

NMB CROSS COUNTRY LEAGUE 4 - ST ALBANS - 2026/07/18**FEMALE AGE GROUP: 23F**

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	AMANDA	DETSHE	102	22	23F	Bestmed	F	00:15:41
2	NALEDI	MBENYANA	1322	20	23F	Bestmed	F	00:18:21
3	KUHLE	MQASHANE	2093	22	23F	CHILLIE RC	F	00:19:30
4	MECAYLA	KOCK	2068	22	23F	ATLANTIC	F	00:20:40
5	LUYANDA	NKOSI	1324	21	23F	Bestmed	F	00:21:09
6	INAM	DATINI	2031	19	23F	SIBALEKA	F	00:24:57
7	MONICA	MASHISHI	1325	21	23F	MADIBAZ	F	00:25:18

FEMALE AGE GROUP: SF4

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	REFELOE	SOLOMONS	2122	45	SF4	NEDBANK	F	00:15:45
2	BEATRICE	CHATORA	2025	26	SF4	CHILLIE RC	F	00:17:37
3	MONIQUE	SENEKAL	2154	34	SF4	RUN4C	F	00:24:20
4	LYNDLE	NAIDOO	2095	34	SF4	GELVAN	F	00:24:43
5	AMANDA	HECHTER	2050	45	SF4	Elite AC	F	00:26:58

MALE AGE GROUP: 23M

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	MXOLELENI	TABATA	2130	23	23M	ACHILLES	M	00:12:46
2	SEMIHLE	BEDA	2016	19	23M	IKHAMVA	M	00:12:57
3	EMIHLE	CUNGE	2029	19	23M	WAAINEK	M	00:13:02
4	OYAMA	NTANTISO	2100	21	23M	NEDBANK	M	00:13:04
5	TAKUNDA	MUBARE	2094	22	23M	CHILLIE RC	M	00:13:08
6	SIYAVUYA	JEYI	2060	21	23M	ACHILLES	M	00:13:23
7	XABISA	MAZANTSI	2088	21	23M	Bathurst	M	00:13:27
8	BANELISIWE	TAMELA	104	20	23M	Bestmed	M	00:14:14
9	LEEYANDER	JENNEKER	2059	20	23M	GAMTOOS	M	00:14:34
10	JORAN	FORTUIN	2040	21	23M	RUN4C	M	00:14:43
11	AYABUKWA	SPEELMAN	2123	19	23M	GAMTOOS	M	00:15:24
12	WYMON	UITHALER	2135	20	23M	TEMP	M	00:16:01
13	APHELELE	BAM	2013	19	23M	RUN4C	M	00:16:17
14	JOSH	WENTZEL	2149	19	23M	TEMP	M	00:16:28
15	XHANTI	BOTCHWAY	2021	19	23M	GRASSRIDGE	M	00:16:35
16	EMIHLE	VAKALISA	2137	20	23M	GRASSRIDGE	M	00:18:08
17	RIEDAH	VAN AARDE	2138	18	23M	GELVAN	M	00:22:31

MALE AGE GROUP: SM4

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	SINAWO	POTI	2105	24	SM4	IKHAMVA	M	00:12:15
2	APHELELE	NKONYANA	103	28	SM4	Bestmed	M	00:12:25
3	KEANU	WELCH	917	21	SM4	EMERIS	M	00:13:16
4	SIBAHLE	MAQWARA	2083	24	SM4	IKHAMVA	M	00:13:36
5	JENIEL	ZANA	2152	31	SM4	RUN4C	M	00:13:50
6	ALISTAR	MAKHALE	101	18	SM4	Bestmed	M	00:14:28
7	LUXOLO	CANDLOVU	105	24	SM4	Bestmed	M	00:14:35
8	LUYOLO	DYUBHELE	2005	33	SM4	NEDBANK	M	00:15:05
9	STANTON	FREEMAN	2043	48	SM4	ACT AC	M	00:15:31
10	KHAYALETHU	KITAS	2066	28	SM4	GAMTOOS	M	00:15:35
11	STEFAN	BOSHOF	2002	17	SM4	FRAMESBY H/S	M	00:15:55
12	SANELE	SAM	2112	33	SM4	STALBANS	M	00:16:24
13	PATLI	NGOBENI	2097	35	SM4	CHILLIE RC	M	00:16:41
14	NEALLEN	JONKERS	2061	26	SM4	SANDE	M	00:16:50
15	MAXWELL	NTABANKULU	2099	43	SM4	CHILLIE RC	M	00:19:32

16	AYANDA	BOTILE	2001	39	SM4	CHIL	M	00:22:39
17	FREDERICK	HECHTER	2051	49	SM4	TEMP	M	00:26:55

FEMALE AGE GROUP: G17

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	KIM-SHAY	GOLIATH	2045	16	G17	GRASSRIDGE	F	00:16:28
2	MINKE	VAN DER MERWE	2142	17	G17	FRAMESBY	F	00:17:40
3	ANNELIZE	DE BRUIN	2034	17	G17	NICOMALAN	F	00:17:53
4	LIANE	VAN DER MERWE	2139	16	G17	FRAMESBY	F	00:18:32
5	SAMANTHA	HENDRICKS	2054	17	G17	UITENHAGE HS	F	00:19:00
6	REFILWE	MABALANE	2080	17	G17	FRAMESBY	F	00:23:14

FEMALE AGE GROUP: G16

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	DESNAY	O'GRADY	2101	15	G16	IKHAMVA	F	00:16:20
2	JAYDENE	TEE	2132	15	G16	FRAMESBY	F	00:17:53
3	AYOLA	NOFEMELE	2003	15	G16	TINARHA	F	00:20:34
4	KARLI	LOUW	2078	15	G16	FRAMESBY	F	00:20:45
5	APHELELE	JUMBA	2063	16	G16	GLOBAL	F	00:21:02
6	SIVIWE	JACK	2057	16	G16	GRASSRIDGE	F	00:21:15
7	SIPHESANDE	JANTJIES	2008	16	G16	TINARHA	F	00:22:01

FEMALE AGE GROUP: G15

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	JASMIN	MOFIT	2091	14	G15	GRASSRIDGE	F	00:17:35
2	ANNIQUE	DE BEER	2033	15	G15	NICOMALAN	F	00:17:40
3	TALIA	PRAHALADH	2106	15	G15	IKHAMVA	F	00:18:25
4	LEANDI	VAN TONDER	2144	15	G15	FRAMESBY	F	00:18:33
5	AMYOLISE	KONA	2069	14	G15	GRASSRIDGE	F	00:19:38
6	MIKAYALA	VAN DYK	2143	14	G15	FRAMESBY	F	00:20:34
7	KARABO	PYNE	2108	14	G15	FRAMESBY	F	00:22:00

FEMALE AGE GROUP: G14

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	KYLIE	DORFLING	2038	13	G14	BRANDWAG	F	00:15:50
2	MIA	PRINSLOO	2107	14	B14	Pearson	M	00:15:57
3	AVA	BASSON	2015	14	G14	FRAMESBY	F	00:17:03
4	EMIHLE	BAARTMAN	2012	14	G14	WAAINEK	F	00:17:20
5	CAITLIN	KINGWILL	2065	13	G14	COLLEGIATE	F	00:18:35
6	LIKA	VAN DER MERWE	2140	13	G14	FRAMESBY	F	00:19:07
7	NINKE	SCHOLTZ	2117	14	G14	COLLEGIATE	F	00:19:35
8	SAIGE	DAMONS	2030	14	G14	UITENHAGE HS	F	00:19:57
9	ANLI	ROETS	2109	14	G14	DFMALHERBE	F	00:20:01
10	SIMONIQUE	SMITH	2120	13	G14	UITENHAGE HS	F	00:20:28
11	CHLOE	WINDVOGEL	2150	13	G14	STRELITZIA	F	00:20:55
12	SHAAKINAH	LOTTERING	2077	13	G14	HILLCREST	F	00:21:16
13	KAYCEY	POTGIETER	2104	13	G14	UITENHAGE HS	F	00:22:10
14	COURTNEY	GOLIATH	2044	13	G14	FRAMESBY	F	00:22:52
15	A	BOTES	2022	13	G14	BRANDWAG	F	00:23:14
16	CARLI	BEKKER	2017	13	G14	BRANDWAG	F	00:23:51
14	MAFISA	LAY-EL	2073	13	G14	SIBALEKA	F	00:24:07
18	MELINKA	VAN DER MERWE	2141	13	G14	FRAMESBY	F	00:25:26

MALE AGE GROUP: B15

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	MARCO	LOTTERING	2076	14	B15	CAMDEBOO	M	00:13:56
2	ACHUMILE	MANGCANGAZA	2081	14	B15	GRASSRIDGE	M	00:14:05
3	MANDILUVE	NGQOLOWA	2098	15	B15	Bathurst	M	00:14:09
4	KEERAN	KLEINBOOI	2067	15	B15	UITENHAGE HS	M	00:14:10
5	KASERERA	TAFARA	2131	15	B15	SIBALEKA	M	00:14:47
6	SIBABALO	SWARTZ	2129	15	B15	Bathurst	M	00:14:53
7	CONNOR	BIRD	2018	15	B15	FRAMESBY	M	00:15:02
8	ELIJAH	ROGERSON	2111	14	B15	GLOBAL	M	00:15:26
9	DAIYAAN	ISAACS	2056	15	B15	UITENHAGE PS	M	00:15:46
10	LIAM	SAUNDERS	2113	15	B15	FRAMESBY	M	00:16:21
11	RUBEN	KEYSER	2064	15	B15	FRAMESBY	M	00:16:33
12	LANA	SIQITI	2119	14	B15	ARABIE	M	00:16:38
13	JAYDON	STOMAN	2127	15	B15	FRAMESBY	M	00:17:02
14	NIEZAAM	GOOLAM	2046	14	B15	GELVAN	M	00:17:26
15	RUCHAAN	FORTUIN	2041	14	B15	UITENHAGE PS	M	00:18:01
16	LIAM	CLOETE	2027	14	B15	FRAMESBY	M	00:18:16
17	REUBEN	HOLTZHAUSEN	2055	15	B15	FRAMESBY	M	00:19:04
18	CHASE	CAMPBELL	2024	15	B15	FRAMESBY	M	00:19:48
19	LOGAN	JUBBER	2062	15	B15	FRAMESBY	M	00:19:48
20	MATTHEW	HECHTER	2052	15	B15	FRAMESBY	M	00:21:32

MALE AGE GROUP: B14

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	ASITHANDILE	MATTHEWS	2087	14	B14	ATLANTIC	M	00:14:29
2	ELARIO	VAALTYN	2136	14	B14	GRASSRIDGE	M	00:14:58
3	SIPHELELE	NABE	2004	14	B14	TINARHA	M	00:15:48
4	DIAN	BOSHOFF	2019	13	B14	FRAMESBY	M	00:16:02
5	THEAAN	LE ROUX	2075	14	B14	MARLOW	M	00:16:41
6	ROMEO	PLAATJIE	2103	13	B14	STRELITZIA	M	00:17:24
7	HANROUX	SHELLINK	2116	13	B14	LORRAINEPS	M	00:17:29
8	DANIEL	GOUWS	2007	13	B14		M	00:17:40
9	TORBIN	OLIPHANT	2102	13	B14	UITENHAGE PS	M	00:18:04
10	LUBABALO	GOTYANA	2047	13	B14	VUKANI	M	00:18:12
11	ALARIC	LAST	901	13	B14	ALTONA	M	00:19:21

MALE AGE GROUP: B13

Place	First Name	Last Name	No	Age	Cat	Club	Sex	Time
1	VIRAAN	STEYN	2126	12	B13	UITENHAGE PS	M	00:14:41
2	CALEB	WENTZEL	2148	12	B13	CARITAS	M	00:15:30
3	NYTHON	WELMAN	2147	12	B13	CAMDEBOO	M	00:16:38
4	HANDRE	LE ROUX	2074	12	B13	HANDHAAF	M	00:16:53
5	CHRISTIAAN	MARAIS	905	13	B13	GILL	M	00:16:56
6	LUPHAWU	MAQOKO	2082	12	B13	WAAINEK	M	00:17:11
7	BRITS	SNYMAN	2121	12	B13	VICTORY CS	M	00:17:29
8	SHELTIN	HARMSE	2049	13	B13	ATLANTIC	M	00:17:37
9	RAOUL	UITHALER	2134	13	B13	UITENHAGE PS	M	00:17:48
10	ELEANDRO	ROETS	2110	13	B13	SEAGULL	M	00:19:47
11	SHAYDON	DAVIDS	2032	12	B13	UITENHAGE PS	M	00:20:25