

NMB HALF MARATHON INCORPORATING ASA CHAMPIONSHIPS - GQEERHA - 2026/06/27

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
1	2	ROGERS	MUREI	KENYA	M	SM	24	1.01.52	0	0
2	55	MATWEBU	NGCONDE	KZNA	M	SM	26	1.01.57	0	0
3	9	NOSE	CWENGA	KZNA	M	SM	25	1.02.17	0	0
4	10	REGHEN	MAGWAI	HOLLY	M	SM	34	1.02.30	0	0
5	51	PONTSHO	MOTAUNG	KZNA	M	SM	22	1.02.33	0	0
6	4	TSEPO	RAMASHAMOLE	TEMP	M	SM	33	1.02.52	0	0
7	3	DANIEL	PAULUS	NAMIBIA	M	SM	29	1.02.54	0	0
8	6	STEPHEN	MOKOKA	HOLLY	M	40-44M	41	1.03.12	0	0
9	35	KGOSITHEBE	SEMAUSHU	ANWN	M	SM	23	1.03.13	0	0
10	5	MELIKHAYA	FRANS	IKHAMVA / EPA	M	35-39M	36	1.03.19	5	25
11	43	BENNET	SELOYI	CGA	M	SM	25	1.03.24	0	0
12	31	TEBOGO	SEGALAGALA	AGN	M	SM	33	1.03.26	0	0
13	15	DAGNACHEW	ADERE MARU	ETHIOPIA	M	SM	30	1.03.28	0	0
14	53	LUNGLO	KHUMALO	KZNA	M	SM	29	1.03.33	0	0
15	12	SIMON	MATHIAS	NAMIBIA	M	SM	25	1.03.53	0	0
16	8	BONGELANI	MKHWANAZI	KZNA	M	SM	29	1.04.17	0	0
17	14	THABANG	SEKONYELA	LESOTHO	M	SM	22	1.04.27	0	0
18	58	GIVEN	MAKGOBA	LIMA	M	SM	25	1.04.32	0	0
19	41	AWETHU	NTSOTHO	BOLA	M	SM	28	1.04.33	0	0
20	36	MOHAU	RASOGO	ANWN	M	SM	26	1.04.42	0	0
21	54	SAMUEL	MOLOI	KZNA	M	SM	33	1.04.45	0	0
22	39	TSHEPO	GAVU	AVT	M	SM	24	1.04.56	0	0
23	45	SINAWO	POTI	IKHAMVA / EPA	M	SM	24	1.05.13	5	24
24	52	TUMELO	MOJA	KZNA	M	SM	28	1.05.15	0	0
25	84	ABEDNICO	MASHABA	AMPU	M	35-39M	35	1.05.24	0	0
26	7	SIMON	SIBEKO	ACNW	M	SM	31	1.05.27	0	0
27	83	THABANG	MASIHLEHO	AFS	M	35-39M	36	1.05.27	0	0
28	44	PAPO	LESETJA	CGA	M	SM	32	1.05.29	0	0
29	50	NAKE	NTSEBENZO	KZNA	M	SM	34	1.05.31	0	0
30	23	IAN	SLINGER	ACNW	M	SM	30	1.05.44	0	0
31	26	SIYABONGA	XOWANA	AGN	M	SM	22	1.05.51	0	0
32	1	THABANG	MATHEBULA	HOLLY	M	35-39M	35	1.05.51	0	0
33	34	SIBONGINKOSI	MASEKO	AMPU	M	SM	27	1.06.07	0	0
34	87	MOOROSI BOY	SOKE	AFS	M	40-44M	43	1.06.10	0	0
35	40	DEON-LEE	HENDRICKS	BOLA	M	SM	28	1.06.13	0	0
36	46	ANDILE	MOTWANA	NEDBANK / EPA	M	SM	29	1.06.55	5	23
37	85	MOTHOPHI	MALATJI	LIMA	M	35-39M	35	1.06.56	0	0
38	60	MAPHARAPHARA	MOGOLANA	LIMA	M	SM	33	1.07.00	0	0
39	65	REMAKETSE	LEKAKA	LIMA	M	SM	27	1.07.06	0	0
40	30	TSHIAMO	LEPHOTO	AGN	M	SM	24	1.07.16	0	0
41	24	DINO	NAKO	ACNW	M	SM	21	1.07.24	0	0
42	33	PRINCE	NDLOVU	AMPU	M	SM	32	1.07.30	0	0
43	62	PASEKA	MOSEHLA	LIMA	M	SM	24	1.07.52	0	0
44	61	ALEX	APHANE	LIMA	M	SM	21	1.07.53	0	0
45	379	KGAUGELO	RASOGO	IMPALA	M	SM	26	1.08.02	0	0
46	64	RITSHIDZE	MAKHAVHU	LIMA	M	SM	31	1.08.07	0	0
47	66	MOSA	THUKETANA	LIMA	M	SM	22	1.08.41	0	0
48	94	ANDILE	NGQWANGI	BORA	M	40-44M	41	1.09.18	0	0
49	48	SIBAHLE	MAQWARA	NEDBANK / EPA	M	SM	24	1.09.23	5	22

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
50	47	SICELO	MASHABA	CHILLIE / EPA	M	SM	25	1.09.28	5	21
51	27	KOKETSO	LEKAKA	AGN	M	SM	23	1.09.49	0	0
52	22	DIVAN	DE VRIES	ACNW	M	SM	20	1.09.52	0	0
53	196	SIPHIWE	MQAYISA	AGW	M	SM	23	1.09.53	0	0
54	108	DUANE	FORTUIN	WPA	M	40-44M	41	1.09.55	0	0
55	70	LEON	STOLTZ	AGN	M	JM	18	1.10.09	0	0
56	97	ANDRE	KETCHEM	NEDBANK / EPA	M	40-44M	42	1.10.13	5	20
57	96	KHAYA	GQWETHA	VUKANI / EPA	M	40-44M	41	1.10.20	5	19
58	28	KATLEGO	TSALE	AGN	M	SM	27	1.10.22	0	0
59	93	XOLILE	NDABENI	BORA	M	45-49M	46	1.10.41	0	0
60	86	TUMELO	MOKAOTSI	WPA	M	35-39M	38	1.10.48	0	0
61	110	LUSINDISO	MBULI	WPA	M	45-49M	48	1.10.50	0	0
62	57	KOBO	MAKWENA	LIMA	M	SM	23	1.10.53	0	0
63	99	MZWANELE	MLATSHA	IKHAMVA / EPA	M	45-49M	49	1.11.04	5	18
64	102	MICHAEL	ZUMA	KZNA	M	40-44M	44	1.11.04	0	0
65	117	SIMON	MPHOLO	CGA	M	50-54M	52	1.11.13	0	0
66	67	FHATUWANI	MUSHIANA	LIMA	M	SM	31	1.11.16	0	0
67	100	XOLISA	NDLUMBINI	TRANSNET / EPA	M	40-44M	44	1.11.17	5	17
68	398	RYNO	OWEN	JBAY	M	SM	25	1.11.28	5	16
69	21	TUMISANG	MONNATLALA	ACNW	M	SM	31	1.11.31	0	0
70	101	LUYANDA	TSHANGANA	IKHAMVA / EPA	M	40-44M	43	1.12.05	5	15
71	382	HONEST	MATHE	WATER	M	SM	27	1.12.09	0	0
72	76	AGCOBILE	JEZILE	ACHILLES / EPA	M	JM	17	1.12.12	5	14
73	364	ZOLANI	MABONGO	NEDBANK	M	35-39M	39	1.12.32	5	13
74	329	OFENTSE	MODUKANELE	HOLLY	M	SM	29	1.12.33	0	0
75	335	GEORGE	NTSHILIZA	ACH	M	45-49M	46	1.12.34	5	12
76	151	LAVINIA	HAITOPE	NAMIBIA	F	35-39F	36	1.12.36	0	0
77	155	CACISILE	SOSIBO	CGA	F	SF	28	1.12.38	0	0
78	42	NKULULEKO	LEKHOEHLA	BORA	M	SM	25	1.12.42	0	0
79	105	RONNY	MABOTJA	LIMA	M	45-49M	48	1.12.46	0	0
80	125	HERBERT	MOKGALA	LIMA	M	50-54M	51	1.12.52	0	0
81	88	DOCTOR	MATHOLE	AGN	M	40-44M	44	1.13.03	0	0
82	116	JAMES	MGCINA	CGA	M	50-54M	50	1.13.04	0	0
83	81	KERATILWE	LEGONG	LIMA	M	JM	17	1.13.11	0	0
84	111	SIYABONGA	SAKWE	WPA	M	40-44M	44	1.13.18	0	0
85	75	NOMBI	RATSEFOA	ANWN	M	JM	18	1.13.28	0	0
86	459	GUSTAV	GELDENHUYS	TEMP	M	SM	28	1.13.31	0	0
87	89	ERNEST	NGOETJANA	AGN	M	40-44M	40	1.13.34	0	0
88	150	BIZE BEYIRA	NEGASA	ETHIOPIA	F	SF	27	1.13.42	0	0
89	115	SIYABULELA	MADLAVANA	BORA	M	50-54M	51	1.13.45	0	0
90	540	KYLE	WHITE	ACH	M	SM	23	1.14.20	5	11
91	78	AVENATHI	ANTONI	SIBALEKA / EPA	M	JM	19	1.14.34	5	10
92	332	JONAS	MAKHELE	ENTSIKA	M	40-44M	44	1.14.35	0	0
93	328	THABISO	MOSEKILI	ACTOM	M	35-39M	38	1.14.36	0	0
94	385	NYASHA	MUKANDI	CRUSADE	M	SM	34	1.14.40	5	9
95	534	BRADLEY	BIRKHOLTZ	EASYEQ	M	45-49M	45	1.14.42	0	0
96	211	OBAKENG	RIET	AGW	M	40-44M	42	1.14.43	0	0
97	711	JENIEL	ZANA	RUN4C	M	SM	31	1.14.55	5	8
98	103	ALBERT	NTSOANE	LIMA	M	40-44M	44	1.15.00	0	0
99	386	ANELE	KHALIPA	MUIRITE	M	35-39M	37	1.15.16	5	7

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
100	153	KARABO	MAILULA	AGN	F	SF	24	1.15.16	0	0
101	59	ITUMELENG	MAHLO	LIMA	M	SM	27	1.15.52	0	0
102	95	NKOSINATHI	NZINGO	BORA	M	40-44M	44	1.16.02	0	0
103	79	SIHLE	DZANIBE	KZNA	M	JM	18	1.16.08	0	0
104	496	MILA	ZIBI	HOLLY	M	SM	24	1.16.13	0	0
105	140	DESMOND	ZIBI	IKHAMVA / EPA	M	60-64M	62	1.16.38	5	6
106	80	SBONISO	CHILIZA	KZNA	M	JM	18	1.16.45	0	0
107	512	CALVIN	HAMMOND	PINE	M	SM	27	1.17.00	0	0
108	168	SAMANTHA	COETZER	CGA	F	SF	29	1.17.02	0	0
109	63	EMMANUEL	RAMOHLALE	LIMA	M	SM	31	1.17.15	0	0
110	71	NEO	MONTSHO	AGN	M	JM	17	1.17.22	0	0
111	152	BUSISIWE	CHAMANE	KZNA	F	SF	32	1.17.28	0	0
112	114	PATRICK	MAKASI	BORA	M	50-54M	52	1.17.32	0	0
113	72	KENEILWE	MABOANE	AGN	M	JM	18	1.17.46	0	0
114	1224	APHELELE	DIKO	TEMP	M	SM	30	1.17.49	0	0
115	113	THABO	MASHIGO	AVT	M	50-54M	52	1.17.53	0	0
116	1867	CLIVE	KASERERA	TEMP	M	JM	17	1.18.02	0	0
117	92	BULELANI	MGUBO	BORA	M	40-44M	43	1.18.03	0	0
118	213	KABELO	KAITSHEKA	AGW	M	50-54M	50	1.18.07	0	0
119	434	SAZISO	PANGINDAWO	ABSAEP	M	40-44M	44	1.18.15	5	5
120	29	RANTSO	MOKOPANE	AGN	M	SM	31	1.18.34	0	0
121	539	VUYISILE	NDUMISO	MERCEDES	M	SM	30	1.18.34	0	0
122	82	MOJAPELO	MUHAMMED	LIMA	M	JM	18	1.18.38	0	0
123	169	BATHOBILE	MKHIZE	KZNA	F	SF	29	1.18.49	0	0
124	98	THULANI	MDLADLO	NEDBANK / EPA	M	40-44M	41	1.19.08	5	4
125	334	ENDINAKO	JOLA	MOTHER	M	JM	17	1.19.08	4	3
126	425	LEBOHANG	SENTI	IKHAMVA	M	35-39M	39	1.19.11	5	2
127	120	XOLILE	NDINGANE	NEDBANK / EPA	M	50-54M	54	1.19.27	5	1
128	311	MILA	PASIYA	NEDBANK	M	45-49M	46	1.19.28	5	0
129	160	HANLIE	BOTHA	BORA	F	45-49F	47	1.19.35	0	0
130	212	CLIVE	MOLIFI	AGW	M	45-49M	49	1.19.35	0	0
131	123	MNDENI	ZULU	KZNA	M	50-54M	50	1.19.41	0	0
132	154	VIOLET	MOGANO	AGN	F	SF	25	1.19.45	0	0
133	520	MATTHEW	WOLFE	MATIES	M	SM	20	1.19.47	0	0
134	164	NOMVULA	SITHOLE	AMPU	F	SF	27	1.19.57	0	0
135	1577	SIPHUNGU	THOKO	ALBANY	M	35-39M	36	1.19.58	5	0
136	376	REUBEN	STANDER	IKHAMVA	M	SM	23	1.20.08	4	0
137	112	PHILIMON	MANYAKA	AGN	M	50-54M	53	1.20.21	0	0
138	156	BANELE	MABIZELA	KZNA	F	SF	27	1.20.22	0	0
139	340	SIPHESIHLE	SUFUTE	ACH	M	SM	29	1.20.33	4	0
140	339	MFUNEKO	MAQUKWANA	LUSIKI	M	SM	30	1.20.47	0	0
141	336	PATRIDGE	CHIMWENDO	ACH	M	SM	23	1.20.50	4	0
142	1964	TIM	HAYWARD	TEMP	M	SM	26	1.20.52	0	0
143	209	JANDRI	SNYDERS	ASWD	F	SF	22	1.20.53	0	0
144	658	CARLIN	LEHMAN	SCHOOL	M	JM	17	1.21.01	4	0
145	163	BONOLO	MAKHUBELA	AGN	F	SF	24	1.21.24	0	0
146	126	SELLO	MONAMA	LIMA	M	50-54M	52	1.21.24	0	0
147	165	KARIN-MARI	DOTZE	AVT	F	SF	31	1.21.31	0	0
148	451	LLEWELLYN	BARNARD	TEMP	M	35-39M	36	1.21.47	0	0
149	1704	SIYANDA	PETER	CSEP	M	35-39M	37	1.21.54	4	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
150	312	ANELE	MALIZA	NEDBANK	M	45-49M	48	1.21.56	5	0
151	107	SIVUYILE	NOXHAKA	SAPD	M	45-49M	46	1.21.57	0	0
152	56	TUWANI	MULAUDZI	LIMA	M	SM	23	1.21.58	0	0
153	337	YUSUF	ARENDSE	ACH	M	40-44M	41	1.22.00	5	0
154	181	ESTE	VAN TONDER	AFS	F	40-44F	40	1.22.05	0	0
155	374	SINETHEMBA	MIRELE	NEDBANK	M	SM	29	1.22.12	4	0
156	159	REFELOE	SOLOMONS	NEDBANK / EPA	F	45-49F	45	1.22.12	5	25
157	121	SANDISO	NGXISHE	CHILLIE / EPA	M	55-59M	56	1.22.13	5	0
158	122	ERROL	WHITTAL	ELITE / EPA	M	50-54M	51	1.22.31	5	0
159	157	LEIGH	CALLAGHAN	ACHILLES / EPA	F	SF	31	1.22.47	5	24
160	397	CHRISTOPHE	BERNARDIE	NEDBOR	M	55-59M	58	1.22.53	0	0
161	184	CARYN	LATEGAN	BORA	F	40-44F	44	1.22.53	0	0
162	222	MEGAN	DEMPSTER	RRR	F	35-39F	38	1.23.07	0	0
163	183	ROSE	JIJANE	AVT	F	45-49F	45	1.23.20	0	0
164	74	MOABI	MOTAUNG	AGN	M	JM	18	1.23.33	0	0
165	399	REECE	FREEMAN	NWUPUK	M	JM	18	1.23.45	0	0
166	133	MAKHAYA	MASUMPA	BORA	M	60-64M	60	1.23.47	0	0
167	1226	SINETHEMBA	NGXONI	BESTMED	M	SM	29	1.23.48	3	0
168	468	VALENTINO	VERWEY	TEMP	M	SM	23	1.23.53	0	0
169	132	DAWID	ANDREWS	BOLA	M	60-64M	60	1.24.06	0	0
170	124	JACOB	MAMABOLO	LIMA	M	50-54M	52	1.24.16	0	0
171	330	KATLEHO	ELIA	ACCEL	M	SM	20	1.24.18	0	0
172	73	JAMES	CHAPMAN	AGN	M	JM	17	1.24.19	0	0
173	343	GUGU	BUDAZA	CHILLIEP	M	SM	25	1.24.20	3	0
174	1998	MONWABISI	KEPE	NEDBANK	M	40-44M	42	1.24.21	4	0
175	49	ABBIE	MITCHELL	BESTMED / EPA	F	SF	19	1.24.21	5	22
176	1597	SAPHO	NKATA	HOLLYWOO	M	45-49M	49	1.24.25	5	0
177	453	EMILE	BOOYENS	TEMP	M	SM	27	1.24.36	0	0
178	170	MALUTA	SEDZANI	LIMA	F	SF	26	1.24.43	0	0
179	597	ODWA	SIDZIYA	TEMP	M	40-44M	40	1.24.57	0	0
180	161	KATELYN	STEENKAMP	ACNW	F	SF	19	1.24.58	0	0
181	351	GAVIN	THORNE	NEDBANK	M	40-44M	44	1.25.02	4	0
182	158	KELLY	VAN VLIET	NEDBANK / EPA	F	35-39F	38	1.25.04	5	21
183	421	REEGAN	MEYER	CHARLO	M	SM	19	1.25.29	3	0
184	357	JEAN-PIERRE	ROUX	DESPATCH	M	35-39M	39	1.25.42	3	0
185	1382	LULAMA	TSEWU	TEMP	M	SM	29	1.25.47	0	0
186	141	BHEKIZIZWE	BHENGU	KZNA	M	60-64M	60	1.26.10	0	0
187	471	NKOSIKHONA	MAMBULU	TEMP	M	SM	25	1.26.32	0	0
188	384	NIKKI	WALTER	KNYSNA	F	35-39F	37	1.26.32	0	0
189	148	MARLON	MORTLOCK	ASWD	M	50-54M	52	1.26.37	0	0
190	166	LAUREN	KRUGER	AVT	F	SF	34	1.26.39	0	0
191	188	SALOME	COOPER	CGA	F	50-54F	50	1.26.42	0	0
192	167	WILLEMEN	LOTTER	AVT	F	SF	19	1.26.43	0	0
193	528	TAFADZWA	MVUNDURA	NEDBANK	M	35-39M	39	1.26.56	3	0
194	1996	LIKHONA	GCORA	TEMP	M	SM	19	1.27.07	0	0
195	484	LESLEY	KOESEBA	NEDBANK	M	50-54M	53	1.27.09	5	0
196	389	DANIEL	RICHTER	TUKS	M	JM	18	1.27.15	0	0
197	1225	ELI	PRITCHARD	TEMP	M	JM	17	1.27.18	0	0
198	469	JAN	NEL	TEMP	M	SM	34	1.27.22	0	0
199	134	MZOLI	MPALALA	BORA	M	60-64M	64	1.27.26	0	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
200	407	STANTON	FREEMAN	ACT AC	M	45-49M	48	1.27.40	5	0
201	437	SANELE	SAM	CSEP	M	SM	33	1.27.52	3	0
202	494	TONDERAI	MUSARURWA	ALBANY	M	40-44M	40	1.27.53	3	0
203	333	KOBUS	JOUBERT	JBAY	M	50-54M	51	1.27.57	5	0
204	366	CHARLES	SEGALO	CHARLO	M	35-39M	39	1.28.05	3	0
205	182	TARYN	SNYMAN	AGN	F	45-49F	47	1.28.08	0	0
206	1917	CHRISTOFF	SNYMAN	CHARLO	M	SM	32	1.28.15	3	0
207	185	BIANCA	MEISTRE	32GIEP / EPA	F	40-44F	40	1.28.18	5	20
208	143	JAEHNE	PETER	WPA	M	60-64M	61	1.28.20	0	0
209	498	SONWABILE	ZOKOZA	HOLLYWOO	M	40-44M	44	1.28.36	3	0
210	465	COLBY	DUFFIN	TEMP	M	SM	24	1.28.39	0	0
211	852	NKOSANA	BUKANI	VUKANI	M	40-44M	44	1.28.50	3	0
212	1840	DALE	MOULTON	ACH	M	45-49M	46	1.28.51	4	0
213	406	AUGUST	ESAU	NEDBANK	M	55-59M	55	1.28.53	5	0
214	119	LUVUYO	DYANI	NEDBANK / EPA	M	55-59M	56	1.28.54	5	0
215	1829	MZAMO	VILI	HOLLYWOO	M	SM	20	1.29.02	3	0
216	450	ZAMILE	XANTI	KOWIE	M	50-54M	52	1.29.06	5	0
217	449	ABDUL	WICOMB	MUIRITE	M	45-49M	47	1.29.07	4	0
218	344	JORDAN	HARRINGTON	TEMP	M	SM	29	1.29.11	0	0
219	190	MICHELLE	HOWES	IKHAMVA / EPA	F	55-59F	58	1.29.11	5	19
220	186	MICHELLE	REED	IKHAMVA / EPA	F	40-44F	40	1.29.13	5	18
221	137	MUTIKELE	RASMENI	ACHILLES / EPA	M	60-64M	61	1.29.13	5	0
222	912	HISHAAN	BHANA	CHARLO	M	SM	30	1.29.13	3	0
223	516	AIDAN	TUOHY	EMERIS	M	SM	29	1.29.22	0	0
224	436	MATTHEW	RODGERS	CHARLO	M	SM	24	1.29.28	3	0
225	400	JEMAIN	WILSON	TEAMVIT	M	35-39M	38	1.29.37	0	0
226	596	JADEN	DELPORT	TEMP	M	SM	24	1.29.43	0	0
227	131	ERIC	VENTER	AGN	M	60-64M	62	1.29.48	0	0
228	210	STEPHAN	BASSIE	AGW	M	50-54M	51	1.29.49	0	0
229	568	REECE	COETZER	TEMP	M	JM	18	1.29.52	0	0
230	551	QAWE	MAJIZA	HOLLYWOO	M	35-39M	39	1.30.14	3	0
231	1846	LUKHONA	MQOMBOTHI	BESTMED	M	SM	21	1.30.14	3	0
232	419	SIYABONGA	MANYUBE	NEDRCWP	M	SM	32	1.30.18	0	0
233	566	CALLUM	MCEWAN	TEMP	M	SM	20	1.30.20	0	0
234	463	MATTHEW	SHEDLOCK	TEMP	M	35-39M	38	1.30.26	0	0
235	172	SKYE	BARKER	AGN	F	JF	19	1.30.34	0	0
236	423	WAYNE	MITCHELL	ACH	M	50-54M	53	1.30.43	5	0
237	142	PANDELANI	MUNYAI	LIMA	M	65-69M	67	1.30.50	0	0
238	38	SIPHESIHLE	ZUMA	ATRA	M	SM	30	1.30.52	0	0
239	414	FIKILE	MABHULA	IKHAMVA	M	40-44M	43	1.30.56	3	0
240	356	HENRY	CRAUSE	NEDBANK	M	40-44M	43	1.30.58	3	0
241	193	SHANI	SILVER	KZNA	F	55-59F	56	1.30.58	0	0
242	135	CHRISTOPHER	MABENGEZA	NEDBANK / EPA	M	60-64M	60	1.31.01	5	0
243	409	SIPHESIHLE	JOJA	SANDFEP	M	SM	27	1.31.04	3	0
244	485	SABELO	MELITAFA	CSEP	M	45-49M	47	1.31.22	4	0
245	378	THEMBEKILE	MSIPA	CHARLO	M	50-54M	51	1.31.37	5	0
246	390	JOHN	DU PREEZ	NEDBANK	M	60-64M	60	1.31.39	5	0
247	187	INGRID	KOSTER	AGN	F	50-54F	54	1.31.44	0	0
248	178	MARYNA	SWANEPOEL	AFS	F	35-39F	39	1.32.10	0	0
249	1839	STANDIWE	BANGISO	STUT	M	SM	24	1.32.11	0	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
250	403	ANOLD	CHIIYAMA	RUN4C	M	40-44M	41	1.32.13	3	0
251	682	ANDILE	NYOKA	CHARLO	M	50-54M	53	1.32.26	4	0
252	699	ASIVE	SWAZI	TEAMVIT	M	SM	28	1.32.31	0	0
253	586	ROGER	MIGGELS	ATLANTIC	M	SM	32	1.32.33	2	0
254	173	UVIWE	SIMON	BORA	F	JF	18	1.32.45	0	0
255	1096	TEVIN	PIENAAR	TEMP	M	SM	33	1.33.01	0	0
256	204	COETZEE	ELMARIE	WPA	F	60-64F	62	1.33.04	0	0
257	548	XOLANI	MBELENI	MOTHER	M	45-49M	48	1.33.07	3	0
258	195	SHARON	NEL	WPA	F	50-54F	51	1.33.09	0	0
259	1932	HARRISON	SMYTH	TEMP	M	SM	27	1.33.19	0	0
260	814	TANDUXOLO	MAFENUKA	TEAMVIT	M	SM	29	1.33.23	0	0
261	1951	GIDEON	MENGO	NEDBANK	M	45-49M	48	1.33.25	3	0
262	805	EDGAR	NIIT	TEMP	M	SM	32	1.33.25	0	0
263	804	CYRIL	NIIT	TEMP	M	65-69M	66	1.33.27	0	0
264	130	MOSES	LETLHAKU	AGN	M	60-64M	61	1.33.27	0	0
265	175	JODI	NAIDU	KZNA	F	JF	18	1.33.49	0	0
266	370	KAITLYN	WOLFF	ACH	F	SF	23	1.34.03	3	17
267	563	MARK	FRASER	ACH	M	SM	32	1.34.12	2	0
268	192	PAULINE	TUNSTEAD	32GIEP / EPA	F	55-59F	55	1.34.12	5	16
269	479	STITHIAN	THOMAS	TEAMVIT	M	SM	32	1.34.19	0	0
270	506	TINEKE	RADEMEYER	JBAY	F	SF	32	1.34.21	3	15
271	1112	PUMLANI	BANGANI	TEMP	M	50-54M	52	1.34.21	0	0
272	483	LUYANDA	NGESI	BLUEBAY	M	SM	33	1.34.39	2	0
273	1227	JACQUES	LEANDER	HOLLYWOO	M	40-44M	42	1.34.40	3	0
274	581	WILLIAMI	ALLEN	TRANSNET	M	SM	26	1.34.42	2	0
275	486	SERGIO	PETERSON	RUN4C	M	45-49M	48	1.34.43	3	0
276	518	WILLIE	ELS	CRUSADE	M	50-54M	50	1.34.44	4	0
277	545	CHANTEL	LOMBARD	OXFORD	F	40-44F	43	1.34.46	0	0
278	377	SIVUYILE	SCHEEPERS	CHARLO	M	SM	33	1.34.59	2	0
279	697	MBUYISELI	SITENGE	NEDBANK	M	45-49M	47	1.35.05	3	0
280	138	GAVIN	ROGERS	CRUSADE / EPA	M	60-64M	61	1.35.09	5	0
281	531	GERHARD	VERMAAK	JBAY	M	SM	31	1.35.13	2	0
282	1778	FRANCOIS	PRETORIUS	JBAY	M	SM	34	1.35.13	2	0
283	543	ZOLANI	NOGAYI	SANDF	M	35-39M	36	1.35.19	0	0
284	696	MVULELI	MAGAWULANA	HOLLYWOO	M	45-49M	49	1.35.27	3	0
285	1424	XHANTI	SKADE	TEMP	M	SM	27	1.35.28	0	0
286	570	ATHI	MKANGELWA	TEMP	M	35-39M	36	1.35.32	0	0
287	1845	HANSON	SINGAPHI	ACH	M	45-49M	48	1.35.34	3	0
288	580	SLULAMI	JALIM-YAL-SALIM JACK	TRANSNET	M	50-54M	51	1.35.38	3	0
289	177	MPHUMELELO	MAVASA	LIMA	F	JF	18	1.35.38	0	0
290	536	TYRONE	KUNNEKE	IKHAMVA	M	SM	34	1.35.42	2	0
291	503	EDDIE	VACU	TEAMVIT	M	35-39M	37	1.35.46	0	0
292	1550	KEERAN	DANA	TEMP	M	35-39M	37	1.35.49	0	0
293	574	JOHN	VOSLOO	TEMP	M	JM	17	1.35.52	0	0
294	457	ZAKITHI	MAHLATHINI	TEMP	F	SF	25	1.35.55	0	0
295	412	FENANDO	KIEWIETS	RUN4C	M	40-44M	41	1.35.58	2	0
296	562	BUYISILE	NGESI	STDBANK	M	55-59M	57	1.36.17	0	0
297	331	BUYILE	NTSHIKILA	TINARHA	M	60-64M	63	1.36.18	5	0
298	1887	LEFU	RAMPINE	ATLANTIC	M	35-39M	36	1.36.19	2	0
299	189	JANE	BARNARDO	STFRAN / EPA	F	50-54F	51	1.36.21	5	14

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
300	341	THERESA	BUCHNER	32GI	F	40-44F	41	1.36.32	4	13
301	510	LEON	VOULTSOS	32GI	M	50-54M	52	1.36.46	3	0
302	342	REBECCA	JORDAAN	32GI	F	35-39F	35	1.36.48	3	12
303	578	DANIEL	BARRETO	TEMP	M	SM	25	1.36.54	0	0
304	461	MATHIS	LOBBERING	TEMP	M	SM	24	1.36.54	0	0
305	926	BRUCE	GIE	BODYCON	M	50-54M	52	1.37.02	3	0
306	529	SYLVESTER	JEFFRIES	TEAMV	M	35-39M	39	1.37.13	0	0
307	606	NICHOLAS	BANGO	TEAMVIT	M	35-39M	39	1.37.19	0	0
308	508	MAWETHU	PLATYI	HOLLYWOO	M	45-49M	45	1.37.23	3	0
309	626	PHILLIP	DU PLESSIS	XCEL	M	55-59M	55	1.37.27	4	0
310	501	HYRAM	JACOBUS	MAVERICK	M	SM	29	1.37.38	0	0
311	349	COLE	ADAMS	TEMP	M	SM	26	1.37.49	0	0
312	240	JOANE	DE BRUYN	AFS	F	SF	21	1.37.50	0	0
313	1592	LUKE	HOYLE	TEMP	M	SM	21	1.37.52	0	0
314	1898	LUYANDA	MATIWANA	TEMP	M	45-49M	47	1.37.53	0	0
315	1444	BRIAN	DOLPHIN	TEMP	M	SM	31	1.37.53	0	0
316	913	DINO	MAGNUS	CHARLO	M	SM	31	1.37.57	2	0
317	401	BANELE	BLAAUW	TEAMVIT	M	SM	32	1.38.05	0	0
318	191	ANLEN	JARMAN	IKHAMVA / EPA	F	50-54F	50	1.38.12	5	11
319	513	BYRON	COUFMANN	RUN4C	M	35-39M	39	1.38.14	2	0
320	1961	NDABAZOVUYO	MANDABA	TEMP	M	SM	20	1.38.16	0	0
321	507	JUSTIN	LEESON	MADIBA	M	40-44M	40	1.38.17	2	0
322	383	PATRIC	MAKWENKWE	CHARLO	M	60-64M	60	1.38.20	5	0
323	139	GRAHAM	TERBLANCHE	BESTMED / EPA	M	60-64M	61	1.38.26	5	0
324	511	HASSAN	NDZAKANA	NEDBOR	M	55-59M	56	1.38.29	0	0
325	796	LUNGA	SIHLOBO	TEMP	M	JM	18	1.38.32	0	0
326	728	JED	GILLARD	TEMP	M	SM	24	1.38.35	0	0
327	646	SHAUN	HOEKSTRA	TEAMVIT	M	SM	26	1.38.44	0	0
328	413	SIPHAMANDLA	KOKO	HOLLYWOO	M	35-39M	36	1.38.51	2	0
329	752	LETSIRI	SAMUEL	TEMP	M	35-39M	35	1.39.00	0	0
330	440	VUYISILE	SIMAYILE	NEDBANK	M	35-39M	39	1.39.01	2	0
331	916	MARCELLE	DE LANGE	TEMP	M	SM	30	1.39.07	0	0
332	396	CINDY	MARAIS	CHARLO	F	45-49F	48	1.39.07	5	10
333	1296	JADEN	OLIPHANT	TEMP	M	SM	22	1.39.13	0	0
334	136	BISHO	NOMBEWU	CHARLO / EPA	M	60-64M	60	1.39.14	5	0
335	845	GREG	VAN DER MERWE	TEMP	M	SM	19	1.39.15	0	0
336	443	THEMBINKOSI	STOKWE	VWAC	M	45-49M	47	1.39.19	2	0
337	789	OWEN	SCHOEMAN	TEMP	M	SM	27	1.39.27	0	0
338	1231	ZANDISILE	NGXONONO	HOLLYWOO	M	50-54M	52	1.39.30	2	0
339	408	HAYLEY	HOOLE	OXFORD	F	SF	25	1.39.30	0	0
340	576	JOSH	WILMOT	TEMP	M	SM	23	1.39.33	0	0
341	1299	DIVAN	FOURIE	TEMP	M	SM	21	1.39.53	0	0
342	1942	PAUL	STEWART	TEMP	M	40-44M	44	1.39.54	0	0
343	864	MICHAEL	CLARK	JBAY	M	50-54M	54	1.40.06	3	0
344	235	PHIL	BRADLEY	SAPPE	M	40-44M	43	1.40.07	2	0
345	1118	CJ	STRYDOM	TEMP	M	40-44M	42	1.40.12	0	0
346	474	KUHLE	JOBELA	TEMP	M	SM	32	1.40.18	0	0
347	1863	ABDULLA	KADER	BESTMED	M	45-49M	49	1.40.19	2	0
348	603	WARREN	BAARTZES	CHARLO	M	55-59M	55	1.40.23	3	0
349	1065	HLUMELO	KLAAS	TEMP	M	SM	25	1.40.26	0	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
350	1838	QAASIEM	ABADER	MALABAR	M	40-44M	41	1.40.30	2	0
351	1077	RODNEY	WITBOOI	ATLANTIC	M	55-59M	55	1.40.31	3	0
352	146	ROGER	TRADER	ACHILLES / EPA	M	70+M	72	1.40.33	5	0
353	350	CHRISTI	JANSE VAN RENSBURG	SAPD	M	SM	27	1.40.35	0	0
354	1195	MAKHI	BULWANA	NEDBANK	M	45-49M	48	1.40.36	2	0
355	1931	DERRICK	DUBASE	NEDBANK	M	50-54M	51	1.40.39	3	0
356	636	TRISTAN	GEORGE	SAPPE	M	SM	23	1.40.39	2	0
357	514	ROMAN	SEPTOE	GELVAN	M	SM	28	1.40.45	2	0
358	833	DEWALD	VERMEULEN	RUN4C	M	50-54M	54	1.40.53	3	0
359	1712	TEDDY	PRUSENT	VITALITY	M	35-39M	38	1.41.10	2	0
360	493	MZWANELE	NGOQO	VUKANI	M	45-49M	48	1.41.10	2	0
361	145	STICKS	STIGLINGH	BODYCON / EPA	M	70+M	71	1.41.23	5	0
362	174	BUKHO	BREAKFAST	BORA	F	JF	17	1.41.26	0	0
363	1997	DIVAN	BARNARD	TEMP	M	SM	25	1.41.38	0	0
364	354	SIKHUMBUZO	MANXOYI	SIBALEKA	M	35-39M	39	1.41.39	2	0
365	194	YOLANDA	CLASSENS	SANDF	F	50-54F	50	1.41.49	0	0
366	452	LUKE	BINNEMAN	TEMP	M	SM	34	1.41.53	0	0
367	430	KEVIN	NEFDT	32GI	M	35-39M	39	1.41.53	2	0
368	439	MUSA	SENTI	BLUEBAY	M	SM	33	1.42.00	2	0
369	1866	SONWABO	NYANGIWE	ACH	M	55-59M	58	1.42.02	3	0
370	197	MARTHI	HARMSE	BOLA	F	60-64F	60	1.42.05	0	0
371	904	PAT	GCAKASI	BLUEBAY	M	55-59M	55	1.42.07	3	0
372	454	JOHAN	DER	TEMP	M	SM	28	1.42.10	0	0
373	583	URAN	LE ROUX	VWAC	M	55-59M	59	1.42.17	3	0
374	1543	HANSIE	VOSLOO	TEMP	M	55-59M	58	1.42.18	0	0
375	652	HAMZA	KHAN	BESTMED	M	SM	19	1.42.20	2	0
376	522	MBOLEKWA	MAYILA	IKHAMVA	M	45-49M	47	1.42.23	2	0
377	919	YONELA	NKONZO	TEMP	M	35-39M	36	1.42.23	0	0
378	915	PHYLLIS	TEUBES	PIR	F	50-54F	50	1.42.26	0	0
379	749	LINUS	SERFONTEIN	TEMP	M	50-54M	53	1.42.34	0	0
380	495	QHAWE	TSHAYINGWE	HOLLYWOO	M	SM	26	1.42.36	2	0
381	577	RACHEL	BARRY	TEMP	F	SF	23	1.42.36	0	0
382	1369	LUNGISA	JACOBS	TEMP	M	40-44M	43	1.42.40	0	0
383	499	MATUNDU	QAQAMBA	VUKANI	F	SF	28	1.42.40	3	0
384	466	JUSTIN	DAMONS	TEMP	M	SM	30	1.42.43	0	0
385	391	JEN	JONSSON	NEDBANK	F	35-39F	39	1.42.46	2	9
386	205	MARGIE	SAUNDERS	NEDBANK / EPA	F	70+F	72	1.42.46	5	8
387	670	UNATHI	MELENI	ACT AC	M	SM	31	1.42.52	2	0
388	442	BASIL	STEVENS	GELVAN	M	50-54M	54	1.42.52	2	0
389	988	ENRICO	ELS	MADIBA	M	45-49M	47	1.42.56	2	0
390	1346	LINDIKHAYA	NTEYI	VUKANI	M	45-49M	47	1.43.00	2	0
391	1587	GEORGE	MEYER	NEDBANK	M	50-54M	53	1.43.03	2	0
392	588	RONALD	REEVES	ACH	M	45-49M	45	1.43.05	2	0
393	426	SEITSHIRO	MOLEMI	SANDFEP	M	40-44M	42	1.43.08	2	0
394	420	NDIMPHIWE	MATYUMZA	TEMP	M	40-44M	43	1.43.10	0	0
395	482	OLWETHU	BOMVANA	CHILLIEP	F	40-44F	40	1.43.18	3	7
396	200	JUDY	GERBER	RUN4C / EPA	F	60-64F	60	1.43.21	5	6
397	180	INGE	WILLIAMS	NEDBANK / EPA	F	35-39F	36	1.43.28	2	5
398	647	KELLY	HOLMES	ASPEN	F	45-49F	49	1.43.33	3	4
399	650	BRIAN	JONAS	GELVAN	M	65-69M	65	1.43.34	5	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
400	671	LUVUYO	MERILE	HOLLYWOO	M	40-44M	41	1.43.34	2	0
401	415	MHLENGI	MAHLABA	HOLLYWOO	M	SM	34	1.43.35	2	0
402	782	GERHARDT	BURGER	TEMP	M	SM	33	1.43.43	0	0
403	435	HENRY	PIENAAR	BLUEBAY	M	50-54M	54	1.43.45	2	0
404	353	ABDURAGHMAAN	LILLAH	MALABAR	M	35-39M	36	1.43.46	2	0
405	590	KYLIE	RIDDIN	32GI	F	40-44F	41	1.43.53	3	3
406	149	JOHANNES	VAN WYK	ASWD	M	70+M	71	1.43.57	0	0
407	633	MONDRE	GALLANT	GELVAN	M	35-39M	38	1.44.01	2	0
408	201	MARIETTE	HATTINGH	NEDBANK / EPA	F	60-64F	60	1.44.08	5	2
409	1397	CODY	BOUCHER	CRUSADE	M	JM	17	1.44.08	2	0
410	410	ELDRIDGE	JONKERS	GELVAN	M	45-49M	47	1.44.10	2	0
411	411	KELVIN	JOOSTE	CHARLO	M	35-39M	39	1.44.10	2	0
412	555	ABULELE	ROZANA	BESTMED	M	SM	30	1.44.12	2	0
413	532	JAIME	ALCOCK	MADIBA	F	SF	24	1.44.15	2	1
414	1283	ALUWANI	RAMBAU	TEMP	M	SM	24	1.44.17	0	0
415	750	ANDRE	ROSTODELLA	TEMP	M	SM	30	1.44.18	0	0
416	367	THOBELO	MFIKILI	CHARLO	M	35-39M	39	1.44.23	2	0
417	1591	IOSIF	DURSAEV	TEMP	M	35-39M	38	1.44.25	0	0
418	747	DAVID	LOVEMORE	TEMP	M	SM	20	1.44.27	0	0
419	1268	OBAKENG	MAROGOA	TRANSNET	M	40-44M	40	1.44.32	2	0
420	997	MARYKE	GEYSER	TEMP	F	SF	28	1.44.33	0	0
421	564	KITO	POOE	TEMP	M	40-44M	43	1.44.36	0	0
422	1959	DAWID	KEYSER	TEMP	M	45-49M	47	1.44.39	0	0
423	579	KIERAN	WHITE	TEMP	M	45-49M	49	1.44.40	0	0
424	372	SEAN	ROSS	ACH	M	35-39M	35	1.44.42	2	0
425	628	CHRISTIAN	DU PREEZ	XCEL	M	55-59M	56	1.44.42	3	0
426	1182	BERNICE	NEL	HEATAC	F	35-39F	38	1.44.43	2	0
427	358	NTSIKELELO	SEBE	NEDBANK	M	40-44M	43	1.44.45	2	0
428	826	TINASHE	MANDIZVIDZA	HOLLYWOO	M	40-44M	44	1.44.50	2	0
429	445	SIYA	SWAPI	BUFFALO	M	45-49M	46	1.44.50	0	0
430	848	SIYABULELA	MANCANA	BCMAC	M	40-44M	40	1.44.51	0	0
431	960	CLAIRE	WHITE	ACH	F	45-49F	46	1.44.51	3	0
432	487	GRANT	RUDMAN	RUN4C	M	45-49M	48	1.44.52	2	0
433	667	MZAMO	MATAKANE	ALBANY	M	40-44M	43	1.44.55	2	0
434	589	CHARL	GERBER	32GI	M	45-49M	49	1.44.56	2	0
435	1890	SIMONE	SCHOONBEE	MADIBA	F	SF	25	1.45.02	2	0
436	199	CHRISTINE	CLAASEN	NEDBANK / EPA	F	60-64F	61	1.45.05	5	0
437	488	SBONISIPHO	MANQELE	HOLLYWOO	M	SM	28	1.45.06	2	0
438	1044	ZARDIE	LE ROUX	TV	M	SM	29	1.45.07	0	0
439	549	ABRE	GOUSSARD	PEAAC	M	40-44M	42	1.45.11	2	0
440	883	LINDY	KRETMANN	EMERIS	F	45-49F	49	1.45.16	0	0
441	1937	SIPHOSETHU	MAVATHA	SIBALEKA	F	SF	29	1.45.22	2	0
442	348	ZIYAAD	ROACH	TEMP	M	35-39M	37	1.45.30	0	0
443	467	FEMKE	HOUTERMAN	TEMP	F	SF	27	1.45.31	0	0
444	1598	ELRICH	JANTJIES	TEMP	M	SM	25	1.45.35	0	0
445	759	LUDRICK	GREEFF	TEMP	M	SM	30	1.45.39	0	0
446	936	AMBER	OGDEN	TEMP	F	SF	19	1.45.41	0	0
447	1881	LIZO	MOHAPI	IKHAMVA	M	35-39M	36	1.45.42	2	0
448	361	ALAN	TAYLOR	ACH	M	65-69M	69	1.45.42	4	0
449	627	DYLAN	DU PLOOY	CHARLO	M	40-44M	41	1.45.43	2	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
450	147	RAYMOND	WEITZ	NEDBANK / EPA	M	70+M	71	1.45.43	5	0
451	780	JUSTIN	WEBB	TEMP	M	SM	26	1.45.45	0	0
452	553	DUONETTE	HOROWITZ	ACH	F	40-44F	42	1.45.45	2	0
453	635	FERAAN	GEORGE	MALABAR	M	40-44M	40	1.45.48	2	0
454	853	JEROME	MAY	XCEL	M	55-59M	59	1.45.49	2	0
455	523	MELISSA	ARGYLE	SOMEAST	F	SF	33	1.45.53	2	0
456	803	KAYDEN	GROENER	TEMP	M	JM	17	1.45.57	0	0
457	1847	MILES	HOLLINS	ACH	M	50-54M	53	1.46.02	2	0
458	1891	KAREN	BARNARD	MADIBA	F	35-39F	37	1.46.03	2	0
459	1848	THUTHUKANI	NDLOVU	CONTI	M	35-39M	39	1.46.04	0	0
460	703	MASANDE	TSHUTSHA	BESTMED	M	SM	30	1.46.08	2	0
461	758	TRAVIS	VAN BREDA	TEMP	M	SM	20	1.46.18	0	0
462	828	JEAN-PERI	REDONA	32GI	M	35-39M	38	1.46.31	2	0
463	1298	EUGENE	JACOBS	TEMP	M	55-59M	55	1.46.38	0	0
464	861	ANDREW	JONAS	MUIRITE	M	60-64M	62	1.46.42	3	0
465	480	CANDICE	RICHARDS	IKHAMVA	F	SF	33	1.46.46	2	0
466	1282	CORNELIUS	CLASEN	TEMP	M	SM	33	1.46.46	0	0
467	888	MTHOBELI	TULUMANI	STFRAN	M	SM	33	1.46.49	2	0
468	815	APIWE	MRAWUSI	TRANSNET	M	SM	33	1.46.50	2	0
469	827	DARIUS	SWIEGELAAR	SAPPE	M	SM	31	1.46.51	2	0
470	359	RICHARD	MAZUNGULA	NEDBANK	M	45-49M	49	1.46.52	2	0
471	644	HAYDEN	HILL	32GI	M	40-44M	40	1.46.57	2	0
472	1596	RYAN	LE ROUX	TEMP	M	40-44M	41	1.47.02	0	0
473	770	DILLON	LIPPERT	TEMP	M	SM	21	1.47.03	0	0
474	198	DEBRA	CHRISTY	NEDBANK / EPA	F	60-64F	62	1.47.08	5	0
475	601	SAMIER	ABRAHAMS	GELVAN	M	55-59M	55	1.47.12	2	0
476	790	THEMBELANI	MANGWANA	TEMP	M	SM	29	1.47.12	0	0
477	1285	HOLLY	PRICE	TEMP	F	SF	20	1.47.12	0	0
478	891	LEHLOHONOLO	THOKOA	ABSAEP	M	45-49M	45	1.47.20	2	0
479	1168	JORDAN	FORTUIN	RUN4C	M	SM	20	1.47.21	2	0
480	712	TIMOTHY	WILLIAMS	ASPEN	M	40-44M	41	1.47.32	2	0
481	634	STERN	GEORGE	MUIRITE	M	SM	20	1.47.35	2	0
482	1266	MANDLA	MFENGU	ADVEN	M	35-39M	37	1.47.42	2	0
483	890	ALEX	DU TOIT	CRUSADE	M	60-64M	61	1.47.43	3	0
484	1907	MIKE	BURGER	CHARLO	M	65-69M	67	1.47.46	3	0
485	207	NANCY	WILL	WPA	F	70+F	73	1.47.48	0	0
486	831	JOHN	EDWARDS	BODYCON	M	55-59M	59	1.47.54	2	0
487	1354	BRODI	THEBUS	OXFORD	F	35-39F	36	1.47.55	0	0
488	524	MICHA	CRONJE	32GI	F	35-39F	36	1.48.04	2	0
489	842	WESLEY	SHERMAN	TEAMVIT	M	SM	33	1.48.05	0	0
490	521	ELBE	STRYDOM	STFRAN	M	50-54M	54	1.48.08	2	0
491	432	SANDISO	NGWENYA	TEAMVIT	F	SF	32	1.48.12	0	0
492	705	MNQWENO	TYOKOLO	IKHAMVA	M	40-44M	43	1.48.16	2	0
493	448	KAYLA	VAN RENSBURG	CHARLO	F	SF	32	1.48.20	2	0
494	347	RUHAN	VAN RENSBURG	RUN4C	M	SM	34	1.48.20	2	0
495	683	KOOS	OLIVIER	NEDBANK	M	65-69M	68	1.48.22	3	0
496	1723	RODGER	GYSMAN	RUN4C	M	50-54M	52	1.48.23	2	0
497	1986	SHELLEY	WELLS	TEMP	F	35-39F	36	1.48.29	0	0
498	338	CALEY	TAYLOR	IKHAMVA	F	SF	28	1.48.29	2	0
499	1800	LITHALETHU	DINGELA	CRUSADE	M	SM	22	1.48.36	1	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
500	587	BRUCE	LE GRANGE	MUIRITE	M	SM	33	1.48.40	1	0
501	371	WINRAY	CHRISTOFFELS	TEMP	M	SM	29	1.48.41	0	0
502	1886	CALLAN	DEWAR	SOCIAL	M	SM	29	1.48.41	0	0
503	1983	EMMANUEL	KOLL	TEMP	M	35-39M	38	1.48.42	0	0
504	515	BROOKE	KRUGER	MADIBA	F	SF	23	1.48.42	2	0
505	829	DAVID	BAINS	XCEL	M	60-64M	60	1.48.43	3	0
506	537	XOLISA	MENEMENE	VUKANI	M	40-44M	42	1.48.47	2	0
507	900	JONATHAN	BAKKER	MUIRITE	M	35-39M	35	1.48.56	2	0
508	1297	ROBERT	ABRAHAM	TEMP	M	SM	33	1.49.03	0	0
509	569	RA'EES	KHAN	TEMP	M	SM	33	1.49.03	0	0
510	729	SISA	PAZI	TEMP	M	35-39M	35	1.49.05	0	0
511	441	JOHANNES	SMUTS	ALBANY	M	SM	33	1.49.08	1	0
512	686	DENVER	PETERSEN	GELVAN	M	40-44M	42	1.49.08	2	0
513	690	RICHARD	RAMATSASA	GELVAN	M	50-54M	50	1.49.08	2	0
514	910	BHEKA	MSELEKU	TRANSNET	M	55-59M	57	1.49.11	2	0
515	600	PHILIP	KEEN	TEMP	M	JM	18	1.49.12	0	0
516	668	BULELANI	MATENJWA	IKHAMVA	M	40-44M	44	1.49.13	2	0
517	784	SIZWE	RADEBE	TEMP	M	SM	33	1.49.15	0	0
518	698	AKHONA	SOGA	TEAMVIT	M	SM	31	1.49.17	0	0
519	800	QHAMA	DUMEZWENI	TEMP	M	SM	30	1.49.22	0	0
520	375	MARIUS	STANDER	IKHAMVA	M	55-59M	58	1.49.24	2	0
521	687	CHESLIN	PLAATJIES	TEAMVIT	M	40-44M	40	1.49.31	0	0
522	700	STEVEN	PETTITT	TEMP	M	SM	30	1.49.32	0	0
523	702	AURA	TSHOTSHO	TEAMVIT	M	35-39M	35	1.49.34	0	0
524	679	LEKELA	NKONKI	TEAMVIT	M	50-54M	54	1.49.35	0	0
525	559	TSHEPO	MOILWE	VITALITY	M	SM	29	1.49.35	1	0
526	817	AYABONGA	TSHUNGWANA	TRANSNET	M	SM	32	1.49.35	1	0
527	602	ALLISTER	ARENDS	ATLANTIC	M	40-44M	41	1.49.35	2	0
528	719	ANLOU	BOTHA	TEMP	F	SF	27	1.49.36	0	0
529	738	KIERA	TARR	TEMP	F	SF	25	1.49.36	0	0
530	847	BAVERSHAN	NAIDOO	MALABAR	M	35-39M	36	1.49.38	2	0
531	799	AMSTRONG	BANGISO	TEMP	M	SM	23	1.49.43	0	0
532	773	BRYCE	LOENEN	TEMP	M	JM	16	1.49.44	0	0
533	427	Ntando	Zatu	VUKANI	M	SM	20	1.49.46	1	0
534	1037	IMINATHI	NOGAGA	TEMP	F	SF	26	1.49.46	0	0
535	1117	YUSUF	GANI	TEMP	M	JM	18	1.49.46	0	0
536	593	CANDICE	VAN ROOYEN	NEDBANK	F	SF	29	1.49.47	2	0
537	676	SANDILE	NDLOVU	TEAMVIT	M	40-44M	42	1.49.50	0	0
538	802	MICHAEL	BOREHAM	TEMP	M	SM	24	1.49.51	0	0
539	610	TANIA	BESSINGER	CHARLO	F	45-49F	48	1.49.54	2	0
540	1491	LORENZO	SAMUELS	MUIRITE	M	40-44M	41	1.50.01	2	0
541	560	TEMBINKOSI	NOMVEKU	PORTSTJ	M	65-69M	69	1.50.02	0	0
542	1876	MOMELEZI	KULA	BESTMED	M	45-49M	48	1.50.04	2	0
543	741	BENEDICT	WALDNER	TEMP	M	SM	28	1.50.04	0	0
544	977	MATTHEW	GERRARD	TEMP	M	SM	21	1.50.04	0	0
545	811	SINAWO	CABANE	TEMP	M	SM	33	1.50.10	0	0
546	693	LYLE	ROCKMAN	GELVAN	M	SM	31	1.50.12	1	0
547	1980	KRISTEN	LAWSON	TEMP	F	SF	33	1.50.16	0	0
548	1979	LINDSAY	MAC GEOGHEGAN	TEMP	F	35-39F	36	1.50.16	0	0
549	1690	JIMMY	HEADBUSH	MANONI	M	55-59M	55	1.50.16	0	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
550	1989	RYAN	PIENAAR	TEMP	M	50-54M	50	1.50.18	0	0
551	502	SIMPHIWE	GWENTE	TRANSNET	M	35-39M	35	1.50.18	1	0
552	706	RYAN	VAN DER MESCHT	CHARLO	M	45-49M	45	1.50.19	2	0
553	617	DARRYL	CALVERT	CHARLO	M	50-54M	50	1.50.20	2	0
554	1294	LOYISO	MABETSHE	CHILLIEP	M	35-39M	36	1.50.25	1	0
555	144	LEONARD	CONRADIE	BLUEBAY / EPA	M	70+M	72	1.50.26	4	0
556	558	SANETTE	RYAN	ELITEAC	F	55-59F	56	1.50.28	4	0
557	1101	WILHELM	KILIAN	MADIBA	M	50-54M	50	1.50.28	2	0
558	898	FREDERIK	VAN DER WESTHUIZEN	RUN4C	M	SM	32	1.50.36	1	0
559	793	NKULULO	CLAASEN	TEMP	M	SM	27	1.50.43	0	0
560	987	DESMOND	MVUNDLELA	TRANSNET	M	45-49M	45	1.50.47	2	0
561	846	AHMAD	KADER	MALABAR	M	35-39M	38	1.50.48	1	0
562	680	TANYA	NORRIS	CHARLO	F	40-44F	41	1.50.55	2	0
563	963	TSHOLANANG	LEKALAKE	CSEP	M	35-39M	36	1.51.00	1	0
564	812	ZUKISANI	MBIZA	TEMP	M	SM	32	1.51.09	0	0
565	872	SITHEMBILE	MPAKO	NEDBANK	M	65-69M	65	1.51.09	3	0
566	472	JUSTIN	BUTLER	TEMP	M	35-39M	35	1.51.10	0	0
567	660	DARRYL	LONG	CHARLO	M	45-49M	48	1.51.10	2	0
568	807	DANIEL	TRASK	TEMP	M	SM	28	1.51.11	0	0
569	1681	MATTHEW	MAGUIRE	TEMP	M	SM	21	1.51.12	0	0
570	966	SINETHEMBA	MAGUTYWA	ABSAEP	M	40-44M	43	1.51.19	1	0
571	1893	THOZAMILE	GROOTBOOM	MALABAR	M	50-54M	50	1.51.19	2	0
572	674	THUSO	MKONTWANA	SIBALEKA	M	40-44M	40	1.51.29	1	0
573	684	MORNE	OWEN	JBAY	M	50-54M	53	1.51.30	2	0
574	1618	DANTON	SEPTEMBER	MUIRITE	M	SM	32	1.51.33	1	0
575	369	LUVUYO	MAHLANA	TEMP	M	45-49M	46	1.51.42	0	0
576	1580	GERALD	MULLER	32GI	M	45-49M	49	1.51.45	2	0
577	612	ALISON	BOWKER	ELITEAC	F	35-39F	38	1.51.46	2	0
578	778	ETHAN	JOB	TEMP	M	SM	21	1.51.47	0	0
579	1525	KHONA	DUNJWA	TEMP	F	SF	27	1.51.48	0	0
580	595	DELME	REDCLIFFE	MUIRITE	M	40-44M	42	1.51.52	1	0
581	1190	DALE	FLYNN	RUN4C	M	SM	32	1.51.53	1	0
582	717	ATHI	BOOI	TEMP	M	SM	29	1.52.02	0	0
583	202	AMANDA	SHAW	IKHAMVA / EPA	F	60-64F	61	1.52.02	5	0
584	345	CREFLO	SAM	TEMP	M	SM	28	1.52.04	0	0
585	694	GREG	ROSS	CHARLO	M	50-54M	53	1.52.12	2	0
586	1509	LESLEY	STARBUCK	TEMP	M	35-39M	39	1.52.12	0	0
587	1526	THABANG	MOPEDI	TEMP	M	35-39M	35	1.52.14	0	0
588	1590	CT	JACOBS	ASPEN	M	40-44M	42	1.52.16	1	0
589	405	TAARIQ	ENSAL	TEMP	F	SF	28	1.52.24	0	0
590	176	THATO	SESHOKA	LIMA	F	JF	16	1.52.31	0	0
591	857	MONGEZI	VOCO	MTHATHA	M	35-39M	35	1.52.35	0	0
592	625	SIZIBULE	DIBELA	CHILLIEP	F	35-39F	39	1.52.47	2	0
593	776	JARYD	DAVIES	TEMP	M	35-39M	35	1.52.50	0	0
594	525	VERNON	NEWFELDT	GELVAN	M	60-64M	60	1.52.56	2	0
595	1677	TARIKA	ELS	TEMP	F	SF	19	1.52.59	0	0
596	527	LUYANDA	SINEKE	ASPEN	M	40-44M	40	1.53.01	1	0
597	1794	XOLELANI	JAM-JAM	SIBALEKA	M	35-39M	37	1.53.11	1	0
598	1280	KANYANTA	BWALYA	TEMP	M	SM	28	1.53.11	0	0
599	985	RIAN	SWANEPOEL	TEMP	M	SM	21	1.53.12	0	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
600	838	EDVIN	DONLEY	DESPATCH	M	45-49M	49	1.53.13	2	0
601	786	SEBASTIAN	LIGHTENING	TEMP	M	SM	30	1.53.14	0	0
602	1255	ELWIN	WOODS	MUIRITE	F	60-64F	62	1.53.14	5	0
603	877	ANTON	AUGUST	MUIRITE	M	40-44M	43	1.53.14	1	0
604	456	REBECCA	GATANGI	TEMP	F	40-44F	40	1.53.22	0	0
605	605	LUVUYO	BANGAZI	IKHAMVA	M	45-49M	49	1.53.22	2	0
606	473	DZITHENDO	MBEDZI	TEMP	M	SM	25	1.53.24	0	0
607	638	DZEVU	GILBERT	CHILLIEP	M	50-54M	50	1.53.24	2	0
608	739	DANZEL	VAN DER MERWE	TEMP	M	SM	30	1.53.26	0	0
609	1233	MASONELE	MELAPHI	TEMP	M	SM	32	1.53.28	0	0
610	608	AKHONA	BASHE	RUNZONE	F	40-44F	41	1.53.28	0	0
611	979	CONNOR	BESSINGER	TEMP	M	JM	16	1.53.28	0	0
612	1252	KUVESHAN	PADAYACHEY	MALABAR	M	35-39M	39	1.53.29	1	0
613	491	KYLA	MAARTENS	ACH	F	SF	22	1.53.30	2	0
614	681	BOMKAZI	NTONI	ACH	F	35-39F	39	1.53.30	2	0
615	844	BRUCE	KING	ACH	M	60-64M	60	1.53.30	2	0
616	744	SAKHILE	ZAMA	TEMP	M	SM	34	1.53.36	0	0
617	1223	AYANDA	MHLAMBISO	TEMP	M	35-39M	36	1.53.37	0	0
618	661	ANELISA	MAGAMA	REALGIJ	F	35-39F	39	1.53.37	0	0
619	903	SISEKO	HOLLAND	TRANSNET	M	40-44M	42	1.53.39	1	0
620	203	PAT	THOMSON	NEDBANK / EPA	F	65-69F	66	1.53.40	5	0
621	550	HESTER	KINGWILL	32GI	F	45-49F	45	1.53.42	2	0
622	623	TENIELLE	DE ANDRADE	TEAMVIT	F	40-44F	41	1.53.54	0	0
623	862	KWANDA	TSHINGANA	MTHATHA	M	SM	34	1.53.58	0	0
624	582	KWANGA	FUMBA	MERCEDES	M	SM	21	1.54.08	0	0
625	806	BRADLEY	HAASBROEK	TEMP	M	SM	31	1.54.08	0	0
626	418	CLARENCE	MANUEL	GELVAN	M	SM	32	1.54.10	1	0
627	1281	TEVIN	PRINSLOO	TEMP	M	SM	31	1.54.11	0	0
628	689	PRASHAAN	RAGA	INFINITY	M	SM	27	1.54.11	1	0
629	878	ZINE	MAKAULA	CHILLIEP	F	40-44F	40	1.54.20	2	0
630	957	ROBYN	CLEMENCE	EMERIS	F	SF	24	1.54.24	0	0
631	771	RUDOLPH	JORDAAN	TEMP	M	SM	27	1.54.28	0	0
632	760	THABO	KOMANE	TEMP	M	SM	28	1.54.31	0	0
633	2000	BABALWA	NGCOKO	NEDBANK	F	35-39F	39	1.54.31	2	0
634	1109	MAWETHU	SIDLAYI	TEMP	M	SM	33	1.54.35	0	0
635	677	NDABA	NDZOMBANE	VUKANI	M	65-69M	66	1.54.36	2	0
636	1251	KARABO	DINYAKE	HOLLYWOO	F	SF	29	1.54.37	1	0
637	999	SIVUYILE	MHLIFILI	TEMP	M	45-49M	46	1.54.44	0	0
638	622	JOSE	DAVIS	BLUEBAY	M	SM	33	1.54.45	1	0
639	965	PHAPHAMA	MALUSI	HOLLY	M	40-44M	41	1.54.47	0	0
640	1131	AVKE	VAN NIEKERK	TEMP	F	SF	27	1.54.48	0	0
641	1463	TAURIQ	HENDRICKS	TEMP	M	35-39M	35	1.54.51	0	0
642	1594	JOANNE	HOYLE	ACH	F	55-59F	57	1.54.51	3	0
643	868	ODWA	MHLEBI	ALBANY	M	35-39M	35	1.54.53	1	0
644	360	DONALD	CHARLES	NEDBANK	M	70+M	77	1.54.58	3	0
645	1921	CHARL	BEZUIDENHOUT	CHARLO	M	45-49M	47	1.55.01	1	0
646	940	KELLY	WILLIAMSON	TEMP	F	SF	20	1.55.02	0	0
647	819	VERNON	LANDMAN	RUN4C	M	50-54M	51	1.55.04	2	0
648	880	Aphelele	Bam	RUN4C	M	SM	19	1.55.10	1	0
649	713	GEORGE	WINSHIP	CHARLO	M	60-64M	60	1.55.13	2	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
650	530	RIEKIE	VERMAAK	JBAY	F	SF	27	1.55.14	1	0
651	834	MARISKA	KRUGER	RUN4C	F	45-49F	48	1.55.16	2	0
652	769	ELMAY	ROBINSON	TEMP	F	35-39F	36	1.55.16	0	0
653	946	ARINDA	PRITCHARD	TEMP	F	45-49F	47	1.55.22	0	0
654	1248	BIANCA	VERMAAK	RUN4C	F	SF	31	1.55.24	1	0
655	920	SHARON	JESSOP	NEDBANK	F	55-59F	56	1.55.27	3	0
656	1877	JACO	ROOS	32GI	M	35-39M	38	1.55.28	1	0
657	801	STEFANE	WATERS	TEMP	F	SF	31	1.55.29	0	0
658	1228	YAMKELA	QOMIYANA	ASPEN	M	SM	30	1.55.37	1	0
659	745	ROGER	REDCLIFFE	TEMP	M	35-39M	35	1.55.49	0	0
660	1055	LIZA	PHIPPS	32GI	F	45-49F	48	1.55.56	2	0
661	736	MOMELEZI	SIHLOBO	TEMP	M	SM	30	1.55.56	0	0
662	870	AMANDLA	DIDIZA	CHILLIEP	M	SM	34	1.55.59	1	0
663	930	ANNA	LINDSTROM	TEMP	F	SF	29	1.55.59	0	0
664	992	NKHATHALLENG	KHIBA	NEDBANK	F	40-44F	44	1.56.04	2	0
665	1271	KIM	DRINKWATER	32GI	F	45-49F	49	1.56.07	2	0
666	740	SYLVESTER	VELKERS	TEMP	M	45-49M	48	1.56.08	0	0
667	734	DENVER	SEARLE	TEMP	M	40-44M	43	1.56.10	0	0
668	1106	ADEL	KLEYNHANS	TEMP	F	45-49F	47	1.56.15	0	0
669	993	ABU	KHADROUI	GELVAN	M	SM	24	1.56.20	1	0
670	662	THANDUXOLO	MAGAQA	DEPTLA	M	45-49M	46	1.56.29	0	0
671	980	LUCKY	MADIKIZELA	TEMP	M	35-39M	39	1.56.33	0	0
672	1977	KELLY	FENTON	TEMP	F	SF	23	1.56.34	0	0
673	614	LUZUKO	BUKU	NEDBOR	M	35-39M	36	1.56.35	0	0
674	1879	MAYO	MAFILIVANA	JBAY	M	SM	32	1.56.35	1	0
675	1062	JACO	SMITH	JBAY	M	50-54M	52	1.56.36	1	0
676	663	WAYNE	MAGNUS	CHARLO	M	55-59M	58	1.56.36	2	0
677	820	SISEKO	MKUMLA	CHILLIEP	M	40-44M	41	1.56.36	1	0
678	1262	JOSHUA	WALDUCK	TEMP	M	SM	28	1.56.37	0	0
679	538	BOIKANYO	MAKABOLANE	CHILLIEP	M	40-44M	41	1.56.38	1	0
680	1593	JANET	VAN NIEKERK	MADIBA	F	45-49F	49	1.56.41	2	0
681	901	PERCY	DALTON	ACH	M	70+M	77	1.56.42	2	0
682	1370	VERONIQUE	NAIDOO	TEMP	F	45-49F	45	1.56.45	0	0
683	1289	CG	MARAIS	TEMP	M	SM	34	1.56.45	0	0
684	1925	JEAN	MEYER	CHARLO	M	45-49M	47	1.56.46	1	0
685	737	ROGER	STEELE	TEMP	M	65-69M	68	1.56.46	0	0
686	1222	SAMUEL	VAN DE VENTER	TEMP	M	JM	18	1.56.53	0	0
687	941	LOGAN	MCLAREN	TEMP	F	JF	19	1.56.53	0	0
688	1892	ERIC	SINGQOTO	NEDBANK	M	45-49M	49	1.57.01	1	0
689	1221	ANELE	MESANI	VUKANI	M	45-49M	46	1.57.01	1	0
690	1962	MART	BOTHA	TEMP	F	35-39F	35	1.57.03	0	0
691	996	KIRSTI	KUHN	RUN4C	F	35-39F	37	1.57.03	1	0
692	986	DARREN	BENECKE	MADIBA	M	SM	34	1.57.03	1	0
693	1284	ADAM	MACKENZIE	TEMP	M	40-44M	42	1.57.03	0	0
694	1286	NICOLE	PRICE	TEMP	F	40-44F	43	1.57.04	0	0
695	939	CINDY	WILLIAMSON	TEMP	F	45-49F	46	1.57.14	0	0
696	830	CARIKA	BURTON	32GI	F	45-49F	46	1.57.15	2	0
697	1963	NTANDAZO	GIJANA	TEMP	M	40-44M	40	1.57.20	0	0
698	1976	RIEDA AH	NORDIEN	TEMP	M	35-39M	39	1.57.24	0	0
699	894	SONWABISO	JIKA-JIKA	SIBALEKA	M	40-44M	40	1.57.24	1	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
700	1278	JODI	WILSON	TEMP	F	SF	20	1.57.26	0	0
701	1205	PHUMELELE	KWAYIMANI	BUFFALO	M	40-44M	44	1.57.30	0	0
702	1380	MARK	RIDDLE	TEMP	M	SM	34	1.57.31	0	0
703	611	EMILE	BESSINGER	CHARLO	M	50-54M	54	1.57.31	1	0
704	1357	MICHELLE	VAN EMMENIS	JBAY	F	50-54F	51	1.57.32	2	0
705	1871	LONWABO	NONDLWANA	ACH	M	JM	15	1.57.33	1	0
706	895	SUSAN	SCOTT	CRUSADE	F	60-64F	61	1.57.33	3	0
707	592	ADRIAAN	BADENHORST	JBAY	M	55-59M	56	1.57.36	2	0
708	892	ALETTA	JOUBERT	CRUSADE	F	60-64F	64	1.57.40	3	0
709	1517	DUSHAN	MOODALEY	MALABAR	M	50-54M	51	1.57.41	1	0
710	906	AYANDA	BOTILE	CHILLIEP	M	35-39M	39	1.57.49	1	0
711	727	ONGEZIWE	MLONYENI	TEMP	M	SM	30	1.57.53	0	0
712	643	CYNTHIA	HEYNS	CHARLO	F	40-44F	42	1.57.59	1	0
713	1267	ZUKISA	MBOTO	TRANSNET	M	40-44M	42	1.57.59	1	0
714	991	OTTO	MKABA	CHILLIEB	F	40-44F	41	1.58.02	0	0
715	1935	BONIWE	DYWANISI	SIBALEKA	F	35-39F	37	1.58.05	1	0
716	927	LEANNE	LE ROUX	TEAMVIT	F	45-49F	48	1.58.07	0	0
717	619	SIYABONGA	COKILE	TEAMVIT	M	45-49M	49	1.58.07	0	0
718	655	MUSTAFA	LAGARDIEN	MALABAR	M	SM	33	1.58.08	1	0
719	1883	MICHELLE	BARKER	32GI	F	35-39F	39	1.58.10	1	0
720	869	KEMPIE	VAN ROOYEN	ACH	M	35-39M	38	1.58.14	1	0
721	954	ANNEMIE	DU TOIT	ELITEAC	F	40-44F	41	1.58.14	1	0
722	1142	MBULELO	NOFEMELA	TEMP	M	35-39M	38	1.58.19	0	0
723	656	DUSTIN	LALA	GELVAN	M	35-39M	37	1.58.20	1	0
724	695	JOE	SCHOEMAN	CHARLO	M	45-49M	46	1.58.22	1	0
725	824	EDMUND	DRAKE	ELITEAC	M	35-39M	35	1.58.24	1	0
726	557	VUYO	GROOTBOOM	TINARHA	M	45-49M	48	1.58.25	1	0
727	1828	CHESTER	BROOKS	XCEL	M	65-69M	68	1.58.27	2	0
728	1548	DELON	MASHELE	TEMP	M	SM	19	1.58.30	0	0
729	1923	MALCOLM	BLANDY	CHARLO	M	40-44M	44	1.58.32	1	0
730	794	PHILIP	MITCHELL	TEMP	M	JM	15	1.58.36	0	0
731	431	PATLI	NGOBENI	CHILLIEP	M	35-39M	35	1.58.37	1	0
732	1952	CHRISTOPHER	PEERS	TEMP	M	SM	33	1.58.38	0	0
733	1589	LINCOLN	JANSEN	BESTMED	M	35-39M	36	1.58.39	1	0
734	961	MAUDY	BOTES	DESPATCH	F	40-44F	44	1.58.40	1	0
735	863	STEVEN	GAGIANO	32GI	M	45-49M	45	1.58.40	1	0
736	505	NATALIE	BOSHOFF	32GI	F	35-39F	39	1.58.40	1	0
737	1136	REESE	CAMBIER	TEMP	M	SM	23	1.58.47	0	0
738	1303	FUNDISWA	ANTONY-NOGAGA	ABSAEP	F	50-54F	54	1.58.47	2	0
739	665	JONATHAN	MANDELL	32GI	M	60-64M	61	1.58.48	2	0
740	1272	SIMON	YOUNG	VITALITY	M	45-49M	46	1.58.49	1	0
741	544	JERHARD	BURRELL	MADIBA	M	35-39M	37	1.58.51	1	0
742	402	BRENDAN	BOSMAN	MADIBA	M	40-44M	41	1.58.52	1	0
743	1187	JOSHUA	BOSMAN	BESTMED	M	SM	22	1.58.52	1	0
744	1950	JANA	LOTTER	MEYVT	F	JF	17	1.58.52	0	0
745	1110	MZOLISI	KOHLAKALA	TEMP	M	55-59M	55	1.58.53	0	0
746	710	ALEX	WEED	KOWIE	M	70+M	76	1.58.54	2	0
747	519	CHRISTIAN	VANWYK	JBAY	M	SM	19	1.58.54	1	0
748	859	ETHAN	DANIELS	GELVAN	M	SM	19	1.58.58	1	0
749	911	MIKYLE	NEL	GELVAN	M	JM	19	1.58.58	1	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
750	1104	WADE	HENDRICKS	TEMP	M	SM	30	1.58.59	0	0
751	839	VUYO	MAKEBA	ALBANY	M	55-59M	59	1.58.59	1	0
752	950	LERUCHKA	VAN HUYSSSTEEN	RUN4C	F	SF	31	1.59.00	1	0
753	835	RIAAAN	VAN HUYSSSTEEN	RUN4C	M	SM	31	1.59.00	1	0
754	902	SAMSU	MAYONDE	BESTMED	M	40-44M	41	1.59.01	1	0
755	1911	THOMAS	MARAIS	CHARLO	M	35-39M	39	1.59.05	1	0
756	865	TANYA	VAN DER WESTHUIZEN	JBAY	F	40-44F	43	1.59.14	1	0
757	1494	BANDLAKAZI	SWAZI	VITALITY	F	SF	32	1.59.19	1	0
758	855	MADAN	NARAN	TEAMVIT	M	45-49M	47	1.59.19	0	0
759	886	SBULELE	QASHA	EMERIS	M	SM	24	1.59.21	0	0
760	813	CHRISTIE	KAPUTENI	TEMP	M	SM	25	1.59.23	0	0
761	1899	ATHINI	MBALANE	TEMP	M	SM	29	1.59.25	0	0
762	433	PHILA	PANDLE	REALGIJ	M	SM	33	1.59.44	0	0
763	1969	DARREN	MC ROBERTS	TEMP	M	40-44M	44	1.59.49	0	0
764	990	YASEEN	ABRAHAMS	MALABAR	M	50-54M	54	1.59.50	1	0
765	624	SALWYN	DENNIS	XCEL	M	45-49M	48	1.59.51	1	0
766	1966	LWAZI	MAXONGO	TEMP	M	SM	34	1.59.52	0	0
767	887	AHMED	SALEEM	EMERIS	M	SM	20	1.59.57	0	0
768	1595	GODFREY	JACOBS	HOLLYWOO	M	40-44M	42	1.59.57	1	0
769	808	HLUMELO	SHONGWE	TEMP	M	JM	17	1.59.59	0	0
770	969	LIZE	VAN EYK	DESPATCH	F	35-39F	35	2.00.00	1	0
771	1275	LWANDO	LWANA	BUFFALO	M	40-44M	42	2.00.02	0	0
772	779	BIANCA	VAN SCHALKWYK	TEMP	F	35-39F	36	2.00.08	0	0
773	1783	ANDRE	MAVERBERG	TEMP	M	45-49M	47	2.00.11	0	0
774	1671	DANIEL	OLIFANT	TEMP	M	SM	31	2.00.21	0	0
775	1293	IVAN	MOSES	Bestmed	M	60-64M	64	2.00.22	2	0
776	1404	TIMOTHY	HART	TEMP	M	SM	23	2.00.24	0	0
777	1020	JULIUS	GQIBANI	OLDSELB	M	65-69M	68	2.00.24	0	0
778	785	ADMIRE	NQOBILE	TEMP	M	SM	24	2.00.30	0	0
779	630	JADE	FESTUS	GELVAN	M	35-39M	36	2.00.51	1	0
780	585	ASHWELL	JONAS	GELVAN	M	50-54M	53	2.00.51	1	0
781	983	SAMUEL	BANTOM	TEMP	M	40-44M	43	2.00.58	0	0
782	984	LOGAN	HOLMES	TEMP	M	SM	27	2.01.01	0	0
783	884	THEMBALETHU	MANA	EMERIS	M	50-54M	50	2.01.02	0	0
784	1152	NDILEKA	MGCUWE	VUKANI	F	45-49F	48	2.01.02	1	0
785	1949	STIAN	LE ROUX	TEMP	M	35-39M	37	2.01.07	0	0
786	227	JASON	KIVEDO	SAPD	M	40-44M	40	2.01.09	0	0
787	380	MASIXOLE	XAYIYA	HAVEN	M	SM	32	2.01.12	0	0
788	640	KURT	GROENER	CHARLO	M	40-44M	44	2.01.16	1	0
789	715	WALTER	ZIMBEVA	TEAMVIT	M	45-49M	46	2.01.20	0	0
790	1519	KHAHLISO	NTLALE	CHILLIEP	M	35-39M	39	2.01.23	1	0
791	1913	LARA	VAN HEERDEN	CHARLO	F	50-54F	50	2.01.23	2	0
792	1948	IVAN	LOTTER	MEYVT	M	50-54M	53	2.01.24	0	0
793	1461	MADELEINE	GREYLING	DESPATCH	F	55-59F	55	2.01.41	2	0
794	1007	TIM	BRAY	BLUEBAY	M	60-64M	63	2.01.42	1	0
795	818	YOLANDIE	LANDMAN	RUN4C	F	50-54F	51	2.01.43	2	0
796	642	THANDEKILE	GUGA	ABSAEP	M	45-49M	45	2.01.46	1	0
797	1188	THOMAS	VAN DER KOLF	PEAAC	M	35-39M	36	2.01.49	1	0
798	928	JANENE	OOSTHUIZEN	JBAY	F	45-49F	47	2.01.50	1	0
799	1872	SIPHO	MENCE	TEMP	M	SM	31	2.01.50	0	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
800	709	REON	VAN RENSBURG	CHARLO	M	50-54M	54	2.01.51	1	0
801	1462	THEMBELA	GXAMZA	VUKANI	F	35-39F	36	2.01.53	1	0
802	1583	CHANTELL	BARKHUIZEN	TEMP	F	45-49F	46	2.01.57	0	0
803	764	JANREU	OOSTHUIZEN	TEMP	M	JM	17	2.01.58	0	0
804	1933	CAIO	FERNANDES	TEMP	M	SM	31	2.01.58	0	0
805	1017	JUSTINE-LEE	DU PLOOY	ALBANY	F	SF	23	2.02.05	1	0
806	1930	BELINDA	BAIN	CHARLO	F	60-64F	64	2.02.08	2	0
807	1819	XOLA	MBATSHA	HOLLYWOO	M	45-49M	46	2.02.09	1	0
808	429	LUYANDA	NCWADI	TRANSNET	M	45-49M	45	2.02.19	1	0
809	1600	ZOLA	NGWEKAZI	TEMP	M	50-54M	53	2.02.19	0	0
810	615	SEAN	BUTLER	BODYCON	M	SM	33	2.02.27	1	0
811	945	NIKKI	DRYDEN	TEMP	F	55-59F	55	2.02.28	0	0
812	1884	ANDA	MZINYATHI	TRANSNET	M	SM	34	2.02.29	1	0
813	1414	BRIAN	MARKS	TEMP	M	50-54M	54	2.02.30	0	0
814	648	BRETT	HOLMES	ASPEN	M	50-54M	52	2.02.37	1	0
815	1864	ZENITA	DURRHEIM	ASPEN	F	45-49F	47	2.02.44	1	0
816	1056	BARRY	PHIPPS	32GI	M	45-49M	49	2.02.49	1	0
817	1928	ADELE	PHIPPS	CHARLO	F	55-59F	57	2.03.08	2	0
818	639	ZAYLON	GOUZA	BESTMED	M	SM	22	2.03.16	1	0
819	1955	JULIANO	WATSON	TEMP	M	SM	33	2.03.22	0	0
820	1584	TRACY	PAGE	VITALITY	F	45-49F	49	2.03.23	1	0
821	1029	FRANS	LOOTS	STFRAN	M	70+M	70	2.03.23	2	0
822	849	DAVID	MOLELEKENG	PMMC	M	60-64M	62	2.03.24	0	0
823	762	EMMA	LACEY	TEMP	F	SF	20	2.03.27	0	0
824	763	SEAN	LACEY	TEMP	M	55-59M	55	2.03.28	0	0
825	1416	MIHLALI	MCETYWA	TEMP	M	SM	28	2.03.29	0	0
826	1001	MARCEL	ABRAHAMS	TEAMVIT	M	SM	34	2.03.31	0	0
827	1857	KYLA	NIENABER	TEMP	F	SF	21	2.03.36	0	0
828	1333	KANYISA	MAYAYA	SAPD	F	35-39F	39	2.03.41	0	0
829	346	ATTIE	JOOSTE	NEDBANK	M	45-49M	47	2.03.50	1	0
830	657	KIJAN	LARSEN	CHARLO	M	SM	26	2.03.51	1	0
831	1621	ABDISALAAM	MOHAMED	NOCLUB	M	SM	22	2.03.53	0	0
832	854	SIYABULELA	RELU	VWAC	M	45-49M	49	2.03.55	1	0
833	1240	ALECIA	LE ROUX	32GI	F	SF	28	2.03.56	1	0
834	1292	LISA	LAMPRECHT	TEMP	F	SF	23	2.03.57	0	0
835	989	MIHLALI	SONDLO	MTHATHA	M	SM	25	2.03.59	0	0
836	1850	KEVIN	GILLMER	TEMP	M	65-69M	65	2.04.12	0	0
837	1197	GARRETH	EVANS	JBAY	M	40-44M	42	2.04.14	1	0
838	1015	VALMAINE	DE KLERK	32GI	F	45-49F	49	2.04.19	1	0
839	787	FASEEG	ABRAHAMS	TEMP	M	40-44M	44	2.04.20	0	0
840	809	JUSTIN	MAY	TEMP	M	SM	30	2.04.21	0	0
841	1531	AYANDA	JAM	BUFFALO	M	40-44M	40	2.04.23	0	0
842	995	NOZIE	BONGOBI -GWILI	ASPEN	F	40-44F	43	2.04.24	1	0
843	675	BRENDA	MUKOMBE	TEAMVIT	F	35-39F	38	2.04.37	0	0
844	822	LINDI	VAN TONDER	CHARLO	F	45-49F	48	2.04.40	1	0
845	594	YOLANDA	DUGMORE	VITALITY	F	50-54F	53	2.04.40	1	0
846	1371	SOPHUMELELA	KETELO	TEMP	M	35-39M	35	2.04.41	0	0
847	858	MICHAEL	SMITH	BLUEBAY	M	50-54M	53	2.04.41	1	0
848	1023	JOLENE	JANSEN	CHARLO	F	40-44F	40	2.04.52	1	0
849	1699	JOSH	BAILEY	TEMP	M	SM	32	2.05.05	0	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
850	1567	DANE	BRAND	RUN4C	M	35-39M	35	2.05.13	1	0
851	1947	MZIMHLE	TSHOTH	MTHATHA	M	40-44M	41	2.05.17	0	0
852	607	WANDA	BANJWA	VWAC	M	35-39M	39	2.05.17	1	0
853	1159	JENNIFER	AH CHONG	RUN4C	F	55-59F	58	2.05.17	2	0
854	1958	EUGENE	LABUSCHAGNE	TEMP	M	40-44M	40	2.05.24	0	0
855	1084	MORRIGAN	HALKETT	TEMP	F	SF	31	2.05.35	0	0
856	1164	SUNE	DIEDERICKS	CRUSADE	F	55-59F	55	2.05.35	1	0
857	1447	STEPHAN	DU PLESSIS	DESPATCH	M	SM	23	2.05.41	1	0
858	881	OWEN	NCUBE	BLUEBAY	M	45-49M	45	2.05.45	1	0
859	908	ANITA	VISAGIE	SAPPE	F	45-49F	48	2.05.47	1	0
860	1063	VERONICA	SMITH	IKHAMVA	F	55-59F	59	2.05.54	1	0
861	924	ANGELA	ROGERS	CRUSADE	F	55-59F	56	2.06.01	1	0
862	1500	ADRI	SONNEKUS	MADIBA	F	40-44F	40	2.06.06	1	0
863	1529	EMILE	SONNEKUS	MADIBA	M	45-49M	45	2.06.07	1	0
864	1161	MARLENE	MULVEY	RUN4C	F	45-49F	47	2.06.11	1	0
865	1070	MARTIE	VAN SCHALKWYK	MADIBA	F	60-64F	61	2.06.12	2	0
866	860	MARIKE	VAN DER KOLF	PEAAC	F	35-39F	35	2.06.19	1	0
867	1210	MEGAN	ELS	CRUSADE	F	40-44F	41	2.06.20	1	0
868	791	RUFARO	MHLAMBISO	TEMP	M	SM	33	2.06.35	0	0
869	1581	MVELO	PHUNGULA	BUFFALO	M	45-49M	47	2.06.36	0	0
870	1273	SAMANTHA	MUKHEIBIR	ACH	F	45-49F	48	2.06.37	1	0
871	355	SAM	ERASMUS	SAPPE	M	65-69M	68	2.06.38	1	0
872	659	MEGAN	LONG	CHARLO	F	40-44F	41	2.06.38	1	0
873	943	YENZEKILE	MDODANA	TEMP	F	SF	34	2.06.41	0	0
874	1155	DWIGHT	HOFFMAN	SAPPE	M	35-39M	38	2.06.41	1	0
875	1167	KAHN	LANGFORD	VWAC	M	45-49M	47	2.06.46	1	0
876	1291	SINETHEMBA	LANGBOOI	TEMP	M	SM	29	2.06.47	0	0
877	1669	SIMBULELE	GQAMANA	TEMP	M	SM	28	2.06.48	0	0
878	772	ANDREW	TALJAARD	TEMP	M	45-49M	49	2.06.51	0	0
879	1244	KAYLA	VERMAAK	MUIRITE	F	SF	24	2.06.54	1	0
880	1052	MPUMELELO	NGWENYA	CRUSADE	M	35-39M	36	2.06.55	1	0
881	746	EPHRAIM	NONTIYA	TEMP	M	SM	27	2.07.02	0	0
882	1049	SONIKA	NEL	ELITEAC	F	SF	26	2.07.06	1	0
883	1722	SYDNEY	FORLEE	JQ	M	45-49M	49	2.07.18	0	0
884	1919	DAVID	HOLLIS	CHARLO	M	40-44M	42	2.07.20	1	0
885	629	WILLEMEN	DU RANDT	DESPATCH	F	50-54F	51	2.07.20	1	0
886	1175	CARY	HASTIE	TEAMVIT	M	60-64M	62	2.07.21	0	0
887	788	GRAHAME	BELL	TEMP	M	35-39M	38	2.07.23	0	0
888	654	DENZIL	KOOPMAN	INFINITY	M	55-59M	55	2.07.27	1	0
889	1199	CHARLOTTE	VAN WYK	RUN4C	F	40-44F	44	2.07.27	1	0
890	1105	MTHOKOZISI	KHULU	TEMP	M	35-39M	37	2.07.28	0	0
891	1113	ZIYANDA	SKEYI	TEMP	F	40-44F	43	2.07.32	0	0
892	708	PETER	VAN RENSBURG	ELITEAC	M	65-69M	68	2.07.37	1	0
893	1393	IZETTE	BENN	TEMP	F	35-39F	37	2.07.42	0	0
894	1394	WAYNE	BENN	TEMP	M	35-39M	37	2.07.42	0	0
895	673	THANDEKA	MHLANGA	ACT AC	F	35-39F	36	2.07.51	1	0
896	951	CHRISTELLE	BLUME	JBAY	F	55-59F	58	2.07.57	1	0
897	685	AXOLA	PAKADE	ASPEN	M	SM	29	2.08.00	1	0
898	797	SINETHEMBA	YOTSI	TEMP	M	SM	32	2.08.01	0	0
899	1186	HENRI	FOURIE	TEAMV	M	45-49M	47	2.08.03	0	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
900	1808	JAUN-PIERRE	LATEGAN	TEMP	M	SM	22	2.08.05	0	0
901	1858	SIYANDA	LURWENGU	TEMP	M	35-39M	38	2.08.08	0	0
902	944	JORDAN	MCLAREN	TEMP	F	SF	21	2.08.08	0	0
903	856	HAYDEN	MCLAREN	GONUBIE	M	45-49M	49	2.08.08	0	0
904	500	HAYLEY	MCLAREN	GONUBIE	F	45-49F	49	2.08.08	0	0
905	1181	JEAN-PIERRE	VAN DER MERWE	MUIRITE	M	SM	29	2.08.11	1	0
906	837	ISCHKE	LAMBRECHTS	DESPATCH	F	40-44F	42	2.08.14	1	0
907	1755	ZENANDE	MABINI	SAPSTR	M	SM	30	2.08.18	0	0
908	584	BERNARD	BADENHORST	CITYC	M	45-49M	46	2.08.20	1	0
909	1571	BILLY	KIETAS	VWAC	M	50-54M	51	2.08.21	1	0
910	978	SINAWWE	MJEKULA	TEMP	M	JM	17	2.08.22	0	0
911	1050	SHAUN	NEL	ELITEAC	M	50-54M	51	2.08.23	1	0
912	1319	TREVLIN	HOYLE	32GI	F	50-54F	51	2.08.28	1	0
913	1716	TAURAI	TARY	TEMP	M	40-44M	40	2.08.29	0	0
914	768	SINETHEMBA	MANJEZI	TEMP	M	SM	29	2.08.30	0	0
915	1954	KRISTIN	SUTHERLAND	TEMP	F	40-44F	43	2.08.33	0	0
916	1844	LAURIKA	VON ALLEMANN	32GI	F	40-44F	43	2.08.33	1	0
917	1295	NGONIDZASHE	ZATA	TEMP	M	SM	34	2.08.35	0	0
918	678	SETHU	NKOHLA	BUFFALO	F	35-39F	35	2.08.38	0	0
919	907	JOY	PREGNOLATO	32GI	F	55-59F	55	2.08.41	1	0
920	1067	WANDILE	TSHINGI	ASPEN	M	35-39M	39	2.08.43	1	0
921	994	KATHLEEN	FLANAGAN	CRUSADE	F	40-44F	40	2.08.45	1	0
922	1053	ELSABE	OWEN	JBAY	F	50-54F	50	2.08.48	1	0
923	1758	SASHA	SWART	JBAY	F	40-44F	41	2.08.51	1	0
924	609	JOANNE	BERNARDIE	NEDBOR	F	55-59F	55	2.08.52	0	0
925	1875	SHIRLEY	BOWKER	HOLLYWOOD	F	50-54F	51	2.08.55	1	0
926	1193	LEANI	SAVAGE	ACH	F	35-39F	36	2.08.58	1	0
927	1549	WISIZWI	VOYI	TEMP	F	SF	26	2.09.00	0	0
928	722	SIMON	DENNY	TEMP	M	45-49M	49	2.09.01	0	0
929	721	ZELDA	DENNY	TEMP	F	50-54F	50	2.09.03	0	0
930	748	JOHANN	VAN DER MERWE	Bestmed	M	60-64M	62	2.09.07	1	0
931	1256	RIKA	TERBLANCHE	NEDBANK	F	45-49F	49	2.09.13	1	0
932	691	MARIUS	ROACH	MUIRITE	M	SM	32	2.09.17	1	0
933	716	LISA	ACHILLEOS	TEMP	F	35-39F	36	2.09.20	0	0
934	1747	SINETHEMBA	TARA	HOLLYWOOD	M	40-44M	42	2.09.23	1	0
935	1532	FREDERICK	MAPHUMULO	THAND	M	45-49M	45	2.09.25	0	0
936	1003	MAGDA	BECKER	CHARLO	F	35-39F	38	2.09.27	1	0
937	206	ROZETTA	KEMP	RUN4C / EPA	F	70+F	72	2.09.27	2	0
938	1326	PAIGE	LEE	32GI	F	60-64F	60	2.09.29	1	0
939	931	ZIMKHITHA	MSIZI	TEMP	F	SF	33	2.09.31	0	0
940	1874	ONDELA	BIDLI	NEDRCFS	M	SM	32	2.09.32	0	0
941	1202	NTOMBODIDI	MPUTA	SAPSTR	F	SF	31	2.09.34	0	0
942	1022	CARLA	HUYSAMEN	JBAY	F	SF	30	2.09.38	1	0
943	1191	SISANDA	NOGALAWWE	CHILLIEP	F	SF	28	2.09.41	1	0
944	751	IAN	OLIVIER	TEMP	M	SM	23	2.09.42	0	0
945	1795	KAYLEE	MARX	32GI	F	SF	29	2.09.43	1	0
946	1430	SIMEON	VAN JAARSVELD	TEMP	M	SM	34	2.09.43	0	0
947	688	NOLUVYOLWETU	QOKWENI	CHARLO	F	40-44F	44	2.09.45	1	0
948	1016	VUYISILE	DELIWE	CSEP	M	50-54M	50	2.09.57	1	0
949	1936	ASIVE	SIMETU	TEMP	F	SF	26	2.09.57	0	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
950	1214	TABO	NOMBUTUMA	ORMAMBA	M	45-49M	46	2.09.59	0	0
951	1410	NANGAMSO	MABHULA	TEMP	F	SF	27	2.10.03	0	0
952	704	OLATHA	TUSWA	TEAMV	M	40-44M	40	2.10.12	0	0
953	1789	XOLISILE	NOMDATYA	DEPTLA	M	45-49M	45	2.10.15	0	0
954	1914	HERMAN	SCHEEPERS	CHARLO	M	50-54M	50	2.10.17	1	0
955	1953	NASIPHI	TAFANE	TEMP	F	SF	26	2.10.19	0	0
956	974	GEORGE	BOTES	DESPATCH	M	50-54M	52	2.10.23	1	0
957	981	AVIWE	MAPUMA	TEMP	F	SF	25	2.10.26	0	0
958	1245	JAVIER	MARTIN	ALBANY	M	50-54M	52	2.10.26	1	0
959	1032	ASHENDA	MAKONIE	VWAC	F	50-54F	50	2.10.28	1	0
960	929	JULIA	ELLIOTT	TEMP	F	SF	27	2.10.34	0	0
961	1274	KATHERINE	NEL	ASPEN	F	35-39F	36	2.10.34	1	0
962	1426	MARY-ANNE	STOTT	TEMP	F	45-49F	48	2.10.36	0	0
963	1965	NICK	KINGSLEY	TEMP	M	50-54M	52	2.10.37	0	0
964	1254	ANDRE	VILJOEN	ACH	M	70+M	71	2.10.37	1	0
965	1093	LIZANDRI	MICHAEL	TEMP	F	SF	26	2.10.41	0	0
966	1153	YVETTE	DE VILLIERS	ASPEN	F	40-44F	40	2.10.49	1	0
967	1909	TREVOR	VAN RENSBURG	CHARLO	M	70+M	73	2.10.51	1	0
968	1232	TUMELO	LEHASA	HOLLYWOO	M	35-39M	38	2.10.52	1	0
969	1014	MOMELEZI	CONJWA	ASPEN	M	SM	31	2.10.59	1	0
970	1300	CANDICE	VAN ROOYEN	TEMP	F	40-44F	40	2.11.04	0	0
971	1054	PAULA	PEARCE	CHARLO	F	55-59F	58	2.11.09	1	0
972	526	PIETER	STRYDOM	DESPATCH	M	65-69M	65	2.11.17	1	0
973	1180	BONGINKOSI	GUMENGE	TEMP	M	SM	34	2.11.24	0	0
974	1956	KAREN	WATSON	TEMP	F	SF	34	2.11.26	0	0
975	972	YAMKELA	MLISA	MTHATHA	M	SM	27	2.11.27	0	0
976	1189	DEAN	BOSMAN	VWAC	M	40-44M	44	2.11.29	1	0
977	645	KEANO	HITZEROTH	CHARLO	M	SM	25	2.11.31	1	0
978	1817	BRONWIN	MEYER	32GI	F	50-54F	53	2.11.36	1	0
979	1288	SIFISO	MASALEGUBA	TEMP	M	SM	33	2.11.48	0	0
980	470	KAITLYN	WOODS	TEMP	F	SF	25	2.11.50	0	0
981	1445	DEWALD	DEYSEL	ELITEAC	M	40-44M	43	2.11.50	1	0
982	1158	JACQUES	BOTHA	DESPATCH	M	50-54M	52	2.11.50	1	0
983	208	JOAN	MARLBOROUGH	CRUSADE / EPA	F	70+F	71	2.11.51	2	0
984	1200	XOLANI	TEYISE	BLUEBAY	M	40-44M	44	2.11.51	1	0
985	1243	CHARLES	PAKADE	TEMP	M	50-54M	50	2.11.53	0	0
986	1730	THULANI	MAKI	CSBOR	M	40-44M	44	2.11.57	0	0
987	1360	SISA	ZAZA	TEAMVIT	M	SM	33	2.12.01	0	0
988	649	JOEL	HUMAN	CHARLO	M	50-54M	53	2.12.05	1	0
989	444	BURNITA	STRYDOM	RUN4C	F	55-59F	57	2.12.05	1	0
990	733	ANDRE	SCHOEMAN	TEMP	M	SM	32	2.12.06	0	0
991	732	CHANTE	SCHOEMAN	TEMP	F	SF	28	2.12.07	0	0
992	1920	JAMES	DU TOIT	CHARLO	M	40-44M	41	2.12.09	1	0
993	1502	SIPHOKAZI	TILI	BESTMED	F	45-49F	46	2.12.15	1	0
994	1806	PHILIP	STRAUSS	TEMP	M	SM	21	2.12.16	0	0
995	1496	LEIGH	SHEPHERD	MUIRITE	M	65-69M	65	2.12.18	1	0
996	821	TARYN	SLABBERT	CHARLO	F	45-49F	45	2.12.23	1	0
997	1000	SILIZIWE	JAKO	TEMP	M	SM	28	2.12.24	0	0
998	591	NCUMISA	KEPE	ABSAEP	F	45-49F	46	2.12.25	1	0
999	1440	ALIZWA	BOVUNGANA	VUKANI	M	SM	25	2.12.25	1	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
1000	1660	JUAN	FRANCIS	TEMP	M	35-39M	36	2.12.26	0	0
1001	1269	LUBABALO	SISWANA	SAPPE	M	45-49M	49	2.12.30	1	0
1002	1047	DUMA	MZILENI	HOLLYWOO	M	45-49M	47	2.12.33	1	0
1003	1807	CHANEY	SMIT	TEMP	F	SF	21	2.12.42	0	0
1004	1166	LIZEL	FERREIRA	JBAY	F	40-44F	43	2.12.43	1	0
1005	1818	NOBUNTU	MPONGWANA	IKHAMVA	F	45-49F	46	2.12.50	1	0
1006	1960	DEON	JACOBS	TEMP	M	SM	32	2.12.58	0	0
1007	1859	STEPHEN	RAUTENBACH	TEMP	M	SM	30	2.12.58	0	0
1008	1504	EDWALL	VAN ROOYEN	NEDBANK	M	50-54M	53	2.13.05	1	0
1009	1542	NATALIE	DIL	NEDBANK	F	55-59F	56	2.13.07	1	0
1010	1059	KELLY	ROSE	32GI	F	45-49F	47	2.13.10	1	0
1011	1026	LEANNE	KRIEK	32GI	F	35-39F	38	2.13.10	1	0
1012	1904	SANET	BEZUIDENHOUT	CHARLO	F	35-39F	38	2.13.11	1	0
1013	1328	SIMTHANDILE	MABHULA	TEAMVIT	F	35-39F	39	2.13.15	0	0
1014	1212	MZUKISI	SALIWA	TRANSNET	M	40-44M	43	2.13.17	1	0
1015	1411	SVEN	MAHIEU	TEMP	M	50-54M	52	2.13.36	0	0
1016	1097	DANIEL	SCHLUTER	TEMP	M	SM	33	2.13.38	0	0
1017	893	GAVEN	MATLI	HOLLYWOO	M	35-39M	36	2.13.46	1	0
1018	1570	LUCIAN	SIMMONDS	MPLAIN	M	45-49M	47	2.13.51	0	0
1019	393	SIYANDA	KETANI	TEMP	M	35-39M	39	2.13.51	0	0
1020	783	SIPHELELE	MCHOBOKI	TEMP	M	35-39M	38	2.13.52	0	0
1021	1810	MAKATENDEKA	MAKONI	TEMP	F	SF	26	2.13.53	0	0
1022	1246	CHANEL	VAN DER MERWE	BESTMED	F	SF	34	2.14.05	1	0
1023	1901	SIHAAM	ALLISON	MALABAR	F	40-44F	41	2.14.13	1	0
1025	1177	SIVUYILE	TSHINGI	ASPEN	M	40-44M	41	2.14.15	1	0
1026	1647	LUTHANDO	NOMTOTO	CSEP	M	35-39M	39	2.14.16	1	0
1027	1088	LIANDE	JOHN	TEMP	F	35-39F	35	2.14.17	0	0
1028	1036	NTHABISENG	MASHEGO	ASPEN	F	SF	33	2.14.17	1	0
1029	478	WENDY	SORENSEN	NEDBANK	F	50-54F	51	2.14.20	1	0
1030	1087	DERICK	HILL	TEMP	M	SM	25	2.14.21	0	0
1031	1144	SINOVUYO	CHOCHOE	KWAMA	M	SM	29	2.14.29	0	0
1032	1235	TALIFHANI	MUTEPE	TEMP	M	SM	34	2.14.31	0	0
1033	1541	TYLO	GERBER	DESPATCH	F	SF	20	2.14.32	1	0
1034	1171	MARITZA	HANEKOM	CITYC	F	40-44F	44	2.14.33	1	0
1035	889	MBULELO	TSHIKILA	HOLLYWOO	M	50-54M	52	2.14.33	1	0
1036	1599	DANIEL	PIETERSE	BLUEBAY	M	60-64M	63	2.14.34	1	0
1037	546	JACOB	ABRAHAM	BODYCON	M	55-59M	59	2.14.48	1	0
1038	1676	DERVIN	COLLINS	TEMP	M	SM	30	2.14.52	0	0
1039	1439	GERALD	BLOEM	RHODESU	M	65-69M	66	2.14.57	1	0
1040	1083	MADDY	EVERTS	TEMP	F	JF	18	2.15.00	0	0
1041	1264	BRESLER	SWANEPOEL	TEMP	M	SM	33	2.15.01	0	0
1042	1495	MONIQUE	SENEKAL	RUN4C	F	SF	34	2.15.02	1	0
1043	726	JOSEPH	MITCHELL	TEMP	M	SM	20	2.15.07	0	0
1044	1993	CONSTANCE	NENGOVHELA	TEMP	F	40-44F	41	2.15.08	0	0
1045	1436	BABOO	BABOO	MALABAR	M	35-39M	39	2.15.14	1	0
1046	724	JENNIFER	KLUE	TEMP	F	JF	18	2.15.15	0	0
1047	1889	GEOFFREY	SWARTBOOI	RUN4C	M	50-54M	50	2.15.17	1	0
1048	934	PADDY	CLOETE	TEMP	F	50-54F	53	2.15.18	0	0
1049	1982	BUCHULE	MAGQUNTULA	TEMP	M	SM	25	2.15.18	0	0
1050	1035	THOZAMA	MANTLAKA	TEAMVIT	F	40-44F	40	2.15.22	0	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
1051	1809	DAWID	DU PLESSIS	TEMP	M	55-59M	56	2.15.22	0	0
1052	1139	MAIGHON	PETERSEN	TEMP	F	SF	24	2.15.25	0	0
1053	1057	LEE-ANN	RAGAVAL-PASQUALLIE	OXFORD	F	45-49F	46	2.15.31	0	0
1054	1814	HLUMELO	MATOLE	TEMP	M	SM	24	2.15.33	0	0
1055	1999	KOPANO	HEADBUSH	TEMP	M	SM	29	2.15.33	0	0
1056	1173	SELUNATHI	LUFUTA	HOLLYWOO	F	SF	27	2.15.35	1	0
1057	798	ANTHONY	BUHAGIAR	TEMP	M	45-49M	46	2.15.37	0	0
1058	1869	DEBORAH	BUHAGIAR	TEMP	F	45-49F	47	2.15.37	0	0
1059	1540	NTOKOZO	NGUBANE	RUN4C	F	SF	31	2.15.43	1	0
1060	897	ANDRIES	MSIZA	CHILLIEP	M	50-54M	53	2.15.46	1	0
1061	1926	MICHELE	MOOLMAN	CHARLO	F	40-44F	41	2.16.00	1	0
1062	492	ANELE	CHARLIE	TEAMVIT	M	SM	27	2.16.01	0	0
1063	1865	AYANDA	POTGIETER	CHILLIEP	F	SF	31	2.16.02	1	0
1064	1258	PALESA	HEADBUSH	ACH	F	45-49F	47	2.16.04	1	0
1065	1257	MARK	HEADBUSH	ACH	M	70+M	81	2.16.04	1	0
1066	1400	LUNGISA	DOUSE	TEMP	M	35-39M	39	2.16.05	0	0
1067	1263	ELZE	VISSER	TEMP	F	35-39F	39	2.16.06	0	0
1068	1538	PASSMORE	DONGI	ORMAMBA	M	40-44M	43	2.16.10	0	0
1069	1238	PATRICIA	PHAKA	TEAMVIT	F	40-44F	43	2.16.16	0	0
1070	1302	ROWAYNE	ADAMS	VWAC	M	45-49M	45	2.16.16	1	0
1071	731	LUCIEN	SASS	TEMP	M	40-44M	41	2.16.16	0	0
1072	1488	LAVINIA	PIETERSE	VWAC	F	50-54F	51	2.16.18	1	0
1073	1664	TRACEY	RUDMAN	TEMP	F	SF	34	2.16.18	0	0
1074	1165	ANNELIE	VAN DER MERWE	ELITEAC	F	45-49F	47	2.16.21	1	0
1075	1201	INA	VAN RENSBURG	BESTMED	F	50-54F	53	2.16.27	1	0
1076	1046	ROXANNE	MULLER	GELVAN	F	40-44F	41	2.16.28	1	0
1077	1120	ABIGAIL	VAN RENSBURG	TEMP	F	SF	26	2.16.29	0	0
1078	1094	MELISSA	NEL	TEMP	F	SF	32	2.16.32	0	0
1079	1797	SANRI	CARSTENS	HANG	F	40-44F	42	2.16.41	0	0
1080	1372	FUARD	DE JAGER	MALABAR	M	45-49M	47	2.16.49	1	0
1081	497	SIMPHIWE	NTLANTI	NEDBANK	M	45-49M	45	2.16.56	1	0
1082	871	JACQUES	LANGLEY	RUN4C	M	35-39M	37	2.16.57	1	0
1083	1213	ANZA	GELEBE	SIBALEKA	F	SF	32	2.17.11	1	0
1084	1237	SIASANGA	MYATAZA	BALEKANI	F	40-44F	41	2.17.15	0	0
1085	1455	KIRSTEN	FULLER	CHARLO	F	SF	34	2.17.18	1	0
1086	1539	WARDAH	KAFAAR	MALABAR	F	45-49F	46	2.17.24	1	0
1087	1149	ABDURRAHMAAN	FREDERICKS	MALABAR	M	45-49M	46	2.17.26	1	0
1088	896	CANDI	TSHAZIBANA	ATLANTIC	F	SF	34	2.17.27	1	0
1089	1885	SIPHOKAZI	MANI	VITALITY	F	35-39F	36	2.17.28	1	0
1090	1449	WANDA	DUDA	BUFF	M	45-49M	48	2.17.33	0	0
1091	1557	WANDA	NKOSI	TEMP	M	45-49M	45	2.17.36	0	0
1092	1798	PHUMLANI	MDITSHWA	SIBALEKA	M	35-39M	36	2.17.41	1	0
1093	1475	XHANTI	MANTSHIYO	ABSAEP	M	55-59M	58	2.17.45	1	0
1094	1515	SITHANDILE	SIPILI	VITALITY	M	40-44M	44	2.17.51	1	0
1095	1242	CATHY	ALLERS	ELITEAC	F	60-64F	64	2.17.54	1	0
1096	777	AMOS	PRAM	TEMP	M	50-54M	50	2.17.54	0	0
1097	1078	RENETTE	ACKERMANN	TEMP	F	60-64F	62	2.17.55	0	0
1098	1971	PHUMLILE	COTIYANE-PONDO	TEMP	M	35-39M	35	2.17.56	0	0
1099	1514	NOZBELE	MBETHE	BLUEBAY	F	50-54F	51	2.17.56	1	0
1100	1220	ANNALIE	STRYDOM	MUIRITE	F	60-64F	62	2.18.01	1	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
1101	1544	MARTIN	TSHABANGU	TEMP	M	35-39M	39	2.18.02	0	0
1102	1368	LYNETTE	HARBRECHT	TEMP	F	60-64F	61	2.18.12	0	0
1103	1138	JULIAN	ETTO	TEMP	M	40-44M	40	2.18.18	0	0
1104	1163	CELESTE	RUDMAN	RUN4C	F	35-39F	35	2.18.22	1	0
1105	1259	BEATA	LANGSON	ASPEN	F	SF	26	2.18.26	1	0
1106	1978	ROBERT	CLARKE	TEMP	M	45-49M	49	2.18.27	0	0
1107	1473	ANESIPHIWO	MAGADLA	HOLLYWOO	F	SF	25	2.18.30	1	0
1108	1068	SONGEZO	TUNTULWANA	MTHATHA	M	40-44M	41	2.18.35	0	0
1109	1011	NOMFUSI	CESHEMBA	VUKANI	F	40-44F	44	2.18.38	1	0
1110	1477	ANELISA	MBETSHU	CHILLIEP	F	SF	30	2.18.42	1	0
1111	1497	XOLISWA	SIYOKO	ASPEN	F	SF	31	2.18.43	1	0
1112	1765	LOGAN	ROTHMAN	TEMP	F	SF	30	2.18.47	0	0
1113	1563	LAMLANI	DAWETI	TEMP	M	SM	29	2.18.54	0	0
1114	1075	HEINRICH	WENTZEL	NEDBANK	M	40-44M	40	2.18.54	1	0
1115	1009	CHRISTOPHER	BRUINTJIES	VWAC	M	50-54M	54	2.18.56	1	0
1116	1469	THERESA	LILLIS	ACH	F	65-69F	69	2.19.01	1	0
1117	1841	KEVIN	MAGNUS	GELVAN	M	55-59M	56	2.19.03	1	0
1118	1433	TEAGAN	WATKINS	TEMP	F	SF	26	2.19.07	0	0
1119	1116	NATASHA	BANDA	TEMP	F	SF	30	2.19.08	0	0
1120	672	PHATHULUVO	MGULI	HOLLYWOO	M	40-44M	41	2.19.09	1	0
1121	761	LONWABO	MOKO	TEMP	M	SM	32	2.19.09	0	0
1122	1129	LILY	WEYER-SCHNEIDER	TEMP	F	SF	25	2.19.10	0	0
1123	1460	DERICK	GOLIATH	GELVAN	M	60-64M	62	2.19.13	1	0
1124	1437	JOHAN	BARNARD	CRUSADE	M	70+M	71	2.19.16	1	0
1125	1409	XOLA	KUSE	TEMP	M	35-39M	39	2.19.16	0	0
1126	1981	MFUNDO	SOBELE	TEMP	M	40-44M	43	2.19.23	0	0
1127	1422	SIMON	SCHOLTZ	TEMP	M	SM	30	2.19.29	0	0
1128	1492	MARILEE	SCHOLTZ	TEAMVIT	F	SF	29	2.19.29	0	0
1129	1990	ANTON	NEVELING	TEMP	M	SM	34	2.19.30	0	0
1130	1586	GERRIT	MEYER	TEMP	M	35-39M	39	2.19.49	0	0
1131	1856	BABALWA	MADIKIZELA	TEMP	F	SF	26	2.19.55	0	0
1132	975	MEGAN	SANSOM	TEMP	F	SF	23	2.19.56	0	0
1133	1260	BERTO	COWLEY	CITYC	M	SM	33	2.19.58	1	0
1134	968	ROBYNNE	THERON	CITYC	F	SF	30	2.19.58	1	0
1135	1568	ZINTLE	NTSHINKA	CHEETHAS	F	40-44F	42	2.19.58	0	0
1136	1486	MADELEINE	OTTO	MUIRITE	F	65-69F	66	2.20.04	1	0
1137	462	SABELO	NDWANDWE	TEMP	M	SM	34	2.20.04	0	0
1138	632	NOSIPHIWO	FRANS	GUGS	F	35-39F	35	2.20.05	0	0
1139	766	ARNO	STEENKAMP	TEMP	M	SM	30	2.20.09	0	0
1140	1141	REINHARDT	BOTHA	TEMP	M	SM	31	2.20.10	0	0
1141	843	MZWABANTU	SWAPI	HOLLYWOO	M	45-49M	47	2.20.11	1	0
1142	1470	NATHAN	LOTTERING	ATLANTIC	M	SM	20	2.20.13	1	0
1143	1408	SONE	KOEN	TEMP	F	SF	25	2.20.19	0	0
1144	1154	DENVER	BARENDSE	CSEP	M	35-39M	38	2.20.21	1	0
1145	1349	THURAYA	PILLAY	CHARLO	M	SM	24	2.20.21	1	0
1146	1536	SOLLY	MEMESE	MUIRITE	M	60-64M	64	2.20.22	1	0
1147	1345	ULRICH	NIEUWOUDT	RUN4C	M	SM	31	2.20.23	1	0
1148	1079	RICARDO	DIEDERICKS	TEMP	M	SM	25	2.20.29	0	0
1149	1395	JACQUI	BESTER	TEMP	F	45-49F	49	2.20.30	0	0
1150	1688	SILKY	SCHUIN-DORFLING	TEMP	F	SF	25	2.20.30	0	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
1151	1211	SAM	DU TOIT	CRUSADE	F	55-59F	57	2.20.40	1	0
1152	1218	FEZEKILE	BHUSAKWE	CONTI	M	35-39M	36	2.20.41	0	0
1153	1603	VERONICA	BOSHOFF	MUIRITE	F	65-69F	65	2.20.44	1	0
1154	1988	LAURE	PIETERSE	TEMP	M	55-59M	55	2.20.47	0	0
1155	373	RHYDEN	KEMP	TEMP	M	35-39M	35	2.20.48	0	0
1156	1564	KHULISO	NEPHALAMA	ASPEN	M	35-39M	35	2.20.51	1	0
1157	1970	THOBANI	SIKADE	TEMP	M	35-39M	35	2.20.52	0	0
1158	1010	NOSIZWE	CEKISO	ABSAEP	F	35-39F	38	2.20.54	1	0
1159	1276	NTOMBIZAMAZIZI	MATOLE	HOLLYWOO	F	45-49F	45	2.20.59	1	0
1160	1341	ANAND	NAIDOO	VWAC	M	55-59M	56	2.21.02	1	0
1161	1854	JARED	DE DONCKER	TEMP	M	SM	25	2.21.03	0	0
1162	1555	ZANEL	VENTER	TEMP	F	45-49F	45	2.21.04	0	0
1163	1027	ADELE	LE ROUX	TEAMVIT	F	50-54F	50	2.21.12	0	0
1164	1034	SHAHIED	MAMOOJEE	GELVAN	M	60-64M	60	2.21.18	1	0
1165	1501	MELISSA	SWANEPOEL	RUN4C	F	35-39F	37	2.21.22	1	0
1166	1004	ANSIE	BENADE	RUN4C	F	65-69F	67	2.21.22	1	0
1167	1458	CHARL	GERBER	RUN4C	M	60-64M	62	2.21.25	1	0
1168	953	SIYANDA	NGCELWANE	RUN4C	F	SF	28	2.21.27	1	0
1169	1505	SASKIA	WAIT	RUN4C	F	SF	24	2.21.30	1	0
1170	1625	EMMERENCHIA	SLABBERT	PEAAC	F	50-54F	53	2.21.34	1	0
1171	1487	NONDUMISO	PHAKATHI	BESTMED	F	40-44F	44	2.21.42	1	0
1172	1617	MOHAMED	KHADRAOUI	GELVAN	M	SM	28	2.21.44	1	0
1173	1782	VIWE	BAMLA	TEMP	F	SF	32	2.21.46	0	0
1174	1582	FAKAZILE	NKOMIYAHLABA	RUN4C	F	35-39F	39	2.21.54	1	0
1175	631	THANDO	FRANS	IKHAMVA	M	45-49M	48	2.22.06	1	0
1176	1882	MVELELI	MBANDE	CHILLIEP	M	40-44M	40	2.22.16	1	0
1177	956	ISABELLA	JONSON	RUN4C	F	JF	17	2.22.17	1	0
1178	1565	DANEILLE	HARRY	BESTMED	F	40-44F	41	2.22.18	1	0
1179	1203	CRYSTAL	VAN HEERDEN	ACH	F	SF	31	2.22.27	1	0
1180	1160	GARETH	FRIEND	JBAY	M	45-49M	46	2.22.41	1	0
1181	1454	CHANTEL	FRIEND	JBAY	F	45-49F	46	2.22.41	1	0
1182	1378	ISHAAQ	PHILLIPS	TEMP	M	SM	28	2.22.46	0	0
1183	1174	JUSTIN	HASTIE	TEAMVIT	M	SM	29	2.22.46	0	0
1184	866	NKULULEKO	CETYWAYO	VWAC	M	45-49M	49	2.23.02	1	0
1185	1484	FIKISWA	NGONYAMA	VWAC	F	40-44F	42	2.23.03	1	0
1186	1832	HEINRICH	BADENHORST	SAPPE	M	55-59M	56	2.23.03	1	0
1187	1787	NOMAXABISO	YANTOLO	TEMP	F	35-39F	35	2.23.05	0	0
1188	1089	SANELISIWE	JONA	TEMP	F	SF	32	2.23.12	0	0
1189	1217	PULANE	BIDLI	SANDFFS	F	35-39F	35	2.23.20	0	0
1190	1994	SIMPHIWE	NKOSA	TEMP	M	55-59M	55	2.23.20	0	0
1191	567	LUTHANDO	MATIWANE	TEMP	M	40-44M	43	2.23.20	0	0
1192	1172	GALEEMA	LILLAH	MALABAR	F	SF	33	2.23.21	1	0
1193	1130	NCEBA	KAPAYI	TEMP	M	50-54M	50	2.23.34	0	0
1194	973	KHANYISA	NOGWINA	REALGIJ	F	35-39F	38	2.23.35	0	0
1195	1816	JOEL	MOLLER	ALBANY	M	35-39M	36	2.23.35	1	0
1196	1123	STANFORD	NDLOVU	TEMP	M	SM	32	2.23.36	0	0
1197	490	LUYOLO	DYUBHELE	NEDBANK	M	SM	33	2.23.39	1	0
1198	1348	KRISH	PILLAY	CHARLO	M	60-64M	64	2.23.40	1	0
1199	1147	BONGA	SODIDI	TEMP	F	SF	23	2.23.44	0	0
1200	1207	EVERTON	JAFTHA	MUIRITE	M	40-44M	40	2.23.44	1	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
1201	1373	AYABONGA	MATSHAYA	TEMP	F	SF	28	2.23.44	0	0
1202	599	SYLVAN	BLIGNAUT	BESTMED	M	65-69M	66	2.24.04	1	0
1203	1128	KATHERINE	WILSON	TEMP	F	JF	17	2.24.08	0	0
1204	1008	NOLUNDI	BREAKFAST	BCMAC	F	40-44F	41	2.24.10	0	0
1205	1352	BRENTON	SCHNETLER	CHARLO	M	50-54M	51	2.24.12	1	0
1206	1442	ANDISWA	CINGO	VUKANI	F	40-44F	40	2.24.17	1	0
1207	1666	SINIKELO	TSHAKA	TEMP	M	SM	21	2.24.18	0	0
1208	1145	WENDY	BULULU	CRUSADE	F	40-44F	43	2.24.19	1	0
1209	1793	KYM	MANDIZVIDZA	CHILLIEP	F	SF	34	2.24.20	1	0
1210	1626	SIYABONGA	TSHAKA	CHILLIEP	M	40-44M	43	2.24.21	1	0
1211	1364	LARA	DE BRUIJN	TEMP	F	SF	25	2.24.22	0	0
1212	1365	LUCA	DE BRUIJN	TEMP	F	SF	25	2.24.22	0	0
1213	1162	BANDILE	CUNTU	NEDBANK	M	60-64M	61	2.24.34	1	0
1214	1432	JC	VISSER	TEMP	M	35-39M	36	2.24.36	0	0
1215	1573	PHUMELELE	MTSHALI	ACT AC	F	35-39F	39	2.24.46	1	0
1216	1384	KELLY	WEIDEMANN	TEMP	F	SF	28	2.24.46	0	0
1217	1385	KYLE	WEIDEMANN	TEMP	M	40-44M	43	2.24.46	0	0
1218	1304	MELISSA	BODENSTEIN	ALBANY	F	45-49F	46	2.24.50	1	0
1219	1208	SIHLE	QWEMESHA	CHILLIEP	F	SF	32	2.24.55	1	0
1220	1761	VENESSA	BOUWER	TEMP	F	SF	21	2.25.01	0	0
1221	616	RODNEY	BUTTERS	EASYEQ	M	60-64M	64	2.25.02	0	0
1222	1518	TREMAINE	WESSON	ACH	M	65-69M	65	2.25.03	1	0
1223	1569	NDILEKA	MGCUWE	VUKANI	F	45-49F	48	2.25.08	1	0
1224	1903	Lizelle	Oosthuizen	CHARLO	F	45-49F	49	2.25.16	1	0
1225	637	ETIENNE	GERBER	CHARLO	M	55-59M	56	2.25.18	1	0
1226	1429	RISHKE	VAN DER WESTHUIZEN	TEMP	F	35-39F	35	2.25.23	0	0
1227	666	Grace	Mpete	VITALITY	F	45-49F	45	2.25.37	1	0
1228	1579	PATRICK	SEDDON	CRUSADE	M	60-64M	63	2.25.41	1	0
1229	1585	ANNE	VAN DER MERWE	TEMP	F	SF	27	2.25.42	0	0
1230	1547	ISABELLE	TALJAARD	TEMP	F	SF	28	2.25.42	0	0
1231	1868	ANDRIES	STRUWIG	TEMP	M	SM	30	2.25.47	0	0
1232	1530	OCTAVIA	BOSHOFF	CRUSADE	F	55-59F	56	2.26.00	1	0
1233	1311	JOHAN	GERBER	CHARLO	M	45-49M	47	2.26.04	1	0
1234	1406	UMA	JAKALASE	TEMP	F	SF	27	2.26.06	0	0
1235	701	MBULELO	TSHOFELA	ALIWAL	M	50-54M	51	2.26.11	0	0
1236	1006	SANET	BOUCHER	MUIRITE	F	45-49F	46	2.26.18	1	0
1237	1946	CHUMA	ZWANE	SIBALEKA	F	40-44F	42	2.26.20	1	0
1238	1355	VICKY	TSKOUNDIS	CHARLO	F	45-49F	48	2.26.23	1	0
1239	1215	KIRSTY	VOGTS	32GI	F	SF	22	2.26.26	1	0
1240	873	CHRIS	VAN RENSBURG	SAPD	M	50-54M	52	2.26.26	0	0
1241	1700	HELEN	VAN DER WESTHUIZEN	TEMP	F	45-49F	45	2.26.28	0	0
1242	1443	ADRIAN	DE WAAL	32GI	M	60-64M	61	2.26.31	1	0
1243	1724	ANTOINETTE	GREEFF	CRUSADE	F	40-44F	41	2.26.34	1	0
1244	1229	FIONA	FLEUR	CRUSADE	F	40-44F	41	2.26.36	1	0
1245	1327	BUSISIWE	LESORO	MADIBA	F	55-59F	55	2.26.40	1	0
1246	1313	SHARON	GRIESEL	CHARLO	F	55-59F	55	2.26.53	1	0
1247	1314	DION	GRIESEL	CHARLO	M	55-59M	58	2.26.53	1	0
1248	952	UNATHI	NTSHONGWANA	NMAH	F	35-39F	35	2.26.58	0	0
1249	1421	ANELLE	SAAIMAN	TEMP	F	SF	33	2.27.06	0	0
1250	1423	GALIT	SELIGMAN	TEMP	F	SF	32	2.27.07	0	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
1251	1537	ANRI	PRETORIUS	JBAY	F	SF	32	2.27.09	1	0
1252	1507	BONISWA	ZONDANI	CHEETHAS	F	40-44F	42	2.27.13	0	0
1253	1122	CANDICE	SPENGLER	TEMP	F	45-49F	45	2.27.16	0	0
1254	1451	JACKIE	ELOFF	RUN4C	F	50-54F	54	2.27.17	1	0
1255	1031	WAYNE	MAC GEAR	BESTMED	M	60-64M	63	2.27.24	1	0
1256	565	CRAIG	GLEAVES	TEMP	M	55-59M	58	2.27.25	0	0
1257	1391	LINDIE	BEALE	TEMP	F	SF	23	2.27.40	0	0
1258	1392	TRISTAN	BEALE	TEMP	M	SM	27	2.27.43	0	0
1259	1431	NADJA	VEITCH	TEMP	F	35-39F	36	2.27.49	0	0
1260	795	CHUMA	WILLIAMS	TEMP	M	35-39M	35	2.27.54	0	0
1261	1513	LELACHE	TERBLANCHE	GELVAN	F	40-44F	42	2.28.01	1	0
1262	1512	LIONEL	TERBLANCHE	GELVAN	M	50-54M	50	2.28.02	1	0
1263	1736	ZAFIKA	NYONGO	SANDFEP	F	45-49F	46	2.28.10	1	0
1264	1480	NIKKI	MOSS	ACH	F	45-49F	45	2.28.22	1	0
1265	1546	SIYANDA	MLISA	TEMP	F	35-39F	36	2.28.27	0	0
1266	1038	VUYOKAZI	MBELE	CHILLIEP	F	45-49F	49	2.28.31	1	0
1267	875	Michal	van Rayner	MUIRITE	F	SF	23	2.28.32	1	0
1268	1361	SUENE	ALBERTS	TEMP	F	SF	24	2.28.34	0	0
1269	1405	ASTRID	SEPTEMBER	TEMP	F	45-49F	47	2.28.42	0	0
1270	1340	NANDIPHA	MYELEYELE	TEAMVIT	F	35-39F	38	2.28.44	0	0
1271	1126	JADE	HENDRICKS	TEMP	F	SF	23	2.28.46	0	0
1272	1781	NOSIPHO	MAZULE	TEMP	F	35-39F	35	2.28.52	0	0
1273	1663	ROSE	LOLO	TEMP	F	SF	31	2.28.54	0	0
1274	1331	BUSISIWE	MAPASA-DUBE	TEAMVIT	F	40-44F	43	2.28.57	0	0
1275	1209	ROBIN	PEACOCK	MUIRITE	M	40-44M	41	2.28.59	1	0
1276	1005	NQABISA	BENYA	ASPEN	F	45-49F	45	2.29.12	1	0
1277	1861	TEMBISA	BANGISO	STUT	F	50-54F	54	2.29.15	0	0
1278	1490	PELOKAZI	SALAZE	R72PAC	F	SF	34	2.29.15	0	0
1279	1413	SIYAKHA	MANDZENDZE	TEMP	F	40-44F	43	2.29.24	0	0
1280	1100	CHRISNA	STANDER	TEMP	F	SF	32	2.29.24	0	0
1281	1842	PEARL	DAMONS	GELVAN	F	60-64F	62	2.29.24	1	0
1282	1534	LUCINDA	GERBER	MUIRITE	F	50-54F	51	2.29.24	1	0
1283	1689	SIPHOKAZI	SIMELANE	TEMP	F	SF	25	2.29.24	0	0
1284	959	Maverick	Coltman	TEMP	M	35-39M	37	2.29.26	0	0
1285	1576	ZANDER	DU PLESSIS	MUIRITE	M	SM	21	2.29.26	1	0
1286	573	MIKYLE	JOHN	TEMP	M	JM	17	2.29.27	0	0
1287	1478	GERHARD	MEIRING	CITYC	M	45-49M	46	2.29.37	1	0
1288	1756	OZELLE	WIEHAHN	RUN4C	F	50-54F	52	2.29.37	1	0
1289	765	LENE	STEENKAMP	TEMP	F	SF	29	2.29.39	0	0
1290	1179	CAMERON	GILCHRIST	TEMP	M	SM	30	2.29.46	0	0
1291	1552	ROESTOFF	GEYSER	TEMP	M	35-39M	39	2.29.50	0	0
1292	1897	KHAZIMLA	ADAM	TEMP	F	SF	19	2.29.52	0	0
1293	792	ERICA	ZHANG	TEMP	F	SF	19	2.29.53	0	0
1294	1064	ALTHEA	SWARTZ	SANLAMC	F	40-44F	42	2.30.11	0	0
1295	1658	CHRISTO	STEYN	CITYC	M	55-59M	58	2.30.11	1	0
1296	1678	DAN	EYANGANYA	TEMP	M	SM	21	2.30.17	0	0
1297	1305	WENDY	CAMERON	BESTMED	F	45-49F	48	2.30.21	1	0
1298	1837	NOMFUNDO	KAMTENI	CHEETAHS	F	40-44F	44	2.30.25	0	0
1299	1206	YANGA	MANGISA	ORMAMBA	F	SF	32	2.30.26	0	0
1300	1428	RIDGE	VAN BELLING	TEMP	M	SM	33	2.30.26	0	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
1302	1343	PLACXEDES	NDHLOVU	CRUSADE	F	50-54F	52	2.30.31	1	0
1303	1796	RUAN	JONKER	DESPATCH	M	SM	27	2.30.31	1	0
1304	460	MONDE	JACOBS	TEMP	M	45-49M	49	2.30.36	0	0
1305	850	SIVENATI	RASI	HOLLYWOO	M	SM	30	2.30.37	1	0
1306	1924	GAVIN	MATTHEWS	CHARLO	M	50-54M	50	2.30.46	1	0
1307	1320	ADELE	JANSE VAN RENSBURG	DESPATCH	F	55-59F	56	2.30.49	1	0
1308	1506	MADRE	WELMANS	MUIRITE	F	55-59F	57	2.30.49	1	0
1309	1452	SISIPHO	FAYE	REALGIJ	F	SF	31	2.30.51	0	0
1310	1510	LIKHONA	NQUNQA	TEMP	F	SF	30	2.31.06	0	0
1311	1012	ILSE	CLAASSENS	MUIRITE	F	SF	26	2.31.07	1	0
1312	1033	VUKOSI	MALULEKE	TEAMVIT	M	SM	30	2.31.17	0	0
1313	825	ROBERT	BUTTON	OLDSELB	M	65-69M	67	2.31.20	0	0
1314	1485	JUDY	NIENABER	RUN4C	F	65-69F	66	2.31.24	1	0
1315	1665	NTUTHUZELO	SKENJANA	TEMP	M	40-44M	44	2.31.27	0	0
1316	1680	HANLIE-ANN	JUNIUS	TEMP	F	50-54F	54	2.31.35	0	0
1317	1679	MR	FELIX	TEMP	M	45-49M	48	2.31.41	0	0
1318	1474	LAILAA	MAN LEE	MALABAR	F	SF	34	2.31.54	1	0
1319	621	GANIEF	DAVIDS	CHARLO	M	60-64M	60	2.32.04	1	0
1320	1855	BIANCA	BLIGNAUT	TEMP	F	JF	19	2.32.09	0	0
1321	1095	STORM	NOACK	TEMP	M	SM	27	2.32.10	0	0
1322	1344	MSUTUKAZI	NDIMBA	VUKANI	F	45-49F	46	2.32.27	1	0
1323	1069	ARINDA	VAN DER LINDE	MADIBA	F	35-39F	36	2.32.39	1	0
1324	1721	NDU	DLAMINI	RAF	M	40-44M	42	2.32.39	0	0
1325	1080	KARLA	DU TOIT	TEMP	F	SF	23	2.32.46	0	0
1326	1135	ANDREW	MEYER	TEMP	M	50-54M	52	2.32.48	0	0
1327	1791	STEPHNO	PIETERSE	MUIRITE	M	35-39M	37	2.32.50	1	0
1328	1466	SHUKRY	KAFAAR	MALABAR	M	40-44M	40	2.33.07	1	0
1329	1957	CAROLINA	STRAUSS	TEMP	F	45-49F	47	2.33.13	0	0
1330	1196	CHANTEL	MILBORROW	XCEL	F	50-54F	53	2.33.19	1	0
1331	1906	REFILWE	TSATSIMPE	CHARLO	F	SF	29	2.33.25	1	0
1332	1156	THEMBU	NTSUKUNYANE	ABSAEP	F	45-49F	47	2.33.27	1	0
1333	1456	BONGEKA	FUZILE	VUKANI	F	40-44F	40	2.33.36	1	0
1334	1696	ANNELIE	DELPORT	TEMP	F	40-44F	41	2.33.42	0	0
1335	1170	SHANDRY	NAZER	VWAC	F	35-39F	37	2.33.42	1	0
1336	1133	RUDY	DELPORT	TEMP	M	40-44M	41	2.33.42	0	0
1337	1750	VENESSA	WEST	R72PAC	F	55-59F	59	2.33.48	0	0
1338	933	VERONIQUE	SASS	TEMP	F	40-44F	41	2.33.53	0	0
1339	1739	JODY	PASQUALLIE	OXFORD	M	40-44M	42	2.33.53	0	0
1340	1912	PETER	POHLMANN	CHARLO	M	60-64M	62	2.33.54	1	0
1341	1321	JOHAN	JOUBERT	MTHATHA	M	35-39M	39	2.33.56	0	0
1342	1820	GRAHAM	DE VOS	MIWAY	M	SM	27	2.34.09	0	0
1343	1853	JANELLE	DE VOS	TEMP	F	SF	24	2.34.09	0	0
1344	1836	YARDON	SWARTBOOI	RUN4C	M	JM	18	2.34.10	1	0
1345	1616	GARY	KELLEHER	CHARLO	M	65-69M	69	2.34.17	1	0
1346	1827	CHANEL	TIRAN-DORFLING	MUIRITE	F	SF	31	2.34.17	1	0
1347	1602	YOLANDE	ARCHER	RUN4C	F	45-49F	47	2.34.26	1	0
1348	1493	TAMARA	SELEPE	SANDFWP	F	35-39F	38	2.34.28	0	0
1349	1074	CORNE	VOSLOO	CHARLO	M	45-49M	46	2.34.35	1	0
1350	1991	DONNE	DARIER	TEMP	F	SF	30	2.34.43	0	0
1351	1992	HENNING	CHAMBERLAIN	TEMP	M	SM	32	2.34.44	0	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
1352	1315	AMANDA	HECHTER	ELITEAC	F	45-49F	45	2.34.51	1	0
1353	1024	THEMBINKOSI	KHUMALO	SAPSKZN	M	45-49M	47	2.34.58	0	0
1354	1562	MARLIZE	VAN DER MERWE	TEMP	F	45-49F	49	2.35.22	0	0
1355	1508	MIKE	BURGER	CRUSADE	M	70+M	72	2.35.26	1	0
1356	1318	THABISA	HLAM	VUKANI	F	40-44F	40	2.35.33	1	0
1357	743	LUKE	INGRAM	TEMP	M	SM	32	2.35.37	0	0
1358	742	ENZA	BRUINTJIES	TEMP	F	35-39F	35	2.35.38	0	0
1359	1578	MASIMBULELE	QWELE	CHILLIEP	F	SF	33	2.35.46	1	0
1360	1644	SIMTHANDILE	ZICI	TEMP	F	SF	34	2.35.46	0	0
1361	1821	HEATHON	LOTTERING	MUIRITE	M	35-39M	35	2.35.46	1	0
1362	935	SIPHAMANDLA	NGQENGQA	TEMP	F	SF	33	2.35.46	0	0
1363	1342	ZAHEERA	NANABHAY	MALABAR	F	40-44F	44	2.35.49	1	0
1364	879	AMEER	ENSAL	MALABAR	M	50-54M	50	2.35.49	1	0
1365	905	ZONWABELE	TSAWU	MUIRITE	M	60-64M	62	2.35.52	1	0
1366	1714	ANTHONY	SIMON	RUN4C	M	40-44M	41	2.36.06	1	0
1367	1784	GABY	MYBURGH	TEMP	F	SF	20	2.36.08	0	0
1368	1554	EMMA	HARRIS	TEMP	F	SF	20	2.36.09	0	0
1369	1605	LYNETTE	CRAUSE	INFINITY	F	65-69F	66	2.36.10	1	0
1370	1767	MANDY	VAN DER MERWE	VWAC	F	55-59F	55	2.36.16	1	0
1371	1234	ANIRLE	DE MEYER	BLUEBAY	F	SF	29	2.36.20	1	0
1372	1082	NATALIE	ELLIOTT	TEMP	F	55-59F	56	2.36.22	0	0
1373	1471	LUSANDA	MABHEKA	THAND	F	SF	34	2.36.24	0	0
1374	1533	XOLANI	MGIJIMA	VWAC	M	40-44M	43	2.36.26	1	0
1375	1468	MECAYLA	KOCK	ATLANTIC	F	SF	22	2.36.27	1	0
1376	1943	MARYKE	GERBER	DESPATCH	F	35-39F	39	2.36.34	1	0
1377	1698	MAWANDE	NGCELWANE	TEMP	M	SM	25	2.36.34	0	0
1378	1249	ANIZE	GERBER	DESPATCH	F	50-54F	52	2.36.34	1	0
1379	1503	GARFIELD	TSATSANE	SIBALEKA	M	60-64M	60	2.36.37	1	0
1380	914	LUPHIWO	MDUZANA	STUT	M	40-44M	40	2.36.41	0	0
1381	1325	ZAKIYYA	LAHER	TEAMVIT	F	40-44F	41	2.36.50	0	0
1382	1336	ZIMASA	MNCANCA	BESTMED	F	SF	30	2.36.50	1	0
1383	970	THEODORE	SCHMIDT	GELVAN	M	45-49M	47	2.36.56	1	0
1384	1499	LYNETTE	SMUTS	WALMER	F	60-64F	60	2.36.59	1	0
1385	1482	NANGAMSO	NABE	TRANSNET	F	35-39F	38	2.37.07	1	0
1386	1693	REFILOE	TAU	TEMP	F	SF	28	2.37.10	0	0
1387	1107	SIVE	SLOTI	TEMP	M	SM	26	2.37.24	0	0
1388	1230	NICOLENE	ELLIE	VWAC	F	40-44F	41	2.37.27	1	0
1389	1351	GAYLE	SAAYMAN	VWAC	F	35-39F	38	2.37.28	1	0
1390	851	DENVER	ELLIE	VWAC	M	45-49M	45	2.37.28	1	0
1391	1762	CASEY	ISAACS	TEMP	F	45-49F	48	2.37.31	0	0
1392	1601	TRACY	ADAMS	VWAC	F	40-44F	42	2.37.31	1	0
1393	1612	NOLUSINDISO	DUNJANA	JUSTICE	F	35-39F	36	2.37.35	0	0
1394	971	LONA	TUKELA	GELVAN	M	SM	27	2.37.35	1	0
1395	1657	LIEZEL	WAIT	RUN4C	F	50-54F	53	2.37.38	1	0
1396	1619	PHAKAMA	MATATA	RUN4C	F	SF	34	2.37.45	1	0
1397	1192	ASANDA	MSARO	SIBALEKA	F	40-44F	40	2.37.59	1	0
1398	1738	DAVID	O'REILLY	NEDBANK	M	70+M	78	2.38.00	1	0
1399	1522	GRANT	HOWARD	TEMP	M	50-54M	54	2.38.02	0	0
1400	1185	XENOPHON	FEIRRERA	BLUEBAY	M	60-64M	64	2.38.13	1	0
1401	1630	ZAKIYYAH	AJAM	MALABAR	F	35-39F	38	2.38.15	1	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
1402	1356	OMPHILE	TSOMOKO	SAPPE	M	35-39M	36	2.38.15	1	0
1403	1729	ZOVUYO	MADLINGOZI	HOLLY	F	SF	31	2.38.16	0	0
1404	1661	INECE	KAYSER	TEMP	F	55-59F	57	2.38.17	0	0
1405	1465	MICHELLE	BLOM	TEMP	F	50-54F	53	2.38.24	0	0
1406	1900	LISA	RANDALL	TEMP	F	45-49F	46	2.38.24	0	0
1407	1239	THANDISWA	MTSHOTANA	TEMP	F	35-39F	36	2.38.30	0	0
1408	1967	LEANDI	SCHIPPER	TEMP	F	SF	34	2.38.39	0	0
1409	1968	CHERI	MC ROBERTS	TEMP	F	SF	33	2.38.39	0	0
1410	1706	CARLA	FOURIE	CITYC	F	SF	30	2.38.42	1	0
1411	1379	THULANI	GWANA	TEMP	M	45-49M	47	2.38.51	0	0
1412	1826	NOMVELISO	SHASHA	KOMANI	F	40-44F	42	2.38.53	0	0
1413	899	MAHENDRA	PRAHALADH	IKHAMVA	M	55-59M	59	2.39.11	1	0
1414	1019	DEIDRE	GERBER	CHARLO	F	50-54F	54	2.39.13	1	0
1415	1779	LUVUYO	GQOLA	STUT	M	45-49M	45	2.39.33	0	0
1416	1624	TEMBA	PEZISA	CSEP	M	55-59M	59	2.39.33	1	0
1417	1572	NCUMISA	MBANDE	CHILLIEP	F	35-39F	38	2.39.41	1	0
1418	1831	RUDI	SWARTS	GELVAN	M	45-49M	48	2.39.42	1	0
1419	1648	ABO	NQEZO	TRANSNET	F	35-39F	36	2.39.47	1	0
1420	1071	CLARISSE	VERWEY	ASPEN	F	SF	26	2.39.49	1	0
1421	1072	ROCCO	VERWEY	ASPEN	M	55-59M	57	2.39.50	1	0
1422	1042	JACQUES	MINNIE	ASPEN	M	SM	27	2.39.51	1	0
1423	1763	NAMHLA	MFECANE	TEMP	F	40-44F	40	2.40.04	0	0
1424	948	UNAKHO	JADEZWENI	TEMP	M	SM	27	2.40.04	0	0
1425	1683	NOSIPHO	MAYISELA	TEMP	F	SF	30	2.40.09	0	0
1426	942	PUMEZA	KHATLANE	TEMP	F	SF	27	2.40.15	0	0
1427	1934	BRUNA	ARAVJO	TEMP	M	SM	33	2.40.17	0	0
1428	720	MIKHAELA	HUGHES	TEMP	F	SF	34	2.40.18	0	0
1429	1048	LYNDLE	NAIDOO	GELVAN	F	SF	34	2.40.19	1	0
1430	1799	PIA	VAN DER HOEK	CRUSADE	F	40-44F	41	2.40.20	1	0
1431	1604	FANIE	CLAASSEN	DESPATCH	M	65-69M	68	2.40.30	1	0
1432	618	KESVAL	CHETTY	CHARLO	M	55-59M	58	2.40.34	1	0
1433	1717	SHELAINIE	BARENDSE-SCHOLTZ	BLUEBAY	F	40-44F	40	2.40.35	1	0
1434	1045	NOLUBABALO	MTSHAKAZI	KOMANIR	F	45-49F	46	2.40.45	0	0
1435	1389	LIHLE	BANTI	TEMP	M	40-44M	40	2.41.08	0	0
1436	1415	KUPHELA	MATIWANA	TEMP	F	40-44F	41	2.41.08	0	0
1437	1774	SANELISIWE	FUNANI	MTHATHA	M	40-44M	42	2.41.42	0	0
1438	1902	SHARON	SMUTS	CHARLO	F	60-64F	60	2.41.43	1	0
1439	1403	KARLIZE	GERICKE	TEMP	F	SF	24	2.41.47	0	0
1440	1734	LUNGISWA	NJOKWENI	THAND	F	35-39F	39	2.41.52	0	0
1441	1401	SCHALK	ERASMUS	TEMP	M	SM	23	2.41.56	0	0
1442	1412	PHILISWA	MAKI	TEMP	F	SF	34	2.42.24	0	0
1443	1434	CHRISTOPHER	WELMAN	TEMP	M	35-39M	37	2.42.29	0	0
1444	1374	CLAIRE	MITCHELL	TEMP	F	JF	18	2.42.40	0	0
1445	1632	MEGAN	BLOM	MUIRITE	F	SF	32	2.42.44	1	0
1446	1323	PETRUS	KOOPMAN	CHARLO	M	65-69M	65	2.42.54	1	0
1447	1613	BANDILE	GWAMANDA	TEAMVIT	M	55-59M	56	2.43.00	0	0
1448	1805	NOLITHA	TSHENTU	CHEETAHS	F	45-49F	46	2.43.03	0	0
1449	1091	ACWENGILE	MADLANGA	TEMP	F	SF	28	2.43.05	0	0
1450	1523	GIRLAND	CHIBAYA	TEMP	M	50-54M	51	2.43.09	0	0
1451	1528	ONGEZIWE	MHLAULI	TEMP	F	SF	28	2.43.17	0	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
1452	1733	ANDRE	NEL	NEDBANK	M	55-59M	59	2.43.27	1	0
1453	1880	BUKEKA	HELA	NEDBANK	F	50-54F	53	2.44.03	1	0
1454	1040	NQABISA	MDODANA	SAPPE	F	45-49F	45	2.44.05	1	0
1455	1649	EUSENTHA	PILLAY	CHARLO	F	60-64F	60	2.44.39	1	0
1456	1607	DENISE	DARLOW	CHARLO	F	55-59F	57	2.44.40	1	0
1457	757	HARMONY	MSONGELWA	TEMP	M	SM	26	2.44.47	0	0
1458	1121	BABALO	BALENI	TEMP	M	SM	30	2.44.56	0	0
1459	1615	ROB	JOINER	KOWIE	M	70+M	79	2.44.57	1	0
1460	1566	LELETU	QINA	SAPPE	F	SF	28	2.45.12	1	0
1461	1862	NICHOLAS	KOTSHOLO	MIWAY	M	35-39M	36	2.45.20	0	0
1462	1653	YOLANDE	STANDER	TEAMVIT	F	35-39F	38	2.45.21	0	0
1463	1002	SHAAHID	NORKEE	MALABAR	M	60-64M	61	2.45.24	1	0
1464	1745	THEMBEKILE	SITHEBE	HOLLYWOO	F	35-39F	38	2.45.24	1	0
1465	1150	PRISCAH	LAKANE	BESTMED	F	SF	29	2.45.25	1	0
1466	1718	SANET	BLOM	MUIRITE	F	55-59F	59	2.45.43	1	0
1467	1396	NOMHLE	BHALA	TEMP	F	SF	28	2.45.58	0	0
1468	1353	PHUMLA	SIBALI	VWAC	F	45-49F	47	2.46.00	1	0
1469	1834	MBULELO	SOBIKWA	NEDBANK	M	70+M	72	2.46.01	1	0
1470	1148	LORRAINE	MOTSWENYANE	HOLLYWOO	F	40-44F	40	2.46.05	1	0
1471	1938	EDITH	NKOSI	TV	F	50-54F	53	2.46.08	0	0
1472	1628	JOHLI	VAN EEDEN	NEDBANK	F	55-59F	57	2.46.09	1	0
1473	1620	NOCawe	MDAZUKA	SIBALEKA	F	40-44F	42	2.46.11	1	0
1474	1399	ANDISIWE	DINISO	TEMP	F	40-44F	40	2.46.24	0	0
1475	1780	SHERILEE	PIETERSE	MUIRITE	F	35-39F	36	2.46.40	1	0
1476	1659	TAMERYN	DE JESUS SCHLUTER	TEMP	F	SF	31	2.46.43	0	0
1477	1691	RON	SNAPPER	TEMP	M	60-64M	60	2.46.48	0	0
1478	1894	ANDRE	STRUMPHER	MUIRITE	M	40-44M	43	2.46.58	1	0
1479	1407	NOMVANO	KENTANE	TEMP	F	35-39F	36	2.47.02	0	0
1480	1708	NTSOAKI	LIBAZISO	SIBALEKA	F	40-44F	42	2.47.04	1	0
1481	1390	MICHAEL	BANTOM	TEMP	M	35-39M	39	2.47.27	0	0
1482	1918	DOROTHY	MALULEKA	CHARLO	F	45-49F	48	2.47.32	1	0
1483	1418	NTOMBIZANELE	NGCELWANE	TEMP	F	35-39F	36	2.47.35	0	0
1484	1450	NEZISWA	DWANYA	ORMAMBA	F	45-49F	48	2.47.36	0	0
1485	1435	BRIAN	WILSON	TEMP	M	45-49M	49	2.47.38	0	0
1486	1754	SHAUN	RAMROOP	BESTMED	M	55-59M	59	2.47.49	1	0
1487	1720	ZIMKITHA	DAYI SIBANGELA	SIBALEKA	F	40-44F	40	2.48.05	1	0
1488	1459	WANDA	GERBER	SAPPE	F	45-49F	47	2.48.17	1	0
1489	1732	MELUMZI	MTSHAYI	TEAMVIT	M	45-49M	45	2.48.18	0	0
1490	1312	ALTA-MARI	GREBE	NEDBANK	F	40-44F	44	2.48.28	1	0
1491	1610	DAVID	FORTEIN	SAPPE	M	60-64M	61	2.48.50	1	0
1492	1812	BUKEKA	MBANGATA	TEMP	F	SF	30	2.49.02	0	0
1493	1018	ANDISWA	FENI	DEPTLA	F	40-44F	42	2.49.02	0	0
1494	1535	UNATHI	MBALI	REALGIJ	F	35-39F	37	2.49.03	0	0
1495	1770	NOKUZOLA	JAM JAM	VUKANI	F	40-44F	44	2.49.11	1	0
1496	932	NOKULUNGA	NKAMBULE	TEMP	F	SF	34	2.49.14	0	0
1497	1560	KUHLE	MAYAPI	TEMP	F	35-39F	37	2.49.15	0	0
1498	1749	YOLANDA	GQOLI	TEMP	F	SF	27	2.49.16	0	0
1499	1028	JASON	LE ROUX	GELVAN	M	SM	30	2.49.27	1	0
1500	923	MIKE	MEYER	TEMP	M	55-59M	57	2.49.27	0	0
1501	1878	TYRESE	SWARTBOOI	RUN4C	M	SM	23	2.49.33	1	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
1502	1516	ANNELINE	RAUTENBACH	NEDBANK	F	55-59F	58	2.49.45	1	0
1503	832	CAMILA	ISMAIL	MALABAR	F	60-64F	60	2.49.51	1	0
1504	1672	NIKITHA	PILLAY	TEMP	F	SF	26	2.49.52	0	0
1505	1307	EVA	CHETTY	CHARLO	F	55-59F	58	2.50.00	1	0
1506	477	RYNO	HOORN	HOLLYWOO	M	35-39M	38	2.50.16	1	0
1507	1103	SINAZO	NUNU	TEMP	F	35-39F	35	2.50.16	0	0
1508	1870	NOMBULELO	TSEPANE	TEMP	F	40-44F	41	2.50.17	0	0
1509	1236	THANDIWE	THEKO	TEMP	F	SF	31	2.50.31	0	0
1510	1638	LEEANN	JOUBERT	MTHATHA	F	35-39F	35	2.50.41	0	0
1511	1151	ASIPHE	NDOTO	BESTMED	F	SF	29	2.50.52	1	0
1512	1545	ESMERELDA	FELIX	TEMP	F	40-44F	44	2.50.59	0	0
1513	885	SIYA	MGQOBOKA	EMERIS	M	SM	21	2.51.03	0	0
1514	882	GERARD	ALEXANDER	EMERIS	M	SM	23	2.51.05	0	0
1515	1021	SCHRICKA	TERBLANCHE	CITYC	F	40-44F	42	2.51.11	1	0
1516	1916	CLAIRE	TUSTIN	CHARLO	F	45-49F	49	2.51.18	1	0
1517	1860	YONELA	BUKULA	TEMP	F	SF	25	2.51.21	0	0
1518	1804	NAMHLA	SAKI	MTHATHA	F	SF	31	2.51.23	0	0
1519	561	MINENTLE	MTIKITIKI	TNETBOR	F	SF	27	2.51.28	0	0
1520	1483	NOMBULELO	NDZUZO	SIBALEKA	F	45-49F	45	2.51.28	1	0
1521	1441	MKOKELI	MALGHAS	VUKANI	M	40-44M	44	2.51.29	1	0
1522	1675	ASENATHI	TSELE	TEMP	F	SF	27	2.51.29	0	0
1523	958	NTOMBOXOLO	PONASE	SIBALEKA	F	35-39F	37	2.51.29	1	0
1524	1757	NODUMO	MALINGE	SIBALEKA	F	SF	31	2.51.31	1	0
1525	1277	JAMILAH	MIJUMBI	TEMP	F	SF	24	2.51.36	0	0
1526	1386	LEESLE	WYNFORD	TEMP	F	50-54F	53	2.52.01	0	0
1527	1498	SHANNON	SMITH	MALABAR	F	SF	30	2.52.23	1	0
1528	1350	THOMAS	PLAATJIES	GELVAN	M	45-49M	49	2.52.25	1	0
1529	1888	LINDEKA	SOPHANGISA	SAPPE	F	50-54F	51	2.52.37	1	0
1530	1448	SIKHUTHALI	DUBASE	SAPPE	M	40-44M	43	2.52.40	1	0
1531	1556	MOHENYI	SEOPOSENGWE	TEMP	M	50-54M	50	2.53.01	0	0
1532	1061	INEZ	SLATER	EMERIS	F	40-44F	42	2.53.36	0	0
1533	1775	PAULINE	KNOCK	SH	F	60-64F	60	2.53.40	0	0
1534	1329	NOMLINDO	MAKUBALO	VUKANI	F	50-54F	51	2.54.19	1	0
1535	1558	WILLEM	VAN TONDER	TEMP	M	45-49M	45	2.54.32	0	0
1536	917	QAQAMBA	PAHLWA	MTHATHA	F	SF	32	2.54.37	0	0
1537	1995	CHWAYITA	NCEDANA	TEMP	F	40-44F	43	2.55.10	0	0
1538	1376	THERESA	NCUBE	TEMP	F	35-39F	35	2.55.36	0	0
1539	1785	FAEEZA	ALLIE	TEMP	F	SF	25	2.55.40	0	0
1540	1752	WINSLOW	BOUWER	CRUSADE	M	40-44M	42	2.55.40	1	0
1541	1711	PORTIA	NQAYI	ABSAEP	F	35-39F	38	2.55.42	1	0
1542	1929	ERIKA	FOREMAN	CHARLO	F	55-59F	55	2.55.44	1	0
1543	1337	CHARLOTTE	MOTHILALL	TEAMVIT	F	40-44F	43	2.55.46	0	0
1544	1309	BRENDON	DONOGHUE	DESPATCH	M	35-39M	38	2.55.47	1	0
1545	1635	BUSISIWE	DYANTYI	CHILLIEP	F	35-39F	37	2.56.18	1	0
1546	1377	MALIBONGWE	NJILI	TEMP	M	35-39M	37	2.56.42	0	0
1547	1322	KATLEGO	KGAJE	ELITEAC	F	SF	31	2.56.58	1	0
1548	1559	NQOBILE	MAYEZA	TEMP	F	SF	27	2.57.17	0	0
1549	1727	ZIMKHITHA	JOJO	ALBANY	F	40-44F	41	2.57.20	1	0
1550	1987	SINOXOLO	RULULU	TEMP	F	35-39F	35	2.57.42	0	0
1551	1334	SIYAMTANDA	MBAYEKA	ELITEAC	F	SF	28	2.57.48	1	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
1552	1771	SHERIN	ARCHARY	OXFORD	F	55-59F	56	2.58.00	0	0
1553	1561	WENDELL	HILES	TEMP	M	55-59M	56	2.58.01	0	0
1554	1301	MONYA	ACKERMAN	MADIBA	F	SF	26	2.58.07	1	0
1555	1849	SIMAMKELE	SIXIMBA	ABSAEP	F	SF	31	2.58.35	1	0
1556	1634	LONDEKA	DLAMINI	TRANSNET	F	SF	33	2.58.35	1	0
1557	1687	TASMIN	SCHOULTZ	TEMP	F	SF	34	2.58.40	0	0
1558	1511	ENRIQUE	BARENDSE	TEMP	M	SM	23	2.58.41	0	0
1559	1803	NOLUBABALO	NGQOBA	CHILLIEP	F	SF	34	2.58.45	1	0
1560	1656	CINDY	VOSLOO	CHARLO	F	40-44F	44	2.58.52	1	0
1561	1905	ANTOINETTE	LEVER	CHARLO	F	SF	32	2.58.59	1	0
1562	1338	ASANDA	MTSHIKWANA	VUKANI	F	40-44F	44	2.59.08	1	0
1563	1759	ALEX	KHUZWAYO	SAPPE	M	60-64M	63	2.59.11	1	0
1564	1646	SESETHU	MTOTYWA	JBAY	F	SF	31	2.59.13	1	0
1565	1682	ONELE	MAVUMA	TEMP	F	SF	27	2.59.35	0	0
1566	1773	MATHABO	DICK	CSEP	F	55-59F	57	2.59.38	1	0
1567	1637	JANICE	JONES	GELVAN	F	50-54F	50	2.59.55	1	0
1568	547	SINDISWA	TUNZI	TRANSNET	F	35-39F	38	3.00.21	1	0
1569	1674	MATLHODI	TABANE	TEMP	F	35-39F	35	3.00.22	0	0
1570	1427	NELA	TSENGWA	TEMP	F	SF	30	3.00.38	0	0
1571	1627	BELINDA	VAN DER BANK	MUIRITE	F	55-59F	58	3.00.38	1	0
1572	1972	KOLIWE	KAHLU	TEMP	F	55-59F	55	3.01.26	0	0
1573	1975	MIKALE	MULLER	TEMP	M	SM	29	3.01.29	0	0
1574	1985	LIYEMA	BUSAKWE	TEMP	M	SM	22	3.01.30	0	0
1575	1425	LUNGA	SOYIZWAPI	TEMP	M	SM	33	3.01.30	0	0
1576	1636	DIANNE	HARTZENBERG	MUIRITE	F	65-69F	67	3.01.48	1	0
1577	1974	PHIWE	MSIZI	TEMP	F	SF	31	3.02.02	0	0
1578	1652	NONDUMISO	SAMBU	REALGIJ	F	35-39F	38	3.02.07	0	0
1579	1631	ABULELE	BANGANI	BUFFALO	F	SF	32	3.02.17	0	0
1580	1751	ABDURRAGIEM	VAN DER SCHAFF	MALABAR	M	60-64M	62	3.02.19	1	0
1581	1645	TSHOLOFELO	MOKOLOPO	MTHATHA	F	40-44F	44	3.02.35	0	0
1582	552	LEIGH	KLINK	VWAC	F	40-44F	44	3.02.59	1	0
1583	1760	SINETHEMBA	BABI	VWAC	F	35-39F	35	3.02.59	1	0
1584	1686	SANELISIWE	NGUTA	TEMP	F	SF	27	3.03.03	0	0
1585	754	GERHARD	GROENEWALD	TEMP	M	60-64M	60	3.03.13	0	0
1586	1366	NICOLE	FROST	TEMP	F	SF	23	3.03.13	0	0
1587	1815	ASIPHE	MBUKUQWA	TEMP	F	SF	29	3.03.31	0	0
1588	1614	DERRICK	HOSHE	ATLANTIC	M	65-69M	67	3.04.05	1	0
1589	1702	ELRIKA	BOTHA	DESPATCH	F	SF	28	3.04.37	1	0
1590	1381	LUYANDA	SHUSHU	TEMP	F	35-39F	39	3.04.59	0	0
1591	1476	REMOABETSWE	MATHOBELA	VWAC	F	SF	31	3.05.25	1	0
1592	1194	NOMAHLUBI	MRUBATA	ALBANY	F	SF	33	3.05.43	1	0
1593	1650	NQOBILE-NOBS	QUPE	HOLLYWOO	F	55-59F	56	3.05.44	1	0
1594	1041	LIZEKA	MENZIWA	HOLLY	F	35-39F	39	3.05.44	0	0
1595	1824	NWABISA	DUKADA	HOLLYWOO	F	50-54F	53	3.05.55	1	0
1596	1772	TASNEEM	DE MAINE	GELVAN	F	35-39F	36	3.06.08	1	0
1597	1753	DAWN	ZEALAND	OXFORD	F	55-59F	56	3.06.08	0	0
1598	1830	ABEGAIL	TEYISE	SAPPE	F	50-54F	54	3.06.12	1	0
1599	1654	SIMON	STRIMLING	ATLANTIC	M	60-64M	64	3.07.03	1	0
1600	1873	ZIZIPHO	MAMBA	TEMP	F	SF	30	3.07.07	0	0
1601	1481	KAMOHELO	MOTA	RUN4C	F	SF	32	3.07.10	1	0

POS	RNO	NAME	SURNAME	CLUB	SEX	CAT	AGE	HMS	PTS	PRES
1602	998	LIZEKA	PAKATI	TEMP	F	45-49F	46	3.07.29	0	0
1603	1609	AWONKE	DINGEZWENI	KOMANIR	F	35-39F	35	3.07.37	0	0
1604	1453	SIMONE	DEYSEL	RUN4C	F	SF	34	3.07.38	1	0
1605	1697	AWANDE	MYEZA	TEMP	F	SF	32	3.07.40	0	0
1606	1076	MUHAMMAD	WHITE	MALABAR	M	35-39M	39	3.07.55	1	0
1607	1524	JAYDEN	SCHEEPERS	TEMP	M	JM	19	3.08.06	0	0
1608	1715	NOLUBABALO	SOHABA	ABSAEP	F	35-39F	37	3.08.10	1	0
1609	1073	THEMBISILE	VETSHEZA	IKHAMVA	F	45-49F	46	3.08.12	1	0
1610	1279	MADZANANDILE	MLONDLELI	TEMP	M	SM	28	3.08.20	0	0
1611	1843	PHUMEZA	LANGA	VWAC	F	35-39F	38	3.08.24	1	0
1612	664	CHRISTOPHER	MAHWEHWE	RUN4C	M	55-59M	58	3.09.00	1	0
1613	1643	MARIA	MAHWEHWE	RUN4C	F	50-54F	52	3.09.01	1	0
1614	1811	XOLISA	MASETI	TEMP	F	SF	28	3.09.58	0	0
1615	947	ZENANDE	MELAPI	TEMP	F	SF	32	3.10.47	0	0
1616	1802	YONELA	JUBASE	CRUSADE	F	SF	33	3.11.54	1	0
1617	1308	SINDISWA	DASI	STUT	F	45-49F	45	3.12.02	0	0
1618	1695	SINETHEMBA	BOYANA	TEMP	F	35-39F	36	3.12.39	0	0
1619	1813	LILONKE	QUNTA	TEMP	F	SF	28	3.13.11	0	0
1620	1623	MPHO	NEMUKULA	JBAY	F	40-44F	40	3.13.11	1	0
1621	1611	SIMANGELE	SKOSANA	ABSAEP	F	45-49F	45	3.13.11	1	0
1622	1178	RUBEN	FERREIRA	ELITEAC	M	JM	18	3.13.41	1	0
1623	1629	MYRNA	VAN EYK	ELITEAC	F	45-49F	48	3.13.41	1	0
1624	1639	ALGENE	KOEBERG	BESTMED	F	40-44F	43	3.15.06	1	0
1625	1184	LUNGISWA	DONDI	JUSTICE	F	40-44F	42	3.16.24	0	0
1626	1709	JODI	MALAN	ACH	F	40-44F	41	3.15.26	1	0
1627	1786	SIHLE	SIHLOBO	TEMP	F	SF	27	3.16.04	0	0
1628	1740	MBASA	PINDA	HOLLYWOO	M	SM	29	3.16.10	1	0
1629	1743	FEZIWE	SALAZE	ABSAEP	F	35-39F	38	3.16.47	1	0
1630	1777	UKANYO	BODLELA	BESTMED	F	SF	22	3.16.49	1	0
1631	1575	MOIPONE	MOSOEUNYANE	BESTMED	F	SF	20	3.17.19	1	0
1632	1127	ZINZI	MBUQE	TEMP	F	45-49F	46	3.17.34	0	0
1633	1324	FUNDISWA	KULA	BESTMED	F	45-49F	47	3.18.9	1	0
1634	417	SULEGGA	LIMBADA	TEMP	F	70+F	71	3.18.12	0	0
1635	1713	SANDRA	SHARE	MADIBA	F	60-64F	60	3.18.21	1	0
1636	1792	GUGU	ROJIE	MUIRITE	F	SF	30	3.18.49	1	0
1637	1719	THERESA	CAIRNCROSS	ATLANTIC	F	60-64F	60	3.20.01	1	0
1638	1216	RAKGWADI	MORITI	CRUSADE	M	35-39M	36	3.20.20	1	0
1639	1742	DIKELEDI	RAMOROKA	ASPEN	F	40-44F	43	3.20.21	1	0
1640	1521	LUVIWE	GCULANA	TEMP	F	SF	20	3.20.32	0	0
1641	1641	BERNADETTE	LOOCK	CHARLO	F	45-49F	46	3.20.49	1	0
1642	1788	MARIO	LEE- CHING	TEMP	M	40-44M	40	3.23.00	0	0
1643	1790	SAVANNAH	NEWLAND-NELL	TEMP	F	SF	28	3.23.01	0	0
1644	1673	ZINZI	SOMANA	TEMP	F	35-39F	35	3.23.41	0	0
1645	1776	CHUMA	NDIMENI	VITALITY	F	40-44F	41	3.28.38	1	0
1646	823	ANELE	GQETYWA	VITAL	F	SF	32	3.28.38	0	0