



CIRCULAR 1 OF EASTERN PROVINCE ATHLETICS **WEEK: 21-01-2025**

Dear Members,

Welcome to the first EPA circular for 2026! We are excited to share the latest updates, event highlights, and upcoming opportunities with you.

Road Running

First Choice

The 2026 edition of the First Choice Race successfully kicked off the Eastern Province Athletics road running calendar on Saturday, 3 January 2026. Hosted at the Victory Christian School in Jeffrey's Bay, the event saw a large turnout of both competitive athletes and families enjoying the coastal summer atmosphere.

Key Highlights

The flagship 15km Road Race took the runners on a moderate but scenic route through the local streets and hills of Jeffrey's Bay. Alongside the main race, the event featured a 5km Fun Run/Walk and the popular 60m "Milki Moo Dash" for children, ensuring participation across all age groups.

Athletes enjoyed the fresh sea air typical of the Jeffreys Bay coastline, though the early morning humidity provided a challenge for those chasing personal bests.



Congratulations to our winners

Women

1. Refeloe Solomons
2. Leandre Van Der Merwe

Men

- Melikhaya Frans
- Sinethemba Jilingisa



3. Abbie Mitchell

Sinawo Poti

N2 City Bluewater Bay

Bluewater Bay came alive this past Saturday, January 17, as runners from across the Eastern Province gathered for the 2026 edition of the N2 City Bluewater Bay 15km Road Race and 5km Fun Run.

Starting and finishing at the N2 City Shopping Centre, the event—organized by the Bluewater Bay Athletics Club served as a key Participation League event for the local running community.

Race Highlights

- Alongside the 15km challenge, the 5km Fun Run saw a massive turnout of families and scholars, reinforcing the event's reputation as a community race.
- Eastern Province Athletics (EPA) officials and local marshals ensured a smooth flow of traffic along the N2 service roads and Hillcrest Drive.
- Every participant who crossed the finish line within the 2-hour and 30-minute cutoff received a commemorative medal. The post-race atmosphere at N2 City was electric, featuring several lucky draw prizes and club gazebos lining the designated area



Congratulations to the top 3 winners

Women;

1. Refeloe Solomons
2. Bianca Meistre
3. Kayla Van Rensburg

Men:

- Khaya Gqwetha
Mxoleleni Tabata
Simthandile Goliath



Staff Announcement

Dear valued Stake Holders, Coaches & Athletes

We are pleased to announce that the Eastern Province Athletics team is back on-site and ready to assist you with your upcoming projects and inquiries for 2026.

Our operating hours remain 08H00 – 15H00. We look forward to another year of successful collaboration.

Best regards,

EPA Staff

Office Requests

Dear Club Chairperson / Secretary

Good day,

The Eastern Province Athletics (EPA) Office hereby kindly requests all EPA-affiliated clubs to submit their 2026 Club MANCO (Management Committee) details.

This information is required for EPA records and effective communication throughout the 2026 athletics season.

Kindly ensure that the following details are submitted:

- Club Name
- Full Names of MANCO Members
- Positions Held
- Contact Numbers
- Email Addresses

Please forward the completed MANCO details to the EPA Office by the stipulated deadline, or at your earliest convenience.

Your cooperation in this matter is appreciated.

Should you have any queries, please do not hesitate to contact the EPA Office

Notice to All Clubs

For high-quality race medals and competitive pricing, Topline MFS Generic Medals can be contacted for a personalised quote.

salescpt@toplinemfs.co.za



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Upcoming Events

Track and Field Masters +30 January 16 @ 16:00 - 18:30 – Westbourne Oval

NMB Gqeberha Ultra January 31 50km, 21.1km, 10km from 05:00

NMB Colchester Development Run January 24 @ 06:00 - 08:40



Contact Us:

EPA Office Hours:

Monday – Friday | 08:00 – 15:00

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