

THE RENTAL COMPANY LOVE TO RUN 10KM - GQEBERHA - 14/02/2026

LIC NO	POS	NAME	SURNAME	CUB	SEX	AGE	CAT	TIME	
357	1	SINAWO	POTI	IKHAMVA A C	M	24	SM	00:30:03	5
355	2	MELIKHAYA	FRANS	IKHAMVA A C	M	35	35-39M	00:30:31	5
396	3	LITHEBE	MENZELELELI	IKHAMVA A C	M	26	SM	00:30:35	5
1879	4	ROSS	BARNARD	HOLLYWOOD BETS A C EP	M	35	35-39M	00:31:47	5
1392	5	ZOLANI	MABONGO	NEDBANK R C EP	M	39	35-39M	00:32:38	5
2266	6	KHAYA	GQWETHA	VUKANI M S	M	40	40-44M	00:32:52	5
2149	7	XOLISA	NDLUMBINI	TRANSNET A C EP	M	43	40-44M	00:33:42	5
	8	GEORGE	NTSHILIZA	TEMP	M	46	45-49M	00:33:54	0
611	9	JENIEL	ZANA	RUN 4 CHRIST A C	M	30	SM	00:33:55	5
701	10	NYASHA	MUKANDI	CRUSADERS A C	M	33	SM	00:34:13	5
2091	11	SIYANDA	BUTHELEZI	SANDF A C EP	M	27	SM	00:34:40	5
502	12	RODNEY	PRINS	RUN 4 CHRIST A C	M	37	35-39M	00:34:58	5
425	13	GODFREY	STUURMAN	CHILLIE R C EP	M	25	SM	00:35:31	5
40003	14	ASONGE	MTHANA	NEDBANK R C EP	M	18	JM	00:36:12	4
370	15	DESMOND	ZIBI	IKHAMVA A C	M	62	60-64M	00:36:14	5
1216	16	WESSEL	WOLMARANS	ELITE A C	M	47	45-49M	00:36:24	5
1434	17	MANDISI	ZAMANI	NEDBANK R C EP	M	33	SM	00:36:40	4
74	18	TUMELLO	MOCHELENYANE	SAP A C EP	M	43	40-44M	00:36:44	5
1191	19	NOEL	ADAMS	ELITE A C	M	53	50-54M	00:36:47	5
950	20	CHARLES	SEGALO	CHARLO A C	M	38	35-39M	00:36:54	5
1324	21	XOLILE	NDINGANE	NEDBANK R C EP	M	54	50-54M	00:37:02	5
1847	22	MHLENGI	MAHLABA	HOLLYWOOD BETS A C EP	M	34	SM	00:37:04	4
612	23	RICK	SWEMMER	RUN 4 CHRIST A C	M	22	SM	00:37:11	4
423	24	SANDISO	NGXISHE	CHILLIE R C EP	M	55	55-59M	00:37:32	5
3055	25	JEMAIN	WILSON	TEAM VITALITY A C EP	M	38	35-39M	00:37:35	4
60	26	THANDO	NCIPHA	SAP A C EP	M	33	SM	00:38:07	3
1406	27	REFELOE	SOLOMONS	NEDBANK R C EP	F	44	40-44F	00:38:20	5
694	28	LUBABALO	JUSAYI	ASPEN PHARMACARE AC	M	34	SM	00:38:24	3
	29	RAYNARD	TISSINK	TEMP	M	52	50-54M	00:38:45	0
156	30	STANTON	FREEMAN	ACT A C	M	48	45-49M	00:38:49	5
1255	31	ERROL	WHITTAL	ELITE A C	M	50	50-54M	00:39:10	5
814	32	BIANCA	MEISTRE	32GI EP A C	F	40	40-44F	00:39:12	5
	33	CINDY	NEL	TEMP	F		35-39F	00:39:13	0
	34	NKOSIKHONA	MAMBULU	TEMP	M	25	SM	00:39:19	0
908	35	KAYLA	VAN RENSBURG	CHARLO A C	F	31	SF	00:39:25	5
	36	INDIPHILE	RUBUSHE	TEMP	M		JM	00:39:35	0
838	37	JEANRE	OEOLOFSE	32GI EP A C	M	20	SM	00:39:38	3
1707	38	IAIN	MAUGHAN-BROWN	MADIBA BAY WARRIORS	M	37	35-39M	00:39:46	3
1642	39	NICO	SMITH	MADIBA BAY WARRIORS	M	40	40-44M	00:39:47	4
1639	40	VANDRE	NEL	MADIBA BAY WARRIORS	M	41	40-44M	00:39:47	4
1622	41	DARREN	BENECKE	MADIBA BAY WARRIORS	M	34	SM	00:39:47	3
1630	42	SEBASTIAN	KLEU	MADIBA BAY WARRIORS	M	49	45-49M	00:39:47	5
2322	43	XOLANI	NTEYI	VUKANI M S	M	47	45-49M	00:39:51	5
1110	44	HASSAN	NDZAKANA	NEDBANK R C BORDER	M	56	55-59M	00:39:53	0
993	45	THEMBEKILE	MSIPA	CHARLO A C	M	51	50-54M	00:40:06	5
2895	46	SANELE	SAM	ST ALBANS A C	M	33	SM	00:40:10	3
1168	47	SLULAMI	JACK	TRANSNET A C EP	M	50	50-54M	00:40:22	5
919	48	KELVIN	JOOSTE	CHARLO A C	M	38	35-39M	00:40:27	3
881	49	SHAUN	ATTENBOROUGH	CHARLO A C	M	57	55-59M	00:40:39	5
955	50	SIVUYILE	SCHEEPERS	CHARLO A C	M	32	SM	00:40:44	3
613	51	JORAN	FORTUIN	RUN 4 CHRIST A C	M	20	SM	00:40:44	3
1405	52	NTOMBESINTU	MFUNZI	NEDBANK R C EP	F	44	40-44F	00:40:51	5
1344	53	CHRISTOPHER	MABENGIZA	NEDBANK R C EP	M	59	55-59M	00:41:03	5
2514	54	TEDDY	PRUSENT	MADIBAZ A C	M	37	35-39M	00:41:15	3
	55	EDGAR	NIIT	TEMP	M	32	SM	00:41:16	0
999	56	THOMAS	MARAIS	CHARLO A C	M	38	35-39M	00:42:00	3
	57	CYRIL	NIIT	TEMP	M	66	65-69M	00:42:01	0
2900	58	SABELO	MELITAFA	ST ALBANS A C	M	46	45-49M	00:42:08	3
2289	59	KHANYISO	MASWANA	VUKANI M S	M	36	35-39M	00:42:11	3
425	60	SIYABONGA	ZULU	CHILLIE R C EP	M	44	40-44M	00:42:28	3
545	61	RUHAN	VAN RENSBURG	RUN 4 CHRIST A C	M	33	SM	00:42:40	2
731	62	GAVIN	ROGERS	CRUSADERS A C	M	61	60-64M	00:42:44	5
	63	LWAZI	MERANA	TEMP	M		35-39M	00:42:55	0
	64	MILA	PASIYA	TEMP	M	46	45-49M	00:43:00	0
1852	65	MVULELI	MAGAWULANA	HOLLYWOOD BETS A C EP	M	49	45-49M	00:43:17	3

614	66 APHELELE	BAM	RUN 4 CHRIST A C	M	19	SM	00:43:19	2
561	67 CHANTELL	CLOETE	RUN 4 CHRIST A C	F	40	40-44F	00:43:22	4
898	68 PATRIC	MAKWANKWE	CHARLO A C	M	59	55-59M	00:43:33	5
1687	69 RUDI	KRIEL	MADIBA BAY WARRIORS	M	36	35-39M	00:43:42	2
1518	70 INGE	WILLIAMS	NEDBANK R C EP	F	36	35-39F	00:43:42	3
2511	71 KADER	ABDULLA	MADIBAZ A C	M	49	45-49M	00:43:52	3
875	72 MATTHEW	RODGERS	CHARLO A C	M	23	SM	00:43:57	2
1022	73 REEGAN	MEYER	CHARLO A C	M	19	SM	00:44:00	2
792	74 JACO	ROOS	32GI EP A C	M	37	35-39M	00:44:02	2
	75 QHAWE	TSHAYINGWE	TEMP	M	25	SM	00:44:06	0
539	76 SERGIO	PETERSON	RUN 4 CHRIST A C	M	47	45-49M	00:44:11	3
869	77 BRAD	BOONZAIR	32GI EP A C	M	52	50-54M	00:44:12	3
1957	78 HENRY	PIENAAR	BLUEWATER BAY	M	54	50-54M	00:44:13	3
	79 CJ	STRYDOM	TEMP	M	42	40-44M	00:44:19	0
495	80 DEWALD	VERMEULEN	RUN 4 CHRIST A C	M	54	50-54M	00:44:21	3
2122	81 RODNEY	WITBOOI	ATLANTIC ACES	M	54	50-54M	00:44:26	3
	82 AYABONGA	TSHUNGWANA	TEMP	M	32	SM	00:44:29	0
1925	83 MANDLA	AFRICA	BLUEWATER BAY	M	23	SM	00:44:34	2
	84 MESULI	DZINGWE	TEMP	M		35-39M	00:44:34	0
768	85 WILLIE	ELS	CRUSADERS A C	M	50	50-54M	00:44:36	3
957	86 PIERRE	RENSHAW	CHARLO A C	M	53	50-54M	00:44:40	3
952	87 CINDY	MARAI	CHARLO A C	F	48	45-49F	00:44:40	5
659	88 BRETT	HOLMES	ASPEN PHARMACARE AC	M	51	50-54M	00:44:47	3
290	89 JG	LE ROUX	MUIRITE STRIDERS	M	53	50-54M	00:44:48	3
1775	90 CLARENCE	MANUEL	GELVAN A C	M	31	SM	00:45:00	2
3256	91 FUNEKA	BEFILI	CHEETAH A C EP	M	34	SM	00:45:00	2
1461	92 VUYISILE	SIMAYILE	NEDBANK R C EP	M	38	35-39M	00:45:14	2
938	93 THOBELA	MFIKILI	CHARLO A C	M	39	35-39M	00:45:15	2
	94 RIANA	LOUW	TEMP	F	48	45-49F	00:45:16	0
52	95 DARIUS	SWIEGELAAR	SAP A C EP	M	30	SM	00:45:20	2
1866	96 SIPHAMANDLA	KOKO	HOLLYWOOD BETS A C EP	M	36	35-39M	00:45:20	2
	97 DAWID	KEYSER	TEMP	M	47	45-49M	00:45:21	0
564	98 GAVIN	SILLS	RUN 4 CHRIST A C	M	52	50-54M	00:45:24	3
	99 THOKOZANI	BAMO	TEMP	M	31	SM	00:45:24	0
	100 PAUL	MARE	TEMP	M	33	SM	00:45:53	0
3325	101 THEMBILE	TSHAKAZA	SANDF A C EP	M	36	35-39M	00:45:57	2
	102 SIYAMCELA	MBELEKANE	TEMP	M	31	SM	00:46:01	0
1052	103 CHRISTIAN	DU PREEZ	X-CEL A C	M	56	55-59M	00:46:02	3
	104 SIBUSISO	THEMBANI	TEMP	M	30	SM	00:46:04	0
855	105 PAULINE	TUNSTEAD	32GI EP A C	F	55	55-59F	00:46:09	5
	106 KIDWELL	MATSHOTYANA	TEMP	M		40-49M	00:46:09	0
	107 SISIPHO	MGUMANE	TEMP	F		SF	00:46:09	0
2311	108 SITHA	SIGENU	VUKANI M S	F	42	40-44F	00:46:10	3
1010	109 JAN	VAN EEDEN	NEDBANK R C EP	M	67	65-69M	00:46:11	5
914	110 ETIENNE	GERBER	CHARLO A C	M	56	55-59M	00:46:21	3
1457	111 RICHARD	MAZUNGULA	NEDBANK R C EP	M	49	45-49M	00:46:31	2
	112 SAZOLA	NGINI	TEMP	M		35-39M	00:46:38	0
	113 SAKHILE	ZAMA	TEMP	M	33	SM	00:46:47	0
1494	114 TAWFEEQ	VYVER	NEDBANK R C EP	M	27	SM	00:46:54	2
1751	115 SAMIER	ABRAHAMS	GELVAN A C	M	55	55-59M	00:46:57	3
40075	116 CHLOE	VERMAAK	ELITE A C	F	18	JF	00:47:05	2
347	117 BRUCE	LE GRANGE	MUIRITE STRIDERS	M	33	SM	00:47:06	2
3045	118 ABELANG	MOSWEU	TEAM VITALITY A C EP	M	41	40-44M	00:47:08	2
55	119 SIMCELILE	SITHEMBU	SAP A C EP	M	34	SM	00:47:08	2
283	120 LORENZO	SAMUELS	MUIRITE STRIDERS	M	40	40-44M	00:47:12	2
40076	121 KYLIE	VERMAAK	ELITE A C	F	18	JF	00:47:12	2
890	122 SIMPHIWE	BLOU	CHARLO A C	M	53	50-54M	00:47:15	2
2735	123 STICKS	STIGLINGH	BODY CONCEPT	M	71	70-74M	00:47:19	5
985	124 CHRISTOFF	PUREN	CHARLO A C	M	35	35-39M	00:47:32	2
	125 ANDRIES	MZIZA	TEMP	M		50-59M	00:47:34	0
554	126 PETRUS	RADEMEYER	RUN 4 CHRIST A C	M	51	50-54M	00:47:35	2
342	127 JONATHAN	BAKKER	MUIRITE STRIDERS	M	34	SM	00:47:37	2
562	128 JUDY	GERBER	RUN 4 CHRIST A C	F	59	55-59F	00:47:39	5
2279	129 SIPHESIHLE	DLWATI	VUKANI M S	M	35	35-39M	00:47:54	2
1200	130 JANINE	WHITTAL	ELITE A C	F	44	40-44F	00:47:55	2
650	131 TAFADZWA	MARAMBIRE	ASPEN PHARMACARE AC	M	42	40-44M	00:47:57	2
3066	132 WALTER	ZIMBEVA	TEAM VITALITY A C EP	M	45	45-49M	00:47:57	2

3011	133 ONKE	TSHOTSHO	TEAM VITALITY A C EP	M	39	35-39M	00:47:58	2
1275	134 PLAAITJIE	DAMONS	VOLKSWAGEN A C	M	62	60-64M	00:47:59	3
1673	135 KAREN	BARNARD	MADIBA BAY WARRIORS	F	36	35-39F	00:48:02	2
576	136 VERNON	LANDMAN	RUN 4 CHRIST A C	M	51	50-54M	00:48:06	2
122	137 BAVERSHAN	NAIDOO	MALABAR A C	M	35	35-39M	00:48:10	2
789	138 KELVIN	SAMUEL	32GI EP A C	M	42	40-44M	00:48:11	2
1954	139 LEN	CONRADIE	BLUEWATER BAY	M	71	70-74M	00:48:13	5
3006	140 SANDILE	NDLOVU	TEAM VITALITY A C EP	M	41	40-44M	00:48:16	2
887	141 LYNNE	NEUBERT	CHARLO A C	F	53	50-54F	00:48:17	4
1183	142 SANETTE	RYAN	ELITE A C	F	55	55-59F	00:48:25	5
	143 RUDOLPH	JORDAAN	TEMP	M	27	SM	00:48:29	0
	144 YOUSEF	POURRAHIM	TEMP	M	44	40-44M	00:48:30	0
921	145 RYAN	VAN DER MESCHT	CHARLO A C	M	44	40-44M	00:48:34	2
3037	146 SANDISO	NGWENYA	TEAM VITALITY A C EP	F	32	SF	00:48:34	2
991	147 GREGORY	ROSS	CHARLO A C	M	52	50-54M	00:48:34	2
1597	148 EDVIN	DONLEY	DESPATCH A C	M	48	45-49M	00:48:37	2
	149 LINDICHAYA	NETO	TEMP	M		40-49M	00:48:41	0
1055	150 JEROME	MAY	X-CEL A C	M	59	55-59M	00:48:42	2
115	151 THOZAMILE	GROOTBOOM	MALABAR A C	M	49	45-49M	00:48:44	2
978	152 CHRISTOPHER	AYERST	CHARLO A C	M	58	55-59M	00:48:44	2
634	153 JO-ANNE	FORSON	ASPEN PHARMACARE AC	F	38	35-39F	00:48:51	2
660	154 JOHN	NELSON	ASPEN PHARMACARE AC	M	51	50-54M	00:48:51	2
607	155 LOUIS	MOOLMAN	RUN 4 CHRIST A C	M	33	SM	00:48:53	2
1767	156 KEITH	VALENTINE	MADIBA BAY WARRIORS	M	35	35-39M	00:48:56	2
1799	157 KEENAN	COLEMAN	GELVAN A C	M	30	SM	00:48:59	2
619	158 DOZ	PHILLIPS	RUN 4 CHRIST A C	F	53	50-54F	00:49:05	3
1676	159 ANTHONY	BUTTON	MADIBA BAY WARRIORS	M	64	60-64M	00:49:06	3
1689	160 SILKE	BOTHA	MADIBA BAY WARRIORS	F	29	SF	00:49:08	2
1666	161 JULIA	HOFART	MADIBA BAY WARRIORS	F	42	40-44F	00:49:10	2
148	162 ABDUL	LILLAH	MALABAR A C	M	36	35-39M	00:49:12	2
1621	163 WILHELM	KILIAN	MADIBA BAY WARRIORS	M	49	45-49M	00:49:18	2
	164 ANDREW	MEYER	TEMP	M	52	50-54M	00:49:18	0
911	165 TANYA	NORRIS	CHARLO A C	F	41	40-44F	00:49:22	2
844	166 THERESA	BUCHNER	32GI EP A C	F	40	40-44F	00:49:29	2
518	167 NIENKE	SCHOLTZ	RUN 4 CHRIST A C	F	28	SF	00:49:30	2
91	168 DENZIL	KOOPMAN	INFINITY A C	M	55	55-59M	00:49:31	2
	169 CHRISTIE	KAPUTENI	TEMP	M	24	SM	00:49:35	0
	170 JOEL	HOOLE	TEMP	M	16	JM	00:49:36	0
16314	171 JIMMY	HEADBUSH	MANONI A C	M	54	50-54M	00:49:38	0
1230	172 PHILLIP	DE RIDDER	ELITE A C	M	49	45-49M	00:49:43	2
1389	173 BABALO	MAKALIMA	NEDBANK R C EP	M	42	40-44M	00:49:46	2
733	174 ALEX	DU TOIT	CRUSADERS A C	M	61	60-64M	00:49:50	2
410	175 AMANDA	SHAW	IKHAMVA A C	F	61	60-64F	00:49:51	5
245	176 ANDRE	VAN DER BANK	MUIRITE STRIDERS	M	54	50-54M	00:49:51	2
637	177 MARK	GODDARD	ASPEN PHARMACARE AC	M	29	SM	00:49:57	1
	178 ALEXANDER	SHEMYATIKHIN	TEMP	M	53	50-54M	00:50:02	0
915	179 JOEL	HUMAN	CHARLO A C	M	52	50-54M	00:50:03	2
2381	180 ADEL	SCHLEBUSCH	JEFFREYS BAY A C	F	56	55-59F	00:50:09	4
1351	181 SHARON	JESSOP	NEDBANK R C EP	F	56	55-59F	00:50:10	4
	182 CHESTER	BROOKS	X-CEL A C	M	67	65-69M	00:50:12	3
1266	183 DAVID	BAINS	X-CEL A C	M	59	55-59M	00:50:13	2
992	184 CYNTHIA	HEYNS	CHARLO A C	F	42	40-44F	00:50:15	2
	185 CHARL	BEZUIDENHOUT	TEMP	M	47	45-49M	00:50:23	0
1356	186 JEROME G	MAY	NEDBANK R C EP	M	59	55-59M	00:50:26	2
137	187 AMIR	VENTER	MALABAR A C	M	45	45-49M	00:50:27	2
594	188 ANTONIE	KOEN	RUN 4 CHRIST A C	M	49	45-49M	00:50:32	2
449	189 SIZIBULE	DIBELA	CHILLIE R C EP	F	38	35-39F	00:50:36	2
40019	190 JODY	FLEURS	GELVAN A C	M	17	JM	00:50:40	1
948	191 DINO	MAGNUS	CHARLO A C	M	31	SM	00:50:41	1
862	192 JEAN-PERI	REDONA	32GI EP A C	M	37	35-39M	00:50:48	1
895	193 WAYNE	MAGNUS	CHARLO A C	M	57	55-59M	00:50:51	2
1018	194 TANIA	BESSINGER	CHARLO A C	F	48	45-49F	00:50:51	2
1332	195 THANDI	NKWANDLA	NEDBANK R C EP	F	60	60-64F	00:50:52	5
1696	196 JANET	VAN NIEKERK	MADIBA BAY WARRIORS	F	49	45-49F	00:50:53	2
	197 RYNO	LAUBSCHER	TEMP	M	37	35-39M	00:50:56	0
577	198 YOLANDIE	LANDMAN	RUN 4 CHRIST A C	F	50	50-54F	00:51:09	3
628	199 CT	JACOBS	ASPEN PHARMACARE AC	M	41	40-44M	00:51:13	1

1008	200	DARRYL	LONG	CHARLO A C	M	47	45-49M	00:51:20	2
2209	201	VELILE	LUSITI	SIBALEKA NANI A C	M	37	35-39M	00:51:27	1
1285	202	WANDA	BANJWA	VOLKSWAGEN A C	M	38	35-39M	00:51:34	1
876	203	GEORGE	WINSHIP	CHARLO A C	M	60	60-64M	00:51:39	2
	204	AHMED	SALEEM	TEMP	M	19	SM	00:51:41	0
1035	205	GLEN	RICHTER	CHARLO A C	M	40	40-44M	00:51:49	1
721	206	FIONA	FLEUR	CRUSADERS A C	F	40	40-44F	00:51:49	2
1586	207	MAUDY	BOTES	DESPATCH A C	F	44	40-44F	00:51:52	2
741	208	MAGGIE	LLOYD	CRUSADERS A C	F	62	60-64F	00:51:53	5
1838	209	PHATHULUVO	MGULI	HOLLYWOOD BETS A C EP	M	41	40-44M	00:51:53	1
1009	210	MEGAN	LONG	CHARLO A C	F	40	40-44F	00:51:56	2
1301	211	DESTIN	SAUER	VOLKSWAGEN A C	M	44	40-44M	00:52:00	1
1263	212	KAHN	LANGFORD	VOLKSWAGEN A C	M	47	45-49M	00:52:01	1
104	213	PRASHAAN	RAGA	INFINITY A C	M	27	SM	00:52:01	1
293	214	KARLI	GREYLING	MUIRITE STRIDERS	F	24	SF	00:52:08	1
830	215	NATALIE	BOSHOF	32GI EP A C	F	39	35-39F	00:52:09	1
777	216	STEVEN	GAGIANO	32GI EP A C	M	45	45-49M	00:52:10	1
1614	217	ISCHKE	LAMBRECHTS	DESPATCH A C	F	42	40-44F	00:52:11	2
2133	218	DESMOND	MVUNDELELA	TRANSNET A C EP	M	44	40-44M	00:52:12	1
1219	219	MELANIE	CHRISTIE	ELITE A C	F	41	40-44F	00:52:14	2
	220	KUDAKWASHE	NYAMUTSAMBIRA	TEMP	M	35	35-39M	00:52:24	0
883	221	LINDI	VAN TONDER	CHARLO A C	F	47	45-49F	00:52:37	2
2692	222	ANDISWA	JELE	TEAM VITALITY A C EP	F	36	35-39F	00:52:40	1
983	223	PETER	VENTER	CHARLO A C	M	45	45-49M	00:53:01	1
2727	224	JANETTE	SCHIERZ-CRUSIUS	BODY CONCEPT	F	65	65-69F	00:53:11	5
1492	225	DEON	VYVER	NEDBANK R C EP	M	59	55-59M	00:53:13	2
3270	226	MAKAZIWE	TENYANE	CHEETAH A C EP	M	50	50-54M	00:53:18	1
961	227	LARA	VAN HEERDEN	CHARLO A C	F	50	50-54F	00:53:22	2
1628	228	NELESH	JAGANATH	MADIBA BAY WARRIORS	M	44	40-44M	00:53:28	1
2502	229	LINCOLN	JANSEN	MADIBAZ A C	M	36	35-39M	00:53:28	1
	230	ANTON	VON MOLENDORFF	TEMP	M		60-69M	00:53:28	0
	231	MZIKAYISE	SONKWALA	TEMP	M		60-69M	00:53:30	0
1017	232	JOE	SCHOEMAN	CHARLO A C	M	45	45-49M	00:53:33	1
3050	233	TENIELLE	DE ANDRADE	TEAM VITALITY A C EP	F	40	40-44F	00:53:37	2
1592	234	BENNIE	THYSSE	DESPATCH A C	M	68	65-69M	00:53:38	2
625	235	YOLANDA	SIDWABA	ASPEN PHARMACARE AC	F	35	35-39F	00:53:41	1
2874	236	VUYISILE	DELIWE	ST ALBANS A C	M	50	50-54M	00:53:42	1
	237	KYLE	HUGO	TEMP	M		SM	00:53:50	0
149	238	ZIYAAD	DOLLEY	MALABAR A C	M	57	55-59M	00:53:51	1
729	239	RUSSELL	WESTERMAN	CRUSADERS A C	M	62	60-64M	00:53:53	2
	240	SHAUN	WHINNEY	TEMP	M	44	40-44M	00:53:53	0
3099	241	MARCEL	ABRAHAMAS	TEAM VITALITY A C EP	M	34	SM	00:53:54	1
	242	MONIQUE	LUDICK	TEMP	F	32	SF	00:53:54	0
972	243	CONRAD	VENTER	CHARLO A C	M	34	SM	00:53:56	1
1232	244	Sonika	Nel	ELITE A C	F	25	SF	00:53:56	1
519	245	CHARLOTTE	VAN WYK	RUN 4 CHRIST A C	F	43	40-44F	00:53:56	1
	246	UNKNOWN		TEMP	M		SM	00:53:58	0
	247	LINDSAY	DILLON	TEMP	F		40-49F	00:54:09	0
1695	248	CARLA	GILLWALD	MADIBA BAY WARRIORS	F	37	35-39F	00:54:10	1
2883	249	TSHOLANANG	LEKALAKE	ST ALBANS A C	M	36	35-39M	00:54:12	1
	250	THABISO	NGCONGO	TEMP	M	26	SM	00:54:18	0
723	251	ALETTA	JOUBERT	CRUSADERS A C	F	64	60-64F	00:54:20	3
490	252	MARTIN	CLOETE	RUN 4 CHRIST A C	M	47	45-49M	00:54:20	1
960	253	ADELE	PHIPPS	CHARLO A C	F	56	55-59F	00:54:21	2
40073	254	STACEY	DE RIDDER	ELITE A C	F	16	JF	00:54:22	1
40258	255	JOSHUA	LOUW	32GI EP A C	M	17	JM	00:54:23	1
658	256	KELLY	HOLMES	ASPEN PHARMACARE AC	F	48	45-49F	00:54:23	2
937	257	KIJANA	LARSEN	CHARLO A C	F	25	SF	00:54:24	1
1001	258	KEANO	HITZEROTH	CHARLO A C	M	25	SM	00:54:24	1
323	259	CLIVE	DE LANGE	ELITE A C	M	53	50-54M	00:54:25	1
1192	260	HEINZ	CONRAD	ELITE A C	M	47	45-49M	00:54:26	1
526	261	NIEKE	EBERSOHN	RUN 4 CHRIST A C	F	34	SF	00:54:26	1
1567	262	JACOBUS	WYATT	DESPATCH A C	M	62	60-64M	00:54:27	2
3312	263	SOLOMON	TEMBE	VOLKSWAGEN A C	M	32	SM	00:54:29	1
71	264	TRISTAN	GEORGE	SAP A C EP	M	23	SM	00:54:29	1
63	265	MPUMELELO	MBALI	SAP A C EP	M	35	35-39M	00:54:32	1
727	266	ANGELA	ROGERS	CRUSADERS A C	F	56	55-59F	00:54:33	2

	267	NONTEMBEKO	NYONI	TEMP	M	36	35-39M	00:54:34	0
205	268	MELIKHAYA	ADAM	SAP A C EP	M	42	40-44M	00:54:35	1
2479	269	SINETHEMBA	MAGUTYWA	ABSA EP R C	M	43	40-44M	00:54:35	1
	270	WARREN	HOOLE	TEMP	M	48	45-49M	00:54:41	0
800	271	JONATHAN	MANDELL	32GI EP A C	M	61	60-64M	00:54:45	2
	272	BIANCA	VERMAAK	TEMP	F	31	SF	00:54:54	0
412	273	BULELANI	MATENJWA	IKHAMVA A C	M	44	40-44M	00:54:54	1
	274	BULUMKO	FUTSHANE	TEMP	M		40-49M	00:54:55	0
1267	275	ANAND	NAIDOO	VOLKSWAGEN A C	M	56	55-59M	00:55:00	1
	276	BANELE	DOKOLWANA-FUTSHANE	TEMP	F		40-49F	00:55:01	0
50	277	MICHAEL	DEKKER	SAP A C EP	M	53	50-54M	00:55:05	1
1837	278	XOLA	MBATSHA	HOLLYWOOD BETS A C EP	M	45	45-49M	00:55:07	1
	279	ZIZIPHO	MAMBA	TEMP	F	29	SF	00:55:08	0
584	280	BRENDON	SLABBERT	RUN 4 CHRIST A C	M	54	50-54M	00:55:09	1
505	281	ANDRIES	COETSEE	RUN 4 CHRIST A C	M	40	40-44M	00:55:09	1
2537	282	IVAN	MOSES	MADIBAZ A C	M	63	60-64M	00:55:13	1
1588	283	JACQUES	BOTHA	DESPATCH A C	M	51	50-54M	00:55:18	1
	284	KURT	PEREIRA	TEMP	M	51	50-54M	00:55:22	0
1298	285	MPHATHISI	MJADU	VOLKSWAGEN A C	M	54	50-54M	00:55:22	1
76	286	HEIN	BADENHORST	SAP A C EP	M	56	55-59M	00:55:27	1
1994	287	HAIG	SMUTS	WALMER A C	M	32	SM	00:55:27	1
230	288	REON	VAN RENSBURG	CHARLO A C	M	53	50-54M	00:55:28	1
1299	289	MICHAEL	SLATER	VOLKSWAGEN A C	M	55	55-59M	00:55:39	1
1560	290	PIETER	STRYDOM	DESPATCH A C	M	64	60-64M	00:55:51	1
3067	291	BRENDA	MUKOMBE	TEAM VITALITY A C EP	F	38	35-39F	00:55:54	1
730	292	SUNE	DIEDERICKS	CRUSADERS A C	F	55	55-59F	00:55:56	2
	293	CHRISTOPHER	HECHTER	TEMP	M	24	SM	00:55:56	0
1019	294	EMILE	BESSINGER	CHARLO A C	M	53	50-54M	00:55:56	1
525	295	WESSEL	EBERSOHN	RUN 4 CHRIST A C	M	36	35-39M	00:55:59	1
2172	296	BONGUMUSA	BUTHELEZI	TRANSNET A C EP	M	37	35-39M	00:56:00	1
2137	297	SIFISO	KHUMALO	TRANSNET A C EP	M	33	SM	00:56:00	1
1685	298	MARTIE	VAN SCHALKWYK	MADIBA BAY WARRIORS	F	61	60-64F	00:56:01	2
	299	WENDY	MCCALLUM	TEMP	F		40-49F	00:56:05	0
750	300	PIETER	ROUX	CRUSADERS A C	M	70	70-74M	00:56:11	2
616	301	RUAN	LUNDT	RUN 4 CHRIST A C	M	38	35-39M	00:56:12	1
1930	302	TIM	BRAY	BLUEWATER BAY	M	62	60-64M	00:56:17	1
1635	303	DORIS	GERBER	MADIBA BAY WARRIORS	F	55	55-59F	00:56:20	2
1681	304	DEAN	FINLAY	MADIBA BAY WARRIORS	M	59	55-59M	00:56:22	1
75	305	HESTER	DEKKER	SAP A C EP	F	54	50-54F	00:56:25	1
484	306	MARYKA	MEYER	RUN 4 CHRIST A C	F	30	SF	00:56:25	1
483	307	MARISA	MEYER	RUN 4 CHRIST A C	F	30	SF	00:56:26	1
1234	308	DEWALD	DEYSEL	ELITE A C	M	43	40-44M	00:56:27	1
984	309	BELINDA	BAIN	CHARLO A C	F	63	60-64F	00:56:27	2
1208	310	CHRISTINE	BIRD	ELITE A C	F	54	50-54F	00:56:30	1
535	311	GERT	HARMSE	RUN 4 CHRIST A C	M	59	55-59M	00:56:33	1
778	312	ELAINE	GLENDINNING	32GI EP A C	F	30	SF	00:56:37	1
866	313	MICHA	CRONJE	32GI EP A C	F	36	35-39F	00:56:38	1
468	314	PHILA	GCISA	CHILLIE R C EP	F	33	SF	00:56:40	1
426	315	NOSITA	NQWATA	CHILLIE R C EP	F	43	40-44F	00:56:44	1
1926	316	JOSE	DAVIS	BLUEWATER BAY	M	33	SM	00:56:47	1
	317	MOLOKO	MONYEMANGENE	TEMP	M	33	SM	00:56:48	0
684	318	AXOLA	PAKADE	ASPEN PHARMACARE AC	M	29	SM	00:56:50	1
1868	319	TUMELO	LEHASA	HOLLYWOOD BETS A C EP	M	38	35-39M	00:56:57	1
	320	NIKKI	DRYDEN	TEMP	F		50-59F	00:56:58	0
892	321	CHANTEL	HUYGEN	CHARLO A C	F	40	40-44F	00:56:58	1
1269	322	SIMON	LELAKA	VOLKSWAGEN A C	M	53	50-54M	00:56:58	1
570	323	JENNY	AH CHONG	RUN 4 CHRIST A C	F	58	55-59F	00:56:58	2
	324	DEENOLAN	MOODLEY	TEMP	M	29	SM	00:56:58	0
2660	325	ASANDA	SASANTI	TEAM VITALITY A C EP	F	37	35-39F	00:57:01	1
2285	326	LUVUYO	SIWUNDLA	VUKANI M S	M	46	45-49M	00:57:05	1
3060	327	MARILEE	SCHOLTZ	TEAM VITALITY A C EP	F	29	SF	00:57:10	1
	328	SIMON	SCHOLTZ	TEMP	M	30	SM	00:57:11	0
85	329	CHRIS	VAN RENSBURG	SAP A C EP	M	52	50-54M	00:57:22	1
1201	330	CATHY	ALLERS	ELITE A C	F	64	60-64F	00:57:26	2
840	331	BRONWIN	MEYER	32GI EP A C	F	53	50-54F	00:57:30	1
350	332	MARIUS	ROACH	MUIRITE STRIDERS	M	32	SM	00:57:31	1
926	333	TREVOR	VAN RENSBURG	CHARLO A C	M	73	70-74M	00:57:32	1

682	334	DIKELEDI	RAMOROKA	ASPEN PHARMACARE AC	F	42	40-44F	00:57:33	1
3216	335	GERHARD	MEIRING	CITY CHANGERS A C	M	45	45-49M	00:57:40	1
432	336	MVELELI	MBANDE	CHILLIE R C EP	M	39	35-39M	00:57:48	1
	337	APHIWE	TSHAMBULUKA	TEMP	M	37	35-39M	00:57:53	0
639	338	DHIRESH	VALLABH	ASPEN PHARMACARE AC	M	40	40-44M	00:57:53	1
662	339	ZENITA	DURRHEIM	ASPEN PHARMACARE AC	F	46	45-49F	00:57:54	1
2393	340	WILLEM	ZIETSMAN	JEFFREYS BAY A C	M	31	SM	00:58:01	1
77	341	LOUIS	SWIEGELAAR	SAP A C EP	M	59	55-59M	00:58:01	1
2431	342	CHRISTELLE	BLUME	JEFFREYS BAY A C	F	57	55-59F	00:58:01	1
409	343	VERONICA	SMITH	IKHAMVA A C	F	59	55-59F	00:58:07	1
563	344	LINDA	SILLS	RUN 4 CHRIST A C	F	44	40-44F	00:58:12	1
1284	345	DEAN	BOSMAN	VOLKSWAGEN A C	M	43	40-44M	00:58:13	1
2509	346	SELLO	KOTU	ABSA EP R C	M	32	SM	00:58:15	1
	347	LEBO	TSHAYINGWE	TEMP	M		SM	00:58:16	0
3226	348	BERNARD	BADENHORST	CITY CHANGERS A C	M	46	45-49M	00:58:18	1
827	349	TAMMY	SOUTHBY	32GI EP A C	F	51	50-54F	00:58:19	1
610	350	DELANO	BASSON	RUN 4 CHRIST A C	M	51	50-54M	00:58:23	1
3315	351	SHAHEED	ABRAHAMS	VOLKSWAGEN A C	M	44	40-44M	00:58:31	1
	352	UNKNOWN		TEMP	M		SM	00:58:31	0
996	353	PAULA	PEARCE	CHARLO A C	F	57	55-59F	00:58:32	1
	354	KUHLE	JOBELA	TEMP	M	31	SM	00:58:34	0
1429	355	RIKA	TERBLANCHE	NEDBANK R C EP	F	48	45-49F	00:58:34	1
504	356	JACQUES	LANGLEY	RUN 4 CHRIST A C	M	37	35-39M	00:58:34	1
932	357	KIM	SAULS	CHARLO A C	F	41	40-44F	00:58:36	1
1224	358	SHAUN	NEL	ELITE A C	M	50	50-54M	00:58:37	1
1264	359	LAVINIA	PIETERSE	VOLKSWAGEN A C	F	51	50-54F	00:58:38	1
956	360	NEELESH	BHANA	CHARLO A C	M	54	50-54M	00:58:38	1
	361	JACQUES	MINNIE	TEMP	M		SM	00:58:41	0
236	362	CYNTHIA	TOERIEN	KOWIE STRIDERS	F	61	60-64F	00:58:47	1
	363	ELIZE	MILLER	TEMP	F		40-49F	00:58:48	0
1955	364	DANIEL	PIETERSE	BLUEWATER BAY	M	63	60-64M	00:58:49	1
3230	365	JOHAN	REDELINGHUYS	CITY CHANGERS A C	M	80	80-84M	00:58:50	1
1693	366	WENDY	VENTER	MADIBA BAY WARRIORS	F	54	50-54F	00:58:51	1
2733	367	IVO	MEYER	BODY CONCEPT	M	51	50-54M	00:58:54	1
81	368	NOMANDLA	LUNGUZA	SAP A C EP	F	49	45-49F	00:58:55	1
3063	369	ROSEMARY	DE BRUIN	TEAM VITALITY A C EP	F	29	SF	00:58:56	1
	370	CARLA	PHILLIPS	TEMP	F	34	SF	00:58:56	0
	371	MICHELE	KOEN	TEMP	F		40-49F	00:59:03	0
934	372	JEAN	MEYER	CHARLO A C	M	46	45-49M	00:59:04	1
	373	EMMA	VAN BAALEN	TEMP	F		JF	00:59:05	0
935	374	BRENTON	SCHNETLER	CHARLO A C	M	51	50-54M	00:59:06	1
475	375	CHARL	GERBER	RUN 4 CHRIST A C	M	62	60-64M	00:59:07	1
746	376	JOHAN	BARNARD	CRUSADERS A C	M	70	70-74M	00:59:11	1
2090	377	WELLINGTON	TSHINGANE	SANDF A C EP	M	55	55-59M	00:59:15	1
50803	378	SIVIWE	MEVENI	REAL GIJIMAS	M	39	35-39M	00:59:19	0
906	379	TARYN	FERREIRA	CHARLO A C	F	44	40-44F	00:59:20	1
	380	YOLANDI	STRYDOM	TEMP	F	43	40-44F	00:59:21	0
997	381	U	QOKWENI	CHARLO A C	F	44	40-44F	00:59:24	1
1629	382	ARINDA	VAN DER LINDE	MADIBA BAY WARRIORS	F	36	35-39F	00:59:29	1
933	383	SANET	BEZUIDENHOUT	CHARLO A C	F	37	35-39F	00:59:38	1
128	384	DAWOOD	BABOO	MALABAR A C	M	38	35-39M	00:59:39	1
	385	CLAIRE	LA MUDE	TEMP	F	40	40-44F	00:59:40	0
116	386	LUQMAAN	ADAMS	MALABAR A C	M	54	50-54M	00:59:40	1
1565	387	BONITA	WEITSZ	DESPATCH A C	F	53	50-54F	00:59:42	1
	388	XOLISILE	NOMDATYA	TEMP	M	44	40-44M	00:59:43	0
1564	389	LEON	WEITSZ	DESPATCH A C	M	51	50-54M	00:59:43	1
	390	SINDILE	TYATYA	TEMP	M		40-49M	00:59:45	0
3235	391	MARITZA	HANEKOM	CITY CHANGERS A C	F	44	40-44F	00:59:47	1
	392	DIANA	MARAIS	TEMP	F	68	65-69F	00:59:48	0
	393	CLAUDIA	KRIEL	TEMP	F	40	40-44F	00:59:51	0
	394	ZINZAN	THORNE	TEMP	M		SM	00:59:53	0
	395	STEFAN	BRITS	TEMP	M		35-39M	00:59:54	0
1850	396	MVULELI	MALAHLA	HOLLYWOOD BETS A C EP	M	52	50-54M	01:00:02	1
	397	MICHELLE	MEYER	TEMP	F	45	45-49F	01:00:04	0
494	398	SHAFERON	JOHANNES	RUN 4 CHRIST A C	F	43	40-44F	01:00:05	1
492	399	NTOKOZO	NGUBANE	RUN 4 CHRIST A C	F	31	SF	01:00:08	1
	400	THEMBINKOSI	NTLABATI	TEMP	M	39	35-39M	01:00:15	0

2604	401	ABIGAIL	DAVY	MADIBAZ A C	F	24	SF	01:00:15	1
2636	402	PATRICK	SEKHABI	MADIBAZ A C	M	47	45-49M	01:00:16	1
913	403	SHARON	SMUTS	CHARLO A C	F	59	55-59F	01:00:23	1
2300	404	ANDILE	BOVUNGANA	VUKANI M S	M	59	55-59M	01:00:24	1
1627	405	NATASHA	SMITH	MADIBA BAY WARRIORS	F	39	35-39F	01:00:26	1
903	406	KESVAL	CHETTY	CHARLO A C	M	61	60-64M	01:00:31	1
1253	407	ANNELIE	VAN DER MERWE	ELITE A C	F	47	45-49F	01:00:32	1
339	408	ILSE	CLAASSENS	MUIRITE STRIDERS	F	26	SF	01:00:34	1
298	409	SANET	BOUCHER	MUIRITE STRIDERS	F	46	45-49F	01:00:34	1
1568	410	TALANA	WYATT-LOMBARD	DESPATCH A C	F	34	SF	01:00:36	1
	411	YONGAMA	MALETSHEZA	TEMP	M		35-39M	01:00:44	0
	412	MARK	HEADBUSH	ACHILLES AAA	M	81	80-84M	01:00:48	1
3008	413	THOZAMA	MANTLAKA	TEAM VITALITY A C EP	F	39	35-39F	01:00:54	1
	414	LUPHIWO	MDUZANA	TEMP	M	40	40-44M	01:00:56	0
	415	ANTHONY	MC DONALD	TEMP	M	31	SM	01:00:57	0
	416	EMILY	MAMILTON	TEMP	F		SF	01:00:57	0
	417	DAMION	STEAD	TEMP	M		SM	01:00:57	0
	418	BIANCA	ROBERTS	TEMP	F	37	35-39F	01:00:58	0
1407	419	BUKEKA	HELA	NEDBANK R C EP	F	53	50-54F	01:01:03	1
1603	420	RONNIE	JONKER	DESPATCH A C	M	56	55-59M	01:01:04	1
	421	DEBORAH	BUHAGIAR	TEMP	F	46	45-49F	01:01:05	0
	422	RODNEY	BUTTERS	TEMP	M	63	60-69M	01:01:10	0
893	423	MAGDA	BECKER	CHARLO A C	F	38	35-39F	01:01:15	1
341	424	DELME	REDCLIFFE	MUIRITE STRIDERS	M	42	40-44M	01:01:21	1
1115	425	PALESA	HEADBUSH	ACHILLES AAA	F	47	45-49F	01:01:29	1
1211	426	ELIZE	ADAMS	ELITE A C	F	51	50-54F	01:01:35	1
2008	427	TRACEY-LYNNE	HERMAN	WALMER A C	F	53	50-54F	01:01:36	1
	428	MARIETJIE	ROOTMAN	TEMP	F	56	55-59F	01:01:41	0
2283	429	ANDISWA	CINGO	VUKANI M S	F	40	40-44F	01:01:42	1
	430	ALUNGILE	MKOSI	TEMP	F	29	SF	01:01:43	0
12488	431	PATRICIA	PHAKA	TEAM VITALITY A C	F	42	40-44F	01:01:47	0
1229	432	NATASCIA	DE RIDDER	ELITE A C	F	47	45-49F	01:01:50	1
3034	433	ADELE	LE ROUX	TEAM VITALITY A C EP	F	49	45-49F	01:01:50	1
	434	SAGE-AMBER	HARDIMAN	TEMP	F		SF	01:01:52	0
	435	JULYAN	MUNNICK	TEMP	M		50-59M	01:02:06	0
769	436	MEGAN	ELS	CRUSADERS A C	F	41	40-44F	01:02:07	1
145	437	FADIELA	JOHNSON	MALABAR A C	F	61	60-64F	01:02:17	1
1286	438	SHANDRY	NAZER	VOLKSWAGEN A C	F	37	35-39F	01:02:19	1
2816	439	XHANTI	MANTSHIYO	ABSA EP R C	M	58	55-59M	01:02:39	1
738	440	SAM	DU TOIT	CRUSADERS A C	F	56	55-59F	01:02:43	1
947	441	GANIEF	DAVIDS	CHARLO A C	M	59	55-59M	01:02:44	1
3003	442	ADEL	VAN RENSBURG	TEAM VITALITY A C EP	F	47	45-49F	01:02:51	1
1011	443	CORNE	VOSLOO	CHARLO A C	M	46	45-49M	01:03:07	1
1617	444	CHARMAINE	BUTTON	MADIBA BAY WARRIORS	F	62	60-64F	01:03:07	1
943	445	LOGAMURTHIE	ATHIEMOOLAM	CHARLO A C	M	63	60-64M	01:03:08	1
447	446	SIPHESIHLE	NOMATYELI	CHILLIE R C EP	M	35	35-39M	01:03:13	1
1002	447	LEE	PAGE	CHARLO A C	F	42	40-44F	01:03:18	1
2712	448	SONETTE	WAGENAAR	KOWIE STRIDERS	F	55	55-59F	01:03:23	1
40080	449	MATTHEW	HECHTER	ELITE A C	M	15	JM	01:03:24	1
1252	450	AMANDA	HECHTER	ELITE A C	F	45	45-49F	01:03:28	1
	451	THEMBI	CAMAGU	TEMP	F	42	40-44F	01:03:28	0
	452	JOHAN	REDELINGHUYS	TEMP	M	50	50-54M	01:03:32	0
785	453	CHRISTOPHER	MARLIN	32GI EP A C	M	49	45-49M	01:03:39	1
725	454	WENDY	BULULU	CRUSADERS A C	F	42	40-44F	01:03:41	1
274	455	ELVIDA	KLUE	MUIRITE STRIDERS	F	57	55-59F	01:03:41	1
3100	456	CARMEN	PIETERSE	TEAM VITALITY A C EP	F	44	40-44F	01:03:45	1
	457	ANGELA	HOOLE	TEMP	F	47	45-49F	01:03:46	0
575	458	JACKIE	ELOFF	RUN 4 CHRIST A C	F	53	50-54F	01:03:50	1
477	459	Ryan	Kemp	RUN 4 CHRIST A C	M	25	SM	01:03:57	1
463	460	KYM	MANDIZVIDZA	CHILLIE R C EP	F	34	SF	01:04:00	1
1007	461	SHARON	GRIESEL	CHARLO A C	F	54	50-54F	01:04:03	1
1271	462	LEZELL	HARRIS	VOLKSWAGEN A C	F	52	50-54F	01:04:03	1
1006	463	DION	GRIESEL	CHARLO A C	M	58	55-59M	01:04:04	1
886	464	CELEST	JOYCE	CHARLO A C	F	57	55-59F	01:04:04	1
	465	MARTIN	TSHABANGU	TEMP	M		40-49M	01:04:10	0
1280	466	CHRISTOPHER	BRUINTJIES	VOLKSWAGEN A C	M	53	50-54M	01:04:12	1
3202	467	CHRISTIAAN	LEMLEY	SAP A C EP	M	20	SM	01:04:12	1

2394	468	JHANINEN	BOSHOF	JEFFREYS BAY A C	F	59	55-59F	01:04:19	1
438	469	MPUMELELO	SEBANYONI	CHILLIE R C EP	M	36	35-39M	01:04:22	1
2236	470	SANDILE	ZIKHWE	SIBALEKA NANI A C	M	38	35-39M	01:04:22	1
507	471	JOHAN	FERREIRA	RUN 4 CHRIST A C	M	64	60-64M	01:04:24	1
1996	472	CARMIA	SMUTS	WALMER A C	F	30	SF	01:04:24	1
1670	473	BUSISIWE	LESORO	MADIBA BAY WARRIORS	F	54	50-54F	01:04:25	1
	474	ANEL	MC DONALD	TEMP	F		SF	01:04:30	0
	475	MICHAEL	MUTANGADURA	TEMP	M		50-59M	01:04:42	0
1658	476	ARISTA	GRIGOR	MADIBA BAY WARRIORS	F	47	45-49F	01:04:44	1
	477	JUSTIN	DE BEER	TEMP	M		40-49M	01:04:51	0
334	478	MADELEINE	OTTO	MUIRITE STRIDERS	F	65	65-69F	01:04:54	1
1995	479	LYNETTE	SMUTS	WALMER A C	F	59	55-59F	01:05:00	1
	480	UNKNOWN		TEMP	M		SM	01:05:03	0
1737	481	LYNDLE	NAIDOO	GELVAN A C	F	34	SF	01:05:08	1
2135	482	SINDY	MOYAKHE	TRANSNET A C EP	F	39	35-39F	01:05:12	1
2872	483	JOHN	APPELS	ST ALBANS A C	M	51	50-54M	01:05:13	1
	484	ROSE	LOLO	TEMP	F	31	SF	01:05:14	0
	485	CHANTAL	KILIAN	TEMP	F	51	50-54F	01:05:15	0
1608	486	LUZANNE	SCHOEMAN	DESPATCH A C	F	36	35-39F	01:05:19	1
	487	MARYKE	GERBER	TEMP	F		35-39F	01:05:24	0
1582	488	MARINET	VAN TONDER	DESPATCH A C	F	47	45-49F	01:05:24	1
	489	GENEE	PHILLIPS	TEMP	F		SF	01:05:24	0
1555	490	LYDIA	POTGIETER	DESPATCH A C	F	51	50-54F	01:05:25	1
2504	491	WAYNE	MAC GEAR	MADIBAZ A C	M	62	60-64M	01:05:25	1
	492	CHERYL	HENDRICKS	TEMP	F		60-69F	01:05:28	0
2802	493	FUNDISWA	ANTONY-NOGAGA	ABSA EP R C	F	53	50-54F	01:05:29	1
1309	494	GERALD	PIETERSEN	VOLKSWAGEN A C	M	45	45-49M	01:05:29	1
508	495	SIYANDA	NGCELWANA	RUN 4 CHRIST A C	F	28	SF	01:05:32	1
1758	496	BRAMWELL	FLEURS	GELVAN A C	M	47	45-49M	01:05:37	1
918	497	FIONA	MAGNUS	CHARLO A C	F	53	50-54F	01:05:43	1
	498	RONALD	COLEMAN	TEMP	M	57	55-59M	01:05:45	0
748	499	MELINDA	ROIG	CRUSADERS A C	F	56	55-59F	01:05:47	1
2465	500	OZELLE	WIEHAHN	RUN 4 CHRIST A C	F	52	50-54F	01:05:49	1
3068	501	NTOMBIZINE	MTANDA	TEAM VITALITY A C EP	F	49	45-49F	01:05:55	1
	502	CLIVE	HOFART	TEMP	M	42	40-44M	01:05:58	0
268	503	ZANDER	DU PLESSIS	MUIRITE STRIDERS	M	20	SM	01:05:59	1
1030	504	DOROTHY	MALULEKA	CHARLO A C	F	48	45-49F	01:06:01	1
	505	UNKNOWN		TEMP	M		SM	01:06:03	0
1935	506	XENOPHON	FERREIRA	BLUEWATER BAY	M	64	60-64M	01:06:06	1
3025	507	CHESLIN	PLAATJIES	TEAM VITALITY A C EP	M	40	40-44M	01:06:07	1
	508	MATTHEW	WOMACK	TEMP	M		35-39M	01:06:07	0
	509	ROZELLE	VON MOLENDORFF	TEMP	F		60-69F	01:06:08	0
	510	MAWETHU	SIDLAYI	TEMP	M	32	SM	01:06:13	0
40081	511	MERISKA	BOUWER	ELITE A C	F	18	JF	01:06:15	1
2202	512	VUYISEKA	MHLAHO	SIBALEKA NANI A C	F	44	40-44F	01:06:15	1
1248	513	JADEN	DE RIDDER	ELITE A C	M	20	SM	01:06:15	1
	514	LEIGH	RUDMAN	TEMP	F		40-49F	01:06:18	0
	515	GODFREY	KATHAN	TEMP	M	51	50-54M	01:06:20	0
818	516	LEANNE	KRIEK	32GI EP A C	F	38	35-39F	01:06:23	1
	517	MHLELI	TSHAMASE	TEMP	M		60-69M	01:06:23	0
3038	518	MELISSA	SWANEPOEL	TEAM VITALITY A C EP	F	37	35-39F	01:06:25	1
1945	519	JANINE	GRAY	BLUEWATER BAY	F	48	45-49F	01:06:27	1
3223	520	CHRISTO	STEYN	CITY CHANGERS A C	M	57	55-59M	01:06:28	1
	521	GIDION	VAN DER MERWE	TEMP	M	60	60-64M	01:06:29	0
	522	ELRIC	VAN VUUREN	TEMP	M	40	40-44M	01:06:30	0
1579	523	JACOBUS	BEKKER	DESPATCH A C	M	49	45-49M	01:06:32	1
3071	524	GRACE	MPETE	TEAM VITALITY A C EP	F	44	40-44F	01:06:32	1
15	525	EMMERENCHIA	SLABBERT	P.E.A.A.C.	F	53	50-54F	01:06:35	1
	526	SHAWN	VAN EYK	TEMP	M	58	55-59M	01:06:36	0
	527	CHRISTINE	LEE	TEMP	F	32	SF	01:06:37	0
	528	CHARNEL	NEL	TEMP	F		SF	01:06:38	0
491	529	YOLANDE	ARCHER	RUN 4 CHRIST A C	F	47	45-49F	01:06:38	1
328	530	MADRE	WELMANS	MUIRITE STRIDERS	F	57	55-59F	01:06:39	1
302	531	LUCINDA	GERBER	MUIRITE STRIDERS	F	50	50-54F	01:06:40	1
751	532	NICK	MULLINS	CRUSADERS A C	M	69	65-69M	01:06:42	1
	533	ROCHELLE	ONIEL	TEMP	F	26	SF	01:06:46	0
3047	534	NONKE	DOYI	TEAM VITALITY A C EP	M	42	40-44M	01:06:46	1

	535	KIRCHUAL	SAULS	TEMP	M	40-49M	01:06:46	0
1624	536	ESTELLE	DE KLERK	MADIBA BAY WARRIORS	F	59 55-59F	01:06:53	1
1920	537	NOZIBELE	MBETHA	BLUEWATER BAY	F	51 50-54F	01:07:01	1
	538	JENNIFER	BUCHLER	TEMP	F	64 60-64F	01:07:01	0
119	539	GALEEMA	LILLAH	MALABAR A C	F	32 SF	01:07:03	1
2489	540	NOLUBABALO	MTSHAKAZI	KOMANI RUNNERS	F	46 45-49F	01:07:06	0
618	541	PETRA	PIENAAR	RUN 4 CHRIST A C	F	61 60-64F	01:07:07	1
2217	542	ASANDA	MSARO	SIBALEKA NANI A C	F	40 40-44F	01:07:09	1
544	543	JACKIE	DU TOIT	RUN 4 CHRIST A C	F	53 50-54F	01:07:12	1
536	544	ELIZMA	HARMSE	RUN 4 CHRIST A C	F	65 65-69F	01:07:17	1
3010	545	ODWA	SONQISHE	TEAM VITALITY A C EP	F	36 35-39F	01:07:27	1
	546	ISABELLE	TALJAARD	TEMP	F	28 SF	01:07:29	0
	547	ANNE	VAN DER MERWE	TEMP	F	SF	01:07:30	0
917	548	VICKY	TSOUKNIDAS	CHARLO A C	F	48 45-49F	01:07:33	1
	549	ONKE	SOTYATO	TEMP	M	SM	01:07:45	0
2150	550	KHANGELANI	HALOM	TRANSNET A C EP	M	44 40-44M	01:07:50	1
2158	551	ZIMASA	SANI	TRANSNET A C EP	F	38 35-39F	01:07:51	1
2239	552	TEMLAKAZI	SALAYI	SIBALEKA NANI A C	F	28 SF	01:08:01	1
927	553	ANTON	VAN WYK	CHARLO A C	M	58 55-59M	01:08:02	1
1274	554	GAYLE	SAAYMAN	VOLKSWAGEN A C	F	37 35-39F	01:08:03	1
	555	CHRISTINE	VREY	TEMP	F	53 50-54F	01:08:03	0
562	556	JUDY	NIENABER	RUN 4 CHRIST A C	F	66 65-69F	01:08:05	1
2877	557	RIAAAN	SMALBERGER	ST ALBANS A C	M	71 70-74M	01:08:06	1
1287	558	MICHELLE	HARDY-BERRINGTON	VOLKSWAGEN A C	F	40 40-44F	01:08:09	1
1318	559	TRACEY	ADAMS	VOLKSWAGEN A C	F	42 40-44F	01:08:10	1
1310	560	PHUMLA	SIBALI	VOLKSWAGEN A C	F	46 45-49F	01:08:15	1
	561	MARILYN	FRASER	TEMP	F	50-59F	01:08:15	0
588	562	RENIER	LIEBENBERG	RUN 4 CHRIST A C	M	43 40-44M	01:08:15	1
	563	TERCIA	MARTIN	TEMP	F	40-49F	01:08:16	0
	564	LISA	RANDALL	TEMP	F	45 45-49F	01:08:26	0
	565	MICHELLE	BLOM	TEMP	F	48 45-49F	01:08:26	0
923	566	EVA	CHETTY	CHARLO A C	F	57 55-59F	01:08:27	1
	567	LAILAA	MAN LEE	TEMP	F	33 SF	01:08:28	0
194	568	SIPHOKAZI	MDODANA	SAP A C EP	F	44 40-44F	01:08:29	1
	569	ANDISA	MQHATU	TEMP	F	40-49F	01:08:38	0
18863	570	TEMBA	PEZISA	CORREC SERV A C CG	M	59 55-59M	01:08:39	0
823	571	ROXY	PATERSON	32GI EP A C	F	34 SF	01:08:40	1
	572	CHANTEL	VAN NIEKERK	TEMP	F	34 SF	01:08:40	0
2092	573	ZAFIKA	NYONGO	SANDF A C EP	F	45 45-49F	01:08:41	1
459	574	NCUMISA	MBANDE	CHILLIE R C EP	F	37 35-39F	01:08:41	1
	575	CRAIG	GLEAVES	TEMP	M	50-59M	01:08:49	0
1631	576	AMANDA	BLIGNAULT	MADIBA BAY WARRIORS	F	66 65-69F	01:08:56	1
47	577	ANDREW	MOSES	SAP A C EP	M	52 50-54M	01:09:04	1
	578	ANE	STRAUSS	TEMP	F	33 SF	01:09:05	0
48	579	COLLEEN	MOSES	SAP A C EP	F	50 50-54F	01:09:05	1
1207	580	CHARL	GRIESSEL	ELITE A C	M	62 60-64M	01:09:08	1
	581	SHAKUR	GROOTBOOM	TEMP	M	25 SM	01:09:13	0
1031	582	KAYLA	ABBOTT	CHARLO A C	F	25 SF	01:09:13	1
	583	MICHELLE	YORK	TEMP	F	40-49F	01:09:13	0
	584	BRIAN	MAGWACA	TEMP	M	42 40-44M	01:09:13	0
2600	585	WENDY	CAMERON	MADIBAZ A C	F	48 45-49F	01:09:13	1
	586	VERNON	YORK	TEMP	M	50-59M	01:09:14	0
583	587	CHRISTELLE	SLABBERT	RUN 4 CHRIST A C	F	54 50-54F	01:09:16	1
590	588	LIANI	KEMP	RUN 4 CHRIST A C	F	26 SF	01:09:17	1
1706	589	BRUCE	SMITH	MADIBA BAY WARRIORS	M	50 50-54M	01:09:19	1
	590	SANDY	JOOSTE	TEMP	F	60-69F	01:09:19	0
	591	NADIA	HOSKIN	TEMP	F	40-49F	01:09:20	0
143	592	ZAHEERA	NANABHAY	MALABAR A C	F	44 40-44F	01:09:24	1
	593	MAWANDE	NGCELWANE	TEMP	M	25 SM	01:09:36	0
	594	LUNGA	MINYAYO	TEMP	M	41 40-44M	01:09:37	0
	595	UNKNOWN		TEMP	M	SM	01:09:37	0
850	596	PAIGE	LEE	32GI EP A C	F	59 55-59F	01:09:47	1
	597	BIANCA	LEONARD	32GI EP A C	F	36 35-39F	01:09:49	1
	598	SUSAN	VAN NIEKERK	TEMP	F	59 55-59F	01:09:50	0
133	599	NOKUTHULA	MGUDLWA	CHEETAHS A C	F	41 40-44F	01:09:55	0
2163	600	FUNGIWE	NTULI	TRANSNET A C EP	F	39 35-39F	01:09:56	1
3122	601	DAVID	CHENGWE	VOLKSWAGEN A C	M	48 45-49M	01:09:58	1

	602	ELINE	BOA-AMPONSEM	TEMP	F	30	SF	01:10:02	0
20	603	SIMORE	SLABBERT	P.E.A.A.C.	F	31	SF	01:10:08	1
	604	KHAYA	SKEPU	TEMP	M		50-59M	01:10:12	0
292	605	CHANTELL	VAN BAALen	MUIRite STRIDERS	F	49	45-49F	01:10:13	1
	606	BIANCA	WELGEMOED	TEMP	F		40-49F	01:10:14	0
2582	607	EMIHLE	KWATSHA	MADIBAZ A C	F	21	SF	01:10:24	1
	608	LINDOKUHLE	NSELE	TEMP	F		SF	01:10:24	0
1828	609	ASHLEY	MATEO	HOLLYWOOD BETS A C EP	F	38	35-39F	01:10:31	1
1934	610	SANDRA	LEIBBRANDT	BLUEWATER BAY	F	60	60-64F	01:10:32	1
	611	JENN	SEADY	TEMP	F	53	50-54F	01:10:33	0
	612	MZOMHLE	KIZA	TEMP	M		SM	01:10:33	0
953	613	PHUMELELA	NTUNGWA	CHARLO A C	F	39	35-39F	01:10:41	1
	614	FERDI	VILJOEN	TEMP	M	60	60-64M	01:10:41	0
	615	EMMALIZE	STRYDOM	TEMP	F		40-49F	01:10:41	0
	616	EVAN	RANDALL	TEMP	M	17	JM	01:10:42	0
	617	WERNER	STRYDOM	TEMP	M		35-39M	01:10:42	0
	618	AMY	BUHAGIAR	TEMP	F	17	JF	01:10:43	0
	619	BONITA	MOORE	TEMP	F	56	55-59F	01:10:50	0
	620	NOLWAZI	BILA	TEMP	F	26	SF	01:10:53	0
199	621	PHUMELA	SIGODI	ST ALBANS A C	F	41	40-44F	01:10:53	1
2224	622	ANDISWA	SALAYI	SIBALEKA NANI A C	F	27	SF	01:10:58	1
2881	623	XOLANI	LOTTERING	ST ALBANS A C	M	43	40-44M	01:11:08	1
980	624	PETRUS	KOOPMAN	CHARLO A C	M	65	65-69M	01:11:14	1
2201	625	NOCawe	MDAZUKA	SIBALEKA NANI A C	F	42	40-44F	01:11:14	1
1956	626	SONJA	OLIVIER	BLUEWATER BAY	F	58	55-59F	01:11:15	1
2004	627	KAREN	VAN DEVENTER	WALMER A C	F	37	35-39F	01:11:17	1
	628	SHARON	HERMAANS	TEMP	F	48	45-49F	01:11:18	0
40001	629	ZANTE	DEKKER	SAP A C EP	F	18	JF	01:11:20	1
1535	630	CLAUDEAN	VAN GREUNEN	DESPATCH A C	F	44	40-44F	01:11:23	1
3026	631	ZAKIYYA	LAHER	TEAM VITALITY A C EP	F	41	40-44F	01:11:23	1
1761	632	JASON	LE ROUX	GELVAN A C	M	30	SM	01:11:27	1
3009	633	ROSE	CLARK	TEAM VITALITY A C EP	F	60	60-64F	01:11:35	1
	634	MEGAN	MINNE	TEMP	F	33	SF	01:11:37	0
	635	LEONE	SMIT	TEMP	F		35-39F	01:11:38	0
	636	MINENTLE	RADEBE	ESKOM A C BORDER	F	36	35-39F	01:11:40	0
	637	AYANDA	BOTILE	TEMP	M	39	35-39M	01:11:46	0
1004	638	SUNET	HARRIS	CHARLO A C	F	52	50-54F	01:11:49	1
1003	639	ERIKA	FOREMAN	CHARLO A C	F	55	55-59F	01:11:50	1
349	640	CHANEL	TIRAN-DORFLING	MUIRite STRIDERS	F	31	SF	01:11:52	1
645	641	KHULISO	NEPHALAMA	ASPEN PHARMACARE AC	M	35	35-39M	01:11:54	1
260	642	MEGAN	BLOM	MUIRite STRIDERS	F	32	SF	01:11:59	1
1182	643	ARLENE	HELBERG	ELITE A C	F	62	60-64F	01:12:02	1
	644	LIZELLE	OOSTHUIZEN	TEMP	F	48	45-49F	01:12:05	0
3064	645	ANNEKE	SMITH	TEAM VITALITY A C EP	F	45	45-49M	01:12:05	1
2676	646	BANDILE	GWAMANDA	TEAM VITALITY A C EP	M	56	55-59M	01:12:06	1
	647	SIMTANDILE	ZICI	TEMP	F	33	SF	01:12:08	0
246	648	BELINDA	VAN DER BANK	MUIRite STRIDERS	F	57	55-59F	01:12:09	1
2537	649	ASIPHE	NDOTO	MADIBAZ A C	F	29	SF	01:12:19	1
1634	650	TANIA	TRUTER	MADIBA BAY WARRIORS	F	53	50-54F	01:12:28	1
2301	651	ALIZWA	BOVUNGANA	VUKANI M S	M	25	SM	01:12:29	1
566	652	JANINE	VILJOEN	RUN 4 CHRIST A C	F	55	55-59F	01:12:29	1
1932	653	THABO	HEADBUSH	BLUEWATER BAY	M	55	55-59M	01:12:31	1
1256	654	NAOMI	BAKKER	VOLKSWAGEN A C	F	48	45-49F	01:12:32	1
1257	655	STEPHANIE	SCHEEPERS	VOLKSWAGEN A C	F	29	SF	01:12:33	1
772	656	SUNIL	GAJJAR	CRUSADERS A C	M	60	60-64M	01:12:37	1
	657	LIYABONA	MQHATU	TEMP	M		SM	01:12:44	0
720	658	PIA	VAN DEN HOEK	CRUSADERS A C	F	41	40-44F	01:12:53	1
	659	FIEROZA	DANIELS	TEMP	F	53	50-54F	01:12:56	0
1316	660	OKUHLE	BANA	VOLKSWAGEN A C	F	38	35-39F	01:12:57	1
2272	661	MSUTUKAZI	NDIMBA	VUKANI M S	F	46	45-49F	01:13:00	1
2136	662	DAVID	FORTEIN	SAP A C EP	M	60	60-64M	01:13:01	1
	663	THUTHUZELA	MAPOMA	TEMP	F	31	SF	01:13:01	0
	664	KHAYELIHLE	ZULU	TEMP	M		35-39M	01:13:02	0
478	665	NOMAZIBUKO	STOUT	RUN 4 CHRIST A C	F	43	40-44F	01:13:02	1
2323	666	NOMLINDO	MAKUBALO	VUKANI M S	F	51	50-54F	01:13:18	1
	667	YOLANDA	NOMATHOLE	TEMP	F		35-39F	01:13:18	0
	668	ANNELINE	POTGIETER	TEMP	F		50-59F	01:13:18	0

	669	SANDY	BUTTERS	TEMP	F	60	60-64F	01:13:20	0
770	670	WINSLOW	BOUWER	CRUSADERS A C	M	41	40-44M	01:13:23	1
	671	THERESA	NCUBE	TEMP	F	35	35-39F	01:13:35	0
294	672	KARMEL	PAGE	MUIRITE STRIDERS	F	35	35-39F	01:13:37	1
276	673	CHRISTIAAN	GERBER	MUIRITE STRIDERS	M	50	50-54M	01:13:37	1
	674	SUENE	ALBERTS	TEMP	F		SF	01:13:51	0
	675	COLIN	STEPHEN	TEMP	M	38	35-39M	01:13:51	0
3023	676	MOSALE	TLAKA	TEAM VITALITY A C EP	F	28	SF	01:14:03	1
1936	677	MARKUS	KUNNEKE	BLUEWATER BAY	M	56	55-59M	01:14:10	1
971	678	DEIDRE	GERBER	CHARLO A C	F	54	50-54F	01:14:11	1
1168	679	INEZ	SLATER	EMERIS A C	F	41	40-44F	01:14:12	1
1690	680	GERTRUIDA	STRYDOM	MADIBA BAY WARRIORS	F	44	40-44F	01:14:14	1
40067	681	STEFANI	LAMBRECHTS	DESPATCH A C	F	15	JF	01:14:23	1
1553	682	MINIQUE	VAN TONDER	DESPATCH A C	F	19	SF	01:14:32	1
1548	683	TYLO	GERBER	DESPATCH A C	F	20	SF	01:14:33	1
2138	684	ANGELA	NTANGA	TRANSNET A C EP	F	30	SF	01:14:37	1
2132	685	SINDILE	NOGQALA	TRANSNET A C EP	M	50	50-54M	01:14:37	1
2143	686	EZILE	MDIKWA	TRANSNET A C EP	F	28	SF	01:14:37	1
1829	687	THEMBEKILE	SITHEBE	HOLLYWOOD BETS A C EP	F	38	35-39F	01:14:41	1
50874	688	SANELISIWE	FUNANI	MTHATHA A C	M	42	40-44M	01:14:49	0
1924	689	SHELAINÉ	BARENDSE-SCHOLTZ	BLUEWATER BAY	F	40	40-44F	01:14:52	1
207	690	PUMLA	JANGE	ST ALBANS A C	F	50	50-54F	01:14:52	1
2212	691	ZIMKITHA	DAYI SIBANGELA	SIBALEKA NANI A C	F	40	40-44F	01:14:55	1
1204	692	YOLANDA	DEYSEL	ELITE A C	F	50	50-54F	01:14:55	1
53	693	SIKHUTHALI	DUBASE	SAP A C EP	M	43	40-44M	01:15:05	1
	694	LIFA	HATTO	TEMP	M	33	SM	01:15:05	0
3217	695	YVETTE	TERBLANCE	CITY CHANGERS A C	F	43	40-44F	01:15:07	1
694	696	HANLIE-ANN	JUNIUS	TEMP	F	54	50-54F	01:15:10	0
600	697	ANDRE	PIENAAR	RUN 4 CHRIST A C	M	63	60-64M	01:15:19	1
596	698	NICOLETTE	POTGIETER	RUN 4 CHRIST A C	F	51	50-54F	01:15:25	1
488	699	CHERYL	CUPIDO	RUN 4 CHRIST A C	F	56	55-59F	01:15:26	1
1641	700	DEBBIE	HILTON	MADIBA BAY WARRIORS	F	53	50-54F	01:15:47	1
	701	THERESA	CLEGG	TEMP	F		60-69F	01:15:48	0
1649	702	SYMANTHA-ANNE	GREYLING	MADIBA BAY WARRIORS	F	51	50-54F	01:15:54	1
234	703	MARIETJIE	ROBB	KOWIE STRIDERS	F	69	65-69F	01:15:58	1
3271	704	NOLITHA	TSHENTU	CHEETAH A C EP	F	46	45-49F	01:16:01	1
	705	LORRAINE	MOTSWENYANE	TEAM VITALITY A C EP	F	40	40-44F	01:16:06	1
2556	706	SANDISWA	MASWANA	MADIBAZ A C	F	45	45-49F	01:16:08	1
	707	SILNIWE	JAKO	TEMP	M	28	SM	01:16:12	0
	708	SIYAPHLUMA	NKONE	TEMP	F	17	JF	01:16:13	0
666	709	RIANA	BOSHOF	ASPEN PHARMACARE AC	F	42	40-44F	01:16:14	1
	710	NOXOLO	NKONE	TEMP	F	32	SF	01:16:16	0
968	711	DENISE	DARLOW	CHARLO A C	F	57	55-59F	01:16:17	1
969	712	GARY	KELLEHER	CHARLO A C	M	68	65-69M	01:16:17	1
	713	GOLDENE	KOUTSOUDIS	TEMP	F		40-49F	01:16:18	0
	714	KOENA	HEADBUSH	TEMP	M	47	45-49M	01:16:18	0
	715	URSULA	BARNARD	TEMP	F	54	50-54F	01:16:20	0
2539	716	PRISCAH	LAKANE	MADIBAZ A C	F	29	SF	01:16:22	1
	717	ZUKO	MQHATU	TEMP	M		40-49M	01:16:40	0
	718	SILIZWE	JOKO	TEMP	M		SM	01:16:41	0
	719	GAIL	AGNEW	TEMP	F	51	50-54F	01:16:43	0
489	720	PRISCILLA	LAZARO	RUN 4 CHRIST A C	F	61	60-64F	01:16:46	1
	721	SISA	ZAZA	TEMP	M	32	SM	01:16:50	0
2222	722	NOMBULELO	NDZUZO	SIBALEKA NANI A C	F	45	45-49F	01:17:09	1
1600	723	YVETTE	JONKER	DESPATCH A C	F	53	50-54F	01:17:11	1
320	724	REMO	MATHOBELA	VOLKSWAGEN A C	F	31	SF	01:17:13	1
1466	725	AT	SCHOEMAN	NEDBANK R C EP	M	69	65-69M	01:17:15	1
	726	ZAID	DOLLEY	TEMP	M		50-59M	01:17:23	0
974	727	CLAIRE	TUSTIN-PARKER	CHARLO A C	F	48	45-49F	01:17:24	1
	728	VOLENTI	MEYER	NEDBANK R C EP	F	48	45-49F	01:17:25	1
2151	729	NOLITHA	DLUNGANA	TRANSNET A C EP	F	36	35-39F	01:17:29	1
1013	730	ANTIONETTE	LEVER	CHARLO A C	F	31	SF	01:17:36	1
2573	731	ALGENE	KOEBERG	MADIBAZ A C	F	43	40-44F	01:17:49	1
2199	732	PHILISA	MANIMANI	SIBALEKA NANI A C	F	32	SF	01:17:55	1
	733	SHANAAZ	FRITZ	TEMP	F		40-49F	01:17:56	0
1375	734	BARRY	NELSON	NEDBANK R C EP	M	74	70-74M	01:17:59	1
2893	735	BONGINKOSI	NTSILI	ST ALBANS A C	M	35	35-39M	01:18:08	1

	736	DEIDRE	VAN EYK	TEMP	F	56	55-59F	01:18:12	0
	737	QUINTON	SNYMAN	TEMP	M		40-49M	01:18:15	0
1217	738	MAGGIE	MULLER	ELITE A C	F	70	70-74F	01:18:16	1
1233	739	KATLEGO	KGAJE	ELITE A C	F	31	SF	01:18:23	1
	740	BIANCA	BRINK	TEMP	F		SF	01:18:35	0
2806	741	NOLUBABALO	SOHABA	ABSA EP R C	F	36	35-39F	01:18:48	1
	742	NANGAMSO	NABE	TEMP	F	37	35-39F	01:18:49	0
2522	743	VUYO	BONGELA	MADIBAZ A C	F	47	45-49F	01:18:52	1
2003	744	HELMUT	TERBLANS	WALMER A C	M	60	60-64M	01:19:01	1
591	745	ERICA	ERASMUS	RUN 4 CHRIST A C	F	56	55-59F	01:19:11	1
1746	746	ARDEN	GROOTBOOM	GELVAN A C	F	44	40-44F	01:19:13	1
967	747	MIKE	BURGER	CHARLO A C	M	66	65-69M	01:19:25	1
2196	748	SELBY	THABETHE	SIBALEKA NANI A C	M	52	50-54M	01:19:25	1
	749	GLYNNE	LLOYD	CRUSADERS A C	M	67	65-69M	01:19:28	1
	750	CHANTEL	WAGNER	TEMP	F		40-49F	01:19:36	0
683	751	ABONGILE	HINTSA	ASPEN PHARMACARE AC	F	28	SF	01:19:37	1
	752	ESETHU	TSHOMELA	TEMP	F	26	SF	01:19:40	0
	753	ZIMASA	MALETSHEZA	TEMP	F	32	SF	01:19:58	0
1601	754	ANIZE	GERBER	DESPATCH A C	F	52	50-54F	01:20:04	1
	755	MICHELLE	O'HALLORAN	TEMP	F	51	50-54F	01:20:11	0
1390	756	VUYISEKA	MAKALIMA	NEDBANK R C EP	F	41	40-44F	01:20:12	1
1231	757	HELENE	OPPEL	ELITE A C	F	76	75-79F	01:20:19	1
1015	758	RUTH	SCHNETLER	CHARLO A C	F	21	SF	01:20:27	1
2181	759	BIANCA	RADEMEYER	INFINITY A C	F	26	SF	01:20:38	1
2601	760	ROCHELLE	THORNE	MADIBAZ A C	F	56	55-59F	01:20:49	1
	761	ROXANNE	THORNE	TEMP	F		SF	01:20:49	0
2873	762	SIYASANGA	DLAKU	ST ALBANS A C	F	39	35-39F	01:20:58	1
1646	763	MONYA	ACKERMAN	MADIBA BAY WARRIORS	F	26	SF	01:21:27	1
1931	764	NOSIPO	DONDASHE	BLUEWATER BAY	F	52	50-54F	01:21:45	1
3044	765	SANDRA	MUTANGADURA	TEAM VITALITY A C EP	F	49	45-49M	01:21:56	1
1999	766	JO-ANNE	MUIR	WALMER A C	F	56	55-59F	01:22:31	1
2000	767	SHARON	POTGIETER	WALMER A C	F	61	60-64F	01:22:34	1
	768	NTSOAKI	LIBAZISO	TEMP	F		40-49F	01:22:46	0
	769	SIPHOKAZI	TOTO	TEMP	F	33	SF	01:23:14	0
241	770	DIANNE	HARTZENBERG	MUIRITE STRIDERS	F	67	65-69F	01:23:26	1
1312	771	SINETHEMBA	BABI	VOLKSWAGEN A C	F		35-39F	01:23:47	1
	772	NELA	TSENGWA	TEMP	F	30	SF	01:23:50	0
	773	SAMUEL	CHAMBOKO	TEMP	M		40-49M	01:24:04	0
2903	774	MATHABO	DICK	ST ALBANS A C	F	56	55-59F	01:24:04	1
3311	775	LANCE	LABERCENSIE	VOLKSWAGEN A C	M	52	50-54M	01:24:05	1
	776	MARTIN	JEMPE	TEMP	M		SM	01:24:05	0
2268	777	THOBEKA	MABUSELA	VUKANI M S	F	64	60-64F	01:24:11	1
2799	778	PORTIA	NQAYI	ABSA EP R C	F	38	35-39F	01:24:36	1
	779	UNKNOWN		TEMP	M		SM	01:24:40	0
	780	LUNGISWA	DONDI	TEMP	F		40-49F	01:24:42	0
2232	781	AVUYONKE	KLAAS	SIBALEKA NANI A C	F	37	35-39F	01:24:48	1
680	782	SOTHINI	MKOSANA	ASPEN PHARMACARE AC	F	31	SF	01:25:02	1
	783	JENNIFER	SCHUTTE	TEMP	F	39	35-39F	01:25:02	0
	784	RAMASELA	KGANYAGO	TEMP	F		35-39F	01:25:03	0
T	785	LAYOLA	NDZAMBO	TEMP	F	33	SF	01:25:04	0
1012	786	CINDY	VOSLOO	CHARLO A C	F	43	40-44F	01:25:07	1
983	787	PETER	POHLMANN	CHARLO A C	M	62	60-64M	01:25:07	1
2290	788	CWAYITA	MAPEKULA	VUKANI M S	F	42	40-44F	01:25:20	1
	789	ZEPPLIN	ADAMS	TEMP	M	29	SM	01:25:21	0
910	790	RAE	LUCKMAN	CHARLO A C	F	55	55-59F	01:25:23	1
987	791	SHANTE	WRIGHT	CHARLO A C	F	26	SF	01:25:23	1
	792	AMANDA	YOUNG	TEMP	F	50	50-54F	01:25:38	0
	793	PAULIEN	LOUW	TEMP	F	53	50-54F	01:25:48	0
712	794	NDILEKA	THOMPSON	CRUSADERS A C	F	48	45-49F	01:25:49	1
767	795	GILLIAN	MCAINSH	CRUSADERS A C	F	66	65-69F	01:25:50	1
2884	796	YAMKELA	NOMVETE	ST ALBANS A C	F	31	SF	01:25:50	1
617	797	YOLANDI	VAN TONDER	RUN 4 CHRIST A C	F	49	45-49F	01:26:12	1
3229	798	DEONE	JANSEN VAN RENSBURG	CITY CHANGERS A C	F	43	40-44F	01:26:19	1
1016	799	JOSHUA	SCHNETLER	CHARLO A C	M	22	SM	01:26:25	1
3211	800	NTOMBEBHONGO	TSOTSA	MUIRITE STRIDERS	F	26	SF	01:26:28	1
348	801	CHARNE	PIETERSEN	MUIRITE STRIDERS	F	33	SF	01:26:34	1
527	802	KAMOHELO	MOTA	RUN 4 CHRIST A C	F	32	SF	01:26:37	1

	803 KOLIWE	KAHLA	TEMP	F	55	55-59F	01:26:42	0
1189	804 MYRNA	VAN EYK	ELITE A C	F	47	45-49F	01:26:58	1
1720	805 NOLEEN	NORRIS	GELVAN A C	F	68	65-69F	01:26:59	1
40068	806 RUBEN	FERREIRA	ELITE A C	M	18	JM	01:27:08	1
70	807 BIANCA	SWARTS	SAP A C EP	F	22	SF	01:27:16	1
580	808 MARIA	MAHWEHWE	RUN 4 CHRIST A C	F	52	50-54F	01:27:43	1
	809 NTYATYAMBO	MAFU	TEMP	F		40-49F	01:27:49	0
	810 ZIMKITA	MATIWANA	TEMP	F	36	35-39F	01:27:58	0
722	811 BERNADETTE	LOOCK	CHARLO A C	F	46	45-49F	01:28:02	1
	812 MUMINA	DANIELLS	TEMP	F	27	SF	01:28:05	0
1343	813 BERENICE	SMITH	NEDBANK R C EP	F	61	60-64F	01:28:11	1
	814 SIBULELE	NCAPAI	TEMP	F		35-39F	01:28:32	0
586	815 LISA	BEDFORD	RUN 4 CHRIST A C	F	51	50-54F	01:28:37	1
604	816 SIMONE	DEYSEL	RUN 4 CHRIST A C	F	34	SF	01:29:23	1
608	817 PENNY	OLWAGE	RUN 4 CHRIST A C	F	52	50-54F	01:29:24	1
	818 SESETHU	MTOTYWA	TEMP	F	30	SF	01:29:29	0
2809	819 SIMANGELE	SKOSANA	ABSA EP R C	F	45	45-49F	01:29:30	1
	820 FRANCOIS	TIMOTHEUS	TEMP	M	48	45-49M	01:29:45	0
743	821 MARY-LOU	EMSLIE	CRUSADERS A C	F	62	60-64F	01:29:53	1
2179	822 WITNESS	CHAUKE	TRANSNET A C EP	F	35	35-39F	01:29:58	1
	823 PHUMEZA	LANGA	TEMP	F	38	35-39F	01:30:07	0
2899	824 NOMAKULA	MANOTI	ST ALBANS A C	F	55	55-59F	01:30:35	1
1471	825 SHIRLEEN	CLARKE	NEDBANK R C EP	F	63	60-64F	01:30:41	1
	826 MERYLL	VAN DER MERWE	TEMP	F	61	60-64F	01:30:50	0
	827 TUMEKA	XENTSA	TEMP	F	43	40-44F	01:30:58	0
942	828 EDITH	MAC GEAR	CHARLO A C	F	58	55-59F	01:30:58	1
939	829 DINA	SCHUTTE	CHARLO A C	F	60	60-64F	01:31:04	1
2907	830 PHUMELELA	TSHONA	ST ALBANS A C	F	42	40-44F	01:31:20	1
1305	831 NDULELA	CANCA	VOLKSWAGEN A C	F	44	40-44F	01:31:48	1
3351	832 DELANIE	NAUDE	VOLKSWAGEN A C	F	51	50-54F	01:31:49	1
2531	833 FUNDISWA	KULA	MADIBAZ A C	F	46	45-49F	01:32:15	1
	834 ASITHANDILE	BEN-MAZWI	TEMP	F	43	40-44F	01:33:03	0
	835 LUYANDA	SHUSHU	TEMP	F		40-49F	01:33:11	0
	836 SIPHELO	DICK	TEMP	M	27	SM	01:33:18	0
	837 WAM	MQONQO	TEMP	F		SF	01:33:19	0
2123	838 SIMON	STRIMLING	ATLANTIC ACES	M	64	60-64M	01:33:48	1
2154	839 AMANDA	ALIVA	TRANSNET A C EP	F	39	35-39F	01:33:52	1
2131	840 PUMEZA	HASHE	TRANSNET A C EP	F	44	40-44F	01:33:52	1
1766	841 GODFREY	KARIEM	GELVAN A C	M	85	85-89M	01:34:39	1
	842 RAYMOND	ROESSTORFF	TEMP	M		40-49M	01:34:47	0
889	843 PETER	NORRIS	TEMP	M		40-49M	01:34:48	0
	844 NAMAWABO	MSIZI	TEMP	F	64	60-64F	01:35:09	0
	845 MSIMELELO	MDASHE	TEMP	M		40-49M	01:35:11	0
	846 KAREN	PETERS	TEMP	F		35-39F	01:35:29	0
	847 NOMBULELO	MTYUPU	TEMP	F	51	50-54F	01:35:52	0
	848 MVUYISI	MPOMPOSHE	TEMP	M	36	35-39M	01:37:45	0
936	849 MARGOT	SCHNETLER	CHARLO A C	F	48	45-49F	01:38:14	1
	850 YOLANDA	GQOLI	TEMP	F	27	SF	01:39:32	0
304	851 FOZA	MARTIN	MUIRITE STRIDERS	F	65	65-69F	01:42:11	1
248	852 URITIAH	MYBURGH	MUIRITE STRIDERS	F	49	45-49F	01:42:12	1
	853 PHILISWA	MAKI	TEMP	F	34	SF	01:44:09	0
	854 CAYLEIGH	JACOBS	TEMP	F		SF	01:54:42	0
1154	H01 GIFT	CHIGOMARAWA	ACHILLES AAA	M	38	35-39M	0.32.12	5
1138	H02 MXOLELENI	TABATA	ACHILLES AAA	M	22	SM	0.33.52	5
663	H03 SIYAVUYA	JEYI	ACHILLES AAA	M	20	SM	0.35.23	5
	H04 SIHLE	SOFUTE	ACHILLES AAA	M	29	SM	0.39.33	3
1137	H05 MUTEKILE	RASMENI	ACHILLES AAA	M	61	60-64M	0.40.57	5
1105	H06 MARK	FRASER	ACHILLES AAA	M	32	SM	0.42.05	2
1064	H07 GRAHAM	ESHMADE	ACHILLES AAA	M	48	45-49M	0.42.38	3
1293	H08 THEMBINKOSI	STOKWE	VOLKSWAGEN A C	M	47	45-49M	0.42.51	3
1077	H09 MASIXOLE	NTOMBANA	ACHILLES AAA	M	37	35-39M	0.43.28	2
1081	H10 SONWABO	NYANGIWE	ACHILLES AAA	M	58	55-59M	0.47.10	3
1113	H11 ROGER	TRADER	ACHILLES AAA	M	72	70-74M	0.48.26	5
1061	H12 DEWALD	STEENKAMP	ACHILLES AAA	M	40	40-44M	0.48.29	2
3307	H13 ANDILE	POSWA	VOLKSWAGEN A C	M	47	45-49M	0.49.02	2
1072	H14 KYLA	MAARTENS	ACHILLES AAA	F	22	SF	0.50.01	2
1062	H15 NICHOLAS	CHAPMAN	ACHILLES AAA	M	53	50-54M	0.50.04	2

1075	H16 GAVIN	SCHONKNECHT	ACHILLES AAA	M	58	55-59M	0.51.24	2
1268	H17 BILLY	KITAS	VOLKSWAGEN A C	M	51	50-54M	0.53.19	1
1131	H18 CHRISTIAAN	MARAIS	ACHILLES AAA	M	42	40-44M	0.54.53	1
1139	H19 RONALD	REEVES	ACHILLES AAA	M	45	45-49M	0.56.01	1
1135	H20 DUONETTE	HOROWITZ	ACHILLES AAA	F	41	40-44F	0.56.01	1
1247	H21 LISLE	MATTHEWS	ELITE A C	F	51	50-54F	0.56.04	1
1291	H22 ASHENDA	MAKONIE	VOLKSWAGEN A C	F	50	50-54F	0.57.01	1
1124	H23 LIZ	PRINS	ACHILLES AAA	F	56	55-59F	0.57.41	1
1203	H24 ANNEMIE	DU TOIT	ELITE A C	F	41	40-44F	0.57.41	1
1088	H25 PERCY	DALTON	ACHILLES AAA	M	77	75-79M	0.58.30	1
1125	H26 BRENDON	DRYDEN	ACHILLES AAA	M	57	55-59M	0.59.07	1
1063	H27 CRYSTAL	VAN HEERDEN	ACHILLES AAA	F	31	SF	1.01.28	1
529	H28 ANDRE	FOURIE	RUN 4 CHRIST A C	M	78	75-79M	1.03.57	1
1325	H29 SHANNON	THEOBALD	NEDBANK R C EP	F	50	50-54F	1.04.04	1
2257	H30 SUE	LEWIS	ACHILLES AAA	F	61	60-64F	1.05.12	1
1119	H31 TREMAINE	WESSON	ACHILLES AAA	M	65	65-69M	1.05.36	1
1102	H32 KEN	BARWOOD	ACHILLES AAA	M	70	70-74M	1.05.36	1
775	H33 RAKGWADI	MORITI	CRUSADERS A C	M	36	35-39M	1.07.51	1
1143	H34 THERESA	LILLIS	ACHILLES AAA	F	69	65-69F	1.08.42	1
1108	H35 COMINE	GIERZ	ACHILLES AAA	F	60	60-64F	1.09.17	1
1097	H36 CINDY	FERREY	ACHILLES AAA	F	59	55-59F	1.09.17	1
1103	H37 LIZ	AUSTIN	ACHILLES AAA	F	67	65-69F	1.12.14	1
1104	H38 CATHY	IVES	ACHILLES AAA	F	72	70-74F	1.12.14	1
100	H39 LYNETTE	CRAUSE	INFINITY A C	F	65	65-69F	1.13.09	1
1239	H40 YOLANDE	KNOETZE	ELITE A C	F	58	55-59F	1.18.25	1
1250	H41 PETER	VAN RENSBURG	ELITE A C	M	67	65-69M	1.18.25	1
1185	H42 SUSAN	BEZUIDENHOUT	ELITE A C	F	68	65-69F	1.24.03	1
1100	H43 JODI	MALAN	ACHILLES AAA	F	40	40-44F	1.24.47	1
528	H44 HELEN	FOURIE	RUN 4 CHRIST A C	F	56	55-59F	1.24.59	1
1417	H45 GENEVIEVE	LAYCOCK	NEDBANK R C EP	F	56	55-59F	1.24.59	1
1117	H46 GRAHAM	NELL	ACHILLES AAA	M	74	70-74M	1.25.44	1