

SPORTSMANS WAREHOUSE 15KM - GQEBERHA - 2025/09/13											
POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	1	1361	ANDILE	MOTWANA	NEDBANK	M	28	SM	0.48.41	5	25
2	2	1338	SIBAHLE	MAQWARA	NEDBANK	M	23	SM	0.50.09	5	24
3	1772	2253	KHAYA	GQWETHA	VUKANI	M	40	40-44M	0.51.21	5	23
4	458	2637	SAKHE	MAHOTE	MADIBAZ	M	21	SM	0.52.42	5	22
5	811	1942	GEORGE	NTSHILIZA	SIBALEKA	M	45	45-49M	0.53.00	5	21
6	364	2625	Luxolo	Candlovu	MADIBAZ	M	23	SM	0.54.20	5	20
7	1965	40184	ASONGE	MTHANA	NEDBANK	M	18	JM	0.54.30	5	19
8	473	1363	THULANI	MDLALO	NEDBANK	M	40	40-44M	0.54.46	5	18
9	247	1242	GCOBANI	BEKWAPHI	ELITEAC	M	46	45-49M	0.55.02	5	17
10	142	701	NYASHA	MUKANDI	CRUSADE	M	33	SM	0.55.29	4	16
11	208	2846	VIWE	TEKO	ACT AC	M	27	SM	0.56.06	4	15
12	9	1931	SIYANDA	PETER	BLUEBAY	M	36	35-39M	0.56.15	5	14
13	5	1503	LUVUYO	DYANI	NEDBANK	M	55	55-59M	0.56.17	5	13
14	469	2653	SITHABISA	MAZIBUKO	MADIBAZ	M	23	SM	0.56.40	4	12
15	451	2592	Xhamla	Lukwe	MADIBAZ	M	20	JM	0.56.50	4	11
16	887	772	MARTIN	VON ALLEMANN	32GI	M	44	40-44M	0.57.27	5	10
17	853	2581	AMOGELANG	SEHLWANA	MADIBAZ	M	21	SM	0.57.57	4	9
18	984	40627	CARLIN	LEHMAN	SCHOOL	M	16	JM	0.58.10	3	0
19	958	1216	WESSEL	WOLMARANS	ELITEAC	M	47	45-49M	0.58.38	5	8
20	243	1211	NOEL	ADAMS	ELITEAC	M	53	50-54M	0.58.48	5	7
21	1228	40005	BULUMKO	MALINGA	NEDBANK	M	18	JM	0.59.06	3	6
22	908	1255	ERROL	WHITTAL	ELITEAC	M	50	50-54M	0.59.13	5	5
23	541	7541	DANIEL	ERASMUS	TEMP	M	25	SM	0.59.17	0	0
24	531	7531	BANELISIWE	TAMELA	TEMP	M	20	JM	0.59.20	0	0
25	232	2690	JEMAIN	WILSON	VITALITY	M	37	35-39M	0.59.26	4	4
26	3	1406	REFELOE	SOLOMONS	NEDBANK	F	44	40-44F	0.59.26	5	25
27	1958	1330	RUAN	SMALBERGER	NEDBANK	M	35	35-39M	0.59.41	3	3
28	698	7698	RICCO	VISSER	TEMP	M	23	SM	1.00.48	0	0
29	489	1424	TAFADZWA	MVUNDURA	NEDBANK	M	38	35-39M	1.01.05	3	2
30	484	993	THEMBEKILE	MSIPA	CHARLO	M	51	50-54M	1.01.06	5	1
31	837	2569	KGATLISO	RAMARU	MADIBAZ	M	24	SM	1.01.08	3	0
32	991	1480	AUGUST	ESAU	NEDBANK	M	54	50-54M	1.02.05	5	0
33	805	217	SAPHO	NKATA	CSEP	M	48	45-49M	1.02.13	4	0
34	959	2855	BADROEDEEN	ABRAHAMS	MALABAR	M	38	35-39M	1.02.25	3	0
35	852	950	CHARLES	SEGALO	CHARLO	M	38	35-39M	1.02.35	3	0
36	269	7002	BUHLE	HINA	TEMP	M	19	JM	1.02.40	0	0
37	294	814	BIANCA	MEISTRE	32GI	F	40	40-44F	1.02.47	5	24
38	476	40085	ABBIE	MITCHELL	MADIBAZ	F	18	JF	1.02.55	4	23
39	933	2691	SIPHESIHLE	BULOSE	VITALITY	M	37	35-39M	1.02.57	3	0
40	615	1081	PAUL	WOLFF	ACH	M	57	55-59M	1.03.39	4	0
41	214	101	AIDAN	TUOHY	VARSIITY	M	28	SM	1.03.44	3	0
42	8	1398	MUTEKILE	RASMENI	NEDBANK	M	60	60-64M	1.03.51	5	0
43	109	54051	BOIKANYO	MAKABOLANE	CHILLI	M	40	40-44M	1.04.32	0	0
44	849	955	SIVUYILE	SCHEEPERS	CHARLO	M	32	SM	1.04.43	2	0
45	4	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	43	40-44F	1.04.57	5	22
46	89	2814	JASON	KOLM	32GI	M	28	SM	1.05.02	2	0
47	130	1069	WAYNE	MITCHELL	ACH	M	52	50-54M	1.05.05	4	0
48	400	1014	LINDI	GEORGIOU	BODYCON	F	45	45-49F	1.05.09	5	21
49	738	7738	SIPHESIHLE	SOFUTE	TEMP	M	29	SM	1.05.14	0	0
50	997	1105	MARK	FRASER	ACH	M	32	SM	1.05.16	2	0
51	108	2863	QAWWE	MAJIZA	ADVEN	M	38	35-39M	1.05.44	2	0
52	1993	2322	XOLANI	NTEYI	VUKANI	M	46	45-49M	1.05.48	3	0
53	289	2269	KHANYISO	MASWANA	VUKANI	M	35	35-39M	1.05.49	2	0
54	379	2251	BABONKE	DINGA	VUKANI	M	37	35-39M	1.05.51	2	0
55	806	40324	HLENGIWE	NKOSI	MADIBAZ	F	19	JF	1.05.56	3	20

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
56	598	7598	MEYRICK	MUNCH	TEMP	M	30	SM	1.06.02	0	0
57	952	210	SANELE	SAM	CSEP	M	32	SM	1.06.03	2	0
58	457	1395	MICHAEL	MAGSON	NEDBANK	M	49	45-49M	1.06.23	3	0
59	254	844	THERESA	BUCHNER	32GI	F	40	40-44F	1.06.24	4	19
60	618	565	NADIA	JOOSTE	TEMP	F	38	35-39F	1.06.29	0	0
61	1966	1079	HANSON	SINGAPHI	ACH	M	47	45-49M	1.06.37	3	0
62	459	898	PATRIC	MAKWENKWE	CHARLO	M	59	55-59M	1.07.04	4	0
63	169	539	SERGIO	PETERSON	RUN4C	M	47	45-49M	1.07.21	3	0
64	694	7694	GRANT	VAN GREUNEN	TEMP	M	24	SM	1.07.24	0	0
65	586	7586	CALLUM	MCEWAN	TEMP	M	19	JM	1.08.00	0	0
66	972	1518	INGE	WILLIAMS	NEDBANK	F	36	35-39F	1.08.03	3	18
67	423	2089	SIPHESIHLE	JOJA	SANDFEP	M	26	SM	1.08.04	2	0
68	575	7575	NDABAZOVUYO	MANDABA	TEMP	M	19	JM	1.08.09	0	0
69	278	560	FENANDO	KIEWIETS	RUN4C	M	40	40-44M	1.09.30	2	0
70	895	2807	SABELO	MELITAFA	CSEP	M	46	45-49M	1.09.35	2	0
71	104	1852	MVULELI	MAGAWULANA	HOLLYWOO	M	48	45-49M	1.09.37	2	0
72	391	2640	BASHEER	ENSAL	MADIBAZ	M	22	SM	1.09.44	2	0
73	346	888	RAHUL	BHANA	CHARLO	M	22	SM	1.09.47	2	0
74	492	2534	FREDAH	NCUBE	MADIBAZ	F	43	40-44F	1.10.01	3	17
75	604	1	MARK	MALHERBE	TEMP	M	20	SM	1.10.06	0	0
76	152	3088	WILFRED	NELANI	EMC RC	M	29	SM	1.10.15	2	0
77	945	1845	MAWETHU	PLATYI	HOLLYWOO	M	44	40-44M	1.10.26	2	0
78	186	731	GAVIN	ROGERS	CRUSADE	M	61	60-64M	1.10.35	4	0
79	856	1461	VUYISILE	SIMAYILE	NEDBANK	M	38	35-39M	1.10.48	2	0
80	366	1416	CHRISTINE	CLAASEN	NEDBANK	F	61	60-64F	1.10.48	5	16
81	463	952	CINDY	MARAIS	CHARLO	F	48	45-49F	1.10.56	4	15
82	287	3001	JUAN	GOOSEN	MUIRITE	M	24	SM	1.11.06	2	0
83	969	1283	URAN	LE ROUX	VWAC	M	58	55-59M	1.11.08	3	0
84	24	49	PHIL	BRADLEY	SAPPE	M	42	40-44M	1.11.15	2	0
85	788	788	BONGA	NOMQUPHU	TEMP	M	31	SM	1.11.22	0	0
86	639	3039	DENVER	SEARLE	TEMP	M	43	40-44M	1.11.25	0	0
87	866	989	Brett	Steyn	CHARLO	M	50	50-54M	1.11.30	2	0
88	385	1038	PHILLIP	DU PLESSIS	XCEL	M	55	55-59M	1.11.31	3	0
89	272	1282	SEBASTIAN	HAARHOFF	VWAC	M	48	45-49M	1.11.38	2	0
90	456	1394	DAVERA	MAGSON	NEDBANK	F	50	50-54F	1.11.42	5	14
91	940	380	MBOLEKWA	MAYILA	IKHAMVA	M	46	45-49M	1.11.45	2	0
92	955	1113	ROGER	TRADER	ACH	M	71	70+M	1.11.47	5	0
93	132	2480	ALULUTO	MKIVA	ABSAEP	M	18	JM	1.11.51	2	0
94	446	1340	WELCOME	LOLIWE	NEDBANK	M	60	60-64M	1.11.53	3	0
95	27	3107	NKOSANA	BUKANI	VUKANI	M	43	40-44M	1.12.00	2	0
96	369	561	CHANTELL	CLOETE	RUN4C	F	39	35-39F	1.12.02	2	13
97	701	7701	LARA	WATTS	TEMP	F	21	SF	1.12.03	0	0
98	241	1133	HENKE	ACKERMANN	32GI	M	31	SM	1.12.12	2	0
99	1981	148	ABDUL	LILLAH	MALABAR	M	35	35-39M	1.12.16	2	0
100	14	342	JONATHAN	BAKKER	MUIRITE	M	34	SM	1.12.39	2	0
101	317	831	KATHARINE	VAN DER WALT	32GI	F	49	45-49F	1.12.46	3	12
102	838	2633	Solulele	Rati	MADIBAZ	M	25	SM	1.12.52	2	0
103	777	777	PAUL	MARE	TEMP	M	33	SM	1.12.56	0	0
104	227	806	LEON	VOULTSOS	32GI	M	51	50-54M	1.12.58	2	0
105	647	647	PETER	BOTHA	TEMP	M	38	35-39M	1.13.01	0	0
106	621	563	MICHAEL	SUTHERLAND	TEMP	M	40	40-44M	1.13.04	0	0
107	869	1083	ALAN	TAYLOR	ACH	M	68	65-69M	1.13.08	4	0
108	574	7574	BUCHULE	MAGQUNTULA	TEMP	M	24	SM	1.13.12	0	0
109	1952	9995	MBUYISELI	SITENGE	TEMP	M	47	45-49M	1.13.12	0	0
110	249	1779	Gershwin	Booyesen	GELVAN	M	37	35-39M	1.13.16	2	0
111	372	18501	CHANTELLE	MOLL	MAVERICK	F	26	SF	1.13.20	0	0
112	929	1735	BRUCHANE	WILLIAMS	GELVAN	M	39	35-39M	1.13.26	2	0
113	1962	1821	GRAHAM	POTE	TEMP	M	35	35-39M	1.13.31	0	0
114	264	2189	ANTON	DU PREEZ	32GI	M	49	45-49M	1.13.34	2	0
115	917	1477	MARIO	PLAATJIES	NEDBANK	M	44	40-44M	1.13.35	2	0
116	963	50141	SASCHA	MORTIMER	CHEETAHS	F	21	SF	1.13.38	0	0

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117	204	1212	BURNITA	STRYDOM	RUN4C	F	57	55-59F	1.13.45	5	11
118	993	1213	SEBASTIAN	KLEU	ELITEAC	M	49	45-49M	1.13.45	2	0
119	265	733	ALEX	DU TOIT	CRUSADE	M	60	60-64M	1.13.56	3	0
120	966	40412	BILAL	CHRIWA	MALABAR	M	22	SM	1.14.04	2	0
121	9529	1451	ELROY	MATTHEWS	NEDBANK	M	55	55-59M	1.14.05	2	0
122	477	964	JUSTIN	MOGRIDGE	CHARLO	M	37	35-39M	1.14.11	2	0
123	804	421	VICTOR	NGOBENI	CHILLIEP	M	34	SM	1.14.25	2	0
124	404	1238	PIETER	GERBER	ELITEAC	M	50	50-54M	1.14.31	2	0
125	402	791	CHARL	GERBER	32GI	M	49	45-49M	1.14.35	2	0
126	351	890	SIMPHIWE	BLOU	CHARLO	M	53	50-54M	1.14.36	2	0
127	371	982	CHARLES	CORBY	CHARLO	M	55	55-59M	1.14.46	2	0
128	361	891	DARRYL	CALVERT	CHARLO	M	50	50-54M	1.14.54	2	0
129	905	55	SIMCELILE	SITHEMBU	SAPPE	M	34	SM	1.15.06	2	0
130	962	50096	ZENE	GERBER	CHEETAH	F	24	SF	1.15.14	0	0
131	746	746	THOKOZANI	BAMO	TEMP	M	30	SM	1.15.15	0	0
132	147	122	BAVERSHAN	NAIDOO	MALABAR	M	35	35-39M	1.15.16	2	0
133	179	2797	YAMKELA	QOMIYANA	ASPEN	M	29	SM	1.15.22	2	0
134	719	7719	STUART	JORDAN	TEMP	M	35	35-39M	1.15.27	0	0
135	1417	2088	GEDDES	GALLANT	SANDFEP	M	58	55-59M	1.15.27	2	0
136	620	1957	HENRY	PIENAAR	BLUEBAY	M	54	50-54M	1.15.36	2	0
137	203	1538	ADRE	STRYDOM	DESPATCH	F	48	45-49F	1.15.46	2	10
138	1946	1042	EUGENE	VAN WYK	XCEL	M	53	50-54M	1.15.47	2	0
139	151	2108	BERNICE	NEL	HEATAC	F	37	35-39F	1.15.49	2	9
140	832	985	CHRISTOFF	PUREN	CHARLO	M	35	35-39M	1.15.49	2	0
141	475	938	THOBELO	MFIKILI	CHARLO	M	39	35-39M	1.15.53	2	0
142	767	767	ELDRIDGE	JONKERS	TEMP	M	46	45-49M	1.15.55	0	0
143	296	1590	ANNEKE	MOORE	DESPATCH	F	41	40-44F	1.15.56	2	8
144	919	3132	ANDREW	PATERSON	32GI	M	35	35-39M	1.16.05	2	0
145	46	1053	SALWYN	DENNIS	XCEL	M	47	45-49M	1.16.11	2	0
146	1967	9604	TSHEGOFATSO	MKHABELA	BESTMED	M	32	SM	1.16.14	0	0
147	762	762	MARYKE	GEYSER	TEMP	F	27	SF	1.16.21	0	0
148	684	7684	CJ	STRYDOM	TEMP	M	41	40-44M	1.16.24	0	0
149	235	2995	RODNEY	WITBOOI	ATLANTIC	M	54	50-54M	1.16.27	2	0
150	850	2634	SIMONE	SCHOONBEE	MADIBAZ	F	24	SF	1.16.31	2	7
151	438	2528	Brooke	Kruger	MADIBAZ	F	22	SF	1.16.31	2	6
152	417	2529	ETHAN	HOWARD	MADIBAZ	M	21	SM	1.16.31	1	0
153	780	780	IAN	MILLS	TEMP	M	32	SM	1.16.35	0	0
154	1386	1751	SAMIER	ABRAHAMS	GELVAN	M	54	50-54M	1.16.37	2	0
155	1947	2281	VUYILE	TIKWAYO	VUKANI	M	44	40-44M	1.16.42	2	0
156	607	1412	RAYMOND	WEITZ	NEDBANK	M	70	70+M	1.16.42	4	0
157			DISQUALIFIED	DID NOT ENTER	MADIBAZ				1.16.44	0	0
158	349	970	MALCOLM	BLANDY	CHARLO	M	43	40-44M	1.16.45	2	0
159	496	887	LYNNE	NEUBERT	CHARLO	F	53	50-54F	1.16.45	3	5
160	985	1315	WERNER	MEYER	SAPPE	M	52	50-54M	1.17.00	2	0
161	357	967	MIKE	BURGER	CHARLO	M	66	65-69M	1.17.01	3	0
162	280	576	VERNON	LANDMAN	RUN4C	M	50	50-54M	1.17.11	2	0
163	907	1200	JANINE	WHITTAL	ELITEAC	F	44	40-44F	1.17.12	2	4
164	761	761	COHEN	GESWINT	TEMP	M	20	SM	1.17.13	0	0
165	951	259	LINDIKHAYA	NTEYI	TINARHA	M	46	45-49M	1.17.16	2	0
166	594	7594	ETHAN	MOOTHOO	TEMP	M	18	JM	1.17.17	0	0
167	900	1055	JEROME	MAY	XCEL	M	59	55-59M	1.17.26	2	0
168	739	7739	AYABONGA	TSHUNGWANA	TEMP	M	31	SM	1.17.29	0	0
169	406	914	ETIENNE	GERBER	CHARLO	M	55	55-59M	1.17.31	2	0
170	844	2460	MICHELLE	ROTHERO	32GI	F	36	35-39F	1.17.32	2	3
171	310	1183	SANETTE	RYAN	ELITEAC	F	55	55-59F	1.17.39	4	2
172	279	1866	SIPHAMANDLA	KOKO	HOLLYWOO	M	35	35-39M	1.17.41	1	0
173	149	1854	NTOMBENTSHA	NAZO	HOLLYWOO	F	41	40-44F	1.17.44	2	1
174	432	2582	Leyden	Kieck	MADIBAZ	M	23	SM	1.17.51	1	0
175	1978	495	DEWALD	VERMEULEN	RUN4C	M	53	50-54M	1.17.53	2	0
176	796	796	MEGAN	SNYMAN	TEMP	F	24	SF	1.17.54	0	0
177	430	40311	Hamza	Khan	MADIBAZ	M	19	JM	1.17.54	1	0

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178	240	1134	ANICA	ACKERMANN	32GI	F	29	SF	1.17.56	2	0
179	424	919	KELVIN	JOOSTE	CHARLO	M	38	35-39M	1.17.57	1	0
180	968	91	DENZIL	KOOPMAN	INFINITY	M	54	50-54M	1.18.05	2	0
181	571	7571	DINO	MAGNUS	TEMP	M	30	SM	1.18.15	0	0
182	311	1975	KELVIN	SAMUEL	32GI	M	42	40-44M	1.18.22	1	0
183	1636	1230	PHILLIP	DE RIDDER	ELITEAC	M	49	45-49M	1.18.36	2	0
184	100	813	SANDRA	LOCHNER	32GI	F	39	35-39F	1.18.44	2	0
185	790	790	LISA	RENTZKE	TEMP	F	42	40-44F	1.18.49	0	0
186	617	567	CLAIRE	VAN DER NEST	TEMP	F	44	40-44F	1.18.50	0	0
187	894	183	UNATHI	MELENI	ACT AC	M	30	SM	1.18.54	1	0
188	170	2477	LEHLOHONOLO	THOKOA	ABSAEP	M	44	40-44M	1.18.56	1	0
189	558	7558	PIETER	JOUBERT	TEMP	M	36	35-39M	1.18.56	0	0
190	7	1374	LUYOLO	DYUBHELE	NEDBANK	M	32	SM	1.19.05	1	0
191	1959	1583	JUANITA	CLAASSEN	DESPATCH	F	36	35-39F	1.19.09	2	0
192	313	514	MONTE	SCHOLTZ	RUN4C	M	64	60-64M	1.19.20	2	0
193	992	3052	ROMAN	SEPTOE	GELVAN	M	28	SM	1.19.40	1	0
194	363	40313	Lindsey O-Neill	Campher	MADIBAZ	M	19	JM	1.19.40	1	0
195	64	2947	FERAAN	GEORGE	MALABAR	M	39	35-39M	1.19.44	1	0
196	809	911	TANYA	NORRIS	CHARLO	F	41	40-44F	1.19.49	2	0
197	37	1954	LEONARD	CONRADIE	BLUEBAY	M	71	70+M	1.19.51	3	0
198	1646	1229	NATASCIA	DE RIDDER	ELITEAC	F	46	45-49F	1.19.55	2	0
199	426	1757	JACOBUS	JULIUS	GELVAN	M	51	50-54M	1.19.55	2	0
200	503	7503	IAN	AGNEW	TEMP	M	53	50-54M	1.19.56	0	0
201	846	2521	ABULELE	ROZANA	MADIBAZ	M	29	SM	1.20.00	1	0
202	453	1444	MFUNDISO	LUVALO	NEDBANK	M	55	55-59M	1.20.06	2	0
203			DISQUALIFIED	DID NOT ENTER	GELVAN	M			1.20.06	0	0
204	354	2302	ANELE	MESANI	VUKANI	M	45	45-49M	1.20.19	1	0
205	989	763	GRANT	AUTHS	TEMP	M	35	35-39M	1.20.20	0	0
206	52	1277	DENVER	ELLIE	VWAC	M	44	40-44M	1.20.22	1	0
207	568	7568	MTHOKOZISI	LUTHULI	TEMP	M	34	SM	1.20.23	0	0
208	419	1756	STANTON	JACKSON	GELVAN	M	54	50-54M	1.20.25	2	0
209	117	1775	CLARENCE	MANUEL	GELVAN	M	31	SM	1.20.25	1	0
210	314	1075	GAVIN	SCHONKNECHT	ACH	M	57	55-59M	1.20.27	2	0
211	343	2733	TANYA	BENTLEY	VITALITY	F	32	SF	1.20.32	1	0
212	619	1841	DOLLY	NDUDE	HOLLYWOO	F	53	50-54F	1.20.34	2	0
213	433	1118	BRUCE	KING	ACH	M	59	55-59M	1.20.41	2	0
214	646	646	MART-MERIE	RAYNEKE	TEMP	F	34	SF	1.20.42	0	0
215	376	621	KIRWIN	DE KLERK	ASPEN	M	43	40-44M	1.20.43	1	0
216	743	7743	MUHAMMAD	ESSACK	TEMP	M	22	SM	1.20.44	0	0
217	253	1205	ALISON	BOWKER	ELITEAC	F	37	35-39F	1.20.44	1	0
218	791	791	LUCIANO	ROBERTS	TEMP	M	29	SM	1.21.11	0	0
219	334	978	CHRISTOPHER	AYERST	CHARLO	M	58	55-59M	1.21.12	2	0
220	472	990	BRETT	MCLAREN	CHARLO	M	39	35-39M	1.21.12	1	0
221	340	949	WELCOME	BASKITI	CHARLO	M	58	55-59M	1.21.13	2	0
222	505	7505	NICHOLAS	BANGO	TEMP	M	38	35-39M	1.21.24	0	0
223	281	577	YOLANDIE	LANDMAN	RUN4C	F	50	50-54F	1.21.24	2	0
224	172	1309	GERALD	PIETERSEN	VWAC	M	45	45-49M	1.21.28	1	0
225	197	604	LUYANDA	SINEKE	ASPEN	M	39	35-39M	1.21.30	1	0
226	394	2564	TARIE	ESTHER	MADIBAZ	F	25	SF	1.21.35	1	0
227	156	1332	THANDIWE	NKWANDLA	NEDBANK	F	60	60-64F	1.21.35	3	0
228	181	84	PRASHAAN	RAGA	INFINITY	M	27	SM	1.21.38	1	0
229	942	1062	NICK	CHAPMAN	ACH	M	53	50-54M	1.21.40	1	0
230	1984	1843	BOMKAZI	NTONI	ACH	F	38	35-39F	1.21.57	1	0
231	631	3031	YUSUF	MANSOOR	TEMP	M	33	SM	1.22.05	0	0
232	95	1778	DUSTIN	LALA	GELVAN	M	37	35-39M	1.22.06	1	0
233	462	999	THOMAS	MARAIS	CHARLO	M	38	35-39M	1.22.06	1	0
234	242	17369	MOHAMAD	YUSUF ADAM	UNKNOWN	M	39	35-39M	1.22.07	0	0
235	831	2514	TEDDY	PRUSENT	MADIBAZ	M	37	35-39M	1.22.08	1	0
236	491	2602	Doina	Naude	MADIBAZ	F	43	40-44F	1.22.08	1	0
237	592	7592	MOLOKO	MONYEMANGENE	TEMP	M	33	SM	1.22.13	0	0
238	58	745	KATHLEEN	FLANAGAN	CRUSADE	F	39	35-39F	1.22.18	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
239	890	876	GEORGE	WINSHIP	CHARLO	M	59	55-59M	1.22.18	1	0
240	774	774	RHYDEN	KEMP	TEMP	M	14	JM	1.22.20	0	0
241	964	1864	ANDRE	PIENAAR	TEMP	M	54	50-54M	1.22.27	0	0
242	323	3099	MARCEL	ABRAHAMS	VITALITY	M	34	SM	1.22.28	1	0
243	981	1864	TYRA	JACK	TEMP	F	26	SF	1.22.30	0	0
244	190	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	65	65-69F	1.22.31	4	0
245	888	2773	SHANE	WEIDEMAN	GELVAN	M	53	50-54M	1.22.32	1	0
246	712	7712	JESSE	GALLANT	TEMP	M	28	SM	1.22.35	0	0
247	795	795	NICHOLAS	SMITH	TEMP	M	30	SM	1.22.37	0	0
248	672	7672	DYLAN	RYAN	TEMP	M	28	SM	1.22.38	0	0
249	913	1346	KALLIE	KLINKENBURG	NEDBANK	M	41	40-44M	1.22.41	1	0
250	868	1560	PIETER	STRYDOM	DESPATCH	M	64	60-64M	1.22.43	2	0
251	949	639	DHIRESH	VALLABH	ASPEN	M	40	40-44M	1.22.45	1	0
252	764	764	BRANDON	HUME	TEMP	M	31	SM	1.22.48	0	0
253	178	112	SBULELE	QASHA	VARSIITY	M	24	SM	1.22.49	1	0
254	258	1088	PERCY	DALTON	ACH	M	77	70+M	1.22.49	2	0
255	410	1501	THOZAMILE	GROOTBOOM	MALABAR	M	49	45-49M	1.22.51	1	0
256	543	7543	DANI	FULTON	TEMP	F	30	SF	1.22.56	0	0
257	504	7504	MELISSA	ARGYLE	TEMP	F	32	SF	1.22.58	0	0
258	625	3025	SYLVESTER	FELKERS	TEMP	M	47	45-49M	1.23.00	0	0
259	383	775	KIM	DRINKWATER	32GI	F	49	45-49F	1.23.01	2	0
260	720	8043	HAYLEY	MASON	TEMP	F	40	40-44F	1.23.05	0	0
261	840	2188	KYLIE	RIDDIN	32GI	F	40	40-44F	1.23.06	1	0
262	397	1598	LERENZO	FRANCIS	DESPATCH	M	39	35-39M	1.23.06	1	0
263	47	1234	DEWALD	DEYSEL	ELITEAC	M	43	40-44M	1.23.07	1	0
264	925	2674	Elmay	Robinson	VITALITY	F	35	35-39F	1.23.07	1	0
265	1741	1741	LETA	OLIVIER	TEMP	F	35	35-39F	1.23.07	0	0
266	704	7704	CHADE'	WIENEKUS	TEMP	F	31	SF	1.23.22	0	0
267	102	2038	NKOSIYEDWA	MABASO	MUIRITE	M	45	45-49M	1.23.31	1	0
268	545	7545	JED	GILLARD	TEMP	M	24	SM	1.23.35	0	0
269	341	485	WANDILE	BATAYI	RUN4C	M	29	SM	1.23.41	1	0
270	131	1298	MPHATHISI	MJADU	VWAC	M	54	50-54M	1.23.45	1	0
271	499	2527	SANDISO	NGWENYA	MADIBAZ	F	31	SF	1.23.47	1	0
272	880	961	LARA	VAN HEERDEN	CHARLO	F	49	45-49F	1.23.50	1	0
273	467	2304	QAQAMBA	MATUNDU	VUKANI	F	27	SF	1.23.52	1	0
274	776	776	THAPELO	SADIKI	TEMP	M	38	35-39M	1.24.07	0	0
275	498	2522	SIPHAMANDLA	NGOGELA	MADIBAZ	M	32	SM	1.24.07	1	0
276	883	951	REON	VAN RENSBURG	CHARLO	M	53	50-54M	1.24.11	1	0
277	160	2413	TINA	OLCKERS	JBAY	F	46	45-49F	1.24.20	1	0
278	105	3043	MARC	MAHAMBEHLALA	VITALITY	M	34	SM	1.24.21	1	0
279	422	1351	SHARON	JESSOP	NEDBANK	F	55	55-59F	1.24.22	2	0
280	662	7662	JENSEN	PLETSCHKE	TEMP	M	20	SM	1.24.22	0	0
281	861	1946	MICHAEL	SMITH	BLUEBAY	M	52	50-54M	1.24.22	1	0
282	223	1250	PETER	VAN RENSBURG	ELITEAC	M	67	65-69M	1.24.23	2	0
283	546	7546	KHUSH	GOVINDJEE	TEMP	M	20	SM	1.24.23	0	0
284	522	7522	JAIME	CROMPTON	TEMP	M	19	JM	1.24.25	0	0
285	540	7540	AMEER	ENSAL	TEMP	M	50	50-54M	1.24.26	0	0
286	231	3057	timothy	williams	ASPEN	M	40	40-44M	1.24.31	1	0
287	922	1219	MELANIE	CHRISTIE	ELITEAC	F	41	40-44F	1.24.31	1	0
288	658	7658	AVIWE	PAKADE	TEMP	M	39	35-39M	1.24.34	0	0
289	1976	16314	JIMMY	HEADBUSH	MANONI	M	54	50-54M	1.24.39	0	0
290	867	2612	FRANZT	STRUWIG	MADIBAZ	M	68	65-69M	1.24.41	2	0
291	143	2886	DESMOND	MVUNDLELA	TRANSNET	M	44	40-44M	1.24.45	1	0
292	94	127	MUSTAFA	LAGARDIEN	MALABAR	M	32	SM	1.24.52	1	0
293	35	285	VANESSA	COETZEE	MUIRITE	F	48	45-49F	1.25.02	1	0
294	481	2537	IVAN	MOSES	MADIBAZ	M	63	60-64M	1.25.04	1	0
295	807	50289	YANELISA	NOMOYI	UNKNOWN	F	18	JF	1.25.04	0	0
296	516	7516	PETA	CARRINGTON	TEMP	M	30	SM	1.25.04	0	0
297	948	866	WALTER	ZIMBEVA	VITALITY	M	45	45-49M	1.25.05	1	0
298	555	7555	ALVARO	HENRIQUES	TEMP	M	47	45-49M	1.25.11	0	0
299	1968	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	41	40-44F	1.25.11	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
300	1969	1615	STEPHANUS	LAMBRECHTS	DESPATCH	M	42	40-44M	1.25.11	1	0
301	1812	50968	ANELISA	MAGAMA	REALGIJ	F	38	35-39F	1.25.15	0	0
302	550	7550	CARL	HALLER	TEMP	M	50	50-54M	1.25.20	0	0
303	960	1866	MICHELLE	BARKER	TEMP	F	38	35-39F	1.25.24	0	0
304	194	2712	SUSAN	SCOTT	VITALITY	F	60	60-64F	1.25.26	2	0
305	485	1516	KHAYALETHU	MTEYISI	CHILLIEP	M	41	40-44M	1.25.33	1	0
306	769	769	KATHRYN	LUCK	TEMP	F	42	40-44F	1.25.36	0	0
307	328	1559	NOLEEN	AMBRAAL	DESPATCH	F	55	55-59F	1.25.37	2	0
308	414	992	CYNTHIA	HEYNS	CHARLO	F	41	40-44F	1.25.39	1	0
309	842	991	GREGORY	ROSS	CHARLO	M	52	50-54M	1.25.39	1	0
310	978	653	CRAIG	WARD	ASPEN	M	48	45-49M	1.25.39	1	0
311	551	7551	NATASHA	HALLER	TEMP	F	44	40-44F	1.25.41	0	0
312	877	317	JEAN-PIERRE	VAN DER MERWE	MUIRITE	M	28	SM	1.25.42	1	0
313	563	7563	KELLY	KINGWILL	TEMP	F	26	SF	1.25.42	0	0
314	666	7666	NICOLE	PRICE	TEMP	F	43	40-44F	1.25.42	0	0
315	445	1726	BERNARD-BENJAMI	LODEWYK	GELVAN	M	54	50-54M	1.25.52	1	0
316	823	960	ADELE	PHIPPS	CHARLO	F	56	55-59F	1.25.56	2	0
317	30	1575	LESLEY-ANN	BUSH	DESPATCH	F	53	50-54F	1.26.00	1	0
318	261	75	HESTER	DEKKER	SAPPE	F	53	50-54F	1.26.05	1	0
319	834	554	PETRUS	RADEMEYER	RUN4C	M	51	50-54M	1.26.05	1	0
320	162	1552	THERESA	OOSTHUIZEN	DESPATCH	F	54	50-54F	1.26.18	1	0
321	136	50025	LUMKO	MQAY	QOKOL	M	35	35-39M	1.26.19	0	0
322	901	556	MICHELLE	MEYER	TEMP	F	45	45-49F	1.26.24	0	0
323	974	2704	YOLANDA	DUGMORE	VITALITY	F	52	50-54F	1.26.30	1	0
324	1994	6167	LUVUYO	BANGAZI	TEMP	M	49	45-49M	1.26.30	0	0
325	1829	6249	MATTHEW	KEOGH	TEMP	M	28	SM	1.26.30	0	0
326	1826	6245	MORGAN	BOLZE	TEMP	F	31	SF	1.26.31	0	0
327	418	915	JOEL	HUMAN	CHARLO	M	52	50-54M	1.26.43	1	0
328	387	937	JAMES	DU TOIT	CHARLO	M	40	40-44M	1.26.50	1	0
329	245	1043	DAVID	BAINS	XCEL	M	59	55-59M	1.26.52	1	0
330	185	727	ANGELA	ROGERS	CRUSADE	F	56	55-59F	1.26.53	2	0
331	920	51457	THAMSANQA	JACK	KHULANI	M	48	45-49M	1.27.06	0	0
332	319	519	CHARLOTTE	VAN WYK	RUN4C	F	43	40-44F	1.27.07	1	0
333	177	88	HENRY	PRAHALADH	INFINITY	M	58	55-59M	1.27.10	1	0
334	42	2656	TENIELLE	DE ANDRADE	VITALITY	F	40	40-44F	1.27.14	1	0
335	91	595	MARISKA	KRUGER	RUN4C	F	47	45-49F	1.27.17	1	0
336	114	106	THEMBALETHU	MANA	VARSIY	M	49	45-49M	1.27.20	1	0
337	168	6002	GUSTAV	PIETERSEN	PMC	M	34	SM	1.27.26	0	0
338	154	541	ULRICH	NIEUWOUDT	RUN4C	M	30	SM	1.27.29	1	0
339	322	42	SAM	ERASMUS	SAPPE	M	67	65-69M	1.27.31	1	0
340	1956	1356	JEROME	MAY	NEDBANK	M	58	55-59M	1.27.35	1	0
341	474	50803	SIVIWE	MEVENI	REALGIJ	M	38	35-39M	1.27.41	0	0
342	460	800	JONATHAN	MANDELL	32GI	M	61	60-64M	1.27.43	1	0
343	836	391	MLULEKI	RALA	IKHAMVA	M	46	45-49M	1.27.46	1	0
344	238	2463	Luthando	Yibe	ABSAEP	M	44	40-44M	1.27.46	1	0
345	370	1192	HEINZ	CONRAD	ELITEAC	M	46	45-49M	1.27.48	1	0
346	753	753	ROLAND	CLACK	TEMP	M	55	55-59M	1.27.48	0	0
347	749	749	ERIN	BROMLEY-GANS	TEMP	F	38	35-39F	1.27.51	0	0
348	129	1073	CONNOR	MITCHELL	ACH	M	21	SM	1.27.52	1	0
349	518	1450	NKHATHALLENG	KHIBA	NEDBANK	F	44	40-44F	1.27.53	1	0
350	990	618	KELLY	HOLMES	ASPEN	F	48	45-49F	1.28.01	1	0
351	544	7544	GRANT	GARNER	TEMP	M	19	JM	1.28.09	0	0
352	1961	52499	OKUHLE	MGUDLWA	KOMANI	M	29	SM	1.28.26	0	0
353	216	12	MARIKE	VAN DER KOLF	PEAAC	F	34	SF	1.28.29	1	0
354	727	7727	SAMANTHA	MUKHEIBIR	TEMP	F	47	45-49F	1.28.31	0	0
355	92	587	KIRSTI	KUHN	RUN4C	F	36	35-39F	1.28.42	1	0
356	1949	1269	SIMON	LELAKA	VWAC	M	52	50-54M	1.28.43	1	0
357	1997	417	PETER	MSIZA	CHILLIEP	M	52	50-54M	1.28.43	1	0
358	855	625	YOLANDA	SIDWABA	ASPEN	F	34	SF	1.28.43	1	0
359	629	3029	LOUISE	KNIGHT	TEMP	F	58	55-59F	1.28.52	0	0
360	718	7718	KUHLE	JOBELA	TEMP	M	31	SM	1.28.58	0	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
361	188	750	PIETER	ROUX	CRUSADE	M	70	70+M	1.29.00	1	0
362	616	1214	BENITA	GERBER	ELITEAC	F	61	60-64F	1.29.09	2	0
363	70	2671	CARY	HASTIE	VITALITY	M	62	60-64M	1.29.11	1	0
364	395	906	TARYN	FERREIRA	CHARLO	F	44	40-44F	1.29.21	1	0
365	167	6001	ADELE	PIETERSEN	PMC	F	36	35-39F	1.29.22	0	0
366	321	1010	JAN	VAN EEDEN	NEDBANK	M	67	65-69M	1.29.27	1	0
367	827	2594	Carmen	Pollock	MADIBAZ	F	21	SF	1.29.27	1	0
368	1837	1824	ETIENNE	KOOPMAN	TEMP	M	47	45-49M	1.29.29	0	0
369	758	758	ELANI	ECKERT	TEMP	F	42	40-44F	1.29.34	0	0
370	784	784	LIZA	MULLER	TEMP	F	46	45-49F	1.29.34	0	0
371	1983	1814	LAURE	PIETERSE	TEMP	M	54	50-54M	1.29.34	0	0
372	318	2341	WENDY	VAN EYCK	VUKANI	F	42	40-44F	1.29.36	1	0
373	434	1236	STEPHEN	KLUE	ELITEAC	M	66	65-69M	1.29.38	1	0
374	360	170	THANDEKA	MHLANGA	ACT AC	F	35	35-39F	1.29.44	1	0
375	50	1609	WILLEMEN	DU RANDT	DESPATCH	F	51	50-54F	1.29.54	1	0
376	725	7725	WAYNE	MOSS	TEMP	M	27	SM	1.29.56	0	0
377	36	1850	SIYABONGA	COKILE	HOLLYWOO	M	48	45-49M	1.29.57	1	0
378	927	2677	BRENDA	MUKOMBE	VITALITY	F	37	35-39F	1.30.01	1	0
379	549	7549	CHAD	HAGEMANN	TEMP	M	27	SM	1.30.05	0	0
380	163	816	MATTHEW	OSBORNE	32GI	M	37	35-39M	1.30.07	1	0
381	914	6769	SISEKO	MKUMLA	TEMP	M	40	40-44M	1.30.16	0	0
382	1356	1932	NTHATO	HEADBUSH	BLUEBAY	M	24	SM	1.30.19	1	0
383	1963	2303	ASIVE	SOTASHE	VUKANI	F	30	SF	1.30.21	1	0
384	217	11	THOMAS	VAN DER KOLF	PEAAC	M	35	35-39M	1.30.22	1	0
385	628	3028	RYAN	GELDERBLOEM	TEMP	M	44	40-44M	1.30.28	0	0
386	771	771	LEA	JANSEN	TEMP	M	35	35-39M	1.30.28	0	0
387	85	513	ROZETTA	KEMP	RUN4C	F	71	70+F	1.30.29	2	0
388	300	6576	PHUNYEZWA	NDEVU	SABC	F	59	55-59F	1.30.30	0	0
389	932	5146	SIYABONGA	MAJEKE	TEMP	M	44	40-44M	1.30.36	0	0
390	1669	40073	STACEY	DE RIDDER	ELITEAC	F	16	JF	1.30.37	1	0
391	946	752	LUYANDA	NCWADI	TEMP	M	44	40-44M	1.30.38	0	0
392	630	3030	XOLA	KUSE	TEMP	M	39	35-39M	1.30.39	0	0
393	382	629	AKHONA	MOSIANE	ASPEN	F	38	35-39F	1.30.40	1	0
394	953	861	LONWABO	MTSHAKE	SPAREC	M	55	55-59M	1.30.40	1	0
395	740	7740	MIHLALI	TYUSHA	TEMP	F	32	SF	1.30.44	0	0
396	1986	1818	BANDLAKAZI	SWAZI	TEMP	F	31	SF	1.30.46	0	0
397	623	3023	MICHELLE	DAMES	TEMP	F	50	50-54F	1.30.50	0	0
398	407	1006	BRUCE	GIE	BODYCON	M	52	50-54M	1.30.55	1	0
399	710	7710	CHAD	CUTHERTSON	TEMP	M	24	SM	1.30.57	0	0
400	444	2257	SUE	LEWIS	ACH	F	60	60-64F	1.31.00	1	0
401	829	1555	LYDIA	POTGIETER	DESPATCH	F	50	50-54F	1.31.04	1	0
402	660	7660	ROWAN	PHURAVHATHU	TEMP	M	26	SM	1.31.06	0	0
403	729	7729	TANITHA	NELL	TEMP	F	29	SF	1.31.10	0	0
404	752	752	NKULULO	CLAASEN	TEMP	M	26	SM	1.31.11	0	0
405	700	7700	JOSHUA	WALDUCK	TEMP	M	27	SM	1.31.11	0	0
406	33	119	ROBYN	CLEMENCE	VARSIITY	F	23	SF	1.31.12	1	0
407	514	7514	ATHI	BOOI	TEMP	M	28	SM	1.31.12	0	0
408	903	1191	ELIZE	ADAMS	ELITEAC	F	50	50-54F	1.31.15	1	0
409	699	7699	MONGEZI	VOCO	TEMP	M	34	SM	1.31.20	0	0
410	830	1937	AMANDA	PRIDEAUX	BLUEBAY	F	50	50-54F	1.31.21	1	0
411	480	2642	TANITH	MORETON	MADIBAZ	F	20	SF	1.31.26	1	0
412	336	984	BELINDA	BAIN	CHARLO	F	63	60-64F	1.31.27	1	0
413	466	896	GAVIN	MATTHEWS	CHARLO	M	49	45-49M	1.31.27	1	0
414	596	7596	KUHLE	MQASHANE	TEMP	F	21	SF	1.31.31	0	0
415	286	1776	MOEGAMAT	MAMOOJEE	GELVAN	M	59	55-59M	1.31.32	1	0
416	429	270	Abu Bakar	Khadroui	GELVAN	M	24	SM	1.31.32	1	0
417	860	930	IMKE	SMIT	CHARLO	F	36	35-39F	1.31.34	1	0
418	573	7573	WAYNE	MAGNUS	TEMP	M	57	55-59M	1.31.38	0	0
419	236	456	BULELANI	WITI	CHILLIEP	F	29	SF	1.31.44	1	0
420	304	2815	LUTHANDO	NOMTOTO	CSEP	M	39	35-39M	1.31.50	1	0
421	71	2672	JUSTIN	HASTIE	VITALITY	M	28	SM	1.31.59	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
422	635	3035	BHEKA	MSELEKU	TEMP	M	56	55-59M	1.32.00	0	0
423	274	535	GERT	HARMSE	RUN4C	M	59	55-59M	1.32.13	1	0
424	507	7507	KIRSTY	BARNES	TEMP	F	37	35-39F	1.32.14	0	0
425	128	840	BRONWIN	MEYER	32GI	F	53	50-54F	1.32.15	1	0
426	43	804	VALMAINE	DE KLERK	32GI	F	48	45-49F	1.32.15	1	0
427	691	7691	KRISTINEI	TUDHOPE	TEMP	F	35	35-39F	1.32.17	0	0
428	608	136	ABDURRAHMAAN	FREDERICKS	MALABAR	M	45	45-49M	1.32.18	1	0
429	812	2470	THEMBU	NTSUKUNYANE	ABSAEP	F	46	45-49F	1.32.19	1	0
430	524	7524	JOANNE	DANIELS	TEMP	F	59	55-59F	1.32.26	0	0
431	523	7523	ANDY	DANIELS	TEMP	M	63	60-64M	1.32.26	0	0
432	802	611	HAYLEY	NEWING	ASPEN	F	40	40-44F	1.32.32	1	0
433	873	895	GIANNI	TISTELLI	CHARLO	M	54	50-54M	1.32.33	1	0
434	998	876	KEVIN	SEZOE	TEMP	M	27	SM	1.32.39	0	0
435	612	1767	KEITH	SEZOE	GELVAN	M	55	55-59M	1.32.39	1	0
436	766	766	CHRISTIE	KAPUTENI	TEMP	M	24	SM	1.32.40	0	0
437	889	1566	RUAN	WELGEMOED	DESPATCH	M	30	SM	1.32.45	1	0
438	262	50	MICHAEL	DEKKER	SAPPE	M	53	50-54M	1.32.46	1	0
439	416	966	KEANO	HITZEROTH	CHARLO	M	25	SM	1.32.55	1	0
440	845	570	LOUISE	AXON	TEMP	F	47	45-49F	1.32.55	0	0
441	292	1296	NOEL	MCMASTER	VWAC	M	59	55-59M	1.33.05	1	0
442	737	7737	CLINTON	SMITH	TEMP	M	39	35-39M	1.33.06	0	0
443	936	1811	BRENT	COCK	TEMP	M	46	45-49M	1.33.08	0	0
444	760	760	MKHUSELI	GABELA	TEMP	M	24	SM	1.33.11	0	0
445	613	798	JUSTYN	HARRISON	32GI	M	48	45-49M	1.33.11	1	0
446	937	849	LUCILLE	COCK	32GI	F	43	40-44F	1.33.18	1	0
447	614	799	ALLISON	HARRISON	32GI	F	42	40-44F	1.33.18	1	0
448	442	850	PAIGE	LEE	32GI	F	59	55-59F	1.33.18	1	0
449	847	900	JASON	SAUNDERS	CHARLO	M	46	45-49M	1.33.24	1	0
450	826	2161	TYRELL	POLGLASE	CHARLO	M	42	40-44M	1.33.24	1	0
451	611	568	CHLOE	HILL	TEMP	F	22	SF	1.33.26	0	0
452	1989	1232	SONIKA	NEL	ELITEAC	F	25	SF	1.33.28	1	0
453	1990	1224	SHAUN	NEL	ELITEAC	M	50	50-54M	1.33.28	1	0
454	916	1267	ANAND	NAIDOO	VWAC	M	55	55-59M	1.33.31	1	0
455	87	2128	OWEN	KIVEDO	ATLANTIC	M	69	65-69M	1.33.32	1	0
456	934	1810	JIYANA	MAWANDE	TEMP	M	42	40-44M	1.33.34	0	0
457	493	258	RONALD	NDIZA	TINARHA	M	66	65-69M	1.33.34	1	0
458	793	793	ASIVE	SIMETU	TEMP	F	26	SF	1.33.34	0	0
459	824	1955	DANIEL	PIETERSE	BLUEBAY	M	63	60-64M	1.33.46	1	0
460	983	1753	ROXANNE	MULLER	GELVAN	F	40	40-44F	1.33.48	1	0
461	48	1195	SAMANTHA	DOUGLAS	ELITEAC	F	37	35-39F	1.33.56	1	0
462	909	50131	STEPHAN	ELS	MPOX	M	47	45-49M	1.33.56	0	0
463	609	879	DAVID	MASTERTON	CHARLO	M	55	55-59M	1.33.57	1	0
464	819	36	LANCE	PETERSEN	PEAAC	M	53	50-54M	1.33.58	1	0
465	389	22	MICHELLE	DYER	PEAAC	F	40	40-44F	1.33.58	1	0
466	665	7665	NICHOLAS	PRICE	TEMP	M	47	45-49M	1.34.00	0	0
467	926	2205	SIKHUMBUZO	MANXOYI	SIBALEKA	M	38	35-39M	1.34.04	1	0
468	765	765	CATHERINE	GROCH	TEMP	F	45	45-49F	1.34.05	0	0
469	436	2641	MARLON	KOOPMAN	MADIBAZ	M	46	45-49M	1.34.11	1	0
470	755	755	LAMLANI	DAWETI	TEMP	M	28	SM	1.34.12	0	0
471	520	7520	PADDY	CLOETE	TEMP	F	53	50-54F	1.34.14	0	0
472	965	3031	FAIQ	JAPPIE	MALABAR	M	52	50-54M	1.34.16	1	0
473	448	820	CORNE	LOTZ	32GI	F	46	45-49F	1.34.17	1	0
474	624	3024	PETRI	DANNHAUSER	TEMP	F	40	40-44F	1.34.17	0	0
475	32	339	ILSE	CLAASSENS	MUIRITE	F	26	SF	1.34.19	1	0
476	61	1780	MONDRE	GALLANT	GELVAN	M	37	35-39M	1.34.20	1	0
477	1991	2321	LUVUYO	SIWUNDLA	VUKANI	M	45	45-49M	1.34.27	1	0
478	210	1429	RIKA	TERBLANCHE	NEDBANK	F	48	45-49F	1.34.27	1	0
479	886	883	LINDI	VAN TONDER	CHARLO	F	47	45-49F	1.34.28	1	0
480	18	512	ANSIE	BENADE	RUN4C	F	66	65-69F	1.34.30	1	0
481	896	560	FADEELAH	DAVIDS	TEMP	F	41	40-44F	1.34.34	0	0
482	950	1781	RUDI	SWARTS	GELVAN	M	47	45-49M	1.34.34	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
483	680	7680	MIHLALI	SONDLO	TEMP	M	24	SM	1.34.41	0	0
484	359	1939	RUDY	BUYS	BLUEBAY	M	48	45-49M	1.34.44	1	0
485	118	708	JOAN	MARLBOROUGH	CRUSADE	F	71	70+F	1.34.46	1	0
486	173	2964	CHESLIN	PLAATJIES	VITALITY	M	39	35-39M	1.34.53	1	0
487	12	3041	ALLISTER	ARENDS	ATLANTIC	M	41	40-44M	1.34.54	1	0
488	859	1299	MICHAEL	SLATER	VWAC	M	55	55-59M	1.34.55	1	0
489	285	2479	SINETHEMBA	MAGUTYWA	ABSAEP	M	43	40-44M	1.34.59	1	0
490	464	785	CHRISTOPHER	MARLIN	32GI	M	49	45-49M	1.35.00	1	0
491	411	2094	NOZIE	GWILI	ASPEN	F	42	40-44F	1.35.04	1	0
492	335	2912	HEIN	BADENHORST	SAPPE	M	55	55-59M	1.35.09	1	0
493	59	529	ANDRE	FOURIE	RUN4C	M	78	70+M	1.35.12	1	0
494	120	1951	SIMPHIWE	MASHININI	TRANSNET	M	35	35-39M	1.35.15	1	0
495	695	7695	SALWAH	VAN RHEEDE	TEMP	F	35	35-39F	1.35.23	0	0
496	642	3042	HEINIE	VENTER	TEMP	M	44	40-44M	1.35.32	0	0
497	556	7556	BEVERLEY	HUTTON	TEMP	F	42	40-44F	1.35.45	0	0
498	798	798	CLAUDIA	VAN NIEKERK	TEMP	F	35	35-39F	1.35.46	0	0
499	1980	1813	CARL	VAN NIEKERK	TEMP	M	35	35-39M	1.35.46	0	0
500	415	954	ANDREW	HIGGS	CHARLO	M	54	50-54M	1.35.49	1	0
501	98	1868	TUMELO	LEHASA	HOLLYWOO	M	37	35-39M	1.35.56	1	0
502	358	50345	ROBERT	BUTTON	OLDSELB	M	66	65-69M	1.36.00	0	0
503	482	2295	ZOLANI	MQOQI	VUKANI	M	48	45-49M	1.36.05	1	0
504	918	2334	SKHUMBLEZO	MZOBOHE	VUKANI	M	52	50-54M	1.36.07	1	0
505	454	1940	JACKI	LYLE	BLUEBAY	F	44	40-44F	1.36.11	1	0
506	468	2587	KGABO	MAUPYE	MADIBAZ	M	32	SM	1.36.19	1	0
507	494	2538	LUTHANDO	NDZAMBO	MADIBAZ	M	42	40-44M	1.36.19	1	0
508	939	1930	TIM	BRAY	BLUEBAY	M	62	60-64M	1.36.22	1	0
509	818	996	PAULA	PEARCE	CHARLO	F	57	55-59F	1.36.24	1	0
510	348	2619	MTETELELI	BIKO	MADIBAZ	M	33	SM	1.36.26	1	0
511	723	7723	MARYNA	MEYER	TEMP	F	54	50-54F	1.36.42	0	0
512	722	7722	ANDREW	MEYER	TEMP	M	51	50-54M	1.36.42	0	0
513	408	2164	SHARON	GRIESEL	CHARLO	F	54	50-54F	1.36.44	1	0
514	858	583	CHRISTELLE	SLABBERT	RUN4C	F	53	50-54F	1.36.50	1	0
515	329	50184	MAKAZIWE	TENYANE	CHEETAHS	M	50	50-54M	1.36.52	0	0
516	220	1988	Werner	van der Merwe	SOMEAST	M	43	40-44M	1.36.53	1	0
517	653	7653	ALISSA	NEL	TEMP	F	25	SF	1.37.00	0	0
518	16	746	JOHAN	BARNARD	CRUSADE	M	70	70+M	1.37.05	1	0
519	183	350	MARIUS	ROACH	MUIRITE	M	32	SM	1.37.06	1	0
520	66	302	LUCINDA	GERBER	MUIRITE	F	50	50-54F	1.37.06	1	0
521	902	827	MBULELO	QUMNTU	TEMP	M	45	45-49M	1.37.11	0	0
522	324	613	ASHRAF	ACKERDIEN	ASPEN	M	52	50-54M	1.37.17	1	0
523	73	25925	PALESA	HEADBUSH	CCJHB	F	47	45-49F	1.37.17	0	0
524	72	24348	MARK	HEADBUSH	CCJHB	M	80	70+M	1.37.17	0	0
525	862	913	SHARON	SMUTS	CHARLO	F	59	55-59F	1.37.23	1	0
526	1950	1848	LISKA	MULLER	TEMP	F	42	40-44F	1.37.26	0	0
527	643	3043	MONICA	VENTER	TEMP	F	43	40-44F	1.37.26	0	0
528	1951	1820	TARYN	KARG	TEMP	F	42	40-44F	1.37.26	0	0
529	21	2350	CHRISTELLE	BLUME	JBAY	F	57	55-59F	1.37.31	1	0
530	57	2359	LIEZL	FERREIRA	JBAY	F	42	40-44F	1.37.31	1	0
531	622	3022	KEVERN	BRUITJIES	TEMP	M	40	40-44M	1.37.32	0	0
532	1742	5944	RHODOWAYNE	ERASMUS	TEMP	M	30	SM	1.37.34	0	0
533	750	750	HANNAH	BUCKSEY	TEMP	F	27	SF	1.37.40	0	0
534	23	298	SANET	BOUCHER	MUIRITE	F	45	45-49F	1.37.48	1	0
535	690	7690	WANDILE	TSHINGI	TEMP	M	38	35-39M	1.37.53	0	0
536	671	7671	LOGAN	ROTHMAN	TEMP	F	29	SF	1.38.01	0	0
537	971	1094	MARIETJIE	PIETERSEN	ACH	F	68	65-69F	1.38.05	1	0
538	479	905	MICHELE	MOOLMAN	CHARLO	F	40	40-44F	1.38.10	1	0
539	982	53057	ONDAMKELA	MPHIKE	SAPSTR	F	25	SF	1.38.14	0	0
540	155	1846	Simo	Nkanyuza	HOLLYWOO	M	38	35-39M	1.38.15	1	0
541	99	588	RENIER	LIEBENBERG	RUN4C	M	43	40-44M	1.38.22	1	0
542	515	7515	TRISTEN-LEE	BOPP	TEMP	F	29	SF	1.38.27	0	0
543	892	2618	SINETHEMBA	ZAKE	MADIBAZ	F	26	SF	1.38.33	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
544	441	2662	ADELE	LE ROUX	VITALITY	F	49	45-49F	1.38.33	1	0
545	872	1592	BENNIE	THYSSE	DESPATCH	M	68	65-69M	1.38.36	1	0
546	814	1587	MARISKA	OLIVIER	DESPATCH	F	38	35-39F	1.38.36	1	0
547	277	1600	YVETTE	JONKER	DESPATCH	F	53	50-54F	1.38.37	1	0
548	689	7689	SIVUYILE	TSHINGI	TEMP	M	40	40-44M	1.38.38	0	0
549	409	877	KURT	GROENER	CHARLO	M	44	40-44M	1.38.42	1	0
550	759	759	DYLAN	FELKERS	TEMP	M	28	SM	1.38.42	0	0
551	427	2500	PUMZA	KAYINGANA	ABSAEP	F	42	40-44F	1.38.46	1	0
552	935	50634	NOSICELO	BIYANA	QOKOL	F	49	45-49F	1.38.47	0	0
553	239	51484	BONISWA	ZONDANI	CHEETAHS	F	41	40-44F	1.38.50	0	0
554	428	969	GARY	KELLEHER	CHARLO	M	68	65-69M	1.38.57	1	0
555	906	352	ZUKO	MALIWA	IKHAMVA	M	48	45-49M	1.39.00	1	0
556	165	2093	AXOLA	PAKADE	ASPEN	M	28	SM	1.39.00	1	0
557	713	7713	PHILA	GCISA	TEMP	F	32	SF	1.39.04	0	0
558	1349	27438	LUVUYO	MIRELE	HOLLY	M	40	40-44M	1.39.12	0	0
559	125	1920	NOZBELE	MBETHE	BLUEBAY	F	50	50-54F	1.39.17	1	0
560	182	50286	LEE-ANN	RAGAVAL-PASQUALLIE	MPOX	F	45	45-49F	1.39.17	0	0
561	153	492	NTOKOZO	NGUBANE	RUN4C	F	30	SF	1.39.17	1	0
562	709	7709	ESTEE	COCKCROFT	TEMP	F	40	40-44F	1.39.18	0	0
563	714	7714	NATALIE	GOEDHALS	TEMP	F	41	40-44F	1.39.18	0	0
564	775	775	STEPHAN	HANCKE	TEMP	M	20	JM	1.39.21	0	0
565	931	5046	KAY-LEE	MARX	TEMP	F	29	SF	1.39.26	0	0
566	350	2626	SYLVAN	BLIGNAUT	MADIBAZ	M	66	65-69M	1.39.27	1	0
567	741	7741	JANDRE	VAN TONDER	TEMP	M	32	SM	1.39.32	0	0
568	306	470	JODI	PIENAAR	WALMER	M	31	SM	1.39.37	1	0
569	390	3014	Aiden	Engelbrecht	MADIBAZ	M	19	JM	1.39.37	1	0
570	56	507	JOHAN	FERREIRA	RUN4C	M	63	60-64M	1.39.39	1	0
571	347	956	NEELESH	BHANA	CHARLO	M	54	50-54M	1.39.45	1	0
572	726	7726	JULIUS	MOTSHOPHI	TEMP	M	63	60-64M	1.39.47	0	0
573	320	1119	TREMAINE	WESSON	ACH	M	65	65-69M	1.39.52	1	0
574	510	7510	CARMS	BISHOP	TEMP	F	20	SF	1.39.53	0	0
575	176	3077	LARA	PRAGNELL	32GI	F	34	SF	1.39.54	1	0
576	26	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	53	50-54M	1.39.54	1	0
577	928	1782	THEODORE	SCHMITT	GELVAN	M	46	45-49M	1.39.58	1	0
578	248	434	NQABISA	BENYA	CHILLIEP	F	44	40-44F	1.39.58	1	0
579	174	414	AYANDA	POTGIETER	CHILLIEP	F	31	SF	1.39.58	1	0
580	980	1863	SIMPHIWE	MERILE	TEMP	M	31	SM	1.39.59	0	0
581	487	3016	Mandisi	Mtshubungu	MADIBAZ	M	43	40-44M	1.39.59	1	0
582	589	7589	BHEKI	MKHWANAZI	TEMP	M	39	35-39M	1.40.08	0	0
583	88	2366	SIMONE	KLEYN	JBAY	F	38	35-39F	1.40.08	1	0
584	839	1919	JUANE	RETIEF	BLUEBAY	F	32	SF	1.40.11	1	0
585	303	503	FAKAZILE	NKOMIYHLABA	RUN4C	F	38	35-39F	1.40.19	1	0
586	882	926	TREVOR	VAN RENSBURG	CHARLO	M	73	70+M	1.40.23	1	0
587	597	7597	SIFUNDO	MTHEMBU	TEMP	M	33	SM	1.40.26	0	0
588	49	289	RENAY	DU PLESSIS	MUIRITE	F	57	55-59F	1.40.35	1	0
589	450	2316	AWONKE	LUCWABA	VUKANI	F	29	SF	1.40.37	1	0
590	148	1286	SHANDRY	NAZER	VWAC	F	36	35-39F	1.40.39	1	0
591	268	575	JACKIE	ELOFF	RUN4C	F	53	50-54F	1.40.40	1	0
592	250	1611	Magdalena	Bothma	DESPATCH	F	44	40-44F	1.40.40	1	0
593	251	1610	Petrus	Bothma	DESPATCH	M	44	40-44M	1.40.41	1	0
594	25	50727	JUANITA	BRINK	KIMBH	F	47	45-49F	1.40.47	0	0
595	122	2459	BULELANI	MATENJWA	IKHAMVA	M	44	40-44M	1.40.47	1	0
596	600	7600	SIKHO	MXINWA	TEMP	F	27	SF	1.40.52	0	0
597	977	1682	DARRYN	NIEMAND	TEMP	M	38	35-39M	1.40.53	0	0
598	773	773	REBECCA	JAPHET	TEMP	F	24	SF	1.41.11	0	0
599	547	7547	CARYN	GRACE SMITH	TEMP	F	27	SF	1.41.12	0	0
600	778	778	MVELISO	MATHONTSI	TEMP	M	35	35-39M	1.41.23	0	0
601	999	878	NEYLESE	DONALDSON	TEMP	F	55	55-59F	1.41.26	0	0
602	822	2503	NONDUMISO	PHAKATHI	MADIBAZ	F	44	40-44F	1.41.38	1	0
603	205	2664	MELISSA	SWANEPOEL	VITALITY	F	37	35-39F	1.41.38	1	0
604	779	779	JOY	MAZIBUKO	TEMP	F	34	SF	1.41.39	0	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
605	283	2914	NOMANDLA	LUNGUZA	SAPPE	F	49	45-49F	1.41.39	1	0
606	825	889	PETER	POHLMANN	CHARLO	M	62	60-64M	1.41.43	1	0
607	924	2324	MKONYISELA	MCUBASE	VUKANI	M	39	35-39M	1.41.44	1	0
608	1416	418	VUYOKAZI	DUBE	CHILLIEP	F	48	45-49F	1.41.49	1	0
609	316	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	46	45-49F	1.41.55	1	0
610	526	7526	LARA	DE BRUIJN	TEMP	F	24	SF	1.42.09	0	0
611	696	7696	HANRU	VAN VREDEN	TEMP	M	23	SM	1.42.09	0	0
612	1948	1847	THABISO	NGCONGO	TEMP	M	26	SM	1.42.19	0	0
613	270	2803	DALE	FLYNN	RUN4C	M	31	SM	1.42.22	1	0
614	734	7734	LILY	SCHNEIDER	TEMP	F	24	SF	1.42.22	0	0
615	1300	16313	MTHA	HEADBUSH	RUNZONE	M	33	SM	1.42.29	0	0
616	801	753	PLACXEDES	NDHLOVU	CRUSADE	F	51	50-54F	1.42.38	1	0
617	345	933	SANET	BEZUIDENHOUT	CHARLO	F	37	35-39F	1.42.53	1	0
618	437	175	BRENT	KOPS	SAPPE	M	42	40-44M	1.42.57	1	0
619	554	7554	ROXANNE	HECHTER	TEMP	F	40	40-44F	1.42.58	0	0
620	375	947	GANIEF	DAVIDS	CHARLO	M	59	55-59M	1.42.58	1	0
621	904	826	LUVUYO	MHLOBISO	TEMP	M	39	35-39M	1.42.59	0	0
622	405	959	JOHAN	GERBER	CHARLO	M	46	45-49M	1.43.03	1	0
623	686	7686	HAYDEN	THARRATT	TEMP	M	29	SM	1.43.05	0	0
624	1872	1382	CHARMELL	KOOPMAN	NEDBANK	F	45	45-49F	1.43.08	1	0
625	28	725	Wendy	Bululu	CRUSADE	F	42	40-44F	1.43.12	1	0
626	244	2461	FUNDISWA	ANTONY	ABSAEP	F	53	50-54F	1.43.24	1	0
627	225	40107	MINIQUE	VAN TONDER	DESPATCH	F	19	JF	1.43.30	1	0
628	884	2699	ADEL	VAN RENSBURG	VITALITY	F	47	45-49F	1.43.30	1	0
629	1247	361	JULIUS	SHOGOLE	IKHAMVA	M	72	70+M	1.43.33	1	0
630	207	5898	PETER	TEESDALE	EDENAC	M	62	60-64M	1.43.45	0	0
631	627	3027	ANDREW	GARNER	TEMP	M	55	55-59M	1.43.52	0	0
632	921	6322	MASIVUYE	MZOBOSHE	TEMP	M	38	35-39M	1.43.53	0	0
633	1987	2111	GEROME	MINTOOR	ATLANTIC	M	58	55-59M	1.44.01	1	0
634	799	799	CHRIS	VAN RENSBURG	TEMP	M	52	50-54M	1.44.08	0	0
635	29	759	MIKE	BURGER	CRUSADE	M	71	70+M	1.44.13	1	0
636	224	1582	MARINET	VAN TONDER	DESPATCH	F	47	45-49F	1.44.16	1	0
637	22	1579	JHANINEN	BOSHOF	DESPATCH	F	59	55-59F	1.44.16	1	0
638	562	7562	MTHOKOZISI	KHULU	TEMP	M	36	35-39M	1.44.23	0	0
639	373	1725	PEARL	DAMONS	GELVAN	F	62	60-64F	1.44.26	1	0
640	820	2547	BERNARD	PETERSEN	MADIBAZ	M	59	55-59M	1.44.30	1	0
641	116	2467	Xhanti	Mantshiyo	ABSAEP	M	58	55-59M	1.44.35	1	0
642	455	2504	WAYNE	MAC GEAR	MADIBAZ	M	62	60-64M	1.44.38	1	0
643	687	7687	SINOTHANDO	TISO	TEMP	F	31	SF	1.44.49	0	0
644	81	145	FADIELA	JOHNSON	MALABAR	F	61	60-64F	1.44.55	1	0
645	581	7581	LIKHONA	MASIKA	TEMP	M	42	40-44M	1.44.56	0	0
646	135	48	COLLEEN	MOSES	SAPPE	F	50	50-54F	1.44.57	1	0
647	15	1256	NAOMI	BAKKER	VWAC	F	48	45-49F	1.45.09	1	0
648	193	2751	JEREMY	SCOTT	VWAC	M	54	50-54M	1.45.09	1	0
649	730	7730	SINELIZWI	NGALO	TEMP	F	37	35-39F	1.45.23	0	0
650	854	1541	MONIQUE	SENEKAL	DESPATCH	F	34	SF	1.45.24	1	0
651	815	3033	PACHE	ORANJE	JBAY	F	33	SF	1.45.43	1	0
652	875	917	VICKY	TSOUKNIDAS	CHARLO	F	47	45-49F	1.45.53	1	0
653	530	7530	NONKE	DOYI	TEMP	M	42	40-44M	1.45.56	0	0
654	115	2688	THOZAMA	MANTLAKA	VITALITY	F	39	35-39F	1.46.08	1	0
655	6	1333	MBULELO	SOBIKWA	NEDBANK	M	71	70+M	1.46.16	1	0
656	355	924	GRAHAM	BROOM	CHARLO	M	55	55-59M	1.46.20	1	0
657	527	52371	ODWA	SONQISHE	TEAMVITC	F	36	35-39F	1.46.22	0	0
658	593	7593	DEENOLAN	MOODLEY	TEMP	M	29	SM	1.46.32	0	0
659	164	334	MADELEINE	OTTO	MUIRITE	F	65	65-69F	1.46.32	1	0
660	517	7517	SUSAN	CHAMBERLAIN	TEMP	F	30	SF	1.46.35	0	0
661	736	7736	LEIGH-ANN	SMIT	TEMP	F	27	SF	1.46.38	0	0
662	957	1207	CHARL	GRIESSEL	ELITEAC	M	61	60-64M	1.46.44	1	0
663	191	1608	LUZANNE	SCHOEMAN	DESPATCH	F	36	35-39F	1.46.45	1	0
664	566	7566	CHRISTINE	LEE	TEMP	F	32	SF	1.46.52	0	0
665	650	128	DAWOOD	BABOO	MALABAR	M	38	35-39M	1.46.55	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
666	640	3040	ELROY	SINGH	TEMP	M	38	35-39M	1.46.56	0	0
667	483	2217	ASANDA	MSARO	SIBALEKA	F	39	35-39F	1.46.59	1	0
668	1766	1287	MICHELLE	HARDY-BERRINGTON	VWAC	F	40	40-44F	1.47.03	1	0
669	325	3131	BATHANDWA	GOBINGCA	ALBANY	M	32	SM	1.47.03	1	0
670	440	1202	JACQUES	LANGLEY	RUN4C	M	36	35-39M	1.47.14	1	0
671	878	921	RYAN	VAN DER MESCHT	CHARLO	M	44	40-44M	1.47.15	1	0
672	230	2465	OZELLE	WIEHAHN	ABSAEP	F	51	50-54F	1.47.20	1	0
673	560	7560	INECE	KAYSER	TEMP	F	57	55-59F	1.47.21	0	0
674	381	82	LETA	DOS SANTOS	INFINITY	F	61	60-64F	1.47.49	1	0
675	38	100	LYNETTE	CRAUSE	INFINITY	F	65	65-69F	1.47.49	1	0
676	685	7685	ALTHEA	SWARTZ	TEMP	F	41	40-44F	1.47.57	0	0
677	979	1683	JACKIE	HAY	TEMP	F	60	60-64F	1.48.09	0	0
678	140	166	Phumelele	Mtshali	ACT AC	F	38	35-39F	1.48.09	1	0
679	74	1252	AMANDA	HECHTER	ELITEAC	F	44	40-44F	1.48.14	1	0
680	330	943	LOGAMURTHIE	ATHIEMOOLAM	CHARLO	M	62	60-64M	1.48.18	1	0
681	649	131	SHUKRY	KAFAAR	MALABAR	M	39	35-39M	1.48.35	1	0
682	443	1142	JOLENE	LERM	CHARLO	F	42	40-44F	1.48.36	1	0
683	471	1141	LAUREN	MCKAY	CHARLO	F	44	40-44F	1.48.36	1	0
684	637	3037	SIVIWE	NKAYI	TEMP	M	33	SM	1.48.37	0	0
685	297	51822	NOLUBABALO	MTSHAKAZI	KOMANIR	F	46	45-49F	1.48.45	0	0
686	119	3044	SYAVUYA	MARWANQA	VITALITY	M	27	SM	1.48.50	1	0
687	298	1737	LYNDLE	NAIDOO	GELVAN	F	33	SF	1.49.02	1	0
688	368	894	TONY	CLARKE	CHARLO	M	65	65-69M	1.49.03	1	0
689	715	7715	BRADLEY	GOUVERIS	TEMP	M	27	SM	1.49.08	0	0
690	724	7724	DANIELLA	MITRI	TEMP	F	25	SF	1.49.09	0	0
691	748	748	SIYAMTEMBA	BOMVU	TEMP	M	33	SM	1.49.18	0	0
692	728	7728	SIMTANDILE	MVELO	TEMP	F	28	SF	1.49.22	0	0
693	187	1791	ISABELLA	ROUX	VARSIITY	F	19	JF	1.49.28	1	0
694	367	994	BEVERLEY	CLARKE	CHARLO	F	61	60-64F	1.49.35	1	0
695	79	2095	RICHTER	JACOBS	ASPEN	M	38	35-39M	1.49.36	1	0
696	721	7721	CLAUDETTE	MAROKOANE	TEMP	F	39	35-39F	1.49.47	0	0
697	747	747	LWANDO	BANA	TEMP	F	25	SF	1.49.48	0	0
698	501	7501	ROWAYNE	ADAMS	TEMP	M	44	40-44M	1.49.52	0	0
699	606	428	SHAAHID	NORKEE	MALABAR	M	59	55-59M	1.49.54	1	0
700	452	1445	NOYISE	LUVALO	NEDBANK	F	45	45-49F	1.49.54	1	0
701	267	738	SAM	DU TOIT	CRUSADE	F	56	55-59F	1.49.55	1	0
702	821	18863	TEMBA	PEZISA	CSCG	M	59	55-59M	1.49.58	0	0
703	362	2502	WENDY	CAMERON	MADIBAZ	F	47	45-49F	1.50.00	1	0
704	413	2508	DANEILLE	HARRY	MADIBAZ	F	40	40-44F	1.50.00	1	0
705	158	1223	NDUMISO	NTSHANGASE	ELITEAC	M	33	SM	1.50.02	1	0
706	1988	1819	DANIELLE	VERMAAK	TEMP	F	21	SF	1.50.04	0	0
707	266	544	JACQUELENE	DU TOIT	RUN4C	F	52	50-54F	1.50.04	1	0
708	655	7655	SANELISIWE	NGUTA	TEMP	F	26	SF	1.50.12	0	0
709	478	2603	PHATHEKA	MOKGWETSI	MADIBAZ	F	33	SF	1.50.14	1	0
710	276	1545	RUAN	JONKER	DESPATCH	M	26	SM	1.50.18	1	0
711	716	7716	KAYLEIGH	HILL	TEMP	F	24	SF	1.50.18	0	0
712	199	15	EMMERENCHIA	SLABBERT	PEAAC	F	52	50-54F	1.50.19	1	0
713	222	303	SANET	VAN NIEKERK	MUIRITE	F	56	55-59F	1.50.22	1	0
714	90	980	PETRUS	KOOPMAN	CHARLO	M	64	60-64M	1.50.23	1	0
715	401	971	DEIDRE	GERBER	CHARLO	F	54	50-54F	1.50.26	1	0
716	332	1103	LIZ	AUSTIN	ACH	F	67	65-69F	1.50.34	1	0
717	309	25241	SHERWYN	ROUSSOUW	WATER	M	46	45-49M	1.50.39	0	0
718	299	143	ZAHEERA	NANABHAY	MALABAR	F	44	40-44F	1.50.52	1	0
719	941	2202	VUYISEKA	MHLAHO	SIBALEKA	F	43	40-44F	1.50.53	1	0
720	500	562	JUDITH	NIENABER	RUN4C	F	65	65-69F	1.51.00	1	0
721	82	40010	Isabella	Jonson	RUN4C	F	16	JF	1.51.01	1	0
722	184	1368	ZHULDYZ	ROBBERTS	NEDBANK	F	39	35-39F	1.51.06	1	0
723	803	609	Bongani	Ngcala	ASPEN	M	34	SM	1.51.06	1	0
724	252	1556	RIAANA	BOUWER	DESPATCH	F	49	45-49F	1.51.10	1	0
725	103	12345	NYIMPINI	MABUNDA	WATER	M	48	45-49M	1.51.20	0	0
726	1246	2069	LULAMILE	PHONGOLA	NMBAC	M	68	65-69M	1.51.22	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
727	195	1310	PHUMLA	SIBALI	VWAC	F	46	45-49F	1.51.26	1	0
728	189	1274	GAYLE	SAAYMAN	VWAC	F	37	35-39F	1.51.26	1	0
729	864	884	SHAMEMMA	SOLOMON	CHARLO	F	44	40-44F	1.51.26	1	0
730	899	557	KEVIN	GARDNER	TEMP	M	45	45-49M	1.51.27	0	0
731	879	1535	CLAUDEAN	VAN GREUNEN	DESPATCH	F	44	40-44F	1.51.28	1	0
732	943	1759	LYDIA	OLIVER	GELVAN	F	57	55-59F	1.51.35	1	0
733	986	2907	MOMELEZI	COMJWA	ASPEN	M	30	SM	1.51.51	1	0
734	315	211	MATHAPELO	SENTI	CSEP	F	36	35-39F	1.52.04	1	0
735	988	323	CLIVE	VAN RAYNER	MUIRITE	M	58	55-59M	1.52.17	1	0
736	987	2929	Michal	van Rayner	MUIRITE	F	22	SF	1.52.18	1	0
737	871	2600	ROCHELLE	THORNE	MADIBAZ	F	55	55-59F	1.52.21	1	0
738	813	1483	ZAFIKA	NYONGO	SANDFEP	F	45	45-49F	1.52.32	1	0
739	553	7553	VUYOKAZI	HARRISON	TEMP	F	36	35-39F	1.52.36	0	0
740	970	2765	JOHN	FACEY	NEDBANK	M	68	65-69M	1.52.50	1	0
741	502	7502	TRACY	ADAMS	TEMP	F	41	40-44F	1.52.55	0	0
742	497	2307	VUYOKAZI	NGALO	VUKANI	F	44	40-44F	1.52.59	1	0
743	76	1305	CASEY	ISAACS	VWAC	F	47	45-49F	1.53.00	1	0
744	77	720	CLEO	JACOBS	CRUSADE	F	23	SF	1.53.00	1	0
745	930	6000	ANZA	GELEBE	TEMP	F	31	SF	1.53.13	0	0
746	664	7664	TIM	PRAGNELL	TEMP	M	34	SM	1.53.15	0	0
747	976	1681	CARIEN	NIEMAND	TEMP	F	32	SF	1.53.15	0	0
748	295	860	NOZIE	MKHABELA	SPAREC	F	46	45-49F	1.53.21	1	0
749	412	2163	SUNET	HARRIS	CHARLO	F	52	50-54F	1.53.29	1	0
750	396	2162	ERIKA	FOREMAN	CHARLO	F	55	55-59F	1.53.29	1	0
751	898	558	LIEZL	JOUBERT	TEMP	F	30	SF	1.53.35	0	0
752	192	2685	MARILEE	SCHOLTZ	VITALITY	F	28	SF	1.53.35	1	0
753	392	591	ERICA	ERASMUS	RUN4C	F	55	55-59F	1.53.47	1	0
754	338	2948	OKUHLE	BANA	VWAC	F	38	35-39F	1.54.04	1	0
755	641	3041	MSAWENKOSI	TSHIBILIKA	TEMP	M	42	40-44M	1.54.07	0	0
756	706	7706	SISA	ZAZA	TEMP	M	32	SM	1.54.08	0	0
757	954	2208	GARFIELD	TSATSANE	SIBALEKA	M	59	55-59M	1.54.08	1	0
758	580	7580	THUTHUZELA	MAPOMA	TEMP	F	31	SF	1.54.10	0	0
759	226	1958	MELISSA	VAN WYK	BLUEBAY	F	32	SF	1.54.10	1	0
760	421	2003	ANDISWA	JAFTA	NMBAC	F	33	SF	1.54.11	1	0
761	44	1927	ANIRLE	DE MEYER	BLUEBAY	F	28	SF	1.54.11	1	0
762	874	922	REFILWE	TSATSIMPE	CHARLO	F	29	SF	1.54.14	1	0
763	876	974	CLAIRE	TUSTIN	CHARLO	F	48	45-49F	1.54.17	1	0
764	973	1679	MARCELLE	LOOTS	TEMP	M	26	SM	1.54.25	0	0
765	707	7707	BIANCA	ZEELIE	TEMP	F	26	SF	1.54.26	0	0
766	234	2183	ANAM	WITBOOI	ASPEN	F	30	SF	1.54.31	1	0
767	465	2812	MTHABISENG	MASHEGO	ASPEN	F	32	SF	1.54.31	1	0
768	582	7582	AYABONGA	MATSHAYA	TEMP	F	28	SF	1.54.32	0	0
769	78	628	CT	JACOBS	ASPEN	M	41	40-44M	1.54.34	1	0
770	683	7683	MATTHEW	STIEGER	TEMP	M	27	SM	1.54.34	0	0
771	682	7682	MARISCA	STIEGER	TEMP	F	24	SF	1.54.34	0	0
772	80	654	SIMONE	JACOBS	ASPEN	F	40	40-44F	1.54.35	1	0
773	159	50997	UNATHI	NTSHONGWANA	VUSULELA	F	34	SF	1.54.48	0	0
774	565	7565	NADIA	KRIEL	TEMP	F	28	SF	1.54.52	0	0
775	54	1935	XENOPHON	FERREIRA	BLUEBAY	M	64	60-64M	1.54.58	1	0
776	337	2616	JABU	BAM	MADIBAZ	M	40	40-44M	1.55.01	1	0
777	508	7508	JADE	BEHR	TEMP	F	31	SF	1.55.06	0	0
778	675	7675	AIMEE	SCHADY	TEMP	F	31	SF	1.55.10	0	0
779	62	15638	NELILE	GCABASHE	OTHER	F	27	SF	1.55.15	0	0
780	196	5636	PRAISE	SIBUYI	KUDUS	M	22	SM	1.55.16	0	0
781	1960	3122	DAVID	CHENGWE	VWAC	M	47	45-49M	1.55.16	1	0
782	782	782	ANAM	MONA	TEMP	F	29	SF	1.55.41	0	0
783	786	786	PHAPHANI	NDEYA	TEMP	M	31	SM	1.55.41	0	0
784	288	3118	Siphokazi	Mashinini	VITALITY	F	33	SF	1.55.42	1	0
785	521	7521	MIRANDA	COGGER	TEMP	F	48	45-49F	1.55.43	0	0
786	284	2308	THOBEKA	MABUSELA	VUKANI	F	64	60-64F	1.55.56	1	0
787	212	2940	SIPHOKAZI	TILI	ADVEN	F	46	45-49F	1.56.06	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
788	656	7656	LERATO	NKONDE	TEMP	F	31	SF	1.56.13	0	0
789	1992	50188	NOLITHA	TSHENTU	CHEETHAS	F	45	45-49F	1.56.29	0	0
790	111	2270	NOMLINDO	MAKUBALO	VUKANI	F	51	50-54F	1.56.36	1	0
791	113	2250	NODUMO	MALINGE	SIBALEKA	F	30	SF	1.56.46	1	0
792	975	2212	ZIMKITHA	DAYI-SIBANGELE	SIBALEKA	F	40	40-44F	1.56.50	1	0
793	678	7678	SITHANDILE	SIPILI	TEMP	M	43	40-44M	1.56.55	0	0
794	944	1466	AT	SCHOEMAN	NEDBANK	M	68	65-69M	1.57.05	1	0
795	1253		UNKOWN		TEMP	M	35	35-39	1.57.13	0	0
796	138	458	THOKOZANI	MTIMKULU	CHILLIEP	F	28	SF	1.57.26	1	0
797	97	1761	JASON	LE ROUX	GELVAN	M	29	SM	1.57.32	1	0
798	161	1956	SONJA	OLIVIER	BLUEBAY	F	58	55-59F	1.57.32	1	0
799	947	1809	THERESA	NCUBE	TEMP	F	34	SF	1.57.46	0	0
800	221	1386	JOHLI	VAN EEDEN	NEDBANK	F	56	55-59F	1.57.50	1	0
801	576	7576	KYM	MANDIZVIDZA	TEMP	F	33	SF	1.57.52	0	0
802	273	536	ELIZMA	HARMSE	RUN4C	F	64	60-64F	1.57.55	1	0
803	626	3026	SUNIL	GAJJAR	TEMP	M	60	60-64M	1.57.56	0	0
804	1979	98	AMANDA	WOLMARANS	INFINITY	F	66	65-69F	1.57.58	1	0
805	305	600	ANDRE	PIENAAR	RUN4C	M	62	60-64M	1.58.03	1	0
806	271	744	KAREN	CUNNINGHAM	CRUSADE	F	63	60-64F	1.58.06	1	0
807	657	7657	WANDA	NKOSI	TEMP	M	44	40-44M	1.58.16	0	0
808	792	792	TALITA	ROUX	TEMP	F	50	50-54F	1.58.20	0	0
809	1996	1841	SIKELELA	NTAKA	TEMP	M	24	SM	1.58.27	0	0
810	1985	2147	ABONGILE	NQEZO	TRANSNET	F	36	35-39F	1.58.35	1	0
811	681	7681	COLIN	STEPHEN	TEMP	M	37	35-39M	1.58.47	0	0
812	93	1936	MARKUS	KUNNEKE	BLUEBAY	M	56	55-59M	1.59.24	1	0
813	603	67	THANDISWA	COSA	SAPPE	F	48	45-49F	1.59.26	1	0
814	509	3022	MORNE	DU PLESSIS	MADIBAZ	M	47	45-49M	1.59.42	1	0
815	751	751	ONGEZA	CIMA	TEMP	F	34	SF	1.59.44	0	0
816	911	1736	KELLY	WILLIAMS	GELVAN	F	35	35-39F	2.00.06	1	0
817	797	797	MOSALE	TLAKA	TEMP	F	28	SF	2.00.08	0	0
818	257	488	CHERYL	CUPIDO	RUN4C	F	56	55-59F	2.00.10	1	0
819	282	489	PRISCILLA	LAZARO	RUN4C	F	60	60-64F	2.00.10	1	0
820	1344	5514	NICOLETTE	POTGIETER	TEMP	F	51	50-54F	2.00.11	0	0
821	1954	2287	MSUTUKAZI	NDIMBA	VUKANI	F	46	45-49F	2.00.13	1	0
822	344	1399	KHAYA	MTI	NEDBANK	M	46	45-49M	2.00.16	1	0
823	673	7673	MNINAWA	SABA	TEMP	M	47	45-49M	2.00.21	0	0
824	648	2201	NOCWE	MDAZUKA	SIBALEKA	F	41	40-44F	2.00.22	1	0
825	86	669	Mohamed	Khadroui	GELVAN	M	27	SM	2.00.33	1	0
826	583	7583	MASASA	MBANGENI	TEMP	F	38	35-39F	2.00.40	0	0
827	229	129	MUHAMMAD	WHITE	MALABAR	M	38	35-39M	2.00.46	1	0
828	654	7654	ODETTE	NGOY	TEMP	F	30	SF	2.00.55	0	0
829	636	3036	NOKULUNGA	NGWEKAZI	TEMP	F	46	45-49F	2.00.56	0	0
830	763	763	ANDREA	HUMAN	TEMP	F	27	SF	2.01.03	0	0
831	677	7677	ALEKSANDRA	SIBILEVA	TEMP	F	38	35-39F	2.01.03	0	0
832	693	7693	SHAWN	VAN EYK	TEMP	M	57	55-59M	2.01.05	0	0
833	938	2801	SHOWNA	PETZER	RUN4C	F	42	40-44F	2.01.06	1	0
834	293	185	EZILE	MDIKWA	TRANSNET	F	28	SF	2.01.11	1	0
835	534	7534	JANI	DU TOIT	TEMP	F	26	SF	2.01.12	0	0
836	708	7708	ZIPHOZIHLE	CEZA	TEMP	M	34	SM	2.01.20	0	0
837	956	1865	MPHUMZI	GOGO	TEMP	M	35	35-39M	2.01.25	0	0
838	548	7548	CHLOE	GROENEWALD	TEMP	F	26	SF	2.01.48	0	0
839	1335	770	WINSLOW	BOUWER	CRUSADE	M	41	40-44M	2.01.50	1	0
840	745	745	JERION	BAARTMAN	TEMP	M	29	SM	2.01.54	0	0
841	431	62	ALEX	KHUZWAYO	SAPPE	M	62	60-64M	2.02.00	1	0
842	55	2999	DANIEL	FERREIRA	RUN4C	M	67	65-69M	2.02.01	1	0
843	1995	1995	SIYABONGA	TSHAKA	TEMP	M	42	40-44M	2.02.19	0	0
844	96	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	56	55-59F	2.03.20	1	0
845	19	1185	SUSAN	BEZUIDENHOUT	ELITEAC	F	68	65-69F	2.03.20	1	0
846	768	768	HEATHER	LANGFORD	TEMP	F	54	50-54F	2.03.52	0	0
847	60	528	HELEN	FOURIE	RUN4C	F	55	55-59F	2.03.56	1	0
848	863	2475	NOLUBABALO	SOHABA	ABSAEP	F	36	35-39F	2.03.59	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
849	794	794	SIMAMKELE	SIXIMBA	TEMP	F	30	SF	2.03.59	0	0
850	688	7688	NELA	TSENGWA	TEMP	F	29	SF	2.04.02	0	0
851	200	287	YOLANDI	SMALBERGER	MUIRITE	F	45	45-49F	2.04.10	1	0
852	202	346	LEANDRE	STRUMPHER	MUIRITE	F	42	40-44F	2.04.10	1	0
853	112	1100	JODI	MALAN	ACH	F	40	40-44F	2.04.14	1	0
854	378	41	TINA	DERBYSHIRE	SAPPE	F	71	70+F	2.04.53	1	0
855	591	7591	TSHOLOFELO	MOKOLOPO	TEMP	F	43	40-44F	2.04.55	0	0
856	833	2575	Chuma	Qakala	MADIBAZ	F	25	SF	2.05.01	1	0
857	260	72	HERMAN	DEKKER	SAPPE	M	80	70+M	2.05.01	1	0
858	380	2318	NOZUKO	DLAMBA	VUKANI	F	48	45-49F	2.05.05	1	0
859	1977	1812	WONGALETHU	NZENZE	TEMP	M	40	40-44M	2.05.06	0	0
860	1964	1869	NWABISA	DUKADA	HOLLYWOO	F	52	50-54F	2.05.14	1	0
861	702	7702	ANDREW	WEBER	TEMP	M	47	45-49M	2.05.44	0	0
862	352	2643	KWAKHONA	BOCO	MADIBAZ	F	28	SF	2.05.54	1	0
863	141	463	JO-ANNE	MUIR	WALMER	F	56	55-59F	2.06.08	1	0
864	175	464	SHARON	POTGIETER	WALMER	F	60	60-64F	2.06.09	1	0
865	744	7744	XALEEN	ARNOLDS	TEMP	F	27	SF	2.06.16	0	0
866	388	873	WARREN	DURANT	CHARLO	M	49	45-49M	2.07.01	1	0
867	870	2196	SELBY	THABETHE	SIBALEKA	M	51	50-54M	2.07.09	1	0
868	634	3034	NOMFUNENKO	MLUMISO	TEMP	F	31	SF	2.07.10	0	0
869	1346	1270	LEIGH	KLINK	VWAC	F	43	40-44F	2.07.14	1	0
870	572	7572	FIONA	MAGNUS	TEMP	F	53	50-54F	2.07.44	0	0
871	31	3070	NDULELA	CANCA	VWAC	F	43	40-44F	2.07.44	1	0
872	134	47	ANDREW	MOSES	SAPPE	M	52	50-54M	2.07.49	1	0
873	201	2927	SIMON	STRIMLING	ATLANTIC	M	63	60-64M	2.08.17	1	0
874	1953	1783	JASMINE	JACK	GELVAN	F	54	50-54F	2.08.34	1	0
875	435	2518	ALGENE	KOEBERG	MADIBAZ	F	42	40-44F	2.08.36	1	0
876	365	438	Lilitha	Cembi	CHILLIEP	F	33	SF	2.08.45	1	0
877	783	783	THANDOKAZI	MTINI	TEMP	F	31	SF	2.08.57	0	0
878	651	7651	SIVIWE	NDAMASE	TEMP	F	33	SF	2.09.04	0	0
879	69	1434	DIANNE	HARTZENBERG	NEDBANK	F	66	65-69F	2.09.15	1	0
880	881	1355	CHRISTIE	VAN LOGGERENBERG	NEDBANK	M	69	65-69M	2.09.22	1	0
881	703	7703	TANYA	WEBER	TEMP	F	46	45-49F	2.09.48	0	0
882	587	7587	ERIN	MCLINTOCK	TEMP	F	42	40-44F	2.09.49	0	0
883	307	40596	NIQUI	PRETORIUS	SCHOOL	F	15	JF	2.10.05	1	0
884	180	2852	NQOBILE	QUPE	HOLLYWOO	F	55	55-59F	2.10.54	1	0
885	171	2779	CHARNE	PIETERSEN	MUIRITE	F	32	SF	2.11.46	1	0
886	967	2938	KUSELWA	MAJALI	ADVEN	F	51	50-54F	2.12.08	1	0
887	1813	2290	NOTOZOLA	JAM JAM	VUKANI	F	43	40-44F	2.12.08	1	0
888	302	1117	GRAHAM	NELL	ACH	M	74	70+M	2.12.24	1	0
889	145	1415	NKADIMENG	MZAMO	NEDBANK	F	43	40-44F	2.13.04	1	0
890	841	2176	CHENEL	ROBEY	CHARLO	F	46	45-49F	2.13.17	1	0
891	632	3032	MICHELLE	MINNAAR	TEMP	F	37	35-39F	2.13.17	0	0
892	601	7347	KAMOGILO	CHILOANE	TEMP	F	20	JF	2.13.31	0	0
893	327	51785	APHIWE	MADLAVU	POWER	F	40	40-44F	2.13.44	0	0
894	20	2768	NOMVELISO	BIDLA	SAPPE	F	33	SF	2.14.06	1	0
895	157	2483	Portia	Nqayi	ABSAEP	F	38	35-39F	2.14.07	1	0
896	198	2486	SIMANGELE	SKOSANA	ABSAEP	F	45	45-49F	2.14.07	1	0
897	848	2507	MARCOLENE	SAUNDERS	MADIBAZ	F	40	40-44F	2.14.14	1	0
898	255	1760	MARISA	CALISTE	GELVAN	F	40	40-44F	2.14.26	1	0
899	605	1204	YOLANDA	DEYSEL	ELITEAC	F	50	50-54F	2.14.35	1	0
900	692	7692	DEIDRE	VAN EYK	TEMP	F	56	55-59F	2.14.38	0	0
901	754	754	MARTIN	CLOETE	TEMP	M	47	45-49M	2.14.47	0	0
902	11	3032	ZAKIYYAH	AJAM	MALABAR	F	37	35-39F	2.14.48	1	0
903	865	1122	BOB	STEDMAN	ACH	M	76	70+M	2.14.48	1	0
904	339	1102	KEN	BARWOOD	ACH	M	70	70+M	2.14.48	1	0
905	808	50290	AYANDA	NOMOYI	UNKNOWN	F	47	45-49F	2.14.50	0	0
906	1000	2654	NOLUTHANDO	TONI	MADIBAZ	F	55	55-59F	2.15.30	1	0
907	610	569	FRANCOIS	TIMOTHEUS	TEMP	M	47	45-49M	2.15.36	0	0
908	569	7569	NOLUVO	MADIKIZELA	TEMP	F	30	SF	2.15.45	0	0
909	449	910	RAE	LUCKMAN	CHARLO	F	55	55-59F	2.15.48	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
910	488	2509	LERATO	MUZAH	MADIBAZ	F	39	35-39F	2.15.59	1	0
911	121	598	PHAKAMA	MATATA	RUN4C	F	34	SF	2.16.02	1	0
912	851	939	DINA	SCHUTTE	CHARLO	F	59	55-59F	2.16.45	1	0
913	17	2153	THULISA	BATYI	TRANSNET	F	43	40-44F	2.17.31	1	0
914	107	580	MARIA	MAHWEHWE	RUN4C	F	51	50-54F	2.17.38	1	0
915	106	486	CHRISTOPHER	MAHWEHWE	RUN4C	M	57	55-59M	2.17.38	1	0
916	51	2790	BUSISIWE	DYANTYI	TRANSNET	F	36	35-39F	2.18.04	1	0
917	994	61	ABEGAIL	TEYISE	SAPPE	F	53	50-54F	2.18.42	1	0
918	447	995	BERNADETTE	LOOCK	CHARLO	F	45	45-49F	2.18.59	1	0
919	585	7585	CHRISTINE	MCCLELAND	TEMP	F	40	40-44F	2.19.13	0	0
920	539	7539	BRONWEN	EMMETT	TEMP	F	45	45-49F	2.19.15	0	0
921	923	1471	SHIRLEEN	CLARKE	NEDBANK	F	62	60-64F	2.19.43	1	0
922	731	7731	SINDI	NGCAYISA	TEMP	F	34	SF	2.20.53	0	0
923	536	50177	PHILISWA	SITELA	CHEETAHS	F	36	35-39F	2.21.23	0	0
924	542	7542	TANITH	FRANCIS	TEMP	M	25	SM	2.21.40	0	0
925	246	586	LISA	BEDFORD	RUN4C	F	50	50-54F	2.21.49	1	0
926	403	958	HEIDI	GERBER	CHARLO	F	46	45-49F	2.23.39	1	0
927	290	1856	Unathi	Mboniswa	HOLLYWOO	F	43	40-44F	2.25.44	1	0
928	595	7595	RELEBOHILE	MOSALLA	TEMP	F	28	SF	2.26.08	0	0
929	756	756	SIMONE	DEYSEL	TEMP	F	33	SF	2.26.31	0	0
930	377	2335	Tasneem	De Maine	GELVAN	F	35	35-39F	2.26.31	1	0
931	633	3033	SEKELA	MKUMBURU	TEMP	F	42	40-44F	2.27.36	0	0
932	512	7512	SPHIWOKUHLE	BLOKO	TEMP	F	32	SF	2.28.07	0	0
933	490	929	ANUSHA	NAIDU	CHARLO	F	58	55-59F	2.28.14	1	0
934	326	3130	OLWETHU	GOBINGCA	ALBANY	F	32	SF	2.28.24	1	0
935	697	7697	NADIA	VAN WYK	TEMP	F	49	45-49F	2.29.31	0	0
936	1955	1571	MASEBE	NASIPHI	TEMP	F	29	SF	2.31.13	0	0
937	785	785	SIYOLISE	MVA	TEMP	F	29	SF	2.31.18	0	0
HELPERS RUN											
H1	2001	1642	NICO	SMITH	MADIBA	M	40	40-44M	1.06.35	3	0
H2	2002	1622	DARREN	BENECKE	MADIBA	M	33	SM	1.06.35	2	0
H3	2003	1637	CHARL	MEISTRE	MADIBA	M	40	40-44M	1.12.36	2	0
H4	2004	1687	RUDI	KRIEL	MADIBA	M	35	35-39M	1.13.43	2	0
H5	2005	552	GEOFFREY	SWARTBOOI	RUN4C	M	49	45-49M	1.15.16	2	0
H6	2006	1681	DEAN	FINLAY	MADIBA	M	59	55-59M	1.20.00	2	0
H7	2007	1703	JAIME	ALCOCK	MADIBA	F	23	SF	1.21.24	1	0
H8	2008	532	JUDY	GERBER	RUN4C	F	59	55-59F	1.24.08	2	0
H9	2009	1648	KEITH	VALENTINE	MADIBA	M	34	SM	1.24.56	1	0
H10	2010	1689	SILKE	BOTHA	MADIBA	F	28	SF	1.24.57	1	0
H11	2011	505	ANDRIES	COETSEE	RUN4C	M	39	35-39M	1.25.20	1	0
H12	2012	1630	JOE	SCHOEMAN	MADIBA	M	45	45-49M	1.26.51	1	0
H13	2013	344	ANTON	AUGUST	MUIRITE	M	43	40-44M	1.28.35	1	0
H14	2014	903	KESVAL	CHETTY	CHARLO	M	60	60-64M	1.32.13	1	0
H15	2015	1617	CHARMAINE	BUTTON	MADIBA	F	61	60-64F	1.38.27	1	0
H16	2016	1708	JOHAN	PRETORIUS	MADIBA	M	51	50-54M	1.41.38	1	0
H17	2017	1325	SHANNON	THEOBALD	NEDBANK	F	50	50-54F	1.42.02	1	0
H18	2018	1680	JANI	VALENTINE	MADIBA	F	31	SF	1.42.50	1	0
H19	2019	1636	LISTIA	NEL	MADIBA	F	50	50-54F	1.42.50	1	0
H20	2020	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	61	60-64F	1.45.10	1	0
H21	2021	1629	ARINDA	VAN DER LINDE	MADIBA	F	35	35-39F	1.45.10	1	0
H22	2022	1631	AMANDA	BLIGNAULT	MADIBA	F	66	65-69F	1.46.55	1	0
H23	2023	1624	ESTELLE	DE KLERK	MADIBA	F	59	55-59F	1.46.55	1	0
H24	2024	1641	DEBBIE	HILTON	MADIBA	F	53	50-54F	1.54.27	1	0
H25	2025	1634	TANIA	TRUTER	MADIBA	F	53	50-54F	1.54.27	1	0
H26	2026	1695	CARLA	GILLWALD	MADIBA	F	37	35-39F	1.58.38	1	0
H27	2027	1706	BRUCE	SMITH	MADIBA	M	50	50-54M	2.00.22	1	0
H28	2028	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	50	50-54F	2.00.40	1	0
H29	2029	923	EVA	CHETTY	CHARLO	F	57	55-59F	2.00.50	1	0
H30	2030	901	EUSENTHA	PILLAY	CHARLO	F	60	60-64F	2.00.50	1	0
H31	2031	2172	LEE	PAGE	CHARLO	F	42	40-44F	2.10.00	1	0
H32	2032	871	RICHARD	DE ANDRADE	CHARLO	M	64	60-64M	2.10.00	1	0