

V-Slots 10km - Port Elizabeth - 2026/02/07

FEMALE AGE GROUP: OPEN								
Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	AMANDA	DETSHE	446		21 Open	MADIBAZ	F	38:42.2
2	REFELOE	SOLOMONS	25		44 40-49	NEDBANK	F	38:55.1
3	KELLY	VAN VLIET	19		38 35-39	NEDBANK	F	39:04.7
4	DESNAY	OGRADY	126		15 Junior	IKHAMVA	F	39:25.0
5	ALEXIA	LOIZOU	356		42 40-49	ASPEN	F	39:50.0
MALE AGE GROUP: OPEN								
Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	MELIKHAYA	FRANS	2		36 35-39	IKHAMVA	M	30:22.3
2	APHELELE	NKONYENI	459		28 Open	MADIBAZ	M	30:25.4
3	SINAWO	POTI	1		24 Open	IKHAMVA	M	30:33.4
4	LITHEBE	MENZELELELI	3		26 Open	IKHAMVA	M	30:40.3
5	SINETHEMBA	JILINGISI	757		23 Open	REALGIJ	M	31:47.3
FEMALE AGE GROUP: JUNIOR								
Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	DESNAY	OGRADY	126		15 Junior	IKHAMVA	F	39:25.0
2	ZINTLE	XHONTI	815		17 Junior	MOTHER	F	47:19.0
3	KYLIE	VERMAAK	222		18 Junior	ELITEAC	F	47:38.7
MALE AGE GROUP: JUNIOR								
Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	THANDOLWETHU	MATSALO	8		18 Junior	IKHAMVA	M	31:57.6
2	OKUHLE	DLOTO	10		18 Junior	IKHAMVA	M	32:44.2
3	LUKHANYISO	APRIL	11		17 Junior	IKHAMVA	M	32:47.2
FEMALE AGE GROUP: 35-39								
Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	KELLY	VAN VLIET	19		38 35-39	NEDBANK	F	39:04.7
2	INGE	WILLIAMS	72		36 35-39	NEDBANK	F	46:25.5
3	BERNICE	NEL	350		38 35-39	HEATAC	F	49:37.3
MALE AGE GROUP: 35-39								
Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	MELIKHAYA	FRANS	2		36 35-39	IKHAMVA	M	30:22.3
2	GIFT	CHIGOMARAWA	487		38 35-39	ACH	M	31:56.1
3	ZOLANI	MABONGO	600		39 35-39	NEDBANK	M	33:15.5
FEMALE AGE GROUP: 40-49								
Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	REFELOE	SOLOMONS	25		44 40-49	NEDBANK	F	38:55.1
2	ALEXIA	LOIZOU	356		42 40-49	ASPEN	F	39:50.0
3	NTOMBESINTU	MFUNZI	18		44 40-49	NEDBANK	F	42:01.0
MALE AGE GROUP: 40-49								
Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	KHAYA	GQWETHA	190		40 40-49	VUKANI	M	33:48.1
2	XOLISA	NDLUMBINI	733		43 40-49	TNETFS	M	34:40.1
3	HOPEWELL	JABAVU	13		42 40-49	IKHAMVA	M	35:20.0
FEMALE AGE GROUP: 50-59								
Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	SANETTE	RYAN	437		55 50-59	ELITEAC	F	48:53.3
2	JUDY	GERBER	191		59 50-59	RUN4C	F	50:07.3
3	YOLANDIE	LANDMAN	568		50 50-59	RUN4C	F	55:07.0

MALE AGE GROUP: 50-59								
Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	NOEL	ADAMS	479		53 50-59	ELITEAC	M	36:44.9
2	XOLILE	NDINGANE	23		54 50-59	NEDBANK	M	39:10.5
3	ERROL	WHITTAL	237		50 50-59	ELITEAC	M	39:59.6
FEMALE AGE GROUP: 60-69								
Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	CHRISTINE	CLAASEN	605		61 60-69	NEDBANK	F	48:01.5
2	JANETTE	SCHIERZ-CRUSIUS	168		65 60-69	BODYCON	F	51:32.7
3	THANDIWE	NKWANDLA	226		60 60-69	NEDBANK	F	52:27.1
MALE AGE GROUP: 60-69								
Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	DESMOND	ZIBI	6		62 60-69	IKHAMVA	M	37:32.0
2	MUTEKILE	RASMENI	490		61 60-69	ACH	M	39:55.8
3	CYRIL	NIIT	853		64 60-69	TEMP	M	41:55.8
FEMALE AGE GROUP: 70-79								
Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	CATHY	IVES	578		72 70-79	ACH	F	11:41.7
2	STEPHANIE	HAY	199		70 70-79	INFINITY	F	28:06.5
MALE AGE GROUP: 70-79								
Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	ROGER	TRADER	547		72 70-79	ACH	M	47:51.4
2	LEONARD	CONRADIE	236		71 70-79	BLUEBAY	M	49:42.7
3	DON	CHARLES	887		76 70-79	NEDBANK	M	52:41.8