NMB LEGACY PROJECT CROSS COUNTRY LEAGUE 4 - VICTORIA PARK - 2025-08/09

Event	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 1	G08	1	ELETHU	ZAMISA	1092	7	SIBALEKA	F	00:03:54
Race 1	G08	2	GABRIELLE	SCHWEYER	1060	8	NEDBANK	F	00:04:05
Race 1	G08	3	ALYSSA	SEAMAN	1083	7	SUNRIDGE	F	00:04:25
Race 1	G08	4	NAOMI	WEBB	1089	8	HILLCREST P/S	F	00:04:49
Race 1	G08	5	AUTHYL	DANIELS	1057	7	SEAGULL	F	00:04:53
Race 1	G08	6	JODY-LEE	VAN WILLING	1070	8	UITENHAGE PS	F	00:05:04
Race 1	G08	7	KAYLIN	SMITH	1087	8	HILLCREST P/S	F	00:05:04
Race 1	G08	8	SHANNON-LEE	BOSMAN	1088	8	HILLCREST P/S	F	00:05:07
Race 1	G08		HAYLEY	CRAIG	1076	7	LORRPS	F	00:05:37
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 1	B08	1	NICHOLAS	COX	1085	8	KOWIE	M	00:03:49
Race 1	B08	2	RUWANDRE	STEYN	1069	8	UITENHAGE PS	M	00:03:54
Race 1	B08	3	RUBEN	VAN ZYL	1078	7	HANDHAAF	M	00:04:11
Race 1	B08	4	ZION	BENN	1072	7	HANDHAAF	M	00:04:13
Race 1	B08	5	UYINQABA	MOOI	1075	7	WONDERKIDS	M	00:04:32
Race 1	B08	6	MICHEAL-JUNIOR	HENDRICKS	1059	6	SEAGULL	M	00:04:40
Race 1	B08	7	MATTHEW	ROSSOUW	1068	8	UITENHAGE PS	M	00:04:40
Race 1	B08	8	ABUKWE	NONOYI	1061	7	WONDERKIDS	M	00:04:45
Race 1	B08	9	CAYLIP	GUEST	1090	8	HILLCREST P/S	M	00:04:51
Race 1	B08	10	KUNGAWO	JACOBS	1079	7	WONDERKIDS	M	00:05:04
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 2	G10	1	ANKE	ROETS	2191	9	CRO	F	00:08:23
Race 2	G10	2	DANIELLA	SWART	2207	10	VCS	F	00:08:29
Race 2	G10	3	NADINE	CLAASEN	2251	10	HILLCREST PS	F	00:08:42
Race 2	G10	4	MENT	PRINSLOO	2232	9	SUMMERWOOD	F	00:08:48
Race 2	G10	5	ADAYAH	ROGERSON	2203	9	VCS	F	00:09:00
Race 2	G10	6	LYDIA	LATEGAN	2248	10	VCS	F	00:09:00
Race 2	G10	7	NELIA - ANNE	LOOCK	2227	10	HANDHAAF	F	00:09:16
Race 2	G10	8	DEMI	SWART	2229	10	HANDHAAF	F	00:09:31
Race 2	G10	9	JOLENE	PULLEN	2250	10	HILLCREST PS	F	00:10:53
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 2	B09	1	BRAIDEN	WOLF	2240	8	JBAY PS	M	00:08:04
Race 2	B09	2	PIETER	DE LA REY	2252	9	KIRKWOOD H/S	M	00:08:12
Race 2	B09	3	LUKE	WILLIAMS	2224	9	UITENHAGE PS	M	00:08:23
Race 2	B09	4	LOGAN	HENNING	2245	9	CLARENDON P/S	M	00:08:34
Race 2	B09	5	JESSE	FREEMAN	2241	8	Grey junior	M	00:09:14
Race 2	B09	6	JACOB	JOUBERT	2209	9	JBAY PS	M	00:09:18
Race 2	B09	7	ALEXANDER	HOPKINS	2188	8	KIRKWOOD	M	00:09:29
Race 2	B09	8	ZENDE	SWARTS	2190	8	SEAGULL	M	00:09:47
Race 2	B09	9	CHESWIN	SWARTS	2222	8	UITENHAGE PS	M	00:09:57
Race 2	B09	10	KYLE	D'ASSAM-VILLE	2239	9	CLARENDON	M	00:11:04
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 2	G09	1	FAITH	MACHINA	2244	8	PORT ALFRED	F	00:08:51
Race 2	G09	2	KARLI	DORFLING	2226	8	HANDHAAF	F	00:08:52
Race 2	G09	3	SHAYLIN	O'GRADY	2228	8	HANDHAAF	F	00:09:33
Race 2	G09	4	UNKOWN	Raceno 2249	2249	0		F	00:09:42
Race 2	G09	5	ALEXIS	BRADFIELD	2247	9	COLLEGE STREET P/S	F	00:10:28
Race 2	G09	6	LIEZE	HEURCKMANS	2242	9	KAREL THERON PS	F	00:10:43
Race 2	G09	7	AZALIA	MOODIEN	2253	9	HILLCREST PS	F	00:11:05

Event	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 2	B10	1	ELCHAVARNO	DE VOS	2189	10	SEAGULL	M	00:07:54
Race 2	B10	2	ZACK	BENN	2225	9	HANDHAAF	M	00:07:56
Race 2	B10	3	NAKHONE	MALULEKA	2246	10	ACT	M	00:08:12
Race 2	B10	4	RIKHART	DE RIDDER	2186	10	LORRPS	M	00:08:20
Race 2	B10	5	LUPHELELE	MGOQI	2230	10	WONDERKIDS	M	00:08:44
Race 2	B10	6	RALPH JUNIOR	KIVIETS	2219	10	UITENHAGE PS	M	00:08:58
Race 2	B10	7	REYNARDT	VAN ZYL	2237	9	HANDHAAF	M	00:09:29
Race 2	B10	8	BLAKE	FISCHER	2208	10	COLLEGE HILL	M	00:10:26
Race 2	B10	9	STEFFAN	ODENDAAL	2233	10	CLARENDON	M	00:10:54
Race 2	B10	10	DRIAAN	PIENAAR	2234	10	CLARENDON	M	00:10:54
Race 2	B10	11	FREDERICK	ELLIS	2145	10	LORRPS	M	00:11:05
Race 2	B10	12	DAN	SIMPSON	2235	10	CLARENDON	M	00:12:25
Race 2	B10	13	MANIMANI	SALUSIWE	2238	9	SIBALEKA	M	00:12:54
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 3	G11	1	LOUISE-MARIE	VAN ZYL	3007	10	JBAY PS	F	00:12:53
Race 3	G11	2	RANDONIQUE	GABRIEL	3113	11	HILLCREST PS	F	00:13:14
Race 3	G11	3	LIAH	WOLF	3064	11	JBAY PS	F	00:14:07
Race 3	G11	4	MACHINA	CHANTELLE	3097	11	PORT ALFRED	F	00:14:20
Race 3	G11	5	MALGAS	CLAUDINE	3105	10	GAMTOOS	F	00:16:39
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 3	B11	1	LIAM	BARNARDT	3016	10	HANDHAAF	M	00:11:50
Race 3	B11	2	JOEL-LUKE	BRADFIELD	3100	11	GREY J/S	M	00:12:08
Race 3	B11	3	KEHAN	ROACH	3024	11	VCS	M	00:12:13
Race 3	B11	4	MARQUEL	WILLIAMS	3076	10	SEAGULL	M	00:12:27
Race 3	B11	5	JORDAN	DANIELS	3010	11	SEAGULL	M	00:12:32
Race 3	B11	6	SHAYDON	CARELSE	3109	10	GAMTOOS VALLEY	M	00:12:54
Race 3	B11	7	TYLER	BENNETT	3110	10	PRIORY	M	00:13:16
Race 3	B11	8	JACOBS	LLEWELLYN	3107	11	GAMTOOS	M	00:13:28
Race 3	B11	9	QUNN	UITHALER	3048	10	UITENHAGE PS	M	00:13:32
Race 3	B11	10	LITHALANDE	FUZANI	3085	11	KAREL THERON PS	M	00:13:50
Race 3	B11	11	CAMERON	ALEXANDER	3112	11	HILLCREST PS	M	00:13:57
Race 3	B11	12	HEURCKMANS	FONNE	3086	11	KAREL THERON PS	M	00:14:04
Race 3	B11	13	MARIO	MOOS	3111	11	GAMTOOS	M	00:14:12
Race 3	B11	14	WITBOOI	DARREN	3104	11	GAMTOOS	M	00:14:15
Race 3	B08	15	LIKHAKA	DWESINI	3108	11	ALBERTYN	M	00:14:20
Race 3	B11	16	OLOTHANDO	XOFA	3054	11	SIBALEKA	M	00:14:28
Race 3	B11	17	BERNHU	HUGO	3019	11	VCS	M	00:14:54
Race 3	B11	18	REUBEN	BEKKER	3077	10	HANDHAAF	M	00:16:21
Race 3	B11	19	HENDRYMANO	SWARTS	3102	10	GAMTOOS VALLEY	M	00:16:24
Race 3	B11	20	KUNGAWO	MDLANGALAVU	3122	11	CLARENDON P/S	M	00:17:30
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 3	G12	1	LUPHAWU	MAQOKO	3058	11	WONDERKIDS	F	00:12:07
Race 3	G12	2	CHLOE	HUFKIE	3037	12	UITENHAGE PS	F	00:12:38
Race 3	G12	3	ISHORENE	MEDINA	3005	12	SEAGULL	F	00:12:52
Race 3	G12	4	IANÉ	JUKEL	3014	12	CRO	F	00:12:55
Race 3	G12	5	LEILA	VENTER	3013	12	CRO	F	00:13:20
Race 3	G12	6	AMY-LEE	DEYSEL	3106	12	SONOP P/S	F	00:14:29
Race 3	G12	7	LEXI	BARENDSE	3063	11	CLARENDON	F	00:15:01
Race 3	G12	8	KUSAITLIN	WENNAAR	3115	11	KAREL THERON	F	00:15:13
Race 3	G12	9	ANNEMIE	BESTER	3021	12	VCS	F	00:16:02
Race 3	G12	10	SHANNON	HENDRICKS	3006	11	SEAGULL	F	00:16:33
Race 3	G12	11	CAITLIN	NELSON	3049	11	HANDHAAF	F	00:16:40
Race 3	G12	12	MSHWANE	MOFOKENG	3073	12	KAREL THERON PS	F	00:16:43
Race 3	G12	13	ASENAM	SPEELMAN	3116	12	KAREL THERON	F	00:18:05
Race 3	G12	14	LAZINI	TOTO	3117	11	KAREL THERON	F	00:20:47

Event	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 3	G12	15	UKHO	DLANI	3053	11	SIBALEKA	F	00:21:40
	Cat	**Place**	**First Name**	**Last Name**	**No**	**Age**	**Club**	**Sex**	**Time**
Race 3	G13	1	MIA	PRINSLOO	3060	13	SUMMERWOOD	F	00:11:20
Race 3	G13	2	KYLIE	DORFLING	3018	13	HANDHAAF	F	00:11:27
Race 3	G13	3	SHELBY	VENTER	3012	13	CRO	F	00:12:41
Race 3	G13	4	NINKE	SCHOLTZ	3103	13	SUNRIDGE	F	00:12:51
Race 3	G13	5	SIMONIQUE	SMITH	3004	12	SEAGULL	F	00:12:52
Race 3	G13	6	ANLI	ROETS	3011	13	CRO	F	00:13:28
Race 3	G13	7	EMIHLE	BAARTMAN	3056	13	WONDERKIDS	F	00:13:48
Race 3	G13	8	MESHAAN	DEERLING	3032	12	UITENHAGE PS	F	00:14:41
Race 3	G13	9	AMILE	GOJELA	3061	12	WONDERKIDS	F	00:14:46
Race 3	G13	10	SOMELEZE	KIMBERLEY	3057	13	WONDERKIDS	F	00:14:49
Race 3	G13	11	GOLIATH	ESONA	3098	13	PORT ALFRED	F	00:15:12
Race 3	G13	12	KAYCEY	POTGIETER	3044	13	UITENHAGE PS	F	00:15:23
Race 3	G13	13	CELIZE	LATEGAN	3023	12	VCS	F	00:15:50
Race 3	G13	14	ALEXA	BOTES	3017	12	HANDHAAF	F	00:16:05
Race 3	G13	15	LEANE	PRETORIUS	3050	12	HANDHAAF	F	00:16:54
Race 3	G13	16	CARLI	BEKKER	3062	12	HANDHAAF	F	00:16:57
Race 3	G13	17	IZABELLA	TALJAARD	3051	12	HANDHAAF	F	00:18:18
Race 3	G13	18	ANGELIC	MATTHYS	3039	12	UITENHAGE PS	F	00:21:23
Race 3	G13	19	BUHLE	BANDA-ZIZI	3072	12	KAREL THERON PS	F	00:27:50
	Cat	**Place**	**First Name**	**Last Name**	**No**	**Age**	**Club**	**Sex**	**Time**
Race 3	B12	1	VIRAAN	STEYN	3046	12	UITENHAGE PS	M	00:11:00
Race 3	B12	2	STEPH	DE BEER	3020	12	VCS	M	00:12:03
Race 3	B12	3	CALEB	WENTZEL	3118	11	TEMP	M	00:12:11
Race 3	B12	4	SHAYWIN	AMSTERDAM	3026	11	UITENHAGE PS	M	00:12:36
Race 3	B12	5	BRITS	SNYMAN	3070	11	JBAY PS	M	00:12:46
Race 3	B12	6	TATENDA	NTONI	3081	11	KAREL THERON PS	M	00:13:43
Race 3	B12	7	BANELE	NOJOKO	3059	12	WONDERKIDS	M	00:13:44
Race 3	B12	8	JOSHUA	MARITZ	3069	11	LORRPS	M	00:13:56
Race 3	B12	9	PHANGOMSA	SPEELMAN	3078	12	KAREL THERON PS	M	00:14:04
Race 3	B12	10	KEANO	LEABATH	3038	12	UITENHAGE PS	M	00:14:20
Race 3	B12	11	SIGCOBILE	BOLINTABA	3119	12	KAREL THERON	M	00:14:57
Race 3	B12	12	LEOGAN	MINNAAR	3084	11	KAREL THERON PS	M	00:15:12
Race 3	B12	13	MAYIHLOME	MSALI	3080	12	KAREL THERON PS	M	00:15:19
Race 3	B12	14	STIAAN	STEYN	3066	12	LORRPS	M	00:15:42
Race 3	B12	15	MATTHEW	FLEETWOOD	3067	12	LORRPS	M	00:15:43
Race 3	B12	16	ZANE	NIEKERK	3052	11	GELVAN	M	00:15:45
Race 3	B12	17	LUSANELE	SHWENI	3079	12	KAREL THERON PS	M	00:15:50
Race 3	B12	18	SHAYDAN	DAVIDS	3123	11	UITENHAGE P/S	M	00:16:39
Race 3	B12	19	PIETER	DREYER	3068	11	CLARENDON	M	00:16:47
Race 3	B12	20	PROSPER	SHANA	3083	11	KAREL THERON PS	M	00:20:39
Race 3	B12	21	LIWALETHU	MASHOLOGU	3082	11	KAREL THERON PS	M	00:20:39
	Cat	**Place**	**First Name**	**Last Name**	**No**	**Age**	**Club**	**Sex**	**Time**
Race 4	B13	1	NASIR	BAKERS	4855	13	SEAGULL	M	00:15:05
Race 4	B13	2	VERNON	PRICE	4956	13	WINTERBERG P/S	M	00:15:15
Race 4	B13	3	WILLIAM	WITBOOI	4857	13	SEAGULL	M	00:15:15
Race 4	B13	4	JADE	VENA	4856	13	SEAGULL	M	00:16:10
Race 4	B13	5	MIKHULU	KONA	4904	13	WONDERKIDS	M	00:16:34
Race 4	B13	6	THEAAN	LE ROUX	4885	13	HANDHAAF	M	00:16:42
Race 4	B13	7	MURRAY	FLETCHER	4917	13	CLARENDON	M	00:16:45
Race 4	B13	8	HANROUX	SCHELLINK	4761	12	LORRPS	M	00:16:59
Race 4	B13	9	LUSANELE	CEKE	4896	13	WONDERKIDS	M	00:16:59
Race 4	B13	10	ROMEO	PLAATJIE	4948	12	ALBERTYN	M	00:17:41
Race 4	B13	11	HIRAM	ROBERTSON	4916	13	CURRO	M	00:17:49
Race 4	B13	12	ARNO	MARAIS	4942	13	LORRAINE P/S	M	00:18:18

Event	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 4	B13	13	SIMAMKELE	MBOKELWA	4887	13	ATLANTIC	M	00:18:20
Race 4	B13	14	DIAN	BOSHOFF	4741	12	LORRPS	M	00:18:24
Race 4	B13	15	AVIWE	BANGELA	4918	12	WONDERKIDS	M	00:19:06
Race 4	B13	16	ZIAN	DU PLESSIS	4894	13	HANDHAAF	M	00:19:15
Race 4	B13	17	MARIUS	DLAMINIE	4858	12	SEAGULL	M	00:19:56
Race 4	B13	18	JAYREN	HENDRICKS	4957	13	MUIR COLLEGE	M	00:21:13
Race 4	B13	19	GQAGQA	LUKHANYO	4920	12	KAREL THERON PS	M	00:29:18
Race 4	B13	20	KEATON	GELDENHUYS	4875	13	VCS	M	00:31:09
Race 4	B13	21	KUBOBONKE	MANDLENDODA	4919	13	KAREL THERON PS	M	00:31:35
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 4	B14	1	KEERAN	KLEINBOOI	4853	14	SEAGULL	M	00:14:30
Race 4	B14	2	TAFARA	KASERERA	4890	14	SIBALEKA	M	00:15:10
Race 4	B14	3	AYABONGA	SLEEP	4907	13	WONDERKIDS	M	00:15:10
Race 4	B14	4	STEFAN	ROBERTS	4869	14	FRAMESBY	M	00:15:16
Race 4	B14	5	ELIJAH	ROGERSON	4874	13	VCS	M	00:15:20
Race 4	B14	6	LANA	SIQITI	4949	13	ANDREW RABIE	M	00:15:28
Race 4	B14	7	CONNOR	BIRD	4860	14	FRAMESBY	M	00:15:39
Race 4	B14	8	JAYDEN	JANTJIES	4850	14	SEAGULL	M	00:15:53
Race 4	B14	9	SHAYDEN	DE VOS	4851	14	NEDBANK	M	00:16:09
Race 4	B14	10	BRENDON	PRINS	4854	13	SEAGULL	M	00:16:23
Race 4	B14	11	DAIYAAN	ISAACS	4878	14	UITENHAGE PS	M	00:17:19
Race 4	B14	12	RUBEN	KEYSER	4866	13	FRAMESBY	M	00:17:25
Race 4	B14	13	LUNIKO	NGAMLANA	4915	13	WONDERKIDS	M	00:17:29
Race 4	B14	14	LOGAN	JUBBER	4864	14	FRAMESBY	M	00:17:53
Race 4	B14	15	KEAGAN	COUTTS	4862	14	FRAMESBY	M	00:18:25
Race 4	B14	16	RUCHAAN	FORTUIN	4877	13	UITENHAGE PS	M	00:18:44
Race 4	B14	17	NIEZAAM	VAN GOOLAM	4914	13	Gelvan	M	00:19:07
Race 4	B14	18	ETHAN	ELS	4863	13	FRAMESBY	M	00:19:24
Race 4	B14	19	KEYLIRMO	JANSE	4959	13	UITENHAGE PS	M	00:21:35
Race 4	B14	20	TRAVIS	SCHEEPERS	4882	14	UITENHAGE PS	M	00:21:39
Race 4	B14	21	CHASE	CAMPBELL	4861	14	FRAMESBY	M	00:21:44
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 4	B15	1	ROSCO	HUTCHINSON	4932	14	PORT ALFRED	M	00:13:51
Race 4	B15	2	LEON	MACHINA	4933	14	PORT ALFRED	M	00:13:52
Race 4	B15	3	MATTHEW	KINGWILL	4943	14	GREY H/S	M	00:13:56
Race 4	B15	4	CHRISTOPHER	HANDLEY	4954	15	GLOBAL	M	00:14:29
Race 4	B15	5	ONWABE	CUMMINGS	4897	15	WONDERKIDS	M	00:14:57
Race 4	B15	6	BEN	NÖTHNAGEL	4868	14	FRAMESBY	M	00:14:58
Race 4	B15	7	JENOVAN	BONEPARTE	4938	15	BRANDWAG	M	00:15:13
Race 4	B15	8	LIAM	WESTRAADT	4873	14	FRAMESBY	M	00:15:35
Race 4	B15	9	LUNATHI	STWAYI	4908	15	WONDERKIDS	M	00:15:46
Race 4	B15	10	EMMANUEL	ROSSOW	4844	15	SEAGULL	M	00:15:46
Race 4	B15	11	AHLUMILE	NODA	4847	15	UITENHAGE HS	M	00:16:01
Race 4	B15	12	SIMELELA	GOJELA	4901	14	WONDERKIDS	M	00:16:10
Race 4	B15	13	VALENTINE	MEIR	4934	14	MUIRITE	M	00:16:36
Race 4	B15	14	CHRISTIAN	THERON	4871	15	FRAMESBY	M	00:16:50
Race 4	B15	15	LUKHANYO	MTYENGE	4936	14	CSS	M	00:17:19
Race 4	B15	16	CHRISTIANO	QUINE	4888	15	ATLANTIC	M	00:18:14
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 4	G14	1	ANNIQUE	DE BEER	4848	14	NICO MALAN	F	00:16:27
Race 4	G14	2	JESMINE	MOFIT	4852	14	UITENHAGE HS	F	00:17:37
Race 4	G14	3	LERUSHA	PETERS	4951	14	HILLCREST PS	F	00:17:41
Race 4	G14	4	LEANDI	VAN TONDER	4872	14	FRAMESBY	F	00:17:56
Race 4	G14	5	AMYOLISE	KONA	4903	13	WONDERKIDS	F	00:18:24
Race 4	G14	6	KEISHA	HARKER	4886	14	ATLANTIC	F	00:18:46
Race 4	G14	7	ASANGA	VAYO	4895	13	WONDERKIDS	F	00:22:04

Event	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 4	G14	8	MANGE	BOOI	4941	14	YOUTH	F	00:22:11
Race 4	G14	9	ALIZWA	DAWETI	4899	14	WONDERKIDS	F	00:22:51
Race 4	G14	10	SIKHANYISO	MALI	4891	13	SIBALEKA	F	00:31:12
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 4	G15	1	DESNAY	O'GRADY	4842	14	BRANDWAG	F	00:15:21
Race 4	G15	2	JAYDENE	TEE	4870	15	FRAMESBY	F	00:17:01
Race 4	G15	3	ISIPHILE	GOJELA	4900	15	WONDERKIDS	F	00:17:32
Race 4	G15	4	SIVIWE	JACK	4902	15	WONDERKIDS	F	00:17:45
Race 4	G15	5	ZENANDE	DAWE	4898	14	WONDERKIDS	F	00:18:02
Race 4	G15	6	ALUTA	VENA	4910	14	CHILLIE	F	00:18:49
Race 4	G15	7	ELSI	SMIT	4937	15	FRAMESBY H/S	F	00:19:38
Race 4	G15	8	NOLOYISO	MAKUBELO	4940	14	YOUTH	F	00:21:20
Race 4	G15	9	ANTHOINICHA	STALMEESTER	4841	15	SEAGULL	F	00:22:28
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 4	G16	1	KIM-SHAY	GOLIATH	4824	15	UITENHAGE HS	F	00:15:55
Race 4	G16	2	MINKE	VAN DER MERWE	4912	16	FRAMESBY	F	00:18:02
Race 4	G16	3	SAMANTHA	HENDRICKS	4821	16	UITENHAGE HS	F	00:18:22
Race 4	G16	4	ZINTLE	MZINZI	4905	16	WONDERKIDS	F	00:20:36
Race 4	G16	5	OLWAM	PETER	4906	16	WONDERKIDS	F	00:20:40
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 4	G17	1	XHONTI	ZINTLE	4930	17	MOTHERWELL	F	00:16:08
Race 4	G17	2	MIHLE	MFIKILE	4935	17	ANDREW RABIE	F	00:17:41
Race 4	G17	3	KIMBERLEY	SIMANYE	4911	17	SIBALEKA	F	00:20:05
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	70-74F	1	JOS	ELS	4182	73	Madiba Bay	F	00:25:20
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	60-69F	1	CLAASEN	CHRISTINE	4202	60	NEDBANK	F	00:18:06
Race 5	60-69F	2	SCHIERZ-CRUSIUS	JANETTE	4201	64	BODYCON	F	00:20:32
Race 5	60-69F	3	THANDI	NKWANDLA	4192	60	NEDBANK	F	00:21:08
Race 5	60-69F	4	PAULETTE	MCEWAN	4229	60	ACH	F	00:22:26
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	50-59F	1	JENE	BANFIELD	4204	54	R4C	F	00:17:44
Race 5	50-59F	2	LIESL	VAN ZYL	4132	51	NEDBANK	F	00:17:46
Race 5	50-59F	3	BURNITA	STRYDOM	4212	56	RUN4C	F	00:19:17
Race 5	50-59F	4	CHIRSTINE	BIRD	4215	54	ELITEAC	F	00:20:59
Race 5	50-59F	5	MARRY	FUNANI	4163	53	SIBALEKA	F	00:23:26
Race 5	50-59F	6	LIZ	PRINS	4250	56	ACH	F	00:23:47
Race 5	50-59F	7	THERESA	CAIRNCROSS	4183	59	ATLANTIC	F	00:31:41

Event	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	40-49F	1	REFELOE	SOLOMONS	4252	44	NEDBANK	F	00:15:19
Race 5	40-49F	2	FREDAH	NCUBE	4061	43	MADIBAZ	F	00:17:27
Race 5	40-49F	3	ASANDA	ZAMISA	4226	42	VARSITY	F	00:17:58
Race 5	40-49F	4	NATASCIA	DE RIDDER	4211	46	ELITEAC	F	00:19:27
Race 5	40-49F	5	SIENA	DE VOS	4043	48	NEDBANK	F	00:21:52
Race 5	40-49F	6	KRUGER	MARISKA	4253	47	RUN4CHRIST	F	00:23:08
Race 5	40-49F	7	MELANIE	DEYSEL	4206	42	TEMP	F	00:24:59
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	35-39F	1	BIANCA	MEISTRE	4260	40	32GI	F	00:16:05
Race 5	35-39F	2	SIBONOGILE	MGQEBA	4958	38	VUKANI	F	00:18:29
Race 5	35-39F	3	BONIWE	DYWENISI	4208	36	SIBALEKA	F	00:21:45
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	23F	1	AMANDA	DETSHE	4257	21	MADIBAZ	F	00:15:29
Race 5	23F	2	KERRI-LEE	BARNARD	4063	21	NEDBANK	F	00:17:21
Race 5	23F	3	AKHONA	ZAKE	4133	20	NEDBANK	F	00:18:45
Race 5	23F	4	MECAYLA	KOCK	4154	21	ATLANTIC	F	00:20:28
Race 5	23F	5	FULANI	HADIGAH	4186	22	SIBALEKA	F	00:23:47
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	SF4	1	KAYLA	VAN RENSBURG	4171	31	CHARLO AC	F	00:15:32
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	JF	1	KARA	FOURIE	6055	18	BRANDWAG	F	00:24:00
Race 5	JF	2	GIFT	NKOSI	6184	19	MADIBAZ	F	00:25:06
Race 5	JF	3	CARLA	CLOTZ	6187	18	CRO	F	00:26:58
Race 5	JF	4	ANELISIWE	JACOBS	6191	18	WONDERKIDS	F	00:29:41
Race 5	JF	5	ZANE	JUBBER	6145	18	FRAMESBY	F	00:33:26
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	B16	1	ATHANA	MTHANA	4217	16	NEDBANK	M	00:13:59
Race 5	B16	2	AGCOBILE	JEZILE	6217	16	MOTHERWELL	M	00:20:20
Race 5	B16	3	CLEUSHEY	JANSEN	6143	16	FRAMESBY	M	00:20:25
Race 5	B16	4	ALEX	MATSHABELA	6098	16	MUIRITE	M	00:21:32
Race 5	B16	5	SINAWO	APRIL	6185	16	SIBALEKA	M	00:21:43
Race 5	B16	6	LEHMAN	CARLIN	6237	16	PEARSON H/S	M	00:22:11
Race 5	B16	7	AQHAMA	DYAN	6212	15	WONDERKIDS	M	00:22:53
Race 5	B16	8	SIHLE	MTABATI	6235	16	ACT	M	00:23:45
Race 5	B16	9	PHILANATHI	JACOBS	6192	15	WONDERKIDS	M	00:23:45
Race 5	B16	10	JOSH	BOTHA	6115	15	FRAMESBY	M	00:23:59
Race 5	B16	11	SIBAHLE	NONKONYANE	6220	16	MOTHERWELL	M	00:24:17
Race 5	B16	12	STEFAN	BOSHOFF	6114	16	FRAMESBY	M	00:24:56
Race 5	B16	13	NDUMISO	VIKILAHLE	6203	15	CHILLIE	M	00:28:41
Race 5	B16	14	ETHAN	BAIN	6209	16	FRAMESBY	M	00:37:11
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	B17	1	ENDINAKHO	JOLA	6219	17	MOTHERWELL	M	00:20:07
Race 5	B17	2	CHRISTIANO	BROWN	6229	17	BRANDWAG	M	00:20:11
Race 5	B17	3	ZAC	FLETCHER	6232	17	ST ANDREWS COLLEGE	M	00:20:40
Race 5	B17	4	LATHITHA	NTSUNGUZI	6201	17	WONDERKIDS	M	00:20:57
Race 5	B17	5	SENZO	NDZOTOYI	6186	16	SIBALEKA	M	00:20:57
Race 5	B17	6	HENRICO	LOUW	6234	17	VARSITY	M	00:21:36
Race 5	B17	7	LATHILITHA	VENA	6221	16	CHILLIE	M	00:22:29
Race 5	B17	8	SINOMTHA	BOLTINA	6216	17	MOTHERWELL	M	00:23:10
Race 5	B17	9	WIHAN	ROBERTS	6182	17	FRAMESBY	M	00:23:53
Race 5	B17	10	EMIHLE	HOTATA	6227	17	KHULASANDE	M	00:25:42
Race 5	B17	11	ETHAN	COUTTS	6171	17	FRAMESBY	M	00:29:12

Event	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	JM	1	ASAKHE	SHAYI	4255	18	NEDBANK	M	00:14:25
Race 5	JM	2	HLOMLA	NCUMANI	8215	18	MOTHERWELL	M	00:27:30
Race 5	JM	3	DALLIAN	OERSON	8204	18	FRAMESBY	M	00:28:02
Race 5	JM	4	ANTONI	AVENATHI	8214	18	SIBALEKA	M	00:28:09
Race 5	JM	5	OYENA	NGINDANA	8213	19	WONDERKIDS	M	00:29:36
Race 5	JM	6	ANESIPHO	PETENI	8201	19	SIBALEKA	M	00:30:05
Race 5	JM	7	ALEXANDER	HENDRICKS	8206	17	ATLANTIC	M	00:31:22
Race 5	JM	8	LIHLE	MKELE	8208	19	CHILLIE	M	00:31:56
Race 5	JM	9	BANELE	MTABA	8209	18	CHILLIE	M	00:33:34
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	23M	1	APHELELE	SEPTEMBER	4190	21	WONDERKIDS	M	00:12:34
Race 5	23M	2	MX	TABATA	4249	23	ACH	M	00:12:40
Race 5	23M	3	SAKHE	MAHOTE	4258	21	MADIBAZ	M	00:13:08
Race 5	23M	4	KEANU	WELCH	4191	20	VARSITY	M	00:13:24
Race 5	23M	5	TAKUNDA	MUBARE	4180	21	CHILLIE	M	00:13:45
Race 5	23M	6	VUYISANANI	NOMTSHATSHO	4181	21	CHILLIE	M	00:14:04
Race 5	23M	7	ALUTA	MASELE	4179	23	CHILLIE	M	00:14:29
Race 5	23M	8	BANELISIWE	TAMELA	4256	20	MADIBAZ	M	00:14:45
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	75+M	1	HANNES	ELS	4196	75	Madiba Bay	M	00:19:02
Race 5	75+M	2	EDDIE	EADES	4203	76	NEDBANK	M	00:20:43
Race 5	75+M	3	PERCY	DALTON	4218	77	ACH	M	00:20:44
Race 5	75+M	4	ERROL	ROSSOUW	4214	75	SIBALEKA	M	00:24:31
Race 5	75+M	5	BOB	STEEDMAN	4210	76	ACHILLES	M	00:34:13
Race 5	75+M	6	GODREY	KARIEM	4213	84	GELVAN	M	00:43:09
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	70-74M	1	ROGER	TRADER	6236	71	ACH	M	00:29:21
Race 5	70-74M	2	RAYMOND	WEITZ	6270	70	NEDBANK	M	00:29:31
Race 5	70-74M	3	BRUCE	MCEWAN	6243	71	ACH	M	00:32:10
Race 5	70-74M	4	ANDRE	VILJOEN	6264	70	ACH	M	00:32:20
Race 5	70-74M	5	ERROL	BLACK	6267	74	ACH	M	00:32:30
Race 5	70-74M	6	SHOGOLE	JULIUS	6265	72	IKHAMVA	M	00:35:07
Race 5	70-74M	7	KENNITH	BARWOOD	6233	70	ACHILLES	M	00:35:49
Race 5	70-74M	8	SIZINZO	KAMA	6215	74	ACHILLIES	M	00:37:43
Race 5	70-74M	9	MBULELO	SOBIKWA	6266	71	NEDBANK	M	00:42:33
Race 5	70-74M	10	GRAHAM	NELL	6239	74	ACHILLES	M	00:49:27
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	60-69M	1	MUTEKILE	RASMENI	6222	60	NEDBANK	M	00:24:43
Race 5	60-69M	2	WELCOME	LOLIWE	6269	61	NEDBANK	M	00:25:11
Race 5	60-69M	3	PIERRE	SCHWEYER	6113	60	NEDBANK	M	00:27:38
Race 5	60-69M	4	CHESTER	BROOKS	6240	67	X-CEL	M	00:29:35
Race 5	60-69M	5	JAN	VAN EEDEN	6016	67	NEDBANK	M	00:30:41
Race 5	60-69M	6	SITHEMBILE	MPAKO	6245	64	NEDBANK	M	00:33:13
Race 5	60-69M	7	SAM	ERASMUS	6205	67	SAPEP	M	00:33:36
Race 5	60-69M	8	SYLVAN	BLIGNAUT	6268	65	MADIBAZ	M	00:35:09
Race 5	60-69M	9	TREMAINE	WESSON	6099	64	ACHILLES	M	00:37:38
Race 5	60-69M	10	DERRICK	HOSHE	6206	66	ATLANTIC	M	00:42:15
Race 5	60-69M	11	SIMON	STRIMLING	6183	63	ATLANTIC	M	00:49:27

Event	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	50-59M	1	ESAU	AUGUST	8260	50	NEDBANK	M	00:32:29
Race 5	50-59M	2	WYNAND	DU PREEZ	8205	52	32GI	M	00:36:53
Race 5	50-59M	3	MAHESH	HOOKA	8264	52	TEMP	M	00:37:38
Race 5	50-59M	4	ROGER	GYSMAN	8259	51	RUN4C	M	00:38:43
Race 5	50-59M	5	NICK	CHAPMAN	8261	53	ACH	M	00:39:25
Race 5	50-59M	6	BRUCE	KINE	8300	59	ACHILLES	M	00:40:25
Race 5	50-59M	7	RODNEY	WITBOOI	8253	54	ATLANTIC	M	00:42:15
Race 5	50-59M	8	LEON	LOUW	8207	53	SIBALEKA	M	00:43:42
Race 5	50-59M	9	SHAHIED	MAMOOJEE	8262	59	GELVAN	M	00:45:09
Race 5	50-59M	10	SELBY	THABETHE	8202	51	SIBALEKA	M	01:09:59
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	40-49M	1	MASANDE	MLQNYENI	4205	50	SIBALEKA	M	00:15:55
Race 5	40-49M	2	SERGIO	PETERSON	4248	47	RUN4C	M	00:17:31
Race 5	40-49M	3	TULANI	MDLALO	8258	40	NEDBANK	M	00:29:00
Race 5	40-49M	4	MELIKHAYA	KEPE	8255	49	NEDBANK	M	00:29:36
Race 5	40-49M	5	MILA	PASIYA	8211	45	SIBALEKA	M	00:30:14
Race 5	40-49M	6	ALISTAIR	KINGWILL	8254	48	32GI	M	00:30:37
Race 5	40-49M	7	NTSIKELELO	SEBE	8252	42	NEDBANK	M	00:32:11
Race 5	40-49M	8	ABDUL	WICOMB	8256	46	MUIRITE	M	00:32:16
Race 5	40-49M	9	GIDEON	MENGU	8203	47	NEDBANK	M	00:35:17
Race 5	40-49M	10	RICHARD	MAZUNGULA	8251	48	NEDBANK	M	00:37:26
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	35-39M	1	DENVER	PETERSEN	8263	39	GELVAN	M	00:39:53
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 5	SM4	1	VIWE	TEKO	4172	27	ACT AC	M	00:13:59
Race 5	SM4	2	SINETHEMBA	MIRELE	4216	33	NEDBANK	M	00:15:05
Race 5	SM4	3	MARK	FRASER	4259	31	ACHILLES	M	00:15:16
Race 5	SM4	4	SOTHEMBELA	MAKEDAMA	4178	27	CHILLIE	M	00:15:25
Race 5	SM4	5	GODFREY	STUURMAN	4189	25	CHILLIE	M	00:15:29
Race 5	SM4	6	Robbie	Matthys	4233	0	TEMP	M	00:16:41
Race 5	SM4	7	ONATHI	STURMAN	4207	26	CHILLIE	M	00:15:50
Race 5	SM	8	EDGAR	NIIT	4251	32	TEMP	M	00:16:11
Race 5	SM4	9	RUHAN	VAN RENSBURG	4170	33	RUN4CHRIST	M	00:17:01
Race 5	SM4	10	BRAMLEY	DERROCKS	4230	52	TEMP	M	00:17:35
Race 5	SM4	11	MARTIN	JANSEN	4209	57	NEDBANK	M	00:17:58
Race 5	SM4	12	DARIUS	SWIEGELAAR	4254	30	SAPS	M	00:18:07
Race 5	SM4	13	FERDY	JACOBS	4193	51	RUN4CHRIST	M	00:19:56
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 6	SM	1	TAWANDA	CHIKOTI	71	27	CHILLIE	M	00:33:53
Race 6	SM	2	ARCHIE	ZAKE	66	25	CHILLIE	M	00:34:08
Race 6	SM	3	SAKHE	MAHOTE	83	21	MADIBAZ	M	00:34:39
Race 6	SM	4	GEORGE	NTSHILIZA	76	45	SIBALEKA	M	00:34:49
Race 6	SM	5	LUXOLO	CANDLORN	79	23	MADIBAZ	M	00:36:21
Race 6	SM	6	BETSHA	LUZUKO	75	29	GAMTOOS	M	00:37:01
Race 6	SM	7	TULANI	MDLALO	82	40	NEDBANK	M	00:38:24
Race 6	SM	8	ZOLANI	KOLOSA	70	31	SIBALEKA	M	00:39:48
Race 6	SM	9	SINETHEMBA	MIRELE	81	33	NEDBANK	M	00:39:51
Race 6	SM	10	SINETHEMBA	NGXONI	77	29	MADIBAZ	M	00:39:59
Race 6	SM	11	AMOGELANG	SEHLWANA	72	21	MADIBAZ	M	00:40:33
Race 6	SM	12	MARK	FRASER	80	31	ACHILLES	M	00:43:27
Race 6	SM	13	MARTIN	JANSEN	50	57	NEDBANK	M	00:47:44
Race 6	SM	14	DARIUS	SWIEWELAAR	113	30	SAP	M	00:52:22
Race 6	SM	15	JAN	VAN EEDEN	68	67	NEDBANK	M	00:57:42
Race 6	SM	16	LOUIS	SWIEGELAAR	114	59	SAPS	M	01:05:22
Race 6	SM	17	SAM	ERASMUS	67	67	SAPEP	M	01:05:22

Event	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 6	SF	1	FREDAH	NCUBE	86	43		F	00:47:27
Race 6	SF	2	BURNITA	STRYDOM	84	56	RUN4C	F	00:53:46
Race 6	SF	3	ESTELLE	VAN DER MERWE	63	59	MUIRITE	F	01:03:22
Race 6	SF	4	LETA	DOS SANTOS	73	61	INFINITY	F	01:03:50
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 7	ALL M	1	LONWEBO	MBALULA	7031	21	MADIBAZ	M	00:06:34
Race 7	ALL M	1	GIDEON	MENGO	7073	48	NEDBANK	M	00:08:18
Race 7	ALL M	2	MILA	PASIYA	7036	49	SIBALEKA	M	00:08:39
Race 7	ALL M	3	LUCIAN	SLABBERT	7035	11	TEMP	M	00:08:39
Race 7	ALL M	4	EDDIE	EADES	7038	76	NEDBANK	M	00:10:06
Race 7	ALL M	5	ATTIE	WILLIAMS	7072	62	RUN4C	M	00:10:13
Race 7	ALL M	6	UZAIR	BOUWERS	7032	7	GELVAN PARK	M	00:10:45
Race 7	ALL M	7	RIEDAAH	VAN AARDE	7034	17	GELVAN	M	00:13:23
Race 7	ALL M	8	ASIITVEER	HOOKA	7075	0	TEMP	M	00:19:45
Race 7	ALL M	9	SIVO	PILLAY	7074	0	TEMP	M	00:20:13
	Cat	Place	First Name	Last Name	No	Age	Club	Sex	Time
Race 7	SF	1	KAYLA	VAN RENSBURG	7033	31	CHARLO	F	00:07:44