FEMALE AGE GROUP: JUNIOR

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	DESNAY	OGRADY	1853	14	Junior	SCHOOL	F	0:41:18
2	GIFT	NKOSI	1946	19	Junior	MADIBAZ	F	0:41:37
3	ZINTLE	XHONTI	2051	17	Junior	MOTHER	F	0:41:49

MALE AGE GROUP: JUNIOR

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	ENDINAKO	JOLA	2054	16	Junior	MOTHER	M	0:32:38
2	LUKHANYISO	APRIL	1972	17	Junior	IKHAMVA	M	0:32:43
3	OKUHLE	DLOTO	1973	18	Junior	IKHAMVA	M	0:33:02

EMALE AGE GROUP: 35-39

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	SIBONGILE	MGQEBA	2159	38	35-39	VUKANI	F	0:44:23
2	DELIWE	NYANGA	2035	36	35-39	NEDBANK	F	0:47:32
3	MARISKA	OLIVIER	2005	37	35-39	DESPATCH	F	0:58:12

MALE AGE GROUP: 35-39

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	SIYANDA	PETER	2175	0	35-39		M	0:37:25
2	VUYISILE	SIMAYILE	2036	38	35-39	NEDBANK	M	0:45:54

FEMALE AGE GROUP: 40-49

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	NTOMBESINTU	MFUNZI	1980	43	40-49	NEDBANK	F	0:44:22
2	NATASCIA	DE RIDDER	1956	46	40-49	ELITEAC	F	0:49:14
3	JUANITA	BRINK	1988		40-49	KIMBH	F	1:02:17

MALE AGE GROUP: 40-49

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	GEORGE	NTSHILIZA	2142	45	40-49	SIBALEKA	M	0:34:06
2	HOPEWELL	JABAVU	2165	41	40-49	IKHAMVA	M	0:35:09
3	BATHANDWA	MOOI	2146	40	40-49	VUKANI	M	0:36:55

FEMALE AGE GROUP: 50-59

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	MARIETTE	HATTINGH	2157	59	50-59	NEDBANK	F	0:49:25
2	HESTER	DEKKER	1959	53	50-59	SAPPE	F	0:54:22
3	BRONWIN	MEYER	1967	52	50-59	32GI	F	0:57:39

MALE AGE GROUP: 50-59

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	XOLILE	NDINGANE	1976	53	50-59	NEDBANK	M	0:37:39
2	LUVUYO	DYANI	2147	55	50-59	NEDBANK	M	0:39:25
3	VUSI	MSUTHWANA	2160	53	50-59	IKHAMVA	M	0:43:01

FEMALE AGE GROUP: 60-69

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	JOHANNETTE	OOSTHUIZEN	1949	61	60-69	BODYCON	F	0:50:32
2	JANETTE	SCHIERZ-CRUSIUS	2128	64	60-69	BODYCON	F	0:53:05
3	BUYELWA	KOBOKANA	2018	60	60-69	CHARLO	F	0:58:33

MALE AGE GROUP: 60-69

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	WELCOME	LOLIWE	2148	60	60-69	NEDBANK	M	0:42:48
2	CHESTER	BROOKS	1506	67	60-69	XCEL	M	0:47:13
3	STEPHEN	MCCARTHY	2174	64	60-69	CRUSADE	M	0:48:54

FEMALE AGE GROUP: 70-79

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	JOS	ELS	1920	73	70-79	MADIBA	F	1:03:54
2	CATHY	IVES	2047	72	70-79	ACH	F	1:06:23
3	NICOLENE	VAN NIEKERK	2043	71	70-79	MUIRITE	F	1:09:10

MALE AGE GROUP: 70-79

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	HANNES	ELS	1919	75	70-79	MADIBA	M	0:48:30
2	PIETER	ROUX	1886	70	70-79	CRUSADE	M	0:55:27
3	ALBERT	NGCANGA	2045	75	70-79	XCEL	M	0:55:45

FEMALE AGE GROUP: OPEN

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	AMANDA	DETSE	2170	0	Open	MADIBAZ	F	0:38:55
2	KAYLA	VAN RENSBURG	2029	31	Open	CHARLO	F	0:39:09
3	DESNAY	OGRADY	1853	14	Junior	SCHOOL	F	0:41:18

MALE AGE GROUP: OPEN

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	SINAWO	POTI	1969	23	Open	IKHAMVA	M	0:30:42
2	LITHEBE	MENZELELELI	1970	25	Open	IKHAMVA	M	0:31:04
3	MXOLELENI	TABATA	1986	22	Open	ACH	M	0:32:00