

NMB LEGACY PROJECT CROSS COUNTRY LEAGUE 1 - VARSVLEI - 2026/05/23 - RACE 1
MALE CATEGORY: B16

Place	First Name	Last Name	No	Age	Cat	Club/School	Gender	Time
1	MATTHEW	KINGWILL	6033	15	B16	GREY H/S	M	00:23:21
2	LIAM	WESTRAADT	6252	15	B16	FRAMESBY	M	00:24:38
3	ZEENITH	HAWKINS	6245	16	B16	GRASSRIDGE	M	00:26:55
4	AHLUMILE	NODA	6247	16	B16	GRASSRIDGE	M	00:27:27
5	NEYHUM	NZEZA	6032	15	B16	UITENHAGE H/S	M	00:30:58
6	ISIPHILE	GOJELA	6248	16	B16	WAAINEK	M	00:31:51
7	LONWABO	NONDLWANA	6031	15	B16	Achilles AAA	M	00:32:31

MALE CATEGORY: B17

Place	First Name	Last Name	No	Age	Cat	Club/School	Gender	Time
1	AGCOBILE	JEZILE	6043	17	B17	MOTHER	M	00:21:27
2	LIQHAWE	MKAYO	6037	17	B17	ATLANTIC	M	00:23:50
3	SIHLE	MTABATI	6246	17	B17	GRASSRIDGE	M	00:24:33
4	SINAWO	APRIL	6021	16	B17	SIBALEKA NANI	M	00:24:35
5	STEFAN	BOSHOFF	6249	16	B17	FRAMESBY	M	00:28:25
6	IBANATHI	TSEWU	6244	16	B17	WAAINEK	M	00:28:46
7	NDUMISO	VIKILAHLE	6039	16	B17	CHILLIEP	M	00:31:03
8	JOHANNES	DE WET	6243	17	B17	GLOBAL	M	00:35:33

MALE CATEGORY: JM

Place	First Name	Last Name	No	Age	Cat	Club/School	Gender	Time
1	CHRISTIANO	BROWN	8004	18	JM	SCHOOL	M	00:29:57
2	ANTON	AVENATHI	8072	18	JM	SIBALEKA NANI	M	00:30:02
3	LATHITHA	NTSUNGUZI	8026	18	JM	WAAINEK	M	00:30:57
4	ETHAN	DANIELS	8075	19	JM	Gelvan AC	M	00:31:12
5	MOLOTSI	NTSALONG	8017	18	JM	Bestmed MADIBAZ	M	00:31:18
6	SENZO	NDZOTOYI	8073	17	JM	SIBALEKA NANI	M	00:31:33
7	LATHITHA	VENA	6040	17	JM	CHILLIEP	M	00:32:11
8	AVON	WILLIAMS	8008	18	JM	Independant	M	00:32:33
9	ASONGE	MTHANA	8068	19	JM	Nedbank RC	M	00:32:34
10	XHANTI	BOTCHWAY	8005	18	JM	ACT AC	M	00:39:52
11	KHANYA	NYATHI	8074	17	JM	Nedbank RC	M	00:40:36
12	ETHAN	COUTTS	8002	18	JM	FRAMESBY	M	00:41:31

MALE CATEGORY: SM

Place	First Name	Last Name	No	Age	Cat	Club/School	Gender	Time
1	SINAWO	POTI	3	24	SM	IKHAMVA	M	00:34:49
2	ANDILE	MOTWANI	1	29	SM	Nedbank RC	M	00:35:30
3	SICELO	MASHABA	44	25	SM	CHILLIEP	M	00:35:56
4	ZOLANI	MABONGO	60	39	SM	NEDBANK	M	00:36:20
5	OYAMA	NTANTISO	2	21	SM	Nedbank RC	M	00:36:29
6	SAKHE	MAHOTE	26	21	SM	Bestmed MADIBAZ	M	00:38:14
7	NTSIKA	NTAMO	4	23	SM	IKHAMVA	M	00:38:47
8	KEAGAN	HENDRICKS	24	25	SM	PMCC	M	00:41:36
9	ROGER	MIGGELS	54	32	SM	ATLANTIC	M	00:45:31
10	ROMAN	SEPTOE	9	28	SM	Gelvan AC	M	00:48:01
11	MARCELLE	DE LANGE	22	30	SM	TEMP	M	00:49:05
12	JEAN	JACOBS	27	30	SM	Gelvan AC	M	00:53:31
13	DWAYNE	WILLIAMS	23	24	SM	ATLANTIC	M	00:58:48

MALE CATEGORY: 40-49M

Place	First Name	Last Name	No	Age	Cat	Club/School	Gender	Time
1	THULANI	MDLALO	8070	41	40-49M	Nedbank RC	M	00:31:26
2	MILA	PASIYA	8080	39	40-49M	Nedbank RC	M	00:32:14
3	ALISTAIR	KINGWILL	8077	49	40-49M	32GI	M	00:32:42
4	JEAN-PIERE	ROUX	8015	39	40-49M	Despatch AC	M	00:34:18
5	SANDILE	NGUNUZA	8030	43	40-49M	Nedbank RC	M	00:35:20

6	STANTON	FREEMAN	8006	48	40-49M	ACT AC	M	00:35:46
7	HANSON	SINGAPHI	8093	48	40-49M	ACHILLES	M	00:36:17
8	MONWABISI	KEPE	8032	42	40-49M	Nedbank RC	M	00:36:37
9	RONALD	REEVES	8011	45	40-49M	Achilles AAA	M	00:38:51
10	RICHARD	MAZUNGULA	8022	49	40-49M	Nedbank RC	M	00:40:57
11	NEIL	KRIGE	8016	45	40-49M	TEMP	M	00:41:38
12	JASON	ENSOR	8076	47	40-49M	MADIBA	M	00:44:26
13	DEWALD	STEENKAMP	8013	41	40-49M	Achilles AAA	M	00:45:12
14	CHRISTIAAN	MARAIS	8012	43	40-49M	Achilles AAA	M	00:45:44
15	GIDEON	MENGO	8079	48	40-49M	Nedbank RC	M	00:46:18
16	DANNY	HARTZENBERG	17	49	40-49M	SIBALEKA NANI	M	00:51:11
17	BADROEDEEN	ABRAHAMS	59	39	40-49M	MALABAR	M	00:53:45

MALE CATEGORY: 50-59M

Place	First Name	Last Name	No	Age	Cat	Club/School	Gender	Time
1	AUGUST	ESAU	8019	55	50-59M	NEDBANK RC	M	00:37:38
2	MICHAEL	KINGSTON	8082	53	50-59M	TEMP	M	00:37:50
3	CHRISTOPHER	MABENGIZA	8018	59	50-59M	NEDBANK RC	M	00:38:15
4	ANDREW	MACKENZIE	8010	52	50-59M	Achilles AAA	M	00:40:08
5	DERRICK	DUBASE	8088	51	50-59M	NEDBANK RC	M	00:41:46
6	MILES	HOLLINS	8086	53	50-59M	Achilles AAA	M	00:41:55
7	NICK	CHAPMAN	8078	54	50-59M	Achilles AAA	M	00:42:31
8	BRUCE	KING	8085	59	50-59M	Achilles AAA	M	00:45:16
9	ROBERT	LEE	8009	53	50-59M	Achilles AAA	M	00:45:54
10	REON	VAN RENSBURG	8014	54	50-59M	CHARLO AC	M	00:47:24
11	SELBY	THABETHE	8071	52	50-59M	SIBALEKA NANI	M	01:13:09

MALE CATEGORY: 60-69M

Place	First Name	Last Name	No	Age	Cat	Club/School	Gender	Time
1	DESMOND	ZIBI	6254	62	60-69M	IKHAMVA	M	00:25:51
2	JAN	VAN EEDEN	6240	67	60-69M	Nedbank RC	M	00:30:44
3	PIERRE	SCHWEYER	6279	61	60-69M	Nedbank RC	M	00:31:11
4	DAVID	BAINS	6242	60	60-69M	XCEL RC	M	00:34:27
5	ELDRIDGE	VAN NIEKERK	6025	66	60-69M	Nedbank RC	M	00:34:30
6	VERNON	NEWFELDT	6256	60	60-69M	Gelvan AC	M	00:36:59
7	MUTEKILE	RASMENI	6045	61	60-69M	Achilles AAA	M	00:37:02
8	JOHN	DU PREEZ	6029	60	60-69M	Nedbank RC	M	00:37:32
9	BERNARD	PETERSEN	6255	60	60-69M	Bestmed MADIBAZ	M	00:40:26
10	FRANCOIS	SMIT	6044	66	60-69M	Achilles AAA	M	00:42:05
11	TREMAINE	WESSON	6236	65	60-69M	Achilles AAA	M	00:42:14
12	SIMON	STRIMLING	6036	64	60-69M	ATLANTIC	M	00:55:45

MALE CATEGORY: 70-74M

Place	First Name	Last Name	No	Age	Cat	Club/School	Gender	Time
1	RAYMOND	WEITZ	6024	71	70-74M	Nedbank RC	M	00:32:27
2	BRUCE	MCEWAN	6026	72	70-74M	Achilles AAA	M	00:35:28
3	ANDRE	VILJOEN	6235	71	70-74M	Achilles AAA	M	00:36:28
4	OWEN	KIVEDO	6038	70	70-74M	ATLANTIC	M	00:37:57

MALE CATEGORY: 75+M

Place	First Name	Last Name	No	Age	Cat	Club/School	Gender	Time
1	EDDIE	EADES	4203	77	75+M	Nedbank RC	M	00:22:11
2	DON	CHARLES	4217	77	75+M	Nedbank RC	M	00:22:16
3	PERCY	DALTON	4187	77	75+M	Achilles AAA	M	00:22:54
4	JOHAN	REDELINGHUYS	4295	80	75+M	CITYC	M	00:23:12
5	GRAHAM	CHANNON	4193	76	75+M	Achilles AAA	M	00:23:48
6	ERROL	BLACK	4296	75	75+M	Achilles AAA	M	00:26:49
7	GRAHAM	NELL	4297	75	75+M	Achilles AAA	M	00:34:40
8	BOB	STEDMAN	4287	76	75+M	Achilles AAA	M	00:38:56
9	GODFREY	KARIEM	4299	85	75+M	Gelvan AC	M	00:45:28

FEMALE CATEGORY: SF

Place	First Name	Last Name	No	Age	Cat	Club/School	Gender	Time
1	REFELOE	SOLOMONS	5	45	SF	Nedbank RC	F	00:46:12
2	NTOMBESINTU	MFUNZI	13	44	SF	Nedbank RC	F	00:49:19
3	SIPHOSETHU	MAVATHA	15	29	SF	SIBALEKA NANI	F	00:53:26
4	KAMOGELO	CHILOANE	16	39	SF	Bestmed MADIBAZ	F	01:04:45
5	LUYANDA	NKOSI	8	21	SF	Bestmed MADIBAZ	F	01:08:04
6	TSHEGOFATSO	MATHUSANE	10	21	SF	Bestmed MADIBAZ	F	01:08:34

FEMALE CATEGORY: 35-39F

Place	First Name	Last Name	No	Age	Cat	Club/School	Gender	Time
1	BABALWA	NGCOKO	4194	38	35-39F	NEDBANK RC	F	00:21:47

FEMALE CATEGORY: 40-49F

Place	First Name	Last Name	No	Age	Cat	Club/School	Gender	Time
1	LIZA-MARIE	KINGSTON	4207	44	40-49F	Nedbank RC	F	00:17:59
2	ANCHE	HOLLINS	4302	44	40-49F	ACHILLES	F	00:21:02
3	DUONETTE	HOROWITZ	4178	42	40-49F	Achilles AAA	F	00:22:17
4	SIENA	DE VOS	4300	48	40-49F	Nedbank RC	F	00:24:04
5	MARISKA	KRUGER	4181	48	40-49F	RUN4CHRIST	F	00:24:18
6	KANYISA	MAYAYA	4183	39	40-49F	SAPS	F	00:25:42
7	JUDY	KRIGE	4185	44	40-49F	TEMP	F	00:26:31
8	ASANDA	MSARO	4283	40	40-49F	SIBALEKA NANI	F	00:28:42
9	LIBAZISO	NTSOAKI	4281	42	40-49F	SIBALEKA NANI	F	00:33:46

FEMALE CATEGORY: 50-59F

Place	First Name	Last Name	No	Age	Cat	Club/School	Gender	Time
1	JENÉ	BANFIELD	4180	55	50-59F	RUN4CHRIST	F	00:18:48
2	LIEZL	VAN ZYL	4205	52	50-59F	Nedbank RC	F	00:19:10
3	JUDY	GERBER	4294	59	50-59F	RUN4CHRIST	F	00:20:42
4	ELIZE	ADAMS	4292	51	50-59F	Elite AC	F	00:26:23
5	ANTOINETTE	HUMAN	4291	58	50-59F	Gelvan AC	F	00:29:30
6	GLORIA	ESAU	4293	56	50-59F	INFINITY	F	00:35:56
7	JOCELYN	YOUNG	4069	58	50-59F	Achilles AAA	F	00:36:31

FEMALE CATEGORY: 60-69F

Place	First Name	Last Name	No	Age	Cat	Club/School	Gender	Time
1	THANDI	NKWANDLA	4197	61	60-69F	Nedbank RC	F	00:24:09
2	PAULETTE	MCEWAN	4286	61	60-69F	Achilles AAA	F	00:24:53
3	MARIETJIE	PIETERSEN	4290	69	60-69F	Achilles AAA	F	00:27:46
4	LUCELLE	GOLIATH	4289	66	60-69F	Gelvan AC	F	00:35:57