



HOBIE BEACH GQEBERHA

SATURDAY 12 DECEMBER 2026

8KM RUN 07H00 | 4KM WALK 07H20

PARTICIPANT DETAILS

ENTRY FORM

Tick the appropriate block: 8km (07h00) ☐ 4km (07h20) ☐

Name:

Surname:

2026 Licence No:

School:

ID No: Date of Birth:/...../.....

Club:

Gender: Age: Phone Cell:

Emergency Contact Name:

Emergency Contact Number:

INDEMNITY / WAIVER

By entering this event I undertake to be bound by the rules and regulations of the event including those of WA and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organizers of the event, all sponsors, persons and organizations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre-and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

MINOR RELEASE: and I, the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter this indemnity/waiver on behalf of the minor.

I further agree to not litter during the race and accept disqualification if reported for doing so.

4km/8km (20-59)

R180.00

R.....

TRANSNET

4km/8km (60+ years) & (Juniors u19)

R130.00

R.....

Temporary License (8km only)

R50.00

R.....



Total

R.....

Signature:

(Parent or Guardian if minor)



nelson mandela bay
MUNICIPALITY



GENERAL RACE INFORMATION

1. Organised in accordance with the rules and regulations of ASA and EPA.
2. Athletes must run in official club colours with 2026 license numbers on the front and back of the vest and official race number on the front of the vest.
3. The race number contains a chip and should not be folded.
4. Athletes who are not licensed members of a club affiliated to ASA must purchase a temporary license to be worn on back of the vest/ T-shirt.
5. Age category tags must be worn on front and back of your vest if you wish to qualify for category prizes. Athletes may be requested to provide proof of age.
6. Wearing of earphones are not allowed and may lead to disqualification.
7. The race committee reserves the right to accept or reject any entry.
8. The prize giving will commence at 09H00. Please place your race number into the lucky draw box with your name clearly visible. Prize winners are encouraged to wear club colours.
9. Online entries are available on www.webtickets.co.za until 00H00 Wednesday 09 December 2026. Full results will be posted on www.epathletics.co.za.
10. Please support the anti-littering campaign and only discard sachets into or near bins provided along the route. Littering is an offence and may lead to disqualification.
11. Race number collection and late entries will be done at Westbourne Oval on Friday 11 December 2026 between 13H00 and 18H00. Race number collection will be available from 05H30-06H45 on the morning of the race at Hobie Beach.
12. Entry fees are non-refundable.
13. The no seconding rule will apply. No private vehicles will be allowed on the route to second athletes.
14. There will be two refreshment stations on the 8km route and one refreshment station on the 4km route. Refuse bins will be provided along the route. Please discard used water sachets into or near to these bins.
15. A receipt slip may be required in the case of any discrepancy with pre-entries.
16. Breach of any regulation or requirement may lead to instant removal or disqualification without appeal. The race organizer and safety officer have the final decision in this regard. It is every athlete's responsibility to read and comply with these requirements.
17. The race pack includes a race T-shirt and drawstring bag.
18. For more information contact Michael Mbambani 079 149 6796 or Irene van Eeden 083 299 1775.

web tickets
your tickets your way

www.webtickets.co.za

Two Cities. One Shared Commitment.



nelson mandela bay
MUNICIPALITY



aQuellé