BayRun NMB in partnership with Discovery Vitality 21.1km - Gqeberha - 2026-10-03										
POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	1	1361	ANDILE	MOTWANI	NEDBANK	M	29	SM	1.08.07	5
2	4	2593	LEBOGANG	GABABOE	Bestmed	M	20	SM	1.12.06	5
3	729	2266	KHAYA	GQWETHA	VUKANI	M	41	40-44M	1.14.51	5
4	252	701	NYASHA	MUKANDI	CRUSADE	M	34	SM	1.16.04	5
5	723	40171	AVENATHI	AVENATHI	SIBALEKA	M	19	JM	1.17.14	5
6	337	1106	SIPHESIHLE	SOFUTE	ACH	M	30	SM	1.19.05	4
7	709	1191	NOEL	ADAMS	ELITEAC	M	54	50-54M	1.19.38	5
8	664	2938	KUSE	MAJALI	AAC	F	49	45-49F	1.19.40	0
9	677	613	JORDAN	FORTUIN	RUN4C	M	21	SM	1.19.58	4
10	724	40183	SENZO	NDZOTOYI	SIBALEKA	M	17	JM	1.19.59	4
11	6	1335	ANELE	MALIZA	NEDBANK	M	48	45-49M	1.20.21	5
12	27	2059	YUSUF	ARENDSE	ACH	M	41	40-44M	1.21.11	5
13	7	694	LUBABALO	JUSAYI	NEDBANK	M	35	35-39M	1.22.21	4
14	388	3055	JEMAIN	WILSON	IKHAMVA	M	38	35-39M	1.24.45	4
15	587	950	CHARLES	SEGALO	CHARLO	M	39	35-39M	1.25.19	4
16	688	2314	BATHANDWA	MOOI	VUKANI	M	41	40-44M	1.25.45	4
17	109	1444	PAUL	FREETH	NEDBANK	M	40	40-44M	1.26.29	4
18	384	282	ABDUL	WICOMB	MUIRITE	M	47	45-49M	1.26.41	5
19	559	878	DANE	CRONJE	CHARLO	F	29	SF	1.26.45	5
20	16	40134	Indiphile	Rubushe	Bestmed	M	19	JM	1.27.01	3
21	225	3264	MALWANDE	MBATHA	CHEETHAS	M	33	SM	1.28.12	0
22	321	2895	SANELE	SAM	CSEP	M	33	SM	1.28.30	3
23	383	1256	ERROL	WHITTAL	ELITEAC	M	51	50-54M	1.28.42	5
24	58	2265	NKOSANA	BUKANI	VUKANI	M	44	40-44M	1.29.07	3
25	740	1849	QAWE	MAJIZA	HOLLYWOO	M	39	35-39M	1.29.07	3
26	328	1800	ROMAN	SEPTOE	GELVAN	M	29	SM	1.29.19	3
27	684	2146	SLULAMI	JACK	TRANSNET	M	51	50-54M	1.30.20	5
28	576	993	THEMBEKILE	MSIPA	CHARLO	M	52	50-54M	1.30.23	5
29	583	985	CHRISTOFF	PUREN	CHARLO	M	36	35-39M	1.30.39	3
30	628	5556	JO	MODENSCHOT	TEMP	M	29	SM	1.31.38	0
31	680	1847	MHLENGI	MAHLABA	HOLLYWOO	M	35	35-39M	1.31.46	3
32	697	2900	SABELO	MELITAFA	CSEP	M	47	45-49M	1.31.55	3
33	8	2518	BASHEER	ENSAL	Bestmed	M	23	SM	1.32.36	2
34	629	141	QAASIEM	ABADER	MALABAR	M	41	40-44M	1.33.03	3
35	540	5540	DYLAN	VERMAAK	TEMP	M	29	SM	1.34.17	0
36	333	3334	THOKO	SIPUNGU	ALBANY	M	37	35-39M	1.34.31	2
37	204	1852	MVULELI	MAGAWULANA	HOLLYWOO	M	49	45-49M	1.34.58	3
38	102	768	WILLIE	ELS	CRUSADE	M	50	50-54M	1.35.05	4
39	586	955	SIVUYILE	SCHEEPERS	CHARLO	M	33	SM	1.35.11	2
40	478	5478	CALLUM	MCEWAN	TEMP	M	20	SM	1.35.15	0
41	575	2185	DANNY	HARTZENBERG	TRANSNET	M	50	50-54M	1.35.24	4
42	240	939	MLUNGISELELI	MNTUYEDWA	REALGIJ	M	42	40-44M	1.35.27	0
43	88	757	LITHA	DINGELA	CRUSADE	M	22	SM	1.36.25	2
44	154	1776	ELDRIDGE	JONKERS	GELVAN	M	47	45-49M	1.36.37	3
45	589	1026	CHRISTOFF	SNYMAN	CHARLO	M	32	SM	1.37.56	2
46	429	5429	NICHOLAS	FORBES	TEMP	M	32	SM	1.37.57	0
47	87	2263	BABONKE	DINGA	VUKANI	M	38	35-39M	1.38.12	2
48	471	5471	BRA-DOG	MAPHEELLE	TEMP	M	60	60-64M	1.38.17	0
49	43	3287	BANELE	BLAAUW	VITALITY	M	32	SM	1.38.38	2
50	233	1370	GEORGE	MEYER	NEDBANK	M	53	50-54M	1.39.09	3
51	690	2188	AYABONGA	TSHUNGWANA	TRANSNET	M	32	SM	1.39.12	2

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
52	167	3593	LEYDEN	KIECK	CRUSADE	M	24	SM	1.39.17	2
53	141	9001	BRETT	HOLMES	SOCIAL	M	38	35-39M	1.39.23	0
54	151	3577	KUHLE	JOBELA	CHEETHAS	M	32	SM	1.39.32	0
55	208	1389	BABALO	MAKALIMA	NEDBANK	M	43	40-44M	1.39.41	2
56	231	1762	SIMBONGILE	MDLETYE	CHILLIEP	M	42	40-44M	1.39.58	2
57	274	1639	VANDRE	NEL	MADIBA	M	41	40-44M	1.40.18	2
58	336	1642	NICO	SMITH	MADIBA	M	41	40-44M	1.40.19	2
59	572	898	PATRIC	MAKWENKWE	CHARLO	M	60	60-64M	1.40.28	5
60	463	5463	JAMIE	LINDSAY	TEMP	M	22	SM	1.40.33	0
61	516	5516	LUNGA	SIHLOBO	TEMP	M	19	JM	1.40.57	0
62	292	40507	LONWABO	NONDLWANA	ACH	M	16	JM	1.41.01	2
63	143	1135	DUONETTE	HOROWITZ	ACH	F	42	40-44F	1.41.11	3
64	221	2289	KHANYISO	MASWANA	VUKANI	M	36	35-39M	1.41.12	2
65	117	249	STERN	GEORGE	MUIRITE	M	20	SM	1.42.18	2
66	66	1062	NICHOLAS	CHAPMAN	ACH	M	54	50-54M	1.42.48	2
67	570	948	DINO	MAGNUS	CHARLO	M	31	SM	1.42.57	2
68	610	2566	LUTHANDO	NDZAMBO	Bestmed	M	43	40-44M	1.42.59	2
69	72	561	CHANTELL	CLOETE	RUN4C	F	40	40-44F	1.43.08	3
70	199	1072	KYLA	MAARTENS	ACH	F	22	SF	1.43.09	2
71	385	673	TIMOTHY	WILLIAMS	ASPEN	M	41	40-44M	1.43.10	2
72	379	495	DEWALD	VERMEULEN	RUN4C	M	54	50-54M	1.43.12	2
73	608	2665	ABULELE	ROZANA	Bestmed	M	30	SM	1.43.38	2
74	132	1282	SEBASTIAN	HAARHOFF	VWAC	M	49	45-49M	1.44.02	2
75	646	3573	ANNEMIE	HOLTZHAUSEN	RUN4C	F	40	40-44F	1.44.05	3
76	648	380	MBOLEKWA	MAYILA	IKHAMVA	M	47	45-49M	1.44.08	2
77	152	270	ANDREW	JONAS	MUIRITE	M	62	60-64M	1.44.12	3
78	177	1620	BROOKE	KRUGER	MADIBA	F	23	SF	1.44.19	2
79	387	3444	JASON	WILSON	RUN4C	M	47	45-49M	1.44.20	2
80	75	2368	NATALIE	COMBRINCK	JBAY	F	35	35-39F	1.44.31	2
81	479	5479	DAVID	MCEWAN	TEMP	M	53	50-54M	1.44.53	0
82	121	532	JUDY	GERBER	RUN4C	F	60	60-64F	1.44.56	5
83	56	3620	JAIDEN	BOWLER	VITALITY	M	19	JM	1.45.12	2
84	668	6035	RECTOR	MONYELA	TEMP	M	25	SM	1.45.14	0
85	394	460	TSHIDISO	ZULU	CHILLIEP	M	35	35-39M	1.45.14	2
86	649	1676	ANTHONY	BUTTON	MADIBA	M	64	60-64M	1.45.15	3
87	207	3012	MARC	MAHAMBEHLALA	VITALITY	M	35	35-39M	1.45.18	2
88	172	1866	SIPHAMANDLA	KOKO	HOLLYWOO	M	36	35-39M	1.45.18	2
89	313	2514	TEDDY	PRUSENT	VITALITY	M	38	35-39M	1.45.18	2
90	36	3032	NICHOLAS	BANGO	VITALITY	M	39	35-39M	1.45.19	2
91	545	5545	ALEX	WILLIMOTT	TEMP	M	22	SM	1.45.24	0
92	243	607	LOUIS	MOOLMAN	RUN4C	M	34	SM	1.45.32	2
93	422	5422	MIKE	DONALDSON	TEMP	M	22	SM	1.46.03	0
94	515	5515	BIANCA	SCHOONBEE	TEMP	F	22	SF	1.46.08	0
95	127	1619	JUAN	GRIGOR	MADIBA	M	21	SM	1.46.15	2
96	743	3438	REECHEN	RUITERS	ATLANTIC	M	25	SM	1.46.16	2
97	131	551	RODGER	GYSMAN	RUN4C	M	52	50-54M	1.46.22	2
98	717	1772	LYLE	ROCKMAN	GELVAN	M	31	SM	1.46.26	2
99	600	114	TAURIQ	HENDRICKS	MALABAR	M	36	35-39M	1.46.35	2
100	716	1283	URAN	LE ROUX	VWAC	M	59	55-59M	1.46.39	2
101	584	957	PIERRE	RENSHAW	CHARLO	M	53	50-54M	1.46.49	2
102	159	144	AHMAD	KADER	MALABAR	M	38	35-39M	1.46.55	2
103	327	1944	MUSA	SENTI	BLUEBAY	M	33	SM	1.47.00	2

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
104	307	3025	CHESLIN	PLAATJIES	VITALITY	M	41	40-44M	1.47.02	2
105	123	2745	BRUCE	GIE	BODYCON	M	53	50-54M	1.47.23	2
106	689	5579	CRAIG	SAUNDERS	TEMP	M	24	SM	1.47.36	0
107	228	706	STEPHEN	MCCARTHY	CRUSADE	M	65	65-69M	1.47.40	4
108	44	5102	REWALLEN	BLAAUW	GELVAN	M	50	50-54M	1.47.43	2
109	433	5433	NTANDAZO	GIJANA	TEMP	M	41	40-44M	1.47.43	0
110	28	1989	MELISSA	ARGYLE	SOMER	F	33	SF	1.47.49	0
111	347	2791	STITHIAN	THOMAS	VITALITY	M	32	SM	1.47.52	2
112	682	1055	JEROME	MAY	XCEL	M	60	60-64M	1.47.57	3
113	611	2542	Masande	Tshutsha	Bestmed	M	30	SM	1.48.07	2
114	325	1662	SIMONÉ	SCHOONBEE	MADIBA	F	25	SF	1.48.09	2
115	90	2279	SIPHESIHLE	DLWATI	VUKANI	M	36	35-39M	1.48.09	2
116	317	1748	RICHARD	RAMATSASA	GELVAN	M	50	50-54M	1.48.23	2
117	578	911	TANYA	NORRIS	CHARLO	F	42	40-44F	1.48.24	2
118	591	921	RYAN	VAN DER MESCHT	CHARLO	M	45	45-49M	1.48.24	2
119	278	1134	OLIVER	NEWLAND-NELL	ACH	M	21	SM	1.48.28	2
120	237	11234	LUCAS	MKHABELA	BESTMED	M	33	SM	1.48.29	2
121	258	122	BAVERSHAN	NAIDOO	MALABAR	M	36	35-39M	1.48.31	2
122	441	5441	DANIEL	HEINE	TEMP	M	22	SM	1.49.20	0
123	685	5577	ZUKISANI	MBIZA	TEMP	M	33	SM	1.49.32	0
124	686	5576	SINAWO	CABANE	TEMP	M	33	SM	1.49.32	0
125	741	431	ATHULE	NTSHUNTSHA	CHILLIEP	M	29	SM	1.49.47	1
126	562	914	ETIENNE	GERBER	CHARLO	M	56	55-59M	1.49.48	2
127	281	3037	SANDISO	NGWENYA	VITALITY	F	32	SF	1.49.59	2
128	295	2287	LINDIKHAYA	NTEYI	VUKANI	M	47	45-49M	1.49.59	2
129	202	2790	TANDUXOLO	MAFENUKA	VITALITY	M	30	SM	1.50.14	1
130	445	5445	VUKILE	HOYI	TEMP	M	58	55-59M	1.50.17	0
131	302	1734	DENVER	PETERSEN	GELVAN	M	43	40-44M	1.50.40	2
132	162	3532	TOZAMA	KEYISE	VITALITY	M	41	40-44M	1.50.42	2
133	609	2502	LINCOLN	JANSEN	Bestmed	M	36	35-39M	1.51.06	1
134	291	1020	NKOLISO	NOMSOBO	MTHATHA	M	29	SM	1.51.08	0
135	719	442	MSINDISI	QALINGE	CHILLIEP	M	31	SM	1.51.10	1
136	21	3099	MARCEL	ABRAHAMS	VITALITY	M	35	35-39M	1.51.11	1
137	33	1043	DAVID	BAINS	XCEL	M	60	60-64M	1.51.12	2
138	419	5419	RUCHENDA	COUTSOURIDES	TEMP	F	33	SF	1.51.20	0
139	482	5482	AYANDA	MHLAMBISO	TEMP	M	36	35-39M	1.51.22	0
140	319	1183	SANETTE	RYAN	ELITEAC	F	56	55-59F	1.51.25	3
141	324	1075	GAVIN	SCHONKNECHT	ACH	M	58	55-59M	1.51.25	2
142	330	2439	MAWETHU	SIDLAYI	MTHATHA	M	33	SM	1.51.32	0
143	294	2341	LUTANDO	NTELEZI	VITALITY	M	37	35-39M	1.51.47	1
144	524	5524	MARCO	SPRONG	TEMP	M	21	SM	1.51.56	0
145	495	5495	TREVOR	MUPANDA	TEMP	M	32	SM	1.51.57	0
146	543	5543	RYNO	WEYERS	TEMP	M	32	SM	1.51.59	0
147	55	1205	ALISON	BOWKER	ELITEAC	F	38	35-39F	1.52.07	2
148	564	992	CYNTHIA	HEYNS	CHARLO	F	42	40-44F	1.52.08	2
149	234	202	WERNER	MEYER	SAPPE	M	53	50-54M	1.52.17	2
150	82	1228	CLIVE	DE LANGE	ELITEAC	M	54	50-54M	1.52.25	2
151	413	5413	JUSTIN	BUTLER	TEMP	M	35	35-39M	1.52.29	0
152	506	5506	DOCTOR	NZIMANDE	TEMP	M	22	SM	1.52.31	0
153	118	71	TRISTAN	GEORGE	SAPPE	M	24	SM	1.52.35	1
154	129	1811	VUYO	GROOTBOOM	TINARHA	M	49	45-49M	1.52.36	2
155	368	2450	TANYA	VAN DER WESTHUIZEN	JBAY	F	43	40-44F	1.52.40	2

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
156	713	1129	MARK	MOMBERG	ACH	M	53	50-54M	1.52.44	2
157	266	1841	DOLLY	NDUDE	HOLLYWOO	F	54	50-54F	1.53.09	2
158	390	2122	RODNEY	WITBOOI	ATLANTIC	M	55	55-59M	1.53.15	2
159	571	895	WAYNE	MAGNUS	CHARLO	M	58	55-59M	1.53.16	2
160	409	5409	DAVID	BOYD	TEMP	M	32	SM	1.53.22	0
161	34	342	JONATHAN	BAKKER	MUIRITE	M	35	35-39M	1.54.06	1
162	242	2082	SEITSHIRO	MOLEMI	SANDF	M	42	40-44M	1.54.08	0
163	91	1451	ELROY	MATTHEWS	NEDBANK	M	56	55-59M	1.54.40	2
164	197	1449	MFUNDISO	LUVALO	NEDBANK	M	57	55-59M	1.54.43	2
165	565	1001	KEANO	HITZEROTH	CHARLO	M	26	SM	1.54.58	1
166	577	887	LYNNE	NEUBERT	CHARLO	F	54	50-54F	1.54.59	2
167	227	2169	ZUKISA	MBOTO	TRANSNET	M	43	40-44M	1.55.08	1
168	715	2807	LEHLOHONOLO	THOKOA	ABSAEP	M	45	45-49M	1.55.16	1
169	380	732	MONGEZI	VOCO	MTHATHA	M	35	35-39M	1.55.19	0
170	203	989	ANELISA	MAGAMA	REALGIJ	F	39	35-39F	1.55.19	0
171	425	5425	MATTHEW	EASTON	TEMP	M	25	SM	1.55.25	0
172	675	2133	DESMOND	MVUNDLELA	TRANSNET	M	45	45-49M	1.55.29	1
173	710	1867	SIYABONGA	GAZIYA	HOLLYWOO	M	41	40-44M	1.55.41	1
174	185	3125	LEANNE	LE ROUX	VITALITY	F	48	45-49F	1.55.45	2
175	539	5539	RAYNARD	VENTER	TEMP	M	17	JM	1.55.47	0
176	659	1470	PAT	THOMSON	NEDBANK	F	66	65-69F	1.55.50	5
177	485	5485	IAN	MILLS	TEMP	M	33	SM	1.55.52	0
178	296	2316	KHAHLISO	NTLALE	CHILLIEP	M	39	35-39M	1.55.53	1
179	67	1336	DON	CHARLES	NEDBANK	M	77	70+M	1.56.00	3
180	509	5509	JONATHAN	PHILLIPS	TEMP	M	22	SM	1.56.04	0
181	277	1133	GREIG	NEWLAND-NELL	ACH	M	51	50-54M	1.56.11	1
182	461	5461	EUGENE	LABUSCHAGNE	TEMP	M	40	40-44M	1.56.19	0
183	150	3086	BRENDAN	JENNINGS	VITALITY	M	44	40-44M	1.56.28	1
184	486	5486	SBONGA	MKHIZE	TEMP	M	21	SM	1.56.29	0
185	309	1554	HELGARD	POTGIETER	DESPATCH	M	54	50-54M	1.56.38	1
186	651	3545	XOLANI	NGCOBO	TV	M	48	45-49M	1.56.55	0
187	357	2207	MZIMHLE	TSHOTHO	MTHATHA	M	41	40-44M	1.56.57	0
188	468	5468	NJABULO	MAHLANGENI	TEMP	M	22	SM	1.57.02	0
189	77	1954	LEONARD	CONRADIE	BLUEBAY	M	72	70+M	1.57.03	2
190	619	3614	TARIE	ESTHER	Bestmed	F	34	SF	1.57.08	1
191	79	1088	PERCY	DALTON	ACH	M	78	70+M	1.57.12	2
192	438	5438	JESSE	HALFON	TEMP	M	30	SM	1.57.27	0
193	397	5397	KAYLA	ATKINSON	TEMP	F	26	SF	1.57.30	0
194	553	1018	TANIA	BESSINGER	CHARLO	F	49	45-49F	1.57.33	2
195	552	1019	EMILE	BESSINGER	CHARLO	M	54	50-54M	1.57.33	1
196	469	5469	ISAAC	MALOPA	TEMP	M	33	SM	1.57.35	0
197	568	1008	Darryl	Long	CHARLO	M	48	45-49M	1.57.38	1
198	190	148	ABDURAGHMAAN	LILLAH	MALABAR	M	36	35-39M	1.57.49	1
199	299	684	AXOLA	PAKADE	ASPEN	M	29	SM	1.57.50	1
200	182	577	YOLANDIE	LANDMAN	RUN4C	F	51	50-54F	1.57.51	2
201	574	934	JEAN	MEYER	CHARLO	M	47	45-49M	1.57.52	1
202	488	5488	PAKISO	MOEKETSI	TEMP	M	45	45-49M	1.57.53	0
203	96	1609	WILLEMIEN	DU RANDT	DESPATCH	F	52	50-54F	1.57.57	2
204	183	1263	KAHN	LANGFORD	VWAC	M	48	45-49M	1.58.01	1
205	601	2303	MZAWUPHELI	NONCEMBU	VUKANI	M	44	40-44M	1.58.02	1
206	518	5518	ELROY	SINGH	TEMP	M	39	35-39M	1.58.19	0
207	30	2360	ADRIAAN	BADENHORST	JBAY	M	56	55-59M	1.58.31	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
208	103	39	GARRETH	EVANS	JBAY	M	42	40-44M	1.58.32	1
209	100	526	NIEKE	EBERSOHN	RUN4C	F	35	35-39F	1.58.35	1
210	522	5522	LIANA	SMIT	TEMP	F	40	40-44F	1.58.35	0
211	554	907	CHARL	BEZUIDENHOUT	CHARLO	M	47	45-49M	1.58.39	1
212	525	5525	LESLEY	STARBUCK	TEMP	M	39	35-39M	1.58.39	0
213	718	322	CARLIE	NEL	MUIRITE	F	32	SF	1.58.56	1
214	360	3027	EDDIE	VACU	VITALITY	M	38	35-39M	1.59.04	1
215	287	3092	LEKELA	NKONKI	VITALITY	M	54	50-54M	1.59.05	1
216	37	1285	WANDA	BANJWA	VWAC	M	39	35-39M	1.59.05	1
217	125	2286	BONKE	GOYI	VUKANI	M	38	35-39M	1.59.05	1
218	265	3006	SANDILE	NDLOVU	VITALITY	M	42	40-44M	1.59.05	1
219	594	964	MATTHYS	VAN VUUREN	CHARLO	M	37	35-39M	1.59.05	1
220	393	3066	WALTER	ZIMBEVA	VITALITY	M	46	45-49M	1.59.05	1
221	432	5432	DARREN	GEORGE	TEMP	M	42	40-44M	1.59.06	0
222	476	5476	SITHEMBISO	MATIWANE	TEMP	M	36	35-39M	1.59.07	0
223	26	2112	ALLISTER	ARENDS	ATLANTIC	M	42	40-44M	1.59.22	1
224	605	6265	ZAMISA	MZUBANZI	TEMP	M	56	55-59M	1.59.30	0
225	580	960	ADELE	PHIPPS	CHARLO	F	57	55-59F	1.59.32	2
226	361	1648	KEITH	VALENTINE	MADIBA	M	35	35-39M	1.59.33	1
227	348	1334	GAVIN	THORNE	NEDBANK	M	45	45-49M	1.59.52	1
228	318	1645	RORY	RICHTER	MADIBA	M	43	40-44M	1.59.59	1
229	363	2430	CHRISTINE	VAN DER BERG	JBAY	F	62	60-64F	2.00.08	2
230	165	1418	MTHOKOZISI	KHULU	VITALITY	M	37	35-39M	2.00.21	1
231	492	5492	KAMVA	MTIKITIKI	TEMP	M	25	SM	2.00.25	0
232	639	169	UNATHI	MELENI	ACT AC	M	31	SM	2.00.25	1
233	206	2817	SINETHEMBA	MAGUTYWA	ABSAEP	M	44	40-44M	2.00.29	1
234	106	745	KATHLEEN	FLANAGAN	CRUSADE	F	40	40-44F	2.00.32	1
235	410	5410	MICHELLE	BRINK	TEMP	F	32	SF	2.00.32	0
236	338	3100	AKHONA	SOGA	VITALITY	M	31	SM	2.00.38	1
237	378	534	BIANCA	VERMAAK	RUN4C	F	32	SF	2.00.52	1
238	323	3575	JEN	SCHEEPERS	RUN4C	F	36	35-39F	2.00.52	1
239	705	5587	HEENA	RAGA	TEMP	F	48	45-49F	2.00.57	0
240	666	6266	ADRIAN	SWART	TEMP	M	28	SM	2.01.16	0
241	73	505	ANDRIES	COETSEE	RUN4C	M	41	40-44M	2.01.28	1
242	273	1232	SONIKA	NEL	ELITEAC	F	26	SF	2.01.37	1
243	297	2093	KUSELO	NYONGO	SANDF	M	42	40-44M	2.01.40	0
244	157	844	JOHAN	JOUBERT	MTHATHA	M	39	35-39M	2.01.44	0
245	632	3566	BENNIE	PIEK	RUN4C	M	40	40-44M	2.02.04	1
246	631	3574	MARIO	LOCKEM	RUN4C	M	43	40-44M	2.02.04	1
247	739	16541	MMELI	MATSHABANE	GUGS	M	47	45-49M	2.02.11	0
248	35	2306	PHAKAMISA	BALENI	VUKANI	M	36	35-39M	2.02.13	1
249	708	2301	ALIZWA	BOVUNGANA	VUKANI	M	26	SM	2.02.14	1
250	81	125	FUARD	DE JAGER	MALABAR	M	47	45-49M	2.02.17	1
251	52	1689	SILKE	BOTHA	MADIBA	F	29	SF	2.02.27	1
252	22	570	JENNIFER	AH CHONG	RUN4C	F	58	55-59F	2.02.28	2
253	61	1575	LESLEY-ANN	BUSH	DESPATCH	F	54	50-54F	2.03.05	1
254	702	2695	VUSIKAYA	MANCAPA	MOTHER	M	61	60-64M	2.03.36	1
255	737	6314	ZOLA	NGWEKAZI	TEMP	M	53	50-54M	2.03.38	0
256	69	1219	MELANIE	CHRISTIE	ELITEAC	F	42	40-44F	2.03.39	1
257	567	915	JOEL	HUMAN	CHARLO	M	53	50-54M	2.03.42	1
258	678	1125	BRENDON	DRYDEN	ACH	M	58	55-59M	2.03.49	1
259	217	10326	THAMI	MANXOYI	GUGS	F	55	55-59F	2.03.56	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
260	20	42	SAM	ERASMUS	SAPPE	M	68	65-69M	2.04.06	1
261	569	1009	MEGAN	LONG	CHARLO	F	41	40-44F	2.04.06	1
262	473	5473	LIZE-MARI	MARAIS	TEMP	F	38	35-39F	2.04.17	0
263	196	616	RUAN	LUNDT	RUN4C	M	39	35-39M	2.04.21	1
264	593	951	REON	VAN RENSBURG	CHARLO	M	54	50-54M	2.04.24	1
265	288	2981	SISANDA	NOGALAWE	CHILLIEP	F	29	SF	2.04.30	1
266	191	119	GALEEMA	LILLAH	MALABAR	F	33	SF	2.04.30	1
267	418	5418	BRAD	COCHRANE	TEMP	M	54	50-54M	2.04.37	0
268	550	984	BELINDA	BAIN	CHARLO	F	64	60-64F	2.04.47	2
269	139		MIKÉ	HOLDER	TEMP	F	19	JF	2.04.49	0
270	427	5427	CHRIS	ENGELBRECHT	TEMP	M	24	SM	2.04.52	0
271	147	628	CT	JACOBS	ASPEN	M	42	40-44M	2.04.52	1
272	655	1946	MICHAEL	SMITH	BLUEBAY	M	53	50-54M	2.04.57	1
273	365	11	THOMAS	VAN DER KOLF	PEAAC	M	36	35-39M	2.05.02	1
274	23	1623	SUSAN	ALCOCK	MADIBA	F	60	60-64F	2.05.09	2
275	138	1666	JULIA	HOFART	MADIBA	F	43	40-44F	2.05.12	1
276	232	1637	CHARL	MEISTRE	MADIBA	M	41	40-44M	2.05.13	1
277	398	5398	THOKOZANI	BAMO	TEMP	M	31	SM	2.05.15	0
278	560	788	JAMES	DU TOIT	CHARLO	M	41	40-44M	2.05.24	1
279	416	5416	YONELA	CHELESI	TEMP	F	32	SF	2.05.25	0
280	86	1234	DEWALD	DEYSEL	ELITEAC	M	44	40-44M	2.05.38	1
281	735	669	TERRY	LANTZ	ASPEN	M	46	45-49M	2.05.45	1
282	435	5435	ERIKA	GOURLAY	TEMP	F	30	SF	2.05.50	0
283	272	1224	SHAUN	NEL	ELITEAC	M	51	50-54M	2.05.52	1
284	372	1250	PETER	VAN RENSBURG	ELITEAC	M	68	65-69M	2.06.03	1
285	692	5580	THAPELO	SADIKI	TEMP	M	39	35-39M	2.06.11	0
286	80	1926	JOSE	DAVIS	BLUEBAY	M	33	SM	2.06.20	1
287	493	5493	BRENDON	MUGANHU	TEMP	M	0	JM	2.06.21	0
288	235	2324	NDILEKA	MGCUWE	VUKANI	F	48	45-49F	2.06.28	1
289	222	412	BULELANI	MATENJWA	IKHAMVA	M	45	45-49M	2.06.28	1
290	529	5529	SARAH	THEUNISSEN	TEMP	F	20	SF	2.06.30	0
291	426	5426	TARIKA	ELS	TEMP	F	20	SF	2.06.30	0
292	63	5823	RODNEY	BUTTERS	EASYEQ	M	64	60-64M	2.06.31	0
293	344	3619	CHRISTOPHER	TEMBO	CSEP	M	49	45-49M	2.06.37	1
294	599	1356	JEROME	MAY	NEDBANK	M	60	60-64M	2.06.44	1
295	412	5412	LUXOLO	BUKAZA	TEMP	M	27	SM	2.06.46	0
296	356	678	WANDILE	TSHINGI	ASPEN	M	39	35-39M	2.06.51	1
297	440	5440	NIKHEEL	HEERA	TEMP	M	30	SM	2.06.51	0
298	364	12	MARIKE	VAN DER KOLF	PEAAC	F	35	35-39F	2.06.55	1
299	657	5569	TEAGAN	MORISON	TEMP	F	23	SF	2.06.55	0
300	658	5568	KEATON	OLIVIER	TEMP	M	23	SM	2.06.57	0
301	195	3154	MICHAEL	LOUW	MUIRITE	M	22	SM	2.07.07	1
302	148	714	JM	JANSE VAN RENSBURG	CRUSADE	M	39	35-39M	2.07.12	1
303	647	2442	TRUDIE	OOSTHUIZEN	JBAY	F	64	60-64F	2.07.41	2
304	367	284	ESTELLE	VAN DER MERWE	MUIRITE	F	60	60-64F	2.08.00	1
305	14	2578	FRANZT	STRUWIG	Bestmed	M	69	65-69M	2.08.02	1
306	42	1208	CHRISTINE	BIRD	ELITEAC	F	55	55-59F	2.08.06	1
307	530	5530	ELIZE	THOMPSON	TEMP	F	34	SF	2.08.08	0
308	51	1586	MAUDY	BOTES	DESPATCH	F	44	40-44F	2.08.24	1
309	260	2327	MADAN	NARAN	VITALITY	M	47	45-49M	2.08.44	1
310	392	3126	SISA	ZAZA	VITALITY	M	33	SM	2.08.52	1
311	201	752	NAMHLA	MADIKIZELA	KNYSNA	F	32	SF	2.08.53	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
312	176	1687	RUDI	KRIEL	MADIBA	M	36	35-39M	2.09.08	1
313	661	1777	ROLAND	DACE	GELVAN	M	71	70+M	2.09.11	1
314	643	610	Delano	Basson	RUN4C	M	52	50-54M	2.09.13	1
315	607	5555	KELLY	NAIDOO	TEMP	F	45	45-49F	2.09.15	0
316	214	3621	LAILAA	MAN LEE	MALABAR	F	34	SF	2.09.16	1
317	95	291	LEANNE	DU PREEZ	MUIRITE	F	54	50-54F	2.09.35	1
318	475	5475	XOLILE	MASETI	TEMP	M	39	35-39M	2.09.56	0
319	345	1429	RIKA	TERBLANCHE	NEDBANK	F	49	45-49F	2.10.04	1
320	340	2709	ANNALIE	STRYDOM	MUIRITE	F	63	60-64F	2.10.19	1
321	538	5538	HENNIE	VENTER	TEMP	M	57	55-59M	2.10.26	0
322	160	2500	ASANDA	KAYINGANA	ABSAEP	F	43	40-44F	2.10.29	1
323	625	2645	MTETELELI	BIKO	Bestmed	M	35	35-39M	2.10.30	1
324	133	3637	ANDREW	HALL	ACH	M	20	SM	2.10.32	1
325	38	2909	DENVER	BARENDSE	CSEP	M	39	35-39M	2.10.41	1
326	456	5456	JOSHUA	KOCK	TEMP	M	38	35-39M	2.10.58	0
327	505	5505	WANDA	NKOSI	TEMP	M	45	45-49M	2.11.06	0
328	467	5467	THATO	MAFOKWANE	TEMP	M	21	SM	2.11.07	0
329	617	2505	SIPHOKAZI	TILI	Bestmed	F	47	45-49F	2.11.24	1
330	477	5477	AZILE	MAXONGO	TEMP	F	29	SF	2.11.26	0
331	694	5583	ATHANDWA	CHAFUZA	TEMP	F	30	SF	2.11.34	0
332	712	433	Loyiso	Mabetshe	CHILLIEP	M	37	35-39M	2.11.34	1
333	84	50	MICHAEL	DEKKER	SAPPE	M	54	50-54M	2.11.40	1
334	83	75	HESTER	DEKKER	SAPPE	F	54	50-54F	2.11.41	1
335	399	5399	FRIDA	BEHRENDT	TEMP	F	22	SF	2.11.41	0
336	436	5436	AMELIE	GRABOSCH	TEMP	F	23	SF	2.11.42	0
337	465	5465	MULALO	LUSUNZI	TEMP	F	32	SF	2.11.43	0
338	503	5503	REBEKKA	NIESWAND	TEMP	F	24	SF	2.11.43	0
339	745	52375	SINOVUYO	CHOCHOE	KWAMA	M	30	SM	2.11.44	0
340	548	5548	KONSTANTIN	ZYKOV	TEMP	M	22	SM	2.11.46	0
341	650	27	LIESL	BARKER	PEAAC	F	59	55-59F	2.11.48	1
342	24	1201	CATHY	ALLERS	ELITEAC	F	64	60-64F	2.11.59	1
343	638	1914	SUZETTE	BOTHA	BLUEBAY	F	60	60-64F	2.12.03	1
344	352	1173	KELLY	TITUS	EMERIS	F	23	SF	2.12.07	1
345	637	1913	ANDRE	BOTHA	BLUEBAY	M	62	60-64M	2.12.20	1
346	316	391	MLULEKI	RALA	IKHAMVA	M	47	45-49M	2.12.40	1
347	669	1959	XOLANI	TEYISE	BLUEBAY	M	44	40-44M	2.12.40	1
348	644	2159	MZUKISI	SALIWA	TRANSNET	M	43	40-44M	2.12.40	1
349	209	1911	MATHONGO	MAKHIWANE	BLUEBAY	M	51	50-54M	2.12.41	1
350	444	5444	CARL	HOUZET	TEMP	M	22	SM	2.12.41	0
351	751	52929	KHANYISA	NOGWINA	REALGIJ	F	39	35-39F	2.12.41	0
352	738	341	DELME	REDCLIFFE	MUIRITE	M	42	40-44M	2.12.41	1
353	683	5573	MADODA	BOTHA	TEMP	M	37	35-39M	2.12.41	0
354	238	3057	LUNGISA	MKOSI	VITALITY	M	39	35-39M	2.12.41	1
355	373	1359	EDWALL	VAN ROOYEN	NEDBANK	M	53	50-54M	2.12.41	1
356	581	909	THURAYA	PILLAY	CHARLO	F	24	SF	2.12.41	1
357	156	723	ALETTA	JOUBERT	CRUSADE	F	64	60-64F	2.12.42	1
358	656	5566	LAMLANI	DAWETI	TEMP	M	29	SM	2.12.42	0
359	452	5452	CHRISTIE	KAPUTENI	TEMP	M	25	SM	2.12.42	0
360	142	3540	MEYRRICK	HOLMES	VITALITY	M	36	35-39M	2.12.43	1
361	310	1555	LYDIA	POTGIETER	DESPATCH	F	51	50-54F	2.12.43	1
362	731	12409	DAVID	MOLELEKENG	PMMC	M	62	60-64M	2.12.43	0
363	205	1798	KEVIN	MAGNUS	GELVAN	M	56	55-59M	2.12.44	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
364	634	525	WESSEL	EBERSOHN	RUN4C	M	37	35-39M	2.12.44	1
365	642	5564	THEO	HALGREEN	TEMP	M	56	55-59M	2.13.07	0
366	400	5400	ANELDI	BESTBIER	TEMP	F	36	35-39F	2.13.10	0
367	161	513	ROZETTA	KEMP	RUN4C	F	72	70+F	2.13.17	1
368	386	1143	AMANDA	WILSON	JBAY	F	56	55-59F	2.13.27	1
369	329	2285	LUVUYO	SIWUNDLA	VUKANI	M	46	45-49M	2.13.36	1
370	366	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	47	45-49F	2.14.03	1
371	541	5541	MALCOLM	VORSTER	TEMP	M	42	40-44M	2.14.06	0
372	517	5517	ASIVE	SIMETU	TEMP	F	27	SF	2.14.17	0
373	226	1921	NOZBELE	MBETHE	BLUEBAY	F	51	50-54F	2.14.53	1
374	264	6576	PHUNYEZWA	NDEVU	SABC	F	60	60-64F	2.14.59	0
375	700	3004	SIYA	MTHEMBU	VITALITY	M	40	40-44M	2.15.00	1
376	595	1011	CORNE	VOSLOO	CHARLO	M	47	45-49M	2.15.04	1
377	349	1592	CEDRIC	THYSSE	DESPATCH	M	0	JM	2.15.04	1
378	341	3038	MELISSA	SWANEPOEL	RUN4C	F	38	35-39F	2.15.10	1
379	641	5559	LUCIEN	SASS	TEMP	M	42	40-44M	2.15.22	0
380	459	5459	CHRIS	KRUGER	TEMP	M	51	50-54M	2.15.58	0
381	532	5532	CHANE	VAN DER MESCHT	TEMP	F	25	SF	2.16.04	0
382	371	85	CHRIS	VAN RENSBURG	SAPPE	M	53	50-54M	2.16.08	1
383	306	1264	LAVINIA	PIETERSE	VWAC	F	51	50-54F	2.16.28	1
384	275	645	KHULISO	NEPHALAMA	ASPEN	M	36	35-39M	2.16.29	1
385	508	5508	LYNDA	PAUTZ	TEMP	F	46	45-49F	2.16.38	0
386	64	1617	CHARMAINE	BUTTON	MADIBA	F	62	60-64F	2.16.55	1
387	703	103	SANDRIKA	FOURIE	INFINITY	F	28	SF	2.17.02	1
388	99	1374	LUYOLO	DYUBHELE	NEDBANK	M	33	SM	2.17.08	1
389	635	1691	COBUS	PIENAAR	MADIBA	M	48	45-49M	2.17.16	1
390	725	5598	CARLA	VAN TONDER	TEMP	F	18	JF	2.17.21	0
391	618	3592	SISA	PAZI	BESTMED	M	35	35-39M	2.17.40	1
392	487	5487	ALUNGILE	MKOSI	TEMP	F	30	SF	2.17.43	0
393	71	339	ILSE	CLAASSENS	MUIRITE	F	27	SF	2.18.06	1
394	381	1565	BONITA	WEITSZ	DESPATCH	F	54	50-54F	2.18.09	1
395	120	1635	DORIS	GERBER	MADIBA	F	55	55-59F	2.18.09	1
396	742	6319	ALAN	BEATON	TEMP	M	45	45-49M	2.18.14	0
397	2	2524	ABBIE	MITCHELL	Bestmed	F	19	SF	2.18.33	1
398	490	5490	TYRA	MOORCROFT	TEMP	F	19	SF	2.18.34	0
399	414	5414	KIAN	CAMBIER	TEMP	M	20	SM	2.18.34	0
400	305	1955	DANIEL	PIETERSE	BLUEBAY	M	64	60-64M	2.18.50	1
401	350	349	CHANEL	TIRAN-DORFLING	MUIRITE	F	32	SF	2.19.12	1
402	693	50735	JUANITA	BRINK	KIMBH	F	48	45-49F	2.19.13	0
403	454	5454	RYAN	KLINKRADT	TEMP	M	22	SM	2.19.17	0
404	60	2917	Thulani	Gwana	CSEP	M	47	45-49M	2.19.19	1
405	332	563	LINDA	SILLS	RUN4C	F	44	40-44F	2.19.42	1
406	534	5534	CARLY	VAN STAADEN	TEMP	F	32	SF	2.19.45	0
407	407	5407	SIMTANDILE	BOOI	TEMP	M	26	SM	2.19.45	0
408	331	564	GAVIN	SILLS	RUN4C	M	53	50-54M	2.19.46	1
409	558	891	DARRYL	CALVERT	CHARLO	M	51	50-54M	2.19.48	1
410	76	632	MOMELEZI	CONJWA	ASPEN	M	31	SM	2.19.49	1
411	216	2816	XHANTI	MANTSHIYO	ABSAEP	M	59	55-59M	2.19.50	1
412	536	5536	CHANELLE	VENTER	TEMP	F	17	JF	2.20.04	0
413	104	943	SISIPHO	FAYE	REALGIJ	F	31	SF	2.20.04	0
414	428	5428	JORDAN	ERASMUS	TEMP	M	19	JM	2.20.04	0
415	213	3102	MAKHASANE	MAMOTHETI	VITALITY	F	41	40-44F	2.20.30	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
416	582	889	PETER	POHLMANN	CHARLO	M	63	60-64M	2.20.36	1
417	300	1571	WENDY	PANTSHWA	NEDBOR	F	35	35-39F	2.20.47	0
418	326	1520	ANEES	SEEDAT	MALABAR	M	29	SM	2.21.15	1
419	446	5446	MONDE	JACOBS	TEMP	M	50	50-54M	2.21.15	0
420	439	5439	KOENA	HEADBUSH	TEMP	M	48	45-49M	2.21.22	0
421	551	893	MAGDA	BECKER	CHARLO	F	39	35-39F	2.21.37	1
422	555	933	SANET	BEZUIDENHOUT	CHARLO	F	38	35-39F	2.21.38	1
423	153	1603	RONNIE	JONKER	DESPATCH	M	56	55-59M	2.21.40	1
424	189	588	RENIER	LIEBENBERG	RUN4C	M	44	40-44M	2.21.52	1
425	744	2616	JABU	BAM	Bestmed	M	41	40-44M	2.22.15	1
426	89	3596	MARLIA	DIRK	HOLLYWOO	F	35	35-39F	2.22.23	1
427	31	76	HEINRICH	BADENHORST	SAPPE	M	56	55-59M	2.22.27	1
428	408	5408	GERRIT	BOSMAN	TEMP	M	33	SM	2.22.29	0
429	447	5447	SINGALAKHA	JADEZWENI	TEMP	M	32	SM	2.22.41	0
430	670	5570	SHANE	HEYNES	TEMP	M	23	SM	2.22.49	0
431	259	1737	LYNDLE	NAIDOO	GELVAN	F	34	SF	2.22.56	1
432	57	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	54	50-54M	2.22.56	1
433	180	3026	ZAKIYYA	LAHER	VITALITY	F	41	40-44F	2.23.04	1
434	597	32	HENNIE	VAN DER KOLF	PEAAC	M	68	65-69M	2.23.05	1
435	630	5557	MARLIZE	HAYWARD	TEMP	F	45	45-49F	2.23.35	0
436	489	5489	LEREKO	MOLEFE	TEMP	F	34	SF	2.23.37	0
437	520	5520	CORNE	SLABBERT	TEMP	M	26	SM	2.23.38	0
438	289	3379	SIPHESIHLE	NOMATYELI	CHILLIEP	M	36	35-39M	2.23.42	1
439	636	2008	TRACEY-LYNNE	HERMAN	WALMER	F	54	50-54F	2.23.43	1
440	155	40010	ISABELLA	JONSON	RUN4C	F	17	JF	2.23.49	1
441	621	2600	WENDY	CAMERON	Bestmed	F	48	45-49F	2.24.26	1
442	579	963	Lizelle	Oosthuizen	CHARLO	F	49	45-49F	2.24.30	1
443	19	1407	BUKEKA	HELA	NEDBANK	F	53	50-54F	2.24.37	1
444	376	1553	MINIQUE	VAN TONDER	DESPATCH	F	20	SF	2.24.39	1
445	375	1582	MARINET	VAN TONDER	DESPATCH	F	48	45-49F	2.24.39	1
446	687	5578	ASTRID	ROSSOUW	TEMP	F	47	45-49F	2.24.41	0
447	695	50570	ANDILE	TOFILE	SAPSTR	M	49	45-49M	2.24.54	0
448	434	5434	JUDITH	GOMES	TEMP	F	50	50-54F	2.24.54	0
449	590	917	VICKY	TSOUKNIDAS	CHARLO	F	48	45-49F	2.25.29	1
450	455	5455	NOAH	KLOPPER	TEMP	M	22	SM	2.25.41	0
451	615	2540	SAVANNAH	BARRON	Bestmed	F	23	SF	2.25.41	1
452	466	5466	AZIZITA	MADASA	TEMP	F	28	SF	2.25.45	0
453	53	298	SANET	BOUCHER	MUIRITE	F	47	45-49F	2.26.03	1
454	420	5420	ZIFIKILE	DINGA	TEMP	F	33	SF	2.26.04	0
455	726	5599	MATHYS	VAN TONDER	TEMP	M	53	50-54M	2.26.09	0
456	298	2092	ZAFIKA	NYONGO	SANDF	F	46	45-49F	2.26.16	0
457	596	876	GEORGE	WINSHIP	CHARLO	M	60	60-64M	2.26.17	1
458	134	3541	LIFA	HATTO	VITALITY	M	34	SM	2.26.20	1
459	645	12248	PATRICIA	PHAKA	TEAMVIT	F	43	40-44F	2.26.23	0
460	528	5528	REFILOE	TAU	TEMP	F	28	SF	2.26.54	0
461	261	1286	SHANDRY	NAZER	VWAC	F	37	35-39F	2.27.05	1
462	13	2582	Emihle	Kwatsha	Bestmed	F	22	SF	2.27.08	1
463	39	746	JOHAN	BARNARD	CRUSADE	M	71	70+M	2.27.12	1
464	111	899	KIRSTEN	FULLER	CHARLO	F	35	35-39F	2.27.13	1
465	546	5546	NASIPHI	ZIPHATHE	TEMP	F	21	SF	2.27.19	0
466	215	3058	SIPHOKAZI	MANI	VUKANI	F	36	35-39F	2.27.20	1
467	322	3061	ASANDA	SASANTI	VITALITY	F	36	35-39F	2.27.20	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
468	679	2549	Amila	Zibonda	Bestmed	F	19	SF	2.27.20	1
469	335	1627	NATASHA	SMITH	MADIBA	F	40	40-44F	2.27.20	1
470	262	1856	NTOMBENTSHA	NAZO	HOLLYWOO	F	42	40-44F	2.27.20	1
471	403	5403	MICHELLE	BLOM	TEMP	F	49	45-49F	2.27.20	0
472	315	3537	HOFMAN	RADEBE	VITALITY	M	46	45-49M	2.27.21	1
473	101	575	JACKIE	ELOFF	RUN4C	F	54	50-54F	2.27.21	1
474	511	5511	LISA	RANDALL	TEMP	F	46	45-49F	2.27.21	0
475	12	2675	Dikeledi	Tsokodibane	Bestmed	F	21	SF	2.27.21	1
476	188	1670	BUSISIWE	LESORO	MADIBA	F	55	55-59F	2.27.21	1
477	588	913	SHARON	SMUTS	CHARLO	F	60	60-64F	2.27.22	1
478	241	3029	TSHEPO	MOILWE	VITALITY	M	29	SM	2.27.22	1
479	707	2300	ANDILE	BOVUNGANA	VUKANI	M	59	55-59M	2.27.24	1
480	498	5498	PHAPHANI	NDEYA	TEMP	M	32	SM	2.28.45	0
481	370	1063	CRYSTAL	VAN HEERDEN	ACH	F	32	SF	2.28.57	1
482	342	3633	NEALYNNE	TARENTAAL	VITALITY	M	39	35-39M	2.29.31	1
483	45	1439	MARISSA	BLACK	NEDBANK	F	48	45-49F	2.29.34	1
484	402	5402	TIAAN	BLACK	TEMP	M	22	SM	2.29.35	0
485	451	5451	HANLIE-ANN	JUNIUS	TEMP	F	55	55-59F	2.30.10	0
486	175	24622	NICHOLAS	KOTSHOLO	MIWAY	M	36	35-39M	2.30.11	0
487	249	3068	NTOMBIZINE	MTANDA	VITALITY	F	50	50-54F	2.30.57	1
488	130	3074	BANDILE	GWAMANDA	VITALITY	M	56	55-59M	2.31.00	1
489	507	5507	JEREKO	PALFRAMAN	TEMP	M	23	SM	2.31.17	0
490	510	5510	RUARK	POTGIETER	TEMP	M	23	SM	2.31.18	0
491	497	5497	MESHAAN	NAIDOO	TEMP	M	29	SM	2.32.25	0
492	481	5481	NAMHLA	MFECANE	TEMP	F	40	40-44F	2.32.41	0
493	727	5549	ANTONIE	KNOETZE	TEMP	M	34	SM	2.32.59	0
494	245	1092	NIKKI	MOSS	ACH	F	46	45-49F	2.33.24	1
495	211	3114	VUKOSI	MALULEKE	VITALITY	M	30	SM	2.33.52	1
496	145	1717	ANTOINETTE	HUMAN	GELVAN	F	58	55-59F	2.34.34	1
497	285	541	ULRICH	NIEUWOUDT	RUN4C	M	31	SM	2.34.43	1
498	462	5462	PAUL	LANGFORD	TEMP	M	28	SM	2.35.05	0
499	472	5472	THUTHUZELA	MAPOMA	TEMP	F	32	SF	2.35.32	0
500	521	5521	SIVE	SLOTI	TEMP	M	26	SM	2.36.00	0
501	563	959	JOHAN	GERBER	CHARLO	M	47	45-49M	2.36.16	1
502	730	438	MPUMELELO	SEBANYONI	CHILLIEP	M	37	35-39M	2.36.23	1
503	714	2208	GARFIELD	TSATSANE	SIBALEKA	M	60	60-64M	2.36.23	1
504	640	5561	VERONIQUE	SASS	TEMP	F	41	40-44F	2.36.30	0
505	430	5430	MELANIE	FRANCIS	TEMP	F	50	50-54F	2.36.37	0
506	514	5514	ATHENKOSI	SAWULA	TEMP	M	34	SM	2.37.12	0
507	547	5547	ZAMOKUHLE	ZITHA	TEMP	F	23	SF	2.37.48	0
508	523	5523	NINA	SMITH	TEMP	F	26	SF	2.37.58	0
509	512	5512	VICTOR	ROELOFFSE	TEMP	M	31	SM	2.38.44	0
510	499	5499	RIAAN	NEL	TEMP	M	44	40-44M	2.38.59	0
511	526	5526	LENÉ	STEENKAMP	TEMP	F	29	SF	2.40.44	0
512	667	6267	AHLUMILE	FANA	TEMP	F	26	SF	2.40.54	0
513	660	50746	SANELISIWE	FUNANI	MTHATHA	M	42	40-44M	2.41.08	0
514	736	5458	NADIA	KRIEL	TEMP	F	29	SF	2.42.03	0
515	561	971	DEIDRE	GERBER	CHARLO	F	55	55-59F	2.42.10	1
516	405	5405	SIYAMTEMBA	BOMVU	TEMP	M	34	SM	2.42.49	0
517	219	3130	BUSISIWE	MAPASA-DUBE	VITALITY	F	43	40-44F	2.43.11	1
518	513	5513	OKUHLE	SANI	TEMP	F	20	SF	2.43.12	0
519	665	5571	NANDIPHA	TYHALI	TEMP	F	28	SF	2.43.12	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
520	362	3039	RIDGE	VAN BELLING	VITALITY	M	33	SM	2.43.13	1
521	136	3041	LINDA	HEWANA	VITALITY	M	35	35-39M	2.43.13	1
522	573	1030	DOROTHY	MALULEKA	CHARLO	F	48	45-49F	2.43.13	1
523	251	3108	MELUMZI	MTSHAYI	VITALITY	M	45	45-49M	2.43.14	1
524	179	256431	PETENI	KUZWAYO	TV	M	44	40-44M	2.43.15	0
525	542	5542	NITIKSHA	WESLEY	TEMP	F	33	SF	2.43.15	0
526	32	1367	JOSH	BAILEY	VITALITY	M	32	SM	2.43.15	1
527	598	30	JANETTE	VAN DER KOLF	PEAAC	F	66	65-69F	2.43.41	1
528	616	2771	SHAMARA	PERUMAL	BESTMED	F	24	SF	2.44.12	1
529	269	2222	NOMBULELO	NDZUZO	SIBALEKA	F	46	45-49F	2.44.34	1
530	423	5423	ONGAMA	DUMALISILE	TEMP	M	33	SM	2.45.32	0
531	519	5519	NWABISA	SKAAP	TEMP	F	44	40-44F	2.46.50	0
532	244	775	RAKGWADI	MORITI	CRUSADE	M	37	35-39M	2.46.51	1
533	135	1252	AMANDA	HECHTER	ELITEAC	F	45	45-49F	2.47.00	1
534	501	5501	KEABETSWE	NGUZA	TEMP	F	45	45-49F	2.48.56	0
535	140	2423	JEFFREY	HOLLOWAY	JBAY	M	67	65-69M	2.49.40	1
536	620	2569	VEONNA	GOLIATH	Bestmed	F	54	50-54F	2.49.40	1
537	544	5544	RACHEL	WILLIAMS	TEMP	F	33	SF	2.50.12	0
538	496	5496	SHANE	MYBURGH	TEMP	M	29	SM	2.52.36	0
539	721	2237	LIBAZISO	NTSOAKI	SIBALEKA	F	42	40-44F	2.53.34	1
540	68	2329	ANELE	CHARLIE	VITALITY	M	27	SM	2.54.27	1
541	184	1761	JASON	LE ROUX	GELVAN	M	30	SM	2.55.58	1
542	246	1975	CHARLOTTE	MOTHILALL	VITALITY	F	43	40-44F	2.56.12	1
543	415	5415	ZILUNGILE	CHAFUZA	TEMP	F	33	SF	2.56.27	0
544	424	5424	HLUMELA	DYOSI	TEMP	F	29	SF	2.56.27	0
545	334	1829	THEMBEKILE	SITHEBE	HOLLYWOO	F	38	35-39F	2.57.43	1
546	527	5527	MS	STEENKAMP	TEMP	F	55	55-59F	2.58.06	0
547	604	2643	KWAKHONA	BOCO	Bestmed	F	29	SF	2.58.47	1
548	421	5421	APHELELE	DLAMINI	TEMP	F	33	SF	2.59.16	0
549	531	5531	ASENATHI	TSELE	TEMP	F	27	SF	3.00.48	0
550	250	2248	NONKULULEKO	MTHEMBU	SIBALEKA	F	43	40-44F	3.03.17	1
551	460	5460	KULEKANI	KUKULELA	TEMP	M	34	SM	3.08.22	0
552	626	1355	CHRISTIE	VAN LOGGERENBERG	NEDBANK	M	70	70+M	3.11.20	1
553	404	5550	TEMBA	BOLTINA	TEMP	M	29	SM	3.12.39	0
554	491	5491	SILINDOKUHLE	MPINDA	TEMP	F	30	SF	3.12.39	0
555	158	719	YONELA	JUBASE	CRUSADE	F	33	SF	3.14.26	1
556	411	5411	TANIA	BROWN	TEMP	F	63	60-64F	3.14.32	0
557	105	40068	RUBEN	FERREIRA	ELITEAC	M	18	JM	3.17.41	1
558	369	1189	MYRNA	VAN EYK	ELITEAC	F	48	45-49F	3.17.42	1
559	480	5480	LILITHA	MDLOKOLO	TEMP	F	22	SF	3.18.53	0
560	124	1745	LUCELLE	GOLIATH	GELVAN	F	66	65-69F	3.20.24	1