

LAKE FARM 10KM - 2026/03/07

FEMALE AGE GROUP: JUNIOR

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	CARLA	CLOTZ	1023	19	Junior	SCHOOL	F	00:53:32

FEMALE AGE GROUP: OPEN

1	NTOMBESINTU	MFUNZI	1436	44	40-49	NEDBANK	F	00:45:37
2	HESTER	KINGWILL	1421	45	40-49	32GI	F	00:49:56
3	JAIME	ALCOCK	1002	23	Open	MADIBA	F	00:50:01

MALE AGE GROUP: OPEN

1	MXOLELENI	TABATA	1157	23	Open	ACH	M	00:34:44
2	SIYAVUYA	JEYI	1075	20	Open	ACH	M	00:36:04
3	GEORGE	NTSHILIZA	1120	46	40-49	ACH	M	00:36:14

FEMALE AGE GROUP: 40-49

1	NTOMBESINTU	MFUNZI	1436	44	40-49	NEDBANK	F	00:45:37
2	HESTER	KINGWILL	1421	45	40-49	32GI	F	00:49:56
3	TENIELLE	DE ANDRADE	1030	40	40-49	VITALITY	F	00:56:26

MALE AGE GROUP: 40-49

1	GEORGE	NTSHILIZA	1120	46	40-49	ACH	M	00:36:14
2	MILA	PASIYA	1441	46	40-49	NEDBANK	M	00:38:09
3	ALISTAIR	KINGWILL	1420	48	40-49	32GI	M	00:39:58

FEMALE AGE GROUP: 50-59

1	DOLLY	NDUDE	1349	53	50-59	HOLLYWOO	F	00:52:12
2	BRONWIN	MEYER	1383	53	50-59	32GI	F	01:01:31
3	SAM	DU TOIT	1428	56	50-59	CRUSADE	F	01:05:38

MALE AGE GROUP: 50-59

1	LUVUYO	DYANI	1442	55	50-59	NEDBANK	M	00:42:55
2	CHARLES	CORBY	1299	55	50-59	CHARLO	M	00:51:15
3	DENZIL	KOOPMAN	1449	55	50-59	INFINITY	M	00:52:24

FEMALE AGE GROUP: 60-69

1	JANETTE	SCHIERZ-CRUSIUS	1339	65	60-69	BODYCON	F	00:54:51
2	MARTIE	VAN SCHALKWYK	1430	61	60-69	MADIBA	F	01:01:30
3	BELINDA	BAIN	1292	63	60-69	CHARLO	F	01:03:49

MALE AGE GROUP: 60-69

1	PLAAITJIE	DAMONS	1289	62	60-69	VWAC	M	00:49:22
2	ALAN	TAYLOR	1338	68	60-69	ACH	M	00:49:45
3	CHESTER	BROOKS	1448	68	60-69	XCEL	M	00:53:08

MALE AGE GROUP: 70-79

1	PERCY	DALTON	1028	77	70-79	ACH	M	00:59:20
2	PIETER	ROUX	1140	71	70-79	CRUSADE	M	00:59:56
3	TREVOR	VAN RENSBURG	1328	73	70-79	CHARLO	M	01:02:13

FEMALE AGE GROUP: 70-79

1	CATHY	IVES	1337	72	70-79	ACH	F	01:11:13
2	TINA	DERBYSHIRE	1432	71	70-79	SAPPE	F	01:15:37
3	JOSSIE	LABUSCAGNE	1084	70	70-79	JBAY	F	01:17:07