

GBS MUTUAL BANK MOUNTAIN DRIVE 21.1KM - GRAHAMSTOWN - 2026/08/15										
POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	236	40143	AGCOBILE	JEZILE	ACH	M	17	JM	1.15.33	5
2	60	2149	XOLISA	NDLUMBINI	TRANSNET	M	44	40-44M	1.19.31	5
3	220	40171	ANTON	AVENATHI	SIBALEKA	M	19	JM	1.20.13	4
4	79	2040	TREVOR	SCHUTTLEWORTH	ALBANY	M	18	JM	1.20.45	4
5	234	1085	GEORGE	NTSHILIZA	ACH	M	46	45-49M	1.21.43	5
6	1	1191	NOEL	ADAMS	ELITEAC	M	54	50-54M	1.24.21	5
7	104	2568	LUBABALO	BOKUVA	TEMP	M	36	35-39M	1.27.22	0
8	237	40173	Sinawo	April	ACH	M	17	JM	1.27.30	3
9	209	51481	DANIEL	MCDONALD	NEDBOR	M	23	SM	1.28.03	0
10	50	2524	ABBIE	MITCHELL	Bestmed	F	19	SF	1.30.43	4
11	94	1255	ERROL	WHITTAL	ELITEAC	M	51	50-54M	1.31.06	5
12	235	1137	MUTEKILE	RASMENI	ACH	M	61	60-64M	1.31.21	5
13	57	2029	TONDERAI	MUSARURWA	ALBANY	M	40	40-44M	1.32.19	3
14	192	50607	LAUREN	RANGER	BORNRUN	F	41	40-44F	1.32.40	0
15	169	993	THEMBEKILE	MSIPA	CHARLO	M	52	50-54M	1.33.43	4
16	173	985	CHRISTOFF	PUREN	CHARLO	M	36	35-39M	1.33.52	2
17	233	3428	VUYISANI	NOBI	VOLO	M	34	SM	1.34.42	2
18	42	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	60	60-64M	1.34.59	5
19	210	52929	YASIR	MAHMOOD	MPOX	M	46	45-49M	1.35.36	0
20	96	219	ZAMILE	XANTI	KOWIE	M	52	50-54M	1.36.28	3
21	229	5393	MALIBONGWE	MBALAKISI	TEMP	M	35	35-39M	1.38.23	0
22	99	52884	ASHANAFI	JONE	ALICE	M	42	40-44M	1.38.34	0
23	132	3773	MFUNDO	NTENTILE	TEMP	M	25	SM	1.38.41	0
24	83	832	SEAN	SWANEPOEL	32GI	M	37	35-39M	1.38.42	2
25	48	72	KANYISA	MAYAYA	SAPPE	F	39	35-39F	1.38.48	3
26	8	844	THERESA	BUCHNER	32GI	F	41	40-44F	1.39.00	3
27	165	898	PATRIC	MAKWENKWE	CHARLO	M	60	60-64M	1.40.35	4
28	46	2019	MZAMO	MATAKANE	ALBANY	M	44	40-44M	1.40.45	2
29	18	768	WILLIE	ELS	CRUSADE	M	50	50-54M	1.40.52	3
30	27	2023	JONATHAN	GOUWS	ALBANY	M	25	SM	1.41.18	2
31	15	209	RICHARD	DANEEL	KOWIE	M	44	40-44M	1.41.30	2
32	193	4681	MURRAY	RANGER	TEMP	M	42	40-44M	1.41.57	0
33	175	957	PIERRE	RENSHAW	CHARLO	M	53	50-54M	1.42.11	3
34	149	53734	MARIC	STRESO	TEAMVIT	F	25	SF	1.43.15	0
35	31	2018	MARIO	HOCKLY	ALBANY	M	63	60-64M	1.43.25	4
36	12	561	CHANTELL	CLOETE	RUN4C	F	40	40-44F	1.44.02	3
37	215	495	DEWALD	VERMEULEN	RUN4C	M	54	50-54M	1.44.36	2
38	32	3021	SHAUN	HOEKSTRA	VITALITY	M	26	SM	1.45.14	2
39	232	3426	Jason	Smith	VOLO	M	45	45-49M	1.45.49	2
40	188	1425	DARRYL	BAGLEY	NEDBANK	M	51	50-54M	1.47.32	2
41	10	1062	NICK	CHAPMAN	ACH	M	54	50-54M	1.47.57	2
42	113	2659	GRAHAM	GLOVER	TEMP	M	52	50-54M	1.49.15	0
43	166	952	CINDY	MARAIS	CHARLO	F	49	45-49F	1.49.40	2
44	214	5384	CHENGETAI	CHAKURUNGAMA	TEMP	M	38	35-39M	1.50.55	0
45	66	2341	LUTANDO	NTELEZI	VITALITY	M	36	35-39M	1.51.01	1
46	168	938	THOBELO	MFIKILI	CHARLO	M	40	40-44M	1.51.17	1
47	29	1282	SEBASTIAN	HAARHOFF	VWAC	M	49	45-49M	1.51.23	2
48	61	2108	BERNICE	NEL	HEATAC	F	38	35-39F	1.51.38	2
49	150	50757	NONCEBA	TENZA	ALICE	F	31	SF	1.51.58	0
50	139	3079	ORRIN	SNELGAR	TEMP	M	42	40-44M	1.52.15	0
51	11	2329	ANELE	CHARLIE	VITALITY	M	27	SM	1.52.19	1

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52	181	921	RYAN	VAN DER MESCHT	CHARLO	M	45	45-49M	1.52.37	2
53	125	3755	DIETHER	LUDIK	TEMP	M	33	SM	1.52.58	0
54	16	1597	EDVIN	DONLEY	DESPATCH	M	49	45-49M	1.54.14	1
55	24	532	JUDY	GERBER	RUN4C	F	60	60-64F	1.54.20	4
56	58	122	BAVERSHAN	NAIDOO	MALABAR	M	36	35-39M	1.54.37	1
57	170	911	TANYA	NORRIS	CHARLO	F	42	40-44F	1.55.04	2
58	109	2147	MITCHELL	BROWN	TEMP	M	51	50-54M	1.55.12	0
59	87	2016	LEO	VACCARO	ALBANY	M	32	SM	1.55.24	1
60	107	2588	OWEN	BOTHA	TEMP	M	41	40-44M	1.56.07	0
61	196	4687	GAVIN	DAMPIES	TEMP	M	28	SM	1.56.17	0
62	221	733	ALEX	DU TOIT	CRUSADE	M	61	60-64M	1.56.20	2
63	211	5381	MISH	MOLAKENG	TEMP	M	50	50-54M	1.56.52	0
64	34	144	AHMAD	KADER	MALABAR	M	38	35-39M	1.56.55	1
65	197	4686	ZIPHO	NTLOKWANA	TEMP	M	18	JM	1.58.04	0
66	54	1972	OLIVIA	MOOLMAN	SOMEAST	F	46	45-49F	1.58.13	2
67	159	914	ETIENNE	GERBER	CHARLO	M	56	55-59M	1.58.17	1
68	212	5382	LEFA	TEBEILE	TEMP	M	30	SM	1.58.43	0
69	101	2125	LLOYD	BANDA	TEMP	M	31	SM	1.58.48	0
70	133	3996	GAVIN	PAGEL	TEMP	M	36	35-39M	1.58.52	0
71	163	1008	Darryl	Long	CHARLO	M	48	45-49M	1.59.32	1
72	28	1811	VUYO	GROOTBOOM	TINARHA	M	49	45-49M	1.59.41	1
73	199	2038	ALIDE	NELSON	ALBANY	F	46	45-49F	2.00.00	2
74	65	2284	MZWANELE	NQOQO	VUKANI	M	49	45-49M	2.01.05	1
75	225	706	STEPHEN	MCCARTHY	CRUSADE	M	65	65-69M	2.01.17	2
76	202	4903	BEN	COBBING	TEMP	M	52	50-54M	2.01.36	0
77	155	967	MIKE	BURGER	CHARLO	M	67	65-69M	2.01.43	2
78	19	769	MEGAN	ELS	CRUSADE	F	41	40-44F	2.01.50	1
79	89	1010	JAN	VAN EEDEN	NEDBANK	M	68	65-69M	2.02.08	2
80	154	1018	TANIA	BESSINGER	CHARLO	F	49	45-49F	2.02.08	1
81	239	1843	LONWABO	MTSHAKE	HOLLYWOO	M	56	55-59M	2.02.42	1
82	36	576	VERNON	LANDMAN	RUN4C	M	51	50-54M	2.02.50	1
83	117	2677	CONRE	HENNING	TEMP	M	18	JM	2.03.32	0
84	112	2638	DOMINIC	DAULA	TEMP	M	31	SM	2.03.39	0
85	190	2013	MEGAN	TURNER	ALBANY	F	30	SF	2.03.58	1
86	67	231	MIKE	NUNAN	KOWIE	M	72	70+M	2.05.20	2
87	167	999	THOMAS	MARAIS	CHARLO	M	39	35-39M	2.05.21	1
88	153	1019	EMILE	BESSINGER	CHARLO	M	54	50-54M	2.05.21	1
89	6	2027	MISH	BROTHERTON	ALBANY	F	33	SF	2.05.26	1
90	108	2603	RICHARD	BROTHERTON	TEMP	M	38	35-39M	2.05.26	0
91	95	556	ARTHUR	WILLIAMS	RUN4C	M	63	60-64M	2.05.29	1
92	203	2056	KARABO	DINYAKE	HOLLYWOO	F	29	SF	2.05.36	1
93	151	50637	LWANDISO	NODADA	XJAC	M	38	35-39M	2.05.37	0
94	242	5400	DEAN	FERREIRA	TEMP	M	34	SM	2.05.41	0
95	13	505	ANDRIES	COETSEE	RUN4C	M	40	40-44M	2.05.52	1
96	73	1309	GERALD	PIETERSEN	VWAC	M	46	45-49M	2.06.00	1
97	37	577	YOLANDIE	LANDMAN	RUN4C	F	51	50-54F	2.06.30	1
98	140	3075	KAYLA	WADE	TEMP	F	24	SF	2.06.51	0
99	147	50471	ZANETHEMBA	QASHANI	STUT	M	33	SM	2.06.54	0
100	14	222	JOHN	COX	KOWIE	M	70	70+M	2.07.00	1
101	25	1635	DORIS	GERBER	MADIBA	F	55	55-59F	2.07.31	1
102	216	224	IAN	ROBERTSON	KOWIE	M	62	60-64M	2.07.40	1
103	93	225	ALEXANDER	WEED	KOWIE	M	76	70+M	2.07.41	1

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104	146	52465	ROBYN	NICOLAY	HILTON	F	38	35-39F	2.07.41	0
105	182	961	LARA	VAN HEERDEN	CHARLO	F	50	50-54F	2.07.42	1
106	56	240	NOSISEKO	MTATI	KOWIE	F	38	35-39F	2.08.05	1
107	82	2043	CHARLIZE	SWANEPOEL	ALBANY	F	22	SF	2.08.44	1
108	74	1977	CORLIA	PRETORIUS	SOMEAST	F	52	50-54F	2.09.33	1
109	30	2711	ALISON	HEYERDAHL	KOWIE	F	41	40-44F	2.10.18	1
110	230	5394	SCOTT	HARVEY	TEMP	M	56	55-59M	2.10.19	0
111	194	1853	DUMA	MZILENI	HOLLYWOO	M	47	45-49M	2.10.23	1
112	145	16331	LIZEKA	MENZIWA	HOLLY	F	39	35-39F	2.10.32	0
113	189	3318	SIPHO	MENCE	HOLLY	M	31	SM	2.10.40	0
114	3	3456	TERRI	BLAKE	ALBANY	F	47	45-49F	2.11.54	1
115	127	3306	MAKATENDEKA	MAKONI	TEMP	F	26	SF	2.12.15	0
116	23	2011	JUANITA	FULLER	ALBANY	F	50	50-54F	2.12.50	1
117	238	625	YOLANDA	SIDWABA	ASPEN	F	35	35-39F	2.13.10	1
118	59	2327	MADAN	NARAN	VITALITY	M	47	45-49M	2.13.26	1
119	208	2020	JUSTINE-LEE	DU PLOOY	ALBANY	F	23	SF	2.14.06	1
120	246	3396	BOMKAZI	NTONI	ACH	F	39	35-39F	2.14.25	1
121	70	212	DAVID	PARKER	KOWIE	M	42	40-44M	2.14.38	1
122	183	883	LINDI	VAN TONDER	CHARLO	F	48	45-49F	2.14.46	1
123	22	2025	KYLA	FULLARTON	ALBANY	F	23	SF	2.15.03	1
124	138	3095	GREGORY	SHAW	TEMP	M	45	45-49M	2.15.12	0
125	47	412	BULELANI	MATENJWA	IKHAMVA	M	44	40-44M	2.15.36	1
126	213	5383	CHRIS	TEMBO	TEMP	M	49	45-49M	2.15.49	0
127	84	1429	RIKA	TERBLANCHE	NEDBANK	F	49	45-49F	2.15.50	1
128	224	75	HESTER	DEKKER	SAPPE	F	54	50-54F	2.16.09	1
129	20	42	SAM	ERASMUS	SAPPE	M	68	65-69M	2.16.09	1
130	121	3894	JOHAN	KEMP	TEMP	M	40	40-44M	2.16.26	0
131	241	5397	BLAKE	BRODY	TEMP	M	34	SM	2.16.31	0
132	62	1133	GREIG	NEWLAND-NELL	ACH	M	51	50-54M	2.16.38	1
133	63	1134	OLIVER	NEWLAND-NELL	ACH	M	21	SM	2.16.38	1
134	144	3909	MANDILAKHE	ZABO	TEMP	M	32	SM	2.17.17	0
135	152	984	BELINDA	BAIN	CHARLO	F	64	60-64F	2.17.19	1
136	51	1298	MPHATHISI	MJADU	VWAC	M	54	50-54M	2.18.03	1
137	92	1196	JOHANI	VERMEULEN	ELITEAC	F	49	45-49F	2.18.17	1
138	38	669	TERENCE	LANTZ	ASPEN	M	46	45-49M	2.18.20	1
139	76	50011	ALAN	ROBB	GCH	M	72	70+M	2.18.23	0
140	122	3899	NIKKI	KEMP	TEMP	F	53	50-54F	2.18.57	0
141	198	4589	CLINTON	BERRIMAN	TEMP	M	44	40-44M	2.18.57	0
142	136	5208	EMILY	REPINZ	TEMP	F	49	45-49F	2.18.57	0
143	64	707	MPUMELELO	NGWENYA	CRUSADE	M	36	35-39M	2.19.15	1
144	128	3082	ANNIE	MFATI	TEMP	F	21	SF	2.19.24	0
145	174	997	NOLUVUYOLWETHU	QOKWENI	CHARLO	F	44	40-44F	2.21.26	1
146	80	1272	JEREMY	SCOTT	VWAC	M	55	55-59M	2.21.43	1
147	228	5392	KHAYELIHLE	PRINCE	TEMP	M	21	SM	2.22.27	0
148	41	1290	MARTIN	LEWIES	VWAC	M	51	50-54M	2.22.39	1
149	191	51040	MVELO	PHUNGULA	BUFFALO	M	47	45-49M	2.22.48	0
150	143	3785	NOMAXABISO	YANTOLO	TEMP	F	35	35-39F	2.22.48	0
151	116	2674	RUTH-ANNE	GRAHAM	TEMP	F	29	SF	2.23.48	0
152	110	2150	SAKHEKILE	BUDAZA	TEMP	M	40	40-44M	2.24.41	0
153	111	2633	CONOR	COLQUHOUN	TEMP	M	25	SM	2.24.42	0
154	105	2577	JULIA	BOLAND	TEMP	F	26	SF	2.24.42	0
155	5	50735	JUANITA	BRINK	KIMBH	F	47	45-49F	2.25.02	0

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156	137	4317	ELIZABETH	SEARLE	TEMP	F	18	JF	2.25.33	0
157	176	906	TARYN	SLABBERT	CHARLO	F	45	45-49F	2.26.25	1
158	53	126	DUSHAN	MOODALEY	MALABAR	M	52	50-54M	2.27.54	1
159	35	146	ASHRAF	KHAN	MALABAR	M	43	40-44M	2.27.56	1
160	135	3978	CARON	RADEMAN	TEMP	F	29	SF	2.28.34	0
161	206	5375	ZANELE	NZANZEKA	TEMP	F	25	SF	2.28.43	0
162	40	1269	ZAKHELE	LELAKA	VWAC	M	53	50-54M	2.30.03	1
163	201	4838	GRENTON	SIAS	TEMP	M	47	45-49M	2.30.28	0
164	85	236	CYNTHIA	TOERIEN	KOWIE	F	61	60-64F	2.30.39	1
165	195	4682	JESS	GORNALL	TEMP	F	37	35-39F	2.30.51	0
166	123	3900	MTUMHLE	KEPE	TEMP	M	34	SM	2.31.53	0
167	185	876	GEORGE	WINSHIP	CHARLO	M	60	60-64M	2.32.28	1
168	222	738	SAM	DU TOIT	CRUSADE	F	57	55-59F	2.32.48	1
169	102	50803	SIVIWE	MEVENI	REALGIJ	M	39	35-39M	2.32.57	0
170	160	959	JOHAN	GERBER	CHARLO	M	47	45-49M	2.33.01	1
171	9	6529	RODNEY	BUTTERS	EASYEQ	M	64	60-64M	2.33.40	0
172	204	4906	SIYABULELU	SOKOMANI	TEMP	M	25	SM	2.33.47	0
173	179	917	VICKY	TSOUKNIDAS	CHARLO	F	48	45-49F	2.34.19	1
174	184	1011	CORNE	VOSLOO	CHARLO	M	47	45-49M	2.35.06	1
175	205	5114	SIYANDA	MLISA	TEMP	F	36	35-39F	2.35.20	0
176	244	5404	MONGEZI	PLANK	TEMP	M	42	40-44M	2.35.20	0
177	171	963	Lizelle	Oosthuizen	CHARLO	F	49	45-49F	2.35.23	1
178	91	85	CHRIS	VAN RENSBURG	SAPPE	M	53	50-54M	2.35.48	1
179	2	512	ANSIE	BENADE	RUN4C	F	67	65-69F	2.36.58	1
180	17	575	JACKIE	ELOFF	RUN4C	F	54	50-54F	2.37.01	1
181	177	913	SHARON	SMUTS	CHARLO	F	60	60-64F	2.37.34	1
182	245	2345	NOMFUSI	CESHEMBA	VUKANI	F	44	40-44F	2.38.19	1
183	88	1629	ARINDA	VAN DER LINDE	MADIBA	F	36	35-39F	2.39.06	1
184	178	922	REFILWE	TSATSIMPE	CHARLO	F	30	SF	2.40.10	1
185	223	50	MICHAEL	DEKKER	SAPPE	M	53	50-54M	2.40.54	1
186	226	705	OCTAVIA	BOSHOFF	CRUSADE	F	56	55-59F	2.40.54	1
187	21	507	JOHAN	FERREIRA	RUN4C	M	64	60-64M	2.44.05	1
188	39	2334	MZOVELE	DLAMINI	VWAC	M	41	40-44M	2.44.16	1
189	120	3631	YAMINI	KALYANARAMAN	TEMP	F	46	45-49F	2.44.17	0
190	164	903	KESVAL	CHETTY	CHARLO	M	61	60-64M	2.45.34	1
191	243	5399	LAWRENCE	FERREIRA	TEMP	M	64	60-64M	2.45.37	0
192	72	38	TEMBA	PEZISA	SIBALEKA	M	60	60-64M	2.46.51	1
193	115	2667	RENALDO	GOMBERT	TEMP	M	28	SM	2.49.35	0
194	180	974	CLAIRE	TUSTIN	CHARLO	F	49	45-49F	2.49.47	1
195	172	889	PETER	POHLMANN	CHARLO	M	63	60-64M	2.49.47	1
196	162	969	GARY	KELLEHER	CHARLO	M	68	65-69M	2.49.47	1
197	156	968	DENISE	DARLOW	CHARLO	F	57	55-59F	2.49.47	1
198	126	3582	MBALI	MAJEKE	TEMP	F	24	SF	2.51.21	0
199	217	1829	THEMBEKILE	SITHEBE	HOLLYWOO	F	38	35-39F	2.53.22	1
200	81	1310	PHUMLA	SIBALI	VWAC	F	47	45-49F	2.53.23	1
201	218	2237	LIBAZISO	NTSOAKI	SIBALEKA	F	42	40-44F	2.53.23	1
202	71	3353	NOMHLE	PASINJARA	SAPPE	F	35	35-39F	2.56.29	1
203	1040	4684	JOSHUA	MATANZIMA	TEMP	M	35	35-39M	2.56.53	0
204	219	2222	NOMBULELO	NDZUZO	SIBALEKA	F	45	45-49F	3.00.36	1
205	158	971	DEIDRE	GERBER	CHARLO	F	55	55-59F	3.01.27	1
206	161	1004	SUNET	HARRIS	CHARLO	F	53	50-54F	3.01.28	1
207	157	1003	ERIKA	FOREMAN	CHARLO	F	56	55-59F	3.01.28	1

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208	52	3319	PHATHEKA	MOKGWETSI	Bestmed	F	34	SF	3.01.52	1
209	119	2400	KAMVA	JONGOLA	TEMP	F	24	SF	3.01.54	0
210	78	1274	GAYLE	SAAYMAN	VWAC	F	38	35-39F	3.05.36	1
211	7	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	54	50-54M	3.05.37	1
212	77	234	MARIETJIE	ROBB	KOWIE	F	69	65-69F	3.06.55	1
213	33	232	ROBERT	JOINER	KOWIE	M	79	70+M	3.07.20	1
214	118	2686	ELIZNA	HEYMANS	TEMP	F	18	JF	3.07.25	0
215	124	3733	MAYA	KERR	TEMP	F	18	JF	3.07.26	0
216	69	211	LANCE	PARKER	KOWIE	M	74	70+M	3.09.19	1
217	131	3948	SINALO	NGONZE	TEMP	F	26	SF	3.11.18	0
218	148	52885	SIBONISE	SETI	ALICE	M	34	SM	3.11.19	0
219	90	1189	MYRNA	VAN EYK	ELITEAC	F	48	45-49F	3.19.39	1
220	43	2323	NOMLINDO	MAKUBALO	VUKANI	F	51	50-54F	3.25.03	1
221	45	2269	BULELWA	MASOKA	VUKANI	F	46	45-49F	3.25.03	1
222	68	124	KUVESHAN	PADAYACHEY	MALABAR	M	39	35-39M	3.27.26	1
223	207	5376	MAGDALENE	ASSUMPTION	TEMP	F	59	55-59F	3.27.41	0