25	02:09:39	1	0
959	765	39	1930	TIM	BRAY	BLUEBAY	M	62	60-69	00:19:42	01:19:15	02:09:39	1	0
960	9237	39		AMANDA	NOMANDLA	TEMP	F	35	35-39	00:16:20	01:15:12	02:10:00	0	0
961	632	211		DANIEL	SCHLUTER	TEMP	M	32	Open	00:20:18	01:21:01	02:10:07	0	0
962	202	186	1271	JABU	GAULA	CHILLIEB	M	43	40-49	00:18:37	01:20:25	02:10:10	0	0
963	1014	85	2769	NTOMBODIDI	MPUTA	SAPPE	F	30	Open	00:16:03	01:15:28	02:10:11	1	0
964	9494	37	1937	AMANDA	PRIDEAUX	BLUEBAY	F	50	50-59	00:19:57	01:21:35	02:10:13	1	0
965	685	32	2650	NATHAN	CAROLUS	MADIBAZ	M	19	Junior	00:21:32	01:24:31	02:10:15	1	0
966	264	40	264	VERNON EUGENE	SAFERS	TEMP	M	62	60-69	00:19:45	01:19:15	02:10:18	0	0
967	1474	40	3474	LEILA	SAMPSON	TEMP	F	36	35-39	00:19:33	01:18:58	02:10:19	0	0
968	1410	86		KELLY	KINGWILL	TEMP	F	26	Open	00:19:21	01:19:44	02:10:23	0	0
969	1366	187	552	GEOFFREY	SWARTBOOI	RUN4C	M	49	40-49	00:20:42	01:22:43	02:10:24	1	0
970	9224	33	40012	YARDON	SWARTBOOI	RUN4C	M	17	Junior	00:20:36	01:22:43	02:10:24	1	0
971	113	8	926	TREVOR	VAN RENSBURG	CHARLO	M	72	70-79	00:17:25	01:17:03	02:10:30	1	0
972	1411	38		SANDY	KINGWILL	TEMP	F	56	50-59	00:20:35	01:22:24	02:10:34	0	0
973	1041	41	507	JOHAN	FERREIRA	RUN4C	M	63	60-69	00:19:28	01:21:26	02:10:41	1	0
974	9422	42	1675	MARIUS	ZEELIE	MADIBA	M	60	60-69	00:19:26	01:20:34	02:10:43	1	0
975	986	87		NATALIE	MELS	TEMP	F	31	Open	00:20:00	01:22:44	02:10:44	0	0
976	647	115		WANDILE	TSHINGI	TEMP	M	38	35-39	00:18:33	01:18:09	02:10:48	0	0
977	9333	43	2626	SYLVAN	BLIGNAUT	MADIBAZ	M	65	60-69	00:18:18	01:19:56	02:10:49	1	0
978	9401	88	526	NIEKE	EBERSOHN	RUN4C	F	33	Open	00:19:28	01:21:27	02:10:56	1	0

979	1339	79	1115	ANNE	WALLIS	ACH	F	44	40-49	00:20:40	01:22:04	02:10:59	1	0
980	1397	212		TSHEPO	MOILWE	TEMP	M	28	Open	00:19:24	01:21:19	02:11:01	0	0
981	1472	213	3472	TRISTAN	PARFITT	TEMP	M	21	Open	00:20:03	01:22:27	02:11:06	0	0
982	1249	111	77	LOUIS	SWIEGELAAR	SAPPE	M	59	50-59	00:19:26	01:20:59	02:11:06	1	0
983	1456	188		WARREN	TAGG	TEMP	M	49	40-49	00:20:04	01:22:27	02:11:07	0	0
984	951	112		MAHESH	HOOKA	TEMP	M	52	50-59	00:18:39	01:18:11	02:11:09	0	0
985	497	19	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	60	60-69	00:18:14	01:18:59	02:11:13	1	0
986	9414	189	3501	FLOYD	MKONTWANA	TEMP	M	45	40-49	00:19:46	01:19:29	02:11:14	0	0
987	443	34		LERATO	SETAKA	TEMP	M	18	Junior	00:15:18	01:16:50	02:11:20	0	0
988	1117	44	314	LEIGH	SHEPHERD	MUIRITE	M	64	60-69	00:18:42	01:17:33	02:11:21	1	0
989	992	80		VERONIQUE	NAIDOO	TEMP	F	44	40-49	00:19:35	01:21:44	02:11:21	0	0
990	996	214		ANDRE	REYNECKE	TEMP	M	28	Open	00:20:00	01:22:44	02:11:21	0	0
991	1202	39	1264	LAVINIA	PIETERSE	VWAC	F	50	50-59	00:19:47	01:20:11	02:11:28	1	0
992	1268	215		ZAMA	DIKANA	TEMP	M	33	Open	00:19:41	01:19:46	02:11:43	0	0
993	1107	40	3322	SUNDRIE	NAIDOO	TV	F	55	50-59	00:18:18	01:19:39	02:11:46	0	0
994	169	41	1609	WILLEMIEN	DU RANDT	DESPATCH	F	50	50-59	00:18:05	01:20:20	02:11:47	1	0
995	583	35		CHRIS	JOUBERT	TEMP	M	18	Junior	00:21:13	01:20:12	02:11:47	0	0
996	729	81	892	CHANTEL	HUYGEN	CHARLO	F	40	40-49	00:19:10	01:19:09	02:11:49	1	0
997	1042	45	2061	MALCOLM	FIGG	NMBAC	M	67	60-69	00:20:16	01:21:31	02:11:51	1	0
998	1228	20	512	ANSIE	BENADE	RUN4C	F	66	60-69	00:19:50	01:21:28	02:11:52	1	0
999	901	216		SIMON	SCHOLTZ	TEMP	M	29	Open	00:19:19	01:21:24	02:11:53	0	0
1000	854	89	2685	MARILEE	SCHOLTZ	VITALITY	F	28	Open	00:19:19	01:21:24	02:11:54	1	0
1001	9324	46	889	PETER	POHLMANN	CHARLO	M	61	60-69	00:21:07	01:21:59	02:11:59	1	0
1002	744	42	996	PAULA	PEARCE	CHARLO	F	57	50-59	00:19:11	01:20:12	02:12:00	1	0
1003	9216	217	365	TISTA	NTSANGANI	IKHAMVA	M	32	Open	00:21:49	01:22:48	02:12:01	1	0
1004	737	190	896	GAVIN	MATTHEWS	CHARLO	M	49	40-49	00:19:23	01:19:52	02:12:05	1	0
1005	9316	21	2168	BUYELWA	KOBOKANA	CHARLO	F	60	60-69	00:16:21	01:15:53	02:12:13	1	0
1006	660	218		NGONIDZASHE	ZATA	TEMP	M	33	Open	00:18:20	01:20:02	02:12:18	0	0
1007	1031	41	21794	PALESA	MABUSE	TV	F	38	35-39	00:20:36	01:22:03	02:12:20	0	0
1008	1028	116	21795	MPUMELELO	GEGANA	TV	M	37	35-39	00:20:37	01:22:03	02:12:20	0	0
1009	1026	90	1142	ALICIA	BRANDT	BERTS	F	21	Open	00:20:34	01:22:36	02:12:23	0	0
1010	539	219		MIKALE	MULLER	TEMP	M	28	Open	00:19:26	01:21:25	02:12:25	0	0
1011	9296	91	3665	DANIELLE	KOTZE	TEMP	F	29	Open	00:19:28	01:21:26	02:12:25	0	0
1012	759	47	42	SAM	ERASMUS	SAPPE	M	67	60-69	00:19:28	01:21:25	02:12:25	1	0
1013	448	191	2035	DARREL	SLAMBEE	MUIRITE	M	40	40-49	00:18:43	01:18:09	02:12:26	1	0
1014	692	92	339	ILSE	CLAASSENS	MUIRITE	F	25	Open	00:18:52	01:21:42	02:12:28	1	0
1015	467	82	1728	LELACHE	TERBLANCHE	GELVAN	F	41	40-49	00:18:04	01:19:19	02:12:32	1	0
1016	9218	220	3013	UMAR	GANGAT	MADIBAZ	M	20	Open	00:21:33	01:22:05	02:12:33	1	0
1017	842	93	2642	TANITH	MORETON	MADIBAZ	F	20	Open	00:18:11	01:20:21	02:12:35	1	0
1018	1499	221		REESE	CAMBIER	TEMP	M	22	Open	00:19:34	01:18:17	02:12:37	0	0
1019	1387	22	1094	MARIETJIE	PIETERSEN	ACH	F	68	60-69	00:18:23	01:20:04	02:12:37	1	0
1020	473	94	349	CHANEL	TIRAN-DORFLING	MUIRITE	F	30	Open	00:18:52	01:21:42	02:12:38	1	0
1021	1280	222		HERMAN	GERS	TEMP	M	33	Open	00:19:50	01:20:44	02:12:39	0	0
1022	927	83		NWABISA	NGCINGWANA	TEMP	F	41	40-49	00:19:09	01:20:09	02:12:39	0	0
1023	640	84		CHENEL	STRYDOM	TEMP	F	43	40-49	00:20:58	01:22:50	02:12:42	0	0
1024	766	117	2902	JOEL	MOLLER	ALBANY	M	35	35-39	00:18:44	01:22:40	02:12:42	1	0
1025	9243	223		MUHLURI	RENGANE	TEMP	M	24	Open	00:16:53	01:13:35	02:12:44	0	0
1026	1048	113	51302	LIZO	MANELI	CHILLIEB	M	57	50-59	00:20:30	01:22:23	02:12:44	0	0
1027	1277	192		ROBERT	CLARKE	TEMP	M	48	40-49	00:17:05	01:16:29	02:12:47	0	0
1028	801	114	126	MOGAMAD	ABDOLLATIEF	MALABAR	M	52	50-59	00:16:22	01:16:07	02:12:51	1	0
1029	1080	43	3046	YOLANDA	COLESKY	CRUSADE	F	52	50-59	00:19:12	01:22:09	02:12:53	1	0
1030	1468	95	3468	KAYLEE	MARX	TEMP	F	28	Open	00:19:46	01:21:57	02:13:05	0	0
1031	888	224		SIYAVUYA	MARWANQA	TEMP	M	27	Open	00:18:33	01:21:21	02:13:06	0	0
1032	1146	225	52499	OKUHLE	MGUDLWA	KOMANIR	M	28	Open	00:24:20	01:23:28	02:13:10	0	0
1033	9244	226	3060	LWAZI	BANZI	MALABAR	M	34	Open	00:17:54	01:19:41	02:13:22	1	0
1034	9492	48	1913	ANDRE	BOTHA	BLUEBAY	M	61	60-69	00:17:07	01:17:19	02:13:28	1	0
1035	9236	96		ANNABELLE	HIFT	TEMP	F	27	Open	00:21:15	01:24:01	02:13:35	0	0
1036	681	115	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	53	50-59	00:19:18	01:21:24	02:13:35	1	0
1037	9249	193	1284	DEAN	BOSMAN	VWAC	M	43	40-49	00:19:44	01:22:27	02:13:36	1	0
1038	974	42		JOLENE	JANSEN	TEMP	F	39	35-39	00:19:41	01:21:23	02:13:37	1	0
1039	1380	85	348	LIEZEL	GOUSSARD	MUIRITE	F	43	40-49	00:18:19	01:20:17	02:13:44	1	0
1040	9251	227	2803	DALE	FLYNN	RUN4C	M	31	Open	00:21:41	01:26:15	02:13:46	1	0
1041	233	44	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	55	50-59	00:19:17	01:21:58	02:13:51	1	0
1042	1001	45		ANIZE	GERBER	DESPATCH	F	51	50-59	00:19:17	01:21:21	02:13:51	1	0
1043	1135	97	1548	TYLO	GERBER	DESPATCH	F	19	Open	00:19:17	01:21:58	02:13:51	1	0
1044	678	86	298	SANET	BOUCHER	MUIRITE	F	45	40-49	00:18:44	01:20:48	02:13:54	1	0
1045	9399	194	2641	MARLON	KOOPMAN	MADIBAZ	M	46	40-49	00:16:51	01:19:19	02:13:55	1	0
1046	394	116	46	CRAIG	PETERSEN	SAPPE	M	51	50-59	00:18:15	01:21:17	02:13:55	1	0
1047	294	98	2439	YANGA	MANGISA	ORMAMBA	F	31	Open	00:19:03	01:20:24	02:14:04	0	0
1048	1199	195	1708	TABO	NOMBUTUMA	ORMAMBA	M	45	40-49	00:19:04	01:20:24	02:14:04	0	0

1049	646	196		SIVUYILE	TSHINGI	TEMP	M	40	40-49	00:18:33	01:19:11	02:14:06	0	0
1050	816	197	136	ABDURRAHMAAN	FREDERICKS	MALABAR	M	45	40-49	00:18:52	01:18:35	02:14:11	1	0
1051	663	117	2051	LUQMAAN	ADAMS	MALABAR	M	54	50-59	00:17:16	01:16:09	02:14:11	1	0
1052	9272	228	2757	CARLO	BEER	MUIRITE	M	21	Open	00:17:00	01:16:19	02:14:14	1	0
1053	9415	23	1617	CHARMAINE	BUTTON	MADIBA	F	61	60-69	00:18:02	01:20:59	02:14:17	1	0
1054	1251	99		LEIGH-ANN	SMIT	TEMP	F	27	Open	00:18:16	01:19:56	02:14:18	0	0
1055	1198	229	2211	MASONWABE	NOMBUTUMA	SIBALEKA	M	22	Open	00:21:46	01:25:33	02:14:24	1	0
1056	592	7		HANNAH	LEYLAND	TEMP	F	17	Junior	00:20:33	01:25:22	02:14:27	0	0
1057	9431	118	1767	KEITH	SEZOE	GELVAN	M	54	50-59	00:20:40	01:22:45	02:14:29	1	0
1058	1236	87	51026	PRINCESS	SONANZE	BUFFALO	F	44	40-49	00:16:30	01:19:15	02:14:30	0	0
1059	1429	88		LIEZL	WINDVOGEL	TEMP	F	47	40-49	00:19:19	01:21:38	02:14:34	0	0
1060	271	43	2067	NATALIE	LIEBENBERG	ELITEAC	F	38	35-39	00:18:46	01:22:35	02:14:37	1	0
1061	779	89	1540	NERINE	LOOCK	DESPATCH	F	49	40-49	00:19:41	01:23:29	02:14:40	1	0
1062	427	46	8353	SYLVIA	SAFERS	TV	F	57	50-59	00:19:45	01:20:45	02:14:46	0	0
1063	914	230		ARNO	EBERSOHN	TEMP	M	33	Open	00:19:29	01:21:27	02:14:56	0	0
1064	172	47	738	SAM	DU TOIT	CRUSADE	F	56	50-59	00:18:14	01:20:42	02:15:10	1	0
1065	1404	90		JANA	COETZER	TEMP	F	48	40-49	00:18:46	01:22:35	02:15:13	0	0
1066	1439	231		SEAN	BUTLER	TEMP	M	32	Open	00:20:10	01:23:50	02:15:18	0	0
1067	175	44	50644	JEANDRE	EDWARDS	BORN	F	36	35-39	00:18:03	01:20:49	02:15:20	0	0
1068	719	49	903	KESVAL	CHETTY	CHARLO	M	60	60-69	00:20:09	01:19:46	02:15:23	1	0
1069	1233	100	692	MARY-LOUISE	SHIPTON	ALBANY	F	30	Open	00:17:30	01:19:17	02:15:23	1	0
1070	1252	232		JOSE	SMITH	TEMP	M	25	Open	00:21:43	01:17:50	02:15:24	0	0
1071	631	101		SOPHIE	SAUNDERS	TEMP	F	24	Open	00:21:43	01:25:36	02:15:24	0	0
1072	1098	45	2647	SIMTHANDILE	MABHULA	MADIBAZ	F	38	35-39	00:19:21	01:22:03	02:15:31	1	0
1073	154	102	1927	ANIRLE	DE MEYER	BLUEBAY	F	28	Open	00:20:56	01:21:46	02:15:32	1	0
1074	187	91	2917	ERIKA	FERREIRA	JBAY	F	47	40-49	00:20:58	01:22:54	02:15:33	1	0
1075	1377	92	1611	LANI	BOTHMA	DESPATCH	F	43	40-49	00:19:08	01:21:58	02:15:34	1	0
1076	9464	48	1579	JHANINEN	BOSHOFF	DESPATCH	F	59	50-59	00:19:20	01:22:09	02:15:35	1	0
1077	867	93	1582	MARINET	VAN TONDER	DESPATCH	F	47	40-49	00:19:08	01:22:27	02:15:35	1	0
1078	813	103	8193	JUSTINE-LEE	DU PLOOY	RUN4C	F	22	Open	00:19:33	01:22:25	02:15:39	1	0
1079	9291	49	3666	COLETTE	MYBURGH	TEMP	F	53	50-59	00:20:27	01:23:30	02:15:41	0	0
1080	1213	24	246	CYNTHIA	TOERIEN	KOWIE	F	60	60-69	00:20:36	01:24:28	02:15:46	1	0
1081	1232	94	2500	ASANDA	KAYINGANA	ABSAEP	F	42	40-49	00:17:59	01:20:25	02:15:47	1	0
1082	1136	233	2672	JUSTIN	HASTIE	VITALITY	M	28	Open	00:20:08	01:23:32	02:15:47	1	0
1083	9417	95	8052	ZIYANDA	SKEYI	TEMP	F	42	40-49	00:19:24	01:22:04	02:15:48	0	0
1084	9289	50	1271	LEZELLE	HARRIS	VWAC	F	52	50-59	00:19:49	01:21:52	02:15:48	1	0
1085	9468	46	8077	SALWAH	VAN RHEEDE	TEMP	F	35	35-39	00:19:42	01:21:53	02:15:56	0	0
1086	281	104	2646	ANESIPHIWO	MAGADLA	MADIBAZ	F	24	Open	00:18:43	01:21:53	02:15:56	1	0
1087	1486	105		LIKHONA	NQUNQA	TEMP	F	29	Open	00:19:52	01:21:43	02:15:56	0	0
1088	790	198	2317	MKOKELI	MALGHAS	VUKANI	M	43	40-49	00:19:49	01:21:53	02:15:57	1	0
1089	9259	9	361	JULIUS	SHOGOLE	IKHAMVA	M	72	70-79	00:19:58	01:23:35	02:15:58	1	0
1090	1221	106	3033	PACHÉ	ORANJE	JBAY	F	33	Open	00:20:06	01:22:58	02:16:04	1	0
1091	1406	107		MARYNA	DE BRUYN	TEMP	F	33	Open	00:20:06	01:22:58	02:16:11	0	0
1092	603	118		MVELISO	MATHONTSI	TEMP	M	35	35-39	00:18:52	01:19:48	02:16:13	0	0
1093	463	199	1781	RUDI	SWARTS	GELVAN	M	47	40-49	00:16:55	01:18:12	02:16:16	1	0
1094	9252	108	9252	LILY	SCHNEIDER	TEMP	F	24	Open	00:21:42	01:26:15	02:16:17	0	0
1095	1255	234		LONA	TUKELA	TEMP	M	26	Open	00:20:06	01:22:51	02:16:18	0	0
1096	498	96	519	CHARLOTTE	VAN WYK	RUN4C	F	43	40-49	00:17:15	01:19:20	02:16:26	1	0
1097	9479	109	1861	SIMANGILE	SOLWANDLE	HOLLYWOO	F	34	Open	00:18:58	01:22:02	02:16:32	1	0
1098	1112	50	2121	ABRAHAM	PATRICK	ATLANTIC	M	62	60-69	00:19:32	01:22:04	02:16:35	1	0
1099	188	235	765	LESLIE	FERREIRA	CRUSADE	M	29	Open	00:17:49	01:21:34	02:16:36	1	0
1100	1147	110	1589	SASHA-LEE	MILES	DESPATCH	F	29	Open	00:19:54	01:21:46	02:16:41	1	0
1101	367	111	498	TAMMY	NEVELING	RUN4C	F	32	Open	00:19:43	01:23:21	02:16:42	1	0
1102	1167	112	496	ZANÉ	VAN DER WESTHUIZEN	RUN4C	F	26	Open	00:19:43	01:23:21	02:16:42	1	0
1103	9404	113	9404	AIMEE	TAYLOR	TEMP	F	31	Open	00:19:49	01:24:34	02:16:43	0	0
1104	559	119		SEAN	DIXON	TEMP	M	53	50-59	00:20:02	01:22:08	02:16:45	0	0
1105	1340	51	28	ANNEMARIE	MATTHEUS	PEAAC	F	52	50-59	00:18:45	01:22:04	02:16:49	1	0
1106	9497	97	377	NOBUNTU	MPONGWANA	IKHAMVA	F	45	40-49	00:19:05	01:22:08	02:16:50	1	0
1107	9420	120	2111	GEROME	MINTOOR	ATLANTIC	M	57	50-59	00:18:44	01:22:40	02:16:50	1	0
1108	402	119	2964	CHESLIN	PLAATJIES	VITALITY	M	39	35-39	00:19:39	01:23:39	02:17:03	1	0
1109	529	200		ALLISTER	ARENDS	TEMP	M	40	40-49	00:19:38	01:23:39	02:17:06	0	0
1110	53	1		HERMAN	DEKKER	EPA	M	80	80+	00:18:08	01:22:19	02:17:07	1	0
1111	9403	114	1919	JUANE	RETIEF	BLUEBAY	F	32	Open	00:19:57	01:24:38	02:17:39	1	0
1112	9247	47	2313	ANDISWA	CINGO	VUKANI	F	39	35-39	00:18:41	01:22:39	02:17:42	1	0
1113	591	36		DAVID	LEYLAND	TEMP	M	16	Junior	00:20:33	01:25:22	02:17:50	0	0
1114	576	115		KAYLEIGH	HILL	TEMP	F	23	Open	00:19:50	01:23:31	02:17:51	0	0
1115	612	120		THUTHUKANI	NDLOVU	TEMP	M	38	35-39	00:15:28	01:11:57	02:18:00	0	0
1116	1284	121		RYNO	LAUBSCHER	TEMP	M	37	35-39	00:19:22	01:20:21	02:18:02	0	0
1117	833	52	1060	COREEN	LEANDER	XCEL	F	51	50-59	00:19:17	01:22:44	02:18:03	1	0
1118	178	53	575	JACKIE	ELOFF	RUN4C	F	53	50-59	00:18:56	01:23:48	02:18:04	1	0

1119	476	121	1874	MBULELO	TSHIKILA	HOLLYWOO	M	51	50-59	00:19:14	01:21:11	02:18:06	1	0
1120	9435	98	9435	SHARON	HERMAANS	TEMP	F	48	40-49	00:20:10	01:25:21	02:18:08	0	0
1121	597	122		SINETHEMBA	MAPAPU	TEMP	M	39	35-39	-	01:22:43	02:18:11	0	0
1122	749	54	913	SHARON	SMUTS	CHARLO	F	59	50-59	00:19:20	01:22:28	02:18:16	1	0
1123	1173	201	60464	LUNGILE	BHILI	KIMWEER	M	49	40-49	00:20:10	01:25:13	02:18:17	0	0
1124	642	116		TATUM	TERBLANCHE	TEMP	F	33	Open	00:18:48	01:22:16	02:18:23	0	0
1125	167	25	82	LETA	DOS SANTOS	INFINITY	F	60	60-69	00:20:13	01:26:55	02:18:28	1	0
1126	1036	99	51989	KARABO	RAPODILE	DUDUZA	F	41	40-49	00:18:47	01:21:56	02:18:30	0	0
1127	812	100	808	LECHELLE	DE VRIES	32GI	F	45	40-49	00:18:24	01:23:05	02:18:32	1	0
1128	636	117		CHANEY	SMIT	TEMP	F	20	Open	00:21:28	01:26:18	02:18:40	0	0
1129	593	236		NICOLAAS	LOUW	TEMP	M	21	Open	00:21:28	01:26:18	02:18:41	0	0
1130	1222	101	43	BUYISWA	NGXONONO	SAPPE	F	48	40-49	00:20:05	01:24:59	02:18:46	1	0
1131	991	51		JULIUS	MOTSHOPHI	TEMP	M	63	60-69	00:18:49	01:22:26	02:18:55	0	0
1132	1103	48	1402	SIVE	MATYOBENI	BCMAC	F	39	35-39	00:19:36	01:25:43	02:18:56	0	0
1133	9465	122	8075	GERALD	LOTTERING	TEMP	M	55	50-59	00:18:55	01:21:13	02:18:56	0	0
1134	1360	237	636	ENVER	VOGEL	ASPEN	M	33	Open	00:19:52	01:21:55	02:19:03	1	0
1135	938	238		JOSHUA	WALDUCK	TEMP	M	27	Open	00:19:56	01:25:45	02:19:04	0	0
1136	1113	118	50330	MICAELA	PIKE	OLDSELB	F	28	Open	00:20:29	01:28:26	02:19:05	0	0
1137	341	102	1753	ROXANNE	MULLER	GELVAN	F	40	40-49	00:18:29	01:22:05	02:19:06	1	0
1138	9451	10	1098	SIZINZO	KAMA	ACH	M	73	70-79	00:17:31	01:17:23	02:19:06	1	0
1139	9455	103	771	LAURIKA	VON ALLEMANN	32GI	F	42	40-49	00:20:39	01:25:54	02:19:14	1	0
1140	9234	104		CAROLINE	SWART	TEMP	F	49	40-49	00:20:40	01:25:55	02:19:14	0	0
1141	1448	119		JANICE	SWARTZ	TEMP	F	32	Open	00:20:19	01:23:21	02:19:15	0	0
1142	1394	120		TENEILLE	PRATT	TEMP	F	29	Open	00:21:16	01:24:29	02:19:31	0	0
1143	356	55	753	PLACXEDES	NDHLOVU	CRUSADE	F	51	50-59	00:19:58	01:25:44	02:19:39	1	0
1144	1441	121		TRISTEN-LEE	BOPP	TEMP	F	29	Open	00:19:50	01:24:20	02:19:43	0	0
1145	1440	105		ROXANNE	HECHTER	TEMP	F	40	40-49	00:19:50	01:24:20	02:19:43	0	0
1146	602	122		KAYLA	MARX	TEMP	F	28	Open	00:21:15	01:27:15	02:19:43	0	0
1147	1138	239	8028	DEAN	HASCH	TEMP	M	20	Open	00:16:22	01:20:02	02:19:47	0	0
1148	437	202	1782	THEODORE	SCHMIDT	GELVAN	M	46	40-49	00:16:55	01:21:23	02:19:50	1	0
1149	9500	123	1224	SHAUN	NEL	ELITEAC	M	50	50-59	00:19:24	01:26:24	02:19:51	1	0
1150	9245	203		BULELANI	MATENJWA	TEMP	M	43	40-49	00:22:12	01:27:03	02:19:57	0	0
1151	1413	123		LEBOHANG	MAFATLE	TEMP	F	31	Open	00:17:28	01:23:17	02:20:00	0	0
1152	750	106	884	SHAMEMMA	SOLOMON	CHARLO	F	44	40-49	00:20:37	01:26:09	02:20:08	1	0
1153	9458	204	8072	KEVIN	GARDNER	TEMP	M	45	40-49	00:20:37	01:26:09	02:20:08	0	0
1154	278	52	2504	WAYNE	MAC GEAR	MADIBAZ	M	62	60-69	00:18:49	01:22:38	02:20:09	1	0
1155	246	240	118	LIFA	KEKEZWA	VARSITY	M	21	Open	00:18:58	01:23:11	02:20:23	1	0
1156	355	124	754	CELESTIN	NDHLOVU	CRUSADE	M	53	50-59	00:19:49	01:22:57	02:20:25	1	0
1157	1470	49	3470	NOLUBABALO	NOFEMELE	TEMP	F	38	35-39	00:20:20	01:22:36	02:20:28	0	0
1158	1002	107	434	NQABISA	BENYA	CHILLIEP	F	44	40-49	00:17:59	01:22:15	02:20:31	1	0
1159	518	124	2429	JODI	WOLF	JBAY	F	33	Open	00:20:26	01:25:34	02:20:36	1	0
1160	459	125	14255	DANIELLE	STANDER	ATC	F	26	Open	00:16:42	01:14:30	02:20:38	0	0
1161	1217	53	1119	TREMAINE	WESSON	ACH	M	64	60-69	00:21:03	01:27:28	02:20:46	1	0
1162	800	56	53644	NICOLE	BROOM	PINE	F	52	50-59	00:19:21	01:24:34	02:20:47	0	0
1163	9292	57	1407	BUKEKA	HELA	NEDBANK	F	52	50-59	00:18:37	01:22:14	02:20:49	1	0
1164	9357	58	9357	TERESA	JOUBERT	TEMP	F	53	50-59	00:18:25	01:24:07	02:20:52	0	0
1165	9456	205	8056	CORNE	VOSLOO	TEMP	M	45	40-49	00:20:45	01:25:20	02:21:12	0	0
1166	1455	241		YANGA	MANI	TEMP	M	31	Open	00:18:48	01:24:35	02:21:14	0	0
1167	899	123		SIPHESIHLE	NOMATYELI	TEMP	M	35	35-39	00:20:48	01:28:07	02:21:15	0	0
1168	9483	54	1466	AT	SCHOEMAN	NEDBANK	M	68	60-69	00:18:10	01:24:44	02:21:18	1	0
1169	276	126	2316	AWONKE	LUCWABA	VUKANI	F	29	Open	00:19:23	01:24:03	02:21:25	1	0
1170	1066	55	1380	BANDILE	CUNTU	NEDBANK	M	60	60-69	00:19:54	01:24:09	02:21:25	1	0
1171	1399	125		WINDRE	KAMMIES	TEMP	M	52	50-59	00:20:20	01:30:16	02:21:29	0	0
1172	9499	108	2698	NTOMBIZINE	MTANDA	VITALITY	F	48	40-49	00:19:16	01:25:54	02:21:44	1	0
1173	9467	126	8376	KONRAD	HOEKSTRA	TEMP	M	57	50-59	00:19:47	01:24:15	02:21:46	0	0
1174	9411	109	3502	SHELLEY	DONALDSON	TEMP	F	49	40-49	00:20:04	01:24:00	02:21:48	0	0
1175	413	110	50286	LEE-ANN	RAGAVAL-PASQUALLIE	MPOX	F	45	40-49	00:19:48	01:26:45	02:21:50	0	0
1176	874	242		ARMAND	BOLSENBROEK	TEMP	M	28	Open	00:20:04	01:25:56	02:21:50	0	0
1177	871	127		NIKITA	BARRON	TEMP	F	25	Open	00:20:05	01:25:56	02:21:50	0	0
1178	872	128		SAVANNAH	BARRON	TEMP	F	21	Open	00:20:05	01:25:56	02:21:50	0	0
1179	1200	59	2895	MOLEBOGENG	OLIPHANT	VITALITY	F	50	50-59	00:19:14	01:21:11	02:22:08	1	0
1180	9352	129	9352	MAIGHON	PETERSEN	TEMP	F	23	Open	00:19:23	01:24:40	02:22:09	0	0
1181	9395	56	2523	JOHANN	VAN DER MERWE	MADIBAZ	M	61	60-69	00:23:16	01:29:44	02:22:15	1	0
1182	530	124		LEE-WYN	ARENDS	TEMP	M	35	35-39	00:20:18	01:25:09	02:22:16	0	0
1183	686	50	2746	NOSIZWE	CEKISO	NMBAC	F	37	35-39	00:18:56	01:24:35	02:22:20	1	0
1184	310	51	1075	UNATHI	MAY	BUFFALO	F	39	35-39	00:19:44	01:25:42	02:22:21	0	0
1185	917	130		LIANDE	JOHN	TEMP	F	34	Open	00:20:49	01:25:52	02:22:21	0	0
1186	460	52	2864	LISA	STOTO	BUFFALO	F	36	35-39	00:19:46	01:25:42	02:22:21	0	0
1187	256	111	1382	CHARMELL	KOOPMAN	NEDBANK	F	45	40-49	00:19:00	01:24:36	02:22:21	1	0
1188	507	125	1453	HEINRICH	WENTZEL	NEDBANK	M	39	35-39	00:18:20	01:24:08	02:22:22	1	0

1189	180	4	1632	JOS	ELS	MADIBA	F	73	70-79	00:19:45	01:25:38	02:22:27	1	0
1190	954	126		MZUKISI	MATINJWA	TEMP	M	38	35-39	00:15:27	01:12:55	02:22:32	0	0
1191	9433	206	1495	SIMPHIWE	NTIANTI	NEDBANK	M	44	40-49	00:19:15	01:21:58	02:22:38	1	0
1192	489	53	1629	ARINDA	VAN DER LINDE	MADIBA	F	35	35-39	00:18:14	01:24:32	02:22:39	1	0
1193	548	112		NADIA	CASTELOT	TEMP	F	43	40-49	00:19:49	01:25:58	02:22:40	0	0
1194	570	113		NATASHA	GOLDSCHMIDT	TEMP	F	44	40-49	00:19:48	01:25:58	02:22:40	0	0
1195	1187	26	2416	KOBA	JOUBERT	JBAY	F	60	60-69	00:21:57	01:28:11	02:22:48	1	0
1196	1444	60		JENNY	DU PREEZ	TEMP	F	55	50-59	00:21:57	01:28:11	02:22:48	0	0
1197	1176	61	2434	SHANNON	CHAMBERLAIN	JBAY	F	59	50-59	00:21:57	01:28:11	02:22:49	1	0
1198	1102	127	2467	XHANTI	MANTSHIYO	ABSAEP	M	57	50-59	00:20:36	01:25:52	02:22:52	1	0
1199	985	243		MAWETHU	MAZOMBA	TEMP	M	32	Open	00:19:25	01:24:09	02:22:56	0	0
1200	9498	127	3506	LUVUYO	MHLOBISO	TEMP	M	39	35-39	00:20:33	01:26:59	02:23:00	0	0
1201	386	11	1464	DAVID	O'REILLY	NEDBANK	M	77	70-79	00:20:26	01:27:16	02:23:06	1	0
1202	1403	57		RODNEY	BUTTERS	TEMP	M	63	60-69	00:19:17	01:27:19	02:23:18	0	0
1203	455	54	1701	ADRI	SONNEKUS	MADIBA	F	39	35-39	00:20:30	01:28:31	02:23:21	1	0
1204	1388	128		SETH	POTE	TEMP	M	35	35-39	00:27:04	01:31:52	02:23:22	0	0
1205	564	244		CHARL	FEUTH	TEMP	M	20	Open	00:22:00	01:25:54	02:23:28	0	0
1206	1428	131		SISANDA	GOLOMBA	TEMP	F	27	Open	00:20:29	01:26:29	02:23:36	0	0
1207	9229	245	2333	Alizwa	Bovungana	VUKANI	M	24	Open	00:20:29	01:26:30	02:23:37	1	0
1208	9463	1	328	MADRE	WELMANS	MUIRITE	F	56	No Cat	00:21:22	01:28:19	02:23:37	1	0
1209	652	246		RIDGE	VAN BELLING	TEMP	M	32	Open	00:19:28	-	02:23:37	1	0
1210	206	62	302	LUCINDA	GERBER	MUIRITE	F	50	50-59	00:21:22	01:28:19	02:23:37	1	0
1211	9208	247	322	ROGER	REDCLIFFE	MUIRITE	M	34	Open	00:21:30	01:28:19	02:23:38	1	0
1212	9369	37	3525	SHADON	MINTOOR	TEMP	M	19	Junior	00:19:56	01:23:22	02:23:39	0	0
1213	1285	55		ZINE	MAKAULA	TEMP	F	39	35-39	00:19:12	01:23:52	02:23:55	0	0
1214	753	114	917	VICKY	TSOUKNIDAS	CHARLO	F	47	40-49	00:19:20	01:26:42	02:23:56	1	0
1215	9246	63	274	ELVIDA	KLUE	MUIRITE	F	56	50-59	00:20:20	01:23:19	02:24:05	1	0
1216	1243	64	289	RENAY	DU PLESSIS	MUIRITE	F	57	50-59	00:21:22	01:27:56	02:24:06	1	0
1217	251	248	20787	RUBEN	KNOETZE	TV	M	31	Open	00:21:31	01:30:49	02:24:09	0	0
1218	9308	207	959	JOHAN	GERBER	CHARLO	M	46	40-49	00:18:47	01:24:04	02:24:10	1	0
1219	682	115	1258	LIZAAN	BURKETT	VWAC	F	41	40-49	00:22:04	01:32:31	02:24:12	1	0
1220	1116	128	2751	JEREMY	SCOTT	VWAC	M	53	50-59	00:22:05	01:32:30	02:24:12	1	0
1221	803	56	1553	SISANDA	BOOI	NEDBOR	F	39	35-39	00:20:40	01:28:43	02:24:14	0	0
1222	834	116	1295	SANDISIWE	LINDI	CHILLIEB	F	40	40-49	00:20:40	01:28:43	02:24:14	0	0
1223	9279	208	9279	ZITHOBELE	SEYIMANI	TEMP	M	42	40-49	00:20:40	01:22:52	02:24:16	0	0
1224	619	132		KERI	PETERS	TEMP	F	22	Open	00:20:35	01:31:10	02:24:16	0	0
1225	587	249		GARRIC	KIETZMANN	TEMP	M	23	Open	00:20:35	01:31:10	02:24:17	0	0
1226	9293	117	769	MEGAN	ELS	CRUSADE	F	40	40-49	00:20:00	01:25:54	02:24:20	1	0
1227	1317	65	764	SJANI	HUMAN	CRUSADE	F	55	50-59	00:20:00	01:25:54	02:24:20	1	0
1228	1209	118	3037	NANDI	SISWANA	HOLLYWOO	F	44	40-49	-	01:22:24	02:24:29	1	0
1229	1178	66	1371	AVRIL	DAVIDS	NEDRCSWD	F	52	50-59	00:18:20	01:25:29	02:24:32	0	0
1230	1373	119	1945	JANINE	GRAY	BLUEBAY	F	47	40-49	00:20:48	01:27:03	02:24:48	1	0
1231	767	58	2991	LEONARD	GROVES	GELVAN	M	61	60-69	00:17:10	01:22:14	02:24:53	1	0
1232	9448	209	2271	LUVUYO	SIWUNDLA	VUKANI	M	45	40-49	00:18:36	01:23:55	02:25:06	1	0
1233	762	210	371	SONWABO	MADIKANE	IKHAMVA	M	42	40-49	00:18:18	01:25:16	02:25:13	1	0
1234	9305	59	894	TONY	CLARKE	CHARLO	M	64	60-69	00:19:24	01:26:37	02:25:16	1	0
1235	649	211		SONGEZO	TUNTULWANA	TEMP	M	40	40-49	00:19:08	01:26:56	02:25:20	0	0
1236	934	250		YASIF	SHEIK	TEMP	M	33	Open	00:18:53	01:22:16	02:25:21	0	0
1237	1489	129		MBULELO	NOFEMELA	TEMP	M	37	35-39	00:19:08	01:23:53	02:25:22	0	0
1238	9306	27	994	BEVERLEY	CLARKE	CHARLO	F	61	60-69	00:18:51	01:26:37	02:25:25	1	0
1239	1238	133	414	AYANDA	POTGIETER	CHILLIEP	F	30	Open	00:19:55	01:30:33	02:25:26	1	0
1240	569	120		CHANTELL	GIULIETTI	TEMP	F	47	40-49	00:21:17	01:29:20	02:25:27	0	0
1241	1269	212		DAMIAN	GIULIETTI	TEMP	M	44	40-49	00:21:17	01:29:20	02:25:27	0	0
1242	9263	12	1333	MBULELO	SOBIKWA	NEDBANK	M	71	70-79	00:19:35	01:26:00	02:25:30	1	0
1243	633	67		JENN	SEADY	TEMP	F	52	50-59	00:19:42	01:24:04	02:25:33	0	0
1244	1018	57	403	FAKAZILE	NKOMIYAHLABA	RUN4C	F	38	35-39	00:19:14	01:26:43	02:25:41	1	0
1245	781	28	1725	PEARL	DAMONS	GELVAN	F	61	60-69	00:19:21	01:27:13	02:25:48	1	0
1246	941	213		KURT	BRITZ	TEMP	M	49	40-49	00:18:49	01:27:55	02:25:49	0	0
1247	331	58	2289	XOLELWA	MOLAPO	VUKANI	F	35	35-39	00:19:08	01:26:56	02:25:55	1	0
1248	715	59	933	SANET	BEZUIDENHOUT	CHARLO	F	37	35-39	00:18:08	01:24:47	02:25:56	1	0
1249	701	134	108	CHLOE	CRITCHLOW	VARSITY	F	20	Open	00:20:11	01:24:45	02:25:58	1	0
1250	1043	129	1273	BUYILE	GQUBULE	VWAC	M	58	50-59	00:19:49	01:26:07	02:25:59	1	0
1251	1122	121	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	46	40-49	00:18:27	01:27:18	02:26:00	1	0
1252	185	60	1935	XENOPHON	FEIRRERA	BLUEBAY	M	63	60-69	00:20:47	01:27:03	02:26:09	1	0
1253	808	122	725	WENDY	BULULU	CRUSADE	F	42	40-49	00:19:26	01:27:59	02:26:13	1	0
1254	469	123	8057	THEMBI	CAMAGU	TEMP	F	41	40-49	00:20:50	01:26:00	02:26:21	0	0
1255	1452	124		BUSISIWE	RAMOKOLO	TEMP	F	48	40-49	00:20:05	01:28:33	02:26:24	0	0
1256	1303	68	51325	TEMBISA	BANGISO	STUT	F	53	50-59	00:19:31	01:25:58	02:26:26	0	0
1257	584	69		INECE	KAYSER	TEMP	F	56	50-59	00:20:32	01:27:36	02:26:27	0	0
1258	237	29	145	FADIELA	JOHNSON	MALABAR	F	61	60-69	00:19:16	01:24:06	02:26:29	1	0

1259	9334	61	1955	DANIEL	PIETERSE	BLUEBAY	M	62	60-69	00:18:17	01:25:15	02:26:31	1	0
1260	703	130	947	GANIEF	DAVIDS	CHARLO	M	59	50-59	00:19:36	01:27:13	02:26:32	1	0
1261	1218	125	51484	BONISWA	ZONDANI	CHEETAHS	F	41	40-49	-	01:28:33	02:26:35	0	0
1262	1121	126	2940	SIPHOKAZI	TILI	ADVEN	F	45	40-49	00:19:20	01:27:57	02:26:51	1	0
1263	513	38	40323	DHARREL	WILSON	MADIBAZ	M	18	Junior	00:21:32	01:25:52	02:27:00	1	0
1264	829	130	22417	SISEKO	KONDILE	SABC	M	39	35-39	00:19:15	01:28:16	02:27:15	0	0
1265	320	70	1051	CHANTEL	MILBORROW	XCEL	F	52	50-59	00:22:19	01:30:47	02:27:45	1	0
1266	998	127		JANIENE	SCHWARZ	TEMP	F	40	40-49	00:20:15	01:26:46	02:27:48	0	0
1267	921	60		CLAUDIA	KRIEL	TEMP	F	39	35-39	00:20:15	01:27:31	02:27:48	0	0
1268	918	128		CHANTEL	JONKER	TEMP	F	41	40-49	00:20:15	01:27:31	02:27:48	0	0
1269	1423	129		LISA	RANDALL	TEMP	F	45	40-49	00:19:53	01:27:51	02:27:48	0	0
1270	1402	130		MICHELLE	BLOM	TEMP	F	47	40-49	00:19:52	01:27:50	02:27:48	0	0
1271	1089	135	15638	NELILE	GCABASHE	OTHER	F	27	Open	00:20:57	01:29:46	02:27:51	0	0
1272	9281	131	2503	NONDUMISO	PHAKATHI	MADIBAZ	F	43	40-49	00:17:45	01:29:09	02:27:51	1	0
1273	9446	61	8065	NOBUNTU	MCUNUKELWA	TEMP	F	35	35-39	00:20:40	01:29:47	02:27:51	0	0
1274	9437	136	429	OBAKHE	NTSHUKUMBANA	CHILLIEP	F	26	Open	00:20:57	01:29:47	02:27:54	1	0
1275	1151	132	11075	YANELA	MTATI	TV	F	42	40-49	00:21:12	01:30:31	02:27:55	0	0
1276	1395	251		TIMOTHY	HART	TEMP	M	22	Open	00:19:54	01:28:09	02:27:57	0	0
1277	547	214		DEWANDRE'	CASSELS	TEMP	M	42	40-49	00:21:20	01:30:29	02:28:03	0	0
1278	898	252		THANDOLWETHU	NGCOZA	TEMP	M	27	Open	-	01:25:52	02:28:04	0	0
1279	590	71		BUSISIWE	LESORO	TEMP	F	54	50-59	00:22:19	01:30:47	02:28:09	0	0
1280	9295	30	3362	DELYSE	RIST	PINE	F	63	60-69	00:20:13	01:29:53	02:28:13	0	0
1281	1174	133	452	VUYOKAZI	BHILI	CHILLIEP	F	47	40-49	00:21:36	01:30:46	02:28:15	1	0
1282	728	253	966	KEANO	HITZEROTH	CHARLO	M	24	Open	00:20:52	01:29:56	02:28:16	1	0
1283	9230	134		CAMARIN	VAN EYK	TEMP	F	43	40-49	00:19:21	01:24:31	02:28:18	0	0
1284	1490	62		MELISSA	VAN DER WATT	TEMP	F	39	35-39	00:19:22	01:24:32	02:28:18	0	0
1285	1351	62	1467	CLIFFORD	HICKEN	NEDBANK	M	68	60-69	00:19:22	01:24:20	02:28:18	1	0
1286	9424	215	1295	XOLANI	MGIJIMA	VWAC	M	42	40-49	00:19:43	01:30:15	02:28:19	1	0
1287	1195	135	1307	FIKISWA	NGONYAMA	VWAC	F	41	40-49	00:19:42	01:30:15	02:28:19	1	0
1288	1352	216	1682	CLIVE	CLAASSENS	MADIBA	M	41	40-49	00:19:22	01:24:23	02:28:20	1	0
1289	769	217		ROBIN	PEACOCK	TEMP	M	40	40-49	00:18:37	01:25:56	02:28:24	0	0
1290	387	31	334	MADELEINE	OTTO	MUIRITE	F	65	60-69	00:21:59	01:30:18	02:28:30	1	0
1291	700	32	100	LYNETTE	CRAUSE	INFINITY	F	65	60-69	00:20:58	01:30:29	02:28:42	1	0
1292	594	131		ARTHUR	MAASDORP	TEMP	M	35	35-39	00:20:30	01:27:37	02:28:46	0	0
1293	1481	254		HYMIE	YSPEERT	TEMP	M	31	Open	00:19:44	01:28:48	02:28:48	0	0
1294	487	131	2036	ANDRE	VAN DER BANK	MUIRITE	M	53	50-59	00:21:22	01:29:24	02:28:50	1	0
1295	1045	136	2508	DANEILLE	HARRY	MADIBAZ	F	40	40-49	00:20:02	01:30:46	02:29:20	1	0
1296	907	137		SINOTHANDO	TISO	TEMP	F	30	Open	00:20:14	01:28:45	02:29:23	0	0
1297	9346	137	1445	NOYISE	LUVALO	NEDBANK	F	45	40-49	00:21:03	01:29:21	02:29:35	1	0
1298	9323	63	902	KRISH	PILLAY	CHARLO	M	63	60-69	00:22:04	01:28:54	02:29:49	1	0
1299	1348	72	3038	CAMILA	ISMAIL	MALABAR	F	59	50-59	00:20:41	01:30:31	02:29:50	1	0
1300	1433	138		ADELAIDE	LEE	TEMP	F	30	Open	00:22:06	01:33:35	02:30:05	0	0
1301	9480	255	8081	LUZUKO	ZIMELA	TEMP	M	29	Open	00:19:07	01:26:48	02:30:06	0	0
1302	691	139	2962	EILEEN	CLAASSEN	VARSITY	F	23	Open	00:22:03	01:33:35	02:30:07	1	0
1303	457	132	150	ZAHEER	SOOMAR	MALABAR	M	54	50-59	00:20:15	01:28:06	02:30:09	1	0
1304	516	256	2192	TIMOTHY	WILSON	ASPEN	M	31	Open	00:16:54	01:22:01	02:30:23	1	0
1305	504	140	520	SASKIA	WAIT	RUN4C	F	23	Open	00:21:42	01:28:36	02:30:24	1	0
1306	791	218	2952	LUKE	MOLLER	ALBANY	M	42	40-49	00:19:36	01:30:04	02:30:26	1	0
1307	439	63	211	MATHAPELO	SENTI	CSEP	F	36	35-39	00:19:40	01:29:51	02:30:28	1	0
1308	928	141		LERATO	NKONDE	TEMP	F	30	Open	00:19:55	01:29:22	02:30:32	0	0
1309	1262	142		CARMS	BISHOP	TEMP	F	20	Open	00:22:01	01:30:34	02:31:09	0	0
1310	1263	219		GRAYHAM	BISHOP	TEMP	M	47	40-49	00:22:01	01:30:35	02:31:09	0	0
1311	1256	143		MELISSA	VAN WYK	TEMP	F	32	Open	00:20:57	01:30:49	02:31:10	1	0
1312	1010	73	2270	NOMLINDO	MAKUBALO	VUKANI	F	50	50-59	00:19:49	01:31:31	02:31:14	1	0
1313	299	13	2368	ERNST	MARAIS	JBAY	M	76	70-79	00:20:52	01:32:55	02:31:24	1	0
1314	761	74	1624	ESTELLE	DE KLERK	MADIBA	F	58	50-59	00:20:45	01:31:02	02:31:35	1	0
1315	760	33	1631	AMANDA	BLIGNAULT	MADIBA	F	65	60-69	00:20:45	01:31:05	02:31:35	1	0
1316	936	144		NTOMBIKAYISE	SOKUPA	TEMP	F	34	Open	00:21:21	01:31:34	02:31:48	0	0
1317	218	133	1732	KEITH	HARRIS	GELVAN	M	54	50-59	00:20:25	01:26:10	02:31:52	1	0
1318	1321	145	2385	ELIZABETH	KUHN	JBAY	F	31	Open	00:21:54	01:31:19	02:32:08	1	0
1319	1475	146	3475	KARLIEN	STRYDOM	TEMP	F	28	Open	00:21:19	01:31:35	02:32:15	0	0
1320	969	147		PIPPA	STIRK	TEMP	F	25	Open	00:21:43	01:32:27	02:32:16	0	0
1321	102	5		TINA	DERBYSHIRE	EPA	F	71	70-79	00:20:22	01:32:35	02:32:20	1	0
1322	1101	64	2688	THOZAMA	MANTLAKA	VITALITY	F	39	35-39	00:21:31	01:32:14	02:32:26	1	0
1323	1292	65		YOLANDA	NOMATHOLE	TEMP	F	36	35-39	00:21:30	01:32:14	02:32:27	0	0
1324	242	132	131	SHUKRY	KAFAAR	MALABAR	M	39	35-39	00:20:16	01:28:06	02:32:29	1	0
1325	512	66	1736	KELLY	WILLIAMS	GELVAN	F	35	35-39	00:20:44	01:30:43	02:32:31	1	0
1326	1347	133	1735	BRUCHANE	WILLIAMS	GELVAN	M	39	35-39	00:20:44	01:30:44	02:32:31	1	0
1327	9466	134	2468	SIYABULELA	ZWENI	ABSAEP	M	38	35-39	00:21:34	01:30:37	02:32:32	1	0
1328	556	257		JOSHUA	DAMONS	TEMP	M	24	Open	00:17:28	01:28:20	02:32:42	0	0

1329	464	67	183	OLONA	TAMELA	CHEETAHS	F	35	35-39	00:19:08	01:29:11	02:32:50	0	0
1330	830	64	980	PETRUS	KOOPMAN	CHARLO	M	64	60-69	00:20:08	01:32:24	02:32:55	1	0
1331	976	148		THANDO	KULA	TEMP	F	33	Open	00:17:48	01:29:13	02:32:55	0	0
1332	9406	34	3504	JACKIE	HAY	TEMP	F	60	60-69	00:21:33	01:31:58	02:32:56	0	0
1333	9396	220	3512	SIBUSISO	KENDLE	TEMP	M	40	40-49	00:22:40	01:32:11	02:33:19	0	0
1334	9359	138	9359	ZAFIKA	NYONGO	TEMP	F	45	40-49	00:21:32	01:31:51	02:33:27	0	0
1335	919	221		FRANCOIS	JONKER	TEMP	M	42	40-49	00:20:53	01:31:26	02:33:37	0	0
1336	1369	75	790	HEIDRIN	GERBER	32GI	F	55	50-59	00:20:40	01:31:47	02:33:42	1	0
1337	9391	139	418	VUYOKAZI	DUBE	CHILLIEP	F	48	40-49	00:19:10	01:30:25	02:33:43	1	0
1338	1077	14	759	MIKE	BURGER	CRUSADE	M	71	70-79	00:22:11	01:35:40	02:33:50	1	0
1339	1247	134	481	CHRISTO	STEYN	RUN4C	M	57	50-59	00:20:51	01:30:57	02:33:57	1	0
1340	524	76	101	DAWN	ZEALAND	OXFORD	F	55	50-59	00:22:33	01:33:29	02:33:57	0	0
1341	1019	222	404	MALIBONGWE	NKOMIYAHLABA	RUN4C	M	40	40-49	00:19:14	01:29:55	02:34:10	1	0
1342	9206	223	588	RENIER	LIEBENBERG	RUN4C	M	43	40-49	00:20:44	01:30:40	02:34:10	1	0
1343	731	65	969	GARY	KELLEHER	CHARLO	M	67	60-69	00:23:37	01:37:07	02:34:13	1	0
1344	352	140	143	ZAHEERA	NANABHAY	MALABAR	F	43	40-49	00:21:27	01:33:37	02:34:19	1	0
1345	673	141	601	RIANA	BOSHOFF	ASPEN	F	42	40-49	00:22:07	01:34:21	02:34:20	1	0
1346	345	68	863	NANDIPHA	MYELEYELE	SPAREC	F	37	35-39	00:20:37	01:32:31	02:34:21	1	0
1347	1419	258		THABANG	MOPEDI	TEMP	M	34	Open	00:18:16	01:24:51	02:34:25	0	0
1348	329	149	2603	PHATHEKA	MOKGWETSI	MADIBAZ	F	33	Open	00:20:50	01:32:30	02:34:35	1	0
1349	9392	142	1556	RIAANA	BOUWER	DESPATCH	F	49	40-49	00:19:29	01:34:36	02:34:37	1	0
1350	806	143	1437	NOLUNDI	BREAKFAST	BCMAC	F	40	40-49	00:20:16	01:32:31	02:34:54	0	0
1351	541	150		TANNAH	BOSMAN	TEMP	F	31	Open	00:23:06	01:33:51	02:34:57	0	0
1352	1327	144	427	SIASANGA	MYATAZA	BALEKANI	F	40	40-49	00:25:15	01:32:47	02:34:58	0	0
1353	915	135		ELVANE	GALLANT	TEMP	M	35	35-39	00:20:20	01:27:39	02:34:59	0	0
1354	447	145	2486	SIMANGELE	SKOSANA	ABSAEP	F	44	40-49	00:19:57	01:32:49	02:35:04	1	0
1355	947	151		CHERNIQUE	DIRKS	TEMP	F	24	Open	-	-	02:35:08	0	0
1356	939	259		CHIRSTEN	AFRICA	TEMP	M	28	Open	-	-	02:35:09	0	0
1357	589	152		MARIKA	LANDMAN	TEMP	F	20	Open	00:22:10	01:35:05	02:35:10	0	0
1358	565	153		EL-MAREE	GALLANT	TEMP	F	30	Open	00:20:20	01:28:55	02:35:11	0	0
1359	219	260	50201	SACHIN	HASTIE	OXFORD	M	26	Open	00:20:21	01:28:55	02:35:11	0	0
1360	1084	261	50412	RUDI	DE CONING	ELAC	M	32	Open	00:23:22	01:36:44	02:35:18	0	0
1361	9329	135	927	ANTON	VAN WYK	CHARLO	M	57	50-59	00:21:19	01:30:42	02:35:34	1	0
1362	9356	224	9356	MSAWENKOSI	TSHIBILIKA	TEMP	M	42	40-49	00:21:06	01:32:50	02:35:36	0	0
1363	514	136	1155	JAMES	WILSON	ASPEN	M	57	50-59	00:21:51	01:35:05	02:35:40	1	0
1364	211	146	51974	JACQUI	GOODALL	OLDSELB	F	41	40-49	00:23:22	01:36:45	02:35:42	0	0
1365	9388	77	544	JACQULENE	DU TOIT	RUN4C	F	52	50-59	00:21:01	01:32:49	02:36:00	1	0
1366	9441	78	827	TAMMY	SOUTHBY	32GI	F	51	50-59	00:20:07	01:33:31	02:36:13	1	0
1367	9477	262	8080	SIVIWE	NKAYI	TEMP	M	32	Open	00:19:40	01:32:43	02:36:13	0	0
1368	9371	154	3523	ROCHELLE	BARWISE	TEMP	F	22	Open	00:23:47	01:35:35	02:36:15	0	0
1369	1301	225		CHUMA	ZWANE	TEMP	M	41	40-49	00:19:24	01:32:08	02:36:25	0	0
1370	311	136	432	MVELELI	MBANDE	CHILLIEP	M	39	35-39	00:20:57	01:31:40	02:36:25	1	0
1371	9439	263	8062	MARTIN	BRONKHORST	TEMP	M	33	Open	00:21:29	01:36:36	02:36:38	0	0
1372	1153	79	452	VUYOKAZI	NONCEMBU	CHILLIEP	F	52	50-59	00:19:49	01:33:05	02:36:51	1	0
1373	9225	155	2531	ZIMASA	MNCANCA	MADIBAZ	F	29	Open	00:20:40	01:33:29	02:37:12	1	0
1374	645	226		SIYABONGA	TSHAKA	TEMP	M	42	40-49	00:21:31	01:33:41	02:37:12	0	0
1375	1494	156		MONIQUE	KUNNEKE	TEMP	F	29	Open	00:20:20	-	02:37:18	0	0
1376	724	80	971	DEIDRE	GERBER	CHARLO	F	53	50-59	00:19:51	01:33:44	02:37:30	1	0
1377	654	147		ERIKA	VAN TONDER	TEMP	F	49	40-49	00:23:08	01:35:49	02:37:36	0	0
1378	1465	148	3465	YVETTE	JACOBSZ	TEMP	F	48	40-49	00:19:36	01:30:14	02:37:43	0	0
1379	668	149	1256	NAOMI	BAKKER	VWAC	F	47	40-49	00:22:05	01:34:46	02:37:52	1	0
1380	436	157	1257	STEPHANIE	SCHEEPERS	VWAC	F	28	Open	00:22:05	01:34:45	02:37:52	1	0
1381	672	81	286	SANET	BLOM	MUIRITE	F	58	50-59	00:21:42	01:34:53	02:38:03	1	0
1382	9257	82	303	SANET	VAN NIEKERK	MUIRITE	F	56	50-59	00:21:28	01:34:52	02:38:03	1	0
1383	1344	83	2921	BEVERLEY	PERUMAL	OXFORD	F	52	50-59	00:22:33	01:36:14	02:38:08	0	0
1384	222	69	15071	JADE	HOGGONS	RUNZONE	F	36	35-39	00:22:50	01:35:10	02:38:16	0	0
1385	811	66	1606	FANIE	CLAASSEN	DESPATCH	M	67	60-69	00:22:29	01:36:40	02:38:24	1	0
1386	397	137	219	PERCIVAL	PHEWA	CSEP	M	37	35-39	00:19:07	01:32:54	02:38:50	1	0
1387	1191	150	1856	UNATI	MBONISWA	HOLLYWOO	F	43	40-49	00:20:35	01:33:39	02:38:51	1	0
1388	9488	151	50188	NOLITHA	TSHENTU	CHEETHAS	F	45	40-49	00:20:36	01:33:40	02:38:53	0	0
1389	9442	158	8063	CHUMA	GQOLA	TEMP	F	29	Open	00:22:31	01:35:44	02:38:59	0	0
1390	1341	227	928	ALLISTER	MARRAN	CHARLO	M	49	40-49	00:23:03	01:37:47	02:39:03	1	0
1391	444	152	1310	PHUMLA	SIBALI	VWAC	F	46	40-49	00:21:48	01:37:35	02:39:08	1	0
1392	9212	159	1164	SINAYE	KOMANI	ASPEN	F	27	Open	00:20:06	01:32:22	02:39:08	1	0
1393	9288	228	1266	DAVID	CHENGWE	VWAC	M	47	40-49	00:19:39	01:32:23	02:39:09	1	0
1394	9443	35	98	AMANDA	WOLMARANS	INFINITY	F	66	60-69	00:20:29	01:33:37	02:39:17	1	0
1395	214	84	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	50	50-59	00:22:25	01:36:20	02:39:37	1	0
1396	862	85	1634	TANIA	TRUTER	MADIBA	F	52	50-59	00:22:25	01:36:19	02:39:37	1	0
1397	828	86	2886	NOKWANGUYE	KOBI	BUFFALO	F	55	50-59	00:20:01	01:32:18	02:39:45	0	0
1398	404	229	1743	THOMAS	PLAATJIES	GELVAN	M	48	40-49	00:21:51	01:37:06	02:39:57	1	0

1399	1057	70	2064	NOMTHA	QUNTA	NMBAC	F	39	35-39	00:20:16	01:29:52	02:40:30	1	0
1400	438	71	1608	LUZANNE	SCHOEMAN	DESPATCH	F	36	35-39	00:20:40	01:34:51	02:40:55	1	0
1401	192	15	529	ANDRE	FOURIE	RUN4C	M	78	70-79	00:26:00	01:48:39	02:41:08	1	0
1402	416	153	9416	DIKELEDI	RAMOROKA	TEMP	F	42	40-49	00:20:32	01:35:37	02:41:09	0	0
1403	1005	154	2502	WENDY	CAMERON	MADIBAZ	F	47	40-49	00:21:59	01:35:28	02:41:21	1	0
1404	362	155	1437	ELMARIE	NEL	NEDBANK	F	49	40-49	00:21:26	01:35:40	02:41:32	1	0
1405	942	160		MEGAN	CLOETE	TEMP	F	28	Open	00:20:04	01:30:45	02:41:34	0	0
1406	891	156		CHANTEL	MILES	TEMP	F	48	40-49	00:20:31	01:32:59	02:41:34	0	0
1407	9307	87	2162	ERIKA	FOREMAN	CHARLO	F	54	50-59	00:20:56	01:34:52	02:41:52	1	0
1408	303	157	2277	BULELWA	MASOKA	VUKANI	F	45	40-49	00:21:50	01:38:42	02:42:02	1	0
1409	342	161	617	JESSICA	MURPHY	ASPEN	F	34	Open	00:21:46	01:38:49	02:42:02	1	0
1410	9358	137	9358	LUVO	NDIMA	TEMP	M	51	50-59	00:20:06	01:33:24	02:42:17	0	0
1411	495	6	311	NICKI	VAN NIEKERK	MUIRITE	F	71	70-79	00:22:16	01:36:09	02:42:34	1	0
1412	9472	16	299	JOHANNES	HERBST	MUIRITE	M	79	70-79	00:22:17	01:36:09	02:42:34	1	0
1413	658	88		LEESLE	WYNFORD	TEMP	F	52	50-59	00:23:20	01:37:43	02:42:37	0	0
1414	313	158	2201	NOCAWE	MDAZUKA	SIBALEKA	F	41	40-49	00:21:51	01:37:16	02:42:37	1	0
1415	563	138		AMEER	ENSAL	TEMP	M	50	50-59	00:19:25	01:24:04	02:43:10	0	0
1416	666	138	128	DAWOOD	BABOO	MALABAR	M	38	35-39	00:19:25	01:24:13	02:43:11	1	0
1417	191	67	64	DAVID	FORTUIN	SAPPE	M	60	60-69	00:21:51	01:40:37	02:43:29	1	0
1418	1193	162	955	ANDA	MKUMLA	REALGIJ	F	32	Open	00:20:37	01:34:26	02:43:33	0	0
1419	1288	163		THERESA	NCUBE	TEMP	F	34	Open	00:21:57	01:38:56	02:43:43	0	0
1420	722	89	968	DENISE	DARLOW	CHARLO	F	56	50-59	00:23:37	01:37:43	02:44:09	1	0
1421	720	90	923	EVA	CHETTY	CHARLO	F	57	50-59	00:23:10	01:37:49	02:44:10	1	0
1422	893	159		THEMBELA	MPUSHE	TEMP	F	42	40-49	00:21:44	01:39:33	02:44:36	0	0
1423	9202	264	2907	MOMELEZI	CONJWA	ASPEN	M	30	Open	00:23:43	01:39:47	02:44:47	1	0
1424	1434	164		TINA	MURINGATHUPARAMBIL	TEMP	F	29	Open	00:22:06	01:36:55	02:45:04	0	0
1425	240	160	1740	JANICE	JONES	GELVAN	F	49	40-49	00:20:54	01:40:08	02:45:13	1	0
1426	943	8		ZUKISWA	DAKI	TEMP	F	0	Junior	00:23:39	01:39:39	02:45:30	0	0
1427	265	265	1761	JASON	LE ROUX	GELVAN	M	29	Open	00:22:14	01:39:49	02:45:38	1	0
1428	1313	91	591	ERICA	ERASMUS	RUN4C	F	55	50-59	00:23:09	01:40:50	02:45:49	1	0
1429	382	92	1956	SONJA	OLIVIER	BLUEBAY	F	57	50-59	00:22:23	01:39:27	02:45:58	1	0
1430	1023	139	2208	GARFIELD	TSATSANE	SIBALEKA	M	59	50-59	00:20:50	01:33:28	02:46:05	1	0
1431	259	140	1936	MARKUS	KUNNEKE	BLUEBAY	M	55	50-59	00:22:23	01:39:47	02:46:09	1	0
1432	1032	161	938	NANDI	MONA	REALGIJ	F	43	40-49	00:19:36	01:40:12	02:46:11	0	0
1433	351	162	1572	NANDIPHA	NAIDOO	DESPATCH	F	46	40-49	00:22:12	01:39:53	02:46:23	1	0
1434	399	68		ANDRE	PIENAAR	RUN4C	M	62	60-69	00:23:39	01:41:45	02:46:35	1	0
1435	477	165	602	DRUCIL	TSHIMANGA	ASPEN	F	26	Open	00:23:45	01:38:24	02:46:38	1	0
1436	630	166		NAMHLA	SAKI	TEMP	F	30	Open	00:20:26	01:35:39	02:46:47	0	0
1437	562	167		JANI	DU TOIT	TEMP	F	26	Open	00:22:50	01:40:20	02:46:58	0	0
1438	1246	72	50448	SANDISIWE	MKUNYANA	OVERTAKE	F	35	35-39	00:21:40	01:37:21	02:47:04	0	0
1439	9385	230	3517	DARRYL	VAN DER BERG	TEMP	M	43	40-49	00:21:29	01:36:36	02:47:13	0	0
1440	379	168	997	UNATHI	NTSHONGWANA	VUSULELA	F	34	Open	00:20:45	01:39:31	02:47:23	0	0
1441	359	141	1433	ANDRÈ	NEL	NEDBANK	M	58	50-59	00:23:42	01:42:20	02:47:35	1	0
1442	1186	17	232	ROB	JOINER	KOWIE	M	78	70-79	00:23:09	01:41:03	02:47:55	1	0
1443	1244	163	12345	ZANNÉ	PRINSLOO	NEDRCSWD	F	48	40-49	00:18:04	01:28:28	02:48:00	0	0
1444	337	169	1593	LESEDI	MTAU	DESPATCH	F	23	Open	00:22:33	01:39:55	02:48:27	1	0
1445	442	170	2033	SHANNON	SEPTEMBER	MUIRITE	F	31	Open	00:23:15	01:39:56	02:48:29	1	0
1446	1417	164		NONTANDO	MNGATIWA	TEMP	F	42	40-49	-	01:42:15	02:48:31	0	0
1447	1164	171	922	REFILWE	TSATSIMPE	CHARLO	F	28	Open	00:22:35	01:42:13	02:48:37	1	0
1448	1214	165	2039	AZOLA	TYBOSCH	MUIRITE	F	47	40-49	00:21:41	01:40:49	02:48:59	1	0
1449	665	18	124	YOUNUS	AMOD	MALABAR	M	72	70-79	00:23:26	01:41:12	02:48:59	1	0
1450	9262	166	3059	SIYAM	AMOD	MALABAR	F	42	40-49	00:21:44	01:41:12	02:48:59	1	0
1451	173	172	1300	NASIPHI	DYANTYI	CHILLIEB	F	29	Open	00:22:02	01:40:42	02:49:05	0	0
1452	430	73	813	NONDUMISO	SAMBU	REALGIJ	F	37	35-39	00:21:36	01:40:57	02:49:06	0	0
1453	1241	173	2925	SESETHU	MTOTYWA	JBAY	F	30	Open	00:22:27	01:41:36	02:49:07	1	0
1454	1088	167	1859	BONELWA	GAZIYA	HOLLYWOO	F	41	40-49	00:21:55	01:39:59	02:49:10	1	0
1455	1091	168	2218	BABALWA	HENA	SIBALEKA	F	48	40-49	00:21:50	01:41:36	02:49:21	1	0
1456	1286	174		NODUMO	MALINGE	TEMP	F	30	Open	00:21:24	01:40:22	02:49:58	0	0
1457	9370	175	3524	SINOYOLO	MKILE	TEMP	F	26	Open	00:24:16	01:42:58	02:49:59	0	0
1458	940	93		MICHELLE	BEUKES	TEMP	F	51	50-59	00:25:10	01:44:51	02:50:06	0	0
1459	754	169	974	CLAIRE	TUSTIN	CHARLO	F	48	40-49	00:23:11	01:41:12	02:50:12	1	0
1460	9376	176	51985	SIYANDA	MQANDELA	STUT	F	31	Open	00:21:37	01:40:31	02:50:23	0	0
1461	1011	170	2556	SANDISWA	MASWANA	MADIBAZ	F	44	40-49	00:24:11	01:43:49	02:50:24	1	0
1462	472	94	2600	ROCHELLE	THORNE	MADIBAZ	F	55	50-59	00:22:40	01:43:25	02:50:24	1	0
1463	9317	171	2179	DOROTHY	MALULEKA	CHARLO	F	47	40-49	00:23:07	01:39:56	02:50:25	1	0
1464	615	177		ANGELA	NTUKANTU	TEMP	F	32	Open	00:21:00	01:37:48	02:50:33	0	0
1465	578	266		DILLUN	HOLMES	TEMP	M	23	Open	00:18:49	01:42:16	02:51:01	0	0
1466	508	139	129	MUHAMMAD	WHITE	MALABAR	M	38	35-39	00:20:31	01:36:25	02:51:02	1	0
1467	453	74	2475	NOLUBABALO	SOHABA	ABSAEP	F	36	35-39	00:22:35	01:41:42	02:51:09	1	0
1468	9255	178	9255	PHUMEZA	GXABASHE	TEMP	F	25	Open	00:22:03	01:40:44	02:51:27	0	0

1469	186	36	713	DENISE	FERREIRA	CRUSADE	F	63	60-69	00:23:26	01:44:00	02:51:35	1	0
1470	905	267		LUTHANGO	STAMPER	TEMP	M	34	Open	00:23:13	01:41:46	02:51:56	0	0
1471	1454	179		SANELISIWE	NGUTA	TEMP	F	26	Open	00:25:06	01:40:54	02:52:02	0	0
1472	1282	180		TAYLA	HOWE	TEMP	F	21	Open	00:25:15	01:45:33	02:52:03	0	0
1473	975	181		TAYLA	KOLBE	TEMP	F	21	Open	00:25:14	01:45:32	02:52:04	0	0
1474	9337	172	50290	AYANDA	NOMOYI	BAYETHE	F	46	40-49	00:24:26	01:45:17	02:52:27	0	0
1475	410	95	2852	NQOBILE-NOBS	QUPE	HOLLYWOO	F	55	50-59	00:21:33	01:42:35	02:52:39	1	0
1476	929	173		JOYCE	SENNA	TEMP	F	44	40-49	00:22:18	01:42:47	02:52:47	0	0
1477	461	69	2927	SIMON	STRIMLING	ATLANTIC	M	63	60-69	00:22:30	01:41:20	02:53:01	1	0
1478	639	174		SUMAYA	SOOMAR	TEMP	F	46	40-49	00:23:21	01:43:42	02:53:17	0	0
1479	628	231		MNINAWA	SABA	TEMP	M	47	40-49	00:21:09	01:40:57	02:54:16	0	0
1480	287	37	422	KALAVATI	MAKAN	ELAC	F	66	60-69	00:24:03	01:46:54	02:54:23	0	0
1481	850	70	336	ARNOLD	RAS	MUIRITE	M	63	60-69	00:24:23	01:47:00	02:54:41	1	0
1482	1029	175	2589	CEBISA	HAWU	SAPSTR	F	43	40-49	00:23:25	01:42:51	02:54:44	0	0
1483	1445	182		LILITHA	MFOSI	TEMP	F	19	Open	00:21:40	01:42:23	02:54:47	0	0
1484	616	140		CLYNN	O'REILLY	TEMP	M	36	35-39	00:21:27	01:36:19	02:55:05	0	0
1485	1381	268	2018	LINDA	HEWANA	VITALITY	M	34	Open	00:27:14	01:45:40	02:55:06	1	0
1486	641	183		SHINAY	TERBLANCHE	TEMP	F	33	Open	00:21:23	01:42:44	02:55:23	0	0
1487	1004	232	770	WINSLOW	BOUWER	CRUSADE	M	41	40-49	00:25:51	01:47:05	02:55:43	1	0
1488	1294	176		SIBONGISENI	NTENGU	TEMP	F	40	40-49	00:24:50	01:44:27	02:55:58	0	0
1489	193	96	528	HELEN	FOURIE	RUN4C	F	55	50-59	00:25:59	01:48:39	02:57:10	1	0
1490	1074	184	294	KARMEL	PAGE	MUIRITE	F	34	Open	00:21:42	01:47:46	02:57:18	1	0
1491	401	185	2779	CHARNE	PIETERSEN	MUIRITE	F	32	Open	00:23:25	01:47:46	02:57:20	1	0
1492	426	75	1274	GAYLE	SAAYMAN	VWAC	F	37	35-39	00:21:48	01:41:42	02:59:07	1	0
1493	336	177	125	NONTEMBISO	MPONGO	OXFORD	F	42	40-49	00:26:01	01:50:02	02:59:23	0	0
1494	417	142	2648	SHAUN	RAMROOP	MADIBAZ	M	58	50-59	00:23:48	01:47:40	02:59:27	1	0
1495	732	178	995	BERNADETTE	LOOCK	CHARLO	F	45	40-49	00:24:16	01:47:55	02:59:31	1	0
1496	795	179	368	NWABISA	MSUTHWANA	IKHAMVA	F	45	40-49	00:23:01	01:44:29	02:59:57	1	0
1497	478	233	1399	KHAYA	MTI	NEDBANK	M	45	40-49	00:21:05	01:41:55	02:59:58	1	0
1498	1458	186		SISIPHO	MAYO	TEMP	F	27	Open	00:22:57	01:45:17	03:00:03	0	0
1499	9274	180	384	NONTSIKELELO	NGWENYA	IKHAMVA	F	49	40-49	00:23:01	01:44:29	03:00:04	1	0
1500	344	76	2509	LERATO	MUZAH	MADIBAZ	F	39	35-39	00:24:21	01:49:29	03:00:29	1	0
1501	930	269		JOSHUA	REHSE	TEMP	M	32	Open	00:23:58	01:53:11	03:00:31	0	0
1502	9470	187	8079	KRISTIN	EVANS	TEMP	F	25	Open	00:23:58	01:53:11	03:00:31	0	0
1503	768	7	585	JEANETTE	PIENAAR	RUN4C	F	77	70-79	00:23:32	01:46:02	03:00:47	1	0
1504	182	181	776	GESINA	ERASMUS	32GI	F	43	40-49	00:23:50	01:48:47	03:01:14	1	0
1505	868	182	2882	PHUMLA	VOYI	UNKNOWN	F	43	40-49	00:22:16	01:47:32	03:02:00	0	0
1506	1106	77	7018	NOMLINDO	MPONGO	FSB	F	38	35-39	00:25:36	01:51:30	03:02:34	0	0
1507	318	97	2881	TWICE	MGIJIMA	BUFFALO	F	54	50-59	00:23:31	01:46:52	03:03:00	0	0
1508	1169	183	1607	SONJA	VAN WYK	DESPATCH	F	43	40-49	00:20:06	01:45:06	03:03:15	1	0
1509	230	188	720	CLEO	JACOBS	CRUSADE	F	23	Open	00:24:16	01:47:55	03:03:24	1	0
1510	217	143	2676	BANDILE	GWAMANDA	VITALITY	M	55	50-59	00:23:38	01:49:59	03:04:01	1	0
1511	253	184	2607	ALGENE	KOEBERG	MADIBAZ	F	42	40-49	00:21:43	01:48:39	03:04:41	1	0
1512	9349	189	3663	MATHODI	TABANE	TEMP	F	34	Open	00:24:40	01:46:45	03:04:41	0	0
1513	880	190		RAYLENE	FLANNIGAN	TEMP	F	34	Open	00:25:14	01:50:50	03:05:05	0	0
1514	1326	191	527	KAMOHELO	MOTA	RUN4C	F	31	Open	00:23:39	01:48:24	03:06:24	1	0
1515	488	98	2037	BELINDA	VAN DER BANK	MUIRITE	F	57	50-59	00:24:54	01:50:36	03:06:29	1	0
1516	1272	141		MOHAMAD	ADAM	TEMP	M	39	35-39	00:27:25	01:51:44	03:07:05	0	0
1517	528	78		ZAKIYYAH	AJAM	TEMP	F	37	35-39	00:27:14	01:51:48	03:07:17	0	0
1518	1420	192		SILINDOKUHLE	MPINDA	TEMP	F	29	Open	00:23:43	01:51:35	03:10:49	0	0
1519	876	234		THABILE	DINGANA	TEMP	M	42	40-49	00:22:45	01:47:44	03:11:54	0	0
1520	723	19	998	ROBERT	GALLOWAY	CHARLO	M	74	70-79	00:25:48	01:56:14	03:12:53	1	0
1521	390	185	928	ZIZO	PAPU	REALGIJ	F	41	40-49	00:24:15	01:52:45	03:15:42	0	0
1522	9311	186	925	NOREEN	HUMAN	CHARLO	F	48	40-49	00:23:10	01:52:20	03:17:19	1	0
1523	1144	187	1785	APHIWE	MADLAVU	POWER	F	40	40-49	00:25:14	01:57:06	03:20:32	0	0
1524	887	235		XOLISA	MANANGA	TEMP	M	40	40-49	00:27:49	02:09:13	03:22:30	0	0
1525	694	71	1896	CLIVE	CLEMENTS	STFRAN	M	67	60-69	00:28:16	02:03:55	03:22:37	1	0
1526	9410	236	940	FRANCOIS	TIMOTHEUS	TEMP	M	47	40-49	00:28:16	02:03:46	03:22:51	0	0
1527	1227	2	1766	GODFREY	KARIEM	GELVAN	M	84	80+	00:29:38	02:05:32	03:23:11	1	0
1528	304	193	598	PHAKAMA	MATATA	RUN4C	F	33	Open	00:25:46	02:02:39	03:23:21	1	0
1529	953	194		ZIZIPHO	MALANGENI	TEMP	F	31	Open	00:26:09	02:01:01	03:25:32	0	0
1530	213	72	1679	KENNETH	GREYLING	MADIBA	M	65	60-69	00:29:08	02:03:53	03:26:05	1	0
1531	269	79	668	RENÉ	LEONARD	KNYSNA	F	39	35-39	00:27:15	02:02:14	03:26:44	0	0
1532	9471	195	8079	REBECCA	WILLIAMS	TEMP	F	25	Open	00:23:59	02:01:27	03:28:31	0	0
1533	966	188		NOMSASA	MCAKO	TEMP	F	49	40-49	00:27:15	02:02:14	03:28:31	0	0
										-	-		5	0