

## BUCO KOWIE STRIDERS 10KM RESULTS

### FEMALE AGE GROUP: JUNIOR

|   |        |        |      |    |        |         |   |          |
|---|--------|--------|------|----|--------|---------|---|----------|
| 1 | LAUREN | GERBER | 1187 | 19 | Junior | ELITEAC | F | 01:15:40 |
|   |        |        |      |    |        |         |   |          |

### MALE AGE GROUP: JUNIOR

| Place | First Name   | Last Name | No   | Age | Cat    | Club    | Sex | Time     |
|-------|--------------|-----------|------|-----|--------|---------|-----|----------|
| 1     | THANDOLWETHU | MATSALO   | 1268 | 19  | Junior | IKHAMVA | M   | 00:31:33 |
| 2     | AGCOBILE     | JEZILE    | 1298 | 17  | Junior | ACH     | M   | 00:33:06 |
| 3     | LEON         | MACHINA   | 1270 | 15  | Junior | SCHOOL  | M   | 00:33:23 |

### FEMALE AGE GROUP: OPEN

| Place | First Name | Last Name | No   | Age | Cat    | Club    | Sex | Time     |
|-------|------------|-----------|------|-----|--------|---------|-----|----------|
| 1     | MIEKE      | GOUWS     | 1273 | 14  | Junior | TEMP    | F   | 00:45:50 |
| 2     | VUYISEKA   | NOMBOTA   | 1238 | 0   | Open   | VOLO    | F   | 00:47:08 |
| 3     | BABALWA    | NGCOKO    | 1143 | 39  | 35-39  | NEDBANK | F   | 00:47:44 |

### MALE AGE GROUP: OPEN

| Place | First Name   | Last Name | No   | Age | Cat    | Club    | Sex | Time     |
|-------|--------------|-----------|------|-----|--------|---------|-----|----------|
| 1     | THANDOLWETHU | MATSALO   | 1268 | 19  | Junior | IKHAMVA | M   | 00:31:33 |
| 2     | LITHEHA      | GCUME     | 1294 | 21  | Open   | TEMP    | M   | 00:32:37 |
| 3     | AGCOBILE     | JEZILE    | 1298 | 17  | Junior | ACH     | M   | 00:33:06 |
|       |              |           |      |     |        |         |     |          |

## Course: 27 Km

### FEMALE AGE GROUP: 60-69

| Place | First Name | Last Name | No  | Age | Cat   | Club   | Sex | Time     |
|-------|------------|-----------|-----|-----|-------|--------|-----|----------|
| 1     | BELINDA    | BAIN      | 230 | 64  | 60-69 | CHARLO | F   | 02:45:40 |

### MALE AGE GROUP: 60-69

| Place | First Name | Last Name | No  | Age | Cat   | Club   | Sex | Time     |
|-------|------------|-----------|-----|-----|-------|--------|-----|----------|
| 1     | BISHO      | NOMBEWU   | 241 | 60  | 60-69 | CHARLO | M   | 02:15:19 |

### FEMALE AGE GROUP: 50-59

| Place | First Name | Last Name | No  | Age | Cat   | Club      | Sex | Time     |
|-------|------------|-----------|-----|-----|-------|-----------|-----|----------|
| 1     | DOLLY      | NDUDE     | 142 | 54  | 50-59 | HOLLYWOOD | F   | 02:36:27 |

### MALE AGE GROUP: 50-59

|   |       |         |     |    |       |         |   |          |
|---|-------|---------|-----|----|-------|---------|---|----------|
| 1 | ERROL | WHITTAL | 192 | 50 | 50-59 | ELITEAC | M | 01:54:34 |
|---|-------|---------|-----|----|-------|---------|---|----------|

### FEMALE AGE GROUP: 40-49

| Place | First Name | Last Name | No | Age | Cat   | Club | Sex | Time     |
|-------|------------|-----------|----|-----|-------|------|-----|----------|
| 2     | THERESA    | BUCHNER   | 56 | 41  | 40-49 | 32GI | F   | 02:03:25 |

### MALE AGE GROUP: 40-49

| Place | First Name | Last Name | No  | Age | Cat   | Club   | Sex | Time     |
|-------|------------|-----------|-----|-----|-------|--------|-----|----------|
| 1     | KHAYA      | GQWETHA   | 275 | 41  | 40-49 | VUKANI | M   | 01:34:31 |

### FEMALE AGE GROUP: OPEN

| Place | First Name | Last Name | No  | Age | Cat   | Club   | Sex | Time     |
|-------|------------|-----------|-----|-----|-------|--------|-----|----------|
| 1     | LEIGH      | CALLAGHAN | 58  | 31  | Open  | ACH    | F   | 01:52:11 |
| 2     | THERESA    | BUCHNER   | 56  | 41  | 40-49 | 32GI   | F   | 02:03:25 |
| 3     | EFFE       | MAYO      | 266 | 41  | 40-49 | NEDBOR | F   | 02:08:00 |

### MALE AGE GROUP: OPEN

| Place | First Name | Last Name   | No | Age | Cat   | Club    | Sex | Time     |
|-------|------------|-------------|----|-----|-------|---------|-----|----------|
| 1     | MELIKHAYA  | FRANS       | 2  | 36  | 35-39 | IKHAMVA | M   | 01:28:44 |
| 2     | LITHOBE    | MENZELELELI | 3  | 27  | Open  | IKHAMVA | M   | 01:28:51 |
| 3     | SINAWO     | POTI        | 4  | 24  | Open  | IKHAMVA | M   | 01:28:51 |